

Sociology professor cherishes KCC

By Remington Taum
STAFF WRITER

In an office that can be found in the corner of first floor of Olonā, walls are covered with photos and newspaper articles and memorabilia from outer-island school trips.

Sociology professor Robin Mann has been teaching at KCC for more than 40 years, even when KCC was still situated on Pensacola Street. At that time, teachers' offices were only library cubicles.

Though she stumbled into her position at KCC, Mann has had experience teaching at the preschool, elementary, middle, high school and college levels. Through her jobs, Mann gained a variety of experiences before beginning to teach.

As a teenager, she came across her first job while growing up in Kihei, Maui, now known as Wailea, at the Maui County fair.

With a love for children, throughout high school and college, Mann's main focus was pediatric medicine, therefore, transitioning to teaching wasn't much of a surprise.

Mann later when on to host a program for KMVI radio on Maui, three TV programs, worked as a flight attendant for Hawaiian Airlines and even worked as a public relations director.

"Having had those other jobs, I feel, prepared me to be a better

ROBIN MANN



Hometown: Kihei, Maui

Favorite dessert: Anything with fresh coconut, or red velvet cupcakes

Most interesting place traveled: Everywhere she's visited and: Paris, France, Ireland, Korea.

Proudest moment: "... Watching my daughter grow and develop into the most intelligent, strong, and attractive person that she is ..."

Favorite Instructor(s): All of her professors were great, including those from elementary

teacher," she said.

A graduate of University of Hawai'i at Mānoa, and the University of California, she had a pre-medical



PHOTO COURTESY OF TYSON HAYASHI

Mann and her students gathered around for a group photo on their previous sociology trip to Kaua'i. Robin Mann has been at KCC for more than 40 years and each semester she takes her students on an off island trip to study sociology.

major in zoology up until her senior year, then transferred into sociology.

Keeping busy, Mann did graduate work in secondary education and later received her graduate's degree in sociology from UH Mānoa.

Aside from landing a career in teaching, Mann has been involved in many community organizations as a board member, volunteer and fundraiser.

"I feel that it is important for my students to volunteer in the community," she said. "And if I believe that,

then I should volunteer also."

She's also spent quite a lot of time with organizations like the Red Cross, the original University of Hawai'i Cancer Research Center and as volunteer at the State Legislature.

Teaching was not a career choice that Mann chose purposefully, but rather happened upon by accident. Although once she began teaching, Mann grew to love it.

"For me, each day is different and a learning experience," she said.

She always keeps students in mind

and recognizes that each student has a different learning style. Mann finds it to be a challenge to direct the learning to the variety of learning styles, but yet she still loves all aspects of learning, including teaching.

Tyson Hayashi, 19, explained that Mann is a teacher who reaches students on a personal level and is always willing to help.

Mann happened to end up teaching at Kapi'olani Community College

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New scholarship increases sustainability awareness

By Joie Nishimoto
EDITOR-IN-CHIEF

The University of Hawai'i Foundation (UHF) recently received a \$1.6 million bequest to help provide students within the UH community college system with financial assistance to complete two-year degrees or certificates in sustainable technology programs.

The Isamu Shinshiro Scholarship for Sustainable Technology Education and Training Fund was founded after Shinshiro, a retired sewage treatment plant operator, passed away and left the estate to the UHF.

According to Margot Schire,

director of communications at UHF, some people tend to bequest their belongings to the foundation as a way of giving back to the University of Hawai'i system.

"The University of Hawai'i Foundation has team gift planning," said Schire. "They help these types of people to leave their legacy, such as selling homes."

According to a press release by UHF, Shinshiro received help from a close friend to make the gift possible.

From what Schire has heard about Shinshiro, she said he was a quiet, everyday man who was never famous.

"He was a quiet and humble man who worked really hard," she said. "He worked at a sewage treatment. He was not one of those people you'd know. He was a special person."

Shinshiro's donation comes after a yearning to help students to have clearer and more affordable access to a good education, along with training in industries that promote the idea of going green in Hawai'i.

Although the release for this scholarship has yet to be determined, sustainability awareness across the university's 10 campuses has already begun.

According to John Morton, vice

president for the community colleges, Shinshiro saw that helping students could help the future of green jobs.

"It's always sort of amazing," Morton said. "I've never met Shinshiro. There is an importance in green jobs and he saw a future in that in our students."

Morton said that sustainability is vital, but people must be willing to make the changes necessary to live in an eco-friendly world.

"Changing takes both commitment and knowledge," he said. "Yes, it can be done at home, but for others, they want to make a career of it."

Community colleges across the

state are trying to incorporate sustainability into new programs, while trying to make sure they still exist in current programs.

"You have the culinary program (at Kapi'olani Community College) where they grow their own stuff," Morton said. "There's also the automotive technology program (at Honolulu Community College) where they may deal with hybrid cars."

On Friday, Nov. 19, the UH community colleges held a green jobs summit at Windward Community College. The event was to spread

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5 With college comes a load of stress, like from studying. Yoga can help to ease some of that stress.

Art gallery explores bond with West, East

By Alika Pfaltzgraff
STAFF PHOTOGRAPHER

Ted Lincoln is the consummate artist, always looking for new ways to incorporate transient influences into his work, hoping to capture the ineffable essence of our fluctuating civilization.

Lincoln's work was just recently featured at the Chinatown Boardroom. Lincoln's southern upbringing played a large factor in his art, as he was the product of a Filipina mother and American father. He cites his hapa blood as having a considerable role in shaping his world perspective.

Being that both of his parents were scientists, art wasn't discussed much growing up. Interestingly enough, his main muse as a child was the swamp in his backyard.

"It's moody, dark, quiet beauty shaped almost every painting I have

ever made," he said.

Lincoln spoke fondly of his penchant for photo-realism as a kid, always striving for as much detail as possible in his drawings. However it wasn't until college that he was exposed to painting. His painting class opened up a whole new world for him, and he eventually went on to study ink painting in China, which led him to where he is now.

The price of assimilation seems to be an ongoing motif of Lincoln's work, exploring the positive and negative repercussions of Western societies relationship with the East. There's a sensuous meld of modern idealism and rustic values in his work, evoking chic sentiments seeking to permeate the stalest of conventions. It's as if he's transcribing an ancient parabola through a contemporary lens.

Lincoln's approach to his art is

as varied as the tools of his trade, making use of industrial materials such as steel, aluminum, acids and automotive enamel. He also has a penchant for sumi ink and rice paper, which help him to create lucid pieces steeped in the traditional approach to Chinese landscapes, then compounding upon the foundation until blossoming like a cherry tree into something else entirely.

Many of his pieces feature bar codes that actually read out his name, and the binary on each piece corresponds or translates to the actual title of the work.

Nowadays, he draws inspiration from the myriad Eastern influences in our Western society.

"This richness, irony and dichotomy can be found in no place more evident than in my life, work, and background," he said.

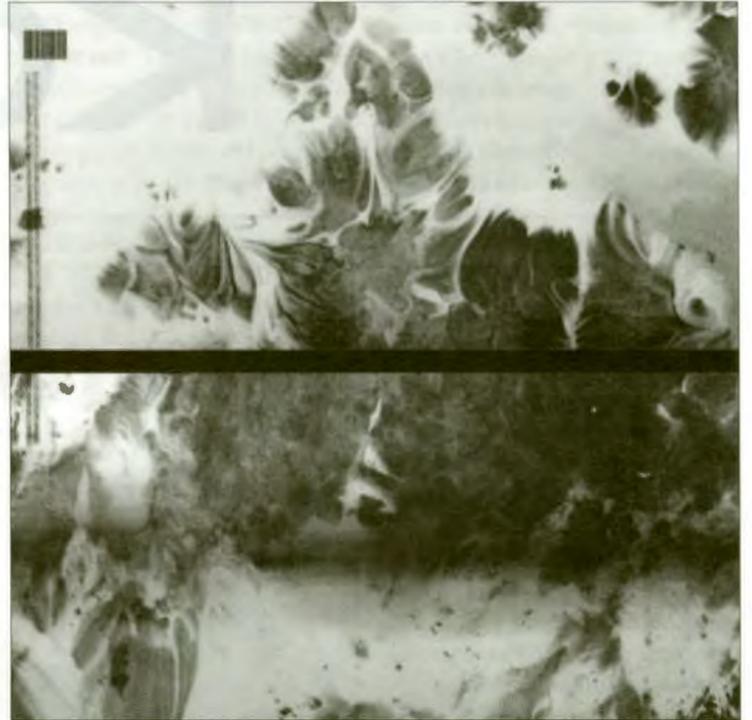


PHOTO COURTESY OF TED LINCOLN

Art by Lincoln, like "Where Do You Want It," is inspired by Eastern influences.

He considers his art to be a confluence of the diverse influences he was and is, currently exposed to.

"I am aware of all the contradictions and treasures that this contemporary dynamic propagates. My

artwork is a reflection of this mix," Lincoln said.

The Chinatown Boardroom is open from Tuesday to Sunday, 11 a.m. to 4 p.m. Visit chinatownboardroom.blogspot.com for more info.

SLT program to expand into club

By Joie Nishimoto
EDITOR-IN-CHIEF

Students who are interested in a career in teaching others a different language may consider joining the Second Language Teaching (SLT) Club.

The SLT Club has not been made official yet, but according to Shawn Ford, club adviser and SLT program developer and instructor, the paperwork has already been submitted to the Board of Student Activities to become a registered independent organization and he hopes the club will be approved by the end of the semester.

Ford appointed 22-year-old Joshua Nitta as president of the future SLT Club. Nitta said that the club, which has been in the planning stages since the beginning of the fall semester, will help to educate students about the existing Second Language Teaching program.

"KCC is a very international school," Nitta said. "That's why we'll have this club. We want to give them (students) an idea about we want to do."

The Second Language Teaching program is fairly new, said Ford. The program was in an experimental phase for a "couple of years" before

becoming official this fall.

"It is the newest program on campus," said Ford.

According to Ford, SLT is an outlet for students interested in becoming teachers.

"The SLT program preps students in a career for language teachers," he said. "In my mind, they're already teachers, so they need to act like one. The program teaches them to honor this profession. I'm trying to give them some sense of pride, as teachers tend to get based nowadays."

He said the program is not limited to those who want to teach English as a second language. For example, Ford said, students who can speak Japanese fluently may want to consider teaching others the language.

The SLT Club puts language to use, said Nitta, business and SLT major.

"The program is good," Nitta said. "It'll help others to do something with their language as a way to communicate with others."

Although the club is still pending to be approved, Nitta said there are already 15 to 20 students interested in joining. He hopes he will get more

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UH-Mānoa to show Asian cinema

By Alika Pfaltzgraff
STAFF PHOTOGRAPHER

Tucked away under the dank recesses of the Sinclair Library on the Mānoa campus, lies a voluptuous screening room that few know of.

Listed under the unassuming moniker "Viewing Room 4," it's capable of accommodating up to 40 people, available to anyone affiliated with the University of Hawai'i as long as it's for educational purposes. Some special programs are exempt from this rule however, like the East Asian Film Society.

Every week, the EAFS hosts a screening of select Asian cinema, often showcasing obscure, critically acclaimed titles. For the month of November, they decided to center the films around family, in deference to Thanksgiving.

This upcoming Thursday, they will be showing the criterion certified Taiwanese film "Yi Yi." Directed by Edward Yang, the film chronicles the life of a middle-class family over the course of one year, as they struggle to deal with everyday life in Taipei. The film is roughly three hours long, so guided patience is recommended.

The following Thursday, November 23, from 12:00 p.m. - 2:00 p.m. they will be showing Takeshi Miike's much maligned "Visitor Q." Viewer discretion is advised for this extreme depiction of a dysfunctional family. One day a stranger comes to live with a dysfunctional Japanese family,



and by interacting with them one by one helps them to find happiness in their lives. A "disturbing and taboo-bashing experimental work", this is director Takeshi Miike at his most extreme.

The EAFS originated in the early months of October, where they dedicated to a long string of surrealist films including the diabolically twisted Tetsuo The Iron Man, and the cult classic Cyberpunk.

Rounding out the month will be "The Quiet Family," a Korean film featuring top Korean actors SONG Kang-ho(Thirst). This black comedy follows a family who moves to a remote mountain in the countryside and opens a lodge. As things start to go wrong for their business they begin having to keep more and more secrets to avoid any bad publicity for their new business.

What makes this particular soci-



eties efforts so intriguing is its predilection for taboo, disturbing cinema. There are other film programs on campus, but none of them are capable of delving into the truly experimental regions in which EAFS resides in. The Campus Center for instance, hosts a "Movie Night" every Friday,



UH-Mānoa's Sinclair Library will be screening selected Asian cinema from the East Asian Film Society. Some films, such as the Taiwanese "Yi Yi," are obscure, yet critically acclaimed. The films in November were focused on family.

even going so far as offering popcorn and Subway sandwiches at discount prices.

For those looking to explore the

outer confines of artistic content, the East Asian Film Society humbly welcomes all.

Train, Bruno Mars, among others to have winter concerts

By Iiwileo Pacarro
STAFF WRITER

This past month, Hawai'i has seen some big name concerts and performances. With Sublime with Rome and Robin Williams just behind us, our islands seem to be an attraction for big-time performers. Maybe it's the winter surf or maybe it's the fact that we don't have snow, but Hawai'i's event list is packed. Save up, because here is a list of concerts worth attending in the next two months.

Band Camp 8

Dec. 2 All Ages. Blaisdell Arena. \$25 - \$45

Put away your blankets and umbrellas, as this year's Band Camp is being held at the Blaisdell. Normally held during the summer, Band Camp has been pushed back a bit this year. Hard-hitting names like Train, who sings "Hey Soul Sister," and Oranthe, with the song "According to You," will be among the lineup. Remember bring a friend because Band Camp 8 will be one epic night to remember.

Pepper

Dec. 10 All Ages (Under 18 accompanied by adult). Pipeline Café. \$27 - \$58

The Kona boys are back. With their newly released EP "Stitches," these local boys are creating waves.

With their raunchy song "Give it Up," how can you not listen to them? Their ska rhythm and Hendrix-like guitar solos give them a top place on any college student's playlist.

Passion Pit

Dec. 11 All Ages (Under 18 accompanied by adult). Pipeline Café. \$25-\$50

Mix some airy vocals with some upbeat samples and a steady drum beat and you have Passion Pit. With their electro pop-techno sound, you can't help but like these guys. Their hit song "Sleepyhead" sprung them into the mainstream, and they have taken off ever since. Even their wacky music videos leave your head spinning, wishing for more.



Hawai'i-born Bruno Mars performed on NBC's "Today" television program in New York on Nov. 22. So far, Mars has had two chart-topping singles. He will be one of several artists coming to Hawai'i to perform in the next coming months.

Bruno Mars

Dec. 19 All Ages. Blaisdell Arena. \$35 - \$45

Hawai'i-boy Bruno Mars is coming back. His recent pair ups with B.O.B ("Nothing on You") and Travis McCoy ("Billionaire") have already earned him two hit singles. With his next single "Just the Way You Are" looking like another big hit, he has shown the nation just how talented Hawai'i people are.

Tribal Seeds

Jan. 6 All Ages. Pipeline Café. (Tickets not available yet)

Cali roots, rock, reggae group Tribal Seeds have found their way to Hawai'i. With a sound like Bob Marley, these dreaded up California boys have been spreading their sound since 2008. Their latest release, "The Harvest," has a few special surprises on it, including Sony Sandoval's (front man for P.O.D.) appearance in one of the songs.

D.R.I.

Jan. 21 Ages 18+ The Loft. \$20
Still rocking from 1982, Dirty Rotten Imbeciles are back with their screaming spoken lyrics and super fast beats. Aggressive, hard core, punk and head banging are just a few words that would describe D.R.I. Their fast drums, heavy guitars and super fast vocals have a Metallica quality to them.



SEAN NAKAMURA / KAPI'Ō

Rie Miyoshi (left) and Gavin Ono, on guitar and ukulele respectively, performed the songs "Ka Nahona Pili Kai/Nada Sou Sou" and Jason Mraz's "I'm Yours" for the audience in the 'Ōhi'a Cafeteria.



RIE MIYOSHI AND SEAN NAKAMURA / KAPI'Ō

This year's International Education Week brought in a variety of cultures on campus. A group of dancers from Japan flew to Hawai'i to perform the hula at KCC. There were also dances from Indian and Samoan cultures. Students from the International Café made okonomiyaki, a popular favorite during IEW.

Celebrating the world at KCC's International Education Week

By Sean Nakamura

PHOTO EDITOR

The somber quietness of the KCC cafeteria continuously remains ever so peaceful. Students come and go after filling their appetites with food, and sometimes they'll sit down and study or talk story with their friends.

That is, until International Education Week came around.

Chairs and tables are shifted to one side of the room, leaving a large area of space outlined by speakers, lights and wires trailing across the floor.

International Education Week began on Monday, Nov. 15 and a variety of events were held until Thursday, Nov. 18. Music filled the normally peaceful atmosphere and performers from a variety of cultures in the community helped to bring parts of the world to the campus. These events gave students a taste of the world.

The International Café returned again with their famed okonomiyaki, a Japanese pancake, served fresh from the

frying pan. The okonomiyaki sold at an affordable price of \$4, whereas restaurants and stores elsewhere would have them selling at a much more costly price.

They also featured the Japanese dumpling called gyoza, soft and crispy, and just right when accompanied by select gyoza sauces.

The audiences were treated to various forms of dances from all over the world, such as from Spain to India to Africa and the Pacific Islands. A group from Japan even performed hula.

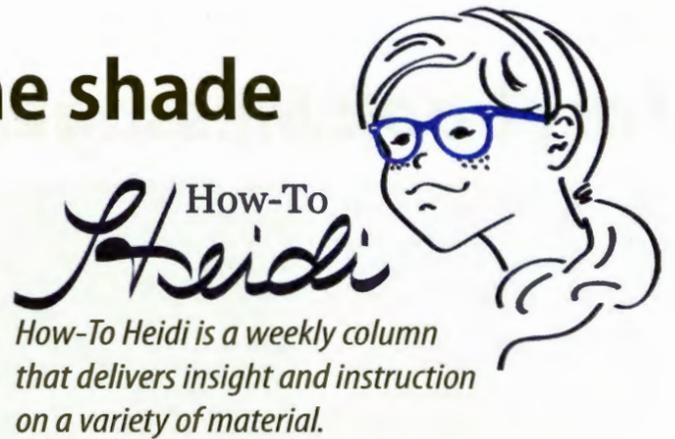
Music audiophiles have had the luxury of listening to musicians performing live in the cafeteria. Many local community musicians performed, including our very own KCC students Gavin Ono and Rie Miyoshi.

This semester's International Education Week was no doubt full of energy and education. If you thought this semester's International Week was good, wait for next semester's International Festival Week in the spring. That's where the real fun is.



Herb gardens: they're made in the shade

By How-To Heidi
STAFF WRITER



I've never been much into herb lore, though I am a strong believer in seasonings. There was a night in Italy when I helped to prepare a feast perfected by the cutting of herbs that were grown on the terrace. That night, I helped to spread the joy of fresh oregano and thyme and rosemary, and we ate until we burst forth sprigs of sage.

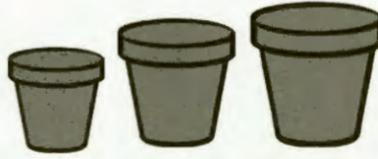
The delights of nurturing your own herb garden may not be immediately apparent to some. After all, the convenience of swooping upon a grocery store during the hour of need seems far more practical than the trials of seasonal gardening. However, with store-bought spices running a fairly hefty price, maintaining a personal herb garden can be the inexpensive gift that keeps on giving.

1. Sprigs

Before you can pick fresh bay leaves from your yard to throw into your secret spaghetti sauce recipe, you'll need to plant a bay tree. Scribble down a list of herbs that you use most frequently and use that as a jumping-off point for your seasoning endeavors. A common starter garden would contain the likes of rosemary, thyme, basil and oregano. If your cooking pulls more towards an Asian influence, then consider lemongrass and Thai basil, both of which are easy to grow.

Because your ease is always a priority, grow the grassier herbs (parsley, cilantro, lemongrass) from seed and get the woodier herbs (rosemary, thyme, oregano) from cuttings. Most herbs enjoy basking in the glory of sunshine, so place them in an area that is prone to a full day's worth of sunbeams. Remember to keep them watered, as basil especially will voice its thirst in unabashed wilting.

Along with sun and water, your herbs will need good air circulation to prevent diseases. Make sure there's enough space between your plants and situated in an area that has adequate soil drainage. Go on and share a little conversation with your new plants as it's rumored that they are socialites who love human interaction.



3. Harvest

Although there's nothing like emerging from a tangle of mint (be warned, do not plant mint in the ground as it is overly proliferate and may turn to the dark side of becoming a weed) fresh herbs are not as potent as their dried counterparts. The remedy can be as simple as adding three times the amount of fresh herbs that a recipe calls for.

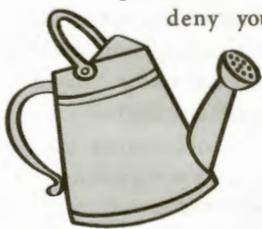
Drying your own herbs is another option. For low-moisture herbs like dill, rosemary and thyme, hang them in small bundles of 4 - 6 sprigs in a well-ventilated area for a few weeks. For water-rich plants like basil, oregano and tarragon, oven-drying provides an alternative. To do this, place the branches or leaves on a cookie sheet and leave them in the oven at about 180 F for 3 - 4 hours. The door should be cracked open to ensure that your herbs don't become well-done.



If you have any How-To suggestions that you'd like Heidi to explore, please e-mail her at HowToHeidi@gmail.com.

2. Garnish

Now that your herbs are grown and ready for consumption, pair them up appropriately to garnish effectively. Rosemary is rather versatile, going well with the likes of lamb, chicken, pork and roasted vegetables. For avid Italian lovers, basil will see you through with your tomato sauce, pizza, pesto and pasta. Throw mint leaves into ice tea, hot tea or mojitos, though don't deny your creativity. Engage in a culinary adventure and experiment with the possibilities. There are books and online resources that cater specifically to your herbal needs, so feel free to poke your nose in and root around.



Meditation and yoga to ease those stressed days

By Remington Taum
STAFF WRITER

Throughout the school year, quite a few students can be found in the library, cafeteria or at a coffee shop trying to fit in an extra hour of studying.

The stress of school and work can create a busy day for a student. If you're searching for a way to release some stress and calm down, several different studios around the island offer a variety of yoga styles.

"(Yoga) is a system of practices to help one reach higher levels of consciousness," wrote Rupali, Hatha yoga instructor from Yoga Hawai'i.

When yoga was originally developed, the ultimate goal was to reach a higher level of consciousness, or a path to enlightenment. It is a way to reach back to the source, or a pathway to God. Yoga is known to help the mind see clearly and affects the nervous system.

In modern times, depending on what people want, there are several styles of yoga to fit different needs. Some may choose to practice yoga for physical activity or to help manage nerves. It can help people concentrate and to be present with breath.

Yoga extends deeper than just the physical action of it being a way to stay healthy. Here, the word yoga is used loosely, according to

Rupali. There are several different systems of yoga, or six main paths. Then again, there are different types of hatha yoga (asanas); and new ones are coming up every day.

Of the six main paths, each one has its own focus. Mantra yoga is when participants sit and meditate and say the names of Gods. It involves chanting words, syllables or phrases. Mantra yoga is known to bring the mind back to the main reason of meditation, according to the YogaWorld Web site.

There is also, Raja yoga, which includes physical practices as well as meditation chanting.

Karma yoga is yoga action, like Mother Teresa, who is considered a karma yogi. It was her pathway to God. Jnana yoga is a path to wisdom and contemplation. It mostly consists of meditating and reading spiritual and philosophical text.

Philosophical thoughts and practices are included in these six main paths.

Some teachers may choose to include these thoughts in their teachings, but not all. "Different practices are involved and they suit different personality types," Rupali said.

Sometimes there are more or less main paths in yoga, depending on who is relaying the information. Several different styles can be found under Hatha yoga, which include, Vinyasa,



PHOTO COURTESY OF YOGA HAWAII

Yoga is shown to improve the overall health of bodily systems. Each person may choose to participate in yoga classes for their own reasons, and styles fit different personalities.

Ashtanga and the well-known Bikram yoga.

Within the yoga practices, people find themselves to feel calmer and to feel the effects of yoga immediately. It may come as a surprise to those unfamiliar with yoga, but there is more to it than doing stretches, according to Rupali.

Yoga is shown to improve the overall health of bodily systems and to prepare the mind to become still and move into meditation.

Though not all the time, yoga overlaps with meditation. Meditation is when the mind is able to cease thought. Like yoga, meditation has a wide following.

"(Meditation is) the ability to detach from one's thoughts so as to see the Truth of who we are," said Rupali.

Meditation is beneficial in calming the mind, and to be present in the world in a non-reactive way, and to have a deeper understanding of life. Because of a numerous amount of myths existing about yoga today, only those who have practiced it are the best sources of information.

"It seems to be much more relevant today," Rupali said. "(Yoga) gives a chance to be in the moment and to work on the body."

THE VIEW WE TAKE

Facebook Messages sparks more concern on privacy

Once again, Facebook is showing the world of social media who's the boss.

The multi-million dollar social networking Web site revealed its latest feature that will merge all of its current existing features with texting and e-mail called Facebook Messages.

Unveiled Monday, Nov. 15, Facebook CEO Mark Zuckerberg announced that the Web site will also begin to offer an @facebook.com e-mail address.

According to Zuckerberg, the new inbox combines e-mail addresses, instant messaging usernames and cell phone numbers with Facebook's own messages and chats under one alias.

When this new feature begins to roll out, rather than being sorted by conversation and subject, Facebook Messages will organize all of your conversations – e-mail, IMs, texts – by user. So, all messages sent and received to your best friend will stay under one thread on one page.

"Because we know who your friends are, we can do some really good filtering for you," Zuckerberg said at the announcement.

Currently, Facebook only allows you to converse with others via Facebook. With Facebook Messages, users can even contact non-Facebook users without ever leaving the site.

So now, the question is, with all of these features under one location, who needs other providers? Who needs Twitter, AIM and Gmail when you can just use Facebook?

Some people are suggesting that Facebook Messages will threaten the future of current e-mail providers, such as Hotmail, Yahoo! and Gmail.

As Facebook continues to expand, it needs to find a way to accommodate and satisfy its current population of more than 500 million users.

Through a business perspective,



Facebook CEO Mark Zuckerberg announced Nov. 15 Facebook Messages. This unveiling comes just three months after Facebook released its Places feature, which allows users to display their current location. It can be expected that businesses will be keeping a close eye on Messages as they may feel threatened.

Facebook Messages is a smart and innovative move that will potentially change the world of social media today. One can imagine that popular e-mail services, IM clients and other social media networks may feel threatened that everyone will never want to leave Facebook.

On the other hand, as a consumer, Facebook Messages is going overboard.

When Facebook's instant messaging feature (Facebook Chat) rolled out in April 2008, it made contacting friends even easier. Then it became even more convenient when it was made possible to access Facebook on your phone.

Then Facebook places came around.

Places, which rolled out in late August, allows users to "check in" to locations they're currently at.

With Facebook's continued

growth in popularity, comes an increased concern of privacy.

Through a business perspective, Facebook Messages is a smart and innovative move that will potentially change the world of social media today.

The social Web site, which was once seen as a more sophisticated and even safer version of MySpace, is becoming too intrusive.

Although it comes with an exten-

sive privacy function, Facebook is turning into a one-stop stalking spot.

Just a few years ago, MySpace users would use javascript coding to hide their comment pages. Nowadays, reading Facebookers' wall-to-wall is hardly a concern.

When does it become too much? The answer is with Facebook Messages.

Its upcoming capability of allowing sent/received messages with non-Facebook accounts and phone numbers makes it daunting especially when users get hacked.

Facebook users should be smart enough to avoid sending messages to outside-Facebook contacts. As convenient as Facebook Messages can be, don't allow it to make you too lazy to type www.gmail.com to check your more personal mail. In other words, avoid using Facebook's new addition to make online payments or

to discuss business.

Facebook's official blog writes, "Relatively soon, we'll probably all stop using arbitrary ten digit numbers and bizarre sequences of characters to contact each other. We will just select friends by name and be able to share with them instantly. We aren't there yet, but the changes today are a small first step."

Indeed, Facebook is surely revolutionizing the way we communicate. But sometimes change can be a bad thing. Here's hoping that Facebook users will use this new feature competently.

The view we take is written by the editors of the Kapi'o. We welcome all responses to this subject. E-mail "Letter to the Editor" at kapio@hawaii.edu.

CAMPUS VOICES: Which class would you recommend to take next semester?



"Speech 151, which is a required class. I could improve my speaking skills and converse with many different people

Hayato Sakata, 19, liberal arts



"History 151. Personally, I love ancient history. It's a fun class."

Samantha Pagan, 19, liberal arts



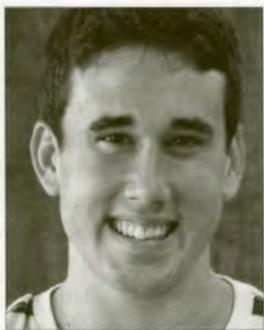
"Music 121, because you need music in life. I got to learn to play the piano, and it was fun."

Kevin Guo, 18, physical therapy



"Theater 221, because it prepares students for a career in drama. I learned a lot about myself."

Raquel Algonzo, 19, radtech



Religion 150, because it's interesting and cultural. I learned a lot from it.

Dylan Thomas, 19, finance



"Music 114, which is college chorus. It's fun and it's a good experience. I got to talk to other people."

Aiko Ishii, 20, travel/tourism

Adjusting to culture shock



MAHORO KUSUNOKI/KAPI'O

It's been nearly three years since Kapi'o social media specialist Mahoro Kusunoki (right) arrived to Hawai'i from Japan. Like many international students, since she stepped onto the island she's witnessed a variety of cultural differences.

By Mahoro Kusunoki
SOCIAL MEDIA SPECIALIST

Almost three years have passed since I came to Hawai'i as an international student from Japan.

I was very outgoing back there, but when I came here, I started to close myself off a little bit. It's because I was not comfortable with people who don't share the same culture with me.

But once you step out from your comfort zone and look at where you are, you can discover what you wouldn't have before.

As I began to interact with both Japanese friends and local Hawai'i people, I found interesting differences in the culture that raises some complications.

I am sometimes asked for advice on love, especially on relationships from my local male friends.

One thing they all seem to wonder is, "What does it mean when a Japanese girl doesn't call or text me back or if she changes the conversation subject when I am asking her out?"

It's a delicate subject, but I have to tell you straight so that you won't be another victim of this issue.

When Japanese women aren't interested in a guy, they don't say no.

Instead of saying no, we ignore the offer, making excuses like, "Oh you know, I am busy on that day!" or change the subject until the guy moves on.

I don't know the real reason for

this, but I have my own thoughts about why these things happen fre-

"It is better to be ignored or avoided than to be told 'no.' So, if you encounter this situation, move on because the girl is fairly obviously turning you down in her Japanese way."

quently. Japanese girls hate to hurt men by directly refusing the offer.

Even though that might hurt them more and more, we just can't say no. Maybe it's because we are avoiding offending them.

In the Japanese society, we are usually able to sense the atmosphere of a situation without producing or receiving direct words. We are also able to interpret other people's emotions and feelings.

It is better to be ignored or avoided than to be told "no." So, if

you encounter this situation, move on because the girl is fairly obviously turning you down in her Japanese way.

I noticed that there is one big difference between Japanese and American colleges.

To enter Japanese colleges, you have to study like crazy to pass the big exam.

There is so much cramming after school and in private tutoring sessions.

You may pay a higher fee for an after-school tutoring session than your tuition for public high school. (In Japan, you're legally obligated to pay tuition for both public and private schools.)

Once you enter college, though, Japanese students don't study and usually focus on learning how to party.

But in American society, it's pretty easy to enter college, but once you're there, passing classes requires a good deal of struggling with school work.

I am sure I am not the only one who spends sleepless nights doing homework and studying for exams. Studying causes stress. School life is hectic.

You have to survive in a tight schedule. But, it's a good busy that pays off in the future.

Figuring out these cultural differences and understanding them is hard. But that's also the fun part of living in another country.

A Constant Idiocy - Alan Lee



kapi'o TOP 10



ALIKA PFALTZGRAFF/KAPI'O

Cheap games for the iPhone

By Alika Pfaltzgraff
STAFF PHOTOGRAPHER

If there's one certainty in modern society, it's that Steve Jobs' reach will continually extend deeper and deeper into our pockets. With that being said, the least we can do is enjoy it.

With more than 13,000 games to choose from, making the proper investment can become a delicate situation. Sure, the 99 cent price tag is lucrative, but it does add up over time. So how does one decide where to swim in this vast digital sea?

Well, some games come with what's called the "lite" versions, which is essentially a free download of a trial intimation of the game. From that point on, users can decide whether they would like to purchase the game in full or simply fool around with the limited content contained within the trial. However, not all games come with "lite" versions.

Another good method is to Google the game in question, then add "review" to the end of the search. More often than not, you'll get a youtube review, from which you can base your judgments. Still, it's nice to have someone aggregate the best games around, because there's a plethora of game review Web sites out there as well.

Here's a list of the games that I have enjoyed the most.

- 10. "Katamari"**
"Katamari" has experienced several revisions since its Playstation debut, but the iPhone version may be the best yet. Its ergonomic fluidity prohibits me from ever playing it on another platform again.
- 9. "Beatwave"**
An interactive audio modulator that rewards users for their manipulation in the form of auditory stimulation.
- 8. "Robot Unicorn Attack"**
In keeping with Adult Swim's patented blend of absurdist realism, this game plays off the standard cliff-jumping adventure kick, while adding enough irreverent froth to appease fans of the program's offbeat humor.
- 7. "Enviro-Bear"**
By far the strangest game I've encountered on the iPhone, E-B puts the player in the driver's seat of a maniacal, frothing bear in the midst of a serious beer binge. The only instance in which drunk driving is actually condoned.
- 6. "Doodle Jump"**
Another game that utilizes simplicity to the fullest extent, "Doodle Jump" is easy to get into and easier to get addicted to.
- 5. "Geometry Wars"**
A port of the successful 360 arcade shooter, players rely upon rapid fire, hyper kinetic reflexes and frantic movement to be advance.
- 4. "Archetype"**
The game's essentially a micro-Halo, as its only game play takes place online. As far as shooters go, the game play mechanics have yet to be rivaled on the iPhone.
- 3. "Canabalt"**
Though all you have to do is jump between buildings a la Keanu Reeves, its cinematic undertones and wry humor give this the edge over most jumpers.
- 2. "Osmos"**
Boasting an ambient driven score that compliments the nebulous visuals, "Osmos" is an excellent game for those into the more ethereal, left-field entertainment.
- 1. "Angry Birds"**
The quintessential iPhone game, "Angry Birds" is a physics-based game in which you slingshot birds into objects. Simple, yet incredibly addictive.

The Top 10 is a weekly feature from The Kapi'o.

