

## Mail-in registration begins Nov. 1

By Sherrie Keshner

Well, you've survived mid-terms; now it's time to think about next term...yes, already. KCC administrators have just released a decision statement on the 1989 spring registration session; and the most pressing issue concerning KCC students is mail-in registration, said Dean of Student Services Ralph Ohara.

Continuing students (only) wishing to register by mail may pick up their registration cards from the Admissions Office as early as Nov. 1. Registration cards will not be mailed out this semester.

Registration cards and fees (checks only, no cash) may then be mailed or submitted in person to the Admissions Office from Monday, Nov. 7 to Friday, Nov. 18. Mail-in registration will not be accepted after Nov. 18.

Thinking ahead to spring registration may seem difficult right now, but administrators strongly recommend doing so primarily because registration will be processed on a "first mail-in, first processed" basis, i.e. the earlier you register, the greater the probability you will receive your desired classes.

Ohara said early birds specifically benefit this spring because KCC is also instituting a different registration policy for new and returning students which allows them to register in December before the regular registration, which will be held the week of Jan. 9-12.

KCC administrators have instituted these and the following changes to combat the long lines, confusion and time-consuming deadlocks that have plagued registration during the last couple of semesters, he said.

Decisions that are sure to streamline Spring Registration are that most continuing students will not be required to obtain either program or individual class approvals from advisors prior to registering.

However, Health Education and Legal Assisting students are still required to obtain department approval before registration (mail-in and regular). Also, new, transfer, returning and unclassified students must still see an academic advisor to receive a blanket approval of their spring program.

Individual course approvals will only be required for reading and writing courses.

Mail-in registrants currently enrolled in a reading or writing class who wish to advance to the next level must obtain approval from their current instructor.

Those not enrolled who wish to take either reading or writing this spring can either submit placement test scores or KCC grade reports with their mail-in registration card, or obtain approval from the Language Arts Department starting Friday, Nov. 4.

(Continued on page 2)

## It's only a ghost story... or is it?

By Sherrie Keshner

You are sitting in your living room sharing a pleasant evening with the Cosby kids when suddenly the distinct sound of Hawaiian drums breaks the still of your night. You could swear the sound is coming closer to your house but from where?

As your search for the source reveals nothing, your heart starts racing, matching the rhythm of the drums.

The drumbeats now are almost deafening. Your house starts shaking and then you see them . . . apparitions of ancient Hawaiians marching right through your living room bearing torches that don't burn. As quickly as they appeared, they are gone.

Relax, it's only a story . . . or is it?

Glen Grant, who is associated with the Office of Community Services (OCS) relayed this and other ghost stories to the Kapiolani staff last Wednesday morning.

Grant and the OCS feature walking tours of the downtown Honolulu area; and Grant's tour of supposedly haunted downtown buildings held on every third Tuesday of the month has become one of the most popular.

Grant is a kamaaina who has been collecting ghost stories for the past 18 years. He gained the majority of his stories from visiting senior citizen centers state wide and listening to older Hawaiians talk ghost story.

Perhaps the stories have taken their toll. The hair at Grant's temples has turned a striking white, the sign of fright. His eyes, a deep dark brown, circle their sockets mysteriously as the ghost tales unfold, then send a shudder as they peer right through you.

His eyes are just one thing that make his ghost stories alive and breathing. They also send a vividly clear video to your brain, and uncomfortably real chills down your back. He himself laughingly admits to being a chicken, saying he really doesn't want to visit haunted places.

But he does. Once an old Hawaiian woman asked him why. He said because people enjoy them. "That's good," she said, "As long as it's for a good reason, because the spirits are behind you . . . just waiting to pounce!" He said these stories him on his toes.

All hesitation aside, Grant likes what he does and he does it well. As his reputation as a "ghost muster" spread, people began calling him with their personal tales of the supernatural. "I'm amazed at the wealth and kinds of stories people tell me," he said.

A Japanese family living on Makini Street told Grant a real story of night marchers that happened much like the one above.

Night marcher stories are just one in a myriad of tales that embellish Hawaiian culture; and Grants haunted tour of downtown includes some of Hawaii's best: like



Night marchers

the postal worker who committed suicide then showed up for work the next morning; Queen Liliuokalani's ghost haunting her "cell" in Iolani Palace; and who could forget the late Governor Burns who may still be riding the elevator in the State Capital Building from the first to the fifth floor, leaving a trail of cigar smoke behind.

**"That's good," she said, "As long as it's for a good reason, because the spirits are behind you."**

Sound crazy? Maybe, but then again, maybe not.

Nothing "out of the ordinary" has ever happened during Grant's two years of touring haunted places; however, afterwards, many people admit to their own ghostly experience(s).

It happened here. Grant and our instructor/

mentor, Wini Au, exchanged stories of how the Kapiolani, OCS, in fact many of the older buildings on campus were supposedly haunted. It was as if a flood gate opened. One of our editors had heard footsteps here. A reporter did too on another occasion and ran screaming from the building.

Last year, the Emergency Services part of building 923 was blessed against spirits; and up in the OCS building, Grant turned off his office light, walked down three steps, turned to pick up keys he'd forgotten and the light was back on . . . he too let out a blood curdling scream.

Are the hairs on the back of your neck standing up? Maybe you too have a skeleton in the closet that's just waiting for a sympathetic, understanding ear.

Editor's note: The next "Ghosts of Old Honolulu" walking tour is Tuesday, Oct. 18, from 6-9 p.m. The tour meets in front of Hawaii State Library. There is a \$5 participation fee.

## Writing contest

Who should be the next president of the United States? Write an essay describing why your favorite candidate should be president and place it in the Kapiolani mail box before Monday, Oct. 24. The Kapiolani staff will select two winning entries: one supporting Bush, one Dukakis, and print them in the Nov. 1 issue. In addition, each of the two winners will receive a free ticket for HCT's production of "42nd Street." Tickets are good for the Oct. 26 performance. Please include name and phone number with entry.

# Student council convenes

By Michael Kawatachi

The Student Congress held their official meeting of the school year on Oct. 8. Guest speakers included Assistant to the Provost Pat Snyder and Head Librarian Teray Webb.

Webb proposed that students and faculty help the library staff pick what they would like to see in the library in regard to books, music and magazines. Webb says he welcomes any and all ideas concerning KCC's modern library.

Snyder spoke on behalf of the renovations that are due to begin on Building 926 in the near future. After 926 is worked on, the Student Congress and Snyder hope that the much-anticipated Student Lounge will be housed there. Plans are being drawn up by architects to rebuild part of the building so that sofas, pool tables, and sleeping areas can be put in.

This year's chairperson is student Ryan Satsuda. The vice-chairperson is Virginia Maimon. Debora Onomura is secretary.

The officers stress that their monthly meetings are open to all student club chairpersons. They want feedback as to how the Student Congress can help all clubs on campus.

"I hope more people will understand that the Student Congress is for the students. It's a place to air out students' questions, suggestions, and grievances," Satsuda said.

For more information call 734-9580.

## Koa Art Gallery presents:

### Some of us are just born different: Again with shoes

The exhibit will run through Nov. 2, Monday through Friday, 10 a.m. to 4 p.m.



Photos by Jeffrey Pakosta

Want to buy, sell or trade?

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### Mail in registration

(Continued from page 1)

Those not enrolled who wish to take either reading or writing this spring can either submit placement test scores or KCC grade reports with their mail-in registration card, or obtain approval from the Language Arts Department starting Friday, Nov. 4.

Students who do not plan to mail-in their registration may pick up their registration cards any time after Nov. 1.

Application deadline for the Jan. 9-12 regular registration session is Dec. 1.

A schedule of courses for the 1989 Spring Semester will be available Nov. 1 when continuing students begin picking up registration card.

## Kumu Kahua presents "Overtones"

Kumu Kahua will present the world premiere of Cherylene Lee's "Overtones," a play about a Chinese-American actress trying to figure out her cultural identity, Nov. 3 at 8 p.m. at Tenney Theatre, St. Andrew's Cathedral.

The play was previously selected for a reading at the prestigious San Francisco Playreading Festival. In it, Tina, a Chinese-American actress is caught between her need for the past and her confusion in the present. She has an uncertain future with her Caucasian husband unless certain choices are made. Her professional life is also fraught with challenges as she tries to surmount the ethnic stereotyping apparent in the attitudes of certain of her colleagues and agents. "Overtones" will be directed by Dando Kluever.

Performances will continue Nov. 4, 5, 10, 11, 12, 17, 18 and 19 at 8 p.m. There will be a matinee Nov. 20 at 4:30 p.m. Reservations may be made by calling 599-1503. Tickets are \$6, general admission; \$5 students and senior citizens.

## kapiro

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# A step Getting unstuck

By Sharlene Kaya

A student drifting in and out of school, a recent divorcee who wanted to move on, a woman working 50 to 60 hours a week just spinning her wheels, and an ex-Vietnam veteran whose life was "on hold" and suffering from emotional pain.

They all came together for a two hour seminar on Oct. 11 to learn how to take charge of their lives and make changes to find inner happiness. Margo Mansfield, a human dynamics consultant, presented this seminar on "How to Get Unstuck."

She diagrammed a ladder describing the stages we go through in life. At the bottom of this ladder is the programming we get from parents during childhood, which is

## in the

usually obeyed because the greatest thing a child craves is love and acceptance.

The second step is individuality, and moving into this process, we may develop anger at our parents. Mansfield also explained that we must love and accept ourselves before we can love and accept anyone else. We must feel good about ourselves whether our parents love us or not. Only then can we move into our own individuality, and become our own person.

The last step is moving into synergy by forgiving ourselves and our parents. We must see our parents as people who were programmed by their parents.

In childhood, we develop our self-image, or a picture of how we should be, by what our parents expected of us. Our formula for success comes out of self-image — "If I work hard, or if I get married and have children, I'll be successful and happy." Conflicts arise between self-image and self-esteem, which is how we feel about ourselves. When we do everything we "should" and it does not bring success, we feel guilty.

Mansfield said that having a "should" blocks feelings, so it is important to try to find out what's behind the "shoulds." When we do everything we should but we still feel

uneasy, then we are feeling guilty. "Guilt is the greatest demotivator there is. It serves no useful purpose," said Mansfield sternly. Guilt is a control mechanism which has been programmed into us by churches, parents or even ourselves. This is what we use to control people, she said.

Reverting to the ladder, Mansfield added that every step up removes guilt. It is important that we deal with guilt, so that we can remove it from our behavior. "Fear of failure is directly connected to our guilt," she said. Guilt makes us feel inadequate and unworthy. It creates dependency on other people. It lessens opportunities. Eventually we feel alienated and isolated. We are ruled by programming, not common sense.

Mansfield said when we feel stuck, we should question ourselves. It will be painful, but sometimes it needs to be painful to promote change. She cautioned that in the change process, we have to complete it to the end. Sometimes people go only far enough to relieve the pain, then come to a standstill and feel safe again. These "comfort zones" are programs that keep us from changing. When we are stuck, we are powerless. At this time, Mansfield suggests making a list or saying what it is that we're avoiding, or whom. When we deal with these issues, then we will feel more powerful.

In relationships, she added, "There has to be two happy individuals to have a happy

couple." They must be free people because when they lose freedom, they lose lovability and acceptability, which creates resentment. Self-analysis is the key to understanding yourself. If you are in the same spot for a couple of years, find out why. Nothing happens by accident.

It is important to understand the reason for resistance, or denial. As a child, we thought of punishment as unacceptable and unlovable. In resistance, we likewise suffer from fear of being unaccepted or unloved.

Denial makes us avoid any feelings when we must look at the truth. To help a person move through this resistance is to gain trust with love.

One common way to resist is to blame other people. We can tell when we are resisting, we become more critical of other people, and we blame others all the time. We are afraid of change because we have to push through guilt and we don't want to deal with that. Denial enables us to avoid the feelings we may experience when we face the truth.

Mansfield said a great motivator is love. By giving support to other people, we can be more loving. Mansfield told the group not to rely on other people for answers, the answer is within themselves.

Take the situation and turn it into a plus by becoming a tool to help others, she said. "It is not what life throws at us, but how we respond to it."

## Leni: A rebirth

By Tiffany Tavares

Originally, 46-year-old Leni came back to school as therapy. A recovering alcoholic, Leni laughed when he was first "turned on to school," but after thinking about it, he decided he couldn't lose by trying.

He calls himself a throwback from the '60's. An only child of a president of a major hotel chain, Leni traveled all over the United States, Canada and Bermuda, and attended 18 schools before graduating from the 12th grade.

Leni never worked for anyone; he made his money through importing, was the owner of the first boutique in Waikiki in the late 1960's, and even promoted the first rock concert at the Waikiki Shell.

Leni had a lot of things going for him and alcohol set him back. Leni said, "Every commercial is right. People should listen, alcohol and drugs are bad." At this point in his life, Leni neither drinks nor associates with his "party animal" friends of yesteryear.

Four years ago, Leni came back to school

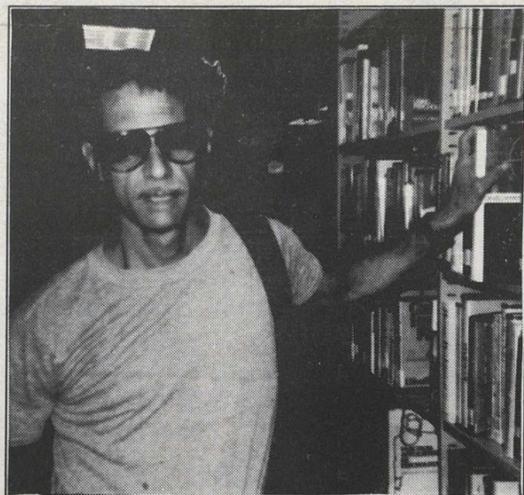


Photo by Sharlene Kaya

as a part of AA group therapy, and since then Leni has definitely evolved. When he first came to school, he wouldn't even step foot in a library. Now he spends all his free time there.

KCC has built up Leni's confidence and took him step by step. He believes very strongly in the Liberal Arts program. "Liberal Arts is renaissance, a rebirth. When I leave here I feel like a well rounded person." Leni doesn't know where he'd be without KCC and the Help Center.

To all new students his advice is, "Take all your required courses first. They are set up to answer all your questions and teachers do like feedback, at the appropriate time."

Leni has two major goals: to spend a year at UH Manoa and to survive.

Most students know Leni because he always sits in the front of class wearing his usual tank top, jeans, trademark shades (which are really bifocals), and has a red backpack. Yet there are others who still think he's a teacher. In fact, whenever he's at Manoa someone almost always asks him if he's still teaching, but good natured Leni just chuckles.

## Prunesti:

### A boost of confidence

By Sharlene Kaya

"I felt like I was missing out in life, and I'm sure if I went back to school, it would give me self-confidence; I could be of service to something, somebody."

After 30 years of marriage, Ruby Prunesti decided to do something for herself. After sending six children to college, she made up her mind to return to school.

Prunesti said she always wanted to learn how to use the computer, and she's making progress daily. She also said her speech class has given her a boost of confidence and she enjoys her music class. But above all, she is excited to be back in the classroom. "It's not as scary as I thought it would be," she said with a grin.

Prunesti's face glows when she mentions a Career and Personal Development Center workshop that she is attending. It deals with learning how to get better grades. "I love it! I'm using it in my studies, and it works. It has improved my study habits!" she exclaimed.

Adults returning to school who would like a friend in the same situation, may join a brand new organization called the "Buddettes." These are continuing students who assist new students in a "buddy" or support system. At the last meeting there were about 35 "Buddettes," and they are eagerly awaiting their next get together.

"Turning Point," a career life planning seminar that is offered every semester for five weeks, assists people who consider returning to school but are confused as to what to take and were to start.

The seminar takes people who carry over

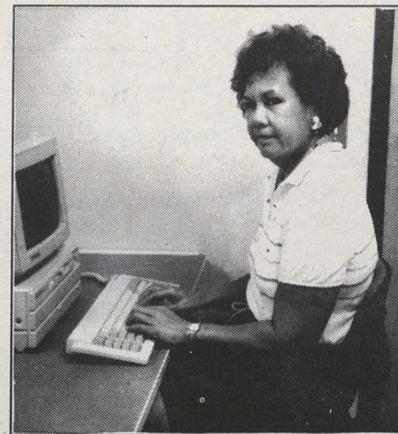


Photo by Sharlene Kaya

from the Single Parents and Homemakers program. These people are men and women who are in transition, married or single adults who are unhappy in their present line of work and need to get resources to change their careers.

For people who are hard pressed financially, there are numerous opportunities for scholarships, but many go unused, said Cathy Chow, counselor for the Single Parents and Homemakers program.

Prunesti received aid from "Alu Like," which helps students of Hawaiian ancestry. She said that without financial aid, many people hesitate to make the move and return to school.

"I am so glad I'm doing this for myself," she said firmly. "A person has to want to come back. I'm learning a lot of things that I should. I said to myself, 'My goodness, 30 years I've been sitting at home!' My kids can't believe it, but they think it's great!"

**Tuesday, Oct. 18**

"Ghosts of Old Honolulu" with Glen Grant, 6-9 p.m. Hawaii State Library.  
 Film: "Melo" (1987) Honolulu Academy of Arts, 7:30 p.m. Tickets \$3  
 Film: "The Point," (1970) and "The Dragon's Tears," (1962), Hemenway Theater, 7 and 9 p.m. Tickets \$2 for students with ID, \$2.50 general.

**Wednesday, Oct. 19**

Single parent homemaker workshop: "Balancing Your Roles," 6:30-8 p.m. 'Ilima 105  
 "Melo" (1987) Honolulu Academy of Arts, 7:30 p.m. Tickets \$3

**Thursday, Oct. 20**

Film: "The Lusty Men" (1952) Honolulu Academy of Arts 1 p.m. and 7:30 p.m. Tickets \$2.50  
 Lecture: "Paul Cezanne" Academy fall lecture series, 10 a.m. and 5 p.m. Tickets \$3.50  
 "Young Choreographers" Dance Concert, UHM Kennedy Theater, 8 p.m. Tickets \$3 students, \$4 adults

**Friday, Oct. 21**

Last day for all withdrawals  
 "Beach night wipeout disco dance social", hosted by Rising Phoenix Jaycees; Pacific Beach hotel, Grand Ballroom, 7:30 p.m.-12:30 a.m.  
 Film: "September" Honolulu of Academy of Arts, 7:30 p.m. Tickets \$3

**Saturday, Oct. 22**

Casino Night, Ohia, 7 p.m. to midnight, dancing and blackjack

**Sunday, Oct. 23**

Art Exhibit: "Gregory Botts: Recent Paintings",  
 Film: "September" 4 p.m. \$3.  
 Performance: "As it is in Texas", Jo Harvey Allen; Honolulu Academy of Arts, 7:30 p.m., Free Admission

**Monday, Oct. 24**

Film: "September" 7:30 p.m.  
 Seminar: "How To Be A Better Communicator" Mokihana 105, 6-9 pm. \$30

**Tuesday, Oct. 25**

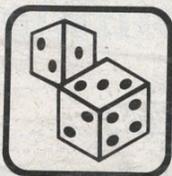
Opportunities for a baccalaureate degree UH-Manoa Continuing Education/West Oahu College 7 - 8 p.m., Ilima 105

Walking tour, Revolution! 6 - 8 p.m.. Meet Iolani Palace Royal Barracks For reservations call 734-9211

**infoline**

**Saimin Sale Fund Raiser**

The student activities office is coordinating a saimin sale fund raiser. All registered KCC Clubs are encouraged to sell. This is your opportunity to make some easy bucks. For each sale of \$2.50 your club will make \$1.00. All you need to do is sell the tickets. There are no expenses on your part. Please contact Don Fujimoto at 734-9578 or at Ohia 101 by noon on Thursday, Oct. 27 if you would like to participate. Please be prepared to tell us how much money your club wishes to make.



**Casino Night**

Volunteers are needed to act as blackjack dealers or craps facilitators for Casino Night at Ohia on Oct. 22, from 7 p.m. to midnight. This Student Activities event will have a dance in the dining room and a casino in the coffee shop. The casino will have three blackjack tables and two crap tables. Volunteers who are unfamiliar with these games will be trained. The game is legal if we don't offer a prize, so your only reward is being able to brag about how much "money" you won. Faculty and staff who are interested in helping out with this event, please contact Kelly Leong at the Student Activities Office in Ohia Building 101, ext. 576, or 577.

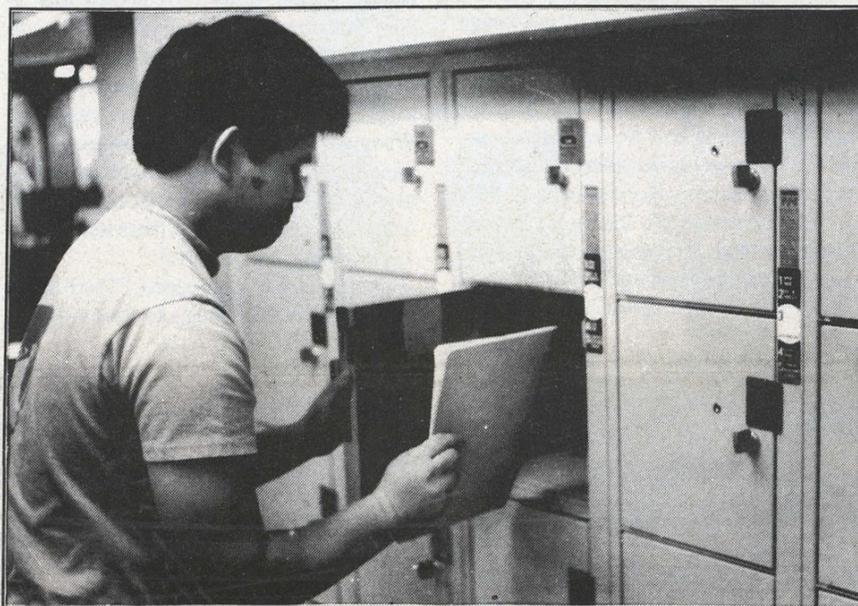
**Lyon Arboretum**

Lyon Arboretum offers a variety of courses and activities. Call 988-7378 for information or reservations.

Kayak Kahana - 9:30 a.m.-1 p.m., Oct. 14 OR 2-5 p.m., Oct. 16, \$35. Wear a swimsuit, bring lunch, water, and sunscreen. Map to meeting place sent upon registration.

**Phi Theta Kappa**

Students interested in Phi Theta Kappa: Correction: Delmarie Klobe, Phi Theta Kappa advisor, can be located at ext. 370 NOT ext. 580



Need a safe place for your valuables? Lockers are now available for students near the bookstore, in the O'hia building. Rental fees are a mere 25 cents per single use.

**Walking Tours  
 Tour #4: Revolution!**

The drama and turmoil of the Revolution of 1893 will vividly come to life as costumed roleplayers representing an Annexationist and a Royalist each gives an account of the controversial events that toppled forever the Hawaiian Kingdom. You will be thrust into the heart of one of Hawaii's most tragic political conflicts in this provocative "living history" tour. Tuesday, Oct 25, 6-8 pm, at 'Iolani Palace Royal Barracks. For information call 734-9211



**"What's so fun about being scared!"**

This workshop for young audiences will provide children a healthy and humorous look at what being afraid is about through the medium of theater. Mark Jeffers and friends of Storybook Theater of Hawaii will be joining the workshop of Halloween weekend, Oct. 18-25, 9-11 am, Ohia Bldg., Student Lanai. \$4 adults, 12 and under FREE. For information call 734-9211

**Contemporary Museum**

The Contemporary Museum, formally the Alice Cooke Spalding House, a gracious Makiki Heights home designed by Hartwood and built in 1925, will open Oct. 22.

It features six galleries, a sculpture garden, a tearoom and a book shop. On permanent display in a pavillion is an environmental installation of artist David Hockney's sets and costumes.

The museum is located at 411 Makiki Heights Drive. Its hours are Oct. 22 Mon. and Wed.-Sat. 10 am-4pm; Sun. noon-7 pm. Admission.

**Pumpkin Carving Demonstration**

U.H. School of Architecture students will turn pumpkins into works of art. Demonstrations will be on Oct. 23 at Kahala Mall, 10 am-noon. Free. For information call 948-7225

**Great Hawaiian Pumpkin Party**

UHM Campus Center will be holding a costume contest including food and drink, door prizes, and display of pumpkins carved by UH architecture students. Admission

**classifieds**

**3 Rod Stewart tickets for sale. Excellent seats. \$50 apiece or best offer. Call Michael 377-5785**

**Film**

Gonza the Spearman, at UHM Art Auditorium, Oct. 22, 7:30 pm. Beautiful film tells classic tale of conflict between love and honor in 18th century. FREE

**HEMENWAY THEATER**

Showtimes for all shows are 7 and 9 p.m. unless otherwise indicated. Admission is \$2 for students with ID, \$2.50 general. For more information call UH Manoa at 948-6468.

Oct. 18-19 "The Point," (1970, animated) a charming musical fantasy with a message about tolerance tells the story of Oblio, a round-headed boy living in a kingdom where everyone has a pointed head. Highly stylized art deco cartooning. Also showing, "The Dragon's Tears" (1962). Everyone is terrified of a dragon except a little boy, who invites the creature to his birthday party. Portrayed in decorative, thoughtfully designed cutouts.

Oct. 20-22 "Lili Marleen" (1981) Cabaret singer Willie's recording of "Lili Marleen" becomes a hit in Nazi Germany, but her celebrity status is threatened by her love for a resistance leader. German with English subtitles. 6:30 to 9 p.m.

Oct. 23-24 "Bus Stop" (1956) William Inge's Broadway play gave Monroe the opportunity to prove herself an actress. A third-rate chantoosie who entertains cowboys comes to town for a rodeo. Monroe is literally, though unwillingly, swept off her feet by love-starved cowpoke Murray. The two battle it out until finally, in one of the tenderest scenes ever put on film, they settle their differences while snowbound at a roadside cafe. This is the last in the Monroe series.