Subject: This Week at UHWO News Bulletin - Week of July 20
From: UH West Oahu News <uhwonews@hawaii.edu>
To: uhwo-all-l@lists.hawaii.edu
Date Sent: Monday, July 20, 2015 5:58:22 AM GMT-10:00
Date Received: Monday, July 20, 2015 5:59:17 AM GMT-10:00
Attachments: UHWO Student Organic Garden work party summer schedule(1).pdf

## THIS WEEK AT UHWO



a bulletin for UH West O'ahu faculty and staff

Week of July 20

# UH West O'ahu creative media students to assist seniors at Intergenerational Family Resource Fair, July 24

Assistant Specialist Sharla Hanaoka and UH West O'ahu creative media students will assist kupuna with using smartphones at the Intergenerational Family Resource Fair this Friday, July 24 at the Hawai'i Convention Center. The students will help seniors with using smartphones to take video, access email, send text messages, download and use apps. They will also answer questions regarding smartphone, tablet, laptop, and computer maintenance. The Intergenerational Family Resource Fair will feature information of interest to Hawai'i seniors and their families. Tune in to the KHON2 Wake Up 2Day newscast on Tuesday, July 21 at 6:20 a.m. to see an interview with UHWO graduate Mellissa Lochman about UH West O'ahu student assistance at the fair. Sharla and Mellissa will also be interviewed on Hawai'i News Now at 8:10 a.m. later that morning.

### Get ready for the UHWO Kickball Challenge 2015!

All UH West O'ahu faculty, staff and student hires are invited to play in the UHWO Kickball Challenge this summer. Have a blast playing kickball during your lunch break or come out to support your favorite players!

When: Wednesday, July 29, Aug. 5 and 12 from noon - 12:45 p.m. Warm-up begins at 11:45 a.m.

Where: UHWO Great Lawn

Teams: One team consists of nine players

Kickball Challenge rules:

- All players must kick the ball using their feet.
- The defense gets runners out by tagging the runner, throwing it to the base, throwing the ball at the runner below the waist, or catching a kicked ball.
- No sliding or overrunning bases except first base.
- Each team pitches the ball to their own team. The team has three pitches to kick the ball in play or the kicker is out. Three outs per half inning, three innings or 45 minutes is a complete game.
- You must have fun!

Get a team together and contact UH West O'ahu Intramural Sports Coordinator Ryan Perreira at <u>rperreir@hawaii.edu</u> by July 25. Comfortable clothing and tennis shoes are recommended for play.

### This Week at UHWO News Bulletin to resume Aug. 10

The This Week at UHWO News Bulletin will not be sent on July 27 and Aug. 3 and will resume on Monday, Aug. 10.

#### **Familiar faces**

View photos from the Culturally Engaging Campus Environments workshop with Dr. Samuel Museus on the UHWO flickr page.

#### UHWO in the news

View the KHON2 news story <u>"UH honors best and brightest with scholarships"</u> featuring an interview with UHWO Presidential Scholar Coralyn Sunico.

#### **Events this week**

UHWO students are eligible to purchase a reduced rate **Fall U-Pass bus pass** for university students. The cost is \$200 (cash only) and the pass is valid Aug. 1, 2015 - Jan. 15, 2016. Students with a validated student ID may purchase a pass at the Student Services Office, Campus Center, C141 from July 20 - Sept. 30, 2015.

Volunteer to help prepare soil, build compost, plant fruit trees, install irrigation, sow seed, weed and harvest along with fellow students, faculty and staff at the **UHWO Student Organic Garden Summer Work Party** Saturday, July 25 from 8-11 a.m. The garden is located between the Classroom and Laboratory Buildings. Please dress appropriately (closed-toed shoes required) and bring water and snacks to share with other volunteers if possible. For more information, contact Dr. Albie Miles at <u>albie@hawaii.edu</u>

For the latest UH West O'ahu event information, view and submit listings to the UHWO website calendar.

Want to include your story in the This Week at UHWO News Bulletin or post your UHWO department, program or club social media site to the UHWO Social Media Directory? Submit a <u>Communications Request Form</u> to the UH West O'ahu Communications Department.



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# UHWO Student Organic Garden Weekend Work Parties: Summer Series



**Description:** Please join Dr. Albie Miles, Assistant Professor of Sustainable Community Food Systems, for this hands-on weekend work party series. We will meet on the following Saturdays from 8-11am to prepare soil, build compost, plant fruit trees, install irrigation, sow seed and weed. All are welcome. Bring water, work clothes, sun hat, shoes\*, and any other essential personal items. There will also be an optional potluck afterwards so consider bringing a healthy snack to share. We look forward to working with you!

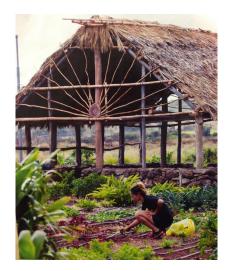
\*Note: All participants MUST wear closed-toed shoes for safety purposes.

## SUMMER 2015 SCHEDULE

**May:** 05/16/15, 05.30.15 **June:** 06/13/15, 06/27/15 July: 07/11/15, 07/25/15 August: 08/8/15, 08/22/15







For additional information, contact Dr. Miles at albie@hawaii.edu.