**[The Courage to Write My Story](http://www.hippocampus.org/HippoCampus/English?loadLeftClass=Course&loadLeftId=105&loadTopicId=8400)**

**Content Quality** - Validity of the information and alignment with learning objectives.

**Activity Types** - Learning activity, e.g. exercises, case studies, games, etc., matches the type and nature of the learning process.

**Interactivity** -  Level of student engagement with the material.

**Feedback** - Built-in feedback component to gauge understanding of the material.

**Usability** - Navigation and ease of use.

**Technical Requirements** - Uses standard software programs which are accessible using common web browsers and operating systems.