



Awkward student
shines as Miss Asia
International
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Koa Gallery, Lama
debut exhibits for
Spring
page 6



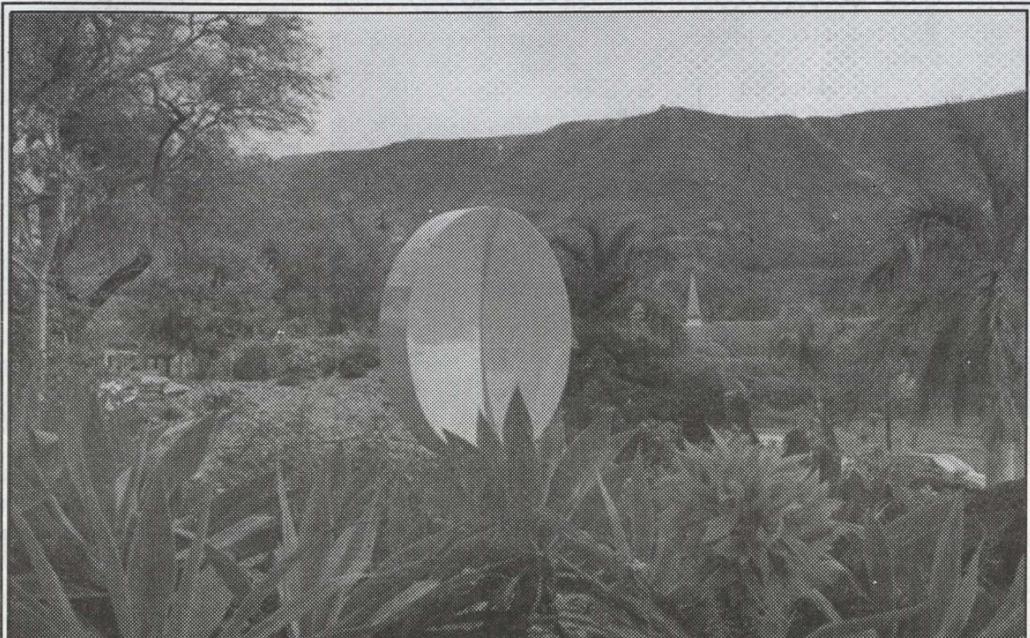
Excellence
in Teaching
nominees
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KAPI'O

<http://naio.kcc.hawaii.edu/bosp/kapio>

Kapi'olani Community College

Vol. 32, Issue 11 January 11, 1999



photograph by Moriso Teraoka

A gift from the Contemporary Museum, this new sculpture entitled "Sol #5" by artist Mamoru Sato, was erected in the cactus garden over the Christmas break.

Student lounge abused

Shawn Ford
Student Activities

Last October, the students of KCC were given something that they had been asking for since as far back as the '70s when KCC was located on Pensacola Street: a student lounge.

The new Student Lounge is located in 'Ohi'a 103, sandwiched between the Office of Student Activities and Student Congress. Its hours of operation coincide with Student Activities' office hours. The lounge is equipped with a makeshift ping-pong table, a TV and VCR, a dart board, books and magazines, couches, tables, and chairs.

Prior to its conversion, the lounge

was used as a meeting room for Student Congress and Administration. However, last summer, students from BOSA and Student Congress, seeing the need and in answer to repeated student requests, decided to convert the meeting room into a lounge. After further discussions, planning, cleaning, and decorating, the lounge finally opened.

The new lounge saw its first use on Nov. 4, 1998, when students and faculty greeted the new Student Activities advisor, George Higa, at his welcoming luncheon.

After that, the lounge was turned over to the students of K.C.C. and has been used by them only.

This brings us to the heart of this article: the new lounge is not only

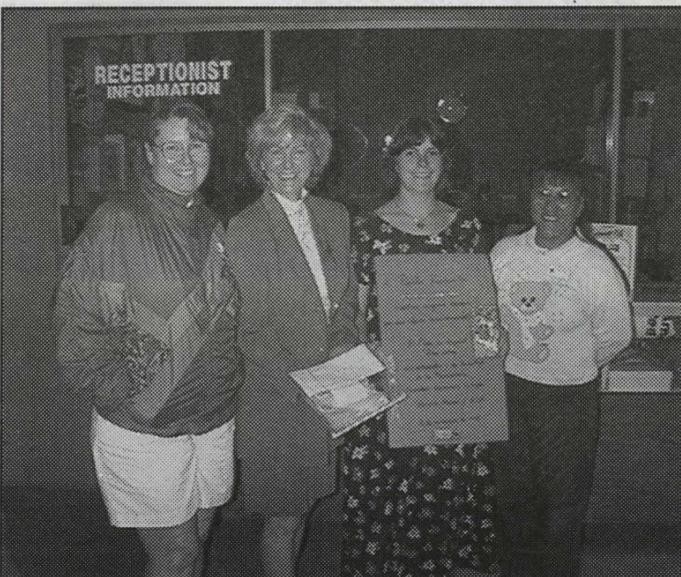
being used by the students of KCC., but it is also being abused by the students of KCC. Donated videos quickly disappeared, garbage and food waste has been constantly left sitting out on tables and chairs, books and magazines are not put back onto the bookshelves, the tv has been left on many times with nobody in the room, the dart board has been broken, and ping pong balls have been smashed.

What all of this is leading to is the eventual loss of our new student lounge.

Student Activities does not have the budget to pay for a lounge monitor. Student Congress and Student Activities has hoped that the students would monitor themselves. However, this is obviously not the case.

If students who use the lounge do not start being responsible for themselves, there will be no other choice than making better, more controlled use of the room. This would truly be a shame. After all, college is supposed to be a place where people acquire life-long skills that will help make them more responsible members of their community, not a place where people practice habits left over from childhood.

Help keep our campus
beautiful
(and have fun doing it!)
Don't miss
Spring '99
Cactus 'n' Coffee
January 23
7 a.m. to 11 a.m.
in the Cactus Garden
Coffee and pastries
will be provided.



photograph by Donovan Slack

Advisor Linde Keil and members of KCC's Alma Latina Spanish Club raised almost \$300 to help victims of Hurricane Mitch in Honduras. They presented the money with a card to Hawaii's Red Cross chapter who will forward it to Latin America.

Internet cafe considered

Faced with budget cuts, the ISO weighs new options to improve technology

Michael Hewitt
Staff Writer

The way you use computers on campus is about to change. Faced with budget cuts and lagging technology, the Instructional Services Office (ISO), and Provost Morton are seriously considering a proposal to establish an Internet Cafe on campus.

The Board of Student Activities Office (BOSA) in cooperation with the Student Congress suggested the internet cafe to the administration. BOSA Chairman Roy Onomura said, "The idea was floating around campus for a few years, with several faculty members behind it. The provost checked it out on the internet and found that other colleges on the mainland have had success with the concept. He seemed very excited about it."

The proposal would outsource about 120 computers, possibly with UH Auxiliary Enterprises as a self supporting, for profit venture. The cafe could help to bring brand new computers with updated software to our school at a time when our budget is being cut.

Mike Tagawa, Dean of Health Services, Education, and Academic Support, said the cafe will create a social climate for learning, and give students the options of cruising the net, going to chatrooms, or doing homework. In addition, it is a way for the administration to meet the problems of a shrinking budget and limited staff while improving services.

KCC has roughly 7,000 credit and

20,000 non-credit students using about 500 computers in over 20 labs. Faculty and staff use around 350 more computers. Six specialized technicians and an engineer maintain them at a cost of \$330,000 a year.

Converting the Iliahi and library labs to private operations will reduce the cost of upgrading campus computers by almost \$200,000. These savings could be used to upgrade higher priority classroom labs rather than open labs.

The capuccino bar, under the proposal, could be run by the KCC food service, with any profits going to the Provost's vending machine account. This account is used for a variety of purposes including funding for our student congress.

The ISO is suggesting leasing 66 new computers next year at around \$500 per year each. In this manner, two labs could be upgraded for around \$33,000 a year over a three year period. In addition to spreading out the cost, the leasing option includes maintenance and support - something for which the college is short on funding.

Tagawa points out that it costs about four times as much to maintain our computers as it does to buy them. Due to the need for technical support, the college also plans to use student interns to solve minor problems, with more serious technical or urgent repairs being outsourced to private companies.

This will improve focus on the remaining 10 or so labs devoted to specific major fields of study.

story continued on page 2

Student Activities

Tuesday, January 12
Koa Gallery Art Opening
"Faculty Art Show"
5:30 - 7 p.m.

Friday, January 15
"Aloha Friday"
11:30 a.m. - 12:30 p.m.
Ohia Cafeteria

"Club Workshop"
1:30 - 2:30 p.m.
Ohia 102

Tuesday, January 19
"Book Swap"
9 a.m. - 1 p.m.
Ohia Cafeteria

Wednesday, January 20
"Book Swap"
9 a.m. - 1 p.m.
Ohia Cafeteria

Wednesday, January 20
"Solo Act"
12 - 1 p.m.
Ohia Cafeteria

Friday, January 22
"Club Workshop"
1:30 - 2:30 p.m.
Ohia 102

Saturday, January 23
"Cactus-n-Coffee"
Cactus Garden Clean-up
7 - 11 a.m.

Monday, January 25
"Way Cool Jr."
12 - 1 p.m.
Central Mall

Tuesday, January 26
"Alani Movie Day"
10 - 11 a.m.
Ohia 118

From the editor's desk

This is my final editorial with you my friends. I do have one last admonition for you scholars as you continue on here with your education. Beware the media. Mind what you listen to, question everything, and remember that everyone (including your humble author) has an agenda.

Over the Christmas break we once again attacked Iraq because we believed they were assembling biological weapons. Because we *believed* they were assembling weapons!

I will not even dwell on the fact that it seemed to be merely a political diversion from the impeachment hearings. The pandering in the White House is something we have all just become accustomed to. What I want to understand is how we feel vindicated, attacking a country because they are trying to assemble weapons.

If they are assembling weapons, in what rational mind is it OK for us to build weapons but not the Iraqis? I don't care that they are biological, the United States owns more weapons of mass destruction than any other country on the planet. Who decides that we can have the firepower but not those Iraqi characters? I'm sorry but that goes against every civil right that the UN was instilled to protect. India, Pakistan, and North Korea are all happily plugging away with nuclear arms, yet all we've done to them is politely ask them to stop testing. North Korea is a sworn enemy of many of our allies, including

Japan, yet we feel no need to bomb P'yongyang. They have actually fired a shot across the bow of Japan, yet we shuffle our feet with our hands in our pockets. The double standard is ridiculous.

The main problem, according to a US military spokesman, is that the people of Iraq are supportive of Sadaam. If he were to be ousted by the US, another man with his same philosophy will be instilled in his place. Here in America we call that a high job approval rating, which is the number one argument for why Clinton should not be impeached. How can we maintain this holier-than-thou philosophy that he's wrong for Iraq when his own people are happy with the job he's doing?

We, through our Constitution, allow 23-chromosome-having, Budweiser-swilling, wife-beating rednecks to own as many weapons as they want. You know what, I believe we should. They have just as much right to defend themselves and their family as I do. That is a primal need that we all have, to protect our own.

I believe it is important to protect the smaller countries of the world, to prevent Hitler from happening again, but we can't shoot a guy just cause we see a bulge under his coat. But, if he decides to attack another country unprovoked, then I'll fully support nuking his ass.

Chad Pata, editor

Student Activities

This semester, Student Activities has planned a number of events during the first several weeks designed to jump start student clubs and get Spring '99 started with a bang!

Club Workshops

The first club activities will be two club workshops held on Fridays, January 15 and 22, between 1:30 and 2:45 p.m. in 'Ohi'a 102. These workshops are intended to help clubs get started for the new semester and inform new club officers and other interested students of B.O.S.A. policies and procedures.

Even if you attended last semester's workshops, all clubs are encouraged to attend these workshops as well. Since last semester, new policies have been implemented, revised forms have been produced, and every club is required to submit their required paperwork for Spring '99 before Tuesday, February 9 at 4:45 p.m. These workshops will be a good chance for clubs to learn the new procedures and get caught up with B.O.S.A.

Advance registration for the workshops is not necessary, so just show up at the workshop of your choice.

Leadership Retreat

This semester, Student Activities is pleased to announce its first "Leadership Retreat and Sleep-over" in the Central Mall on Saturday, January 30, and Sunday, January 31!

All club members and other interested students are encouraged to attend. Registration is free and required before noon on Friday, January 29, at the Student Activities office in 'Ohi'a 101.

The weekend retreat will begin with lunch at noon on Saturday and end with lunch on Sunday. In-between, the time will be spent attending workshops, playing games, cooking dinner and breakfast together, and enjoying some free time.

The highlight of the weekend will be a lunar eclipse at 3:00 a.m. Sunday morning. Wow!

Registered students are asked to bring a tent, if they have one, to pitch on the Central Mall. For those students who do not care to sleep under the stars, or in the event of rain, the Student Lounge will be available.

We hope to make the Leadership Retreat a regular semester event, so please sign up and attend for a week-end of learning, friendship, and, most of all, fun!

Club Day Spring '99

This semester's Club Day will be held on Monday, February 1, between 9:00 a.m. and 1:00 p.m. in the 'Ohi'a Cafeteria. All clubs are encouraged to participate.

Clubs may sign up for a table on a first-come basis in the Student Activities office.

Participation in Club Day is a great way for clubs to bond their current members, recruit new members, and show others what their club is all about. So, sign up for Club Day and start designing your table!

-Shawn Ford
Student Activities

Internet Cafe

The advantage of leasing is that the computers would be covered by an outside contract for maintenance costs for three years. At the end of the three years, the school pays one dollar and the computers are ours.

Contracting UH auxiliary services for the new computers as part of an internet cafe would free up money from the budget to begin getting new computers for our campus classroom labs. The replacement costs for open lab computers would not be born by the college. It would be a way to upgrade technology on campus without having to pay for it.

On the down side, it could mean no more free, open computer labs on campus. The college would like to develop a plan where all students might be provided with some free access. Students who receive financial aid because of a low income might be eligible for additional hours. Those using the computers will need to take care to make sure they prioritize about what is the best use of those hours.

Shawn Ford, of the BOSA staff is in agreement with Onomura and others active in Student Congress and BOSA that the students who need only word processing should have a free place available to work on papers. "Not providing free access for word processing is just going too far. Some of the outdated computers should be utilized to create a free word processing lab on campus,"

continued from page 1

Ford said. Onomura pointed out that space from the student lounge and other places can also be utilized.

The idea for an internet cafe on campus is still in the early stages of consideration. Tagawa said "the choices include reducing services and programs. These alternatives are just not acceptable."

Other options include raising tuition or charging a new technology fee. "The reality is that keeping computers up to date and providing support for them has a very high price tag," Tagawa said.

The ISO is inviting concerned students, faculty and staff to give feedback regarding these proposed changes, the ideas of higher tuition or technology fees, or any other suggestions to help upgrade our computers on a dwindling budget.

Letter to the editor

Dear Kapio,

Hello!! My name is Roy W. Morita and I work in the campus mailroom at the UH Manoa. I would like to make a comment on an article I read in one of your issues last month.

The article was about the opening of the new student lounge. In the article your student congress was happy for the donated furnishings so they wouldn't have to spend the student fees for them. That's so fiscally responsible of them. Duh!

OK, before I ramble further here's a little background information. Back when you guys were little babies and brats I went to KCC for awhile, back when the main campus was at Pensacola. I was at KCC during '78 to the early '80s (almost a professional student).

After a few semesters there I got bored and so I joined the KCC student government as a student senator. We didn't do to much that year except for two things I remember.

One was to give the Kapio a set amount of student fees (so their budget wouldn't vary that much).

The second I remember because I suggested it- we were a little tight on some of the budget items and we had some money left over. So I asked our faculty liaison- Don Fujimoto, I think, if we ever get a student lounge (like at LCC) at the new Diamond Head campus, who would be furnishing it. He said probably the students. So I suggested to the rest of the Senate that we create a separate fund to be used only for the furnishing of the future student lounge.

And so we did. We stashed away

\$2000 in that account.

I also was in student government the next year and we put in another \$2000.

So my question is- What happened to that money? There should be \$4000 floating around somewhere (lost to the present student congress).

This doesn't discount the possibility that other student governments after us added to this amount.

Also, it is possible that the succeeding student government needed cash and dissolved that account, but I doubt.

So I think you should try to check this out. I was in student government around '79 to '83. The Provost at the time was Joyce Tsunoda.

Sincerely yours, Roy W. Morita

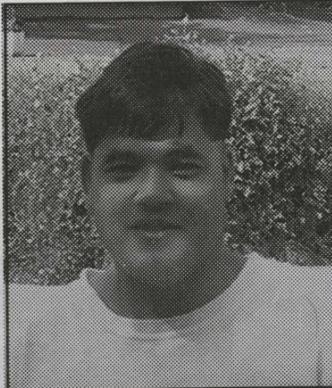
SPEAK OUT

What were your New Year's Resolutions?



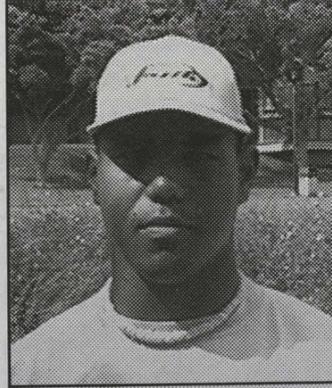
Anne McCauley
Liberal Arts

Go to class, get a tattoo, stay off suspension



Frankie Repalea
Liberal Arts

Keep secrets and study harder this semester



Kamehalani Ortiz
Aerospace Science

Work harder and win more surf contests.



Summer Reveira
Liberal Arts

Get a second job, do great at school, eat more fish, and be less grouchy

KAPI'O

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Kapi'o encourages all students, faculty and staff to submit letters, stories and photographs for publication. However, Kapi'o reserves the right to edit any submission for length and content. Publication is not guaranteed. Entries submitted on disk with accompanying hard copy preferred.

DEADLINE: Wednesday, 3 p.m.

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KAPI'O

Kapi'olani Community College

KCC's Chang, Fujieda graduate from Greenbrier

Donovan Slack
Editor

KCC culinary graduates Keoni Chang and Garret Fujieda graduated from the esteemed 3-year apprenticeship program at five-star, five-diamond Greenbrier Hotel in West Virginia.

The Greenbrier graduation ceremonies last for three days and include many events and food shows which are also practical exams for the graduates. Chef Instructor Frank Leake surprised his former students, Chang and Fujieda, by flying to Virginia for the festivities. Leake was familiar with the rigours of study at Greenbrier. He had almost attended the program himself much earlier in his career, but opted to teach instead.

"I knew how tough it was, but I don't think I REALLY knew until I walked into that kitchen and watched them work," said Leake. "I could see the intensity of the training and how much they had really grown."

Apprentices put in many long, grueling hours and have to meet very high expectations, said Leake. The



Keoni Chang, left, and Garret Fujieda, front middle, smile proudly after the Greenbrier graduation ceremony's finale dinner. photograph courtesy of KCC Chef Instructor Frank Leake

Greenbrier is famous for its impeccable service and cuisine.

"Every movement has to be near perfection," said Leake. "There isn't a lot of room for mistakes."

Chang and Fujieda attended the Culinary Institute of America (CIA) in Hyde Park, New York, after graduating from KCC and before being accepted into Greenbrier. Leake attended CIA in 1975 and calls it the "Harvard of culinary institutes."

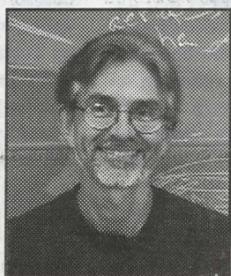
"Students learn much more than cooking these days," he said. A chef must be proficient in all areas of business as well, including marketing, promotion, management and accounting among others, said Leake.

Chang and Fujieda are already planning their careers. Fujieda will be working with Chef Alfred Portale at the Gotham Bar and Grill. It is one of the top restaurants in New York and Chef Portale is reknown in the field. Chang has already committed to work with Greenbrier Executive Chef Robert Wong at the Snowshoe Ski Resort in West Virginia. Wong will be leaving Greenbrier to open his own chain of ski and fly-fishing lodges.

'97-'98 Excellence in Teaching Nominees



Pierre Asselin
History



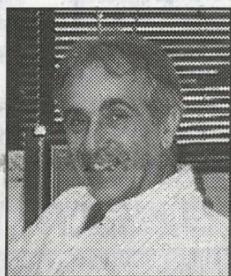
John Berestecky
Microbiology



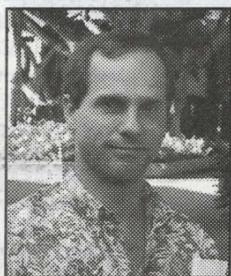
Carol Beresiwsky
Foreign Language



Irmagard Davis
Sales & Marketing



Ibrahim Dik
Economics



Kevin Dooley
Accounting



Linda Fujikawa
Language & Culture



Paul Haberstroh
Math



Carl Hefner
Social Science



Ernst Hiltbrand
Food Service



Sandra Lai
Business Administration



Lori Maehara
Counselor- Food Service



Robin-Claire Mann
Sociology



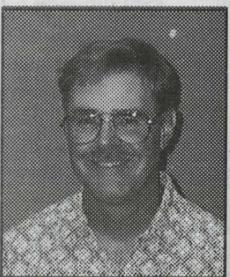
Sarah McCormick
Arts & Sciences



Linda Miguel
Nursing



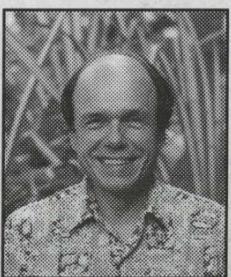
John D. Rand
Science



James Robinson
English



Sharon Rowe
Humanities



Hank Snider
Arts & Sciences



Marcia Somer
Family Resources



Janice Walsh
Counselor- Business



Winifred Au
Language Arts



Susan Dik
Business Administration



Pat Kramm
Food Service



Linda Lambrecht
American Sign Language



PheonixLundstrom
Arts & Sciences



Michael Parke
Humanities



Moshe Rapaport
Arts & Sciences

What are your odds of being

More non-traditional students enrich learning experience

Georganne Nordstrom
Staff Writer

As we draw toward the end of the 21st Century, many of us question what changes will take place in the new millennium. There is no doubt that the last 100 years has brought great change to many aspects of life. Not only have world powers been created and dissolved, but gender, ethnic, and status have been, and continue to be redefined. Equal rights has given opportunity to those who might have been denied during different periods of history, and more and more people are receiving a higher education.

This, combined with the fast-paced life of the 21st century which has demanded that many more women join the work force, has created stiffer competition within the job markets. The divorce rates, once non-existent, have soared, and many full time mothers have been faced with finding a career in what they had thought was their middle years. With the advances of medicine, age expectancy has increased, and many people are able to retire from one career and pursue another. These and many other developments have contributed to the ever growing numbers of "non-traditional" students.

As the boundaries that define the roles within our society become in-

creasingly obscure, people are interacting more with individuals they never would have 20 years ago. A white student in South Carolina learns from a African-American teacher, A middle-aged man working in an automotive repair shop listens to his young female boss explain a new technique, and a 35 year old student offers to cook dinner for her study group, so she doesn't need to leave her children while she prepares for finals.

Leaving the controversy surrounding the effects of age and race intermingling, I conducted a survey of students to determine the effect of non-traditional students on the campus at Kapiolani Community College. The students were asked a variety of questions, including their age, their definition of traditional/non-traditional, and their feelings on the effect non-traditional students have in the classroom.

In the survey, students were given the option to select their age group. Assuming that students over 28 represent the age group of 28-40, it is estimated that the average age of students responding to this survey is 23 years old. Information from Kathy Wehrman, counselor at Kapi'olani Community College, states that the mean age of students attending KCC is 25.6. It appears that the survey respondents are a little younger than the "mean age" of the students attending KCC. However, while the

mean age is 25.6, there is currently no data on the age of the average student; therefore a younger student may be an accurate representative of the majority of students at KCC.

The University of Hawai'i defines a non-traditional student as any one or combination of the following:

- 25 years or older, returning after one or more years of absence
- Separated, married or divorced
- Supporting dependents
- A veteran
- A GED recipient

The response to the survey showed an overwhelming agreement with this definition. While a few students had other ways of defining a traditional student, many agreed that a traditional student was one that attended college right out of high school. Although this time reference is indicative of the age of the students, age was never mentioned. However, one student did reply that only those who are American citizens are traditional students, this made for a very interesting commentary on the perceived effects of non-native speakers in the classroom, and may very well be the subject of another research project.

In defining non-traditional students, the word age was frequently used. Students who were "old" were commonly felt to be non-traditional, but this was often augmented with "lapse in education" (which is the meaning of the bar entitled "educa-

tion" in the following graph). Another characteristic used in determining whether one was non-traditional, was the amount of responsibility a student has. Being married, having a job, and paying bills were all aspects which were considered by the respondents.

Mirroring that the students responding to the survey seemed to be right in the middle, was their response to whether they were traditional or non-traditional students. The results divided the respondents almost in half.

Those responding to the student survey provided a fair representation of the students attending KCC. Although their mean age was a little less than the numbers provided by the counseling office, it is close (23 vs. 25.6). The definition of the terms not only appears to be understood by agreed upon by the majority of the students, and is in accordance with the definition of terms provided by the University of Hawai'i school system. Lastly, by characterizing themselves, the students are neither a majority of traditional or non-traditional, they are almost evenly split. It seems safe to consider the rest of the survey as a valid result of an accurate test.

The remainder of the survey was dedicated to determining the effect that non-traditional students have in the classroom. The first question asked "Do non-traditional students have an effect on learning in the classroom?" It was expected that the answer to this question would be overwhelmingly yes.

I was wrong. The responses were split, almost evenly between yes and no. Using the comments written by students as a guide, I realized that my intended meaning was misinterpreted. I had intended this question to apply to the general atmosphere within the classroom. It appears that the question was taken to mean whether non-traditional students affect the learning ability of individuals. In hindsight, I feel this meaning is even more appropriate to my research.

For those students who answered that non-traditional students do have an effect on learning, it seems that they felt that more conversation was initiated. For those who replied that there was no effect the appeared to interpret the question to mean that they might be prevented from learning by the presence of non-traditional students. This offered a lot of insight to the fact that many students area ready to assume responsibility for their own learning, and not blaming their inability to succeed on outside factors.

When the question pointedly asked if the effect of the non-traditional students was positive or negative, the response was overwhelmingly "positive." Many respondents explained that older students brought life experience with them, opened up discussions, and provided different ideas in the classroom. Those who answered that non-traditional students had a negative effect on learn-

ing were the same respondents who had alternative definitions for the terms traditional and non-traditional. For one student, who defined non-traditional as being a student from another country, specifically one who didn't speak clear English, the response was emphatically negative.

Others who responded in the negative included students who thought that non-traditional students were those who are not serious about their education. One respondent insightfully responded that it would depend on the non-traditional student. While this is probably the most accurate response, it seems that a majority of non-traditional students are felt to have a positive effect on learning in the classroom.

This response was augmented by the next question which asked if non-traditional students enhanced or detracted from learning. Again the response was overwhelmingly "enhance." In general, students seem to appreciate the conversation stimulated within the classroom by uninhibited older students. And, of course, older students liked being engaged by other older students.

The teachers approached on this subject responded unanimously that non-traditional students enriched the learning experience. For the most part, it was fact that discussion was stimulated by the older, experienced student which mostly affected the classroom. A few teachers mentioned that some older students provide good role models, passing on useful study habits.

Overall, using the definition of non-traditional students provided by the University of Hawai'i, the presence of older students is appreciated on campus. Considering that the average age of students enrolled at KCC is 25.6, and taking into account that this is a two-year college, the facts imply that many of KCC's students may be non-traditional.

Many older students are here because they want to be. This, by itself, may offer inspiration to younger students who can't really understand the "why" of it all just yet. From my personal experience, it always seemed that conversation in the classroom generally revolved around the older students, with younger ones emerging vocally toward the end of the semester. Older students are also often forthcoming with ideas on how to conserve time in getting organized, writing papers, and studying, aspects that are learned with age, but elude younger people.

It has often been said that youth is wasted on the young. If this is true, perhaps the changing roles in our society will evolve to a point where there are mostly older people getting a higher education. Who knows? One thing is for certain, what was once considered to be a norm has changed. Although 20 years ago a 35-year old student might be an eyesore on a campus, nowadays it is a common occurrence. While there is much to be learned in the academic arena, we must remember to learn from each other as well.

DANCE

Feel Great on the dance floor!

How would you like to learn to release your body and move freely, without self-conscious fears?

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No experience required.

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Like to know more?

muve is a brand new dance. If you need more details on how it works, call for a brochure - or jump right in for a trial class.

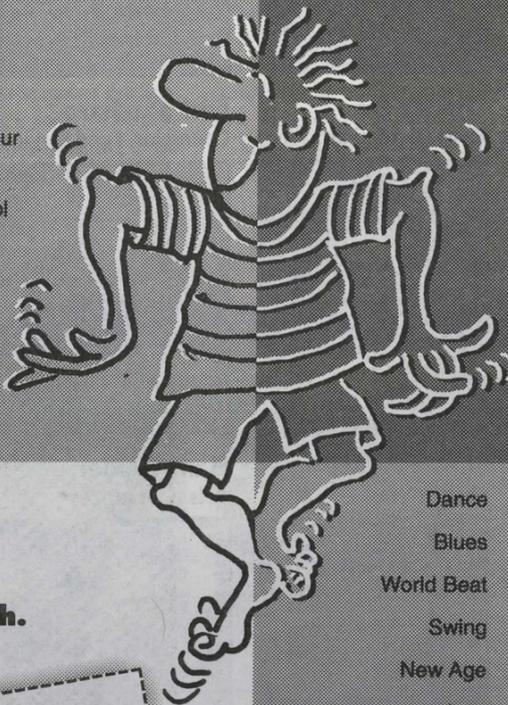
Classes start Saturday, Jan. 30th.

Space is very limited, reservations recommended.

Student rates:

Single class \$10.

Six-pack \$40.



Dance
Blues
World Beat
Swing
New Age
Jazz
Reggae
Latin
Classic

g a successful student?

Second time around the charm for college students

Chad Pata
Editor

A computer sits buzzing amid a lake of crumpled papers, Dr. Pepper bottles, and various colored folders. On the floor sits a pile of books: Chaucer, Oedipus, Amy Tan, and Dante all grouped together for some insane English paper. Salt-and-pepper shakers, term papers, and empty cigarette wrappers cover the oversized coffee table with the excesses of the final's cram session. It's just another typical scene in the Comer's end-of-semester life.

Brad and Heidi Comer are a young married couple that attend KCC. Both in their late 20's, they are back in school for a second try. Their first time through, however, these Dean's List students did not experience the success that they are having now.

"You should have seen my grades at Texas A & M," said Brad smiling, "I think I got one B and a few C's in my 2 years there, and the rest D's and F's. I went just because it was the next step, it's what you were supposed to do after high school."

"Mine was about the same," said Heidi. "I ended up quitting school, so it would stop interfering with my partying!"

The first time through mom and

dad were footing the bill, this time it's all coming from their pockets. Between working 5 days a week, taking 16 hours in school, and trying to manage a brand new marriage, life has to be exhausting.

"It is, but it's also exhilarating, like running a marathon," said Heidi. "It's as exhausting as hell when you are in the middle of it but you know what a feeling of accomplishment you'll have at the end."

"The key is naps," Brad said. "Edison was a firm believer in naps, just take a half hour every day at some point and it really helps you stay focused."

Brad and Heidi's story is a common one. According to the National Center for Education Statistics, 50 percent of all students enrolled in college are over the age of 22 and 25 percent are over 30.

This amounted to more than 6 million students in 1997 that were back trying school for a second time or pulling themselves together and attending for the first time. This is up from 16 percent just 10 years ago.

This does not always make for a positive turn of events. In a recent study done by Frank Abou-Sayf, KCC institutional research coordinator, the most likely students to be in academic straits were men between the ages of 23 to 25. The women, on

the other hand, in this age group are the most likely to be in good academic standing.

"The men coming back have too many responsibilities," theorizes Abou-Sayf. "In the years in-between they take on a wife, rent payments and many times, children. It makes it very difficult to focus on school."

The Comers face the same trials that all students face every day: the temptation to party rather than study, the need to work vs. the need to study, the desire to scrap it all and just watch TV. There are several secrets to their success:

- Attending class regularly is a must. "You learn more by just sitting in class for an hour than you'll ever get from just reading."

- Have a goal and know what you want to get out of school. If you don't know where you're going, you're most certainly going to get there.

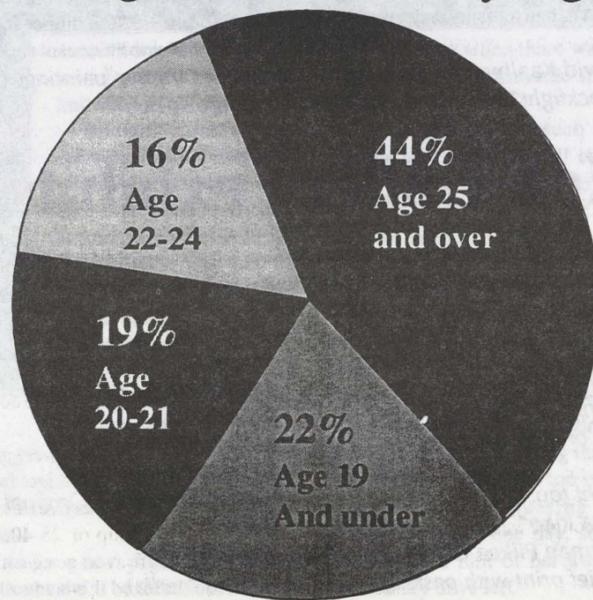
- Participating in class is also crucial. When you interact with each other it brings the knowledge home. "I'm shy, and don't feel real comfortable talking to people in class," said Brad. "But my favorite classes are the ones where I get to know people in class."

The Comers were rushing off to work again, Brad stumbling over his Physics book on the way out the

door. They stop on their way out the door for a quick embrace. "It gets to be quite a juggling act keeping ev-

erything going," said Heidi. "But I know it's all going to be worth it in the end."

College Enrollment by Age



Information provided by the National Center for Education Statistics, 1997

USA Today

Charles Bohannon
Editor

There are two movers and shakers here at KCC whose dedication to academia and extra-curricular activities has earned them a great honor and a chance for a \$2,500 scholarship. Perhaps you have seen them in action - as volunteer tutors, notetakers, Phi Theta Kappa members or coordinators for various projects on campus. You even may have heard their names mentioned while discussing well-rounded, over-achieving, selfless, serving students who go above and beyond the call of classroom duties. Have you guessed who they are yet?

They are Kim Karalovich and Eric Chan. Through their hard work and focus, they have both been nominated for the USA Academic Team Scholarship, valued at \$2,500. The scholarship is sponsored by Phi Theta Kappa and USA Today. KCC's involvement is under the coordination of Honors Program director Linda Letta.

"It's really wonderful just to be nominated," she said, referring to the fact that the nomination alone opens the doors to receive future scholarships and internships in Washington, D.C.

Karalovich, formerly a ski instructor and firefighter in Girdwood,

Academic Team a showcase for success

Alaska, arrived at KCC armed with a GED and the burning desire to make a difference in the world. Since then, her track record has been outstanding: president of PTK, co-author of a PSY 100 curriculum, founder of KCC's Spanish club, volunteer for America Reads program, annual participant in World AIDS Day and much more. She said that her climb to the top is a constant struggle, and not only about tests and homework.

"When your focus is not exclu-

sively your own studies and getting A's, you become enhanced professionally," she said. "I'm a professional student and I love the whole process."

Chan is also driven, in this case by his desire to be a leader. In his fifth semester at KCC, Chan has accomplished a plethora of greatness, including the positions of Vice President of Service for PTK, president of KCC's Japanese Club, reading tutor for children at Ala Wai Elementary, volunteer for Keep America Beautiful and other accreditations. He said that his nomination is a great honor and came as quite a shock.

"I was just doing my own thing," he said.

One important aspect of himself that Chan emphasized was his genuine interest in raising cultural awareness and exploring roots for the people of Hawaii and eventually, the people of the world. After college, he aspires to travel overseas to work in a foreign environment, perhaps teaching English. Chan spent a year of high school in Germany when he was 17 and described his experience there as astounding and life-changing.

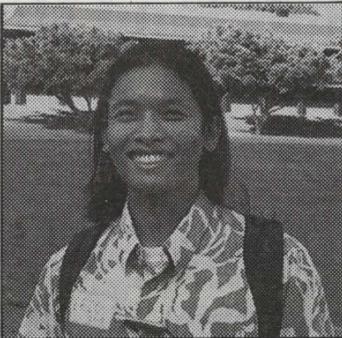
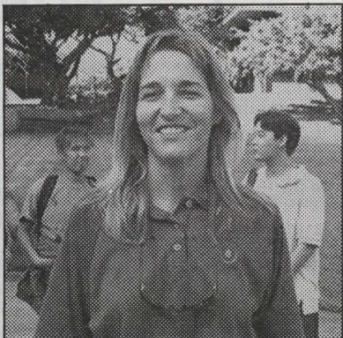
"I felt most connected to the world when I was 17 in Germany...that stuff rocked!" he said. "(It is great for people) to go outside of their comfort zone to embrace a different culture. That's what I like to see."

Chan said he operates on delayed gratification - which translates to

"suffer now and reap rewards later".

Chan attributes his accomplishments from taking a moment to appreciate what he has. Karalovich said that her success is also based on knowing her happiness and serving

her faith. Both Karalovich and Chan emphasized that KCC students should not rush through school, and should balance their studies with whole-hearted participation in extra-curricular activities.

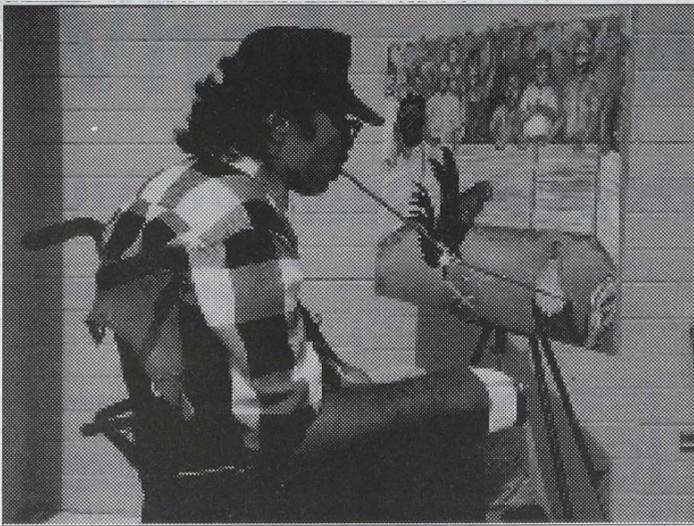


Another Great Reason to Attend HAWAII PACIFIC UNIVERSITY



SCHOLARSHIPS

HPU offers excellent scholarship possibilities for students transferring from a community college. Phi Theta Kappa Scholarship (Deadline: March 15, 1999) offers 50% tuition waiver scholarships to undergraduate, community college transfer students who are members of the Phi Theta Kappa Honor Society and have a cumulative GPA of 3.50. To apply, call the HPU Office of Admissions at 544-0238.



photograph courtesy of Rehab Hospital of the Pacific
David Kaahue, paralyzed by a spinal cord injury, painting "cockfight" with the assistance of a mouth stick.

Library paintings show challenges

"Go Beyond the Limit '99," a collection of paintings by disabled artists, to be on display in Lama library this month

Charles Bohannon
Editor

Patients of the Rehabilitation Hospital of the Pacific (RHP) have concentrated their recovery efforts into a collection of paintings to be on display from Jan. 9 to Feb. 3 in the Lama library.

The general public is invited to a reception for the 21 featured artists on Jan. 15, from 2 p.m. to 4 p.m.

The exhibit, entitled "Go Beyond the Limit '99," is a reflection of the challenges these patients have cho-

sen to overcome. Many of the patients have speech impairments or paralysis as a result of an accident or injury, and are recovering both physically and emotionally.

The "art therapy" program is one of the projects under the Recreational Therapy Department at RHP. The paintings have all been created over the last five years, will be available for sale. This artwork, which has decorated hospital hallways, has already raised more than \$4,000 for the program.

Tara Sullivan founded the art therapy program five years ago with

a proposal for funding from the Louis Vuitton Golf Cup Tournament. Local artist Clint Taniguchi runs the program which is available to patients ten hours per week.

RHP has 12 statewide clinics on 'O'ahu, Hawai'i and Maui, which treats over 6,500 patients suffering from stroke, brain injury, spinal cord injury, orthopedic problems, amputations and various degenerative diseases.

More information regarding RHP can be attained by calling 531-3511 or visiting the website <http://www.rehabhospital.org>

Koa Gallery exhibits staff pieces in Art Faculty Biannual

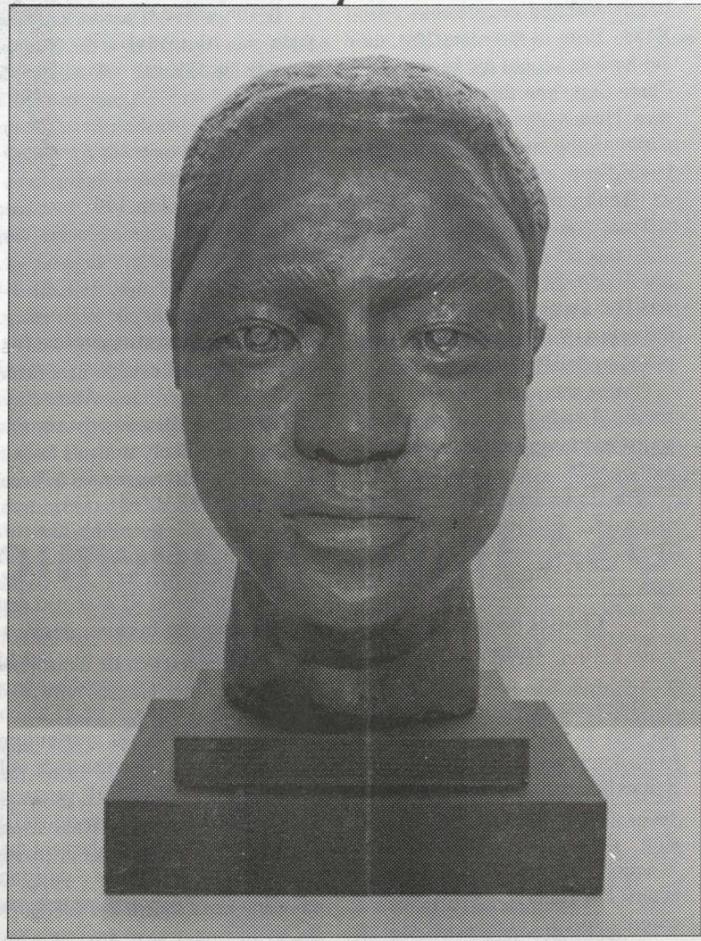
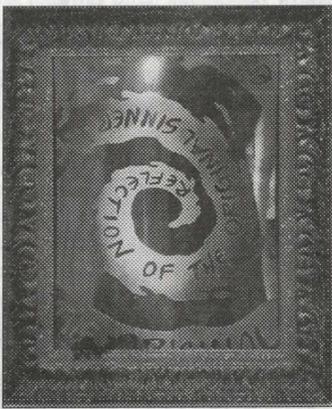
Public is invited to attend an opening reception for "Art Faculty Biannual" on Tuesday, Jan. 12, from 5 to 7 p.m. in the gallery. The show will run through Monday, Jan. 21.

Below:
"Crying Mountain"
Noreen Naughton
(oil on canvas)

Right top:
"Na Piko"
Herman Piikea Clark
(relief print with pastels)

Far right:
"Portrait of Khiet-Duc Luu"
Sean Browne (bronze)

Right bottom:
"Reflection of the Original
Sinner"
David Behlke
(mixed media)



Biology 101 lab challenges minds (and stomachs)

Kelli Oda
Staff Writer

"Oohhh, let's get this going," said Darren. "Do you think this is a good size? It's the biggest female that is in the box."

I guess it is okay! I want to do the dissection," Matthew said, while putting on his gloves.

Darren held the bag while Matt cut it open. WOW! She is potent," Darren said. Matt stood there with his eyes watering from the intoxicating fumes that filled the room.

Darren Nakayama and Matthew Soong, students in Daniel Chung's Biology 101 Lab last semester, were getting ready for a two-week project during which they would view the external and internal anatomy of a fetal pig.

The assignment on this day was to label all of the external body parts.

They both had to touch and feel the pig for its joints in order to label their drawings correctly.

Darren and Matt began exploring the oral cavity of their fetal pig, arguing about who was going to do the dissection. Darren eventually won. He took a sturdy pair of scissors and inserted it into the pig's mouth.

"Hey, you better be careful. Don't go too deep," said Matt.

Darren carefully sliced through some of the crunchy cartilage, tough muscles, and slimy veins until he got close to the ears of the pig. He started to grumble about the stench of the pig. His nose was now about an inch away from the pig's mouth. When he was finished cutting the oral cavity, they both searched for the particular oral organs that they had to identify.

Darren made the thoracic incisions by cutting anteriorly up the chest, and then gave up. "I can't stand the smell. Here, you can do it,"

said Darren, walking away to the nearest open window.

"I think that I am getting used to it because I don't smell it as much," said Matt.

Matt continued the dissection. "So I cut the skin surrounding the diaphragm without cutting the diaphragm?" asked Matt.

Darren looked at his lab manual and nodded in approval.

Matt made the lateral cuts, one on each side of the midline and through the ribs with difficulty, then pulled back the flaps to expose the thoracic cavity. Again, they searched for the organs they needed to identify, poking and probing the pig as they journeyed through the thoracic cavity. They put their pig back into a plastic bag and labeled it. This was the last task for the day.

The next time they worked on the pig, one week later, the smell did not seem as bad as the first time. Darren started the dissection of the abdomi-

nal cavity by cutting posteriorly from the diaphragm to the umbilical cord. Matt and Darren wanted to save the umbilical cord by cutting a semi-circle posteriorly to the left and right of the cord.

Matt took over while Darren got a breath of fresh air. He made two more cuts to expose the abdominal cavity. "Aww, good-bye umbilical vein," said Matt while cutting the vein. They then drew and labeled all of the organs in the abdominal cavity.

Chung tells his students at the start of the class that if the thought of dissecting a fetal pig disturbs you or is against your religion, you should not take that lab. In this particular session, none of the students seemed bothered by the project, other than the smell.

Biology 101 Lab is a 1 credit, 3 hour per week course that fulfills the Natural Science- Group 1 requirement for KCC's A.A. degree.

HLTH 197W space available:

The Service Learning course HLTH 197W: Professional Activities still has seats available for the Spring '99 semester.

This is a variable credit (1-3 cr) course and is for students considering a health major or who are currently health career majors.

The class meets five times over the semester: Jan. 14 and 21, Feb. 25, April 1, and May 6, all Thursdays from 1 p.m. to 1:50 p.m. in Kauila 216.

Class closed

The health course HLTH 290: Kinesiology and its corresponding lab are closed for the Spring '99 semester.

The next available openings will be in the 10-week session offered during the Summer '99 session and five available seats during the Fall '99 semester.

Awkward student becomes Miss Asia International

Joanne Hill
Staff Writer

Miss Asia International has beautiful hands with petite fingers which she uses to help explain her words and tuck hair behind her ear. She has a tanned oval face with bright eyes and a beautiful smile, nothing like the girl that, according to Dana Li Dung, had terribly buck teeth and a short boy's haircut.

"They used to call me Bugs Bunny!" said Dana, smiling, but still aghast at the memory. This action frames beautiful straight teeth, which tell the story of growing up and out of the "ugly duckling" stage many girls have lived through.

Dana's smile and long-black hair probably have a little to do with winning the Miss Asia International Pageant, but it's not the only thing. Her sentences are clear and well-thought out, and while her voice betrays a hint of nervousness, it is overshadowed by the sense of well-being and confidence that Dana possesses.

But that wasn't always there, said Dana, who entered her first pageant in 1993 in an effort to gain those things.

"I didn't enjoy school that much...because I was teased a lot," said Dana, remembering her elementary school years. Things began to

look up when she got braces in the seventh grade and decided to leave the tomboy look by growing her hair out. By the ninth grade, her braces had come off and her hair had grown to shoulder length. That was the year she got permission from her mom to enter a pageant.

"My first pageant was Miss Tropical Teen 1993," said Dana, her eyes moving around the room as if picturing the night. She broke into a smile saying, "I fell flat on my face- not literally... but I think I was the only one who didn't know what I was doing." She didn't win the pageant, but that wasn't the point. "I did it to make me feel good about myself, it gave me the self-esteem I needed."

Dana won her second pageant, Miss Junior Teen Hawai'i of 1994. The contest was on her 15th birthday, and she remembers how four tables at the pageant sang Happy Birthday to her after she had won.

Now, six years after her first pageant, Dana is busily halfway through

her reign as Miss Asia International. She won the contest Aug. 15 of last year and began her reign that day. As Miss Asia International, Dana



makes appearances at other pageants throughout the year, parades and other community events.

If this weren't enough to keep someone busy, Dung is a full-time student at KCC and works at the law

firm of Kobayashi, Sugita and Gota. Dana plans to major in Fashion Design and Merchandising when she transfers to UH Manoa. It has been what she's wanted to do since she was six.

Maybe in the future Dana can give lessons on balancing time, as she manages to keep up with all those activities, participate in church functions, and spend time with her family, boyfriend James, and dog Klondike.

"I couldn't do what I do now if it weren't for them," said Dana of her tightly knit support group.

Preparing for an upcoming pageant is hectic, and everyone helps with things like running errands and transportation to different events.

Dana says one of the nicest favors was from James. She had been involved in pageant preparation from early morning until late at night. When she got home, said Dana, she was tired and hungry, and was surprised by a nice dinner prepared by her boyfriend.

As for a next pageant, Dana has no doubt she'll be there, but not as a

contestant until her reign as Miss Asia International is over. "My mom calls me a pageant nut because I love pageants," said Dana.

She is helping to coordinate the Miss Tropical Teen 1999 pageant, to be held in March, and has judged pageants in the past. "It's hard," said Dana, "you can't judge (contestants) against each other, but on each girl's presentation."

Dana will also participate in activities relating to her platform, something all contestants choose when they enter a pageant. Dana's is "Kid's First". She chose this, she said, at a time when there was a lot in the news about domestic abuse of children.

Dana said she has such a nice family, and would like all children to have the opportunity to grow up in a happy home as she did. Dana does not think children should be put back into an abusive home for the sake of keeping the family together.

The thought of entering Miss Hawai'i one day is a definite possibility, but not for the near future. Dana plans on entering other pageants to prepare herself more, and then will consider entering that one. It probably wouldn't be too surprising to see her wearing Miss Hawai'i's crown one day, smiling, and hardly a hint of her awkward elementary days left.

Workplace revolutionary in employee satisfaction

Jessica Carpenter
Staff Writer

The alarm goes off and music comes hurtling out of the radio speakers into the sleeping ears of 25-year-old Nathan Tsato. It is 9 a.m. and he has to get up for another day and night of work. Rolling out of bed, his short-cropped hair salutes to the air. He grabs his clothes and has just enough time for a cup of coffee as he heads out the door.

Work starts at 10:30 a.m. at the famed Alan Wong's restaurant on South King Street in Honolulu. The average workday for Nathan ends at 11:30 at night, six days a week. If necessary, he will work seven. Nathan is an apprentice chef with hopes of owning his own restaurant one-day.

Life and work at Alan Wong's is setting a new precedent in how business is run and employees are treated.

Looking at the grueling schedules Alan Wong's employees have to endure, one might automatically suspect a lack of job satisfaction, but this is not the case.

The way in which Alan Wong

treats his employees has the direct opposite effect. He instills in them a sense of empowerment and helps to generate the feeling of individual self worth. Everyone at Alan Wong's is part of an integral team and that team is part of a family. He asks only three things from his employees: that they do their very best, that they have a good attitude and that they truly care.

Through continued education and workshops provided by Alan Wong and other instructors, he fulfills the desire for his employees to learn more and expand their knowledge. It is a symbiotic relationship between the employer and the employees, and it is working marvelously.

The realization of these ideals comes through in the food that is prepared. His cuisine has become legendary, and there are plans to expand his business. His success is perhaps a direct result of his approach to business and his treatment of employees.

Employees at Alan Wong's are also encouraged to volunteer their time to charity. Every month some of the staff volunteer to feed the elderly at the community center in Mō'ili'ili. On Thanksgiving, they fed the homeless. Alan Wong puts the money he

receives for work as a guest chef into a fund for the annual Christmas party. This year, that amount exceeded \$10,000, all of which will go back to his employees through food, drink and prizes.

Alan Wong's is just one example of how the business world is changing. The evidence is that more and more companies are opening themselves up to new ways of conducting business and taking part in helping the community, locally and nationally.

Dozens of companies including McDonald's, Oracle, Microsoft and Allstate have contributed multimillion-dollar grants to help the disadvantaged youth of America. AF&T pledged \$30 million to link schools to the Internet. Shell Oil promised to involve 25 percent of its employees in corporate volunteer programs.

In the November issue of Forbes magazine, Retired Gen. Colin Powell said, "Corporations have a vested interest in helping today's youth to become trained employees and working consumers of tomorrow." He added, "Every youngster who ends up in one of the new many jails we are building won't be a consumer or

a worker."

Research has shown that many companies that have given their employees paid time off to volunteer have found that higher morale, greater company loyalty and improved teamwork have amply repaid them.

According to reports, corporate giving remains strong. The nation's richest companies say their charitable contributions will rise 11 percent this year, furthering their corporate missions to support both community and national programs.

"We are in the midst of a revolution. It is not a political revolution. And it is not a violent revolution. This is a quiet movement that sneaked up on many Americans and now perme-

ates the work world. It is a revolution of thought and mind. It is an information revolution-a movement of intellect," said Britney Duke, a research manager for Life@Work magazine.

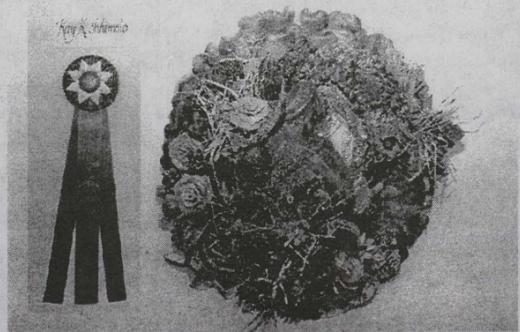
Nathan leans back on the couch his red eyes can barely stay open, yet he is satisfied with his work. Willingly, he will rise tomorrow to face another day and night of challenges and opportunities to do better, work harder and learn more. He said his boss, Alan Wong, has a way of instilling passion in people. Perhaps it is this very passion that makes it all worthwhile.

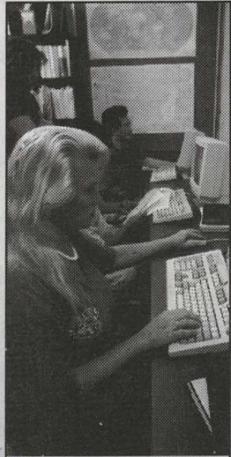
Alan Wong is a graduate of the KCC Culinary Arts program.

Wreath made in KCC workshop wins Mayor's grand prize

Kay Ishimoto, who created this wreath in a FSHE non-credit workshop taught by Dianne Nazarro was awarded the Mayor's grand prize for her wreath, which was on display at Honolulu Hale this Christmas. The workshops were organized by Randy Francisco.

photo by Moriso Teraoka






University of Hawai'i

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JOB PLACEMENT

For information on the following jobs, please call the job placement office at 734-9514 or visit the Maida Kamber Center in 'Ilima 103.

Student Helper

General office work-typing, data entry, xeroxing, running errands, answering the telephone, filing. \$6.50/hour. Part time/ 19 hours per week. Monday through Friday between 7:30 a.m. and 5 p.m. Must be a full time student and a U.S. citizen, U.S. national, or alien legally authorized to work in the United States.

Student Assistant

(2 positions available)
General office clerical work which includes telephone reception, typing, photocopying, filing, transcription of notes and making periodic delivery runs to the Manoa campus, Queen's Hospital, Tripler Hospital, and the airport using our program's vehicle. Flexible schedule during the week although we need help especially on Mon., Wed. and Fri. Must be able to work at least a three-hour shift during some of those days between 8 a.m. and 4:30 p.m. for a total of 12-15 hours per week. \$6.05/hour. Requirements: Clear speaking voice and proper command of the English language. Must be proficient in IBM compatible computers, Windows and word processing software programs; have a valid State of Hawai'i driver's license; be able to lift and carry objects weighing 25 lbs. maximum; be dependable and show up to work consistently. Must be willing to work off campus at Leahi hospital (next to KCC). Must be enrolled for at least six college credits.

Elementary After-School Aide

Hours: 2:30-5:30 p.m., Mon.-Fri. Elementary children, ages 6-12 years. Assist program head with supervision of children and other program duties. Experience preferred. Salary based on experience.

Pre-School After-School Aide

Hours: 12:30-5:30 p.m., Mon.-Fri. Preschool children, ages 3-6 years. Assist program head with supervision of children and other program duties. Experience preferred. Salary based on experience.

Accounting Clerk

Private company looking for a part-time accounting clerk to do clerical and computer data input. Typing 35-40 wpm. Basic computer knowledge/background helpful.

Teacher

After-school position available for certified teacher, grade K. Also accepting college students. Hours: 2:30-5:30 p.m., Mon.-Fri. Salary commensurate with experience.

Summer Student Research

Straub Foundation is accepting applications from college and university students who wish to participate as student researchers in its annual Student Research Program. During the eight week program, students are assigned to clinical research projects and receive hands on experience. Students may obtain information and applications by calling Straub Foundation at 524-6755. Deadline is March 1.

Classifieds

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Can you identify where on campus this picture was taken?

If you can, then fill out the entry blank below and bring it to Lama 119 or just e-mail us your answer and information to: kapio@leahi.kcc.hawaii.edu
Your subject line should say "Where is it?"
One correct answer each week will win a surprise gift.
Winners and prizes will be listed in the Kapi'o.
Good Luck!



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E-mail: _____
Contact #: _____

FREE WORKSHOPS

Spring 1999 Secrets of Success Workshops. All Spring 1999 SOS Workshops are 12:00 noon - 1:00 p.m. Free and open to all KCC students. For disability accommodations call Gail Harada at 734-9342 at least 10 working days before the workshop you want to attend. Kapiolani Community College is an Equal Opportunity/Affirmative Action Institution.

SOS Time Management Tips

Learn the secrets of time management with Sally Pestana on Wed., Jan. 13 in Ohia 118.

Textbook Reading Strategies

Discover more efficient ways to read with Linka Corbin-Mullikin on Wed., Jan. 20, in Iliahi 228F.

Note Taking Tips

Find out how to improve your lecture notes with Sally Pestana on Mon., Jan. 25, in Ohia 118.

How to Survive an Online Course

Get online skill tips from Jimmy Shimabukuro on Wed., Jan. 27 in Iliahi 228F.

Dealing with Math Anxiety

Learn about ways to overcome math anxiety with John Flanigan on Mon., Feb. 1 in Iliahi 228F.

Spring 1999 Grammar Workshops. All LAC Grammar Workshops will be held in Iliahi 228F. The LAC Grammar Workshops are FREE, but you must sign up at the LAC main counter by noon Monday the week of the workshop you want to attend. For disability accommodations, call Gail Harada at 734-9342 at least 10 working days before the workshop you want to attend. Kapiolani Community College is an Equal Opportunity/Affirmative Action Institution.

1st Session

- Tuesdays, 12- 12:55 p.m.
- January 19: Fragments
- January 26: Run-Ons and Comma Splices
- February 2: Subject-Verb Agreement
- February 9: Pronoun-Antecedent Agreement
- February 16: Verb Problems—Present and Present Perfect Tenses
- February 23: Verb Problems—Past and Past Perfect Tenses
- March 2: Misplaced and Dangling Modifiers
- March 9: Commas, Colons, and Semicolons

Learning Styles

Discover your learning style with Colette Higgins on Wed., Feb. 3 in Iliahi 228F.

Coping with Test Anxiety

Strive to deal with test anxiety with John Flanigan on Mon., Feb. 8 in Iliahi 228F.

Decoding Math Word Problems

Decipher word problems with Anne Flanigan and Mavis Hara on Friday, Feb. 12 in Iliahi 228F.

Memorization Tips

Try to remember more with Sally Pestana on Wed., Feb. 17 in Ohia 118.

Essay Exam Tips

Develop better essay exam answers with Jimmy Shimabukuro on Mon., Feb. 22 in Iliahi 228F.

2nd Session

- Wednesdays, 3- 3:55 p.m.
- February 3: Fragments
- February 10: Run-Ons and Comma Splices
- February 17: Subject-Verb Agreement
- February 24: Pronoun-Antecedent Agreement
- March 3: Verb Problems — Present and Present Perfect Tenses
- March 10: Verb Problems — Past and Past Perfect Tenses
- March 17: Misplaced and Dangling Modifiers
- March 31: Mixed Construction and Illogical Connections

Thinking Through History

Gain insight into history with Colette Higgins and Brian Cassidy on Wed., Feb. 24 in Iliahi 228F.

Communications Skills

Keith Kashiwada shares tips on communicating better on Wed., March 3 in Iliahi 228F.

Library Research Strategies

Get the scoop on basic research skills on Mon., March 15 in Lama 116.

Are You Ready for an Online Course?

Find out what you need to know with Jimmy Shimabukuro on Wed., April 14 in Iliahi 228F.

Wanted

Attention!!
Anyone who videotaped the KCC 1998 graduation ceremony at the Waikiki Shell (or portions thereof), please call Sandra at 734-9225

Announcements

Hawaiian Club general meeting Monday, Jan. 25, from 9- 10:30 a.m. in Ohia 102. For more information, please call 734-9322

ED 198-Early Literacy Tutor Training will be ready for delivery over HITS this spring. The course begins on Tuesday, January 12 from 11:15 to 12:30 in Naio. Service-learning students are encouraged to register for this course.

Students are encouraged to see Bob Franco (X438) about opportunities for America Reads Work study positions. These Work Study students also need to complete tutor training offered at UHM on Jan. 16. They will then be paid to tutor young readers at elementary schools.

Are You A Pre-Health or Hospitality Student?

Do you need a CPR/ First Aid Class? If so, keep reading.

KCC Department of Emergency Services is offering the following classes:

- Standard First Aid
6.5 hours
Meets OSHA Requirements
Cost: \$35
- Community First Aid and Safety
9 hours
Cost: \$45
- Professional CPR
12 hours
Cost: \$50

•Automated External Defibrillation Class
4 hours
Cost: \$50

•Emergency Response
60 hours
Security people, Coaches, Lifeguards, Firemen, etc.
Cost: \$150/ plus books

Increase your marketable skills, Call Kapiolani Emergency Medical Services Program for dates and times. Phone 734-9288 or 734-9289

Do you get SLEEPY AFTER READING ONLY A FEW PAGES?

- Do you count the number of pages that are assigned?
- Are you a slow reader?
- Do you often have to reread for meaning?
- Do you have trouble concentrating when you read?
- Do you get headaches/eyestrain when you read?

If you experience any of the above, you may have a special type of visual problem that is not correctable with glasses, contacts or surgery.

We can solve these common problems and make you a better reader.

DR. CLAYTON GUSHIKEN
Optometrist, Specializing in Reading Problems
941-3811