



Your Name (First and Last):	Your UH Username:	Eng 22 Course Reference Number (CRN):	Eng 22 Instructor Name:
Your Intended Program/Major:	Number of Credits You're Enrolled in This Semester:	Number of Hours (per week) That You Work:	Answer "Yes" or "No" to Questions Below:
			Are you a first semester student at KCC? _____ Are you a first semester student in college? _____

Aloha, and Welcome to the Eng 22 Learning Plan Project!

We hope that through this project, you will be able to:

- Become aware of your strengths and how you can apply them to being a successful college student.
- Articulate where you envision yourself in the next few years.
- Identify a need/challenge to being a successful college student and create a plan to address it.
- Put your plan into action to help yourself to be a successful college student.

A Kahikoluamea Counselor will visit your class at the beginning of the semester to introduce this project. You will sign-up for a future group appointment at this time.

You will then need to:

1. **Complete Part I** of the Learning Plan **before** you attend your group appointment with your Kahikoluamea Counselor.
2. Attend your group appointment with your **completed Part I**. At this time, you will discuss/complete **Part 2** of the Learning Plan with your Kahikoluamea Counselor.
3. Complete **Part 3** of the Learning Plan on your own by March 20, 2015 and turn entire Learning Plan in to your instructor.

Are you ready? Let's go!

Part I

My Strengths & Goals

Read the following carefully and think about how it applies to you:

In thinking about your strengths, think about an activity that meets the following criteria:

- You are **great (not just good)** at it;
- When thinking about the task, you are excited – you **anticipate the activity**;
- When doing the task you find it **easy to concentrate and get absorbed in the activity**, even losing track of time;
- Once the task is completed, you have **more energy than before**.

If the majority of your job has you engaged in activities that are strengths, you are much more likely to:

- Turn out **stellar performance**
- **Enjoy** what you're doing
- Be intrinsically **motivated**
- Be **happier** and more **pleasant** to work with

Paying attention to your strengths will be a win for you, for your manager, for your co-workers, and for whomever your work ultimately benefits (whether that's clients, project participants, communities, nations, the planet...).

(Marcus Buckingham, author, "Go Put Your Strengths to Work")

Section A: My Strengths

Reflect upon your strengths. Then, insert pictures here that describe your strengths or what others have said were your strengths.

Write about your strengths.

Section B: My Strengths in Action

Give an example of how you will apply these strengths to achieve success this semester at KCC.

Section C: My Future Goals

Related to your academic and career goals, where do you see yourself....

In five years?

In 10 years?

Part 2

My Learning Plan

This section will be discussed in your group appointment (with your Kahikoluamea counselor).

Based upon your strengths and future goals that you stated in Part I, please complete the following:

A. My Need:

What is your main need/challenge that you will address in order to be successful in college this semester?

B. Resource/Action:

What resource or action will you take to help you to meet this need/challenge in college?

C. Steps and Timeline:

How (list the steps) and when will you do this?

Part 3

My Completed Learning Plan

This section to be completed on your own by March 20, 2015.

A. Evaluation:

Reflect upon your experience in implementing your Learning Plan. Please answer the following (type in Yes or No):

Did you:

1. Use the resource or take the action you stated in Part 2B? _____
2. Follow the sequence of steps you stated in Part 2C? _____
3. Complete your steps within the timeframe you stated in Part 2C? _____

If you answered “No” to any of the above, please explain:

B. Value:

What did you learn from using this resource or taking this action?

C. Outcome:

How did completing this Learning Plan help you to be a more successful college student this semester?