

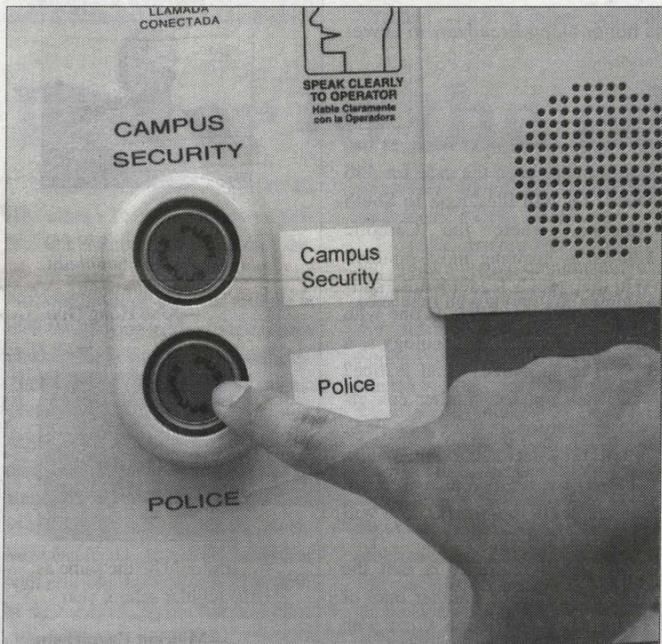
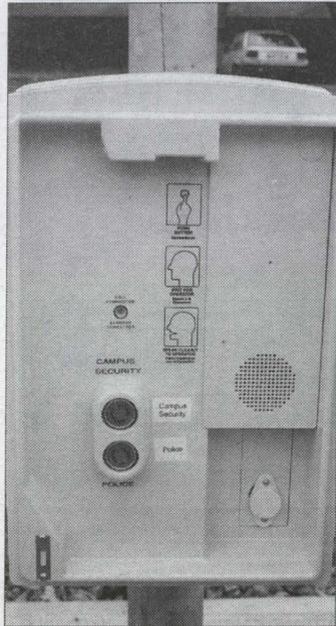
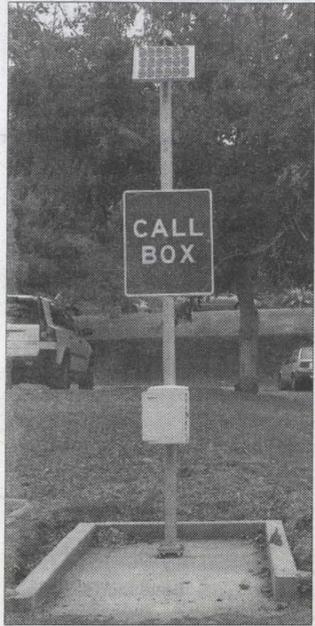
The Kapi'ō Newspress

Tuesday, April 12, 2005

THE KAPĪOLANI COMMUNITY COLLEGE NEWSWEEKLY

Volume # 38 Issue 26

Emergency phone ready



PHOTOS VUONG PHUNG

Deterrence, among other items on Student Congress' agenda

By Vuong Phung
LAYOUT EDITOR

In part one of a statement addressing the issue involving the rape of a KCC student around the U.H. campus, Student Congress President Shawn Boyd prefaced the Student Congress by saying that he did not want to sound insensitive for what

he was about to say next.

"It is unfortunate that some girl got raped," he continued. "For years (U.H.) has been saying that they have no security problem. Now that something have happened, I hope it is a catalyst for change."

KCC has taken steps to address

INSIDE: Congress, page 5

Sexual assaults inspire increased awareness in the U.H. system

By Paul Kolbe
NEWS EDITOR

An influx of rapes and sexual assaults in the Kaimuki and Manoa areas are inspiring an urgent sense of awareness among the community, as well as voices for increased safety and protection from would-be predators.

KCC will be sponsoring a "Sexual Assault Information Awareness Day" on April 20. The theme of the day will be "Lend your hand to stop sexual assault," where participants will put their handprints on a banner for display.

"We want to promote that it's 'National Sexual Assault Awareness Month' and that assaults are on the rise," said KCC Gender Equity Counselor, Ann Thompson. "We'll also have free ice-cream."

Thompson says awareness is the most important thing for females, especially when walking alone, or to their car at night.

"Females tend to do things first, like talking on their cell phones, or putting their shopping bags away before putting themselves in the car," she said.

According to Thompson, it is at these points that females are most vulnerable to assault, and they should always be aware of their surroundings.

"If you have a strange feeling, go with it," she said. "Whatever you do, do not get in the car with them, throw the keys away if you have to."

On April 4, an event was held at the U.H. Campus Center to protest the recent rapes that have taken place in the Manoa area, as well as throughout the island. Organizers of the protest urged the university to "address the pandemic of men's violence against women," along with urging the university to adopt certain measures to prevent violence against women. Some of the measures included were increased security, mandatory anti-sexist training for U.H. faculty, and 24-hour security escorts to immediate outlying areas.

There have been two incidents involving sexual assault in the Manoa area in recent weeks.

In the first incident, a man asking for directions to Long's Drugs approached a woman, then pulled

out a knife and took her to another location for the rape. Police later arrested suspect Shannon Kalahiki, and charged him in the incident.

The second incident involved a KCC student who was abducted outside of Volcano Joe's and then gang raped by five men who later dropped her off outside of a U.H. dorm.

Although police have released sketches of two suspects in the gang rape case, they have made no arrests yet.

In March, an 85-year-old Kaimuki woman was sexually assaulted by a man who broke into her apartment. Police have arrested one suspect, David Michael Baldaino, in the case. And, in a seemingly unrelated event, a man entered the apartment of a 72-year-old Kaimuki woman, and then sexually assaulted her at knifepoint.

According to National Rape and Sexual Assault Statistics, six out of 10 rape or sexual assault incidents occur at the home of the victim, or home of a friend, relative, or neighbor.

Seventy-seven percent of completed rapes are committed by someone whom the victim knows.

Summer classes at KCC to begin in May

By Clint Kaneoka
EDITOR

With the final semester of the 2004-2005 school year winding to a close, many students are looking forward to the freedom of summer vacation. While some may choose to relax and unwind during this three-month break, others will continue their education by taking summer courses at one of the U.H. campuses.

The summer program is broken down into three distinct time frames, and students can choose which best suits their schedule. Two six-week sessions, and one 10-week session, are offered throughout the duration of the summer, each being equivalent to one semester.

"I'll probably take a couple of

classes this summer," said KCC student Kathleen Lawrence. "I like them because you can take classes that you wouldn't want to spend a whole semester attending, and finish it in a little more than a month."

The first six-week summer session will be from May 23 - July 1, and the second six-week session will run from July 5 - August 12. A 10-week session will also begin on May 23, and will run until July 29. While all of the summer sessions are equivalent to one semester, certain classes are only offered for the 10-week session due to the nature of the course.

"While there is the same amount of instruction time for both the six- and 10-week sessions, due to the learning curve of some courses, they are only available for the 10-week ses-

sion," said Interim Assistant Dean Louise Pagotto. "Plus, some people may prefer them because the classes are a little slower paced, and they aren't every day."

Although there is no limit to the number of classes students can take over the summer, they are encouraged to take no more than two for each session.

"Typical classes for a six-week session are a lot longer than normal semester classes, about two hours and 20 minutes, and they are every day," said Pagotto. "They are also a bit more expensive because the state does not subsidize the campus for summer classes."

While most of the courses offered during the regular semesters will be

BACKPAGE: School, page 8



Good Lord that's a lot of money

Sean "P.Diddy" Combs was ordered to pay \$21,000 a month in child support to ex-girlfriend Misa Hylton-Brim.

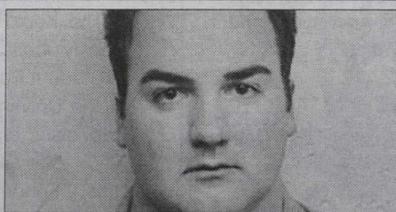
Full story @ www.ap.com



Morning after may get scarier

The culture war is coming to your local pharmacy, as debates rage over pharmacists refusing to fulfill contraceptive prescriptions.

Full story @ www.csmonitor.com



Ha! Ha! Spam that!

Jeremy Jaynes was sentenced to nine years in prison for illegal spamming.

Full story @ www.ap.com



"Fair and Balanced" and ready

A local FOX affiliate has revealed its new "Terror-Alert" van. Designed to cover all enemies of freedom.

Full story @ www.theonion.com

COMMENTARY

Who Will Fill the Pope's Pro-Life Shoes?

By Nathan Tabor
 SUBMISSION

One of the towering figures of the 20th Century has passed into eternity.

Pope John Paul II strode across the world stage for 26 years, the third-longest reign of any Pope in history. As an ideological soul mate of President Ronald Reagan, John Paul is credited with helping to bring down the Iron Curtain in Eastern Europe. Like Reagan, he survived an assassination attempt — allegedly backed by the Communists — in 1981.

An athlete and an intellectual in his youth, he studied secretly for the priesthood while the Nazis occupied his native Poland. Ordained in 1946, he rose quickly through the Roman Catholic hierarchy, becoming Pope in 1978 at the relatively young age of 58. His trademark became his charismatic personality and his propensity for seemingly ceaseless worldwide travel. During his tenure as Pope, the Church of Rome increased its worldwide membership by one-third, growing from 750 million members in 1978 to over one billion at his death last week.

Pope John Paul II was a conservative and a traditionalist. He did not embrace the Marxist-based Liberation Theology that had crept into the Catholic clergy, especially in many Third World nations. Nor did he accept the idea that the Church's ancient standards of morality had been rendered irrelevant by modern cultural trends. Many criticized John Paul for not accepting such innovations as women in the priesthood and married priests, but he was unmoved. He openly opposed homosexuality and gay marriage.

It was on the sanctity of life issue that John Paul was most steadfast. He condemned contraception, abortion and euthanasia, arguing eloquently that the "culture of life" must not give way to the "culture of death." Some say that this unwavering pro-life stance, which many professing Catholics today openly ignore, has rendered the Church irrelevant and unap-



1979 Ticker tape showers down upon Pope John Paul II during a parade in his honor along Broadway in Lower Manhattan, New York City

pealing to a younger generation. But others say that he saved the Church by not allowing it to drift on the tides of change without a moral anchor.

But the Pope earned my respect in 1994, when his Vatican delegation to the United Nations International Conference on Population and Development stood almost single-handedly against the well-organized efforts of the International Planned Parenthood Federation and U.S. President Bill Clinton to enshrine abortion as a legitimate means of birth control worldwide. There in Cairo, Egypt, directly contrary to all prior expectations, the final conference document stated, "in no case should abortion be promoted as a method of family planning."

Time Magazine named John Paul its 1994 Man of the Year for facing down the UN on global abortion. "For nine days the Vatican delegation, under his direction, lobbied and filibustered; they kept their Latin American bloc in line and struck up alliances with Islamic nations opposed to abor-

tion," Time reported. "In the end, the Pope won."

This was truly an historic victory. We can thank the Pope that women in Third World nations still have the right to choose life for their unborn offspring. Now that John Paul has passed into eternity, who will replace him as head of the world's one billion Roman Catholics?

That is a question that worried John Paul himself. According to his biographer, Malachi Martin, the Pope deplored what he called "the smoke of Satan which has entered the Sanctuary." By this he referred to those within the priesthood, and even within the Vatican itself, who had abandoned the fundamental truths of the faith and embraced the modern heresies of our godless age — and particularly what Martin calls the "cultic acts of Satanic pedophilia." To forestall the ascension of such a heretic to the Papacy, John Paul toward the end of his life did his best to pack the College of Cardinals with known traditionalists and theological conservatives.

Will these 117 Cardinals choose

an Italian as the next Pope, as has traditionally been the case for 450 years? Or will they look to South America, where the Catholic Church is growing most rapidly? Will they pick a leader whose spiritual focus is on God, or one who promotes Liberation Theology as a means to so-called social justice? Will they opt for another conservative traditionalist like John Paul, or will they decide that the modern Church now needs a man who can change with the times? We will soon find out.

My personal prayer is that the next Pope will be another man of strong moral conviction — one with the courage to stand against the pro-abortion, pro-euthanasia culture of death, and to stand against the perverse, anti-family agenda of the pro-homosexual activists.

Nathan Tabor is a conservative political activist based in Kernersville, North Carolina. He has his BA in Psychology and his Master's Degree in Public Policy. Contact him at Nathan@nathantabor.com.

SPEAK OUT

How much do you think summer classes at KCC should cost?

Question and Photos:
 Vuong Phung and Berkeley Fowler



It should be \$49 per credit. It's absurd. I wouldn't want to pay a lot of money for a 6-week course.

—Landon Masuda



I would like to pay \$45 per credit.

—Xiao Hong Guo



It should be the same as the regular school year.

—Milicent Paguirigan
 and Brandon Viernes



I think [the cost of summer courses] are fine.

—Jeffery Lam



I think we should pay \$50 or whatever we are paying right now for the regular school year.

—Jeffery Fang

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POLITICALLY CHALLENGED
 by Paul Kolbe



Military bigotry

Four words are currently keeping America from becoming an equal and fair society... "Don't Ask, Don't Tell"

It is really the last accepted form of bigotry acting as policy for an organization otherwise known as a role model for equality. The military, has for all intents and purposes, shown that a group of people starting from the same point can reach beyond limitations. In no other society in the world will one find so many diversities of race, religion and social economic backgrounds which can act as one. None of these factors will affect promotion, and segregation, voluntary or non-voluntary, is almost non-existent.

Yet despite this, and in causing great detriment to itself, the military has held fast in its policy that gays cannot serve openly in the military. The most recent

incident involves an Army sergeant who was wounded in Iraq.

Sgt. Robert Stout was wounded by grenade shrapnel as he operated a machine gun on an armored Humvee, and was later awarded the Purple Heart. Stout served more than a year in Iraq and wants to remain in the military, if he can serve openly. Despite his heroism and sacrifice Stout will likely receive a discharge, and maybe even some jail time, simply because of his sexual orientation.

Some may question why Stout and other gays can simply not admit to being gay. But, it's really not a matter of gays in the military announcing their sexual identity over loudspeakers during the raising of the flag. While some may hold this as the definition of coming out, it is indeed rare when announcements are made on such a grandeur scale. It is often to a few co-workers, close friends and family. Stout says he was openly gay with most of his platoon.

Imagine coming to work and deflecting even the most mundane question on a daily basis. "Did you catch that movie this weekend?" "Yeah, I saw it with my bo... uh

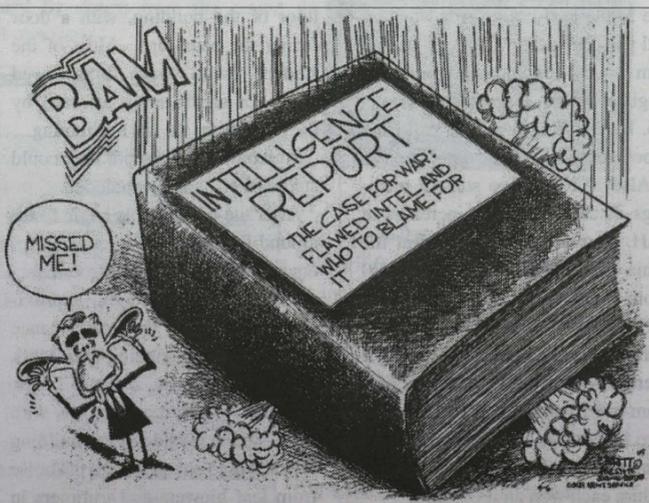
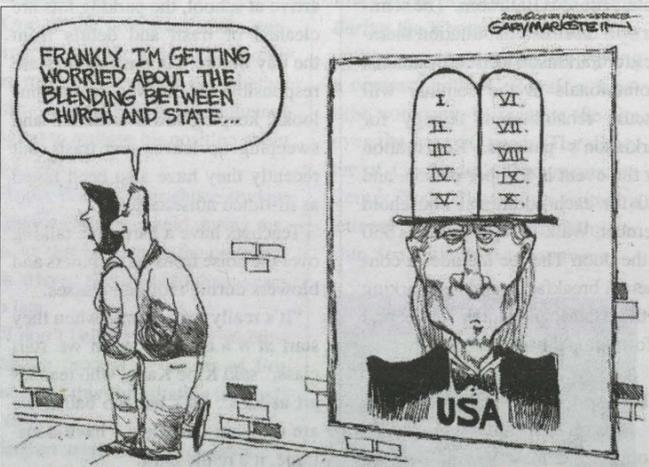
buddy." "Are you bringing a date to the banquet?" "No, I'm just going to come alone." It is a life spent hiding in the shadows, fearing that a life and career could be lost, because the gender of their partner.

A recent congressional study concluded that the "don't ask, don't tell" policy has cost the armed forces nearly \$200 million in replacing and training troops discharged under the ruling. Nine thousand five hundred troops have been discharged between 1994-2003, many highly skilled, and even more surprisingly, many of them translators. If the "War on Terrorism" is truly the priority of the military, and of the government in general, then it is a gross error in judgement to lose some of the most valuable people in the war to an outdated and discriminatory policy.

It is also a betrayal to the American people to taut safety and terrorism as primary issues of concern, as many politicians have done, and then make decisions directly impairing the ability to deal with those issues. If the government cannot repeal "don't ask, don't tell" based on humanism, then perhaps it can do so based on terrorism.

Political humor from the week's main developments

Provided by Copley News Service



Letter to the editor:

As I drove onto the KCC campus the day classes reconvened after Spring Break, I couldn't help but notice that the parking lots were relatively empty. No long lines of students waiting in their cars praying to find an open space in which they could park their vehicles. There were lots of open parking spaces. "Where are all of the students?" I wondered. Then I remembered the annual disappearance of students after Spring Break. Every year, many students fail to return to campus after the break. Most faculty members that I've spoken with estimate that between 10 to 20% of their students do not return to class after the break.

I can't help but wonder whether or not it is really necessary that we have a Spring Break. I grew up in Los Angeles, where my only experience with the notion of Spring Break was gained from watching the movie "Where the Boys Are" with Connie Francis and George Hamilton. The university I attended had no Spring Break. My first experience with Spring Break was as a graduate student at U.H. Manoa, where I had to incur the expense and inconvenience of moving out of student housing for a week while the facilities were closed (I don't think they do this anymore, though). At the time, I couldn't help but think that Spring Break in Hawaii was the dumbest thing I'd ever heard of. My opinion hasn't really changed since then, though the reasons for my objections have.

The roots of Spring Break can be traced back to a time when the US was primarily an agrarian society. I seriously doubt, though, that many of our students spent their break assisting their family with the planting of crops, the original intention of Spring Break. While it may make sense to give students a break in areas like the Northeast U.S., it is not necessary for students in Hawaii to have a week off

to get out in the sun after being cooped up indoors for a few months.

I solicited opinions from a couple of my classes and their responses took me somewhat by surprise. The number of my students who favored eliminating Spring Break outnumbered those who wanted to retain it by more than 2-1. Most cited the same reasons for eliminating it- a loss of focus, skills, and knowledge incurred during the break. I gave exams the week after Spring Break and the most commonly missed problems were the ones on material that was covered earlier in the semester, problems that students did not find particularly difficult before the break. Many students told me that they had planned to study during the break, but other things came up and the studying was put aside.

Many stated that they would prefer a longer break between the Fall and Spring Semesters. In particular, they would prefer to see the Fall Semester end a week earlier. Those who work in retail to support their educations find that Fall Semester Finals Week comes amidst one of their busiest weeks of the year at work and that employers expect them to put in extra hours while they are trying to prepare for exams. It is not surprising that some students do not perform as expected on finals when they work late hours due to the Christmas rush and don't begin their studying until long past midnight (often for a 7:45 am exam).

Some commented that many of their instructors give them extra homework during the break, expecting them to do schoolwork without instruction when they are supposed to be "on break" from school. A few International students said that their costs of attending school would be reduced if the Spring Break were eliminated.

Of course, a lot of students enjoy having Spring Break. They are accus-

tomed to it and look forward to it. Some students like to travel during the break. However, as another student pointed out, it would be easier to travel if the winter break were longer or summer started a week sooner. Vacations could be enjoyed more if they were longer. International students would be allowed to visit with their families for an extra week.

There are typically four three-day weekends for students during the spring semester (Martin Luther King Day, President's Day, Staff-Development Day, and Good Friday). If there were no Spring Break, students would also get the Kuhio Day holiday that currently occurs during the break. Is an extended break really necessary with so many mini breaks already built into the semester?

Another consideration is that students who have school-age children are off the same time their kids are. With many of the public schools on year-round calendars, Spring Break for public schools is often now two weeks long. A couple of my students with kids noted that they enrolled them in two-week intersession programs since they had no childcare otherwise for the second week of Spring Break and the programs did not allow half-time enrollment, so they ended up not having to care for their children during Spring Break anyway.

While I am sure that many students (and faculty) would mourn the loss of Spring Break, it is time to consider eliminating it. It is detrimental to the educational success of our students and there is no overwhelming need for it. It is an idea whose time has long since past. If my students' opinions are typical, most of our students could live without it and want to get rid of it. Why keep it?

Andrew Pak
 Professor, Mathematics

**CAMPUS AND
COMMUNITY BRIEFS**

Leeward Community College received the first place award for its 2004 academic catalog at the National Council of Marketing and Public Relations Paragon Awards. The competition, which was held on March 15 in Minneapolis, MN, featured a panel of more than 40 judges who reviewed nearly 1,750 entries to recognize excellence in communications among two-year colleges. LCC has participated in the annual competition for the past three years to showcase its catalog and the college.

The U.H. Board of Regents authorized the university administration to enter a real estate development agreement for the creation of the Cancer Research Center of Hawaii project on the Kakaako waterfront. The development will be conducted by privately held real estate investment firm Townsend Capital, LLC, who has more than 30 years of experience dealing with the needs of universities throughout the nation.

"The selection of Townsend Capital, LLC is an important milestone toward the university's goal of improving the quality of cancer care, and the volume of cancer research, in our state," said U.H. Interim President David McClain. "I look forward to a timely and successful conclusion of our negotiations for a comprehensive real estate development agreement for the Cancer Research Center of Hawaii's new facilities."

"Move It or Lose It: Maintaining Function through Movement" is a public symposium presented by the Hawaii Parkinson Association that will be held on April 16, from 8:15 a.m. - 12:15 p.m. at the Ala Moana Hotel Hibiscus Ballroom. The seminar will discuss rehabilitation therapies for Parkinson's disease patients. Professionals at the seminar will discuss rehabilitation therapy for Parkinson's patients. Registration for the event is \$25 per person, and \$20 for each additional household member. Walk-in registration is \$30 at the door. The fee includes a continental breakfast, validated parking in the Ala Moana Hotel garage, and informational handouts.

The spring musical production by Music 230 students at KCC, "Songs for a New World," will be performed from April 21 - 24 at the Maile Performing Arts Theatre. All performances will begin at 7:30 p.m. except for Sunday, which will begin at 7 p.m. General admission is \$6. For more information call Lina Doo at 734-9748.

Also at KCC, two student meetings discussing tuition increases at U.H. campuses will be held at the Ohia Cafeteria on April 13 and 20 from 10:30 a.m. until 1 p.m.

Finally, the winners of a March campus contest sponsored by Pepsi were announced. Students Larry Tam and Ryan Brannigan each won two free passes to Hawaiian Waters, while Robert Manshardt and Ahren Miura each won an iPod mini.



PHOTO BERKELEY FOWLER

Clearing the path on bothersome morning noise

By Berkeley Fowler
PHOTO EDITOR

When you wake up, they have already started their day. When you arrive at school, the parking lots are cleaned of trash and debris from the day before. Groundskeepers are responsible for the way the campus looks, keeping lawns trimmed and sweeping up leaves and trash, but recently they have also been noted as ill-timed noisemakers.

Teachers have a hard time talking over the noise from the trimmers and blowers during morning classes.

"It's really bothersome when they start at 8 a.m. right when we start class," said Kloe Kang, who teaches art at KCC. "It's not too bad if we are drawing but when I have a critique, it's really hard."

Kang's classroom is on the second floor of the building, with a door facing the courtyard. Most of the students who were interviewed were not significantly affected by the noise from the lawn trimming.

"It would really help if they could start earlier," some concluded.

After the parking lots begin to fill around 7:30 a.m. the groundskeepers move toward the classrooms.

Classes start at 8 a.m., approximately the time the maintenance crew is either beginning their work on the courtyards and walkways. Teachers who teach in rooms with doors on the outside of the building often have to compete with the noise from leaf blowers and trimmers in

the mornings and lawn mowers later in the afternoon. The noise can continue well into class time or be fairly short as the workers move past the room onto other parts of the building.

"We do get some complaints, but it's a large campus and there is going to be some noise somewhere, no matter what we do," said John Messina, auxiliary services officer. "When we do get a complaint or a request to be quiet during a test, we try our best to minimize the amount of noise in the area, postponing the work until the class gets out or later in the day."

The maintenance staff starts work at 6 a.m., when they cone off sections of the parking lots to mow and trim the islands or medians before cars begin to arrive. The lots begin to fill with cars between 7 and 7:30 a.m., and the staff moves to work on buildings and walkways. Each staff member is assigned two to three buildings, and are also responsible for the trashcans and surrounding areas. Trashcans are emptied at the end of the day, around 2:30 p.m., just before maintenance staff is finished with the trimming. It may be a bother but many students agree the maintenance crews are the reason we have clear walkways and a clean campus.

If you have any questions about making requests or would like to comment on the noise, please contact Auxiliary Services at 734-9124.



PHOTO AND CAPTION LYNSEY ADDARIO FOR THE NEWYORKTIMES

Mohassan Fadul's son and grandson recently examined the damage done to her house in Hammana by Syrians who occupied it for decades.



PHOTO AND CAPTION TOMAS VAN HOUTRYVE FOR THE NEWYORKTIMES

A girl and an army vehicle amid charred houses in Hallanagar, where, in February, vigilantes burned 305 houses they said had sheltered Maoists.

KCC-run Kulia Grill opens at U.H. Med school

By Diane S.W. Lee
STAFF WRITER

Despite a slow start during the first week of April, business at Kulia Grill is expected to pick up during the next few weeks. Kapiolani Community College's (KCC) Culinary Department Apprenticeship Program runs the Kulia Grill, which is located in the University of Hawaii's new John A. Burns School of Medicine (JABSOM).

The cafeteria first opened to a few transactions on April 4. Due to the long process of setting up menu prices and making sure that the equipment was functioning properly, a limited menu was offered.

The new JABSOM building recently opened to a small population of medical students, despite the fact that the surrounding buildings were still under construction. Although it was a slow trail week for the Kulia Grill, the cafeteria staff expects to have everything ready in the next week or so, anticipating to feed the stomachs of several hundred in the weeks ahead.

Kulia Grill's menu includes breakfast and lunch, with an assortment of pastries, sandwiches, hot plate lunches, bentos, fruits and salads. Although the menu at Kulia Grill is somewhat similar to the cafeteria



**It's a food
court with
state of the art
equipment.**

food at KCC, they are aiming for a step above with healthier preparation and ingredients.

"The main emphasis is on flavor and taste, but also with a wellness component," said Chairperson of Culinary Arts, Ron Takahashi. "We're trying to help support local agriculture. We have more products that contribute to overall wellness preparation and a lot of locally grown products."

Although the pricing is more expensive than KCC's cafeteria food, Takahashi said that it is necessary to compensate for the high prices of the ingredients.

"It's a food court with state of the art equipment. It's just a little

INSIDE: JABSOM, page 8



ILLUSTRATION KARIWRIGHT

Females encouraged to take defense classes

By Desiree Johnston
STAFF WRITER

The recent attacks on women around the U.H. Manoa area have begun to raise awareness regarding the feeling of false security in Hawaii. Now it seems that it is no longer safe for women to walk alone at night, even on a busy street just after dusk. In today's society it is apparent that what were once random acts of violence are now becoming common occurrences.

"When I was a kid we could play outside until 2 a.m. and not worry about a thing," said Glynis Lewis, student at KCC and mother of three. "We walked to the store by ourselves and didn't worry about being attacked or kidnapped. Now it's different. For the past 10 years I've walked my dogs at night with a Koa stick and a bottle of pepper spray."

Now, more than ever, it is important that women learn how to protect themselves not only to prevent an attack but to know what to do if one occurs. The following is a list of ways to pro-

tect yourself if a situation arises where your safety is being jeopardized.

Be aware of your surroundings: Harry Hoots, a Technical Master Instructor at the Compliance Direction Takedown (CDT) said, "Attackers look for people who are nervous or not paying attention."

When you are walking alone at night be assertive. Always look to see if you spot changes in your surroundings by paying close attention to the people or cars that are in the area. Keeping a close eye on the surroundings will often cause an attacker to lose interest and focus on someone they will be able to surprise.

"When getting into a car at night look around to see if anyone is watching you," Hoots said. "Attackers will target women getting into their cars at night. Sometimes they will even break in and wait in the back seat so it is very important that you check the inside of your vehicle before getting in."

INSIDE: Defense, page 8

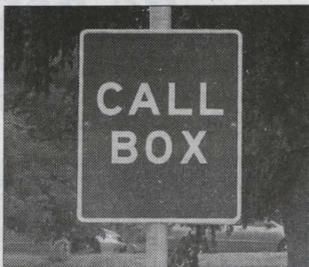


PHOTO VUONG PHUNG

Congress:

Continued from page 1

this problem. The campus's auxiliary service has installed an emergency phone booth. Located in the second row of parking lot C, students can directly get in touch with campus security or the Honolulu Police Department with a touch of a button. Actually, first time users will find the phone self-explanatory. Upon opening the box panel, a phone clicking sound will play through a small speaker. Users would see two red buttons, labeled "Police" and "Campus Security."

Vaguely recalled by members of the Student Congress, the original work order called for two emergency booths. But that was not the case. John Messina of Auxiliary Services said he had no knowledge of a second one. Messina said there is no budget for it. His department already paid \$6,000 for parts of the first booth alone. His team provided the remaining labor portion. He also said he would be glad to provide similar labor for the second booth.

As to where the second booth is to be installed, Messina said he would place the priority on lot D, near the day care center, and then lot B, adjacent to the Diamond Head Theatre.

"Lot A already has a public phone," he added, "and 911 calls are free."

He also suggested an emergency booth somewhere on the campus interior, like on the Great Lawn.

Another part of congress's agenda proposed a public meeting where students can participate on the subject of tuition increase. The confirmed dates and location is April 13 and 20 at the Ohia Cafeteria. Strong student participation is expected due to recent concerns with safety issues on campus. The emphasis is to have an open venue where students can voice opinions, recommendations, or questions on the matter.

Protests continue at UARC forum

Students follow chancellor to his car after forum's abrupt end

By Julie Grass & Dominic Colacurcio
KALEO HAWAII

A group of upset protesters left the second of three public consultation forums on a proposed University Affiliated Research Center demanding longer meetings to allow their concerns to be heard.

University of Hawaii at Manoa Chancellor Peter Englert organized the meetings, which are being held at the Architecture building, to gather public feedback on the UARC before he can bring the proposal back to the Board of Regents for final approval.

But when the meeting ended, protesters chased Englert as he walked to his car and blocked the road, preventing him from leaving the campus.

As he had done in the first forum, Englert once again outlined possible benefits of having a UARC in his presentation before opening the forum for questions.

U.H. Manoa Women Studies Professor Ruth Dawson spoke in opposition to the UARC.

"For many of us," Dawson said, "the fundamental issues are ethical."

Englert disagreed and said he didn't believe all military research was unethical.

One of the protesters' main concerns, as was the case in the previous meeting, centered on whether public opposition could influence Englert to reshape his position about the UARC.

Ikaika Hussey, a graduate student in political science, said during testimony that he thought the consultation arrived about two to three years too late.

"I don't believe this is a real consultation process — as far as I'm concerned this consultation is over," he said.

Englert tried to answer people's concerns but was continually interrupted by shouts from the crowd and protesters.

INSIDE: Protest, page 8

RECENT SNAPSHOTS OF EVENTS AROUND THE GLOBE

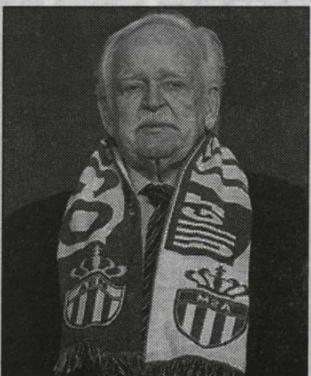


GLOBALSECURITY.ORG

A CH-47 U.S. Chinook helicopter crashed in Ghazni, a province in southeastern Afghanistan on April 6. The helicopter was carrying 20 people, four of whom were American crew. A statement released by the U.S. military stated that there appears to be no survivors, and two of the passengers remain missing. The crash is believed to have been caused by bad weather.

Japan has recently approved a new set of history textbooks that angered Chinese and Korean press. The controversy over the textbooks started when the Chinese and Korean press agreed that the content of the textbooks glorifies Japan's war-time past. Renmin Ribao accused the books of "whitewashing, aggression, distorting historical facts and evading responsibility for crimes." This is not the first time that the Japanese government has come under attacks for the inaccurate publication of history textbooks.

Residents of Cambodia are outraged by a plan to privatize the famous Phnom Penh Killing Fields memorial. The site was a mass grave of about 17,000 people during the Khmer Rouge rule. City authorities are planning on signing a contract with JC Royal, a Japanese company, to manage the site over the next 30 years. The director of Cambodia's Documentation Center, Youk Chhang has written a letter to Cambodia's Prime Minister Hun Sen with pleas to intervene.



BBC NEWS

Prince Rainier of Monaco died on April 6 at the age of 81 after spending several weeks in the hospital. The prince, who suffered from heart, kidney and lung problems, has been the reigning monarchy in Monaco since 1949. His son, Prince Albert, who has stepped up to take over the royal duties of his ailing father, will succeed the throne.

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Caffeine: Do health risks outweigh its benefits?

By Diane S.W. Lee
STAFF WRITER

Nothing beats a freshly brewed cup of java in the morning. Whether you love the beverage for its distinct rich taste of roasted coffee beans or for its fresh aromatic smell, coffee is what many look for to get a quick jolt of energy to jump-start their day. The caffeine found in coffee, tea, soft drinks, cocoa and chocolate may be the source that keeps you wide awake throughout the day. However, although studies have found that caffeine has some benefits, it also poses health risks.

The main diagnostic manual for identifying common mental and psychological disorders in the United States, the Statistical Manual for Mental Disorders, lists caffeine intoxication as a mental disorder. The manual states that caffeine intoxication may occur if caffeine is consumed "...usually in excess of 250 mg (more than 2-3 cups of brewed coffee)."

If you consume caffeine on a regular basis and experience any unpleasant withdrawal symptoms after going without it for an extended period of time, you may be addicted to caffeine. Although one cup of coffee a day may not seem like a lot, doctors at Johns Hopkins University have confirmed that caffeine addiction actually begins with a small consumption of the known stimulant.

Every Monday through Thursday, KCC student Kristi Mercado purchases a bottled Starbucks mocha Frappuccino from the cafeteria whenever she has classes at school.

"I don't drink coffee any other time usually," Mercado said. "I just drink it because it's sweet and doesn't have the coffee taste. It's like coffee flavored milk. I didn't have any side

effects from not drinking coffee though. I think it's mostly because it's sweet, so it doesn't affect me."

Researchers have identified that the most common withdrawal symptoms include: headaches, fatigue or drowsiness; depressed, irritable moods; difficulty concentrating; flu-like symptoms of nausea and/or vomiting; and muscle pain or stiffness.

Numerous studies from the American Institute for Cancer Research conclude that coffee has no link to cancer. In fact, it may actually help to prevent colon cancer. Based on 17 studies, those who drank four cups of coffee a day had a 24 percent lower risk of colorectal cancer.

On the contrary, according to scientists at Duke University Medical Centre, drinking four or more cups of coffee can contribute to heart problems, raise blood pressure and increase stress hormones by up to 32 percent. However, there is still insufficient research to confirm that caffeine or coffee increases the risks of heart diseases.

"I know occasionally some research that says a cup of coffee may reduce some cancers. But the problem with the study is that it focuses on a limited population," said Irv Cohen, KCC instructor of family resources.

Cohen, who is also a clinical social worker with the Adult Mental Health Division continues, "We should be able to take all that information as more responsible adults to make healthier decisions."

Doctors at Vanderbilt University Medical Centre find that many studies only reveal the effects of caffeine, but not coffee. One of the first studies done by Vanderbilt University's Institute for Coffee Research found that the antioxidants in coffee can help us live longer and health-

ier lives. In other words, drinking coffee is only good if consumed in moderation.

"Occasionally, I drink coffee, but very rarely I drink it to get energy," said KCC instructor of language arts Mark Lawhorn. "I usually just drink it because I like the aroma and the flavor. I just have a few mugs, but I certainly don't drink more than a quart a day. If I drink a little more than that I'll be all hyped up. My consumption is probably fairly average I'd say, but I personally didn't experience any ill effects. On occasions, I'll actually take a cup of coffee to class. It depends how tired I am, but it boosts my energy level in class."

Along with an increase in energy level and mental alertness, recent studies from Canada's Defense Research and Development proved that coffee enhances athletic performance. Evidence indicated that caffeine, when consumed before exercising, can increase time of exhaustion, heart rate and oxygen consumption. However, according to the Medical Research Centre at the University of Sussex, overdosing in caffeine has less beneficial properties and can disrupt sleep.

Depending on an individual's tolerance to caffeine, reactions to the stimulant may be different. For some people, they may experience unpleasant withdrawal symptoms to caffeine, while others may not have any reactions to the stimulant whatsoever.

"I don't suffer any withdrawal symptoms," Cohen said. "If I'm tired I can drink caffeinated coffee and still go to sleep. It's not a stimulant for me, it's a beverage. I've probably been drinking coffee ever since I was born, but it may be different for someone who started drinking it later in their life. We all

have different tolerance levels and it may be attributed to body size, body weight and gender."

With a growing number of coffee shops appearing on every block and a wider selection of caffeinated products to choose from, some people may find it difficult to decrease their consumption of caffeine. Many people may have cravings for caffeinated beverages and become dependent on it to get through their day. Although studies have shown that caffeine is good for you, it only works if taken in moderation. Experts advise those who wish to lessen their caffeine intake should begin by slowly decreasing their consumption of caffeine. Caffeine consumption should be kept in moderation, gradually limiting the amount over time to avoid any withdrawal symptoms.

"I think it's a problem for individuals whose bodies aren't equipped to handle caffeine," Lawhorn said. "Parents just need to be careful of letting their children drink any products with caffeine in them. It's just something that people need to be

aware of. Grownups should also be able to tell when they should limit their consumption of caffeinated products."

A health information Web site maintained by the U.S. National Library of Medicine and the National Institutes of Health, Medline Plus, defines a moderate intake of caffeine as 250 mg of caffeine per day or three 8 oz cups of coffee. However, drinking ten or more 8 oz cups of coffee per day is considered excessive intake of caffeine and may be associated with health risks.

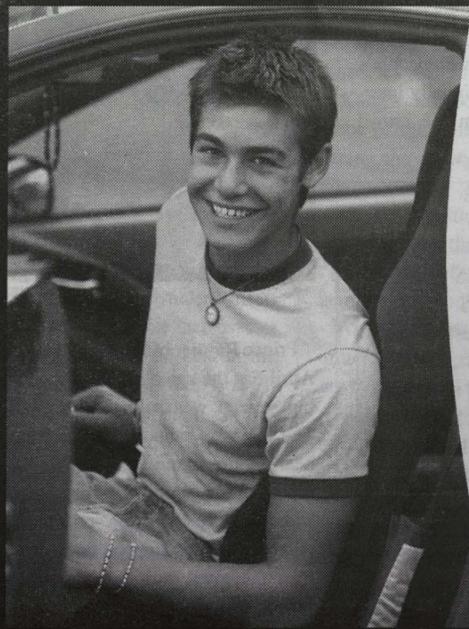
The American Food and Drug Administration recommends less than one to two cups of coffee a day for pregnant women. Drinking more than four cups doubles the risk of a miscarriage, according to researchers at the National Institute of Child Health and Human Development.

"I haven't read about the studies myself, but I know about the addiction firsthand because I was addicted to caffeine," said KCC Assistant Professor of Language

INSIDE: Caffeine, page 8

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Sin, gore, passion, stylized on black and white celluloids

By Vuong Phung
 LAYOUT EDITOR

In Frank Miller's world of noir, blood is made of white; the men are the good and the women bad, naughty, angry and scrumptious—all in glorious capitals. Director Robert Rodriguez hands out the bonus early: there is more of Carla Cugino's skin here than on any cover of Maxim.

For two hours and six minutes, three independent, slightly-interwoven stories keep "Sin City" graciously busy without the feeling of being crammed. In this city, sinners include a cop and a pedophile, a paroled convict and a prostitute, and a good guy and a bad cop.

The problem with multiple plot lines is the lack of a central character. The audience will have a hard time scrounging for emotional attachment to any of them. These archetypes are one-dimensional. Their storylines shoot straight as an arrow. They end right where we expected them to. In short: its pure devotion to style is its own vice.

Instead, the city itself is the true star. At the beginning, Basin City introduces its name with the first two letters crossed out, hence the moniker "Sin." In this dark, existentialist metropolis, the weather ranges from rainy to snowy, but never sunny. No specific period of time is here either since the cars vary from late 1930s models to recent versions of the Ferrari. There is also a seemingly empty, Romanesque church, where the comic's creator makes his cameo as the priest inside the confessional booth. The movie also



PHOTO THE MOVIE BOX

seemed to suggest that the girls growing up are likely to become prostitutes or strippers. Only the smart ones become parole officers or waitresses.

The decade-long comic series is violent. Its action is over the top. Rodriguez's ferocious adherence to the original material is both commendable and condemnable (more on that later). In both versions, the violence is raw. Depiction of torture-filled interrogation is sonically amplified with knuckle collisions, endless grunts, and the slashing of whips. Blood spills in Gatorade colors. Yellow Bastard is, well, bright yellow. But if there is any hidden context within these occasional splashes of colors, no explanation is provided. Were we supposed to care for the red shoes the good guy is wearing?

It's also sinful to make the movie look great while the dialogue suffers. All three male characters frequently present their soliloquies to the audience in a low, gruff, Dirty Harry-like tone, which all sound monotonous, indistinguishable

from one to the next. The dialogue is anything but inspiring, or even hackneyed—it's just bland. Unlike the "Spiderman" series, "Sin City" feels like an expensive comic flip-book; it contributes nothing to the series. This is no adaptation, just a carbon copy in a different form.

With all of the rough spots, I find the artistic side of "Sin City" is worth the ticket to hell. As for any personal atonement after watching the gory flick, well, that is between you and your God.



PHOTO FILMROT

'Fever Pitch' has heart

By Amanda Hughes
 THE DAILY FREE PRESS

While "Fever Pitch," the new comedy about love and baseball starring Drew Barrymore and Jimmy Fallon, doesn't exactly hit a home run, it certainly scores a triple. Directed by the Farrelly brothers (Peter and Bobby) of "There's Something About Mary" fame, "Fever Pitch" is engaging and often very funny, but suffers from some minor flaws.

The story is based on Nick Hornby's ("High Fidelity") book of the same name, as well as a 1997 British screen adaptation starring Colin Firth in the Fallon role. The Farrelly brothers translated the setting and the sports obsession of the main character from England and the English Premier League football team, Arsenal, to New England and the Boston Red Sox.

The plot is simple: During the historic 2004 baseball season, Ben (Fallon), a schoolteacher with a rampant Red Sox obsession, meets Lindsey (Barrymore) and they fall in love. At first Lindsey is accepting of Ben's ardent love of his favorite team, but trouble arises when he begins to continually give the Sox more affection than he does to her. Ben must then choose between the two loves of his life in the end and is inevitably torn.

The movie does some things excellently script-wise: As in the Hornby novel, the script cleverly and subtly contrasts the highs and lows of Ben and Lindsey's relationship with the highs and lows of the 2004 Red Sox season.

The scenes with Ben and his seat-mates in his season-ticket section are believable and warm. The casting of ordinary looking 'everymen' as this surrogate family built around sports was an intelligent choice, adding a touch of honesty to what could have been a purely Hollywood-ized production.

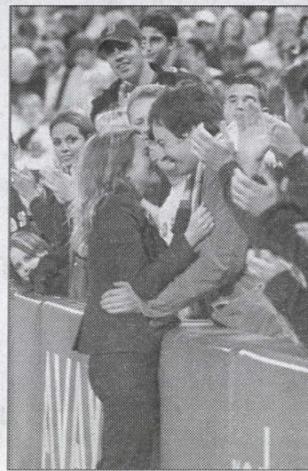
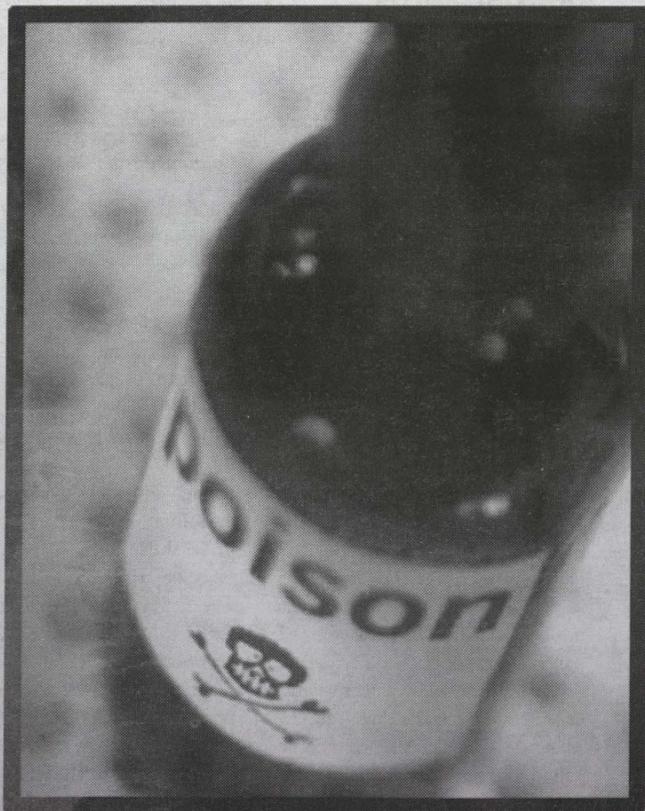


PHOTO IMDB

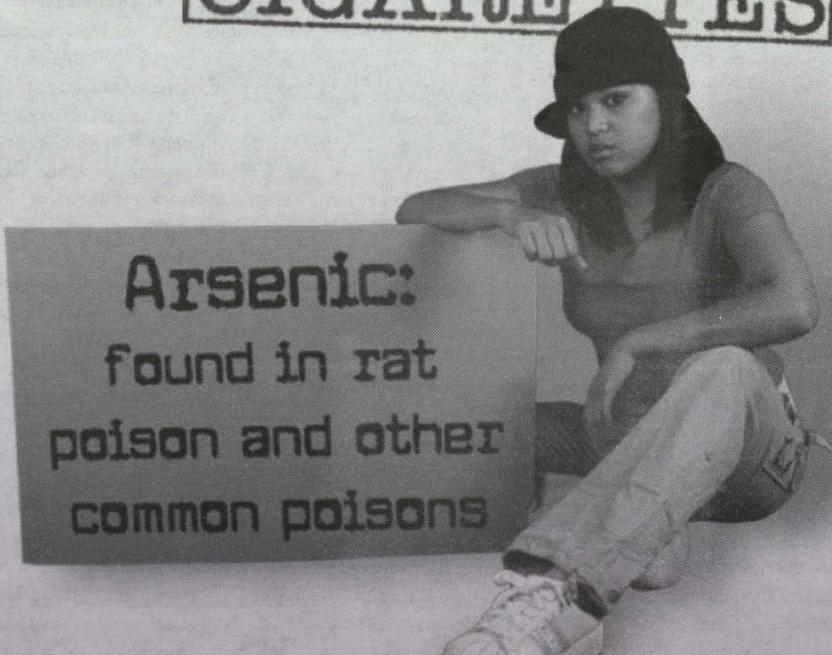
Despite these positives, the script has some flaws, mostly involving character development. Lindsey seems half-developed in the first quarter of the film, vacillating between relaxed and quirky to unexpectedly uptight and sharp, though this works itself out midway through the film. Ben is written considerably better and is given the best lines, however the problem lies with Fallon's slightly uneven performance.

One major highlight of the film is the actual use of local scenery to tell the story. By including such recognizable landmarks such as the Boston Common, Sonsie, the Cask and Flagon and Fenway Park, the film incorporates the city into the film, not only as a backdrop but also as a deserving supporting character.

Barrymore continues to prove that she is one of the most engaging actresses on screen today. Her presence is sweetly energetic; it's easy to see why Ben would love her. Fallon turns in a very satisfactory performance, blending elation and despair over both his team and his girl. However, sometimes he feels a little too earnest to be funny.



1 of **4,000 CHEMICALS**
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Protest

Continued from page 5

"The process of consultation has to be entered into with an open mind," Englert said. "I have to ask you to have an open mind as well as myself."

Groups of protestors once again gathered outside the Architecture auditorium before the meeting and entered the auditorium throughout the presentation.

During Englert's response, about 25-30 protesters, with skeleton face paint, climbed onto the stage and simulated choking to death.

"We came here to make a statement. We're afraid that a collaboration with the Navy will hinder academic freedom," one of the protesters said. "We're afraid that the Navy will take control and seriously restrict student access."

The meeting lasted one hour and 30 minutes, ending at 4:30 p.m. Several people were still in line to give testimony as Englert left the room.

Englert has said he would like to

bring the UARC proposal for board approval sometime after the summer break, and consultation would continue until then.

But the protesters blocking Englert's car said they were angry for not getting a chance to speak at the event yesterday.

"For months we've been doing this. We've spent lots of time and energy on this issue and we expect the same in return," said one protester. "This was not our strategy. Our strategy was to ask some questions in there."

Campus Security Capt. Donald Dawson and other security guards tried to disperse protesters so Englert would be able to leave. But Englert reparked his car and went back into his office.

One of the protesters, former U.S. Diplomat Ann Wright, who resigned in 2003 over the Iraq war, said she was upset about the small amount of time reserved for the forum.

"There were 10 of us left with no time left to voice questions," she said. "Consultation can't happen in an hour and a half."

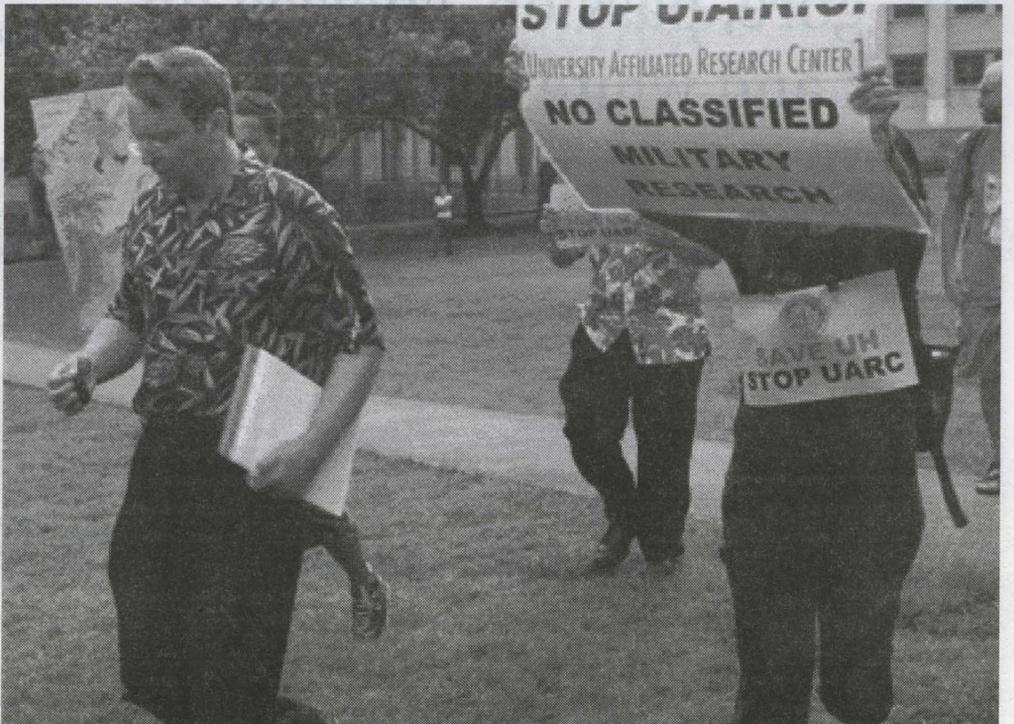


PHOTO AND CAPTION TONY BLAZE/JACK/KA LEO O HAWAII

Protesters followed Chancellor Peter Englert to his office and then his car yesterday after a second forum to discuss the proposed University Affiliated Research Center concluded. The protestors then stood in front of the chancellor's vehicle and prevented him from leaving Varney Circle. Though campus security arrived on the scene, no arrests were made.

School:

Continued from page 1

offered for the summer session as well, certain ones have been omitted. According to Pagotto, high demand for specific classes, and the limited amount of faculty and space, influence how many of each course will be offered. Furthermore, Pagotto said that although some programs are omitted, a few, like those offered by the health and science department, are not on the schedule of classes for spring and fall, and are only available at KCC during the summer.

Registration for summer courses begins on April 11 for all sessions and is due by May 6 for the first six-week course and for the 10-week course. Deadline for registration in the second six-week session is June 17. The cost per summer credit is \$109 for residents and \$142 for nonresidents, or approximately \$327 and \$426 respectively for each three credit class. May 9 is the deadline for all summer sessions.

For more information about summer classes visit the KCC Web site at www.hawaii.edu, pick up a copy of the 2005 Schedule of Classes at the KCC bookstore, or call the Kekaulike Information and Service Center at 734-9555.

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April 15

6-11 credits
April 18

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April 19

Defense

Continued from page 5

Walk facing traffic and in the middle of the street: By walking facing traffic you can see the cars coming toward you, which prevents someone pulling up behind you in a vehicle. The middle of the street is suggested so you are not too close to traffic or buildings.

Carry a weapon: This does not necessarily mean to carry knife or a gun. Often a victim will hurt them self because they don't know how to use the weapon properly.

"When people use pepper spray the victim will often spray themselves in the face," Hoots said. "When you are being attacked it is hard to get the bottle out of your purse or bag which can be very dangerous."

You should use something you feel comfortable with. If you feel comfortable with pepper spray or a similar product, conceal it in your hand and be ready to use it if someone attacks. Weapons can also be substituted with objects that can inflict pain. Keys, for instance, can make a great weapon. Take each individual key and place it between your fingers. Close your hand to make a fist with the keys sticking out to form a claw. This can be very effective if attacked and often an attacker will choose not to pursue you if they realize you have a means of defending yourself.

Don't be afraid to hurt someone. "Women by nature don't want to inflict pain," Hoots said. "When you are being attacked try everything you can to get away. Go for the soft tissue, the eyes, groin, and nose. If they have a weapon comply with what they want you to do until they try and force you into a car. A person's life expectancy goes down by 10 percent every minute once they are in a vehicle."

"I want my girls to be aware of their surrounding," said Lewis. "Both my daughters have a can of pepper

When I was a kid we could play outside until 2 a.m. and not worry about a thing... Now it's different. For the past 10 years I've walked my dogs at night with a Koa stick and a bottle of pepper spray.

spray. I raised them to be suspicious because it could be a male acquaintance they've known for years - that's called date rape."

To ensure your own safety it is recommended by professionals that all women take a basic self defense course. CDT offers a two-hour training program one to two times a month at the Barbers Point Community Center. The program teaches how to avoid conflict and diffuse a problematic situation. It also demonstrates how to cause severe pain without physical damage, and is the same program used by the security offices of Outrigger Hotels. The course is \$89, and upon completion you will receive a one year CDT certification as well as a book and a t-shirt. The next course will be from 10 a.m. - 12 p.m. on April 16.

Hoots will be giving a presentation called "Take Back The Night" at U.H. Manoa in April, the date and time are still to be confirmed. For more information about the self defense course or the presentation please contact Harry Hoots at 687-1341.

Caffeine:

Continued from page 6

Arts, Leigh Dooley. "When I don't have caffeine, I would notice the headaches and tiredness. I noticed that I was addicted and so I quit. I stopped drinking coffee about six years ago before I got pregnant with my first child."

Although she does not experience any more cravings for coffee or caffeinated products, Dooley says she drinks green tea and decaffeinated coffee once in a while.

"I've been a healthy eater since I became a vegetarian," Dooley said. "I like not being addicted to caffeine because it was something that I was dependent on to have enough energy to get through the day. You have to gradually remove caffeine from your diet. That's what worked for me."

JABSOM:

Continued from page 4

bit more upscale (than the cafeteria). You won't find a spam musubi there, but you will find an oatcake and things like that. It's a little bit more expensive because we're using higher priced raw ingredients, which requires us to charge a little bit more," Takahashi said.

The cafeteria is open to the public for breakfast and lunch Monday through Friday, excluding major holidays, from 7 a.m. to 4 p.m. According to Takahashi, there may be a possibility of expanding to holidays and weekends if there is enough demand for the cafeteria to be open. The Kulia Grill is currently available for banquet requests and may be reached at 692-0803. Dinner services will be available within a year. Delivery services are not available. The Kulia Grill can be found inside the JABSOM building, located on the Kakaako campus at 651 Ilalo Street.

Last Chance for Space Exploration

Thursday, April 21

6:15-10:30 p.m.

The KCC Math and Science Department will continue its exploration of the night sky by viewing the Moon, Saturn, and Jupiter with telescopes and electronic devices. This experience will take place in front of the cafeteria. You will have the opportunity to learn how to use telescopes and to see close up views of Space. There is no cost, everyone is welcome to participate.