

Subject: This Week at UHWO News Bulletin - Week of February 29
From: UH West Oahu News <uhwonews@hawaii.edu>
To: uhwo-all-l@lists.hawaii.edu
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Attachments: Mastering APA Style.jpg,BOR Excellence in Teaching Award 2015 nomination form.docx,yoga in march final.pdf,March Workshops - Flyer 2.pdf,Career Event - Invite Flyer UHWO.pdf,NSA FLYER 2016 march.docx,Piko protocol monday.jpg

THIS WEEK AT UHWO

a bulletin for UH West O'ahu faculty and staff



Week of February 29

Distance education tip of the week - Laulima homepage

The homepage is an important part of your Laulima course site because it is often the first thing students see when logging in to your class. It can be helpful to display announcements and calendar events on your homepage so students can easily access information. Adding your contact information, pertinent images, or links to popular sites may also be helpful for creating familiarity in a virtual space. For more educational tech tips, visit the UHWO Distance Education Laulima site or email uhwode@hawaii.edu.

UHWO in the news

MidWeek featured UH West O'ahu Vice Chancellor for Administration Kevin Ishida in the Feb. 24 ["West Oahu Roundup."](#)

New in *E Kamakani Hou*

E KAMAKANI HOU The UHWO Online Newsletter



Complete the National Survey of Student Engagement Encourage your freshmen and seniors to complete the survey received via their hawaii.edu email accounts on Feb. 9. Student participation is vital to the University and will help to improve the student experience at UH West O'ahu. Surveys are due by March 21. [\[Read more\]](#)

Ua lohe 'oe (Have you heard)? 'O ka 'Ölelo Hawai'i o ka pule 'o (The Hawaiian word or phrase of the week is) 'ike. [\[Read more\]](#)

Nominate an outstanding faculty member for the Regents' teaching award Nominate your favorite UH West O'ahu faculty member for the Regents' Medal for Excellence in Teaching. [\[Read more\]](#) and see attached nomination form.

Events this week

Start your week with **oli, mele, and ho'okupu** every Monday at 10 a.m. at the UH West O'ahu Hale Kuahuokalā in the UHWO Student Organic Garden. [\[Read more\]](#)

Da Spot is offering **"Meatless Monday" specials** today, Feb. 29 including:

- Mock cheese burger with fries
- Mock teriyaki chicken
- Mock spaghetti meat sauce
- Tofu katsu
- Thai vegetable curry with tofu
- Shoyu ginger sesame tofu poke
- Potato croquette served with Japanese curry ru
- Brick oven spanikopita
- Foul moudamis served with fresh flat bread
- Parmesan herb crusted potato
- Pizza (vegetarian delight, pesto parmesan, marinara and three cheese, eggplant parmesan, garlic butter herb & sun dried tomato, margarita)
- Salads (watermelon salad, tofu salad, cucumber chili vinegar salad, chick pea lemon herb salad)

The UH West O'ahu No'eau Center will offer the following workshops this week.

- [Mastering APA \(American Psychological Association\) Style](#) today, Feb. 29 and Wednesday, March 2 in B203 (No'eau Center) from 12:30-1:30 p.m. and 2-3 p.m.

Free [yoga and meditation with Auntie Moana](#) on Tuesday, March 1 from 1-2 p.m. in the Hale Kuahuokalā in the UHWO Student Organic Garden.

Join fellow faculty and staff for [Mala Harvest Day](#) Tuesday, March 1, to harvest fruits and vegetables from our mala (UHWO Student Organic Garden) from 2-4 p.m. Wear comfortable clothing and shoes for harvesting in the sun. Participants may take home harvested fruits and vegetables. Mala Harvest Day happens every Tuesday throughout the

semester.

UHWO Intramural Sports presents a [free Zumba class](#) Tuesday, March 1, from 4:30-5:30 p.m. at the Campus Center loft (second floor) for all UHWO students, faculty, staff and Hawaii Tokai International College students.

Meet and talk with [National Security Agency](#) (NSA) representatives to discuss career opportunities, paid internships, co-op educational programs and more during the **NSA recruitment and information session** on Wednesday, March 2. [\[Read more\]](#)

Encourage your students to come to the [Library Coffee Hour](#) on Wednesday, March 2, and every Wednesday through April 27 from 12:30-2 p.m. for free coffee and light refreshments at the UHWO Library.

Come and learn indigenous ways to approach Hawaiian communities with kama'aina health care practitioners, researchers and educators at the **"Research within Hawaiian Communities" Ahu Pulama workshop** with Dr. Mary Oneha, Shelly Enos, and Ho'oipo DeCambra on Wednesday, March 2 from 1-4 p.m. in D254. [\[Read more\]](#)

Discover various resources for doing **research on Hawaiian and Pacific topics**. Learn about resources available in the UHWO Library collection and ['Ulu'ulu Henry K. Giugni Moving Image Archive of Hawai'i](#) on Wednesday, March 2 from 2-3 p.m. at the UHWO Library Computer Lab, B233. [\[Read more\]](#)

[Intramural Sports soccer and volleyball free play](#) happening Wednesday, March 2, from 3-6 p.m. on the Great Lawn. For more information, email imwest@hawaii.edu or call 689-2673.

A UHWO Human Resources Specialist will be on campus as part of **HR on campus** day on Wednesday, March 2 from 1:30-4:30 p.m. in E127 to assist faculty and staff with human resources questions and concerns. For more information, contact Janice Sunouchi at jtakase@hawaii.edu or Nancy Nakasone at nancynak@hawaii.edu.

Buy local produce at the **Da Spot Farmers' Market** on Thursday, March 3 and every Thursday from 10 a.m.-2 p.m. in the Dining Hall. [\[Read more and see photos\]](#)

Practice your networking skills at the **UH West O'ahu Career Networking Event** for students on Thursday, March 3, from 1-3 p.m. in the Campus Center Multipurpose Room, C208. [\[Read more\]](#)

Tree trimming will happen around campus on Friday, Saturday and Sunday, March 4-6 from 7 a.m.-4:30 p.m. The non-permit half of the parking lot will be shut down on Friday, March 4 and the permit-holder half shut down on Saturday, March 5. Campus Security will open the Overflow Parking Lot to accommodate vehicles displaced due to this project. Please anticipate delays and plan accordingly. Sections of Road A and the Access Road will be coned off while the trees are being trimmed. The monkey pod trees in the Courtyard will be trimmed on Sunday, March 6. For any questions, contact UHWO Planning and Campus Operations at 689-2535.

Want to learn how to preserve your precious films and videotapes? Looking for a place to donate or share your films with a larger audience? Join 'Ulu'ulu Archive staff for a presentation of the collections at UH West O'ahu's ['Ulu'ulu, The Henry Ku'ualoha Giugni Moving Image Archive of Hawai'i](#) at the [Hawaiian Media Makers Workshop](#) on Saturday, March 5. [\[Read more\]](#)

UHWO IT will perform network maintenance on Sunday, March 6 from 8 a.m. - noon. The affected areas will be the Laboratory Building, first floor East Wing, and Campus Center, second floor South Wing. There will be periodic network outages affecting phones, email, and all other internet activities so please plan accordingly. For any questions or concerns, email uhwo-it-networks-l@lists.hawaii.edu

For the latest UH West O'ahu event information, view and submit listings to the UHWO [website calendar](#).

Want to include your story in the This Week at UHWO News Bulletin or [E Kamakani Hou](#)? Submit a [Communications Request Form](#) to the UH West O'ahu Communications Department.



University of Hawai'i - West O'ahu

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Mastering APA Style

This workshop covers documenting sources, in-text citations, and preparing references according to APA citation formats used in their respective academic disciplines.

B203

February 29 | 12:30 - 1:30 | 2:00 - 3:00

March 2 | 12:30 - 1:30 | 2:00 - 3:00

"EXCELLENCE IN TEACHING AWARD NOMINATION FORM

Nominate a faculty member of librarian for the 2015-2016 Excellence in Teaching Award. Based on student, faculty, and staff input, each year the UH Board of Regents recognizes one member for outstanding merit. The recipient will receive cash award and, in the Fall 2016, the recipient will receive an engraved Board of Regents medal.

The following (faculty members) of UHWO have already received this award and are not eligible:

1980 Barbara Newton	1999 Gary Helfand	2015 Katie Landgraf
1981 Linda Nishigaya	2003 David Alethea	
1982 Roland Stiller	2010 Frank Kudo	
1983 Ekkehard Stiller	2011 Garyn Tsuru	
1987 Ross Prizzia	2012 Linda Furuto	
1995 Louis Herman	2014 Richard Jones	

Name of Nominee: _____

Circle the appropriate designation: Faculty Librarian

Please explain why your nominee deserves the 2015-2016 Excellence in Teaching Award. Include examples of how your nominee inspired learning and impacted your life. Note quality of instruction or librarianship: commitment, enthusiasm, patience, and scholarship. You could mention personal interest in students, resourcefulness in relating learning to daily life, and use of community resources.

- Use a separate sheet for each nominee.
- Each nomination form must be signed by the nominating student, staff or faculty member.
- One signature per nomination form.
- You may nominate more than one person, but do not nominate the same person more than once for the 2015-2016 award.

(If necessary, continue on back or attach additional sheet)

Name (print) _____ Signature _____

Return nomination form "Excellence in Teaching", in hard copy to Cynthia Lanting, D-202, or by email at clanting@hawaii.edu by March 4, 2016.

‘LIV’ LIFE WELL

YOGA & MEDITATION

**TUESDAY,
MARCH 1, 2016
1PM - 2PM**

HALE KUAHUOKALA

**PLEASE COME AND JOIN AUNTY MOANA
MEYER IN YOGA AND MEDITATION.**

**COMMIT TO UNDERSTANDING YOUR CORE
BELIEFS IN 2016.**

*WITH AUNTY
MOANA
MEYER*



*The PIKO Project is funded by a U.S.
Department of Education Title III grant.*

http://www.capwellnesscenter.com/wp-content/uploads/2015/09/Stock_000016339384_Medium-1.jpg



Library Workshops

Every Wednesday, 2pm, Library Computer Lab (B-233)

2-Mar	Hawaii/Pacific Research	Discover various resources for doing research on Hawaiian and Pacific topics. We will cover resources available in the UHWO Library collection, along with some available on the open web. We will also highlight the collections of 'Ulu'ulu, Hawai'i's official state archive for moving images.
9-Mar	Integrating Sources	Learn specific techniques for incorporating sources into your academic research papers. We will also demonstrate the use of EndNote, a citation management tool, and we will discuss various citation styles and resources available for citation help.
16-Mar	Finding Statistical Information	In this workshop, you will learn how to use the UHWO Library's statistical databases, Sage Stats and the Statistical Abstract of the United States to find relevant data for your research projects and presentations.
30-Mar	Google Fu	Tired of your humdrum Google searches? Want to impress your friends with your exemplary web research skills? Level up your Google Fu in a workshop where we'll explore tips and tricks



You're Invited!

Career Networking Event *for students*

Let's Connect!

When: Thursday, March 3

When: 1:00 - 3:00 pm

Where: UH-West Oahu C-208

Limited Seating!

Sign up Online!

<http://tinyurl.com/SP16NETWORK>



- Learn a simple, effective **personal branding** technique to tap into *the hidden job market*
- **Engage with professionals** who may have the job you want
- **Interact with graduate students** and be inspired to increase your own capacity through higher education
- **Prepare** for upcoming UHWO Career Fair on March 14th

▶ **Meet Professionals!**

▶ **Learn New Skills!**

▶ **Practice In a Safe Environment!**

▶ **Build Your Network!**

Questions? Contact Loea Akiona, UHWO Career Services C240, 808-689-2676

National

Recruitment and Information Session

Security

**University of West Oahu
Conference Room B217**

Wednesday, March 2, 2016

11:00 a.m. – 1:00 p.m.

Agency

KNOWINGMATTERS

Meet and talk with recruiters to discover excellent career opportunities in these fields:

- Cybersecurity
- Computer Science
- Information Assurance
- Human Resource Specialist
- Linguists (Foreign Language)
- Intelligence Analysis
- Finance & Accounting
- Business Management
- Cryptanalysis
- Signals Analysis
- Mathematics
- **Paid Internships, Scholarships, Co-op Educational Programs**
- **Plus Other Opportunities**

Sponsored by: UHWO National Criminal Justice Honor Society

Contact Advisor Joseph Wilson at joseph42@hawaii.edu for more information.



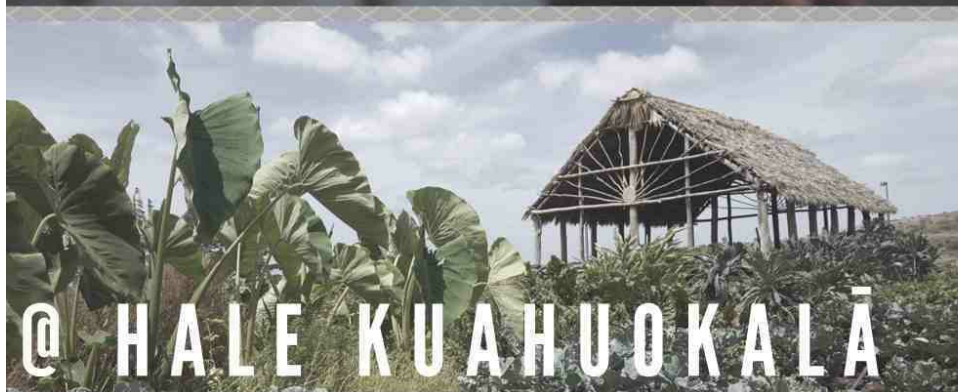
U.S. Citizenship is Required

The United States Intelligence Community is an Equal Opportunity Employer and a Drug-Free Workplace

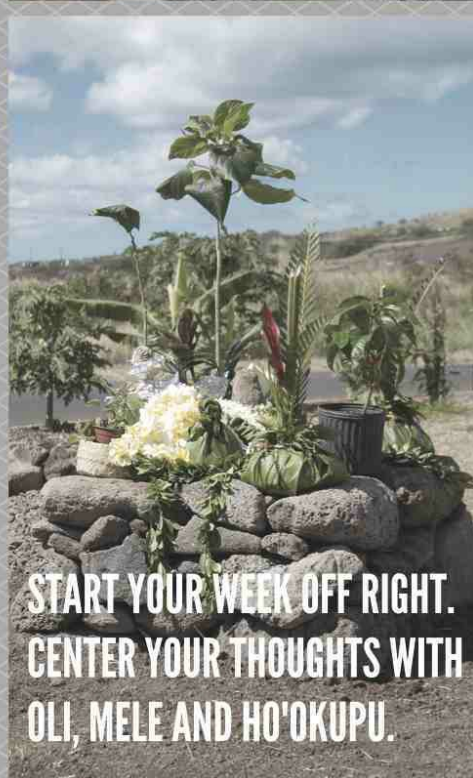
PIKO



EVERY MONDAY :
10AM



@ HALE KUAHUOKALĀ



START YOUR WEEK OFF RIGHT.
CENTER YOUR THOUGHTS WITH
OLI, MELE AND HO'OKUPU.