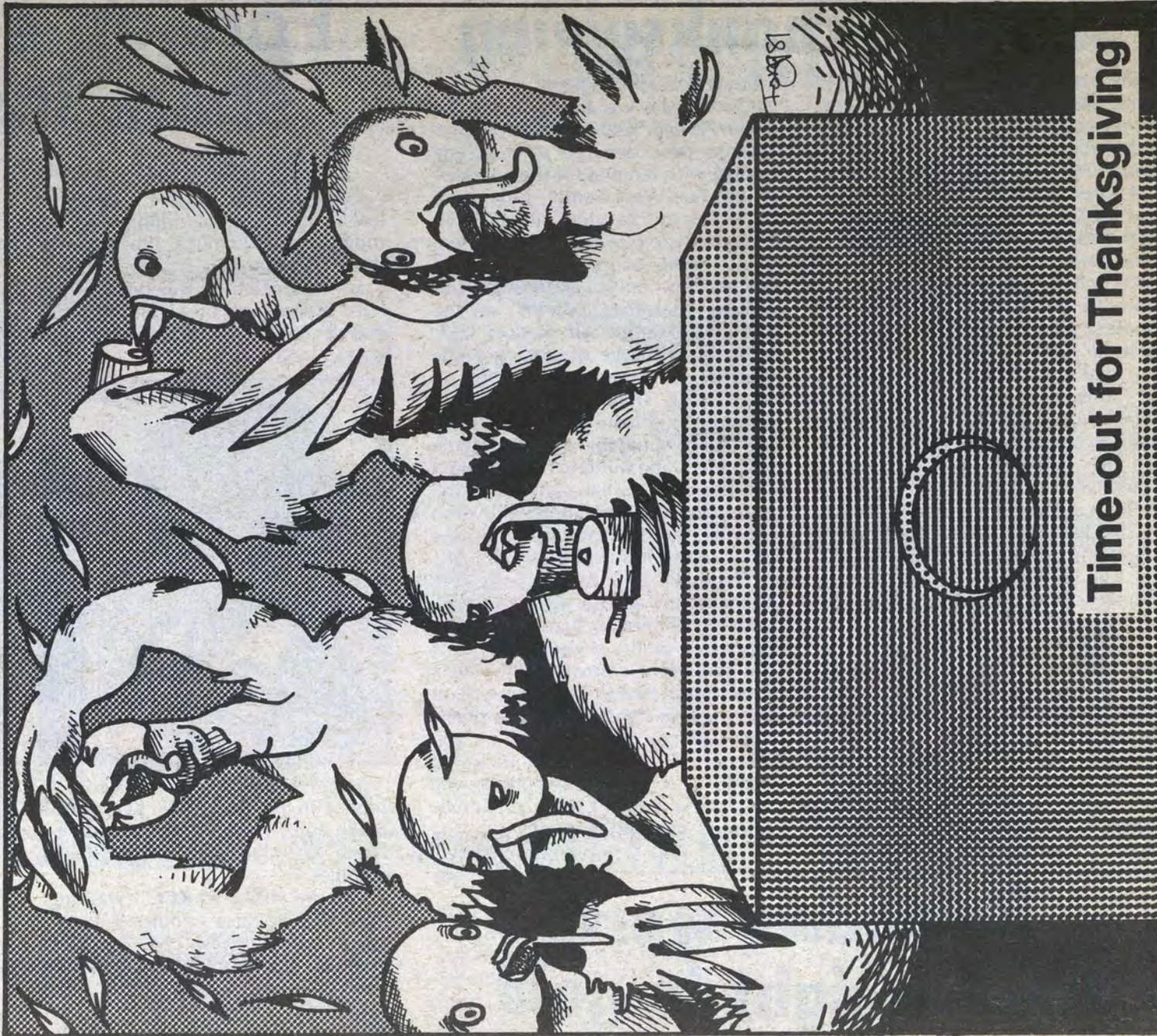


Kapio

November 19, 1981

Kapiolani Community College

Vol. 13 No. 4



Time-out for Thanksgiving

News News

GLAMOUR COMPETITION

KCC students are invited to participate in Glamour's Magazine's 1982 top Ten College Women Competition. Young women from colleges and universities throughout the country will compete in Glamour's search for ten outstanding students. A panel of Glamour editors will select the winners on the basis of their solid records of achievement in academic studies and/or in extracurricular activities on campus or in the community.

The 1982 Top Ten College Women will be featured in Glamour's August College issue and will receive a \$1,000 cash prize.

Anyone interested in entering the search should contact Glamour magazine, Conde' Nast Building, 350 Madison Ave. N.Y., N.Y. 10017 for more information. The deadline for submitting an application to Glamour is Dec. 15.

Canned goods drive

As in previous years, the Clerical Staff Council is again collecting canned goods for the needy. The drop off boxes are located in all of the department offices on both campuses, and the clerical staff will be collecting donations until Nov. 23. Help to make a needy family happy on Thanksgiving day.

sports

By Lionel Rodriguez

Pat Barrett will be holding a free tennis clinic for all students who are interested. Interested students should drop by Pat's office to sign up. Pat has also taken steps to form a KCC tennis club, with tournament play and maybe competition against other colleges.

Pat Roberts, one of the intramural tennis players, says "Students need to do something besides work and study; playing intramural sports is a good outlet for tension and contributes to a well balanced life."

Since not enough teams have signed up for volleyball, Pat has organized drop in volleyball games every Monday and Wednesday at 3 p.m. About 20-25 students show up with two courts going one for competitive play and one for noncompetitive.

There's a ping pong table in building 939. It's open to students Monday - Friday 8 a.m. to 5 p.m. Students who are interested in playing in a ping pong tournament should drop by Pat's office to sign up.

The next time you're just kicking back with nothing to do, go check Pat out he has some sports equipment available for use to students.



KCC Choir Performances

The KCC Choir will be singing at the Festival of Trees at the Blaisdell Exhibition Hall, along with the Wind-

ward CC Choir, the Honolulu CC Choir, and the Makiki Christian Church Choir on Dec. 8 at 7:30 p.m.

SOROPTIMIST TRAINING AWARD

The Soroptimist Club is offering \$100 award to women living or working in the East Oahu area (Kapaehulu Avenue eastward to Makapuu Point) to study toward a degree or for vocational/training. The winners will have an opportunity to compete for a \$1,250 award. The award is to assist mature women, preferably over 30 for full or part-time study toward retraining for or initial entry into the labor market. For application forms, call 734-5963 or write P.O. Box 2544, Honolulu, HI 96825.

NEED A JOB?

Need a job? Stop by the Career and Personal Development Center and take a look at the job placement computer printout of full and part time jobs. New jobs are added every week.

A DATE TO REMEMBER

December 1, 1981 is the deadline for State of Hawaii residence application for Spring admission to UH Manoa.

EARLY REGISTRATION

Students who have declared majors in Secretarial Science, Food Service/Hotel Operations, Data Processing and Health Education may do early registration for the Spring 1981 semester.

Early registration will be December 7-11, 1981 at Pensacola. Allied Health majors at Diamond Head will be able to register at Diamond Head.

Continuing students who wish to take English and Math placement tests prior to early registration should contact Students Services for a test date.

For further information on early registration, contact the specific Program Director.

Sharing Thanksgiving

The first Thanksgiving took place about 360 years ago. The Pilgrims spent a grueling year trying to survive in the wilderness. Half of the original group died from hunger and sickness that bitter winter in Plymouth. Still, a year later, after the harvest was gathered, the Pilgrims felt that they had a great deal to be thankful for.

Here, in Hawaii, we have so much more to be thankful for. Just the privilege of living here is one. The clean air, the unpolluted oceans and the mild climate are daily blessings we sometimes take for granted. Other personal blessings which overshadow our problems give us a reason to celebrate this traditional American holiday.

There are two ideas in the concept of Thanksgiving. The Pilgrims didn't forget the second part — that of giving. The little they had they not only shared among themselves but also with strangers, the Indians.

We seem to have forgotten the idea of sharing. Yes, we get together with our families and friends, watch football game or two and then sit down to a lavish feast. But is this what is really meant by sharing? The foreign student in the deserted dorm, or the lonely service person stranded, thousands of miles from home would be more than happy to be invited into

a home this Thanksgiving.

Once again we are fortunate we live in Hawaii. There are many organizations here devoted to matching people with families for the holidays. At the East-West Center, Judy, from Community Services (944-7199), would love to place a foreign student with a family or group of friends so the student could experience our holiday. Sergeant Martin, at the Kaneohe Marine Air Station (257-3319), is in charge of placing single Marines, both men and women, in homes for Thanksgiving. Another option comes from Kathe Rhodes, at the Kailua Chamber of Commerce (261-2727). She wants to place military families with civilian families in the area. These organizations will even provide the transportation for the guest to the host's home.

There is not much time left. Thanksgiving will be here before we know it. It's not so hard to squeeze one more at the dinner table, is it? Call one of the women above, check with church or civic organizations, or invite a new neighbor on the block. Thanksgiving will take on an old meaning. Not only will we be giving thanks for what we have but we will be sharing it with others in the true sense of the Pilgrim spirit.

—Suzanne Brown

Rainbows worth their weight in gold

The University of Hawaii Rainbow Warrior football games are fast becoming the popular Saturday outing. Thousands of people pack the barbeque ribs, musubis, and six-packs, find a parking stall and set up the tailgate party. At 7:30 p.m. the game kicks off with a green shirt blazing for the endzone.

KCC students who enjoy the game may be wondering what happened to the discount rate that was offered in previous years to the students of KCC. There is a good reason why the program was discontinued. Accord-

ing to UH Athletic Department-Ticket information, the reason UH Manoa is the only school of the University of Hawaii system to have season ticket at a discount is that UH Manoa students pay an athletic fee that none of the other schools require.

General Admission is \$6 and reserved seats are up to \$9. The UH games are exciting and to attend one can be an all day activity that is well worth any price. There are a few games left so come cheer on the team.

—Malia Thompson

Come, join the fun

Students and faculty have often complained there are no activities on campus where they can get to meet each other and talk on an informal basis.

Tomorrow, there are not just one, but two, events — a field day on the Diamond Head Campus in the after-

noon and a Thanksgiving party in the Student Lanai at Pensacola in the evening.

Both will only cost you no more than showing your pink slip or student ID. You paid for both with your \$5 activity fee. Make it a day — get your money's worth.

This publication is a publication of Kapiolani Community College. As such it reflects only the views of the editors and writers of the publication who are solely responsible for its contents.

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Foreign students share insights

Story and photos
by Julian Ozuna

Filled with grace and anxiety to learn, the student immigrants of today are very much the same as those of yesterday.

Some dance their way through the hard classes and other find intrigue hiding behind an almost forgotten past.



Seon Hee You — This is my very first school in Hawaii. I like KCC and I really enjoy myself here . . . even if I have to adjust myself to many changes.

On my arrival to KCC I was very confused because I couldn't understand much English. My language problem still exists, but math is very easy because in my country the classes are difficult. In Korea I didn't like my math or English classes, though when I came to Hawaii, everything was much easier.

There is a vast difference between the Korean and the American way of teaching. The teachers in Korea won't let students laugh or talk when the class is in session and students are very respectful to their professors. High school in Korea starts at 7:30 am and finishes at 6:30 p.m. — from Monday to Saturday.

In Korea there is only one month vacation for the Summer and another month for Winter.



Cora Cacayovin — When I arrived in Hawaii, I found it a little bit difficult to adjust myself to my new found place. For some time, I thought that I couldn't stay longer because of my homesickness and my memories of my beloved country and friends as well as relatives. I easily adjusted to the language, because in the Philippines we use English as a second language and the teaching of English starts from the elementary school.

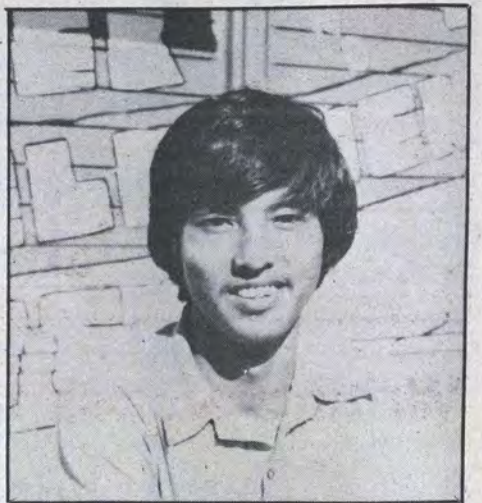
Coming to Hawaii has done a lot for me. I've learned how to do housework and experience cooking, I've learned to earn my own money and how to value it.

About school in the Philippines, determination is really necessary, I had to focus all my attention to my studies. Here as I have noticed, most

students spend sixty percent of their time on work and forty percent on school.

In the Philippines every school has its uniform and students can't enter the campus without proper attire. Here in Hawaii you wear whatever you like.

Everyday we used to have a recitation with the class participation. We used to be polite to our professors and they were very strict, but when it came to teaching, they took time to explain every little detail.



Xiao Peng Zhang — I came from China two years ago. After I arrived in Hawaii I found out that my life have changed. The food here is very different from the ones in China. I had a hard time learning how to use forks and knives, and how to eat from a plate instead of with a bowl and chopsticks. My native language is Chinese, so after I arrived in Hawaii I had to start English from the beginning.

I found many differences in the schools here from China. Teachers in China are very specific about their teaching, and in China, students are not allowed to choose what courses they major in. In the United States freedom is the key to learning.

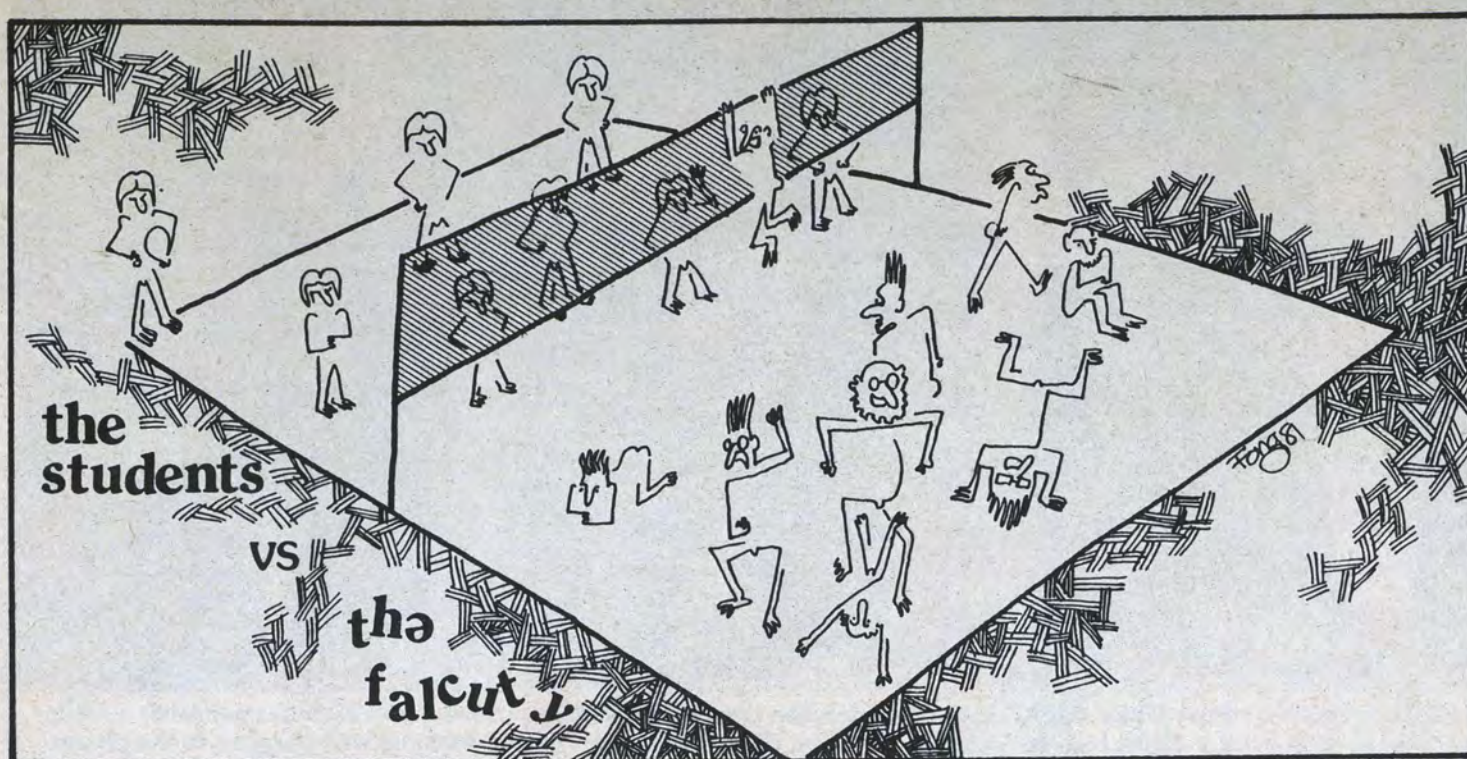


Evelyn R. Rabanal — I arrived here in Hawaii last June as an immigrant student. My purpose in coming here was to join my parents as well as to continue my education.

I have observed the differences between the Philippines and Hawaii; for instance, the standard of living, standard of education and communication.

The standard of education here is much higher than in the Philippines. Back home there are more students, and students have more interest in what they do, but there is a limit to their professional aspirations because of the lack of jobs. The method of education in the Philippines is much better. In the Philippines the teacher would discuss briefly all the necessary steps until every student fully understood. Here I really feel handicapped in some of my classes because some of the instructors won't explain the lesson unless the student asks questions.

Field day battle draws near



Jazz Connection to play

By Malia Thompson

The events are set for the Kapiolani Community College Field Day. Music by the Jazz Connection, a great group, will set the beat and tune from 11:30 a.m. to 3 p.m.

At noon the main attraction, the student-faculty volleyball game, will start. Student players are from the volleyball class and intramural program.

Pat Barrett, intramural coordinator, said "I don't think the over the hill faculty has a chance over the students". When Jerry Bell, head of the faculty team, heard this, his reply was "They had better practice because with age comes wisdom. Notice we have substitutes." And they do with a large team: Don Voyce, Ken Miyoshi, Mike Takawa, Al Yanagisako, Mary Marko, Grace Griffin, Vernon Wong, Kyong Soo Chung, Joe Lipkind, Eric Sears, and Joyce Tsunoda, KCC's provost. The faculty even has cheerleaders. Students are urged to get out there and cheer on their fellow classmates.

There will be other activities such as softball, frisbee, and free volleyball. If you want to get involved, come join a team.

For the thirsty players and spectators, free punch will be served. Diamond Head Lunchwagon will be ready for the hungry. Remember all this entertainment, sports, and food happens tomorrow, Friday Nov. 20 from 11:30 a.m. to 3 p.m. at the Diamond Head Campus.

Writing across the Curriculum: Goal is clearer assignments

By Suzanne Brown

When a written assignment doesn't meet the instructors expectations, it is not always the student's fault. The fault may lie directly with the assignment. Writing an assignment the student can understand was just one of the topics discussed at the three day workshop "Writing Across the Curriculum."

As the title suggests, the voluntary program was open to teachers in all departments. The fourteen KCC instructors were as varied as their reasons for attending, said Ruth Lucas the co-ordinator of the workshop.

Awarded a National Humanities Grant, Lucas spent six months at the University of Iowa studying freshman composition. "Writing Across the Curriculum" was just one of the concepts she learned there. Paul Diehl came out from the University of Iowa to help with the workshop.

"Teachers do not always give assignments that students can understand, said Lucas. Making an assignment is an art."

Bob Fearrien agrees with this but he goes on to say "Next to speaking our most important form of communication is the written word. To write effectively one goes through a process of thinking about the topic, putting the thoughts into concepts and then writing a logical, well organized paper."

This thought process is extremely important and this is where the understandable assignment comes in. The instructors were asked to bring the students written assignments as well as the assignments that produced the paper. The assignments were then critiqued as to what they produced and what was expected.

The type of assignment was also discussed. Diehl is not in favor of the long term paper. He feels that student tends to be more original when writing a short paper.

Fearrien has changed his assignments for History 152 both in the way they are worded and the type. He no longer requires the long term paper at the end of the semester but does require ten short ones throughout

the term. Thus far he is extremely pleased with the results.

Sheldon Hershinow, who also attended the workshop, still feels that the term paper required in his American Studies class serves a purpose but he also has changed the way he writes some of his assignments. "Students have a tendency to get caught up in the author's views when they read an assigned book. They lose their own perspective," Hershinow said. The correctly written assignment can bring the student back to his reality and then allow him to write from that perspective.

Louise Yamamoto, another workshop attendee, feels the instructors here feel the intuitive need for their students to write. "It's like sending your child off with a good start." This seems to be the common bound among those that attended the workshop. They want their students to write better.

The group continues to meet to discuss common problems. James Shimabukuro is the co-ordinator of the group and can answer any questions an instructor may have about "Writing Around the Curriculum."

King says farmland losing ground

According to Lieutenant Governor Jean King, over four square miles of agricultural land is lost daily in the United States to residential and commercial development.

Addressing some 50 students at the D.H. Campus on Nov. 5, King said that this loss of agricultural land to urban sprawl, which also exists in Hawaii, is a top priority of Hawaii's politicians.

The loss of farmland has meant a decline in agricultural production while consumption increases, creating scarcity and driving prices up, said King. Another consequence is that nations are becoming more dependent on agricultural subsidies, especially small countries buying from the United States.

Here in Hawaii, loss of farmland has caused a dramatic decline in banana, pig and chicken production, and an alarming growth of dependence on Mainland imports.

King commented that the land-use policies of the Islands are difficult to implement because of resistance from different sources.

She blamed lax enforcement of existing land-use laws, but declined to be more specific as to where the blame for the loss of farmlands lies.

Her main theme stressed more diversified agriculture for Hawaii. She urged that voters elect legislators that fight for the cause of preserving agricultural lands.



Lieutenant Governor Jean King



Glittering Fashions. From left, Pauline Rodrigues sports a snowy white outfit trimmed with gold for a Christmasy night out. Her belt has a metallic leaf. In picture 2, Joni Nishimura, left, shows off the Capri length while Lei Harada,

right models the knickers length. In picture 3 Joni Nishimura models a white and gold stripe skimp with a scarf tie and bracelet with bangles. In the picture on the right Jill Akaminie shows off the pedal pusher.

Photos by Andrew Oga

Season's fashions dazzle, flash

By Cheryl Nakagami

Shimmer and sparkle strongly accent the season's fashions with metallic colors of gold, bronze and pewter.

Metallic tones appear in practically everything, whether it be within the garment itself, as in the stitching or weaving, or in accessories, which are basically used to highlight and bring out coloring and glimmer to the outfit.

Accessories play an important role

of highlighting. Scarves are used more and more; their versatility can enhance any outfit. Twisted scarves may be used as bandanas, belts or may be dropped over the shoulder and belted introducing a classical style.

Bracelets and dangle earrings are accented to reflect color or to bring out a touch of femininity.

Sandals and flat covered shoes are also metallic to create a preppy look.

Another main aspect of this year's

fall fashions are the variation in lengths. Mini skirts are finding their way back with a cute, sweet and sassy look.

Variation in pants in lengths bring about different looks and styling: The long, basic heel length pants, the "Capri" tapered to fall at the ankle, the "knickers" length between the knee and ankle, and the "pedal pusher" which falls just below the knee.

"Bloomers" also included are

nikers with a silhouette of full volume, a baggy parachute effect.

"Skimps," a sexy new look, are long sweaters worn as dresses. The skimp length falls above the knee and may be worn with stockings and contrasting shades to bring out a more interesting look.

All shades are in richer darker color tones. Textures may extend from simple soft crinkle cottons, soft silks, rayons and satins and interwoven knits and suede.

Froggies: A rare find

By Suzanne Brown

"Where do bargain hunters, students, bookworms, and collectors gather? Right on the corner of King and Kalakaua."

"What?"

"On the same side as the Cinerama Theater, over a double-door entrance, is a bright, almost fluorescent green sign with yellow script spelling out the name Froggies."

"Oh, another bar or restaurant?"

"Look closer through the multi-windowed store front and see shelves and shelves of books."

"Another bookstore."

"This is not just another bookstore."

Froggies is a used bookstore. It's not the free-for-all garage sale or charity bazaar hodge podge, but a well organized and excellently managed business that would appeal to just about anyone in search of "the" book.

The bargain hunter has a hard time deciding where to start. Prices on paper-backs start at .45 and there were at least two hard bound copies of Shogun for \$2.95.

While text books are not the store's specialty, there was a hard bound copy of "Civilizations, Past and Present" that went for \$1.45. Many of the paperback books required by the KCC teachers are also available. Pa Chin's "Family," required for History 152, was selling for \$2.45, and a copy of "Politics of Power," required for Jovita Zimmerman's Political Science 230 class was being offered for \$1.45.

Others included "The Sailor Who Fell from Grace with the Sea," "Farewell to Manzanar" and "Brave New World."

For the bookworm or the person who just likes to read, Froggies offers a wide range of books classified by subject. There are mysteries and westerns, travel books and foreign language, and dictionaries. Literature is divided into American, European, Asian and contemporary. Craft books, self help, cooking, occult, a whole wall of science fiction and the more down to earth subjects such as history, economics, law, business, philosophy and psychology are all there. Barbara Cartland and Harlequin have shelves all to themselves. There is also a very large selection of best sellers.

Even the book collector is not left out. Hidden behind the counter is a copy of the comic book "Hulk," volume 1 selling for \$550.00. Back issues of National Geographic sell for

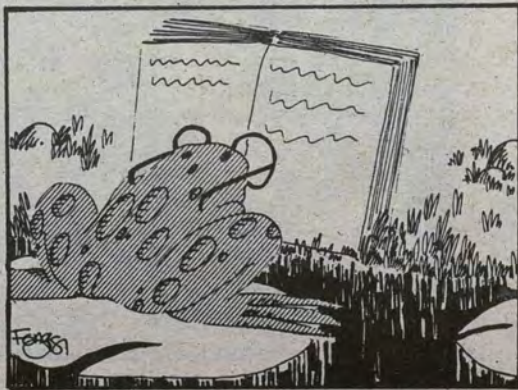
.75. Other magazines are offered. As all seasoned book collectors know, the real find is that special volume tucked away on a bottom shelf that the unknowing person has passed over and left just to be found by someone who can truly appreciate the book's greatness.

Where does Froggies get the books it sells? Primarily, the store depends on its' customers and other people who want to sell their books. Manager Steve Kozleuchar is also the buyer and he sets the buy-back prices. Most of the time he uses a formula of one-sixth the original price. However, if the seller is willing to take a credit slip and use it on other purchases in the store they can get up to one fourth the original price. "Book condition is not a criteria but books that look like they've been through a storm are not accepted," said Kozleuchar.

The store also has a smaller collection of used tapes and records. The buy-back policy on these items vary slightly.

The store has a free one day lay-away plan or a seven day plan with 20 percent down. An additional customer service is the book request system. If the customer is looking for a certain book he can leave the title with the clerk and when that book comes in the customer will be called.

Froggies is open seven days a week from 10 a.m. to 10 p.m. Buy-back hours are Tuesday through Sunday 10:30 a.m. to 5:30 p.m.



Adventure calls

By Lori Oliver

Because the holidays are just around the corner, now is a good time to start planning what you are going to do with all that free time.

If you are the adventurous type you might want to take some scuba diving excursions, or if you're just a beginner you might try snorkeling. Either way you will get to see a part of the world that is still mysterious and serene.

Many commuter plane companies are offering a one-day, three island tour of Maui, Hawaii, and Kauai, or an air tour of Lanai, Kahoolawe, Molokai and Niihau. The prices range from \$160 to \$195 per person, all transportation, ground tours and meals are included in the price. It's an interesting way to see the Islands and it only takes one day.

Or you might be interested in seeing Hawaii a little more dangerously by taking a jet helicopter tour of Maui, Hawaii and Kauai.

Maybe you were thinking of going a little farther away? South Pacific Island Airways has a special package offer of \$699 to Tahiti which includes roundtrip airfare, and hotel accommodations of seven days.

If touring through the history of Old Hawaii sounds like something you would be interested in, the Passport to Polynesia is the tour for you. The London buses will pick you up at King's Alley and take you to the Falls of Clyde, Bishop Museum, the Mission Houses, Iolani Palace, the Planetarium and the Kawaiahao Church.

World Series... told you so!

by Jim Gardner

LOS ANGELES/NEW YORK — There are certain things we students must put up with on campus. It never hurts to go to class, especially since most of us would like to pass our courses to avoid having to take them again. But who was the negligent administrator who didn't see any reason to close school down during the World Series?

That's right folks. Due to some oversight, possibly somebody with connections in the local syndicate, all campuses in the University of Hawaii system were forced to remain open during this classic. It would have been understandable if the teams were from Philadelphia or Kansas City that nobody cares about anyway, but this classic featured the likes of the invincible Los Angeles Dodgers and a group of millionaires from New York whose name escapes me. This made the World Series as American as apple pie, Toyotas and getting busted for drinking beer on the beach.

GAME ONE: I got off to a bad start when my math class was not cancelled and coincided with the game, but I took it as an omen. My math teacher, Marj Alexander, is from New York and could perhaps sense the impending disaster that would plague fans from that area. She opted to drive me insane with equations and inequalities when all that matters in life is that if one team scores more runs than the other, they win the game.

How depressing it was to see Graig Nettles robbing the Dodgers of hits with his diving stops, the same way he did in 1978. Somebody forgot to remind him that he can't be living in the past like that. I was busy crying in my Budweiser the same way I did in 1978. New York won, 5-3.

GAME TWO: This was interrupted for similar reasons as game one. However, I'd like to thank my geography teacher, Mike Tagawa, for trying to alleviate the situation by dismissing the class fifteen minutes early. Unfortunately I had history to contend with that day.

Undaunted, I ran down to my car to catch as much of the game as I possibly could on the radio, sure that the Dodgers were going to explode in the fifth inning. They had runners on first and third and I sat thrilled to death when Steve Yeager came up to bat. He hit a hard smash up the middle. Tommy John, pitching for those other guys, accidentally got his glove in the way, knocking the ball down and throwing Yeager out at first, to end the inning. Down-trodden, I went to history class ten minutes late, hoping the Dodgers would score.

At this time I would like to comment on my history teacher, Loretta Pang. She definitely has her act together, giving lectures that are easy to understand without putting me to sleep, but her sense of priorities is not



"Oh for crying out loud. Hit the ball, will ya," I snapped as I angrily kicked the turf in my coaching box to the left of the coffee table.

there. After all, how was anybody supposed to be able to concentrate on her trip to China when the greatest organization in baseball was doing battle with a bunch of nerds from New York? Why wasn't she at home watching it on television, couldn't the description of her journey have waited until Monday when there was no game scheduled? Whatever the reason for the class erroneously going on as scheduled, I did my impersonation of a good student, acting as contented as I would if I went to Aunt Bertha's house on Super Bowl Sunday. I finally got back to my car in time to hear, "Final score, New York three. Los Angeles nothing."

GAME THREE: As hard as it is to believe, there are a few people in Honolulu who are not Dodger fans and I heard from all of them. They seemed to believe that the Dodgers were dead and tried to get me to concede. I casually reminded them that the Dodgers were down two games to none against Houston and went on to win the Western Division, then fell two games to one against Montreal and won the National League. Certainly, this had to be a pattern for the Dodgers in 1981. "We've got them right where we want them," I said, a quote that I later found out was also made by Steve Garvey.

There were three factors that convinced me that the Dodgers were going to turn around in the third game. The first was that they were playing in Los Angeles, a critical factor that one would understand after visiting Dodger Stadium. Nobody goes out there to give polite applause for a base hit. All hell breaks loose at even the slightest hint of a rally and a pitcher can receive a standing ovation simply by drawing a walk. The reaction of the fans pumps adrenaline into the players.

The second factor was that Fernando Valenzuela would be pitching, baffling hitters with a wicked screwball without succumbing under pressure. He could be the greatest thing to come to Los Angeles since Sandy Koufax, or he could follow the mold of Mark Fidrych and be nothing more than a flash in the pan.

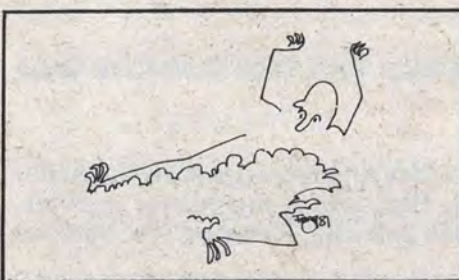
Possibly the most important reason that the Dodgers would not lose this game was because they had an extra coach. I didn't have my classes scheduled during the game so I was

able to help the Dodgers out by giving them all of the encouragement needed. I never sat down during this game, even during the commercials.

The Dodgers started off fast, getting Davey Lopes on third and Bill Russell on first with nobody out in the first inning. But then Dusty Baker and Garvey both made out against Dave Righetti, leaving Lopes and Russell hoping for some place to go.

"Oh for crying out loud. Hit the ball, will ya," I snapped as I angrily kicked the turf in my coaching box to the left of the coffee table. It must have pumped some life into Ron Cey since he blasted a drive into the left-field pavilion. 3-0 Dodgers.

"Now that's more like it," I said.



But ecstasy did not stay with me for very long. Valenzuela didn't seem to want to win the game that badly, or else he was suffering from having drank the water. At any rate he was losing 4-3 after three innings, I probably would have lifted him, but that's not my job. I'm just a living room coach.

Along came the eighth inning with the Dodgers ahead 5-4 and the key play of the game about to take place. New York was up with nobody out, while Aurelio Rodriguez stood on second and Larry Milbourne held first. This brought Bobby Murcer up to pinch-hit.

"Watch it guys," I said, "This (expletive deleted) is going to try to bunt and put both runners in scoring position."

Murcer bunted, connecting a soft liner that was about to fall into foul territory Cey dove and came up with the ball for the first out.

The Dodgers went on to win behind the gutsy pitching of Valenzuela and I immediately took off my Dodgers' shirt. Drenched with perspiration after the last out was made, I threw it in the wash so that it would be ready to wear the next day. I wouldn't dare show up in a dirty uniform.

Games 4 and 5: These two games were no less frustrating than the other three, but they were at least filled with the same amount of action and unpredictable plays. This was especially true in game four.

GAME SIX: The World Series moved back into enemy territory but I wasn't worried. The Dodgers had the momentum going their way, or was that just wishful thinking? I'd recently turned 30 and became more susceptible to heart attacks and wasn't sure if I could handle much more excitement.

Before I go on, I'd like to thank the good folks at KITV for their consideration. Apparently they found out that the schools were mistakenly left open and decided to telecast the game on a delayed basis instead of live. This was a relief for me since I didn't have to decide whether I should skip the World Series or Loretta Pang's class.

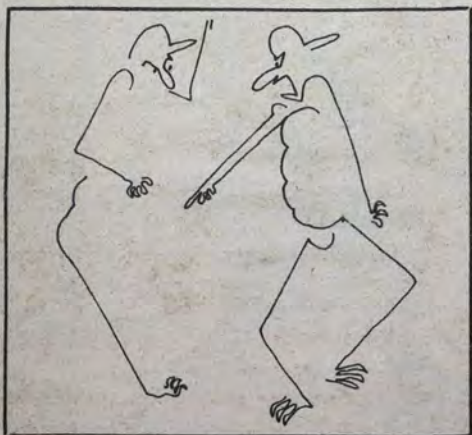
Getting back to the game, Burt Hooten got off to a fast start, pitching a no-hitter for the Dodgers for two innings.

"C'mon, Burt," I said. "If you're getting tired, say so. We've got a good bullpen to back you up." But the Dodgers didn't let the run bother them and tied the score in the top of the fourth.

The bottom of the fourth inning brought on a decision that will be talked about until the end of time. Bob Lemon, New York's manager, opted to send Murcer up to pitch-hit for John with two on and two out. New York needed the runs, but everybody knew that they weren't going to get them. Pulling John out of the game lost one of their best pitchers, he pitched seven years for the Dodgers so you know he has to be good. All Lemon got for his decision was a fly out to right field to end the inning and probably his job. This will make him the second manager in New York history to be fired by Steinbrenner twice, Billy Martin having the distinction of being first.

If pulling John out of the game didn't cost Lemon his job, putting George Frazier in might have done the trick. He was already a proven loser showing Los Angeles he was equally as capable to lose night games as well as day games. He was the

Continued on page 10



Artistry in the kitchen for Thank



Siegfried Wiegand: "Hills and valleys for the eye; texture for the palate. Photo by Andrew Oga

Winning chef tours Europe

By Andrew Nelson

"A plate must have hills and valleys. After all, who wants to eat from a plate when the food is flat like a wheat field? And of course, you probably wouldn't serve creamed chicken with mashed potatoes; there must also be some textural contrast."

Everyone knows that textural and topographical variety are two essential factors in the preparation of a meal. Everyone, that is, who has taken a course in advanced food preparation under the instruction of Siegfried Wiegand.

Siegfried Wiegand has been cooking since long before most of us were born. For example, he won a bronze medal for culinary excellence in Germany from Chancellor Erhard in 1955. He is a graduate of Dortmund State Culinary Institute, a member of the American Culinary Federation, and President of the Chef's De Cuisine Association of Hawaii. Wiegand most recently completed a sabbatical in Europe where he spent 14 months studying the finer restaurants and hotels for new methods of food preparation and ways to improve KCC's curriculum. He visited a research institute in Germany called the Bundesforschungsanstalt. He attended the Culinary Olympics in France and the International Congress of the European Association of Hotel School Directors where 24 different countries were represented.

The United States did very well at the Culinary Olympics this time around placing first or second in many categories, something that may seem unusual to those who associate great cooking with the great European schools, he said. Wiegand is quick to point out, however, that the list of winning contestants reads like a

page from a German telephone directory. "Most of them were trained in Europe and came to the United States for financial reasons back before the dollar lost its value," says Wiegand, "but not so many come to this country anymore."

While in Europe Wiegand found many new techniques for instruction and food preparation. "The trend toward specialization . . . though if you don't know who the cook is, you'd better leave the restaurant" says Wiegand with a smile. "Different people in the kitchen are specializing in specific areas of food preparation, and methods of instruction are becoming more specialized too."

Wiegand says that schools in Europe are very different from schools in the United States. "They're very formal and regimented. All of the students rise when the instructor enters the room and remain standing until he is seated. I don't think this sort of thing would work very well here."

Although military regimentation might clash with the aloha spirit Wiegand says that European institutional experience would be invaluable to the vocational student, so the food service department now has a program, sponsored by Wiegand, wherein a serious advanced student can, upon Wiegand's recommendation, go to Europe for further training. Room and board are provided and the student need only purchase the plane ticket.

So, the Food Service department at KCC teaches more than basic cooking and nutrition. A vocational student can learn everything about a food service organization and even the proper topographical arrangement for a plate of food and from seasoned professionals like Siegfried Wiegand.

Behind the swinging doors: From left, Kevin McKay preparing meat with a smile; Enden McNierney flouring chicken; Carole Higo getting ingredients together; Hank Rosario about to sample the soup; Bob Belluche, slicing onions. Note, no tears on the knife!



Thanksgiving

Story and photos by Pete Deller, Jr.

I could hear the screams from the kitchen if my mother had to cook dinner for hundreds of people on Thanksgiving. How does KCC's Food Service Department cope with a similar situation?

In the kitchen feelings of high spirits and team work prevail as Food Service students enthusiastically prepare for KCC's annual Thanksgiving luncheon and dinner Nov. 24 and 25.

Each person has an individual task to perform which involves time and effort to create the perfect meal.

I wonder who the genius was that said cooking was women's work. He should have said cooking was hard work. It's not easy bending over a table all day squirting whipped cream on tarts. If there are any doubters out there, just ask Joe Boteilho.

Steve Nakata spent the day making sure the olives were in the center of the potatoes. I'm not sure what Wendell Hopkins was doing playing with the food scales.

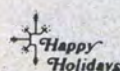
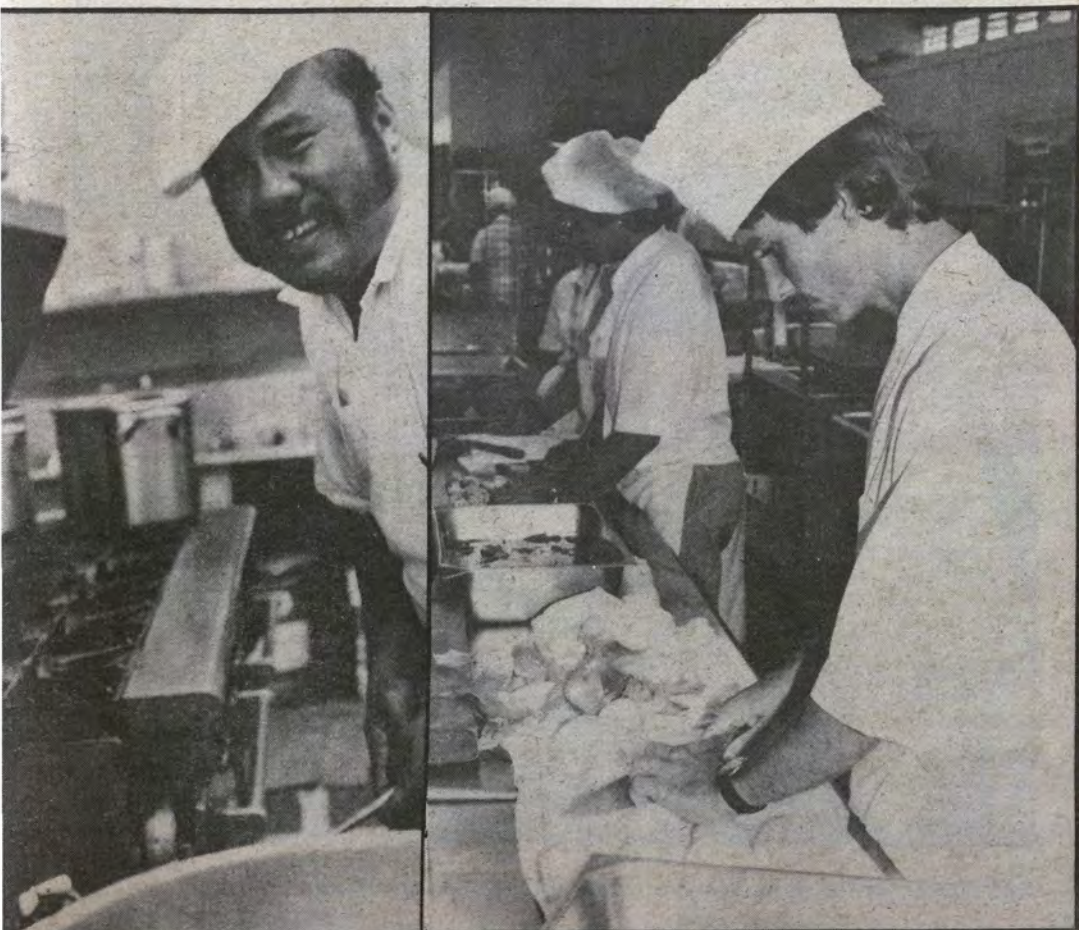
With all jokes aside, KCC's food service crew deserves a salute. They are a group of professionals that contribute to KCC's reputation of culinary excellence.



Wendell Hopkins painstakingly measures out the flour.



Joe Boteilho: Like frosting a cake.



Try these!



For those of you who like to cook, like to make good food quickly, or are just plain ready to try anything new this Thanksgiving, here are some delightfully easy and quick ideas from the staff at KAPO.

QUICK AND EASY THANKSGIVING TURKEY

Defrost 15-20 lb. turkey completely.

Add salt, pepper, garlic, and paprika to turkey to taste. Place chunks of margarine, butter or vegetable shortening all over turkey. Preheat oven to 450°F. Add 1 cup of water to turkey pan. Cover turkey securely over outside of pan with foil. Bake for 1½ hours, then remove foil. Bake for one more hour at 400°F. Enjoy.

Why not try something different this year and use two different stuffings (one at each end) for variety? Both stuffings below should be altered for that technique. Use these, or your own favorites.

Apple Stuffing

2 green apples — peeled, cored, and chopped into chunks
½ cup drained, browned pork sausage

Medium onion, chopped, browned
¼ cup raisins

3 cups toasted bread cubes
Salt and pepper to taste.

Mix all ingredients and stuff turkey. (Easy, eh?)

Cornbread Stuffing

In ½ cup butter, sauté ¼ cup diced celery and ½ cup minced onions until onions are transparent. Combine with 4 cups crumbled cornbread or muffins. Add one beaten egg, ¼ cup chicken (or turkey) broth, and 1 cup raisins. (If desired, cut up giblets may also be added). Mix gently and stuff lightly into 6-8 lb. turkey.

Homemade Liqueurs

Every holiday abounds with spirits. Although these can't be made in time for Thanksgiving holiday, you can make them in time for Christmas gift-giving and enjoyment.

Kahlua — 1 gallon

Ingredients:
1 quart brandy
5½ cups sugar
4 cups water
¾ cup dry instant coffee
2 vanilla beans

Bring water to boil. Add sugar and coffee, stirring constantly until dissolved. Set aside to cool. Cut vanilla beans in half. Put beans, cooled coffee mixture and brandy in a one gallon dark-colored glass jar. Set aside for 30 days. Then enjoy it yourself or bottle in tightly covered jars to give to friends.

Amaretto

Ingredients:

2 cups each of sugar, water, vodka, brandy

4 teaspoons almond extract

In a medium saucepan, bring sugar and water to a boil. Lower heat and simmer 10 minutes, uncovered and stirring occasionally. Remove from heat. Stir in vodka, brandy, and almond extract. Transfer to tightly covered decanters or pint and quart jars. Makes six cups.

Mulled Tea

Tea Base, cooled

1 pint cranberry juice cocktail

1½ cups H₂O

½ cup orange juice

1/3 cup lemon juice (and lemon slices)

Combine ingredients, chill, serve ... ahhhhh!

Tea Base:

Pour 2½ cups boiling water over 2 tablespoons tea and ½ teaspoon each — allspice, cinnamon, nutmeg. Cover steep 5 min. Strain. Add ¾ cup sugar.

Delightfully Delicious Dump Cake

Here's a delightful alternative to traditional pumpkin pie for your Thanksgiving feasting this year.

Ingredients:

2 cans cherry pie filling

1 large can crushed pineapple (do not drain)

1 package yellow cake mix

1½ sticks butter or margarine, melted

1 cup chopped nuts

Pour the can of pineapple and the cherry pie filling in the bottom of a 9x12 cake pan. Mix thoroughly. Sprinkle the whole box of dry cake mix evenly over the fruit mixture. Drizzle the melted butter evenly over the cake mix. Sprinkle the chopped nuts on top of everything. Bake in a 350° oven for 50-60 minutes. Chill before serving. To serve, cut into squares and top with whipped cream.

Pam Gang

Making life richer on stage and off



Pam Gang dressed for a role.

By Tracy Lee

An energetic and enigmatic person orders a group of people to walk like a duck, to pretend their hands are something to eat, and to shake every limb in their bodies. No, this is not a description of Reverend Moon's activities with his cult, it's just Drama 221's actors' exercises, under the direction of its new teacher Pamela Gang.

To some people not familiar to the theater world, Gang may seem to be a very "off the wall" person; however, this so called "off the wall" person had the time and patience to adapt the story of *The Tale of Genji* in to a five act play, which is soon to be published by a major New York publishing firm.

"About five years ago, I read the Sidensticker version of *The Tale of Genji*, and I liked it very much," Pam said. "Then about three years ago, I wanted to do a theatrical size version of it, so I started on it. I would write

one draft and leave it alone for a time and then look at it again to see if anything should be changed, and then I'd write another." As a result of this, Pam wrote a deluge of drafts and then selected people to read and criticize them.

"Then I wrote to the publishing house of the Seidensticker version and the Seidensticker, himself. They both loved the idea of writing a script and gave me permission to do it. Now I have a contract with both of them to produce the play. The play is now in production and stars quite a few of KCC drama students who must go through some strange but useful classroom activities, such as the ones mentioned before.

"I used theatre games as my teaching method in Drama 221," says Pam, "they help to develop concentration, sense perception, imagination, and introduce the student to use his whole body as a means of expression. I also push a lot of vocal work and relaxation because it's crucially important that he learns to play to the last row in the audience." She elaborates on what one could get out of drama. "I believe that being trained as an actor makes your life off and stage richer. I want to make my students aware of the many different types of styles used in different countries and all parts of the world, such as Greek drama or Kabuki, and I also

want to get them to perceive, feel and think in ways never imagined before."

Pam also sees a connection between the theater and academic life. "If one concentrates in theatre ways, his academic life will most likely improve. If someone has a part in a play, that person will have to discipline himself to be on time for rehearsals, and also to research on his character including the historic, cultural, and economic situation at that time. That person should find that these activities are very applicable to school life or even at that job that earns the daily bread."

"Pam was born in New York in the Adirondack Mountains and raised in Englewood, New Jersey. Since her entire family is involved in the arts, her interest in the theatre began at the early age of five. Between that time and now, Pam attended Cornell and Columbia Universities, earned her masters in theater at UH Manoa and through Stanford University, spent a year in Taiwan where she picked up an interest in Chinese theatre. She then taught at Kansai Gaidai before coming to KCC.

Pam has now left acting for directing and is using her past experiences to the fullest to fulfill her goals. As a theater director, she believes that a good theater actor can speak so that he can be heard in the last row of the

audience. This actor's concentration should be so intense that one is drawn into his circle of concentration.

A good actor or director should be self-disciplined, intelligent, responsible, and kind, Gang believes. Also he should have studied music, dance, singing, body training, acrobatics, and he should not be afraid to have the sense of wonder of a three year old child, she added.

Her goal in life, Pam says is "Whatever the drama in which I am the director, I want always to do it to the highest standards possible."

Tale of Genji to premier here

"The Tale of Genji" will be presented by the Drama 22 Class at KCC Dec. 3, 4, 5 at 8 p.m. and Dec. 6 at 2 p.m. in the Diamond Head Chapel. Tickets are \$1.50 for students and \$2 general admission. Tickets can be purchased at HITS location, UH Campus Center room 212 and KCC Diamond Head Library MWF from noon to 2 p.m. The play is adapted from the book "The Tale of Genji" by Murasaki Shikibu and translated by Edward Seidensticker.

Ruth Lucas

Gaining insight through writing

By Rony Radcliffe

If you've been wondering whether your English 100 course is adequately preparing you for further study, it might interest you to know that KCC is among 42 other prestigious universities and colleges including the Air Force Academy and Amherst College in Boston that are using a sequence of writing assignments.

In the past students who took English 100 were taught expository writing by reading works of professional writers. They were then encouraged to imitate the author's styles and techniques in six required assignments.

Ruth Lucas, chairman of the Language Arts Department, and an English 100 instructor, said, "The students didn't really learn by reading and then attempting to imitate. They learn by doing the writing for themselves."

This semester, all of the English 100 classes are using a sequence of approximately 25 assignments.

The idea of using sequenced assignments was introduced to the KCC English program by Lucas, who attended a writing institute in Iowa last year. She is also responsible for promoting the concept of writing across the curriculum.

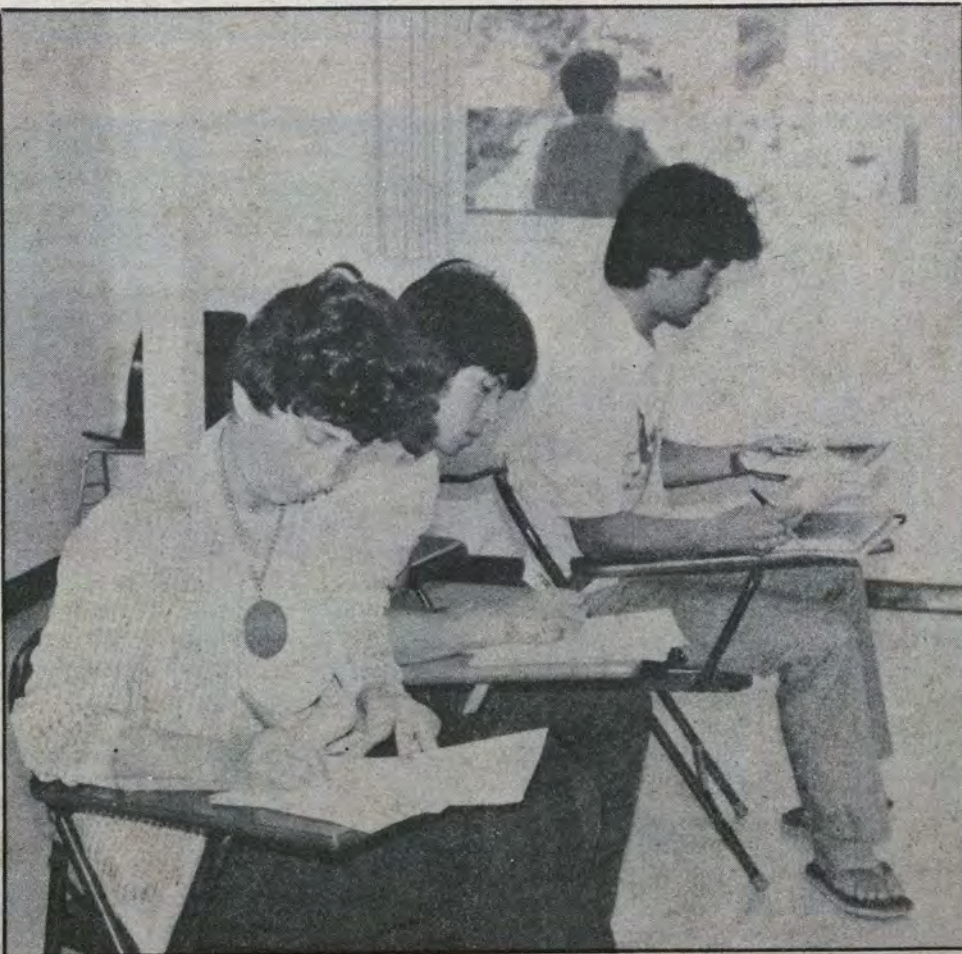
When asked about the changes that have occurred over the past ten years she has taught here, she said that more students are opting to go through the community college system than to Manoa now because of the student-teacher ratio.

She also added, "Our methods of teaching are quite different; we need to accommodate the students of today, who are more alert."

Lucas feels that the students who have come through Hawaii's school system are just as intelligent as their counterparts on the Mainland. When the topic of Hawaii's literacy problems was mentioned she said, "This so-called 'literacy crisis' is not limited to Hawaii; it is nationwide and there are various causes, one of them is that students are too visually

oriented. Because of television they are not called upon to read or write as often."

Lucas stresses that "The key to writing better is practice. Everyone should continue to write throughout his lifetime. Writing helps one to discover more about the world in which we live." "By defining your ideas you gain true insight," Lucas said.



Ruth Lucas writes right along with her English 100 students.

Photo by Kurt Tackman

Attention foreign students

By Jennifer Hartl

All foreign students must see David Harris before registering for next semester. "It is the college's responsibility to make sure these students are pursuing their major and making satisfactory progress in school," says Harris.

Any foreign student not studying within his major and not progressing satisfactorily will be "in trouble" with the immigration service and face possible deportation. Foreign students must follow through with the courses they have registered in, and be carrying at least 12 credits.

Harris says it is imperative that all foreign students take the time to see him in regards to this matter. He is in Building 867, Pensacola Campus, on Monday and Wednesdays from 7:30 a.m. until 3:30 p.m. and Tuesdays and Thursdays from 7:30 a.m. until 7 p.m. and Fridays from 7:30 a.m. until noon.

SMILING THROUGH IT ALL

By Scott Smullen and
Karen Pomeroy

"How can you tell a happy biker? By the number of bugs between his teeth." Perhaps you've noticed a happy fellow with a big smile in a white helmet zooming around campus on a gigantic, black Suzuki that might be mistaken for a Cadillac. One possibility is he might be our new ASKCC Student Council President, Pete Deller Jr.

In the past Deller worked for Kapio and was able to get involved with instructors and student senators by attending meetings and interviews for the paper. He was able to see both sides of issues and felt his ideas could be beneficial to KCC.

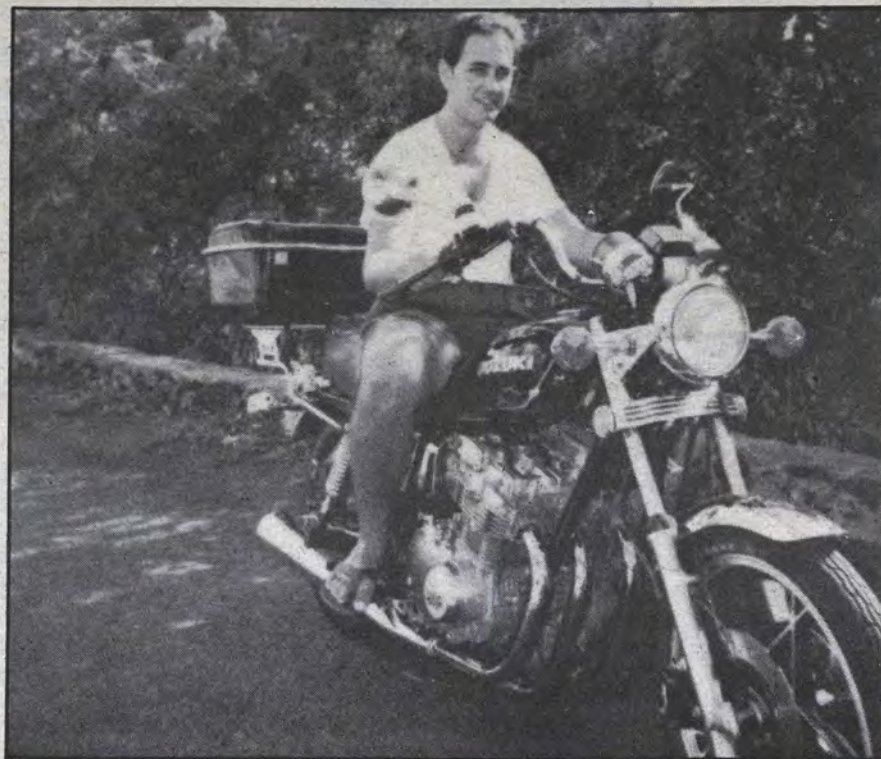
Now along with his new position as ASKCC Student Council President, he has developed a keen interest in the establishment of the three boards of publication, athletics and activities which he feels will finally serve the student body in a meaningful way. Deller feels the boards provide an excellent safety valve to take up where the Student Council leaves off.

One of the first activities to come out of the new organization is the field day, Nov. 20, chaired by Pat Barrett who is in charge of athletics.

Deller really appreciates the hardy team effort that was made to make this event a success. Meetings with club leaders were held, a band was hired, and advertising was placed in Kapio for campus recognition. Unfortunately, one problem after another plagued these efforts until the plans fell through. After losing the band and support of students, Barrett decided to cancel the event.

Deller hated to see the student body miss out and have all the boards' hard work lost. He was able to contact a friend in the music business and secure a four-piece Jazz band for field day. Following that, appeal was made to the faculty and Deller received the support of Jerry Bell, psychology instructor. Bell promised to set up a volley ball team he swears can't be beaten! The field day was once again on.

Deller emphasized that if it wasn't for the help of the Student Senate along with their advisor Don Fujimoto and the ultimate approval of the Provost, none of these boards would have become reality. "The faculty was very helpful in giving me a lot of advice," Deller said. "A special thanks should go to the Provost, Joyce Tsunoda, and her assistant, Pat Snyder for all their advice and support."



Pete Deller, Jr. on his Suzuki

Photo by Andrew Oga

Deller is genuinely interested in the welfare of the academic community at KCC. When asked why he put so much energy into helping others, Deller replied, "It makes me upset to see people with problems

that I can't solve. Because of this I've developed an attitude that it's my responsibility to help the people with problems that I can solve. If only one person benefits from efforts, it's all worthwhile."



Dino and Boyd take a break from games.

Photo by Dawn Kadoguchi

Local boys make UH squad

By Dawn Kadoguchi

"Put in Boyd" or "We want Dino" are some of the cheers you would hear if you were sitting at the U.H. Rainbow games. Boyd Yap is a 1980 graduate of Kamehameha High School, and Dino Arrelano graduated in 1977 from St. Louis High School. Both were very outstanding players in high school, and have been playing for about nine years.

Dino's practices are now spent in rehabilitating his knee which he injured in the San Diego game. The injury occurred when he went out to intercept a pass and was hit in the knee by the defensive player. "Tech-

nically it was a legal hit because the ball was still in the air." Strained ligaments — front, back, and side, was the diagnosis. "As of now I'm out for the season, but I just might make one of the last games.

"It's hard for the small local boys to compete with the mainland boys since they are smaller in size. The coaches aren't prejudiced at all, either way it's ability — if you can do the job. If you have good hands and strong legs your size doesn't matter. "Some say I'm too small but I try to make up for it," added Boyd.

Coming up roses

By Lauren Soth

She smiled her biggest smile and politely asked the tall grey haired man, "Would you like flowers for the lady tonight? Beautiful red roses or I have lovely smelling tuberose leis?" When he replied, "I'll take very flower in your basket," Lani Cervantes knew this was the business for her.

At the age of 26, Lani is the proprietor of one of the largest flower businesses on the island. "It wasn't all fun and games," says Lani. When I first decided to open up, I took out a loan and found a warehouse. I was lucky because my father was moving his business at the same time, so I moved into his old warehouse." Literally, Lani lived in a loft at the shop and ran the whole place by herself. "In the morning I would order my flowers then make up the arrangements. At 5 p.m., I was on my way with my basket full of flowers to sell until 4 a.m. It was hard work and I had to make many sacrifices at that time.

While in the office the other day, Lani was making her weekly call to Bullwinkles just to see if everything was OK. She dialed the wrong number and without realizing it gave her whole business spiel to Allen Carr. He evidently was impressed because his reply was, "This is not Bullwinkles. This is Allen Carr but send me a bouquet anyway." Lani's work has been a smash hit with Carr. She has done a special arrangement for a party given for Marvin Hamlich and flowers for Bruce Jenner's weddings — both held at Carr's house.

Through contacts, Lani auditioned for the Mike Douglas Show and landed a part on one of the anniversary series. She wound up showing Dick Van Patten, Tammy Wynett, and Mike Douglas how to string leis on television.

Lani trains her flower girls herself and is very strict. Her personality could best be described as bubbly, enthusiastic, and genuinely outgoing.



Lani amid her floral creations.

Photo by Andrew Oga

When asked how Lani likes running the business she says, "Sometimes I hate being boss and having to tell girls my own age that they're doing something wrong or worse — your're fired.

It looks like the future will be filled with more flowers for Lani. "I want to export antheriums and orchids to Japan and the Mainland. This is my main goal right now, but besides that, I'll just live day to day."

Flicks...



and Concerts

Liza with a 'Z'

By Peter Deller, Jr.

"If I can make it there, I'd make it anywhere. It's up to you, c'mon come through..." is a famous line from the song, **New York, New York** sung by the marvelous Liza Minnelli at the NBC Arena Nov. 4 and 5. And come through she did. She was received by the audience just as marvelously as she performed. As the song goes, if it's up to me I'd say she gave such an emotionally charged performance the audience was eating from the palms of her hands and begging for more.

Amidst her 12-man band she belted out 17 numbers which undeniably displayed the shining star she is. Several of her songs were not merely sung but truly performed. At one point she admitted to her captivated audience she enjoys portraying different characters appropriate to each song. During her rendition of **Cabaret** she stripped her costume to reveal sexy tights and garter. She proceeded to play the character, Pookie Adams which she made famous in the hit show **Cabaret** by reciting approximately five minutes of dialogue before singing the title song. It was more like a Broadway play than a concert.

Liza Minnelli is a powerhouse of energy and full of surprises. She can begin a song in a meek and mild tone, then "let's it rip" as she did in **Everything's Coming Up Roses**.

As the performance concluded Liza was showered with leis and roses. Standing ovations and resounding applause persuaded Liza to take the stage once more. Her

encore reminds us her name is Liza with a "z" not Lisa with a "s" — as if we didn't already know!

KGU Jazz

By Andrew Nelson

Are you tired of hearing the same shallow Top One Hundred, cryin' Charlie, I-screwed-up-my-love pap played over and over and over again on every channel?

There is hope.

KGU 76 AM plays Jazz 6 p.m. to midnight Thursdays, yeah! The show is so well done I don't know where to start. The announcer is great, low key, informative and professional. The selections are excellent, a mixture of the best of the new and the classics. Transitions between songs are well done.

Journey with Loverboy

Hey, all you rock and rollers! Mark December 21 and 22 on your calendar. Not only are these dates just a few days before Christmas, they also mark the last rock and roll blast of 1981. Loverboy and Journey are coming to rock the arena.

Riding the crest of their recent, well-deserved hits, including "The Kid is Hot Tonight" and "Turn Me Loose," Canadian-based Loverboy is sure to get the evening off to a great start.

Headlining the evening is Journey. The band of San Franciscans are sure to perform their latest hits "Who's Crying Now" and "Don't Stop Believin'" from their new album, "Escape"; the album soared to the top of the charts after its release earlier this year. The audiences those two nights are also sure to hear some

of the band's earlier hits like, "Dixie Highway" "Lovin', Touchin', Squeezin'" and their ever-popular "Lights."

Tickets for the Loverboy/Journey Concert go on sale November 14. A night with these two great rock and roll bands should indeed prove a night to remember.

The French Lieutenant's Woman

by Richard Steele

A great book always seems to lose something in the transition from the printed page to the celluloid medium of the movie, but John Fowle's 1969 best seller **The French Lieutenant's Woman** is an exception.

The film stars Jeremy Irons and Meryl Streep. Irons plays Charles, descendant of royalty and amateur archeologist, who drops an engagement to a wealthy businessman's daughter to go after a woman of questionable reputation.

Those who have read the book will appreciate the director's efforts to portray all of the book's subtle details. One scene at the beginning of the film shows Streep standing at the end of a jetty, the turbulent ocean around her — a reflection of her inner emotions.

The best part of the movies is the authenticity as the makers of the film obviously went to great lengths to recreate 1860 Victorian England with all of Charles Dickens' emerging industrial London. Scenes of the lush English countryside are breath taking.

Go see the movie, you will like it. But you'll like it better if you read the book first.

Told you so!

Continued from page 5

losing pitcher in games three and four and now Lemon expected him to pull off a miracle in game six. But Frazier knew he had a responsibility and he started off the way he was supposed to by giving up a base hit to Lopes. But then he went into a slump, getting Russell to sacrifice for the first out and Garvey to fly out for the second. It was now up to Cey to help Frazier live up to his reputation.

"All right, Ron," I hollered, clapping my hands from my coaching box. "Let's put it away right now."

The tension was mounting as I paced back and forth, hoping for at least a single. The phone rang; I looked at the action on the field and could see that Frazier was fiddling with the resin bag. In the background I could see Lasorda clapping his hands so I knew he wasn't calling me for advice. The best thing for me to do was walk over to the phone and unplug it, which I did. I wasn't about to choke in a critical situation and neither was Frazier as he gave up a base hit to Cey, scoring Lopes. The Dodgers scored two more times in the inning and added three more in the sixth.

There was only a handful of fans left when New York came to bat in the bottom of the ninth inning, down 9-2. All that was really left to do was go through the motions and start talking about next year.

The honor of making the final out in the 1981 World Series went to Bob Watson, flying out to Ken Landreaux.

I leaped in the air and clenched my fist, finally allowing myself the luxury of sitting down. It had been 16 years since the Dodgers won a World Championship and I suffered along with them, watching them lose it four different times since then. The agony was finally over and I can go back to concentrating on my schoolwork. That is, until next April.

Hawaiian Auto Show

Aerodynamic lines for '82

With a carnival-like atmosphere, the 1981 First Hawaiian Auto Show was held recently at the Neil Blaisdell Center. The main attraction featured the latest models of ever popular people-moving machines.

The barkers were dressed neatly in causal suits and aloha shirts. They encouraged prospective purchasers to touch and examine the new models. Each car had a price list pasted on a window, revealing the wide variety of charges for different options.

It was obvious that many changes have been made in the 1982 models. Many auto makers are turning to aerodynamics to lower air resistance, increase mileage, and improve overall performance; thus, the new cars are starting to look like space ships!

All makes and models were featured at this year's show. Toyota had an experimental model, the FCX-80, on display. This is a unique electric car, in that it employs a radar unit to indicate speed, replacing the conventional speedometer. They have also transformed their line of Celicas into more sporty-looking cars. Their main eye-catcher was the Celica Supra; it features a six-cylinder, double-overhead cam engine that is capable of producing well over a hundred horsepower. The Supra also has a

front spoiler, pop-up headlights, and a rear sunshade.

The "DeLorean" commanded the lion's share of attention with its gull-wing doors. Its body is fashioned of brushed stainless steel. Paint is non-existent and the car will not rust. It is the first of its line in production.

Datsun also has some major changes; a turbo has been added to

the 280ZX. The car even has a computer that actually talks to you to let you know when something is wrong with the car.

Ford has joined the ranks of automobile manufacturers who are modifying their small cars. Their 1982 Mustang can be ordered with a high-performance package that includes

front and rear spoilers and 302, high-output engine that can take you from zero to sixty m.p.h. in less than seven seconds.

The trend in 1982 will clearly be towards speed and efficiency in as small a package as possible. The First Hawaiian Auto Show gave its visitors a sneak preview of the exciting things to come.



DeLorean, the first of its kind — sleek, stainless steel, rustproof. Owner of the car is David Schutter.

Photos by Leland Tobias

Bad day? Check your biorhythms

By Shanna Marsch

Do you feel at times as though you don't have enough energy to get out of bed and make it to your class?

"Well, perhaps if you had a biorhythm chart you could have prepared yourself," says Barbara Wilson, a leading authority in Hawaii on biorhythms.

Barbara Wilson is a biorhythmist who charts life's biological ups and downs scientifically using logarithm tables that calculate the number of days a person has lived. "About six years ago a friend of mine told me he had read about cycles which influence our everyday lives," Wilson says. "At first, I was skeptical until I read leading scientific research studies that have substantiated biorhythm for the last 80 years."

Wilson set out to do her own research and test these theories. She became convinced that it was more than just "the power of suggestion."

"I started doing charts for friends and asked them to write down on a calendar how they felt. When they checked with what they had written, it correlated with their biorhythm chart 90 percent of the time."

According to Wilson, who received her B.A. in psychology at the University of Detroit, and other biorhythm researchers, "from the moment of birth we begin a pattern of recurring biological rhythms that continue until death. These biological cycles are intellectual, emotional and physical."

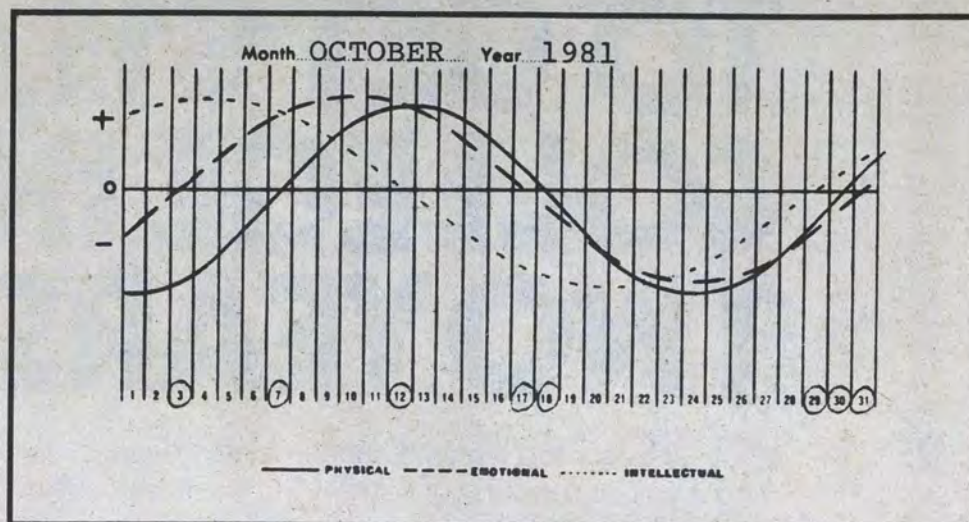
The intellectual cycle lasts 33 days with the high energy period remaining for the first 16½ days. During this time a person has a high degree of mental alertness, memory perception and logical reasoning. It is at this time, suggests Wilson, that a student will benefit the most. New materials will be learned easier and retained better. Term papers will take less time to write and mathematics will be easier to understand. During the last half of the cycle a person tends to feel mentally "tired". The capacity to learn and think are somewhat slowed. The student will benefit most by reviewing what he already knows as learning new subjects might be difficult.

The emotional cycle lasts 28 days and matches optimism, happiness and creativity with moodiness and pessimism. During the first half of this cycle a person feels more cheerful and has a better outlook on situations. However, in the last half, a person may feel moody and doubtful. Therefore, says Wilson, "if you don't have a date for Saturday night, you needn't feel unloved. Cheer up and do something positive. Your body chemistry is just making you feel down."

Critical days are those 24 hour periods when a cycle crosses the "0" horizontal line either from the discharge (+) portion of the chart to the recharge (-) portion or vice versa. These days occur on the average of six to a month and is a transitional period. Alertness and judgment are impaired. Also, persons are advised that during this time they are seven to eight times more accident and error prone. "One shouldn't be fearful of these days, but only mindful that they are days to proceed with caution," said Wilson.

The emotional and physical biorhythm cycles were discovered at the same time by independent studies gathered by Wilhelm Fliess, M.D., a colleague of Sigmund Freud, in Germany, and Herman Swoboda, a psychologist in Vienna around the turn of the century. In the 1930's, an engineering professor in Austria, Alfred Teltsher, discovered the intellectual cycles.

Wilson emphasized that biorhythms are not the only influences in our lives, but they are nonetheless valid, and knowing one's biorhythms leads to having a better understanding of oneself. "Biorhythms are scientific theory and more and more documented evidence from all over the world is constantly being gathered. Many airlines in both the United States and abroad have done experimental research in the area of biorhythms. An estimated 5,000 companies in Japan do biorhythm charts for employees, including Nissan, the maker of Datsuns, and Hitachi. Various researchers have predicted the outcome of the last three superbowl games by doing charts on the players."



Your Biorhythms are charted on one month graphs. The numbers from 1 to 31 at the bottom of each graph are the calendar days of the month. Each graph is divided into a positive (+), a zero (0) and a minus (-) phase. The area above the horizontal base line identifies the days of fully vitality and efficiency when a person is at his best and has the most endurance. The area below the horizontal 0 line shows the days of reduced efficiency during which the system recuperates and a person is generally not as keen and ambitious and is likely to tire more easily. Thus the positive (+) upper half of the graph represents the discharge phase of a cycle and the negative (-) lower half represents the recharging

phase of a cycle.

Whenever a cycle crosses the horizontal 0 line and is changing from the plus to the minus phase or the minus to the plus phase of the graph, you have a critical day. On these critical days you have one or more cycles which are neither high nor low but in a state of flux or transition. This condition makes a person 7 to 8 times more prone to accidents and error. These critical calendar days are circled in order to draw your attention to them.

Figure 1: A sample biorhythm chart showing the three cycles: Physical, intellectual and emotional critical days occur during 24 hour periods when the cycle crosses the "0" horizontal line

Irradiating produce?

By Richard Steele

RADIATION. Unless you have a nuclear generator or own some uranium mining stock, the word probably conjures up images of Three Mile Island mishaps, cancer and deformed babies.

Recently the Occupational Health and Safety Administration (OSHA) limited the amount of Ethylene Dibromide (EDB) a worker may be safely exposed to. EDB is a proven cancer-causing chemical used to fumigate papaya and other produce shipped to the mainland from Hawaii to prevent the spread of the fruit fly and other pests. The OSHA guidelines have met refusal by California markets to accept EDB-treated produce, notably papaya, from Hawaii. The ban has meant lower prices for us in Hawaii, but the growers are taking it on the chin, leaving tons of papaya to rot.

What are the alternatives to chemical processing then? One way of satisfying the quarantine requirements is a process known as food irradiation. It involves exposing the fruit to Cobalt 60, an element that gives off powerful gamma rays. The radiation arrests development of the pests present in the fruit without actually damaging the fruit itself.

The state of Hawaii tested the process between 1967 and 1971. In an application by the state to the Food and Drug Administration, it was necessary to do extensive testing, feeding dogs and mice large amounts of the irradiated fruit.

Unfortunately, the laboratory contracted to feed the animals the irradiated food incompetently tabulated the results and misplaced animals used in the study. Dr. Alexander Dollar, professor of the School of Public Health at UH, managed to straighten out the results, but not

before a wary FDA denied the State's application to use irradiation on fruits. The irradiator, located behind the Gold Bond Building, was dismantled and the project forgotten about until recently.

Dr. Dollar, who was a main proponent of the project, made the following points:

- Although the State project had some problems, a food irradiation processing plant is technically feasible.

- Such a plant would be licensed by the state and regulated by the Nuclear Regulatory Agency.

- There are no hazards in eating properly irradiated food. Chemical changes do take place, but in the case of the papaya and mango, such changes are insignificant and harmless. Flavor is actually enhanced, some say.

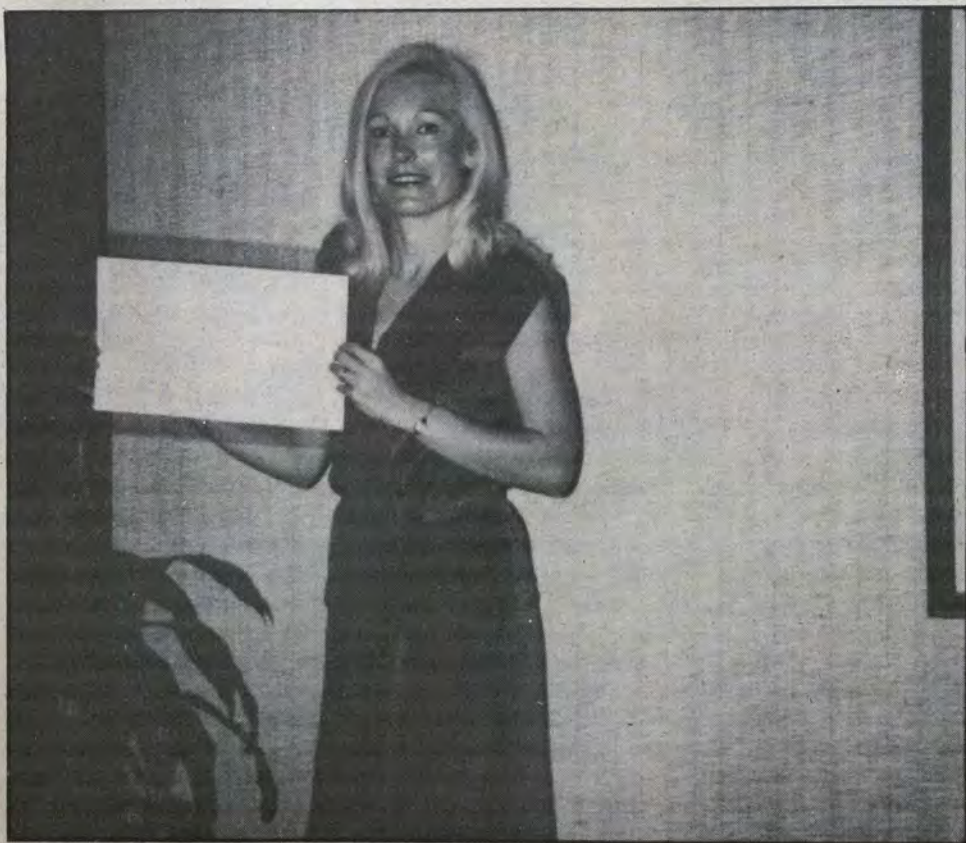
- In some cases, self life of irradiated fruits may be extended.

- No cost increase for processing, as long as the fruit is processed in sufficient volume.

Dollar mentioned a couple of drawbacks to an irradiating facility. First, the location of the plant would be a difficult decision. Since the Big Island grows the most papaya, it would be the most likely place for an irradiator.

This would be unfair to growers on Kauai and Oahu, who would have the added expense of shipping their harvests to Hawaii for processing. At an estimated cost of \$4 million, current production would not warrant more than one irradiator.

A more difficult problem is overcoming the public's attitude fear toward things dealing with radioactivity. Although irradiated food is not radioactive, consumer acceptance is reportedly cold, and this appears to be the ultimate problem with food irradiation.



Barbara Wilson shows biorhythm charts for each month.

Photo by Shanna Marsch

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