

Subject: This Week at UH West O'ahu for week of Sept. 24, 2018
From: UHWO Communications Department <uhwocomm@hawaii.edu>
To: uhwo-all-l@lists.hawaii.edu
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A BULLETIN FOR UH WEST O'AHU FACULTY AND STAFF
This Week at UH West O'ahu
Week of Sept. 24, 2018

Healing Soles - event to raise awareness of sexual violence, Sept. 26



The UH West O'ahu Compliance Hui is sponsoring a campus-wide event - **Healing Soles** - on Wednesday, Sept. 26, from 9 a.m. to 1 p.m. at the Nāulu Center. The event features vendor exhibits, a presentation by our own Dr. Steven Taketa, clinical psychologist, and a march/step out that starts at 12:35 p.m. The march/step out is to help raise awareness and understand what survivors have to endure on an everyday battle living with trauma. You can do one of three things for the walk: 1. Borrow shoes, 2. Bring your own shoes, or 3. Bring your own shoes then donate them. To learn more, visit the [Compliance Hui's site on Healing Soles](#). This is a Kaiāulu Award event.

***Island Soldier* to be shown at UH West O'ahu on Wednesday, Oct. 2**

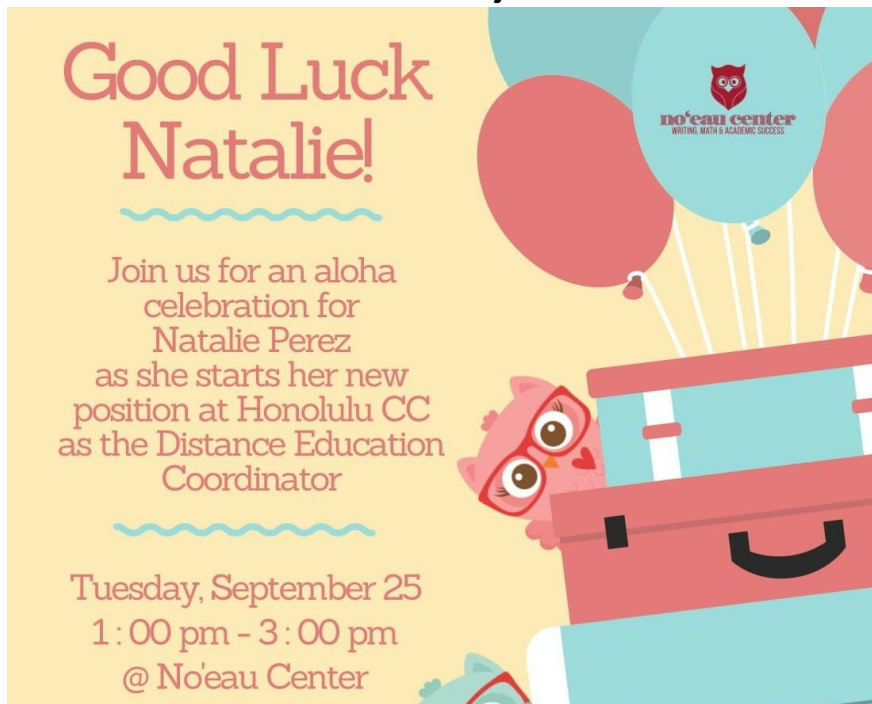


Island Soldier, a documentary that follows

members from a family living in the Federated States of Micronesia to military training and then to the battlefields of Afghanistan, will be shown for free on the UH West O'ahu campus.

The students, faculty, and staff of the University of Hawai'i – West O'ahu, and members of the community on O'ahu's Leeward side are invited to a screening of *Island Soldier* at 6:30 p.m., Tuesday, Oct. 2, in Campus Center C225. Refreshments will be provided.

Come celebrate Natalie Perez' new job!



Join us in the No'eau Center on Tuesday,

Sept. 25, between 1 and 3 p.m. for an aloha celebration for Natalie Perez as she starts her new position at Honolulu Community College as the Distance Education Coordinator!

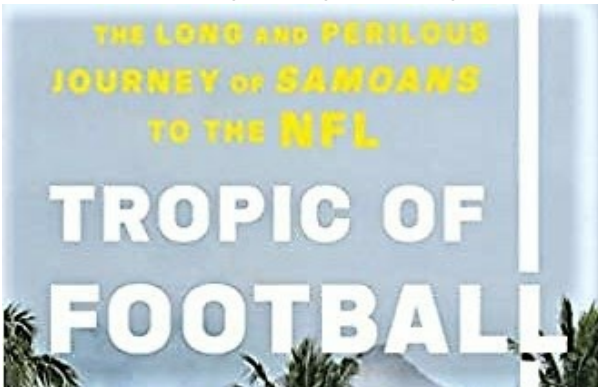
The James & Abigail Campbell Library invites you to observe Banned Book Week



The James & Abigail Campbell Library is

observing Banned Book Week this week as a way to shine a light on book censorship while celebrating freedom to read. The American Library Association champions Banned Book Week and features books that have been targeted with removal or restrictions. The West O‘ahu library is inviting people to drop by and check out a banned book, or to pick up a button showing their support.

Talk to focus on journey faced by Samoans to the NFL



UH West O‘ahu's Distinguished Visiting Scholars Committee invites you to "The Long and Perilous Journey of Samoans to the NFL," featuring Prof. Rob Ruck, on Friday, Oct. 19, from 12:30 – 2:00 p.m. in the second floor exhibition area of the James & Abigail Campbell Library.

The presentation will be followed by a Q&A and talk story session. Dr. Ruck is a Professor of History at the University of Pittsburgh and has authored several sports history books, including *Tropic of Football*, which explores more players for the NFL than anywhere else in the world. The event is open to the entire Leeward O‘ahu community!

Know of a deserving student? Let them know about the Native Hawaiian Scholarship ‘Aha

The Native Hawaiian
Scholarship ‘Aha

O‘ahu

Kapi‘olani Community College- ‘Ōhi‘a Cafeteria
Wednesday, Oct. 10, 2018 @ 6:00 pm

Wai‘anae Coast- Community Learning Center at Mā‘ili
Wednesday, Oct. 24, 2018 @ 6:00 pm

Windward Community College- Hale ‘Ākoakoa
Wednesday, Nov. 28, 2018 @ 5:00 pm

There will be a presentation of information about scholarships available to native Hawaiians at 6 p.m., Oct. 24, at the Wai‘anae Coast-Community Learning Center at Mā‘ili. This presentation is for high school students, parents, teachers, adult students, enrolled college students, counselors, and anyone interested in finding out more about sources of financial aid available for Native Hawaiians including eligibility criteria and qualification requirements. Meet with scholarship providers from Kamehameha Schools, Pauahi Foundation, Hawai‘i Community Foundation, Native Hawaiian Health Scholarship, Alu Like, and more. Pre-register at NHEA.net.

Please keep our campus workplaces free of illegal drugs and use of alcohol

The University remains committed to a workplace free from the unlawful possession, use or distribution of illicit drugs and alcohol. The 2018 Official Notice to Employees and Students Regarding Drug-Free and Alcohol-Free

Workplace Policies contains important information regarding University of Hawaii policies for preserving a drug-free and alcohol-free workplace and student environment, and counseling services.

Please read carefully the [Official Notice Regarding Drug-Free and Alcohol-Free Workplace Policies](#) (no login required) at the UH System Office of Human Resources website.

Nominations are open for the 2018 Willard Wilson award

Nominations are now being accepted for the 2018 Willard Wilson Distinguished Service Award. The UH System award recognizes a University of Hawai'i employee whose commitment and performance has made a significant impact on the university. UH employees from any campus and any occupational classification with 20 or more years of service can be nominated.

To submit nominations for the 2018 award, download the eligibility, criteria and nomination form from the Willard Wilson Distinguished Service Award webpage:

<https://www.hawaii.edu/about/awards/wilson.php> The deadline to submit nominations is Monday, October 22 by 4:30 p.m. For more information please contact Courtney Domingo at the Office of the President at (808) 956-8207 or by email at cmnd@hawaii.edu.

UH Aloha United Way Campaign is underway

Help the University of Hawaii touch lives, restore hope and build a healthier and stronger community. The university's 2018 Oahu Aloha United Way campaign runs through October 12, 2018 and helps raise funds for Oahu's non-profit organizations. Donations help critical community service organizations assist more than 500,000 individuals in Hawaii, in areas from education to poverty prevention. Ken Inouye (dkinouye@hawaii.edu) is the UH West O'ahu campus coordinator. Please contact him for information or to request a paper pledge form.

UH has been a strong partner to AUW for many years, and we hope to continue this tradition with a 2018 goal of \$275,000. Please help us reach it. To show your support of AUW, visit:

<https://auw.unitedwaypledge.org/epledge/UH> You may also obtain paper pledge forms from campus coordinators. Help in using the pledge website, if needed:

https://www.hawaii.edu/govrel/docs/auw/2018/2018_epledge_instructions.pdf for instructions on how to donate.

Questions? Visit: https://www.hawaii.edu/govrel/docs/auw/2018/2018_epledge_faq.pdf

First Math + Science + X seminar of semester scheduled for Friday

The first Math + Science + X seminar of the Fall 2018 semester is scheduled for 10-11 a.m., Friday in E133.

Three UH West O'ahu students will present their work on STEM Research projects with UH West O'ahu faculty.

- Ryan Orphan's research with Dr. Michael Furuto entitled "Basketball Conference Champions: Does it Help with the Madness?", focused on connecting math and basketball by using statistics to compare how far conference champions versus non-conference champions advance in the NCAA tournament.
- Danielle Sterbinsky's research with Dr. Allyson Gilles entitled "Impact of anxiety, short sleep duration, and exercise on cardiovascular disease", examined the relationship between anxiety, health, and exercise in relation to sleep disorders.
- Lei'ala Okuda worked with Drs. Esther Widiasih, Megan Ross, and Mary-Lindsey Correa on "Ola Hou – To Revive", a project exploring the connection of history and mo'olelo of Mokauea island using statistics and the merging of culture and science to help restore the island's fish pond.

September 2018 Anniversaries

Congratulate the following co-workers, they've been with the University of Hawai'i for a decade now.

- Magie C. Delmendo, Janitor, Administrative Services
- Camille M. Hampton, Assistant Specialist, Student Services

- Michael K. Tanji, Lecturer, Instruction

Distance Learning Tip of the Week - YouTube Extras

Once you have uploaded a video to YouTube there are a few tools that YouTube offers to edit or enhance your video. This includes custom blurring, adding cards to promote other videos, playlists or channels within your video as well as the ability to add music to your videos. There are thousands of royalty-free songs that you can use for your videos. You can find information about these tools here: goo.gl/wRaakq. If you are interested in learning more about using other online tools, consider attending one of our weekly workshops. You can find more information about workshops and read other tech tips by visiting westoahu.hawaii.edu/distancelearning or emailing uhwode@hawaii.edu.

News from [E Kamakani Hou](#)



Jones awarded three-year, \$638,100 grant from U.S. Office of Naval Research

UH West O'ahu Associate Professor of Science Education Richard Jones has received a \$638,100 grant to create the UHWO VETS (Veterans Empowered Through STEM) program to support veterans interested in careers and education involving Science, Technology, Engineering and Mathematics. [\[Read More\]](#)

Trivia Night to test students' knowledge about Hawai'i

The No'eau Center will host a Trivia Night that will test teams of students on their knowledge of all things Hawai'i, with the top winning teams taking home gift cards.

The event, the first hosted by No'eau Center, is scheduled to begin with a team check-in at 6 p.m., Wednesday, Sept. 24, at the center. [\[Read More\]](#)

Prepared for the Career & Internship Fair by attending one of these workshops

Students planning on attending the upcoming [UH West O'ahu Career & Internship Fair](#) might consider fine-tuning their job- and internship-seeking skills during workshops scheduled later this month. The Prepare for the Fair workshops address the 3-D questions — Documents, Dressing, and Delivery. [\[Read More\]](#)

UH West O'ahu Calendar of Events

Monday, Sept. 24

- [Nohona Hawai'i](#) - Living a Hawaiian Way with aunty Lynette Paglinawan. 9:30-11 a.m., Hale Kūahuokalā. Subject: "Hawaiian Spirituality in healing and health"
- [Na Kaulana Mahina Workshop](#), 5-6:30 p.m., Hale Kūahuokalā.
- [UH West O'ahu University Chorus Rehearsal](#). No experience necessary. 6:30-8:30 p.m., C225.
- [Banned Book Week](#). Check out a banned book, grab a button to show support. James & Abigail Campbell Library.

Tuesday, Sept. 25

- [Student Organic Māla \(Garden\) Harvest Day](#). 9 to 11 a.m., student organic garden. Contact tasiay@hawaii.edu to RSVP or with questions.
- [All Level Yoga](#) with Emily Yamamoto. 11:15 a.m.-12:15 p.m., Hale Kūahuokalā, Contact tasiay@hawaii.edu with questions.
- [Banned Book Week](#). Check out a banned book, grab a button to show support. James & Abigail Campbell Library.

Wednesday, Sept. 26

- [Healing Soles](#): Step Up Against Sexual Violence hosted by the UH West O'ahu Compliance Hui. Poster contest with prizes, Step Up events around campus, presentation by Dr. Steven Taketa on sexual assault and mental health issues. 9 a.m.-1 p.m. Nāulu Center, Campus Plaza and Courtyard. (Kaiaulu Point Event)
- [Prep for the Fair workshops](#) for students planning to attend Career & Internship Fair on Oct. 10. Résumé musts, cover letter techniques, dressing the part, and delivering a great first impression. 11 a.m. and 12:30 p.m. B217.
- [Trivia Night](#). Student teams can compete for gift cards while testing their trivia knowledge. Sign up at bit.ly/noeautn. 6-8 p.m., No'eau Center.
- [Intramurals FreePlay](#) 3-6 p.m., Great Lawn, hosted by UHWO Sports
- [UH West O'ahu University Band Rehearsal](#). 6:30-8:30 p.m., Pearl City High School.
- [Banned Book Week](#). Check out a banned book, grab a button to show support. James & Abigail Campbell Library.

Thursday, Sept. 27

- General Ethics Training by State Ethics Commission. 10-11:30 a.m., C208. Register at <http://ethics.hawaii.gov/2018-09-27kapolei/>
- [Google Apps Workshop](#) for faculty by the Office of Distance Learning. How to access and use YouTube through your UH account. 11 a.m., B222. Questions: uhwode@hawaii.edu
- [Prep for the Fair workshops](#) for students planning to attend Career & Internship Fair on Oct. 10. Résumé musts, cover letter techniques, dressing the part, and delivering a great first impression. 11 a.m. and 12:30 p.m. Nāulu Center.
- [Intramurals FreePlay](#) 3-6 p.m., Great Lawn, hosted by UHWO Sports
- Zumba with Pearlina Stone. 4:45-6 p.m..Hosted by UHWO Sports in Nāulu Center.
- [UH West O'ahu University Chorus Rehearsal](#). No experience necessary. 6:30-8:30 p.m., C225.
- [Banned Book Week](#). Check out a banned book, grab a button to show support. James & Abigail Campbell Library.

Friday, Sept. 28

- [Pili 'Āina Huaka'i Series](#) visit to [Hanakēhau Farm](#), 12:30 to 4:30 p.m. Registration: <https://goo.gl/forms/gKwKggmiNTwArYul2>
- [Banned Book Week](#). Check out a banned book, grab a button to show support. James & Abigail Campbell Library.

Saturday, Sept. 29

- [Banned Book Week](#). Check out a banned book, grab a button to show support. James & Abigail Campbell Library.

Want to include your story in the This Week at UHWO News Bulletin or E Kamakani Hou? Submit a [Communications Request Form](#) to the UH West O'ahu Communications Department.



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