

THE HOOT

student newspaper

UNIVERSITY OF HAWAI'I – WEST O'AHU

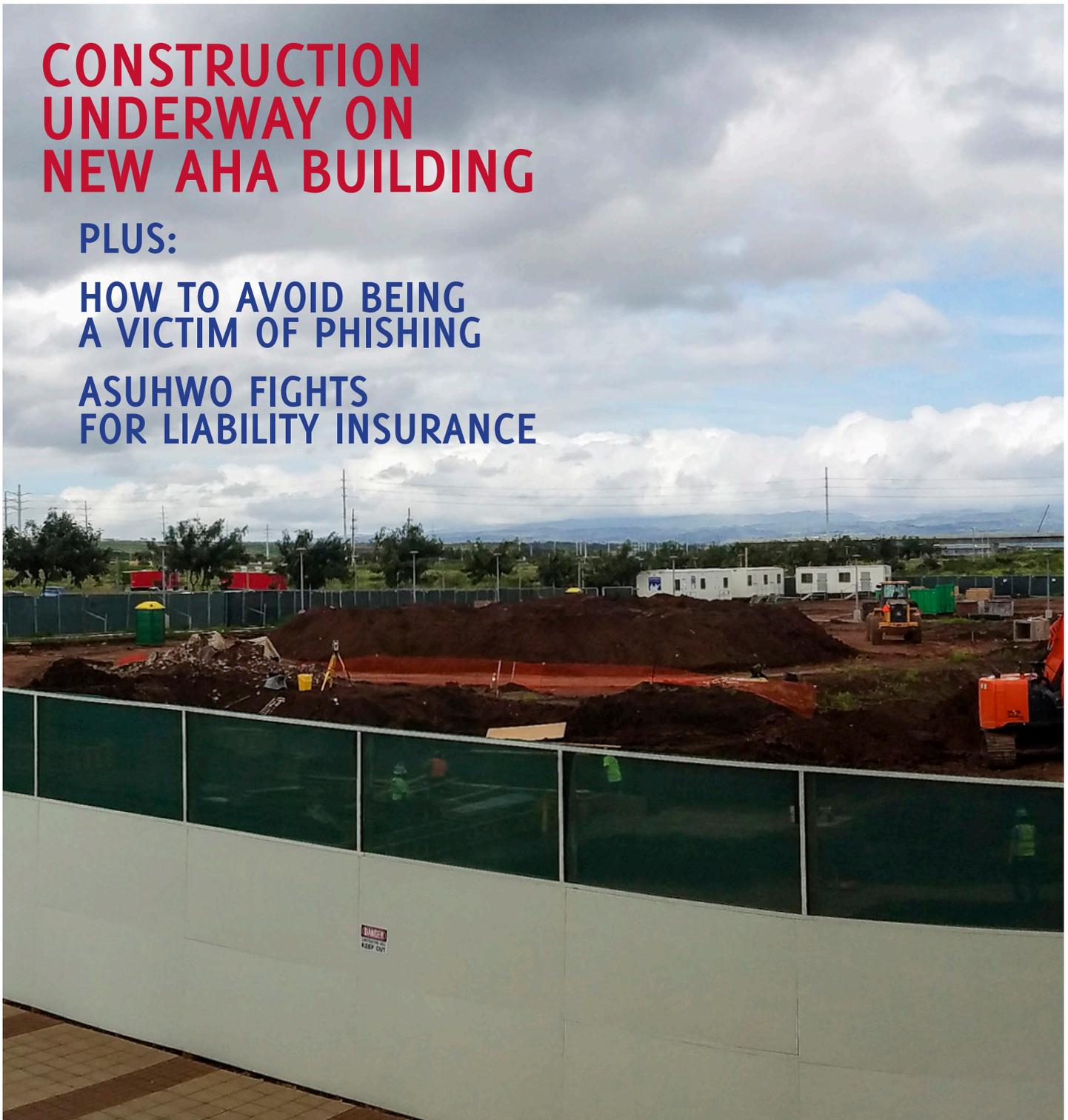
MARCH 2017

CONSTRUCTION UNDERWAY ON NEW AHA BUILDING

PLUS:

HOW TO AVOID BEING
A VICTIM OF PHISHING

ASUHWO FIGHTS
FOR LIABILITY INSURANCE



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CONTENTS

- 2 Editor's Note
- 3 Big Brothers Big Sisters
- 3 Cartoon: Procrastination
- 3 Cartoon: Majors and Parents
- 4 Poet Kathy Jetnil-Kijine Visits UHWO
- 4 Library/Noeau Center
- 5 Email Phishing Attacks
- 5 Laulima Tips/Distance Learning
- 6 ASUHWO
- 6 Music Lineup
- 6 Student Life Events
- 7 Allied Health Building Construction
- 8 Healthy Recipes
- 8 Makeup Selection
- 9 Campus Voices
- 10 Movie Review
- 10 TV Review
- 11 Ka Makana Ali'i Farmer's Market
- 12 Club Rush

EDITOR'S NOTE



Mentorship, externship, practicum, service learning—whatever you call them, they are all basically internships. Internships have been a normal part of the career world for a long time now. I use the word normal because this practice

has been normalized to the point where no one is questioning its legitimacy.

Here's the criteria of what a legal internship is supposed to look like, according to the Department of Labor (formatted by ProPublica):

The internship is similar to training which would be given in an educational environment. It's for the benefit of the intern.

The intern doesn't displace paid employees. The employer doesn't benefit from work the intern is doing, "and on occasion its operations may actually be impeded."

The intern isn't promised a job at the end (unpaid "tryouts" aren't allowed).

Both the intern and their boss understand it's an unpaid position.

In many cases, firms are clearly failing to follow multiple criteria if you look at what their interns are doing.

In a capitalist society, the private sector is in it for profit—this is not new. But have we not moved beyond exploitation of workers for profit? These interns are not getting paid, yet they must spend their own money on attire, food and transportation. Almost all work an intern does benefits the company on some level.

Here's the part of this issue that really hits close to home: Colleges and universities now require internships in exchange for college credit.

UH students have become a free labor resource for the public and private sector. Instead of getting paid for doing a job, students are required

to pay for the opportunity to intern through a college course.

The UHWO Senior Practicum Guidelines and Registration Form says you are required to "complete at least 160 hours of supervised experience." On top of that, you must write papers, do a presentation, attend your other classes and work your real job.

This is not right, and more importantly, may not be legal. In *Glatt v. Fox Searchlight Pictures Inc.*, Judge William H. Pauley III ruled that college credit cannot be used as justification for an unpaid internship. Yet again, this practice has been normalized.

Most of the time you do not have a choice in where you are placed in your practicum. At Heald College, my girlfriend was placed at Kapahulu, and she lived in Ewa Beach. The business that she was placed fired her at the end of the semester so she had to retake the \$2,000 intern class in order to graduate late.

I live in Ewa Beach, too, but was placed in Kalihi for my service learning. The only redeeming factors are that it is educational in nature and the grade is assigned by UHWO faculty, not a third party. But the distance still affects my schedule and gas tank.

Another issue is that UHWO is the only UH campus where students are not required to have personal liability insurance except for Education majors. The safety of our students is not something we should be quiet about, and I am glad that student government and faculty are doing something about it. You are not supposed to be benefitting your employer as an intern. You are not supposed to intern for college credit. You are not protected with liability insurance.

I am not against internships, I am against conflict of interest and superiors that don't play by the rules.

If you feel like you are doing someone's job at your practicum site or internship, I implore you to say something because this is not "the way it is."

Procrastination

I'm free~
I'm done~



I finished everything!

What about that paper due tomorrow?



Artist: Cherrie Mae Balo



Big Brothers Big Sisters
Hawaii

WANTED: VOLUNTEERS

Positive role models in demand at organization's West O'ahu site

BY KAYLA HILL

Have you ever wanted to make a small change that could make a huge difference for someone in need? Big Brothers Big Sisters Hawaii is a community-based organization that does just that through various mentoring programs.

"Currently, we have a long list of 'Little Brothers' who have been waiting to be matched with a 'Big Brother,'" said Kendra Chong, the resource development coordinator for BBBS Hawaii, adding that there is a big demand for male volunteers from the West Oahu area.

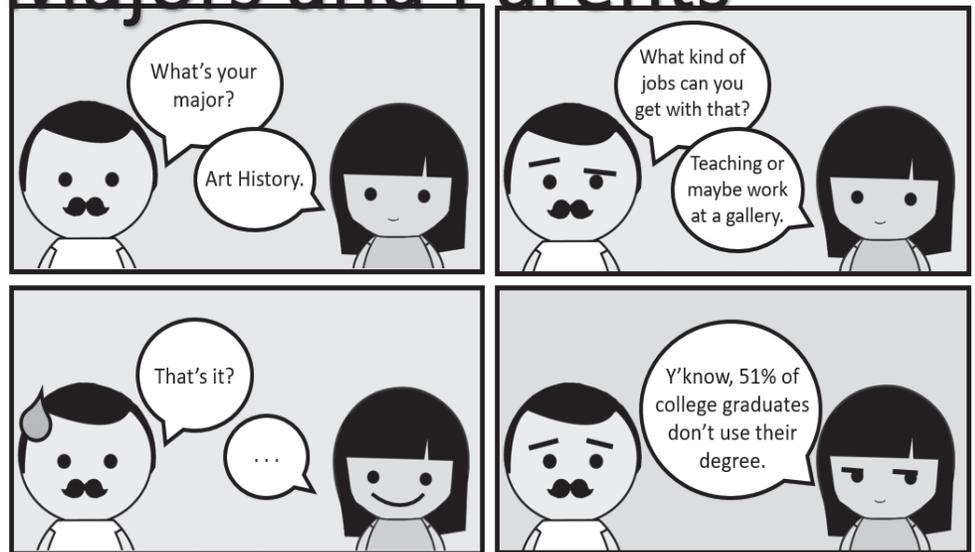
According to the organization's website,

bbshawaii.org, children ages 6-18 are matched with volunteers in a process designed to produce the most positive experience. An opportunity is also noted to sign up to become a "match maker" as well as referring a child or their parent.

There are three programs to choose from: Community-based mentoring program, school-based mentoring program and Holomua online mentoring program. Applications are available on the website. There are also opportunities to donate goods and clothing.

It is a completely volunteer-based organization—the only requirement is having the ability to be a friend.

Majors and Parents



Artist: Jessica Yee

International Student Club

Weekly Meetings | Monthly Activities

EVERYONE IS WELCOME!

✉ uhwinternationalclub@gmail.com
 📱 [international_student_club](https://www.instagram.com/international_student_club)

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Poet Brings Climate Cause to UHWO

First published book of Marshallese poetry shared at library

BY ARIANA SAVEA

Kathy Jetnil-Kijiner, a Marshallese poet and writer who is bringing awareness to the issue of climate change, addressed a gathering of students and faculty in the University of Hawai'i – West O'ahu Library on Feb. 16.



Kathy Jetnil-Kijiner

Jetnil-Kijiner began the event with a discussion about her culture in which people were canoe navigators and master weavers. She also introduced her book, "Iep Jaltok"—the first published book of Marshallese poetry.

"I wanted to make sure that we have a text, enter that conversation and share our stories," Jetnil-Kijiner said.

The book contains poetry on a range of topics that seem to move in chronological order, culminating in

a return to her home islands. "It's a reflection on our culture and legends and then shifts into commentary on colonialism and impact of missionization," Jetnil-Kijiner said.

The poet, who has been mentioned by CNN and NBC News, started her journey back in the fourth grade when she wrote her first poem, "Invisible Elephant."

"I've always seen my role as poetic," she said, "and poetry always came easy to me."

"Iep Jaltok," her book, is a Marshallese proverb meaning "woman is a basket facing the speaker," and refers to the matrilineal society of the culture and, more directly, that a woman brings offering to her family. On the other hand, Iep Jaltok represents a man leaving his family to join his wife and means "the basket is facing away from the speaker." This was represented in Jetnil-Kijiner's first poem, "Basket," in her book.

Library Updates

We're looking forward to seeing you all in the library this semester. Please stop by the reference desk if you have any questions.

Library Hours:

Monday-Thursday: 7:30 a.m.-9 p.m.

Friday: 7:30 a.m.-5 p.m.

Saturday: 10 a.m.-5 p.m.

Closed: Sundays and Holidays

Spring Break Hours

The Library will be closed from Saturday, March 25 - Sunday, April 2 for Spring Break. We will reopen and resume normal operating hours on Monday, April 3 at 7:30 a.m.

Research and Writing Workshops

This semester the library will be hosting a series of workshops with tips and tricks for academic research. The workshops will be every Wednesday at 2 p.m. in the Library Computer Lab (B-233). Topics in early March included Finding Statistical Information and Google Fu. On March 15, the topic is Hawai'i/Pacific Research, and on March 22 it is Fake News.

For more information about the upcoming workshops check the library website uhwo.hawaii.edu/library.

'Onipa'a: Pacific Connections

Be on the lookout for details on this event being co-sponsored by the UHWO Library, 'Ulu'ulu and UHWO Hawaiian-Pacific Studies, History and Political Science departments. The next installment of this series will be held on March 21 and all UH-West O'ahu students, faculty and staff are encouraged to attend.

Casual Reading

Need something fun to read in during Spring Break? Check out our casual reading collection.

Student Life Events

March

14: Pi Day (Student Activity Fee Board, safbwo@hawaii.edu)

14: LEAD Workshop (Campus Center Board, ccbwo@hawaii.edu)

20-24: ASUHWO General Elections (ASUHWO, asuhwo@hawaii.edu)

21-22: West and Welaxation (No'eau Center, uhwowc@hawaii.edu)

24: Spring Blast (Student Activity Fee Board, safbwo@hawaii.edu)

April

3-7: ASUHWO General Elections Voting

5: West Fest (Student Life, GoWest@hawaii.edu)

11-12: Free Coffee, Snack and More (PUEO Leadership Program, uhwofye@hawaii.edu)

12: Spring Opportunities Fair (Career Services, uhwocareers@hawaii.edu)

13: West Sesh (open mic and creative art) (Student Activity Fee Board, safbwo@hawaii.edu)

14: FYE End of Semester Celebration (PUEO Leadership Program, uhwofye@hawaii.edu)

17: Egg Hunt (Student Activity Fee Board, safbwo@hawaii.edu)

18-19: Cram Jam (No'eau Center, uhwowc@hawaii.edu)

18: Earth Day Celebration and Island Earth Film Screening

20: Earth Celebration (Student Life, slwo@hawaii.edu)

20: Earth Day Movie Screening: Island Earth (Student Life, slwo@hawaii.edu)

26: Pueo Awards Ceremony and Reception (Campus Center Board, ccbwo@hawaii.edu)

Don't Go Phishing

Tips for UH West O'ahu students, faculty and staff to avoid becoming digital victims

BY ARIANA SAVEA

Every day students, including at the University of Hawai'i – West O'ahu, are victims of email phishing attacks.

"If you can imagine in one minute, millions of emails getting processed. Just one email can go to thousands of UH people at one time," said Therese Nakadomari, IT Director at UH – West O'ahu.

Why do these attacks keep occurring? "That is the million-dollar question. We live in the information age so information is power," Nakadomari said.

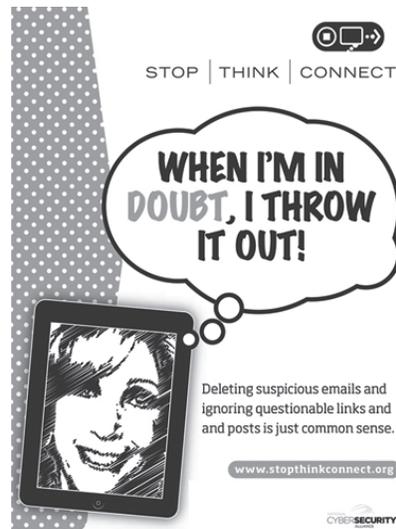
Who are these people and why are they doing this?

Nakadomari explained that these types of attacks have become common in the cyber world. The invasive hacks throw out the bait and wait to see who bites; the biters become just another line on their spreadsheet. Once they've collected enough, they sell it.

And these attackers know just the right time to act: They wait about a week or two—right when you start to forget about that suspicious email you clicked on. Chances are, when you see a weird charge on your bank account or you get locked out of your email, you won't be able to recall why.

Unfortunately, Nakadomari said, these attacks aren't likely to end any time soon. She urges students and faculty to be aware of the minor details within phishing these emails and offers tips on how to handle them:

- Hover over the link in the email before you click on it. If the website doesn't match where it should be taking you, don't click on it.
- Check the sender. Does it make sense? Does "UH Admin" have an email belonging to that of a UH administrator?



- Look at who the email was sent to. Are you the only one? Are you being BCC'd in the email? (This a big red flag.)
- Ask questions. Why would IT or Admin be asking for your password? Does the email make any sense and is it relevant to you? "We would never ask you for account information unless you requested help first," Nakadomari said.

These can be tricky but email phishing attempts are becoming more difficult to detect. Previously they likely included misspelled words and obvious grammar mistakes. But now the emails might include logos and other official-looking images to help fool their victims.

For those who fall victim to an email attack, it is important that to immediately change the information that you provided. If you have provided passwords, change them; if you have provided credit card information, cancel them. If you are ever in doubt, delete the email.

To report the incident, email phishing@hawaii.edu. More information is available at www.hawaii.edu/infosec including videos, posters, and detailed instructions.

"All it takes is one extra minute to reread the emails. Go against human nature," Nakadomari said.

STUDENT TECH TIP

Let's talk about organization. It's not always fun to do, but being organized can really pay off when it comes to writing research papers. Research papers usually include many different sources. If these sources are pdf articles, you may want to consider using a reference manager to help you organize your articles.

Free programs such as Mendeley (mendeley.com) and Zotero (zotero.org) can help you take sort, cite and even share notes from your sources. These programs will allow you to collect the information necessary for citations and automatically paste APA or MLA formatted citations into your bibliography section.

Each program has its own design and quirks, but they do have many features in common. For example, both citation managers will allow you to download a standalone program to organize your downloaded files. You can sync these libraries with your web account to gain access to your files from any computer. Both managers also have downloadable add-ons so you add the manager to your browser for easy collection as you search the web.

One of the big differences is that only Mendeley has an app for phones and tablets, making it more accessible across devices.

If you in the middle of lit review or have a big project coming up, using one of these programs may help you organize your sources and your mind. For more information, visit uhwo.hawaii.edu/distancelearning or email uhwode@hawaii.edu.

ASUHWO Taking Steps to Secure Professional Liability Insurance for Practicum Students

BY ADRIENE UNPINGCO

Each semester, dozens of University of Hawai'i – West O'ahu students fulfill the Senior Capstone degree requirement with a senior practicum, which mandates 120 hours spent at an approved off-campus practicum site. However, UHWO students are not required to have professional liability insurance in case of injury or error at the practicum site.

“Basically, professional liability insurance is a general insurance that protects you if something goes wrong when you're doing your practicum,” said ASUHWO Vice President Haylie Culp. “It's something that a lot of jobs require, like nursing or daycares.”

West Oahu is the only campus in the UH System that does not require students to purchase professional liability insurance. “Because all of the other campuses do require it, this can be a legal problem for UHWO,” Culp said.

ASUHWO has been working with the Faculty Senate to decide on options for implicating the insurance requirement in Fall 2017. According to correspondence between ASUHWO and PUBA Division Chair Dr. Kristina Guo, the issue is whether students registering for the 490 Senior Practicum course should be required to

purchase professional liability insurance or be charged a fee by UHWO for professional liability insurance coverage.

The cost of individually purchased professional liability insurance ranges from \$30 to \$40. A professional liability insurance fee charged by UHWO may come at a reduced cost with a negotiated group rate.

Education majors will not be affected by the introduction of a professional liability insurance requirement as they are already protected by their required Student NEA liability insurance.

In other ASUHWO actions:

- Insulated beverage servers have been selected for purchase as part of “The Coffee Bill.”
- Assessment in student fees may be changed for distance learning students, potentially limiting the student fee-sponsored events and activities they can participate in.
- ASUHWO President Isaiah Baclaan recommended extending the deadlines for ASUHWO Elections Candidacy Declaration.
- Sophomore Class Sen. Christielove Espinosa will look further into student confusion over the university's grading system that

enables instructors to give a “D-” grade, which does not award credits.

- Open Forum guest, Public Services Librarian Frankie Pasion, will clarify the “No Change” policy and copy card transactions at the Library Circulation Desk in response to the inquiry of Secretary Kelly “Lehua” Gould.
- Legislative bills being reviewed by ASUHWO include: SB 134/HB 429 (Smoking Ban), SB 1019/HB 1153 (Smoking Ban), SB 1164/HB 967 (Mental Health Services), SB 1020/HB 1591 (Hawaii Promise Plan (CC's), SB 429/HB 814 (Protecting Online Accounts), SB 406/HB 1277 (GSO Collective Bargaining), SB 1161/HB 1278 (Freeze on Tuition), SB 298 (Workforce Readiness Program), SB 1081/HB 1276 (State Income Tax Deduction), HB 1319 (Increasing GE Tax for Dedicated Funding Sources), HB 23 (Tuition Increase).
- For more information on ASUHWO, visit www.asuhwo.com

Music on Tap at UH West O'ahu

This spring artists at University of Hawai'i – West O'ahu will be performing at Ho'okani Kulanui events on campus and the leeward area. Students, faculty, staff and the general public are invited to bring their instruments and join in the jam sessions at the free event, hosted by Nā Hokū Hanohano award-winner and UHWO Hawaiian Ensemble instructor Kamuela Kimokeo. Ho'okani Kulanui is sponsored by the UH West O'ahu PIKO Project, which is funded by a U.S. Department of Education Title III grant and the UHWO humanities division and music program. Although the first Ho'okani Kulanui event was in mid-February, sessions are set for March and April on the UH West O'ahu campus. The schedule:

- Ku'uipo Kumukahi, March 16, 2-4 p.m., Room C225.
- Mailani, April 20, 2-4 p.m., Room C225
- Other musical events scheduled this spring include:

The University Chorus:

- E Hīmeni Kākou Collegiate Choral Festival, directed by Karol Nowicki, March 18, 7 p.m., Central Union Church.
- Kapolei Choral Festival, April 7, 7 p.m., Kapolei High School.

The University Band:

- Spring Concert, April 19, 7:30 p.m., Multipurpose Room C208.
- Community Concert, April 29, 1:30 p.m., Pearlridge Center

UH West O'ahu Songwriting Hō'ike:

- New original songs by UHWO students directed by Jon Magnussen, April 29, 5 p.m., Multipurpose Room (C208).
- The Lullaby Project featuring the Leeward Community College Hawaiian Ensemble, April 29, 7:30 p.m., Multipurpose Room C208

Hanauna Mele Concert:

- Hawaiian Ensemble and Beginning 'Ukulele and Slack Key Guitar classes of Kamuela Kimokeo in collaboration with students from Windward Community College, May 1, 7 p.m., Windward CC's Palikū Theater.

CONSTRUCTION BEGINS ON AHA BUILDING

New Allied Health/Administration facility on schedule for completion in late 2018



PHOTO BY MATT HIRATA

BY AARON KI'ILAU

Barriers have gone up on the great lawn as construction begins for the new Allied Health/Administration (AHA) building. Last November's groundbreaking ceremony for the 43,000-square foot facility was attended by top state and university officials including Gov. David Ige, state legislators and University of Hawai'i President David Lassner.

Aside from minor modifications to the project's final design, including those to satisfy comments made by an ADA review, construction of the \$36 million facility is on schedule for completion by fall 2018.

Officials are working to ensure that the project runs smoothly and in tandem with daily campus operations.

"We are continuously coordinating with Swinerton Builders to minimize disruptions to campus operations," said Bonnie Arakawa, director of Planning, Facilities, CIP & Land.

Campus officials do not anticipate any loss of parking or student services, and the building's progress are being monitored in weekly owner-architect-contractor team meetings. The team also plans to issue alerts to students via UHWO communications of any safety hazards or utility outages.

In addition to campus administration offices and conference rooms, the facility will house the Health Sciences program, formerly known as Allied Health. The name has been changed because it "is a more appropriate title for bachelor level degrees in the Allied Health

Occupations we are offering," said Public Administration Professor Ricardo Custodio.

The program continues to expand with two new faculty members teaching courses in Respiratory Care and Community Health. The department is currently advertising for faculty positions in Long-Term Care and Health Information Technology. Custodio says that the department seeks to "build on the Pre-Nursing pathway and add a Pre-Professional Bachelor's degree in Health Sciences."

There are also short-term plans to develop Dental Hygiene and Medical Technology programs within five years, and long-term plans to develop Occupational, Physical and Speech

Therapy programs within 10 years.

"In order to accommodate [these programs]," Custodio said, "we will need to build a second building to be designated the Health Sciences Clinical Training Center."

A mural has been planned by Student Life to decorate the eight-foot wooden barrier during construction. The mural will feature the most creative and inspirational responses by students, faculty and staff who were asked via campus email, "How do we pupukahi i holomua (move forward together)?" Submissions were due by the end of February, and the mural is expected to be completed in March.

Projects in the Pipeline

The new Allied Health/Administration building is the first of several future construction projects planned for UHWO, and the first of many for Kapolei in general.

Last year's state legislative session allocated \$60 million in CIP funds to construct both the AHA building and a forthcoming Academy for Creative Media facility set to begin construction soon. Creative Media officials are scouting Mainland locations for design inspiration, including YouTube's Space LA. The music program's long-term

academic development plan also proposes a music building and/or auditorium in its future.

Over 180 acres of vacant land adjoining the UHWO campus will be developed jointly by Hunt Cos. and Stanford Carr Developers. Both were recently chosen to develop the proposed University Village. The mixed-use development project will not only offer students and faculty nearby amenities and housing, but is also expected to contribute income for the university.

Bowls Galore

Quick recipes for easy-to-make and inexpensive meals

BY EMMA JORDAN

If you're looking for cheap and healthy recipes, bowls are great option. From breakfast to lunch to dinner, these recipes are easy to make and easy to take on the go. Bowls are perfect for meal prepping for the week as well as being extremely versatile so you can change it up week to week.

Here are a couple of *ono* dishes:

Tropical Acai Bowl

Acai Smoothie
2 Sambazon frozen acai packets
(found at Costco)
2 frozen ripe bananas
¼ cup orange juice, almond milk, or any other juice
(optional)
Toppings
diced mango, diced pineapple, sliced banana, sliced strawberries, honey, granola



Take the frozen acai packets and frozen bananas and blend together until smooth. If you want a thinner consistency, slowly add juice or almond milk to the blender. Spoon the mixture into a bowl and start adding your toppings. You can substitute any fruits to better suit your tastes. Top the bowl with honey and granola and it's ready to enjoy! Great for breakfast or a sweet, but healthy dessert!

Chicken Rice Bowl

You can cook your own chicken, or you can buy a rotisserie chicken or grilled chicken breast to cut down on time.

½ cup cooked rice
½ cup canned black beans
½ cup spinach
¼ cup sliced mushrooms
cooked chicken breast (grilled or rotisserie)
½ teaspoon of olive oil
salt and pepper to taste
cilantro (optional)

Start heating the black beans in a small pan on medium heat. In a medium size frying pan, heat the olive oil and add the sliced mushrooms. Cook for approximately five minutes or until they are tender.

Set aside and season with salt and pepper. Using the same pan as the mushrooms, next add your spinach with salt and pepper. Cook the spinach until it is wilted, about two minutes.



Buying Beauty at Bargain

Tips on affordable, and effective, cosmetics

BY LIZZY GUSTAFSON

Every day a majority of women put on makeup or do their hair, which can become an expensive routine to maintain. But high-quality, low cost items are available.

To help you find what you might be looking for with the right price tag for your financial capabilities, information has been gleaned from *Redbook Magazine* and its partnership with market research firm THE NPD Group to discover the top-selling department store cosmetics in the country.

Using that report, here are some of the best of the top-selling beauty products of 2016, plus the "bargain" versions that can produce the same amazing looks.

MASCARA: Too Faced Better Than Sex Mascara, \$23 from Sephora (Covergirl Lash Blast Volume Mascara, \$9 from Walmart).

CONCEALER: C. NARS Radiant Creamy Concealer, \$29 from Nordstrom (Maybelline New York: FaceStudio Master Concealer, \$7 from Walmart),

LIPSTICK: MAC Lipstick, \$17 from Mac (Revlon Super Lustrous Lipstick, \$5 from Target).

MOISTURIZER: La Mer Crème de la Mer Moisturizing Cream, \$170 from Nordstrom (Neutrogena Rapid Wrinkle Repair Night Moisturizer, \$22 from Ulta).

HAIRSPRAY: Living Proof No Frizz Humidity Shield, \$22 from Ulta (TRESemme Beauty Full Volume Flexible Finish Hairspray, \$4 from Target).

- 1) Too Faced Better Than Sex Mascara and
- 2) Covergirl Lash Blast Volume Mascara



- 3) La Mer Crème de la Mer Moisturizing Cream, and
- 4) Maybelline New York: FaceStudio Master Concealer



CAMPUS VOICES!

At the beginning of this year we have seen some new facilities and services that have become available to students. What are some other services or facilities you would like to see around campus? How do you think that this facility or services would benefit students, and what do you think it could mean for overall campus life?

COMPILED BY LIZZY GUSTAFSON



“A facility that I would hope to see expanded in the upcoming years would be the space used to house the No’eau Tutoring and Testing Center. As both a student and a tutor, I have noticed an increase in the utilization of the tutoring center and during peak hours of the day, the center is overly crowded and it is hard to support uninterrupted, one-on-one time between the student and the tutor. UHWO has also outgrown its testing center as more frequently, the testing center is forced to turn away students on particular days because the facility is not large enough to accommodate more than seven students. I am overjoyed by the constant use of the No’eau Center and, as a student, I feel that it is time to expand the center’s facility so that it may provide services more conveniently to more students.”

—Lehua Gould, senior, Business Accounting and Hawaiian Pacific Studies

“A student recreational facility featuring a recording studio, gaming lounge, theater room, painting room and a digital media center would be a neat concept. The idea of an all-in-one state-of-the-art facility for students to network and collaborate could be a really great investment. With STEM now integrating Art into its core program, it’s evident that there is a growing emphasis on creativity on campuses across the nation. For UH West Oahu, it could be a step in the right direction to cultivate not just the education, but the ingenuity of its students.”

—Gabe Geronimo, senior, Marketing



“A facility that would really benefit students would be an outdoor pavilion or gazebo that is fitted with tables, relaxing chairs and charging stations. Our campus is lucky enough to enjoy a nice cooling breeze due to its architectural design, yet we don’t have any real outdoor place for students to gather and socialize. The old UHWO campus had a similar concept laid out in the middle of the portables where students could socialize, get work done and enjoy some fresh air. I like the idea of bringing the old to the new and allowing students more areas to interact both academically and socially. This would be beneficial to overall campus life as our university is currently very limited when it comes to places to hangout on campus. I want future facilities to help foster relationships, connections and experiences that will increase the college experiences for all UHWO students, and I think an outdoor pavilion/gazebo hangout area would definitely serve that purpose.”

—Isaiah C Baclan, senior, PUBA-Health Care Admin, SSCI- Psychology

“I would like to see a gym on campus. This would benefit some students that are interested in maintaining a healthy lifestyle while on a busy schedule. Students that have class schedules that don’t allow them access to gyms off campus or those that don’t have the money to pay the gym fees would benefit from having a gym on campus. Students can work out between classes or before and after classes, even if it’s just for 30 minutes a day. Overall, this would help the campus life to improve overall health and encourage a more active lifestyle on a busy schedule.”

—Kiara Vandergriff, junior, Business Administration – Focus on Management



TV SERIES REVIEW: BY JESICA YEE

The world is destroyed. The survivors are in space, and within three generations 4,000 survivors emerged looking for a new home.

There is promise on another planet, so the ark's leaders send 100 juvenile prisoners to test the safety and habitability. They hold the fate of the human race or risk an entire species

stuck in space.

"The 100" was created by Jason Rothenberg who is known to co-write sci-fi thrillers such as "The Fix" and other dramas such as "The Fall" and "Untitled Thriller Pitch".

According to Metacritic, this series was based on the novels by Kass Morgan. However, the series is loosely similar to it.

IMDb rated 7.8 out of 10 stars. Rotten Tomatoes grade it a 90 percent. Released on March 19, 2014, there are currently three seasons available with a fourth season just released.

This is a show of "what ifs." Some moments are dark and edgy, others are hopeful.

Like many shows, it starts off slow, but is worth sticking to for the long run because it can only get better from there.

The show is thought-provoking, vivid and clever. A mixture between science fiction and fantasy.

The graphics are appealing with enough screen time to highlight the background and foreground.

The characters are relatable, with raw emotions which is understandable when leaving a group of teenagers to fend for themselves or learn how to work together.

If you're a philosophy major, then this is the show for you.

MOVIE REVIEW: ARRIVAL



BY KINJI MARTIN

The nomination of "Arrival" for an Oscar as "Best Film of 2017" at the recent 89th Academy Awards prompted thoughts about the future of human communications, the evolution of languages and ways how our language can be transformed or reconfigured to be more efficient.

Perhaps globalization will result in the demise of all but one language. Suppose the prevalence of one language over many other languages can endanger humankind's ability to be creative and

learn cultures. Language is now the hottest topic because of this movie.

Languages have evolved from grunts and groans by early man, to the limitless combination of letters and sounds resulting in the many languages spoken today. The "global language," or the

language to be originated from a unified Earth as an all-encompassing and globally spoken language, distinctive to Earth, has always been a topic heavily relied on by science to discuss. "Arrival" really makes me wonder: "What is the next form of language going to be here on Earth?"

The movie won an Oscar for "Best Sound Editing."

As a lifelong analyzer and fan of horror, thriller and alien genres, I respect "Arrival" for its chicken-skin, hair-raising and bone-chilling background tracks.

Indeed, it has been many moons since any horror movie has electrified my arm hairs.

Hearing the sounds, coupled with (what I can only describe to you as) the nightmarish encounters associated with the pure fear-catering extraterrestrial biological entities in the movie, makes for a uniquely unsettling experience.

The movie's theme is transcendent, mind-twisting and murky, leaving nothing but walls covered in question marks on the viewer's mind.

I always thought about how extremely difficult it would be for interactions in any form, apart from launching bombs at each other (nevertheless, linguistically), to occur with alien beings due to possible comprehension barriers existing between us and those aliens, which could range anywhere from thousands to billions of years in terms of the differentiation of civilization establishments caused by our two very distant existences.

Join the Hoot!

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FarmLover's Market Opens at Mall

Center court at Ka Makana Ali'i becomes lively hub for fresh food and fun

BY ADRIENE UNPINGCO

Kamakana Ali'i gives the Kapolei community another reason to visit the mall with the FarmLover's Market, held every Wednesday from 3:30-7:30 p.m. O'ahu's newest farmer's market features fresh fruits and vegetables from local farms, a diverse spread of prepared food, unique artwork, handcrafted items and live entertainment.

The mall's center court, which is barren on a regular weekday, is transformed



into a bustling hive of green umbrellas and people of all ages. Adults can be seen picking fresh produce from crowded tables as children run through the stalls with balloon animals in hand.

While shoppers—including University of Hawai'i - West O'ahu students, faculty and

staff—can enjoy the products from over a dozen local vendors, business owners have the benefit of bringing their wares to the public.

"The market brings artists and farmers to the community," said Andrew Macneil, owner of Island Succulent Designs. "It's great for exposure, especially for new business owners."

The FarmLover's Market also brings awareness to special causes, highlighting most the need for sustainable food sources in Hawai'i.

"It's a chance to reach a different demographic," said Rachel LaDrig, ambassador for Kahumana Organic Farms, "People are not always exposed to local fresh produce. People will say, 'Oh, what am I gonna do? Walk around with carrots in my bag?' But we'll walk around the mall with Panda Express, and it's



Bone Yard Reef artwork by Paul Forney, featuring tropical scenery to bring awareness to the protection of the environment.

completely OK."

Shoppers still have the option of visiting the mall's regular stores, some of which offer special discounts as part of the FarmLover's Market Wednesdays.

"The whole ambience is really nice—the weather, the music, the people," said Lynn Forney, partner of Bone Yard Reef artist Paul Forney. "It's a just a very pleasant experience overall."

SPORTS ROUNDUP

VOLLEYBALL GEARS UP; IMWEST NABS SOFTBALL TITLE

The IM LeeSports Volleyball League gets started in April and to sign up with UHWO, email imwest@hawaii.edu for the link.

The games will be held every Wednesday from April 5 to May 3 at Pearl City District Gym from 6-9 p.m.

IMWest won the IMLeeSports Softball League title, going undefeated against Leeward Community College and Honolulu Community College to finish 7-0.

Team members include Brett Angell, first base; Danny Brown, first base; Keao Chun, catcher; Christielove Espinosa, second base; Tristan Florentin, left field and third base; Josiah Kahala, catcher; Sharmaine Kahele-Madali, right field; John Patrick Kaulia, shortstop; Kalena Lessary, third

base; Casey "CJ" Mamalias, pitcher; Kanoa Casuga, first base and pitcher; Kaipouikekai Pennington, center field and shortstop; Janelle Saole, first base; Miguel "Mikey" Saucedo, right field; Shaina Souza, left field; Iolana Takushi, center field; and Sabrina Tolentino, second base and third base.

Two UHWO teams are in the Spring Basketball League playoffs. Tyto is 5-0, and Asio is 3-2. On March 2, Tyto defeated Leeward Aloha's Finest 33-20. Asio fell 34-32 to Kapiolani CC.

The playoffs will continue with games on March 9 and 16.



Members of the championship softball team are, front, from left, Tristan Florentin, John Patrick Kaulia, Christielove Espinosa, Sharmaine Kahele-Madali, Shaina Souza, (back, from left) Iolana Takushi, Kanoa Naeole Casuga, Sabrina Tolentino, Danny Brown, Sharlzetta Kidder of the IMWest staff, Casey Mamalias, Miguel Saucedo, coach Michael Rivers and Kaipouikekai Pennington.

Club Rush: Spring 2017

BY AUSTIN WANDASAN

PHOTOS BY Matt Hirata

Are you feeling like getting active this semester? Club Rush kicked off on Feb. 1-2 with some familiar faces and some new ones. A total of 23 clubs and organizations participated in the recruitment event. Pizza (Feb. 1) and mini noodles and chicken katsu (Feb. 2) were awarded to students who filled their Club Rush passport. The next generation of new clubs, such as LGBTQ+Friends and Dance Club, were welcome additions to the UHWO family. Also among those participating for the first time in Club Rush was The Hoot, which manned an exhibit booth and hosted a bottle flip challenge game.

