

**Subject:** This Week at UH West O'ahu – Week of Feb. 10, 2020  
**From:** UHWO Communications Department <uhwocomm@hawaii.edu>  
**To:** uhwo-all-l@lists.hawaii.edu  
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**Attachments:** 2019-Flier nCoV China 2020.02.04.pdf, Building Academic Success\_ The Art of Prepping Lectures.pdf

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A BULLETIN FOR UH WEST O'AHU FACULTY AND STAFF  
**This Week at UH West O'ahu**  
Week of Feb. 10, 2020

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### University of Hawai'i Coronavirus Resource Page

The University of Hawai'i has created a web page in order to provide more information and resources regarding the novel coronavirus, 2019-nCoV, that has infected more than 20,000 people worldwide, mostly in China. As of right now, there are no reported cases in Hawai'i.

<http://go.hawaii.edu/Axu>

The page will be updated with any new warnings, advisories, and guidance from UH, Hawai'i Department of Health, U.S. State Department, and the Centers for Disease Control.

Please see and distribute attached flyer.

### University of Hawai'i Teaching Excellence Awards

Students, staff, and faculty can nominate a faculty member (full-time or part-time) or librarian for the 2019-2020 University of Hawai'i Teaching Excellence Awards. The nomination form can be found here: <https://forms.gle/pFpaczAYp8oerWgg8>. This year there are two categories: The Regents' Medal for Excellence in Teaching, and the UH West O'ahu Lecturer Excellence in Teaching Award. All nominations are to be completed by Feb. 21. Questions? Call Serina Makaiwa, Secretary to the Vice Chancellor for Academic Affairs, at 689-2306 or email [tawards@hawaii.edu](mailto:tawards@hawaii.edu).

### 'The art of prepping lectures' presentation, March 13

Dr. Eileen Kalmar from Ohio State University will present "Building Academic Success: The art of prepping lectures," 1 to 2:15 p.m. on March 13 in D237.

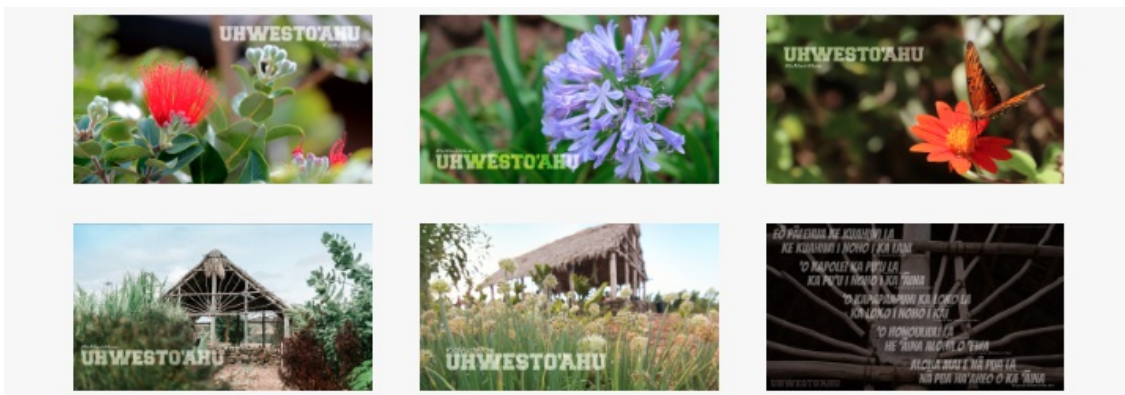
All faculty and lecturers are welcome to attend. The presentation will cover how to thread your lectures with the tools and strategies to help students customize their education and manage challenging high-volume coursework.

This event is being supported by the [Office of Professional Development & Academic Support](#). Dr. Rebecca Romine is sponsoring the presenter through National Science Foundation grant funding. Please see and distribute attached flyer.

### Active Shooter presentation cancelled

The Workplace and Societal Violence Insight Into an Active Shooter presentation scheduled for Feb. 10, 11, and 12 has been cancelled and will be rescheduled.

### Show your Pueo Pride

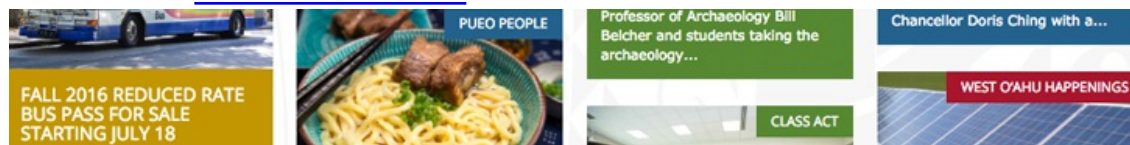


Visit UH West O'ahu's [digital swag page](#) to help showcase your pride in our campus. Please share the link and feel free to use the images on your social media pages, desktop wallpaper, or mobile phones.

### Distance Learning Tip of the Week – February Theme: Podcasts

The Teaching Online Podcast ([TOPCast](#)) is a monthly podcast hosted by the University of Central Florida Center for Distributed Learning. Dr. Thomas Cavanagh and Dr. Kelvin Thompson are the hosts and discuss topics of interest to online and blended learning professionals. New episodes of TOPCast are released on the first Monday of every month.

### News from [E Kamakani Hou](#)



[‘Onipa’a Speaker Series: Mana Mahū on Feb. 12](#) - A panel of five Kānaka Maoli scholars and activists will be the featured guests at this month's 'Onipa'a Speaker Series: Mana Mahū, 9:30 to 11 a.m., Feb. 12, at the 'Ulu'ulu Exhibition Space.

[University Band's Nakasone among distinguished conductors inducted into prestigious Hall of Fame](#) - Michael D. Nakasone's extraordinary musical journey of more than 50 years – including a distinguished 37-year career in Hawai'i's public schools and his current role as bandmaster of University of Hawai'i–West O'ahu's University Band – has lead to among his biggest life achievements: induction into the [National Band Association Hall of Fame of Distinguished Conductors](#).

[NSA Hawai'i officials visit UH West O'ahu Cyber Security Coordination Center](#) - The University of Hawai'i–West O'ahu Cyber Security Coordination Center hosted leadership from the National Security Agency Hawai'i on Feb. 5 in a continued strengthening of the partnership between the university and intelligence organization.

[One Billion Rising worldwide event takes place at UH West O'ahu on Feb. 12](#) - The signature "[Break the Chain](#)" dance, a sea of teal and pink attire, and prize giveaways will once again be among the highlights of this year's One Billion Rising event, 10 a.m. to 2 p.m., Feb. 12, at the Nāulu Center.

### UH West O'ahu Calendar of Events

#### Monday, Feb. 10

- Free VA Home Loan Seminar, 1 to 3 p.m., Veterans Empowered Through STEM (V.E.T.S.) lab/lounge in E135. RSVP deadline was Jan. 28: [cnewell@hawaii.edu](mailto:cnewell@hawaii.edu). [More info](#).

#### Tuesday, Feb. 11

- Weekly Harvest Days, 9 to 11 a.m. Tuesdays, Student Organic Garden
- Yoga, 9:30 to 10:30 a.m. and 11 a.m. to noon Tuesdays, Nāulu Center

#### Wednesday, Feb. 12

- 'Onipa'a Speaker Series: Mana Mahū, 9:30 to 11 a.m., 'Ulu'ulu Exhibition Space. [More info.](#)
- One Billion Rising, 10 a.m. to 2 p.m., Nāulu Center. [More info.](#)
- Risk Management and Insurance Certificate Talk Story Session with Jay Cabading, financial services professional, New York Life Insurance Company; Mark Coberly, senior claims adjuster, Aasgard Summit Management Services; Chenise Blalock, executive director, Hawaii Independent Insurance Agents Association; and Ryan Inouye, financial professional, AXA Advisors, 11 a.m. to 12:30 p.m., C225. [More info.](#)

#### **Thursday, Feb. 13**

- Play to Learn (Free Play): 3 to 6 p.m. Thursdays, Great Lawn
- Game Night (computer, cards or board games), 4:30 to 7:30 p.m. Thursdays, Nāulu Center

#### **Friday, Feb. 14**

- Last day to submit a graduation application for spring 2020

#### **Monday, Feb. 17**

- HOLIDAY: Presidents' Day

*The deadline to include your item in the next This Week is Thursday night. Please submit your item using the Communication Department's [Communications Request Form](#).*



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# NOVEL CORONAVIRUS

## What You Need to Know

Coronavirus is a type of virus that causes diseases of varying severities, ranging from the common cold to more serious respiratory disease. A novel (new) coronavirus is a new strain of coronavirus that hasn't been identified before in humans.

### How is it spread?



Through coughing and sneezing



Close personal contact, such as touching or shaking hands



Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands



Because novel coronavirus is new, we are learning more each day about the transmission patterns and incubation periods



People who traveled to or from **China within the last 14 days,**

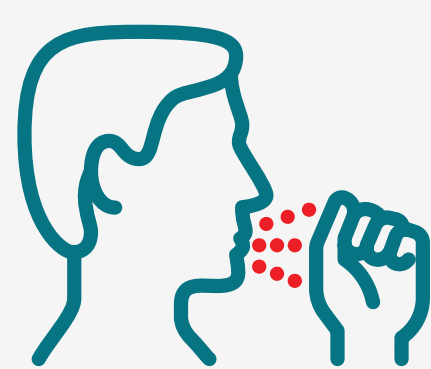
could have been exposed to the virus.

Seek medical care if you traveled to China and develop a fever and cough or respiratory symptoms within 14 days of your return.

### What are the symptoms?



Fever



Cough



Difficulty Breathing



Severe Illness

### How can I protect myself when I travel?

#### Travelers going outside the US

- Avoid animals (alive or dead), animal markets, and products that come from animals (such as uncooked meat).
- Avoid contact with sick people.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Avoid touching your eyes, nose, and mouth.

#### If you traveled to China and feel sick

- Stay home and avoid contact with others
- Seek medical care right away. Before you go to a doctor's office or emergency room, call ahead and tell them about your recent travel and your symptoms.
- Don't travel while sick.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing. Throw the tissue in the trash.

If you think you may have been infected with novel coronavirus, call the DOH Reporting Line at (808) 586-4586.

This document was produced by the State of Hawaii Department of Health, adapted from the Los Angeles County Department of Public Health.



Revised 2/4/2020



FRIDAY  
MARCH 13, 2020  
1:00 - 2:15 PM  
D-237

# Building Academic Success: The Art of Prepping Lectures

Dr. Eileen Kalmar  
Ohio State University



# OPDAS

Office of Professional Development  
& Academic Support

Strategies in academic success are sought by students at every level of education. Thread your lectures with the tools and strategies to help students customize their education and manage challenging high-volume coursework, even in large enrollment courses.

This presentation was made possible by funding from the National Science Foundation, TCUP grant# 1855379