

Subject: This Week at UH West O'ahu - Week of May 4, 2020 (with commencement attachments)

From: UHWO Communications Department <uhwocomm@hawaii.edu>

To: uhwo-all-l@lists.hawaii.edu

Date Sent: Monday, May 4, 2020 8:51:59 AM GMT-10:00

Date Received: Monday, May 4, 2020 8:52:34 AM GMT-10:00

Attachments: FINISHED.mov, COLLEGE STUDENT.mov, COLLEGE GRADUATE.mov, TURNING TASSEL.mov



Celebrate our Graduates

We are saddened that we will be postponing our Spring 2020 Commencement. Check out the video honoring our graduates on our [campus home page](#) or on our [campus YouTube channel](#). Special thanks to Creative Media student Micah Niinuma for producing the video.

We still want to honor and send our graduates congratulations from the UH West O'ahu 'ohana.

As we start finals week, the campus would like to congratulate our Spring 2020 graduates with a quick video and we need you to be our shining stars!

Please submit your clips to Katrina Abes (katrinag@hawaii.edu) by **Tuesday, May 5, 11:59 p.m.**

Here are the instructions. With your camera phone please film, and then submit two (2) quick clips.

Clip #1 - COLLEGE STUDENT (pre-graduation)

3 seconds: Cover your lens with your hand

5 seconds: Uncover lens and show yourself in outfit #1

3 seconds: Cover your lens with your hand

Clip #2.- COLLEGE GRADUATE (post-graduation)

3 seconds: Cover your lens with your hand

5 seconds: Uncover lens and show yourself in your cap and gown OR show a congratulations sign. Be creative!

3 seconds: Cover your lens with your hand.

OPTIONAL CLIP #3: TURNING THE TASSEL

3 seconds: Cover your lens with your hand

5 seconds: Uncover lens and show yourself turning the tassel. (RIGHT TO LEFT)

Stop video

Please let Katrina, Hōkū, Joe, or Wela know if you have any questions. The committee will stitch the clips together. Thank you Joe and Hōkū for the individual examples and the "Finished.mov" - sample clip.

Attachments:

1. "FINISHED.mov" is a sample of the finished video.
2. "Clip #1 - COLLEGE STUDENT.mov"
3. "Clip #2 - COLLEGE GRADUATE.mov"

4. "Optional Clip #3 - TURNING TASSEL.mov"

Congratulations to our Teaching Award Winners!

University of Hawai'i Regents' Medal in Teaching Excellence: Dr. Kamuela Yong

Dr. Kamuela Yong is an Associate Professor in the Mathematics, Natural and Health Sciences Division. He joined the institution in 2015 after becoming the first Native Hawaiian to earn a Ph.D. in Applied Mathematics. Dr. Yong humbly acknowledges that "teaching is a learning experience" and he strives to improve by constantly learning from his students.

UH West O'ahu Lualima Teaching Innovation Award: Dr. Charod Dodd

Dr. Charod Dodd has served as a Lecturer in the Business Administration Division since Fall 2018, teaching courses such as Investments (BUSA/FIN 326) and Personal Financial Planning (FIN 301). He also works as a licensed agent for the New York Life Insurance Company. He has served as a finance professor for over 10 years and has published in the areas of real estate finance, behavioral finance, investments, and corporate finance.

UH West O'ahu Lecturer Excellence in Teaching Award: Tiare Picard

Tiare Picard has been a lecturer in the Humanities Division since 2012, once serving as a full-time faculty member while a colleague was on sabbatical. Working in the English concentration and possessing a background in creative writing, she embraces place-based writing pedagogy while encouraging her students to write what they know.

Submit nominations for UH West O'ahu Kumupa'a Staff Award by May 15

Nominations are being accepted now through May 15 for the UH West O'ahu Kumupa'a Staff Award, which recognizes a civil service or administrative, professional, and technical (APT) employee for outstanding work performance, service, leadership, and/or fostering of excellence in higher education.

"Kumupa'a infers that this award recognizes excellence within people who exemplify our institutional goals and mission (foundation) and they do it in a way that brings honor to their 'ohana and to us all (ancestral connection)," said Dr. Manulani Aluli-Meyer, Konohiki of Kūlana o Kapolei (A Hawaiian Place of Learning at UH West O'ahu).

Eligibility:

- Any full-time civil service or APT employee who has been employed continuously for not less than 12 consecutive months at UH West O'ahu.

Criteria for Selection:

- Making significant improvements in the services of the university;
- Showing imaginative or creative solutions to difficult department or university problems;
- Taking an active interest and participation in department or university affairs;
- Having a good record of competence and sustained efficiency;
- Demonstrating integrity and dedication to UH West O'ahu's mission and institutional values (Pahuhopu);
- Contributing to the increased efficiency of the university or the system through such means as eliminating unnecessary duplication, economically combining operations, procedures, reports and/or forms, or eliminating water, fire health or accident hazards.

Click [here](#) for a nomination form. Direct any questions to OPDAS at opdas@hawaii.edu.

May 2020 anniversaries

The University of Hawai'i celebrates May 2020 faculty and staff anniversaries, including UH West O'ahu's Mark A. Nakayama, Janitor III (20 years). Congratulations!

University of Hawai'i COVID-19 resources

Remember to visit the [UH West O'ahu COVID-19 page](#) and [University of Hawai'i System COVID-19 site](#) for information and updates regarding the COVID-19 pandemic.

UH extends socially distanced operations through May 31

From UH President David Lassner:

Over the weekend Gov. David Ige issued a new COVID-19 Emergency Order that extends the current “stay-at-home” directives through May 31. Accordingly, UH is extending all current approaches to learning, teaching, working, conducting research and supporting our campuses and communities through the end of May.

UH employees will be able to submit their COVID-19 work-from-home requests for the month of May starting on April 29 in the [Online Leave System](#).*

We are now beginning to plan, even under this high level of uncertainty, how we will extend operations through the summer and into the fall in a manner that ensures we can provide high quality education to the people of Hawai‘i while protecting the health and safety of our students and employees. More information on these plans will be shared in the weeks to come.

Mahalo for your continued support of each other and our state. We are in this together and we will come out of this together — better, stronger and wiser.

** Please refer to UH West O‘ahu Human Resources Office’s April 29 email, “Instructions for COVID-19 Leave Requests for Month of May.”*

Mental Health Moment – Celebrate Your Accomplishments

Clinical psychologists Dr. Steven Taketa and Dr. Analu Sing, with [UH West O‘ahu’s Counseling Services](#), will offer weekly mental health tips to students, faculty, and staff to cope through COVID-19 and these trying times:

As the spring semester draws to an end, take the time to celebrate your many accomplishments. Celebrating your wins reinforces the positive attitude and behavior you want to have show up when you face a new challenge or opportunity, according to an article geared toward entrepreneurs from [Inc.com](#). Many people spend a lot of time obsessing about the future, but often when we complete an important goal, we have been conditioned to quickly move on to the next goal rather than celebrating our wins. “When you don’t take the time to celebrate your many accomplishments, you have a high probability of burning out,” the article says. So celebrate!

COPING THROUGH COVID

How are you maintaining your mental, physical, and emotional well-being while practicing social distancing? We’d like to hear about your coping mechanisms or personal stories of how you are managing as we navigate these unique times. Have unique tips to share? Fun activities? Email uhwocomm@hawaii.edu to submit your survival strategies.

Dr. Matthew A. Chapman, Computer Science and Cybersecurity Professor and Chair, Business Administration Division at UH West O‘ahu, shares how he has been coping (which includes Halloween decorations!):

We all know some of the hardest things to find in the grocery store, and it has become a bit of a scavenger hunt – pretty fun when you find one of those treasures. However, have you tried to get your hands on some weight lifting or gym equipment? Wow, it’s basically gold bullion in Hawai‘i!

With online classes and meetings, particularly as a cybersecurity professional, staring at the screen all day is not so great for my mental health.

Fortunately, I was able to score some Olympic weight lifting equipment and had some dumbbells lying around; the garage has turned into a safe haven. Adding some Halloween decorations, the few things that really keep up my energy and strength right now are my ‘Haunted Gym,’ the tree that turned into a family climbing wall and rappel tower, and mandatory fun with Mom and Dad (whether they like it or not – hence the mandatory). Church has gone online as well, so I figured I would go big and watch the Pope in VR from St. Peter’s Basilica and add Bible study with the kids (yes, unfortunately – also mandatory). We are fortunate to all be healthy and together; I pray the same for you all. My final two cents: Break out the Halloween decorations, use the Christmas coffee cups, and string up

some lights outside – every day is a gift!

UH West O‘ahu’s Dr. Miles on “Food Talk” podcast

Dr. Albie Miles, UH West O‘ahu Assistant Professor of Sustainable Community Food Systems, is featured on the podcast, [“Food Talk with Dani Nierenberg.”](#)

In the hour-long episode, “Nate Kleinman and Albie Miles on Community Food Sovereignty During COVID-19,” which was released on April 27, Nierenberg talks to Miles and Kleinman, an activist and farmer who co-founded the Experimental Farming Network (EFN), about what community food systems look like during COVID-19.

Miles explains how COVID-19 is worsening the existing vulnerabilities in Hawai‘i’s food system, and calls for greater support for sustainable family farms, well-paying agricultural jobs, and indigenous traditions.

Campus fire alarm inspection and testing May 4, 7, and 8

UH West O‘ahu Environmental Health and Safety Office (EHSO) and contractor Johnson Control will conduct testing of the university’s fire protection systems.

The FM200 fire suppression systems in the Library and Maintenance buildings will be inspected and tested May 4 starting at 8 a.m. The audible alarms, visual alarms, and smoke detectors on the first floors of all buildings will be inspected and tested May 7 and 8 starting at 8 a.m.

During the fire alarm testing, the audible alarms will sound (very loudly) and the visual alarms will strobe intermittently. The audible and visual testing will be conducted one building at a time and should be completed within the above posted time frame; should there be any changes or any delays, an email update will be sent.

The Johnson Control service technicians will be wearing their company uniforms and will be escorted by UH West O‘ahu EHSO throughout the buildings.

UH West O‘ahu EHSO encourages you to review fire evacuation procedures during the testing. If there are any questions or concerns, please contact Beverly Orillo at 689-2529 or bbasilio@hawaii.edu.

PIKO Outdoor Learning Space construction deliveries

There will be multiple construction deliveries occurring for the PIKO Outdoor Learning Space project. When there are deliveries, please expect temporary disruptions to pedestrian access at the roundabout and entry ramp. All persons in the vicinity of this project are advised to respect all construction barricades and all posted safety/detour signs. If you have any questions or need additional information, please contact the UH West O‘ahu Project Manager at 689-2546.

Honouliuli (Ho‘opili) Station update

Here’s a recent look at the Honouliuli (Ho‘opili) rail station, with photo courtesy of Nan, Inc.:



Distance Learning Tip of the Week – Zoom Keyboard Shortcuts

Want to be able to react fast when hosting a Zoom meeting? Zoom has keyboard shortcuts for Windows, Mac, and iPad. Users can change the default hotkeys for Windows and Mac, too. Learn how to 'mute audio for all except host,' and take charge of your Zoom classroom. [Every Zoom Keyboard Shortcut and How to Use Them](#)

News from [E Kamakani Hou](#)



[Mental Health Moment – Getting a Good Night's Sleep!](#) - Clinical psychologists Dr. Steven Taketa and Dr. Analu Sing, with [UH West O'ahu's Counseling Services](#), will offer weekly mental health tips to students, faculty, and staff to cope through COVID-19 and these trying times.

[COVID-19 Speaker Series, April 28 through May 1](#) - Explore different aspects of the current pandemic at the COVID-19 Speaker Series, daily from Tuesday, April 28, to Friday, May 1, via Zoom. The series will feature UH West O'ahu scholars speaking at a total of seven sessions, with topics including "Mathematics of a Pandemic," "Hawai'i's Economy 3.0," and "Fake Health News in the Midst of a Pandemic." Can't make it to the live event? Each session will be recorded and posted to the [UH West O'ahu Library YouTube channel](#). All videos will be uploaded and available to view by Tuesday, May 5.

[Watch 'Reel Wāhine,' April 30 on PBS](#) - Get to know Hawai'i-based women filmmakers on "PBS Hawai'i Presents: Reel Wāhine of Hawai'i" Season 1, 9 p.m. Thursday, April 30, on PBS Hawai'i. The hour-long compilation of locally-produced short films focuses on the creative philosophies, challenges, and triumphs of six filmmakers, including Heather Haunani Giugni, cultural collections specialist and producer at ['Ulu'ulu: The Henry Ku'ualoha Giugni Moving Image Archive of Hawai'i](#) at UH West O'ahu.

[Students, faculty reflect on a semester unlike any other](#) - As the semester comes to an end, faculty and students alike reflect on the past several weeks, when the COVID-19 pandemic and a priority for health and safety changed everyone's teaching and learning experiences at the University of Hawai'i–West O'ahu.

The deadline to include your item in the next This Week is Thursday night. Please submit your item using the Communication Department's [Communications Request Form](#).

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