

Kapi'o

VOL. 24 No. 9

KAPIOLANI COMMUNITY COLLEGE

March 19, 1991

KCC students to showcase their musical talents

By Ron Gandiza

Some students of the Music Department here at KCC will get to show off their talents at several events in late March and April. All these events will be free, open to the public.

On March 22-23, the local chapter of the American Choral Directors Association (ACDA), will be sponsoring E Himeni Kakou 16, a choir festival. Hawaii Loa College will host the event, which will feature all the college choirs in Hawaii including Chaminade, Hawaii Loa, Hilo, Kapiolani Community College, Kauai, Leeward, Manoa, Windward, Pearl Harbor and the Honolulu Chorale. Kapiolani Community College will be represented by the Maile Aloha Singers, directed by Bob Engle. Engle is also the current president of ACDA. The event will be located on the Hawaii Loa campus at 355 N. Kainalu Drive in Kailua.

The students in the college choir at KCC, directed by Lina Doo, will also get to demonstrate their virtuosity at singing. On April

21, they will combine with the Leeward Community College choir to perform at Kaunakapili. They will be performing selections from Mozart's "Litaniae Lauretanae."

The last event is an Honor's Recital, which will feature students from all KCC performing classes. This will include the best students from voice, piano, guitar, chorus, dance, drama, and hula classes. The date has been set for April 22, from noon to 1:30 p.m., at Diamond Head Theatre (DHT) and is open to the public. Admission is free, and all students are encouraged to support their friends and peers. DHT is located across the street from KCC, and the recital will be held on a Monday during the activity period.

For more information on these events, contact Engle or Doo at 734-9242.

Mock interviews planned for April

Do your palms get sweaty at the thought of going to a for interview? Are you unable to get rid of the butterflies in your stomach? Have you ever felt like turning around and going right back home? Don't worry; these are all normal reactions that can occur before or during a job interview.

To help students improve their interview skills, the Data Processing Club and the Career Center are sponsoring the 5th Annual KCC Mock Interview activity. Professional interviewers from major local companies will be on campus on Monday, April 8, to conduct mock interviews and provide participating students with valuable feedback for improving their chances of getting past the first interview!

Participating companies are Bank of Hawaii, Ala Moana Hotel, Liberty House, Kuakini Hospital, Affiliated Computer Systems, Pacific Resources Inc., Hawaiian Telephone and First Hawaiian Bank. Students will be allowed to select any of these companies for their 20 minute practice interview. After participating in this activity, students will have a better sense of their ability to get hired in today's job market.

Students should dress appropriately, have a resume prepared, and be ready to answer questions that interviewers typically ask. To assist students, the Career Center will provide resume-writing assistance and an interview skills information prior to the actual event.

Students are encouraged to sign up for this unique opportunity for personal growth and should contact Lianne Chun or Mona Lee at the Career center, Ilima 103, ph. 734-9500 by March 28th. Only 40 spaces are available so sign up early and get rid of those doubts and butterflies today!

Earthday Seminar to Be Held

By Ron Gandiza

There will be a seminar discussing legislative issues concerning recycling on March 18, noon-1:30p.m., in Iliahi room 204. It is entitled "Working Towards Earthday Everyday," and will feature several guest speakers. Pat Tummons, the editor of "Environment Hawaii" will be on hand to discuss and answer any questions. Also speaking will be Lou Erteschik, the legislative aid for the Chairman of the Agriculture and Environmental Agency.

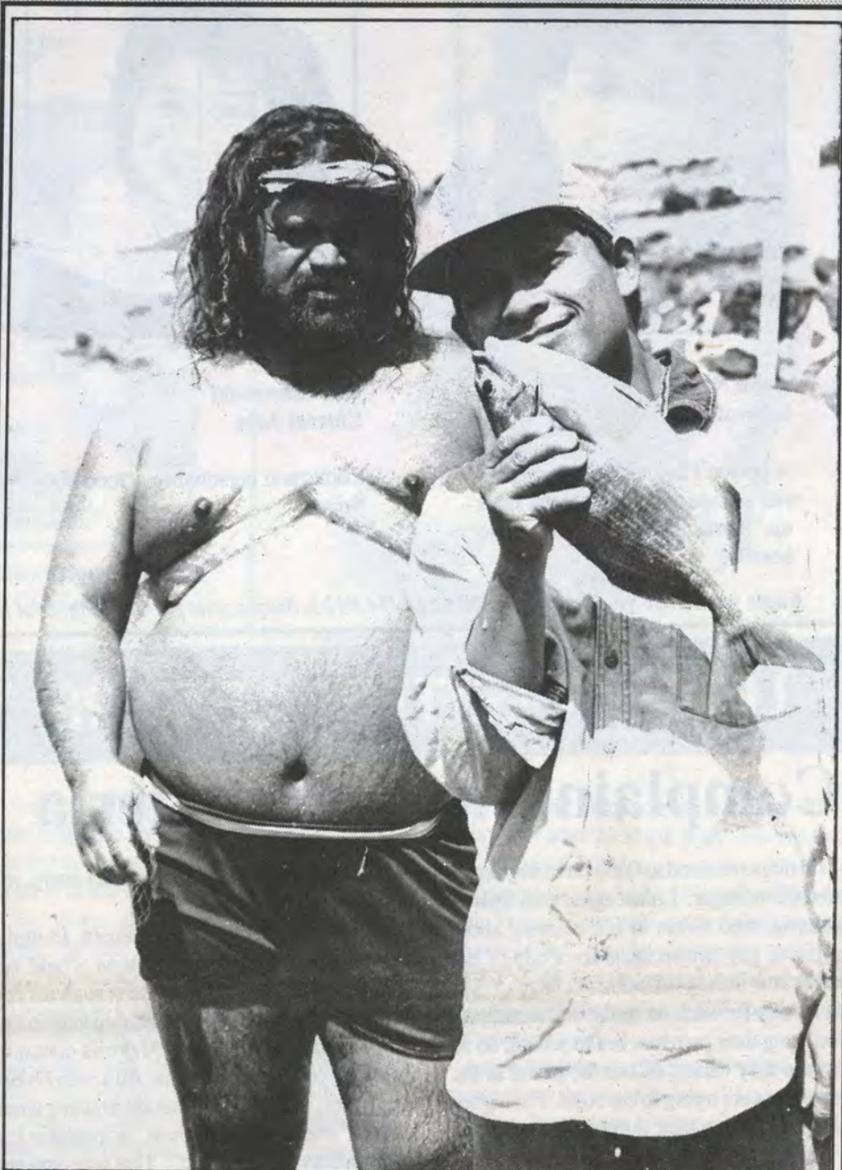


Photo by Ropati Hebenstreit

This one ain't going anywhere!

Hawaiian fisherman Shane Kamana instructs Thaddeus Prades, Botany 101 student, on how to hold onto a slippery enenuu by grabbing the fish around the gills. More adventures from the botany field trip to Kaena Point March 9 are on page 3.

Trask cites reasons for sovereignty

By Alan Takeda

"Whenever the Fourth of July comes around, my friends and I do not celebrate because it is not our independence day, it is the day the all white controlled Republic of Hawaii was inaugurated," said Hau'ani-Kay Trask at a recent lecture given at the request of KCC's Business Club.

She began the lecture by saying that all people in the world have a claim to self-determination from a human rights perspective. She also gave the audience a little history lesson, by saying that Hawaiians have been here in the islands for 2,000 years, by archeological records, or from the time of Wakea and Papa.

When the white man came, he introduced capitalism, which was in total opposition to the economic system by which the natives live. She said that the capitalist system is one

based on the few owning everything while the masses must work for those few.

In 1848, the Great Mahele placed control of most of the agriable land in the hands of white Americans. Trask said that imperialism is what caused the dispossession of Hawaiians from their land, their culture, their language, their values, and their religion. "The white man committed ethnocide on my people, which is killing another's culture," Trask said.

As an example, between 1898 and 1900, all Hawaiian language schools were closed. Hawaiians were even prohibited from speaking their own language in school. If they were caught speaking Hawaiian, they were punished and sent home. It was not until 1978, when Hawaiian was once again recognized as an official language.

Another travesty of justice, he said, was the introduction of blood quantum to be

classified as Native Hawaiian and to qualify for benefits like Hawaiian Home Lands, which was made into law by Congress in 1921. People with 50 percent or more of Hawaiian blood are classified as Native Hawaiian. People with 49 percent or less are not, even though, no other ethnic group in Hawaii is classified by blood quantum. Trask said that this was done to eventually eliminate Native Hawaiians and to take away land and other benefits by redefining who qualifies as a native.

From 1900 to 1959, the federal government controlled much of Hawaii. Hawaiians were placed under wardship, which Trask said was a way of telling Hawaiians that they were not capable of making their own decisions because they are considered to be children, the state and federal governments being their parents.

continued on page 10

Opinion Poll

Question and Photos by Amy Lyons and Chris Phleger

What would be your ideal date?



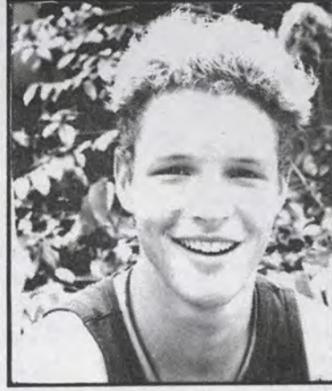
John Navarro
Liberal Arts

A person I can talk to. Someone with a sense of humor, but not stuck-up. Someone who is not too in to herself.



Kim Yamasaki
Liberal Arts

Looks and personality. Good body. Smart.



Pasha Bance
Liberal Arts

Pretty. Funny, with a good sense of humor. She definitely has to be outgoing. I also like nice eyes.



Lisa Lembrecht
Sales and Marketing

A good personality. We must have common interests. A car would be nice, I don't like driving all the time. Someone I can be weird with.

Kapio would like your opinion. Call us at 734-9120, drop a note in our mailbox at Illima 203 or come to B-1. Please leave us your name and major.

LETTERS, LETTERS, LETTERS

Complaints in the Cafeteria

I'd like to respond to Genevieve Seguirant, cafeteria manager. I must agree with Sharon Andrews, who wrote in complaining about having to pay fifteen cents for a cup of hot water. It is utterly ridiculous to have to dish out money for such an item! Most students who bring their own lunches to school, do so because they cannot afford the prices at the cafeteria or are trying to cut costs. Paying for hot water defeats their purpose.

I also feel that Seguirant's comparisons of the cafeteria's food and food at the airport, Jack in the Box, and McDonald's, is totally irrelevant. For goodness' sake! This is a school, not some money-making franchise whose greatest claim is "over a billion served." Seguirant said, "A restaurant would never allow you to bring in your own food and have it there." Problem is, the cafeteria is NOT a restaurant. I have always believed that a cafeteria is established for the convenience and service of the students. Judging by the situation here at KCC, I and many others were very, very wrong. If that's the case, let's rent out the cafeteria space to a McDonald's or Jack in the Box. At least the students would know what to expect. If Seguirant insists that comparisons be made, let's talk about TASTE. Realistically, who in their right mind would choose a bland, cold, and dry cheeseburger over a hot Big Mac? Certainly no one that I know. If McDonald's or Burger King did open a branch on campus, I am positive that it

would take the cafeteria's business away, regardless of the cost difference.

But that is not my main argument. I simply cannot believe that the cafeteria would be allowed to charge tuition-paying students for hot water. Here's a tip for all you students in the same situation as Sharon Andrews-continue bringing your cup-o-noodles, fill it with FREE tap water, and pop it in the microwave oven since, "The microwave oven...is available for the students' at no charge." That way, you get your hot lunch free, and no one from the cafeteria can bitch.

Cheri Ann Shiroma

Disinterested KCC students

Dear Kapio

I was extremely disgusted and dismayed by the lack of backbone that our students possess. On March 6, 1991 a fight occurred on a public bus after leaving the KCC area. Between two local boys. The fight itself began to get dangerous when the boys began to throw punches as well as each other around the bus. Naturally, the other people having no where to go tried to maneuver around the boys best that they could. What is so sad is the fact that the KCC students sat there and watched, not lifting so much as a finger to stop the fight or inform the driver. After wiggling my way from under neath these two boys while fighting,

The recent film Batman closely followed Freudian theory. In the movie Bruce Wayne is shown as a young boy being powerless before the brutal murder of both his parents.

When Wayne grows up, to compensate for his powerlessness he wears a costume and becomes: the Batman. A boy who is forcibly cross-dressed by women attempting to destroy his masculinity will grow up to be: a transvestite. In both cases, in adulthood an element of risk is artificially created and the original trauma of powerlessness is reenacted, but with a victorious outcome: potency. The problem is this drama is compen-

sation only. Batman must find a new foe, and the transvestite puts back on his dress.

The fact that Batman is an important myth of our culture shows that we are feeling pretty powerless and shamed in the United States these days. This is why we are picking out local dictators overseas, blowing them up into outlandish proportions, and then viciously stomping them out. Soon we will need another Manuel Noriega or Saddam Hussien to demonize. We need leaders now with vision and the strength to stand for it, not the slick businessmen who are presently running this country.

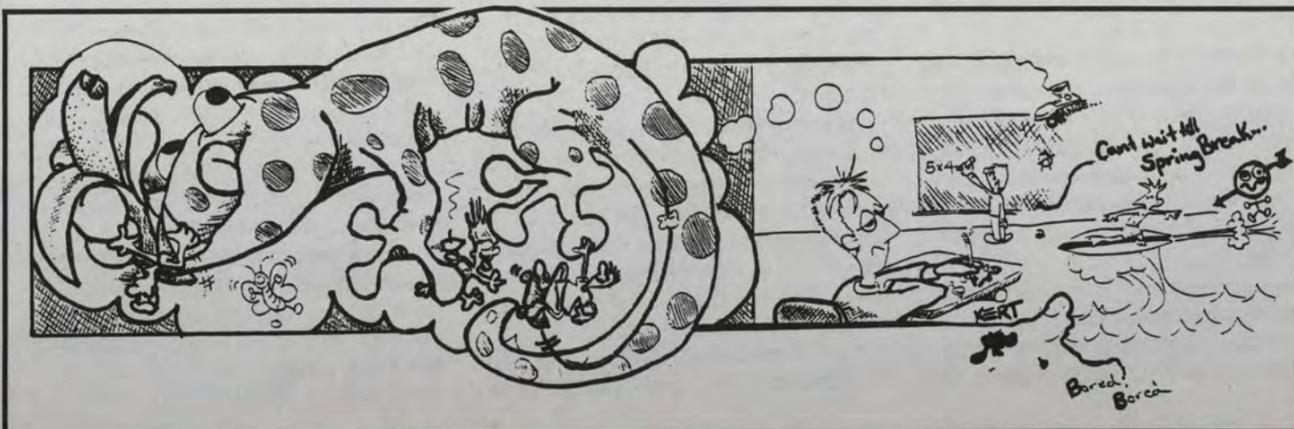
Robert Tindall

i was finally able to work my way up to the driver. By this time the back of the bus and myself were covered in blood.

I can honestly say that I am ashamed to go to a school where people proclaim that they re adults even though they exhibit their immaturity in thinking violence and non-involvement is how one should handle instances like this. All I can say is next time it could be you, and I don't know how you feel, but i would like to have the feeling that a stranger would have the balls to jump in and help during an emergency.

Sincerely,

A seriously concerned female student



Kapio

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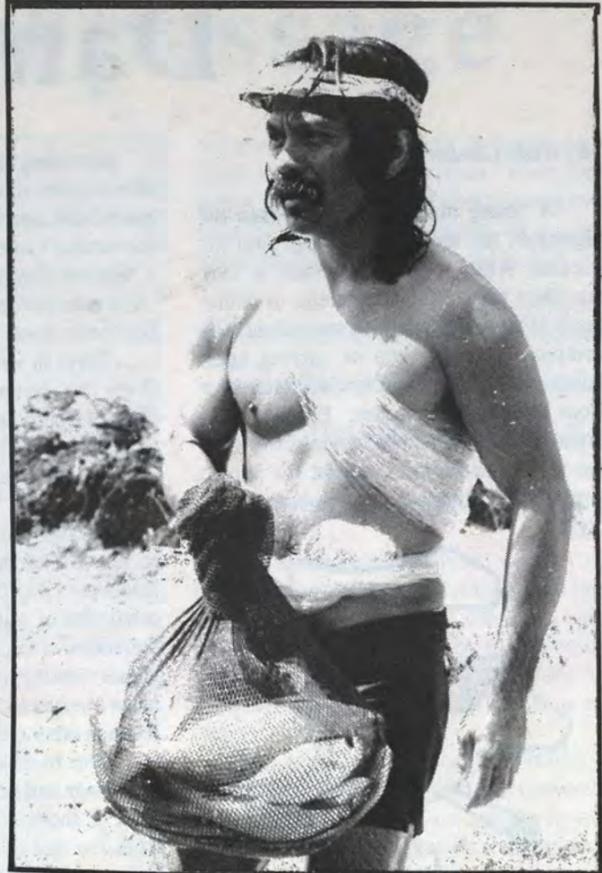
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Hikers gather to look at plants. Front row - Coralie Vellis, Nelda Quensell, Instructor, Priscilla Millen, Instructor Leeward Comm. College; Back row - Mark Kunimitsu, Randi Wallace, Angelica Burgermeister, Carol Ann Paterson
Photo at right - Fisherman, Thomas Kealiinohomoku, at Kaena Point



Photos by Ropati Hebenstrel

Botany Class - a walk on the wild side

By Coralie Vellis

Where the Waianae meet the sea, more than a moderate tradewind brings a chill to the air. A gray-backed iwi makes a swooping dive on what may have been the fish that got away.

Slowly they begin to arrive at the park where the road ends and a narrower, bumpy path begins. The trail eventually leads to Kaena Point, the northern-most tip of Oahu. The group assembling looks cold, sleepy, and somewhat out of sorts not to have been able to sleep in on a Saturday morning.

The scene took place on March 9 when 36 students of Nelda Quensell's Botany 101 and 130 lecture and lab classes took a field trip to Kaena Point--about two miles to the lighthouse--to become familiar with the flora in coastal and lower dry forest habitats.

Looking like a student herself in a pair of black culottes, gray sweatshirt, and a baseball hat perched jauntily on her head, Quensell is busy counting heads to see who is missing.

"Anyone to use the bathroom, go now," she yells above the wind sounds. "The rest, sign

the release forms."

Many Hawaiian legends are attached to the Kaena Point area. Just before starting our trek, Quensell shares the story of Leina ka Uhane, soul's leap. When the aumakua, the family gods, made the decision, the soul left the body and arrived at soul's leap. Good souls who had been faithful to the gods entered the spiritual world from the right. Souls who had been unfaithful moved left and fell into an endless pit of night.

Not more than a minute into the hike, the naming of plants begins.

"Back up, everyone," Quensell is bending over her first treasure. "What family, 101 Class?" Someone identifies the koa haole plant, and Quensell responds with an approving smile, "Yes! *Leucaena leucocephala*."

Various families of plants appear in rapid order. The perennial foxtail is followed by tree tobacco and the common weed, prostrate surge, of the euphorbia family. Next is the hinahina plant with a vinegar-tasting, clover-type leaf. Several of the students taste the leaf to verify Quensell's description of the plant.

A species of ilima, *Sia fallax*, appears often at the coastline and on the mountain slopes. The flower is a miniature of the flower used in the lei of royalty.

The group approaches the endemic plant (found only here), Pa'u-o-hii-aka, and Quensell relates another legend. The fire-goddess Pele and her sister, Hiiaka, were at Kaena one hot day. Pele covered her sister with the plant to protect her from the intense heat; thus, the name, which in English is "skirt of Hiiaka".

"Mrs. Quensell, what kind of trees are those?" asks a student. He points to an area at the coastline where a dozen or more high fishing poles are secured in the rocks. Her response is quick. With a mischievous smile she answers, "Fishing *Rodiaceae*!"

Little time is available to admire the spectacular scenic coastline, which the path follows continuously. The seas are unusually calm for the late winter and allows the ledges of old reefs, when the sea was 25 feet higher, to be exposed.

At the edge of the shoreline, several bridges formed by lava are examples of pahoehoe lava

covering softer layers of ash beneath. The ocean has eroded the lower layers leaving the form of natural bridges.

The group stops again. "It looks like....it looks like...." Quensell says, haltingly, to Priscilla Millen, a botany instructor at Leeward CC. "Ah, yes, the nena plant!" Quensell announces. Millen explains the leaves are that of the herb borage.

As we near our destination, two fishermen emerge from the rocks below. The students introduce themselves to Shane Kamana and Thomas Kealiinohomoku. The two fishermen assume the role of hosts as they give the "shakah" sign.

Kamana has the hukilau nets woven around his upper body halter-fashion. Kealiinohomoku holds the netful of enenuie, moi, and aholehole.

"You guys from KCC?" Kamana asks as he shakes hands with Quensell.

"We are," says Quensell.

In the spirit of aloha, Kamana replies, "welcome to Kaena Point Community College. Come back any time."

UH 'Mellowjuice' study needs volunteers

By Ken Komoto

The fountain of youth may well have been found in an herbal tonic known as Mellowjuice. Mellowjuice is the focus of a current UH study in association with visiting professor Dr. Yu-Kun Chien, from Beijing Medical University in China.

Mellowjuice is believed to stimulate the immune cells in aged persons so that the cells can combat immunodeficient cells such as cancer. Dr. Chien, who reminds one of a local Chinese mother or grandmother, brings with her the hopes of uniting Western medical technology with ancient Chinese or Eastern herbal medicine.

Dr. Chien is Professor of Immunology in Beijing, as well as the director of the Immunoregulation Laboratory at the University. She is here to duplicate a study made in Beijing to show the effects of mellowjuice on immune cells. She is hopeful that mellowjuice

may one day be used in the treatment of AIDS.

Basically our bodies produce two types of immune cells. One is bone marrow Lymphocytes or B cells and thymus Lymphocytes or T cells. The T and B cells produce interleukins which are the actual vehicle in combating immunodeficient cells. Our bodies are constantly bombarded by these malignant cells, but the T and B cells combat them and destroy them before they have a chance to manifest themselves.

When interleukin production diminishes or is overwhelmed by these malignant cells, diseases such as cancer, rheumatoid arthritis and asthma start to manifest in the body.

Interleukin production tends to diminish as we get older, hence we become more susceptible to illness as we age. Mellowjuice is theorized to stimulate interleukin production, allowing the body to combat these foreign invaders. Mellowjuice acts in a way that the body becomes its own doctor, much like that

in a young person's body.

The study in Beijing showed that 80 percent of the subjects showed significant improvement in the proliferation of T-Lymphocytes and interleukin production. Average results showed a 55 percent increase in this production.

Dr. Chien is well underway in her study with elderly subjects. What she needs are volunteers in their 20s to act as a control group. There are no side effects to mellowjuice.

Mellowjuice is derived from the fruit of the ligustrum. It is primarily grown in the Neng Xia province in North Central China. The Chinese name of the formula called Mei Lu Je, has been phonetically interpreted in English, so "mellowjuice" is the term coined in the states. This formula dates back 6,000 years. Other ingredients from other fruits include the Chinese Wolf berry, the Chinese Jujuba familiar to us as that chewy ingredient in gummi bears and jujubes and an herb in the crataegi

or rose family.

Two other components to the formula are Betaine, which acts as a biostimulator and Polysaccharides as an immunoenhancing agent.

Says Dr. Chien, "Western medicine is good in its own right, but Eastern medicine has its merits too. I wish to bring together the two. That is why I am conducting this study, to prove to Western physicians. They can sometimes be very skeptical, especially to herbal medicine."

This Ponce DeLeon of China may well have brought the fountain of youth to the West, an ancient formula for eternal youth dating back 6,000 years.

KCC students interested in taking part in this test study can contact Brad Hope or Dr. Chien through Leahi Hospital. A questionnaire and an interview will be given prior to selection into the study.

Dance, ceremonies, tests of

By Wade Cambern

A young man steps briskly into the nightclub, his hands thrust deep into his pockets. With an obvious gesture to look confident he shuffles a cigarette to within reach of his lips and draws it out to light. His companions, other men of varying ages, boisterously rib each other and order beer from a unrelenting waiter. Provocatively dressed Asian women descend to prey upon the wallets and upon the need for female attention that these men have brought to-night.



Many men here in Hawaii have experienced similar settings as part of becoming a man, doing what other men do, drinking like other men drink, being like other men are with regard to sex, status and social behavior. Their first experiences with a woman is often the outcome of an age-old simple business transaction.

Like a rite of passage this abstract example of ritual marks the transition from childhood or adolescence to adulthood for many young adults in western cultures and draws more than loose comparisons to rites of passage in other cultures.

In the more "primitive" societies, this transition into adulthood (generally around the age of puberty) commands the attention of everyone in the village or community. Dances are performed, intoxicating substances are smoked, ingested or snorted, some form of toleration to physical pain is tested and upon completion of such rites emerges a man or woman.

Sorority and fraternity functions act as rites of passage in the lives of educated people the world over. Military boot camp serves much the same function: to turn boys into men. Batmitzvah, Barmitzvah, graduation and marriage all echo the formal rite of passage.

In most western cultures, circumcision is meant to be as painless as possible, the memory of which being lost with the onset of infant amnesia.

According to KCC lecturer Carl Hefner, circumcision in some Muslim cultures happen around age 13, significantly impacting the initiate's life.

Hefner described this *Sunat*, a Muslim circumcision ceremony he witnessed in Surakarta, Java:

"Boys in white Indonesian ceremonial shirts that jammed the hotel lobby were about to participate in a group circumcision," Hefner said, "and there was a gurney in one of the ballrooms to be used as the operating table."

Hefner, who speaks Indonesian questioned one of the men milling about and discovered that the gurney was for the circumcision of several young males and that the room would soon be filled with the guests waiting in the lobby. What might make a western cringe is an everyday occurrence in other cultures.

Three basic steps are involved in a rites of passage and occur in every culture in one form or another. First there is a separation from the rest of the community or social body; this usually involves educating the participant in a traditional manner as a preparation for the rite itself. Then the rite itself is performed. It is a margin between the separation stage and the final stage when the initiate incorporates him or herself back into the community as a new member of society. The young adult often receives a new name after the ceremony, and his life is forever altered.

Indonesian boys may participate in group rites called *communitas*, which breaks the childhood bond of a boy to his mother. New Guinea adolescents endure bleedings from their genitals into the river to signify this same principle. Hopi Indians in the southwest plains of the United States embark on a long trek in the wilderness to receive a vision of destiny which is often coupled with a trance-like sexual experience. Suburban adolescent youths begin a pattern of rebellion against the wishes of their parents, something considered a necessary part of growing up.

According to anthropologists the events of birth, coming of age, marriage, growing old and death are clearly similar among the world's cultures. Whether the society is patriarchal, matriarchal, industrial or primitive, what is unique to a particular culture are the different rituals, customs, norms and mores of that culture, not the intended significance of the event.

The value a society places upon rites of passage, its subsequent bonding, learning, and tradition impact young and old alike. Involvement of the community bring health, understanding and a tighter knit to the weave of a culture.



Photo by Carl Hefner

Filipino dance of the Surigao tribe, the "Uwok" bird dance.



Photo by Chris Phleger

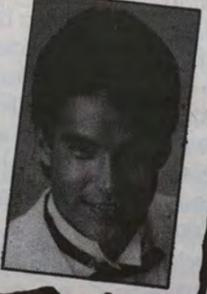
A mating call? Students in Carl Hefner's Anthropology 200 class designed a culture last week. This group (ape too) belongs to the Coongean culture which is adapted to the typical rainforest.

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of endurance mark rites of passage



Samoan language students in Paluli Aii's Class practice for the festival. Their first dance thanks God for the lands, ocean and natural gifts. The second is a slap dance which celebrates graceful bodies.

Photo by Chris Phleger

The Hawaiian Chant: Meaning and Method

Wednesday, March 20 from 3:30 - 5 p.m. in 'Ohi'a 118

This forum features several experts on the Hawaiian chant. Kalani Akana, who has won many awards for his chanting, will speak about continuing chant traditions in the Hawaiian Immersion Program. He is teaching third graders in the program to chant.

Kimo Alama, who teaches hula at KCC, was raised in the old Hawaiian traditions and has chanted at Iolani Palace and the Royal Mausoleum. He will speak on chanting and protocol.

John Lake will discuss mana in chanting and several types of chants.

Puakea Nogelmeier, who teaches at UH Manoa, will talk about how a chant evolves. He will also tell about his class in Hawaiian poetry at Manoa and may have some of his students perform their own chants.

Chanting the Hawaiian Way

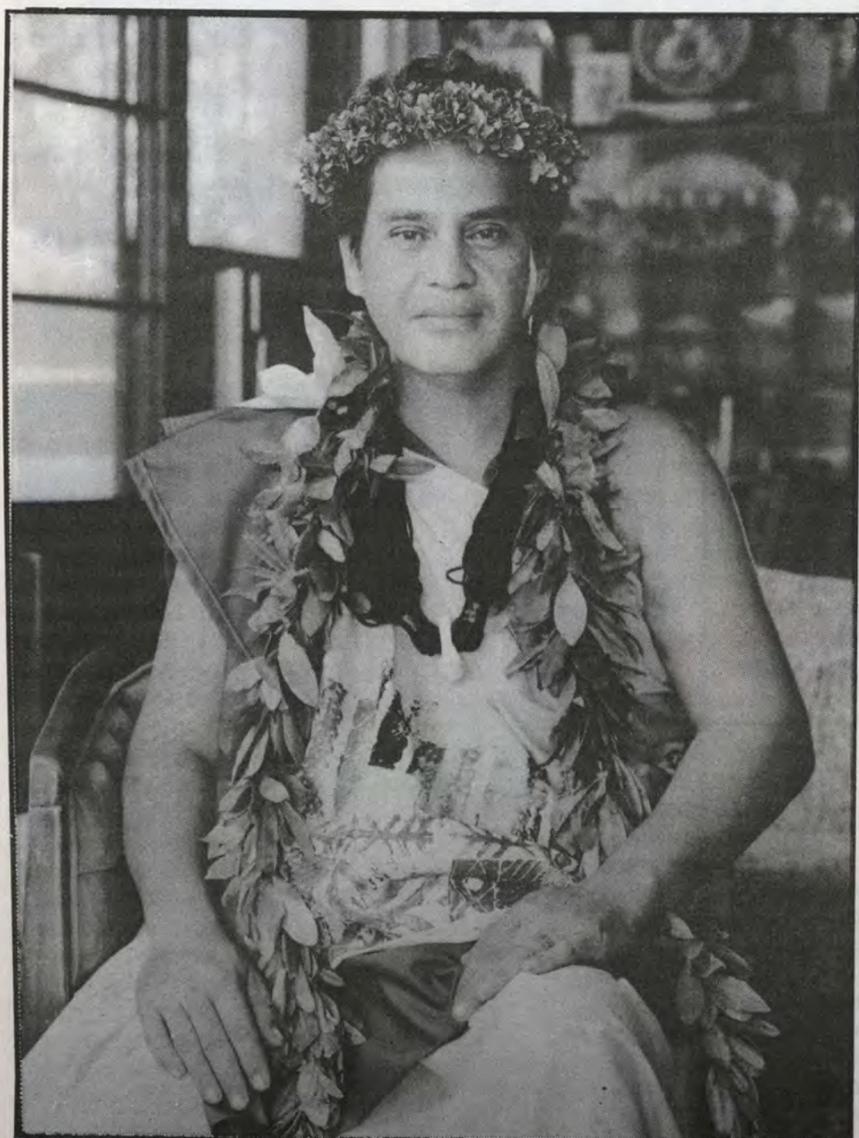


Photo by Shuzo Uemoto

By Eleanor Mesa

Chanting is used in many cultures to draw upon a greater spiritual power. There are chants to cure medical problems, to commemorate historical events and to celebrate the important times in life: birth, death, marriage, and blessing of the land.

The Hawaiian chants are unique compared to chants of other cultures because they use a spiritual force called Mana'o to express the feelings, thoughts and events that happen in every day life. Different chants are done depending on the occasion, and chants must be performed in a particular vibrato that comes from the back of the throat, in a particular manner from a particular location.

There are approximately 1200 chanters; most are in their 60s. That is why Hawaiians are trying to preserve the technique of chanting by teaching the younger generations what they know so the art of traditional Hawaiian chanting will not die when they do.

During the Asian-Pacific Festival on Mar. 19-21, John K. Lake, a Kumu Hula, (teacher) will be speaking about his experiences in Hawaiian chanting. Lake, a teacher at St. Louis High School for the past 25 years, teaches Hawaiian history and his knowledge of hula and chanting to his students who join his Halau (school of hula).

Lake learned about chanting from his aunt named Edith Kanaka'ole. In a book, "Nana Ina Loea Hula" published by Kalihi-Palama Culture and Arts Society, Lake said,

Kumu Hula John Lake from "Nanaina Loea Hula" (Look to the Hula Resources). Photo courtesy of Kalihi Palama Culture and the Arts.

"Aunty Edith brought me to understand the value of Hawaiian traditions, the respect of self and others, and the dignity of our Hawaii and values and heritage."

Because chanting has many rules and procedures, ancient Hawaiians did not want to write down their knowledge of chanting because they believed books could not carry the authentic meaning of the words. A chanter must develop the spiritual power called Mana'o and use the inner light developed to express the meaning of the chant. The chanter cannot learn, feel or hear the Mana'o from a book.

A chanter must have full knowledge of Hawaiian language because almost all the Hawaiian words have a multiple meanings. If an inexperienced chanter uses the wrong words together, the chant might have an unknown meaning and have potential to cause harm.

Lake said, "Aunty Edith taught me much in chanting as to projection of the voice, control over language and breathing, and essentially the necessity of having feeling in your chant in what one has to convey."

It takes approximately 10-15 years of studying in a halau to become an expert chanter. When a young chanter is ready for 'Uniki, meaning graduation from the halau, an elaborate ceremony is prepared. The chanter must spontaneously perform his own chant for the Kumu Hula and the chant must result in some sort of sign, like a double rainbow, to prove he has fully learned the techniques of a true chanter.

Learning to chant takes time and commitment. To a Hawaiian, there is nothing more beautiful than hearing a true Hawaiian chant, especially when the chant is filled with love, emotion and respect for the Hawaiian culture and ancestors.

RHYTHMS, EAST

The KCC International Festival which opens today, Tuesday, March 19, will offer students and the community three days of music, dance, art, international cuisine, lectures and demonstrations.

OPEN CLASSROOMS

Students and visitors are invited to attend the following classroom presentations. The open house is sponsored by the Pacific Asian Students Association.

Video Presentation "Silkroad-SeaRoute to Vietnam," a one-hour show of Vietnam covering its ancient history, cultural aspects and customs and exotic beauty of Asia at Ilima 202, 7 p.m. on March 19.

"Living and Working in Japan" will be the subject of a presentation in Ohia 112 at noon, March 20. Travel and scholarships to Japanese colleges will also be covered by Linda Fujikawa, Japanese language instructor.

"Trobriand Cricket," a film about cultural change and persistence in the Trobriands will be shown in the History 152 class taught by John Cole, Koa 102 at 5:30 p.m. March 21.

Kava and other drugs used in the Pacific today will be the subject of a talk by Dr. Monty Lindstrom of the UH Center for Pacific Island Studies. The talk will be given during the Anthropology 200 class taught by Bob Franco in 933-206 at 9:30 Thursday, March 21. Lindstrom, an anthropologist from the University of Tulsa, received a Fellowship in Humanities and is spending the year in Hawaii. He and two others at the UH Center for Pacific Island Studies have written "Kava: The Pacific Drug", which will be available soon. Lindstrom gathered most of his information doing studies in Vanuatu, an island near Fiji.

Readings from Ka Nani will be analyzed and performed by Linda Letta's Speech 231 class, March 21 at 12:30 p.m. in I-4.



Chinese Culture Club will present the Lion Dance at 12 p.m. in the 'Ohi'a Cafeteria this Thursday.

March 19, Tuesday

- Noon **OPENING CEREMONY** 'Ilima Courtyard
Greeting: John Morton, Provost
Hawaiian Chant: Kahi White
- HAWAIIAN LUNCH** 'Ohi'a Cafeteria
- 12:30 **DANCES OF THE SEASON** 'Ohi'a Courtyard
Keali'ika'apunihonua Ke'ena A'o Hula
Indonesian dance, "Wayang Topeng"
Laotian dancers
Taiko drummer, Kenny Endo
- 3:30-5 **FORUM: SEASONAL AGRICULTURE AND CULTURE** Chapel
Sergio Rapu, Former Governor of Easter Island
Terry Rambo, Resource Systems Institute, East-West Center
Sendou Chang, UH Manoa, Geography
- 5:00-7 **MUSIC AROUND CAMPUS** 'Ilima courtyard
Indian and Japanese music
Tim and Sakiko Hoffman
Choral groups 'Ohi'a courtyard
Marshallese, Trukese, Kosraean
Hawaiian music Koki'o - Kauila courtyard
Jon Osorio
- 5:45-8 **Dinner*** Ohelo Dining Room
- 7 - 8:30 **WIND GOURD OF LA'A MAO MAO:** 'Ohi'a 118
Esther Mo'okini, reading

March 20, Wednesday

- 8:30-10 **DEMONSTRATIONS:**
Ceramics by Kauka DeSilva Koa courtyard
Paper making by Frank Sheriff Koki'o courtyard
Spinning by Janice Cook 'Ilima courtyard
- 9:00-10 **JAPANESE FLOWER ARRANGING** 'Ohi'a 118
- 10-1:30 **STUDENT CONFERENCE:** 'Ohi'a 118
Guest Speaker: Tu Wei-ming, East-West Center
Student Papers; Presentation of Awards;
Presentation of Certificates of Completion

LUNCH: INDIAN CUISINE 'Ohi'a Cafeteria

- 1:30-3 **FORUM: PULSE AND PURPOSE: CHANT IN VARIOUS CULTURES** Chapel
Buddhist Chant: Rev. Sutadhara, East-West Center
Samoan Chant: Chief Moevao Soliai
- 3:30-5 **FORUM: HAWAIIAN CHANT: MEANING AND METHO** 'Ohi'a 118
Puakea Nogelmeier, University of Hawai'i
John Lake, Chaminade University
Kimo Alama, Kapi'olani Community College
Kalani Akana, Hawaiian Immersion Program
- 5:45-8 **DINNER*** 'Ohelo Dining Room
- 7-8:30 **PACIFIC ISLANDS FILMS** 'Ohi'a 118
"The Transformed Isle"
"Trobriand Cricket"

March 21, Thursday

- 8:00 **STUDENT CLUB BOOTHS** 'Ohi'a Courtyard
- 12:00 **LION DANCE** 'Ohi'a Cafeteria
LUNCH: Pacific Islands Cuisine 'Ohi'a Cafeteria
- 12:30 **DANCING: Rites of Passage** 'Ohi'a Courtyard
Samoan Dancers
Filipino Dancers
Halla Huhm Dance Studio (Korean)
Native American Dancers
- 3:30-5 **FORUM: ASIAN SPIRIT IN WESTERN ARTS** Chapel
- 5:45-8 **DINNER *** 'Ohelo Dining Room
- 6:00-7 **TWILIGHT TOUR** Visitor Parking Lot
Moriso Teraoka's Cactus & Succulent Garden
- 7-8:30 **JAPANESE FILM** 'Ohi'a 118
"Floating Weeds"

* For reservations call 734-9489



Cactus garden tour

One of the most unusual plants in the cactus and succulent garden is stapelia, a succulent. While most flowering plants depends on the bees, birds and insects for pollination, the stapelia, indigenous to Africa, depends on flies. Carrion and flies are plentiful in Africa. The stapelia has a stench not unlike carrion. Even the color of the flowers are dark purple, almost black like putrefying flesh.

Moriso Teraoka will talk about this and other unusual cacti during a tour through the cactus and succulent garden he has planted above the lower parking lot on Thursday, March 21 from 6 to 7 p.m.



Chanter Ho'olu Cambra — photo exhibit in Ohia cafeteria. Photo by Carl Hefner

AND WEST



"SEKARTAJI" Court Dancer of Java

Photo by Carl Hefner

Student Conference, Wednesday, 10 a.m., 'Ohi'a 118

Four student papers and a Chinese ink painting will be presented at the Student conference Wednesday. Keynote speaker will be Lee Foon Foo, who will discuss the internal cultural conflicts in Maxine Hong Kingston's "Woman Warrior." Foo will also

present a second paper. Papers will also be read by Mei Li Lee and James Yee. Bryan Sekiguchi will talk about his ink painting of bamboo, done in the style of Chinese ink paintings..

ASIAN SPIRIT IN WESTERN ART

A forum will examine Asian influences in Western art Thursday, March 21 at 3:30 p.m. in the Chapel.

Violet Golder will speak on Japan's influence on 19th and 20th century art in the West. She says that such artists as Van Gogh and Monet were influenced by early Japanese woodblocks, and the results can be seen in their works. Golder teaches Introduction to Visual Art and both Western and Eastern art history at KCC.

Michael Molloy, philosophy instructor at KCC, will speak about the oriental influences in music, such as Japanese influences in French music in the late 1800s. He will discuss the love of nature in the works of Debussy, Ravel and Delius and play some examples.

Andrew McCullough, KCC humanites instructor, will speak about Asian influence on writers such as Yates, Thoreau and Jung.

FORUM: SEASONAL AGRICULTURE AND CULTURE

What is the impact of agriculture on culture? Three experts in the field will talk about their experiences Tuesday at 3:30 p.m. in the Chapel.

Dr. Sen Dou Chang, UH Manoa geography professor of 23 years, will speak on the mutual impact of environment and people in east Asia. Chang, originally from China, received his M.A. from the University of Wisconsin and Ph.D. from the University of Washington. He now specializes in the geography of China, and will base his speech on the rhythm of people's lives in east Asia and how it differs from the rhythm of American life.

Terry Rambo, cultural anthropologist for the East-West Center at UH Manoa, will speak on the annual agricultural cycles in Northern and Southeastern Asia. His work and research focuses on the rural groups of Vietnam, Laos, Thailand, and Malaysia.

Sergio Rapu, former Governor of Easter Island will also speak.

PERMANENT DISPLAYS

Koa Gallery
Weavings and fabric from China, Taiwan, Korean, Japan, New Guinea, Southeast Asia, Micronesia, Philippines, Laos and Hawaii from The Honolulu Academy of Arts Also Japanese paper from the collection of Linda Fujikawa

Ohi'a Cafeteria
Photographs of Asian and Pacific Performing Artists by Carl Hefner, anthropology instructor Works have been previously exhibited at the State Capitol and the UHM Art Gallery

Library
Asian and Pacific performance and fine arts materials

Natural Science Center
Check your biorythms

OHIA CAFETERIA

presents

A TASTE OF ASIA AND the PACIFIC ISLANDS

March 19, Tuesday:
FROM OUR ISLANDS IN THE SUN

Lau lau or Kalua pig
Chicken luau
Hawaiian potato salad served with poi or rice
\$4.50

March 20, Wednesday:
PEARLS OF THE INDIAN OCEAN

Chicken curry or Vegetable curry
Rice Pilaf
Lentils with Spinach
Pineapple Chutney
Yogurt Salad
Poppadom
\$4.95

March 21, Thursday:
PLEASURES OF THE PACIFIC

Beef Broccoli with Noodles
OR
Pork Adobo
Fried Rice or White Rice served with Oriental Chicken Salad or Vegetables
\$3.85

Demonstrations - 8:30 - 10 a.m. Wednesday, March 20



Kauka deSilva
will demonstrate how to throw a pot



Frank Sheriff
will offer an opportunity to create with paper



Janice Cook
will demonstrate spinning



Ni'ihau shell lei making
B-3 12:30 - 1:30 p.m. Thursday, March 21.

Taro: Health Food for 2,000 years

By Ken Komoto

Large calloused hands grip the cold gray stone. It was rounded smooth by years of pounding on the stone pestle. Bok-Bok-Bok! The Hawaiian tends to this daily chore with an indifferent persistence. He pounds the taro roots into a thick gray mass. The poi is ready., in ancient Hawaii, it was man's work to pound the taro.

Taro was first introduced to Hawaii around 450 A.D. It is believed to have been cultivated in other areas of the world for over 2,000 years. The early Polynesians carried the taro in their double-hulled canoes during their journeys across the Pacific.

These ancient mariners brought with them their staff of life which today has become an ingredient in the variety of foods served in Hawaii today.

Taro, or cocoyam, is a root vegetable, much like the yam. The tubers are eaten as a starch while the leaves are an excellent cooked vegetable.

Today on the world market, some 12.5 billion pounds of taro are produced annually. The majority is grown in Africa, which produces 8 billion pounds. Asia produces nearly 4 billion pounds. The balance is produced by countries of Oceania, countries such as Papua New Guinea, Samoa, and Fiji. Other producers of taro include Central and South American countries.

The majority of taro farming in Hawaii is located in the Hanalei valley on Kauai. Hawaii produces nearly 6 million pounds of taro a year. Recent weather conditions in Hawaii have decreased production of taro. This condition, plus the increased demand by recent immigrants to the U.S. from Asia and Latin America, have driven prices up.

When we think of taro, poi is the first product that comes to mind. Some of us, outside of Hawaiian upbringing, recall our first encounter of poi with mixed emotions. Go to any luau and you will see mainland tourists grimace with puckered lips after taking a spoonful of two-finger-poi. This bland, sometimes sour, concoction can take



A student displays plants pulled from a taro patch.

some getting used to.

But go try scarf some poi with kalua pig and onions. Hoo! Ono! For many of us though, a first step in eating poi is mixing some sugar with it. Hawaiians are probably shuddering at this thought but for the uninitiated, a little sugar with poi makes a fine desert treat.

No matter how you start eating your taro or taro leaves, cook it first. The corms and leaves are loaded with oxalic acid. This is an irritant that causes much discomfort to the mouth and throat passages. Cooking neutralizes the effects of the acid. Raw taro leaves are a good idea for salads if you don't want in-laws over anymore.

There are many recipes for poi, other than as accompaniment to other foods. Cooked and mashed taro can be mixed with roll or cake recipes, for an interesting moist treat. A hearty and nutritious one-pot-meal can be

made by mixing a pound of poi into any soup or stew recipe. If you like hardening your arteries, bake a taro like a potato, smother it with butter and top it with bacon bits and cheese.

The root, called a corm, can also be roasted and fried. A popular treat is making them into chips. Future uses of the taro, according to the Hawaii Department of Agriculture, include silage for animal feed, fabrication of cosmetics and plastics and flavoring for ice cream.

Fossil records indicate that ancient Hawaiians were of large stature, with strong bone structure and teeth. A large part of this may be due to the staple of taro, being high in carbohydrates and potassium, yet low in calories. Taro leaves provide nearly all the daily needs of vitamin A and C. High amounts of Riboflavin, niacin and calcium are also in the leaves. These nutrients are also in the

corms, though in a lesser amount.

Doctors unanimously vote poi as the perfect first cereal for Hawaii's infants. Generations of Hawaiian children raised on poi is a testament to this. It is also good for those with stomach ailments, such as ulcers, because it is easily digestible. It also has hypoallergenic properties for those with food allergies.

The ancient Hawaiian would pound his taro with stone on stone. Today it is pressure cooked and mashed in huge stainless steel machines. The old Hawaiians wooden bowl of poi and fish is now microwave baked taro with artificial food toppings. It was only a generation or so ago when poi was sold wrapped up in a piece of banana leaf. Poi is now relegated to small obscure areas of the supermarket in little plastic baggies.

The ancient Hawaiian couldn't know about things, like Riboflavin and vitamin A, found in taro. But he knew that the taro was a key to his living well. The health conscious of today can benefit in looking into this ancient staple. A billion people worldwide and 2,000 years of history can't be all wrong.



The taro root

The rebirth of traditional Hawaiian medicine

By Coralie Vellis

In planting a home garden, the day may come when everyone will cultivate Hawaiian medicine plants for home remedies. Conditions that range from appetite loss to bed wetting to impotence can be treated with roots, leaves, flowers, stems, buds, seeds, and sap of many common plants, even weeds, found in the islands.

At least 10 plants have been used in the treatment of asthma. The awa shrub is known to contain a muscle relaxant. For many years, Hawaiians have used awa to treat hypertension, lung problems and a wide range of other conditions.

"Studies have already shown that the bark of the ohia a-oi, the mountain apple, has an element in it similar to that of aspirin," says Bea Krauss, well-known ethnobotanist and author. "Hawaiians considered it a helpful remedy for sore throat."

Nelda Quensell, KCC botany instructor, adds another way in which the ohia a-ai was used. The sap from the plant was rubbed on the gums to ease the pain of a toothache.

The kahuna la'au lapa'au, the herbal

practitioner, has played an important part in the well-being of the Hawaiian people. He was well versed in rituals and prayers. He used herbal cures that were found in aloe, wild ginger, breadfruit, hala, ilima, ti and a myriad of other plants.

Herbal treatment continues to be practiced today. Many sunburns have been soothed by the sticky sap of a fresh cut leaf of aloe spread over the burnt area. In "Gardens of Hawaii," Mary Neal states that on Maui acres of aloe are planted to provide medicine to treat athlete's foot, arthritis, and burns.

Children who live in Hawaii learn early a remedy to clear blocked nasal passages caused by colds and sinus infections. "Take little ocean water in the cup of your hand and inhale it." The remedy works.

Isabel Lelea Lemon, aka Auntie Izzie, was raised in Waikapu, Maui. She remembers the herbal medications her grandmother prepared.

"We didn't have too many doctors in the old days," she explains. "Most of the medicinal plants grandmother prepared were cleansing agents. They were good for us. I

remember my aunt drinking the cleansing tea while lying on her stomach."

Herbal teas were drunk in different positions depending on the disorder being treated. For intestinal and stomach problems, the tea was taken with the body in an upright position. If the illness was of a pulmonary or respiratory nature, the patient drank the mixture lying on the stomach.

Auntie Izzie tells a story about a cousin suffering from tuberculosis who experienced a healing. A brew was prepared from the bark of the mountain apple tree and combined with awa root. The mixture was made in gallon quantities and drunk as required.

"The story has a happy ending," Auntie Izzie says as she breaks out in a smile. "The next time cousin Jackie visited the doctor the tuberculosis was gone."

"Scientists and medical doctors do not discount the ancient remedies that use plants. Researchers realize the importance of cataloging this knowledge if we are to find tomorrow's wonder drug.

Extensive studies have been conducted in Hawaii in the past with the fruit of the noni tree and plants of the awa, Hawaiian

poppy, and hinahina, to name a few. All have shown beneficial extracts that might have some favorable effects on numerous medical disorders.

Dr. Isabella Abbott, who holds the J.P. Wilder chair as professor of botany at UH Manoa, says she knows of no studies taking place at this time.

"The problem is not the funding of a program as much as lack of interest," Abbott says. "There is need for further study."

An organization of kahuna la'au lapa'au has been formed and a halau has been established. There is hope that more interest can be aroused in the vanishing practice of kahuna la'au lapa'au.

Save \$125

Students can attend the Pacific Science Congress in exchange for volunteering about 10 hours. For information, call Louise Pagotto at 734-9877 or go to B-2 April 1 at noon for an informational meeting.

Student has Dreams of Hollywood

By Ron Gandiza

There are many aspiring actors and actresses in Hawaii who have big dreams. One person who is definitely on his way to reaching his dreams is Dion Donahue, actor extraordinaire. He recently won acclaim as Tommy, the lead character in the musical "Brigadoon," which was performed at Fort Shafter from Feb 28 through March 16.

Dion Donahue is a music student at KCC who has been acting since the age of 5. He was born and raised in Hawaii, and is a '79 graduate of Saint Louis High School. Dion plans to complete his major in communications at Chaminade University next semester.

His dream has always been to act in theatre or motion pictures. He auditioned and won his first speaking role in a musical while still in the first grade. His acting debut was not in a school play but in the musical "The Wizard



of Oz," which was performed at the Neil Blaisdell Concert Hall and produced by an L.A. theatre company. Actually, his whole family, including his other 11 brothers and

sisters, auditioned for various roles in the musical. Dion, who portrayed a munchkin and a soldier, ended up being the only one with a speaking role. He was the youngest actor of the entire cast.

At age 30, Dion has performed in many plays and musicals. One of his most challenging roles was in the musical "Chicago," which was done at Chaminade a few years ago. Dion had to play a woman named Mary Sunshine, and he also had to sing falsetto. He has done other musicals such as "Scrooge," "Miss Firecracker" and "The Good Woman of Setzuan."

Dion auditioned for "Brigadoon" last December after being encouraged by his current voice teacher at KCC, Lina Doo, who was also the musical director. He was already performing a play, called "Many Wives," when he heard he had made it past the auditions. Dion didn't know he had been cast as

the lead character because he was afraid to call the director, Cecilia Foredham. He eventually found out from Doo that he had been cast in the lead role of Tommy.

Dion attributes his acting technique to Linda Ryan, his acting coach of five years. He also looks to Robert DeNiro and John Machlozitch for tips, but his biggest inspiration is Johnny Carson. "I like his style, his diplomacy, tact, and spontaneity." Anyone who has met Dion knows how humorous he is once he finds a victim.

There are still many things Dion wants to accomplish. He recently auditioned for a part in the musical "Mame." Dion has managed to almost complete school, become a leading local actor, and still keep his humor intact while remaining humble. Hopefully he'll be seen on T.V. someday, making his acceptance speech at the Academy Awards ceremony.

Sailors from Spain visit KCC campus

By Bahia Smits

Several KCC Spanish Club members and their advisor Carol Beresivsky were invited to a tour of the Spanish sailing ship from Cadiz, Spain, that was docked at pier 8 at the Aloha Tower this past week. The Juan Sebastian de Colon was named after Juan Sebastian del Caño, the first man to circumnavigate the world. It has been 7 years since her last visit to Hawaii.

On board were 300 young, Spanish sailors who are third year students of the Spanish Naval Academy. When the club found out that there were students on board, they invited them on campus. The sailors met, and spoke with the Spanish class about life on board the ship and in Spain.

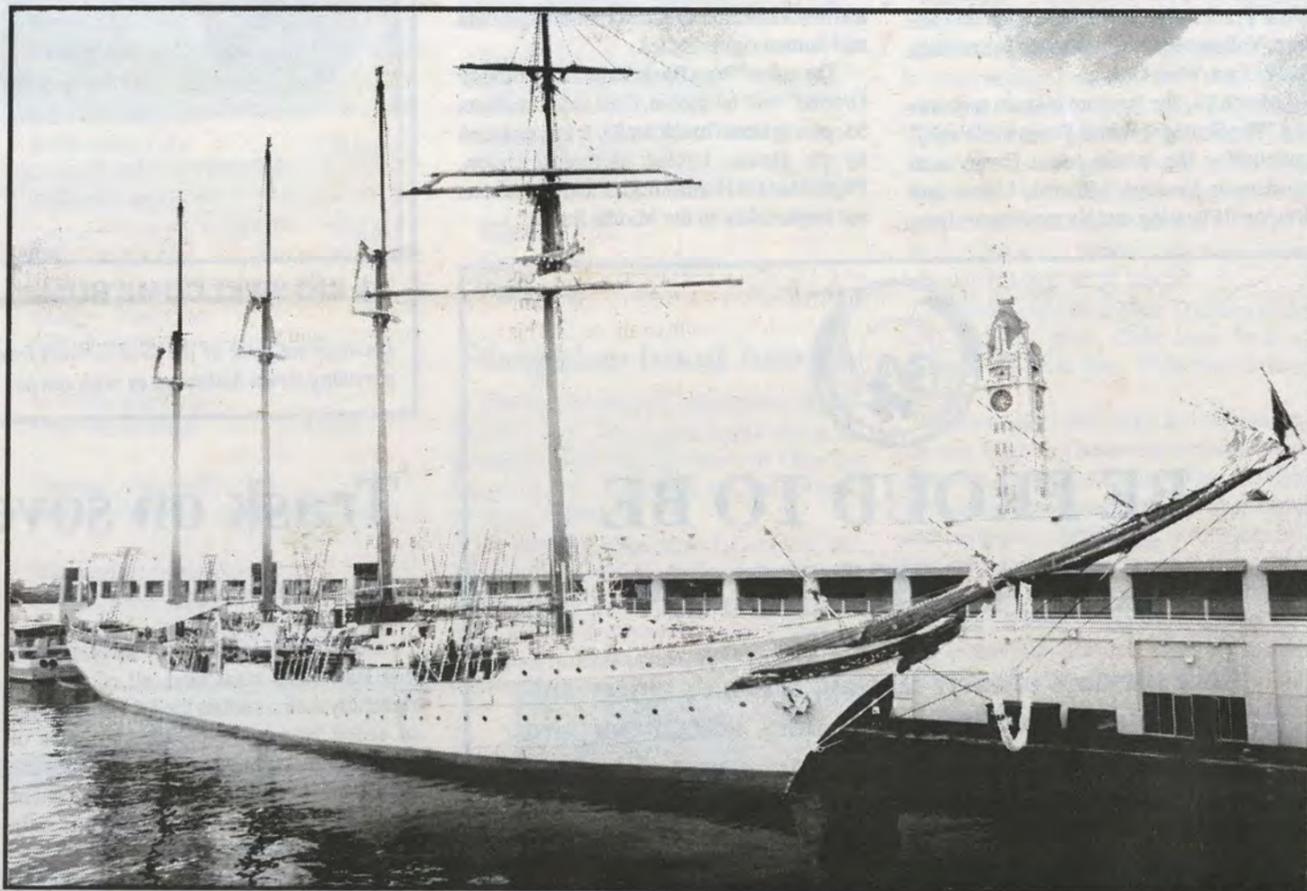
The sailors principally study and attend hours of classes learning the history of navigation. Hands on experience is often included when the motors are shut down and the sails are hoisted. They have been scheduled to be at sea for 6 months. Their journey started in November and will finish sometime in April.

The ship is passing through Honolulu on her way to San Francisco where she continues to Vancouver, back to San Diego, Acapulco, through the Panama Canal, Florida, and finally Baltimore before heading home to Cadiz. The sailors have already spent Christmas in Brazil.

The ship is a combination of 18th century decor and modern technology; It is fully equipped with meteorological instruments. It contains a fax machine capable of taking weather pictures as far out as 200 miles. This enables the captain and crew to see the atmospheric surroundings at any time and any place. In addition to understanding the pictures, the crew learns the original navigational methods such as using the wind and stars as guides.

This quadruple-mast beauty was built in 1927, and rebuilt in 1954. The floors and walls of the sleeping and leisure areas are made with fine, varnished woods. The lounge area is comfortably furnished, complete with a large color TV and compact disc system.

The Captain's quarters are decorated to resemble an 18th century drawing room. A chandelier hangs over the dining table on which is centered crystal candlestick holders. The marble coffee table is surrounded



The Juan Sebastian de Colon left Pier 8 last week Friday, taking captain and crew to many more exotic ports of call. Photo by Chris Phleger

by lounge chairs, and the cozy fireplace is just close enough to keep your feet warm. Pictures of the Royal Spanish family that were photographed while the family was aboard are placed about. Old, leather bound books, one written in Spanish about Cristobol Colon, were illuminated by sconces, and the ship's mascot, a friendly cocker spaniel, made the aura of the room seem all too perfect.

The Juan Sebastian de Colon has travelled over 1,000,000 miles since it was built and usually stops in at least 69 ports when travelling throughout the world. According to First Officer Luis Pinochet, they're send off was not very extravagant, but they always have an "outlandish" welcome when they sail back to port.



Photo by Karl Riker

Kennedy Theatre play focuses on revolt in Hawaii

The University of Hawaii at Manoa's Department of Theatre and Dance presents an "American Child, 1895: Hawai'i at the Turning Point," at Kennedy Lab Theatre. Performances are April 4, 5, and 6 at 8 p.m. and April 7 at 2 p.m.

The play is directed by Stuart Smith. Music is by Nina Saraos; hula by choreographer Dana Olores, and script by Kipp Cheng. Western and Hawaiian music and performance styles are combined in this experimental theatre piece.

"American Child" tells the story of the 1895 rebellion in Hawaii. On Jan. 5, 1895, a group of royalists, led by the half-Hawaiian revolutionary Robert Wilcox, initiated a

revolt against the provisional government, led by Stanford B. Dole.

This brief revolt culminated in the arrest and indictment of Wilcox and nearly two hundred men, and the house arrest of Queen Lili'uokalani.

Raplee K. Nobori and Rene Borges star as Robert Wilcox and Lili'uokalani; Kevin Doyle as Sanford Dole.

Tickets will go on sale April 1. Prices are \$4 for adults, \$3 for students, UHM faculty and staff, seniors, and military. Tickets can be purchased in person or charged by phone at the Kennedy Theatre Box Office from 10 a.m. to 5 p.m. Monday through Friday, and 10 a.m. to 2 p.m. Saturday.

Peace forums scheduled

A series of peace forums and lectures are scheduled this week. March 20, Institute for Peace is sponsoring "Israel's Perspectives and Options in the Gulf War," at 7:30 p.m. in UHM Kuhendall Auditorium.

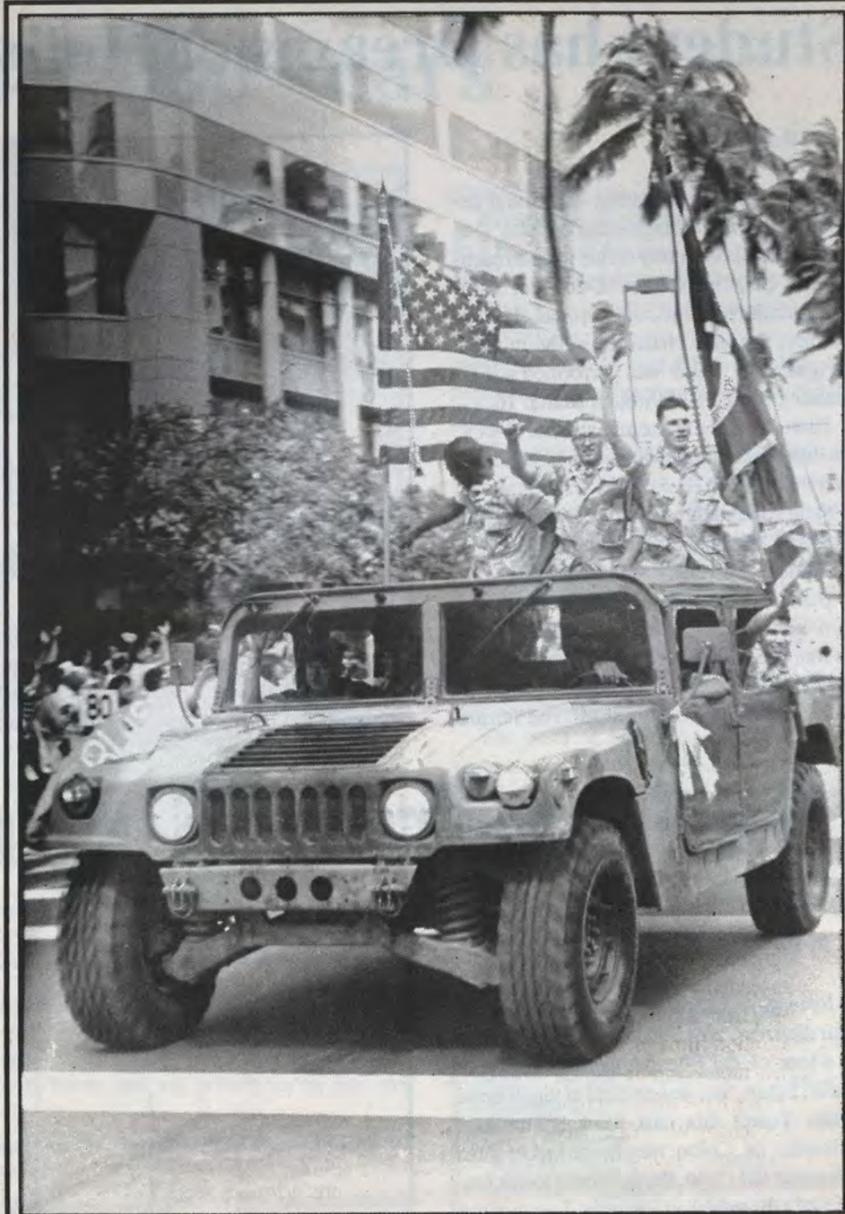
March 21, there will be a discussion of "Grassroots Participatory Development in Uttar Pradesh India: Observations on Culture, Values and Law" at noon in Burns Hall, 3012, East-West Center.

March 21, the Institute is again sponsoring "The Search for Ethnic Peace in Hawaii," concluding the ethnic peace forum with moderator Luciano Minerbi, Urban and Regional Planning, and six moderators from

previous forums. The forum begins at 7 p.m. in Kuhendall Auditorium.

March 23, speakers will discuss "The Holy Land in Turmoil: Palestinians, Israelis and Human Rights" from 9:30 to 3:30 p.m. at the First United Methodist Church at 1020 S. Beretania St. Speakers will cover biblical and historical aspects and examine the intifada and human rights issues.

The video "West Bank: Holy Land, Bloody Ground" will be shown. Cost is \$5, students \$3, plus optional lunch for \$5. It is sponsored by the Hawaii United Methodist Union, Physicians for Human Rights and Americans for Impartiality in the Middle East.



A BIG "WELCOME HOME"

Photo by Dave Cerda

Leading the pack of the first arrivals from Desert Storm is a humvee with soldiers parading down Kalakaua in high spirits.



BE PROUD TO BE AN AMERICAN

Since the days of early Hawaii, Hawaii's citizen soldiers have answered the call of duty with honor and dignity. In national crisis and in natural disasters, Hawaii has responded in the tradition of warriors.

Today is no different. The Hawaii Army National Guard still needs the kind of citizens who know that peace and freedom aren't free. That's why we are looking for those who are willing to stand up and be counted when they are needed- those patriotic men and women willing to continue the warrior tradition.

If you are one of them, we've got a job, a paycheck, and some attractive benefits waiting for you. Choose to be a part of the

HAWAII ARMY NATIONAL GUARD



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Trask on sovereignty

Continued from page 1

A major sticking point of sovereignty is that Hawaiians want land, all of which is rightfully theirs, such as the 1.4 million acres of ceded lands and the 200,000 acres of Hawaiian Home Lands, Trask said. The state only wants to give Hawaiians 20 percent of the ceded lands because Hawaiians only make up 20 percent of the population.

However, the real reason the state only wants to give them 20 percent is because of what is on some of those ceded lands. Sea Life Park, UHManoa, and the Lualualei Naval magazine are all sitting on ceded lands.

The Sovereignty Movement wants half of the ceded lands and full control of the Hawaiian Home Lands, of which 130,000 acres are being used and profited by non-Hawaiians, Trask said. Rightfully, all those lands belong to the Hawaiian people, so rightfully, they should either get the land back or be paid for it.

The Trask sisters, Haunani-Kay and Mililani, founded the organization, "Civil Rights for Hawaiians", which is trying to stop the illegal use of Hawaiian Home Lands. Currently, there are more than 20,000 Native Hawaiians on the waiting list, with many people having waited for decades.

The Sovereignty Movement wants land with definable territorial boundaries, the return of trust lands, reparations, and an

acknowledgement of the wrongs committed by Americans.

The Trask Sovereignty Organization, Ka Lahui Hawai'i, is offering Hawaiian citizenship to anyone, Hawaiian and non-Hawaiian, alike. Currently, there are 7,000 members, 1500 of which are non-Hawaiians.

Trask asked for support against the bill introduced by Senator Dan Inouye, which would make OHA, the official recognized body of Hawaiian self-government. Her organization opposes this move because OHA is a state agency and because they have totally mismanaged their funds, something both Trask sisters testified to at a public hearing. Instead of pulling out their books to prove the sisters wrong, OHA told the sisters to shut up or else they would be sued. On top of all that, OHA only receives 20 percent of the revenues from the ceded lands and was established by non-Hawaiians.

She also asked for support against two bills introduced by Governor Waihee which would create a ceded lands claims commission. A rally is being held on March 20, at the Capitol Rotunda from 1 to 6 p.m., to protest the bills.

Trask was asked why Hawaiians do not take up an armed struggle to get what they want, to which she replied: "Because you can't win. Just look at what happened to Saddam and his million-man army when they took on the United States."

Mystery Crash: Band on the rise

By Cheri-ann Shiroma

In the smoky darkness of Pink's Garage, three musicians took the stage. "We're Mystery Crash," said a low voice, leading into a set of heavy-driving, gothic tunes, reminiscent of Social Distortion and the Jesus and Mary Chain.

Mystery Crash was formed three years ago with original members guitarist and vocalist Chris Owens, drummer Mike Roberts, and bassist Ed Moya, who is now the group's sound man and technician. KCC student Kirk Covington joined the band in May 1990 to replace Moya.

"Our music is a wide range of genres which makes it hard to classify," said



Kirk Covington, Mystery Crash bassist

Covington. "Some is danceable, some slammable, and some songs to make you think."

Owens' dark voice mixed with his dynamic guitar playing is the perfect complement to Roberts' extraordinary drumming, and Covington's hard-hitting bass playing completes a totally unique sound beyond conventional rock and roll.

Mystery Crash plays one cover, a gothic version of the B-52's Planet Claire. Other than that, all material is original, including titles such as Mad Happy World, Inside You, and Die In Style. Owens does most of the writing for the group. Influences include Elvis, Jimmy Page, and Alice Cooper.

When asked what he would say to others

trying to make it in the music field, Owens said, "Tell them not to grow their hair too long!"

Looking towards the future, a demo should be out as soon as the tape cover is designed. The band has their sights on the mainland, although "Hawaii is a good place because there is no competition; there's no other band in alternative or progressive rock," said Owens.

Mystery Crash has been playing at Pink's Garage every second Wednesday of the month, and hopefully April will bring forth a few larger shows, possibly one with a mainland band. Keep your eyes and ears open. Mystery Crash should not be missed. This is a group definitely on the way up.

The many faces of: The Academy of Arts

Looking for something unique to see over Spring break? Look no further than the Honlulu Academy of Arts film theatre.

Running from April 21st to April 27th are the exploitation films of Samuel Z. Arkoff. The films, more commonly known as B-grade movies, have such memorable titles as "I Was A Teenage Werewolf," "The Cool and The Crazy," and "Invasion of the Saucer Men."

Many films also provided a start for young talent including Jack Nicholson, Robert DeNiro and Woody Allen. Films will be shown in a double feature, just like the drive-ins where they were first shown. The Academy Theatre regular admission is a time-warping \$3 for both films. Films start at 7:30 pm. The Academy also offers lectures and concerts. For more information call 538-1006.

Events for March 19- April 1

Wednesday, March 20-
Lecture Series: Korean Painting 10 a.m.

Concert: Sound in Light: France 8 p.m.

Thursday, March 21-
Film: Final Take 1 and 7:30 p.m.

Friday, March 22-
Film: Final Take 7:30 p.m.

Saturday, March 23-
Lecture: Virginia West 4 p.m.
Film: Final Take 7:30 p.m.

Sunday, March 24-
Film: Final Take 4 p.m.

Monday, March 25-
Film: H2 Worker 7:30 p.m.

Tuesday, March 26-
Lecture: Aha Hana Lima Artists 7 p.m.

Wednesday, March 27-
Lecture Series: Japanese Art from the Jomon to the Kojun Period 10 a.m.
Film: H2 Worker 7:30 p.m.

Thursday, March 28-
Film: Apparatus Program 7:30 p.m.

Friday, March 29-
Film: Apparatus Program 7:30 p.m.

Saturday, March 30-
Film: Apparatus Program 7:30 p.m.

Monday, April 1-
Concert: Sound in Light:
April Fool 8 p.m.

Neighborhood board

The Neighborhood Commission will mail Neighborhood Board ballots and voting information to all eligible voters on Oahu by March 22, 1991. All returned ballots must be postmarked 1993.

Community residents of Oahu are encouraged to participate in the Neighborhood Board system by attending monthly meetings, getting involved in board activities, and voting in the March/April 1991 elections.

AIDS Awareness

By Gail Jeanne McCracken

Ten years ago there were no reported cases of AIDS in the islands. As of 1989 AIDS is now the third leading cause of death in men ranging in ages from 24 - 44. These statistics on AIDS were shared by Jesse Wells and Lisa Spencer of the State Health Department, who gave a talk on campus March 11. Wells estimates there are now between 3,000 and 6,000 carriers of the HIV virus in Hawaii. Those most at risk of are between the ages of 18 and 24.

In Hawaii approximately 3 percent of the tests for HIV given daily come back as positive. Of those tests, 96 percent belong to men.

Spencer discussed high and no risk behaviors. High risk behaviors are sex without a condom, anal sex, sharing needles, multiple sex partners, careless behavior and drinking and using drugs before sex (which can impair one's judgment).

Low risk behaviors are kissing, sharing, touching, fantasy, masturbation and monogamous relationships. Of course, the most safe behavior is abstinence.

To reduce the risks of infection, Wells suggested education, the use of condoms and for those IV drug users who cannot obtain clean needles, cleaning used needles with a solution of 1 part bleach and 10 parts water.

Students with confidential questions are invited and encouraged to call the AIDS hotline at 922-1313.

St. Francis Hospital

Special Department Aide Physical Therapy Department

Part-time position available between the hours of 8 a.m. - 4:30 p.m. M-F and rotating Saturdays. Prefer physical therapy assisting student. On-the-job training available

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Tuesday, March 19

Rhythms, East and West, Opening Ceremony, noon, Ilima Courtyard
International Festival Exhibit at the Koa Gallery starts today and runs to 3/29

Wednesday March 20

"Health Policy and A National Health Strategy" Prof. Dukakis at Mable Smythe Auditorium
Israel's Perspectives or Options in the Gulf, 7:30 - 9 p.m., Kuykendall Auditorium

Thursday, March 21

Grassroots Participatory Development in Uttar Pradesh, India, noon - 1:15 p.m.
East West Center, Burns Hall 3012
A Search for Ethnic Peace In Hawaii 7 - 9 p.m., Kuykendall Auditorium

Friday, March 22

Single Parents & Homemakers Support Group noon - 1:30 p.m.; Ilima 105A

Saturday, March 23

Sunday, March 24

Afternoon Tea at Waioli Tear Room* 1 - 4 p.m.
A Means of Entrance Art exhibit reception at UH Manoa Commons Gallery 4 - 6 p.m.

Monday, March 25

SPRING BREAK BEGINS!

Tuesday, March 26

Prince Kuhio Day

* Information can be obtained by calling KCC's Office of Community Services: 734-9211

Infoline

LOKAHI PROJECT

Mr. Henry "Papa" Auwae, will share his years of experience as a traditional Hawaiian healer. "Papa" Auwae has the distinction of having been invited to the Smithsonian Institute to share his knowledge of la'au lapa'au. April 1, noon - 1:15 p.m., Ilima 202A.

Mr. Enoka Kaina from the Lomilomi Ola Institute of Hawaiian Therapy is a practitioner of the traditional Hawaiian "lomilomi" or massage. He is the founder of the Institute. April 8, noon - 1:15 p.m., Ilima 202A.

AN EYE ON MINORITIES AT CBS

A dinner featuring former islander Linda Taira, CBS News correspondent at Capitol Hill, Washington, D.C., where she will discuss how minority affairs are covered by the networks. Co-sponsored by Asian American Journalists Association, Hawaii chapter and the University of Hawaii Journalism Department with support from the UH Alumni Association. March 30, 6 p.m. at Hale Koa Hotel Laulima Room. \$18/students, \$20/AAJA members, \$23/general admission. Deadline: March 22. Send check to AAJA, P.O. Box 22592, Honolulu, 96823-2592.

CHEF TO DEMONSTRATE

A leading Australian food authority, Elise Pascoe will demonstrate ways to prepare Australian range lamb delicacies April 5 at 1:30 in Ohia 118.

SINGLE PARENTS AND HOMEMAKERS

The Support Group meeting will be March 22, noon - 1:30 p.m. at Ilima 105A. The Monthly Ohana meeting will be April 1, noon - 1:30 p.m. at Ilima 105BC.

WRITING ASSIGNMENTS DRIVING YOU WACKY?

Don't know where to begin? Join the WACKy folks (Writing Across the Curriculum) as they hold their writing workshops on Mondays, noon - 1:15 p.m. in Ohia 112. Here's the schedule: April 1: Topic Analysis with Jimmy Shimabukuro from Language Arts; April 8: Library Research with Mary Marko from the Library; April 22: Using the Nursing Process for Writing with Lindy Miguel from Nursing; April 29: Resume Writing with Dennis Kawaharada from Language Arts and Mona Lee from Student Services.

PROFESSOR DUKAKIS SPEAKS!

The Board of Regents and the President of UH Manoa present six public forums featuring Michael Dukakis, visiting professor, as he speaks on "Health Policy and A National Health Strategy." These sessions will be held on Wednesdays from 5 - 6:30 p.m. from March 13 through April 17 at various locations in the Honolulu area. For more information contact: Dr. Jerrold M. Michael, Dean of the School of Public Health at 956-8491.

STRAUB FOUNDATION INTERNSHIPS

Applications are now being accepted for Straub's 1991 Summer Research Internship Program. Experience in clinical research is offered to students pursuing careers in medicine, computer science, economics, social science or research fields. Program starts June 1 and a commitment of 220 hours toward the internship is required. Deadline: March 30. Information: 524-6755.

BAROQUE BREAKFAST

The 6th annual spring breakfast and country store will be held at the KCC Ohia Cafeteria. Poached eggs Florentine, fruit compote, sausage apple crepes, Rosemary potatoes, scrambled eggs, assorted muffins and beverages will be served. Sponsored by Kapiolani Community College Staff Development Committee. Sunday, April 7, 7 a.m. to noon. \$5 admission payable at door.

HOME STAY/HOST FAMILIES WANTED

KCC has developed an International Student/Faculty Exchange Program with Ngee Ann Polytechnic of Singapore as an integral part of its Asian-Pacific Emphasis program. Two students, Miss Sylvia Lim Seu Hua and Miss Michelle Tay Hui Cheng and a faculty member, Mr. Chia Peng Park will attend classes, do internships and guest lectures in our business classes at KCC from May 6 to June 15. They would like to arrange home stay/host family accommodations and are willing to pay room and board. If interested call Leon Richards at 734-9515.

VOLUNTEERS IN PUBLIC SERVICE (VIPS)

Direct service oriented positions include tutors, companions, and case aids for teenagers and adults under supervision of the courts. Indirect service positions are clerical aids, information guides, newsletter staff, court orientation guides and Judicial History Center aids. VIPS are reimbursed for transportation expenses and parking is provided. A basic orientation program will be held March 16 from 9 - 11:30 a.m. Direct service volunteers need to attend an additional session on Saturday, April 6, 8:30 a.m. - 12:30 p.m. Apply now for the best selection of positions. For information and registration call 548-2010.

MOLOKAI GENERAL HOSPITAL SCHOLARSHIP

Molokai residents seeking health care or human services careers are eligible for up to \$2,000. Must be in a degree program and have a GPA of 3.0. Applications at the Financial Aid Office. Deadline: April 1.

STUDENT ACTIVITIES

Sign up by March 29 for the Bowling Tournament sponsored by Student Activities to be held April 20, 2:30 p.m. at Kalihi Bowl. \$6.75 due at time of sign-up. Information: 734-9576

HAWAII HOME ECONOMICS ASSOCIATION SCHOLARSHIP

A \$500 scholarship for study in Home Economics, Human Resources or a related field is offered. Related fields include Child and Family Development, Family Economics/Resource Management, Food Science and Human Nutrition, and Housing, Energy and the Environment. Applications are available at the Financial Aid Office. Deadline for 1991-92 is April 15.

SUMMER CHINESE LANGUAGE STUDY IN BEIJING

A six week summer session is being offered by the Central Institute of Nationalities in Beijing, China. Classes are from June 17 to July 26, 1991. Mandarin will be taught in addition to basic courses, cultural activities, movies, theatre, and tours to numerous historical and scenic sites around Beijing. Estimated cost: \$2,350. This program is organized by KCC's Language Arts & Literature Dept. A two week tour from July 27 - August 9 is also offered at \$900. KCC's Mandarin instructor, Shu-fen Fujitani will lead the tour. Deadline: March 20. Information: 734-9377.

JOB PLACEMENT NOTICES

For information on these jobs and many more, contact the Job Placement Office at Ilima 103 or call 734-9514 for appointment.

Host/Hostess: Fast food chain seeks people with energetic personalities who enjoy children to host birthday parties and help customers. P/T, Sat. & Sun., 9-5 flex time. \$6 per hour. Aina Haina area. Job #907

Clerk typist: State seeks general office worker to type, file, and answer phones. Must type 40 wpm. F/T, M-F, 7:45 a.m. - 4:30 p.m. \$7.99 per hour. Ala Moana area. Job #917

Secretary/Receptionist: Company seeks an outgoing, friendly and helpful individual to do lite typing, word-processing and receptionist duties. P/T, M-F, 8 a.m. - 4 p.m. \$6.59 per hour. Piikoi area. Job #922

Cook: A restaurant is looking for a cook to assist chef in preparing Japanese lunch and dinners. Must be interested and enjoy eating Japanese food. Experience preferred. F/T & P/T available. \$7-\$8 per hour. Job #932

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other locations
Call 922-1314
STD/AIDS HOTLINE