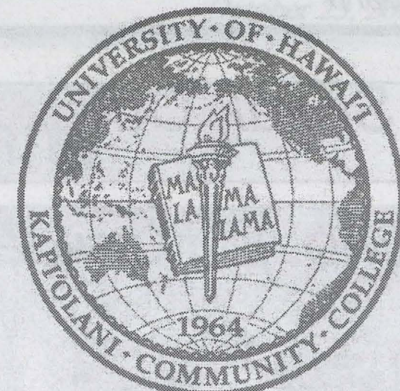


# KAPI'Ō

The Student Journal of Kapi'olani Community College



<http://www.kcc.hawaii.edu/news/kapio>

Vol. 35 No. 7 October 23, 2001

## Anthrax: Real threat or political hype?

by Kawehi Haug

One dead, seven hospitalized, and hundreds on antibiotics. . . the culprit? Anthrax. For over a month now, the nation has been on bioterrorism alert and when tabloid photo editor Robert Stevens died two weeks ago from a case of inhaled anthrax, the public got nervous. When Stevens' colleague, Ernesto Blanco tested positive for anthrax spores in his nasal passages, anxiety turned to panic. Since then, employees of NBC, CBS, and the New York Times have all contracted the less fatal cutaneous anthrax. A child of an ABC employee has contracted cutaneous anthrax, and a number of people who work with or around the infected individuals have tested positive for anthrax, but are not yet showing symptoms.

Over the past few weeks, three post offices, including the Kailua post office, have been temporarily closed due to anthrax scares, a Delta Airlines flight was grounded and quarantined when a flight attendant found a powdery, white substance on board, and a number of offices around the country have been evacuated after finding envelopes containing suspicious powder.

Even as this story is being written, Senator Tom Daschle is giving a press conference addressing the issue of a letter that was sent to him which contained a very potent dose of anthrax. Every day more and more cases are being reported and each new diagnosis only serves to fan the flames of anxiety raging in a suddenly wary American public. Hospitals and public health help lines are being bombarded with questions: What is anthrax? Do I have it now? How do I contract it? How can I tell if I have it? Is it always fatal? The answers to these and other questions are not always so cut and dried, but thanks to modern technology and recent research, we know a lot about anthrax, and knowing is, after all, half the battle.

Anthrax is a bacterium, but when it's exposed to air, it forms a spore that looks something like a seed. The spore is very rugged and difficult to destroy. If it is introduced into soil in the spore form, it can live for years, even decades. That's the form it would most likely take if it were used as a biological weapon—spores introduced into the air via some delivery method.

Anthrax is a microorganism so it is invisible to the naked eye. Even an infectious dose, which is between 8,000 and 10,000 spores, is smaller than a speck of dust. It is completely tasteless and odorless, so it is virtually undetectable. The most common form of anthrax is the cutaneous kind, which affects the skin, but there is also an inhaled type,

which is the most lethal.

Perhaps the most frequently asked question of health professionals in regards to anthrax is: Would I know if I had contracted it? The answer to that is no.

"You wouldn't know if you inhaled anthrax until the symptoms showed up. This is the challenge for health professionals, because the disease needs to be treated in the very early stage," said Dr. Edith James of the Hawaii Center for Disease Control. "Doctors need to be trained to differentiate this from the flu very early on."

In order for treatment to be effective, the disease needs to be treated when the symptoms are non-specific and flu-like. It is difficult to diagnose, and to even be tested for it, you have to be a bit of an alarmist or else you will easily overlook it.

In order to answer the question of how lethal anthrax is once it is contracted, it is important to understand how the disease progresses. Once it is introduced to the body, anthrax particles travel into the tiny air sacs in the lungs. The particles lodge there and begin to disseminate. At this stage the bacterium produce toxins, which is what creates the actual illness in the host. First, there are non-specific flu-like symptoms. Then, within a few hours or days, some people actually recover for a brief time; others progress directly to the second stage of the disease, which generally leads to shock, massive swelling of the lymph nodes and bleeding in the brain (hemorrhagic meningitis). Once the toxins reach a critical mass, death is inevitable.

If the host contracts the skin form of anthrax, the disease only turns fatal if, by way of a cut or other skin opening, the bacteria enter the bloodstream and travel to the lymph nodes. At that point the disease is 95% fatal. Bear in mind that anthrax is not contagious. You cannot get it from another person; in order to become infected, you must come into contact with the actual spores.

The good news is that antibiotics can help if they are given early enough during the first stage of the infection. If administered in time they can treat or cure the illness.

Where is all this anthrax coming from, you ask? Anthrax is a natural disease and exists in nature, primarily among livestock. Farmers who work with livestock have been known to contract the occasional case of the skin form of anthrax. Anthrax also exists in laboratories where it is produced for research and the government also produces it for use as a biological weapon. Unfortunately, many research labs have poor security measures for guarding their anthrax cultures and could, theoretically, be accessed by outsiders quite easily.

## Bioterror false alarm on campus Hazmat team called in but all is safe



Hazmat team members donned their gear to deal with a potential bioterrorist threat on Friday morning, October 19, in front of the KCC library.

Well, it was kind of exciting for a while there. On Friday morning, October 19, a Hazmat (hazardous materials) team and Honolulu Fire Department officials were on the KCC campus investigating a potential bioterrorist threat.

A package was delivered to the Lama Library that morning under suspicious circumstances. Fearing the worst, the Fire Department was called and a hazardous waste team was dispatched to check out the potential threat.

It turned out to be a false alarm,

but according to KCC provost John Morton, "These days, it's better to be safe than sorry."

Nathan Kapule, a teacher for ESS 100, was also one of the officers from the Kaimuki Fire Department called to the scene. He advised, "[If you receive] anything unidentified, don't touch it, don't even open it." In these uncertain times, it's better to be safe and call 911. The dispatcher will take your information and send the appropriate response team.

It's possible, Kapule said, that terrorist attacks may occur in Hawai'i,

although right now he feels it's highly unlikely. He noted that even if you were to receive a package tainted with anthrax, you can still be treated. Anthrax needs to be ingested, or inhaled into the body, or delivered via an open cut. As long as it stays outside of your body, you still have a good chance of survival.

Wally Oda, HFD captain, and part of the Hazmat assessment team, reiterated Provost Morton's and Kapule's advice. "Don't panic. . . Just pay attention and calmly listen to what they say on TV," he said.

ers quite easily.

The reason anthrax is even an issue right now, is of course because of the recent terrorist attacks. Whether Osama bin Laden and his cohorts are behind this has yet to be determined, but either way, people scared and anthrax as a biological weapon is a very real concern.

That brings us to the hot topic of whether anthrax could be effective at wiping out a large portion of the population; say, a city. To do that, the anthrax would have to be grown in very large quantities, but it would start in a very small seed culture that could be grown in a controlled environment. The bacterium would have to then become spores in order to travel through the air. They would then be disseminated—probably as a liquid or possibly a powder. Either way, the spores would be undetectable, because in order to be used

as a weapon, the particles have to be microscopic in size. Exposure to sunlight kills the bacteria, so the danger of infection starts to fade over time.

The chances of entire cities being wiped out by anthrax are slim. If this new surge of illness is in fact intended as biological warfare, they haven't been very successful. After all, all cases after the initial case are being treated successfully. And if New York City, Boca Raton, Washington DC and Reno were meant to be wiped out, we're way ahead of the game. As for Hawai'i, we're at very low risk of a biological attack.

"Right now, our top priority is terrorism and we have had no indication of anything questionable crossing our state lines. We don't anticipate any bioterror activity in Hawai'i, but we're always prepared," said Michael Cox, U.S. Customs special

agent.

Now you know the facts, here's what you can do to protect yourself. First of all, be aware. If you see anything suspicious, report it.

"Don't be a Pollyanna. If it's raining, use an umbrella," said Department of Health spokesperson Bill Waters. That is, don't just blow this off as politics or propaganda. On the other hand, don't panic. Rushing out to buy a family pack of gas masks won't help and self-medicating is never a good idea. Should there be an outbreak that affects a substantial portion of an area's population, the Federal Government has huge stockpiles of antibiotics that would be distributed within hours for exactly that purpose.

So, rest easy and stay informed—it's your most effective defense.



**Speak Out!**

Questions and Photos by Jesse Fujimoto

**Should Marijuana be Legalized?**

**Jade Tal:** "There are known benefits and marijuana has never killed anyone, so I do think it should be legalized."



**Fred Hunter:** "Of course not!"



**Kawena Ancog:** "Marijuana should not be legalized because stoners can't talk straight and it causes impotency as well as accidents resulting in deaths."



**Russ Myrich:** "YES I DO. Marijuana is a good alternative for drinking alcohol and it's a lot less harmful."



**Emily Oleyer:** "For medical use only. It instigates appetite for cancer patients as well as acting as a pain reliever."

## Letters to the Editor

**"Ouch!" . . . A Reader Reacts**

After reading your articles "Love in a Time of Tragedy," and "Take Off Those Bikini Tops" I am convinced that your delusionary short-sightedness is the taproot of your wishful thinking, social prejudices, and controversial opinions. As a co-editor of *Kapi'o*, I would think that you would be able to communicate with more substance and facts rather than with your emotional mix of misguided personal agendas.

It appalls me that your sense of sympathy has been interwoven in sensationalizing such a horrendous deed of outrageousness, devastation, and tragedy.

As this great country of ours is recovering from the most heinous act ever committed in the history of the free world, Americans do seek justice in various forms. Rightly so, but for you to say that America is a country of confused citizens in turmoil, with a desire for only vengeance and bloodshed, is absolutely ludicrous and lacks any sense of reality.

What Americans are looking for is justice and closure to this plague of terrorism that has been inflicted upon and dispatched to reek havoc on the lives of innocent people who are committed to "freedom, democracy, and the pursuit of happiness" everywhere. Terrorism as an ill-fated institution feeds off the kindness and goodness of others. Terrorist has used this compassion and generosity

as weakness to destroy everything we as a free world cherish. For you to suggest that we turn our cheek and look the other way would only invite another slap from these individuals who have little regard for civilized cultures.

It distresses me as an American that you would allow a terrorist to control all of our lives and dictate our way of life. I don't know where you find the basis for making such a statement as, "If we continue to bomb our enemies, they will kill us all."

Ouch! Do you really think that we should be so naive as to forgive and forget? I don't think so! Perhaps you should get on the phone and talk to some of the victims and some of the families that lost mothers and fathers, sisters and brothers, and husband and wives. You tell them and their children, whose worlds have been torn apart, that they should be forgiving because Osama bin Laden is a confused man and will attack us again if we don't do what he says.

Obviously, you have no confidence in the determination of America and Americans to eradicate terrorism. Right now what you imply is that every American who has died in the name of peace and securing our freedom has died in vain because war was never the answer. We should have put our pride aside and had a kind heart.

Wow, what a revelation! Well, be glad that we didn't. Otherwise, right now you would probably be speaking another language and you wouldn't be living in the greatest country in the world with more freedoms than any other. Presently, I can't recall the last time I heard anything so hysterically ridiculous based on your paranoia.

In case you haven't noticed, Americans have always been a gracious, generous, and forgiving people. Let me remind you that every freedom that we share today has been paid for with the blood of our family members. As the most powerful nation on earth, America has a responsibility to the rest of the free world to ensure that there is freedom and justice for all who may want it. Also, is it not evident that America has an agenda that will not cause millions of pointless deaths. There is caution, focus, and direction in the manner in which America is pursuing its goal.

By the way, on September 11, 2001 at 3:35 a.m. I was awakened by a phone call from Cara, my fiancée. She's a flight attendant who was getting ready to fly out of Los Angeles. She was crying and telling me that terrorist have attacked the World Trade Center Towers with our own commercial airplanes and that it looks like we are headed toward World War III. She said that she didn't know when she would be

coming home. She was scared and it made me feel like I may never see her again. I immediately turned on the television to see the first tower burning, and as I sat riveted there in my bed, I saw the second plane fly into the other tower. Live! Minutes later the first tower collapsed, Live! A while later the second tower followed, Live. Yes, I was scared and concerned like every other American. But I wasn't about to cower and let them beat me into fear and submissiveness. I am not ashamed to tell you Ms. Morningstar, that I sat there crying for the thousands of people who had just lost their lives. I felt total despair for the tens of thousands of family members that were left to pick up the pieces of their now shattered dreams and lives. The unjust pain and agony that millions of Americans were about to undergo made me angry as I became deeply concerned for the violations of my individual freedoms. At that very moment, I knew that this world would never again be safe as long as people like Osama bin Laden are allowed to terrorize the sanctity of the free world.

Oh yes. Ms. Morningstar, I will never forget that morning, and for all Americans to forget and look the other way will only ensure victory for this demented menace that thrives at instilling fear in the hearts of peace loving people everywhere. And for me, well, every time Cara

goes to work I don't know for sure if she'll be coming home. I live with that every day. Should I have to?

—Raymond Feliciano

**KCC offered a taste of Brazil**

Above: Axe Brazil, a dance troupe, accompanied by Capoeira Hawaii, performed in the Cafeteria at noon on Wednesday, October 17. They played Brazilian music and featured Brazilian dancing. —Photo by MS Pata.

**The Remarkable Isaac Lau**

In response to the article "Hello my name is Isaac," Mr. Lau, Sr. forwarded this thank you card:

Lorraine, Thanks for writing that neat story about my son, Isaac. I was touched by your kind words and eloquence. . . Hopefully more students will be sensitive to the feelings of

those around them instead of only thinking about themselves. P.S. I'm surprised Isaac didn't mention that he is an Eagle Scout and Mayor Harris even dedicated March 4, 2000 as "Isaac Lau Day". . . The day he was awarded his Eagle Scout badge. (Mayor Harris spoke at the occasion/ceremony at our church.)

**Corrections**

Please keep in mind that *Kapi'o* is the training ground for KCC's fledgling writers, photographers, layout and editorial personnel. We apologize for any errors or misprints that occurred in Issue 6. We also welcome any and all constructive criticism. The *Kapi'o* staff thanks you in advance for your continued support, corrections, advice and contributions.

**Kapi'o**

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## Opinion

## Piercing the silent veil of the deaf community

By Lorraine Fabro

How do deaf people wake up in the morning without an alarm clock? How do deaf parents teach their hearing children to speak? What about when the baby cries? How do they use the telephone or call in sick, etc.? If deaf people can read lips, why do they also use sign language?

The Punahou Schools presentation of the play "Mother Hicks" early this semester touched on the twisted logic of small minded and ignorant people who don't empathize with the deaf. The play was a remarkable fusion of the deaf and hearing communities and allowed us some insight into the stigma associated with not only being deaf but different. Members of the ASL program at KCC participated in interpreting the play.

My ASL 101 instructor at KCC made the mistake of asking if anyone had any questions about deaf people. I cringed at some of the questions while secretly harboring a morbid fascination. ASL 101 is not only the study of American Sign Language, it is a journey into the deaf culture and experience.

According to *For Hearing People Only*, ASL is the third most widely used language in the US and most universities, such as KCC, accept it as a foreign language requirement. Many mistake sign language as a substitute English system comprised of spelled words and gestures. Like French, Japanese or Chinese, ASL has a distinct structure all its own. ASL is not miming with your hands. Most notably, sign language is not universal.

Each country has a system as unique as the French, Vietnamese or Hawaiian languages. It is virtually impossible for Polish speaking people to understand Mandarin speaking people without studying the language. But where it would take months



Dana Fukuda, ASL Instructor Tsuji-Jones, Lorraine Fabro, Kristine Burch, Danielle Silva, and Marcela Santillan, thoroughly enjoyed the Punahou production of the play, "Mother Hicks," which was interpreted by members of the KCC ASL program.

or years to acquire proficiency in a new language, signers can decipher the Chinese, African, or even Russian sign language within days and maybe hours. Simply observing, questioning and conversing with acquaintances, they are able to communicate information. It is not a shared or logical repertoire of pictures that allows this translating, rather it is a common bond and lifestyle that can only be fully understood by those with similar experiences.

*For Hearing People Only* reports that sign language was ignored, despised and outlawed in classes for the deaf. Schools imposed the cruel task of forcing deaf children to utilize sounds, then words. They simply denied them the use of their own language and misconstrued the deaf as people who cannot hear but want to.

Like the Missionaries who spread Christianity in the 1800s, modern schools felt divinely ordained to carry out the hearing man's burden of taming the savages from their "gibberish." The book purports that almost 90 percent of deaf children have hearing parents, and the children enter school without any knowledge of ASL and such a restricted knowledge of English that they are virtually without any functioning

language at all.

Oddly enough, 90 percent of those deaf children grow to be adults who choose to use ASL as their primary language. Most notably, ASL is said to be the only language in the world that is transmitted from child to child (usually taught behind the backs of their hearing teachers).

Unfortunately, the world at large continues to view deafness as an illness. Scientists have set out to wipe out deafness as if it were a dreaded disease. This mindset denies the deaf community the pride, history and right to their unique and defined culture.

History dictates that to conquer a people you must decimate their language. In the US we have the freedom of speech but it seems not the freedom to choose *what* language to speak. Society imposes hearing aids or



ASL interpreters Mary Balding, Jan Fried, Director of the KCC's Interpreter Education Program and instructor Ami Tsuji-Jones after the production of Mother Hicks.

other artificial devices in order to give the hearing impaired a chance or at least some semblance of being normal. Children are oftentimes subjected to painful surgical implants and procedures.

These impositions are protected under the guise of offering the deaf broader opportunities in their social, academic and professional lives. At best, deterring deaf children from learning sign language and forcing them to speak offers many a quasi-existence between two worlds, one of which they are not fluent in and the other in which they are not proficient.

ASL 101 exposes many of the horrendous biases and prejudices that surround the deaf community. At one time, connotations such as the term "dumb" cast aspersions on the mental capacity of the deaf. Appalling

numbers of deaf children were either abandoned or committed to asylums by parents who saw no alternatives for what society thought of as afflicted children.

Does society feel sad for the Swiss for instance, because they are not Americans and cannot speak English? Are they stupid because they cannot speak perfect English or never had a shave ice? They can't really be happy according to our definitions of normalcy.

Come to think of it, does speaking pidgin English indicate a mental deficiency or cultural prerequisite? Unless the deaf community is respected and recognized as a viable culture then politicians, educators and the medical/scientific puritans will continue their witch hunt and campaign against deafness as a lifestyle.

## Nimda sweeps across the nation

By Oliver Vuong

A new strain of virus dubbed "Nimda Virus" swept the Internet recently and infected many computers, shutting down many businesses for days.

The Nimda virus is dangerous to the computer, in that it makes irreversible changes to an infected system by changing user specified values in such a way to open up the computer to further attacks. Users of certain operating systems may experience a loss of performance as a result of the files affected by the virus.

The Nimda is a type of virus strain also known as a "worm." Viruses typically are software designed to write new lines of code into your computer system, and also at the same time make copies of itself throughout the computer system. A worm will do that, but differs in that it does not have to attach itself to the computer that it resides on but instead seek out other systems to infect and copies its code on it.

Computer viruses have always

been a problem for as long as computers existed.

Typically, people caught viruses by putting in diskette infected with a virus into their computer. But now that the Internet has become popular in the last few years, virus infection has gone up because the Internet is a new form of file transfer that affects people around the world. A virus from a random stranger can infect anyone across the globe now through the transferring of email. When an email with a virus is opened and activated (usually by opening the attachment that resides in it), the virus is launched and it begins to corrupt the system.

However, the Nimda virus is different in that users can be infected by it not only through email transfer, but also by simply looking at it in a web pages form. Because one of the files that Nimda infects are html files, which are web pages files, unwary networks are host to it, and unsuspecting web viewers are caught off guard as they could be visiting a web page just to look up simple news.

To protect yourself from being infected by the Nimda virus, there are just a few simple rules to follow:

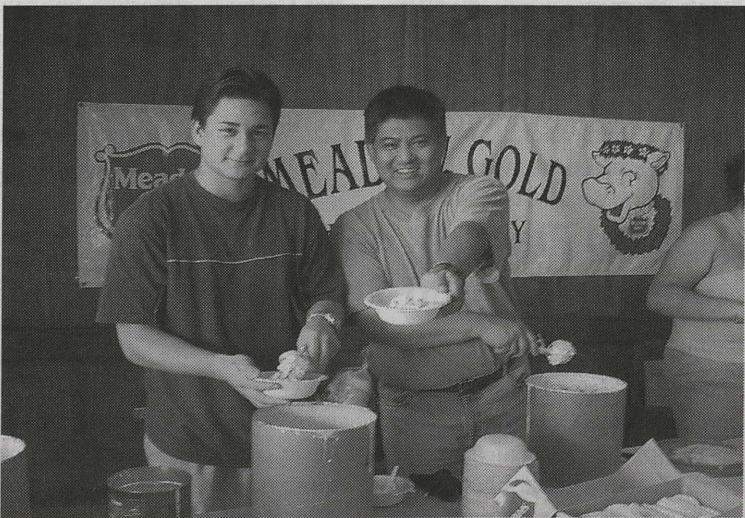
1. Never, ever, open attachments from strangers. That's how virus is transferred from complete stranger.

2. Even if you get an attachment from a friend, don't open it unless you know without a doubt that it's not a virus. Confirm that your friend has sent you an attachment that has been proven to be safe.

3. Get an updated virus program to protect your computer. Popular virus software's companies are Norton and McAfee's. Update them on a regular basis, as 500 new virus are discovered each month. This way, you can protect your computer against the latest virus, and this will also help safeguard against catching the Nimda virus.

If you are a student or faculty member of KCC, free Anti-virus software can be downloaded from the UH Manoa web site, at the ITS support pages.

## Scooping the day away



ASKCC members Geoffrey Kop and Darren Ide serve Cookies and Cream or Strawberry and Cream ice cream at the Ice Cream Social on Wednesday, October 17 in the 'Ohi'a cafeteria. —Photo by MS Pata.



## Christmas in November, The Gift of Giving to Our Faculty

By Tracilyn Waiamau

Is it the Holiday Season already? With Thanksgiving and Christmas approaching us quicker each year, it is quite understandable for those who have Holiday burnout. However, in light of the tragedies we face today, the season of peace, joy and giving has come at just the right time to provide a much welcome break.

In most cases, Thanksgiving and Christmas serve to ignite an overall compassion for humanity which, like a brush fire often does, "catches on" or rather "touches" people beyond the boundaries of western civilization. This is a time for people, especially contemporary Americans, to generally recognize their

own blessings in comparison to those less fortunate.

With the spirit of giving in mind, KCC and the Hawaii Recreation & Parks Association is sponsoring their annual Christmas in November Breakfast and Diamond Head Arts and Crafts Fair. This benefit event will take place on Sunday, November 11, on the KCC campus. The breakfast will be held from 6:30 to 11 a.m. and the craft fair will be from 9 a.m. to 3 p.m.

The cost of the breakfast is \$7, but the craft fair is free. The public is encouraged to participate as the proceeds will be received by the KCC Faculty and Staff Development Fund, and in turn will aid in the development of programs and other such opportunities for students

and community members.

Featured on the menu will be fresh seasonal fruit and island watermelon, honey lime yogurt, granola, freshly baked pastries, muffins and quick breads, turkey and egg bruschetta, baked smoked ham with pineapple relish, lyonnaise potato and steamed rice, and coffee (regular or decaf) or orange juice.

For advanced breakfast tickets, please call 734-9571 or purchase at the door. For more information about the craft fair, please call 733-7371.

Faculty, staff, students, alumni, and the general public are all encouraged to coming and being a part of happier times, as your help will most definitely find its way back to you.

## Beauties of Nature:

### Selections from the Shanghai Museum

By Tracilyn Waiamau

In honor of the Chinese Chamber of Commerce's 90<sup>th</sup> anniversary in Hawai'i, The Honolulu Academy of Art will feature paintings and precious jade artifacts from the Shanghai Museum of Art. This special presentation will take place between October 28 through December 16, in the Sullivan Gallery of the Academy's Asian Wing.

On display will be fifteen paintings from the 19<sup>th</sup> and 20<sup>th</sup> centuries, as well as, twenty jade artifacts from the "Warring States" era to the Qing Dynasty.

Known for carrying the finest Chinese jade, the Shanghai Museum of Art have loaned a full range of jade pieces displaying its variety of colors from dark green to nearly white. This priceless material is considered

very meaningful by the Chinese and holds mythic status.

In traditional China, jade is treasured more so than gold or any other precious materials. Comparable to ancient Egypt, jade was buried with the deceased and used in rituals. It was common to find jade among palace décor or gracing the arms of princesses.

The *Beauties of Nature* Chinese art display is made possible thanks to the collective efforts of Academy Trustee Warren Luke, Frances Goo of the Chinese Chamber of Commerce, the Shanghai Museum, and the Annual Fund contributions. Julia White, Curator of Asian Art, will host the Honolulu debut of *Beauties of Nature*. For more information about the exhibit, please call 532-8700.

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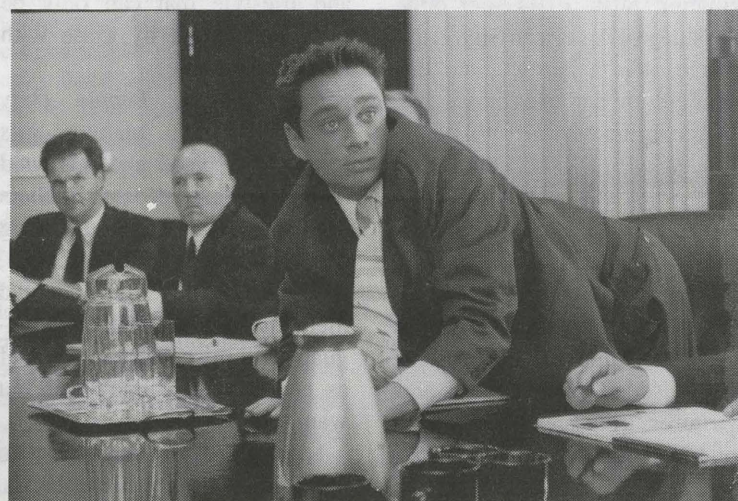


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## "Corky Romano" proves nice guys finish



Corky Romano (Chris Kattan) has had a little too much stimulant while attending a meeting at the FBI, which he's infiltrated in order to steal the evidence against his mob-boss father. —Photo courtesy of Buena Vista Pictures Distribution

By Lily Morningstar

In the film, *Corky Romano*, Chris Kattan proves that "nice guys really do finish first."

Kattan plays Corky Romano, the black sheep of his mob family. He works as a veterinarian's assistant, drives a yellow Mazda Miata and sings along with cheesy '80's music.

Due to his kind heart and cheerful demeanor, Corky has been estranged from the family

since the death of his mother.

When "Pops" Romano, Corky's father, finds himself in hot water, the family calls on Corky, their only hope, to go undercover as an FBI agent and steal the evidence.

With his clumsiness and wacky ties Corky is almost as unlikely an FBI agent as he is the member of a criminal family. Despite his foolish ways Corky finds himself winning over not only the FBI but his family as well.

## "Island Flavors" on October 27 features KCC Food Service

The Food Service Program is having an "Island Flavors" event on Saturday, October 27, from 6-8 p.m. in the Cafeteria. It will feature guest chefs from restaurants like Café Laufer, Indigo, the Royal Hawaiian Hotel, Side Street Inn, and Waioli Tea Room.

The event is to promote the

use of agricultural products from Hawai'i. This year's "Island Flavors" will also stress the importance of the ties between local farmers and purveyors and local consumers.

For further information about this event, contact Carol Uyemura at 734-9499.



# One more dance

## Expectations rise as the Rainbow Warriors attempt to elevate their play this season

By Patrick Evans

Can you say 25<sup>th</sup> in the nation? Even though the UH men's basketball team is not the number one team in collegiate basketball, they are now a top 25 college basketball team in hoopla world, giving them high hopes on a greatly anticipated season.

"It's a reward for how you finish," said head coach Riley Wallace, who is excited about the upcoming season. "Expectations are high."

By eliminating Tulsa in last season's WAC tournament, the Rainbow Warriors became the 2001 WAC champions, thereby earning an invitation to the "Big Dance," the NCAA tournament.

Although the Rainbow Warriors lost in the first round against the Syracuse Orangemen, it was evident that the Riley Wallace-led team had something to build on.

"It gives the guys a lot of confidence," said Wallace. "They feel that they can beat anybody."

After a 17-14 finish last season,

the Rainbow Warriors are expected to improve on that record this year. In a preseason poll that posted votes from all WAC coaches, the Bows were picked to finish second in their conference. —Not bad for a conference that boasts teams such as TCU, Tulsa, and the high-powered Fresno State Bulldogs.

In addition, guard Predrag Savovic returns for his final year with the team. Savovic's sweet shooting touch and court savvy has given him an all-WAC first team honor in the pre-season. Other returnees that played a significant role in the team's March Madness run last year are guards Mike Mcyntire, sophomore sensation Carl English, and forward Phil Martin.

Wallace said that he is comfortable with the returning core of players and expects a breakout year from Carl English. "He finished strong last season," said Wallace of English.

Along with the returnees, five newcomers have joined the team. The new faces aboard the ship are

6'11" big man Milosh Zivanovic, 6'8" forward Tony Akpan, 6'4" junior college guard Mark Campbell, 6'9" forward LucArthur Veobe, and a 6'8" forward in Paul Jesinkis.

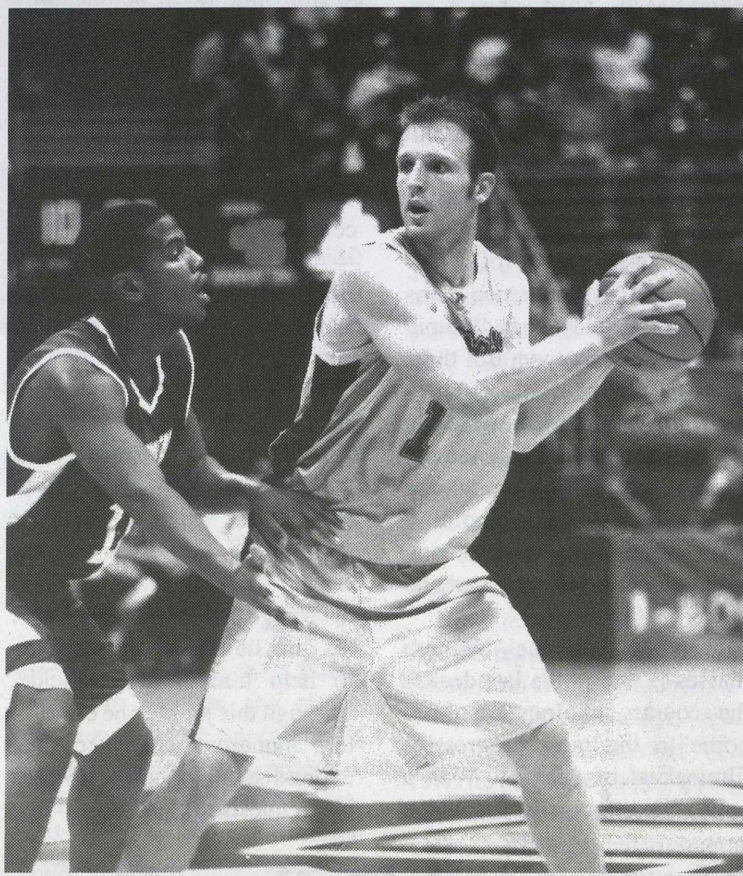
With the newcomers on deck, the Rainbow Warriors have the size to contend with the opposing big men in their conference. At the same token, do not expect the 'Bows to have a run-and-gun type of team.

Wallace said that they will remain a half-court offensive team looking to execute their offense with more consistency.

"Our returning guys know our offense and so they have the experience on their side," said Wallace.

Hopefully, the experience along with the mixture of the talented newcomers will propel the Rainbow Warriors to another invitation to the "Big Dance."

UH basketball wingman Predrag Savovic looks for the open man at a home game last year. —Photo courtesy of UH Sports Department.



## Who Cares? Respiratory Care.



By David A. Fobel

A summer Hawaiian sunrise from the slopes of world famous Diamond Head. Surreal, and yet that is what so many vacation dreams are made of. Serene? Try adding 50 kids ages 5-12, Kap'olani Community College's Respiratory Care students, and a dozen or so volunteers to get the complete picture. Mix them all together and you get the American Lung Association's 25<sup>th</sup> Annual Kokua Na Keiki Asthma Sports Camp.

The Asthma Sports Camp was originally created as a clever way of integrating asthma education with athletics, within a well-controlled environment.

For three days, from 7 a.m. to 7 p.m., over 50 kids from around the island descended upon the campus of Kapi'olani Community College. Medical histories were taken, medications checked in and pulmonary function tests were performed by respiratory care students, pharmacists, and physicians. Participants were grouped according to age, with at least two counselors as well as an asthma educator.

Schedules consisted of five different sports clinics with arts and crafts, demonstrations, and asthma education modules strategically spaced in between. The sports clinics were organized and run by local sports

professionals, high school coaches and varsity athletes focusing on fundamentals and drills.

Respiratory care instructors, and students from the health science programs conducted the education sessions. The educational portion emphasized anatomy, triggers, peak flows, and basic medications. An informative session specifically designed for parents of asthmatics was held on the second night of the camp while their kids were visiting the nearby Waikiki Aquarium. The final day was set aside for a mini parade for their parents, graduation ceremonies and a luncheon for all.

The respiratory care student volunteers were given a unique opportunity to apply their extensive knowledge and skills, in an environment quite unlike the usual ICU.

All agreed that it was definitely an eye opener like no other as they were able to grasp the encompassing impact of asthma on child as well as family. Parents were able to meet other individuals they could definitely empathize with.

But more importantly, the camp helped put aside some of their inhibitions and misconceptions of how children with asthmatic conditions, and athletics just do not mix. For many of the kids the camp gave them the opportunity to shoot baskets, or swing a bat for their very first time. For others, they were able to

add upon their foundation of asthma knowledge. And yet for every child, confidence soared with undeniable acceptance by their peers, as well as an overwhelming sense of empowerment.

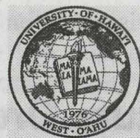
Photo: Participants of the American Lung Association's 25<sup>th</sup> Annual Kokua Na Keiki Asthma Sports Camp gathered for a group photo at the 'Ohi'a cafeteria. —Photo courtesy of Steve Wehrman.

### Get Published!

Got something to say? Do you have a cartoon, an opinion, or a really cool photo? Kapi'o invites any KCC student to express himself in our pages. Drop off submissions at our office at Lama 118-119, or email us at: [kapi@leahi.hawaii.edu](mailto:kapi@leahi.hawaii.edu).

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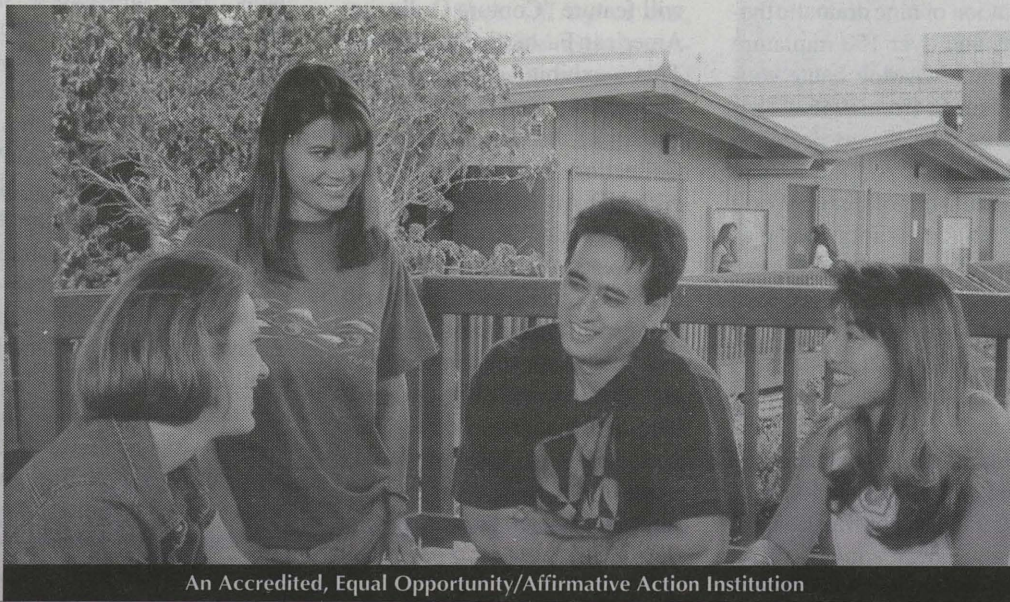
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# Films of the Middle East: Boundless in scope and vision

By Tevita Toutaiolepo

In plight of the events of September 11 America has formed a biased attitude towards the peoples of the Middle East. Through all this pride and patriotism some of us are blinded by vengeance and a lack of understanding towards these people of a different culture. Ignorance reins and we all play that "Stupid American" stereotype. But there are many things we don't know about these countries and many things we share in common, interests we both have, interests that defy emotions and politics. That interest is entertainment, entertainment stems from art and that art is film.

Unknown to the Western masses is that in the last decade the country of Iran has been home to the most progressive filmmakers of this day. With a new style of cinema based on

new subject matter and manner of direction, these movies give us a peak into the view of directors of whole different backgrounds and artistic intention. Under a strict Islamic theocracy they deal with issues of censorship that make our issues with censorship look meaningless. —And with budgets that don't equal our Neanderthal B-movies, they still manage to pump out quality movies.

The leaders of this movement are Abbas Kiarostami and Jafar Panahi. One of Kiarostami's more notable movies is "A Taste Of Cherry," which is about an upper class man who drives around desolate landscape in his Range Rover. Unhappy with his life he looks for someone to help him commit suicide. Through this journey he encounters numerous characters that express subtle opinions towards his requests. It has an ending

that has never been done before.

Panahi's most well-known movie is "The White Balloon." Written by Kiarostami, this movie is about a little girl who wants a goldfish on the first day of the Iranian New Year. She sets out with her brother in search of this fish and confronts a number of problems ranging from losing her money to a snake charmer and finding the cost of the fish to be higher than expected. At the end her money is stuck in a grating. An Afghan boy with a white balloon helps her to retrieve it. She gets her fish and runs off to the new year's celebration while the boy, a refugee in her country, is left alone to celebrate in solitude; another original ending with artistic symbolism.

The latest Iranian director to be introduced to the American Public is Bahman Ghobadi, whose movie "A Time For Drunken Horses" debuted last year. This movie

is about three Kurdish children (siblings), one of them crippled, who smuggle goods into Iraq under the protection of America's no fly zone. They work for survival in a rough unimaginable life in hopes of someday getting their crippled brother an operation. Their distress is so severe that in the dead of winter they must feed their mules water laced with alcohol just to keep them going.

Iran isn't the only country in the Middle East making good movies. Out of Israel comes "Jerusalem's High Cost Of Living," a documentary done by Palestinian-American filmmaker Hazim Bitar. This film documents the Arab side of the year 2000 Palestinian uprising in Jerusalem, showing the grim reality of violence and the people that suffered injustice under the guns of the Israeli army. This movie gives viewers

the other side of the terrible Intifada, that claimed numerous lives on both sides.

These are not the only acclaimed films of the middle east, there are many other filmmakers of equal talent and lesser spotlight whose films are unmatched by the trendy independent film movement of America. Unlike American films their work contains less ego.

These films are just a glimpse into the artistic ability of Middle Eastern filmmakers. When art imitates life, their films portray a life so alien to us, yet through this difference lays the current of love and humanity that can be understood in any country, language or culture.

So while we continue to be numbed by the media, we might as well check out these movies and enjoy art without any prejudice, perhaps learning something in the process.

## National Dairy Competition

By Tevita Toutaiolepo

Each year, DMI (Dairy Management Inc.) invites college students to create an imaginative food product formulation, using any form of dry milk, dry buttermilk, whey or whey derivatives, such as whey protein concentrate and whey isolates, cheese ingredients or milkfat for national competition. The contest is designed to introduce food science students to the functional and nutritional benefits of dry dairy ingredients. It's also offers students the opportunity to build

their resumes, develop key contacts in the food industry and win cash.

To enter, students must develop an innovative new product for any food category from bakery to beverages to sauces and soups. Entries must include a product prototype and written report, demonstrating the entrant's practical knowledge of food formulating and HACCP procedures, as well as packaging and marketing the product. All entries are due no later than February 1.

Judging is based on the use

of dairy ingredients, originality, product appeal, marketability and feasibility. Entries can be based on previous research products, but ideas must be original. The judging is comprised of food scientist, ingredient suppliers and marketing and sales professionals.

Top prize is \$5,000 for "Best Overall Product." Other awards include \$3,000 each for either product marketability or creativity. Winning entries will be featured at the DMI exhibit at the 2002 Institute of Food Technologists Annual Meeting and Food

Expo. Other qualified entries may receive honorable mentions and all teams will receive a plaque recognizing their participation.

For more information call 1-800-248-8829 or visit [www.doitwithdairy.com](http://www.doitwithdairy.com) and clicking on the "Discoveries in Dairy Ingredients" icon.

### "Theatre De La Mode" French Fashion of the 40s

By Tevita Toutaiolepo

The UH Art Gallery is featuring "Theatre De La Mode," a presentation of nine dramatic theatre sets and over 150 miniature mannequins wearing haute couture of France from 1945. "Theatre De La Mode" was designed to rebuild Paris and the French fashion industry following World War II. This exhibition was previously on view at the Louvre and the Metropolitan Museum of Art. This show will be running until December 21, weekdays 10:30 a.m.-4 p.m. and weekends 12 noon to 4 p.m. The cost is free. For more information call the UH Art Gallery at 956-6888, email: [gallary@hawaii.edu](mailto:gallary@hawaii.edu) or visit [www.hawaii.edu/artgallery](http://www.hawaii.edu/artgallery).

### "Conture Ordinaire" American Fashion of the 40s

By Tevita Toutaiolepo

The new costume gallery in Miller Hall, UH Manoa campus, will feature "Conture Ordinaire: American Fashion of the 1940s." This exhibit, planned and designed by Prof. Linda Arthur, curator of the Historic Costume Collection, is scheduled to open with UH Art Gallery's "Theatre De La Mode." Art fans will be able to see the contrast between haute couture and "ordinary" American fashion of the 40s. The costume showing is free and runs through November 8. The hours are weekdays 11:30 a.m.-1:30 p.m. and Sundays 12 noon to 4 p.m. For more information, contact Prof. Arthur at 956-2234.

### Who makes the most ono food?

By Tevita Toutaiolepo

Julian Draves won the first annual Pamela Young's Mixed Plate Scholarship Contest. His name was announced at the Ho'okipa event on October 5, a fundraiser for the Food Service and Hospitality program at KCC. Julian won a \$750 scholarship and a medal presented by Pamela Young. Julian won with his presentation of stuffed collared green leaves with smashed potato and ham hocks in jalapeno vinaigrette. Each of the other finalists received a \$100 scholarship and certificate of merit.

Other finalist were Daryl Asato, Stephen Maresca, David Masuhara, and Albert Soriano. All finalists will appear on an upcoming segment of Pamela Young's Mixed Plate show.

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# A World of Opportunity in Business Education, Find Versatility in Your Business Education Degree

By Tracilyn Waiamau

"Once a student asked me why I prefer teaching to practicing law? My response was trial law is very adversarial. When practicing law there will always be a winner and a loser. However, in school there are no losers. When teaching, everybody has a chance to succeed and it is a win-win situation."

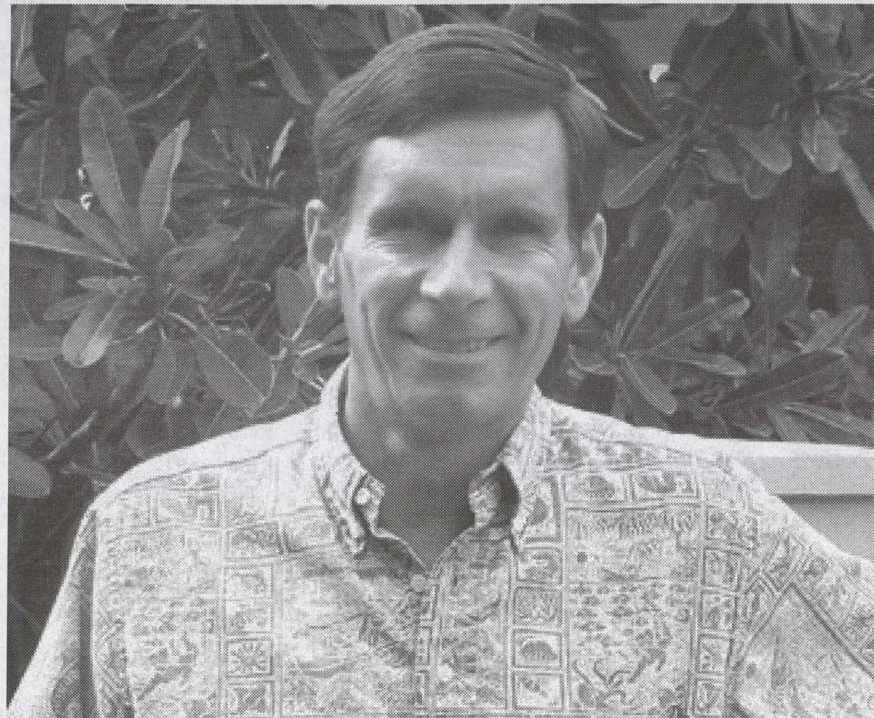
These are the words of Dennis Vanairsdale, a Professor at KCC and the department chair for Business Education.

Originally from the state of Washington, Dennis Vanairsdale studied and received a degree in accounting to prepare him for law school. Upon graduating from law school, Vanairsdale entered the US Army. He became a trial lawyer for the army, a "JAG," and practiced law for several years before working for a private law firm. Vanairsdale also worked for a National CPA firm, until he found his calling in teaching accounting.

Being well versed in the business education arena, it is no doubt why Vanairsdale was promoted three years ago to his current position as Business Education Department chair.

Why is he here at KCC? "I love it here! This is truly a caring community. The teachers are very involved with what goes on, especially in regards to student development. As the captain of last April's [faculty] strike, the commitment and devotion of these teachers moved me. There is no campus like the Kapi'olani campus."

Vanairsdale spoke enthusiastically about the business programs offered here at the Kapi'olani campus. In layman's terms, the Business Education Department offers an Associates in Science or AS degree upon



Vanairsdale enjoys teaching and helping students reach their goals. A true campus gem. Photo by Mary Ellen Wood.

agement Challenges for the 21st Century, by Peter Drucker,

"The community college was actually designed (beginning in the 1920s) to educate technologists who have both the needed theoretical knowledge and the manual skill."

The Business Education Department continues to improve itself by offering its students

a Business lab and one-on-one advising with Janice Walsh. In addition, the eBusiness team, led by Susan Dik, is currently working on a proposal, which offers even more versatility to a Business Education degree. The "work in progress" is called the eBusiness program and, if approved, will offer a stand-alone degree strictly in a specific technical field and a general field.

(The eBusiness program will be featured in another edition of the Kapi'o, but it is important to know how hard the Business Education Department is working to modify their programs to suit student needs.)

completion of sixty credits in any of these three categories: Accounting, Marketing and Information Technology or IT An AS degree in Business Education prepares students for the workforce, whereas, an AA track or Pre-Business and Pre-ICS track enables students to transfer as juniors to the UH at Manoa College of Business Administration.

"There are roughly three historic purposes of a community college. Community colleges typically serve as feeders for four-year colleges or act as vocational institutes for people of the workforce primarily interested in building work-related technical skills. Lastly, community colleges offer non-credit courses for developmental and personal growth purposes," says Vanairsdale.

According to Vanairsdale, the Business Education program is designed to assist students in any of the three designations aforementioned. Those interested in continuing their education or

those primarily focused on entering the workforce better equipped to compete with fellow co-workers.

Why should a student who has not yet declared a major choose Business Education? Vanairsdale's answer is, "for multiple capabilities of course!"

In other words, Business Education students find their degree to provide more options than say a degree in a non-vocational field. A degree in Business Education offers an individual increased flexibility and accessibility to the job market, and provides graduates with a specific job skill.

"We live in a competitive world where skills and knowledge is key to being a powerful and influential team player. To even be on the team, students preparing for the workforce need to apply themselves and develop themselves in such a way, they can offer an employer specific job skills employers have identified a need for," says Vanairsdale.

He goes on to quote from Man-

## A Lounging Halloween

By Patrick Evans

As Halloween approaches, how do you plan on spending your freaky evening?

On Tuesday, October 30, the Pussycat Lounge will hold their Pimp N Ho Halloween festivity. The Pussycat Lounge, located at Wave Waikiki, will have 13 DJ's and two rooms with old skool hip-hop and house music.

In addition, live performances will be provided by Red Door Dance Productions and a Laser light show will be conducted by Double-o-Spot. On top of that, the winner of the night's costume contest will be rewarded with \$500 in cash.

Special surprises along with live and interactive entertainment will be part of the scene. The Bud girls will be on hand, completing the night of horror.

Advanced tickets are now on sale for \$7 at Tower Records and Video, The inside, Too Gruvz Records, and Wave Waikiki. The event is for ages 21 and up and doors open at 9 p.m.

For more information, please contact promotions director Flash Hansen at 941-0424.

For academic advising in Business Education, please call Janice Walsh at 734-9110 or visit her at Kopiko 101A. It is imperative that students make appointments now due to the increased student volume during early registration.

Business students would also highly benefit from a conversation with Dennis Vanairsdale. He has a strong desire to assist students in reaching their Business Education goals. Vanairsdale highly advises students to develop rich speaking, listening, reading and writing skills.

"I encourage students to read and write widely so as to provide themselves with a competitive advantage in any job," said Vanairsdale.

Upon leaving his office, Vanairsdale repeated a story he had heard from George Mitchell, US Senate majority leader, when attending a conference: "The favorite part about being a judge is when I swear in new citizens. Once I walked around to congratulate new American citizens and I asked a young Asian man why he wanted to become an American. The young man looked at me and said 'because in America everybody has a chance, not a guaranteed right to succeed, but a chance.'"

"This epitomizes the mission of Kapi'olani Community College. Every student here is given the opportunity to succeed," said Vanairsdale.

## Concert Corner

by Mary Ellen Wood

Come down to the Pink Cadillac (478 Ena Rd.) to check out two mainland bands: **Bratmobile** and **The Locust** for three shows on October 26, 27, and 31. These shows are for all ages—please bring a picture I.D. The doors will open at 6:30 p.m., and the show is from 7-10 p.m. The show on Halloween includes a costume contest with great prizes. There will be a full bar for ages 21 and up. Cover charge is \$8. Go to [www.thelocust.com](http://www.thelocust.com) and [www.bratmobile.com](http://www.bratmobile.com) for more info.

Coming up:

**Tool** at Andrew's Amphitheater November 10. Tickets are \$37.50 in advance.

**Blues Traveler** at the Waikiki Shell on November 17.

## Phantasmagoria

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E-MAIL: [mildlycrazy@hotmail.com](mailto:mildlycrazy@hotmail.com)  
WORLD-WIDE WEB: <http://phantasmagoria.2ya.com>





## Announcements

### Tuition Waivers Available

The UH administration is trying to help out by making more tuition waivers available to students.

The UH administration is in the process of establishing policies and procedures for the tuition waivers to assist students affected by any lay-off due to the September 11 disasters. These waivers will be need-based and effective Spring 2002. These special waivers are not guaranteed to be renewable beyond the spring 2002 semester.

Procedures will be finalized and a formal announcement will be made after approval by the Board of Regents.

Individuals who plan to apply for the special 9-11 waivers are encouraged to apply for admission to a UH campus, if they have not already done so, and apply for student financial assistance by completing the Free Application for Federal Student Aid (FAFSA) as soon as possible.

For the KCC campus, the contact office is the Financial Aid Office in 'Ilima 104. Glen Taketa is our financial aid officer and can be reached at 734-9536. Students may also call Mona Lee, Dean of Student Services, at 734-9522 for further information and help.

### Early Registration for Spring 2002

Here are the main dates relating to early registration for Spring 2002 for current KCC students. Register during this early period rather than waiting until January, when there will be a much more limited choice of classes.

Oct. 29: Duplicate copies of registration forms available at the

Record Office for students who did not receive a form

Oct. 29-31: Spring 2002 graduates register. Students expecting to graduate in May 2002 should apply for graduation with the Records Office and then make an appointment for advising and priority registration with their academic advisor.

Oct. 29-31: Current Health Sciences and Nursing majors register through their departmental academic advisors.

Nov. 1-21: Registration for all other current students. Students may register at or after their assigned registration time. (This is when we would like all current continuing students to register.)

Nov. 26-Dec. 20: Extended early registration and change of registration period.

More detailed information is included with the registration forms and in the Spring 2002 Schedule of Courses.

### Hepatitis Immunizations Available

The Culinary Institute of the Pacific at KCC is providing a Hepatitis A and B immunization clinic to its students and faculty on Tuesday, October 23 from 1-4 p.m. in the Tamarind Dining Room. Vaccinations are discounted and only \$25 per shot for Hepatitis A or B, or \$40 per shot for a combined Hepatitis A and B vaccine. The fee is usually \$100 or more per shot if done privately. Those who received their first Hepatitis B or combination vaccine at last month's clinic should get their second shots. For those who received their first Hepatitis A vaccine

last September, the second Hepatitis A shot will be offered in March 2002. For more information please call 735-3164.

### Let's Dance

The Dance Sport Club at UH is offering dance lessons:

Free Salsa Lesson. Sunday, October 28, 6:15 p.m.

Swing & Waltz Lessons, October 28-December 9, 7 p.m.

Lessons are held at Studio 3 next to the Stan Sherrif Center. Students: \$15, for more information call 923-2246.

### The NAACP comes to KCC

National Association for the Advancement of Colored People College Chapter at the University of Hawai'i at KCC is seeking Executive Officers, Chairpersons, Committee Members to assist and help enhance business, civil rights intelligences, cultural diversity, economic equality, education, and employment opportunities at KCC. ALL Are Welcome. For more information e-mail: naacp@hawaii.edu.

### With Our Words

It's time again for the student literary reading! Every semester, KCC students are invited to share their original, creative work with the public at a Literary Reading. This semester (it will be our sixth literary reading), the event will take place on Thursday, October 25 at 7 p.m. in the Bistro. As always, the event is FREE and open to the public.

If you know of any students who are interested in sharing their work, please ask them to contact Jill Makagon (x180 or

email: jmakagon@hawaii.edu) or Leigh Dooley (x703 or email: ldooley@hawaii.edu). All of students and colleagues are invited to attend the reading and experience first-hand the talent and creativity of KCC's students.

### KCC Honors Week New Dates

Now that mid-terms are over, take a break from studying as Phi Theta Kappa invites you to celebrate Honors Week 2001 during the week of October 29, through November 2.

To coincide with this year's honors study topic, "Customs, Traditions, and Celebrations: The Human Drive for Community," the Alpha Kappa Psi chapter here at KCC has planned various activities that will stimulate your mind, increase your awareness, and be lots of FUN!

There will be guest speakers, benefit drives, faculty/student volleyball games, the Quiz Bowl—a tradition here at KCC, and much more.

Be sure you stop by the chapter table that will be setup in the cafeteria that week. Once there you'll be able to: 1) Find out more info about the day's activities, 2) Enter drawings that will be held for great prizes, and 3) Check out Phi Theta Kappa and the many benefits that becoming a member can offer YOU. Becoming a member is simple—all you need is a 3.5 GPA and completion of 12 credits towards any degree here at KCC.

### Kumu Kahu Playwriting Contest

Annually, Kumu Kahua Theatre co-sponsors a playwriting

contest with the UHM Theatre Department in its effort to bring new and exciting drama to the stage. There are three separate categories: the Hawai'i Prize (\$500) is open to residents and non-residents of Hawai'i, and must take place in Hawai'i or have to do with some aspect of Hawai'i experience. The Pacific Rim Prize (\$400) is also open to residents and non-residents, and must be about or take place in the Pacific Islands, Pacific Rim, or the Pacific/Asian American experience. The Resident Prize (\$200) is open only to residents and can be about any topic. Entries must be postmarked no later than Tuesday, January 2, 2002 to qualify. To receive a flyer of the contest rules please call the Kumu Kahua Theatre office at 536-4222.

### Ola Ka Lau at Kumu

*Ola Ka Lau*, winner of the 1997 Kumu Kahua Theatre/UHM Theatre Department playwriting contest, is about a grandmother and two cousins: one reluctant to learn the ancient healing secrets and the other eager, but dying from an illness that no medicine, old or new, can cure. The story deals with how a Hawaiian family deals with a loss and the need to carry on. *Ola Ka Lau* means, "the leaf lives on," referring to the leaves used to make Hawaiian medicines.

You can see this play at Kumu Kahua Theatre (46 Merchant St.) from November 8 to December 9. Tickets can be purchased at the box office between 11 a.m. and 3 p.m. Monday through Friday. Tickets go on sale Monday, October 29.

## Employment Opportunities

For further information, go to the Job Placement Office at 'Ilima 103

### Servco Pacific Inc.

Servco Pacific Inc. is a top 20 Hawai'i company that has been servicing Hawaii for over 80 years. They are looking to fill two positions:

**Auto Service Assistant**—Wash and vacuum customer vehicles, shuttle customers and vehicles, and maintain the service area. Required: high school graduate or equivalent, good communication and customer relation skills, valid driver's license, ability to operate standard shift and a good driving record. Experience preferred and candidate must be able to work a four day, ten hour schedule.

**Warehouse Delivery Person**—Receive, unload, store, pick up and deliver tires and/or related merchandise. Also assist with inventory and general housekeeping of the warehouse. Required: high school graduate or equivalent, warehouse/delivery operations experience, valid driver's license, good driving record, ability to lift 80 lbs., good commu-

nication and customer relation skills, ability to operate a forklift and material handling equipment. Must be able to work some Saturdays.

Servco offers a competitive compensation and benefits package. Send resume or apply Monday-Friday, 8-11 a.m. or 1-4:30 p.m. at:

SERVCO PACIFIC INC., Human Resources  
2850 Pukuloa St., Suite 302B  
Honolulu, HI 96819  
Or email jobs@servco.com

### Volunteer Coordinator Wanted

Lanakila Rehabilitation Center Inc., an Equal Opportunity/Affirmative Action Employer, is looking for a Volunteer Coordinator. This person would be responsible for the efficient operation of the Meals on Wheels volunteer program. The responsibilities for this position would include: the recruitment and training of volunteers to support the Group Dining and Home

Delivery meals units, and to coordinate and oversee special events and volunteer recognition for the program. The qualifications are a Bachelor's degree in a social science or related field. Work experience in volunteer management in a human service agency or related field may be substituted on a year-to-year basis for the education requirement. One year of work experience in a community-based program dealing with the elderly and/or disabled is preferred.

### MWR Pearl Harbor

Position: Fitness Specialist  
Announcement Number: RS# 01-0110  
Rate of Pay: \$10.94/hr. (minimum) + 25% COLA  
Job Series/Grade: NF-0030-03  
Status: Regular full-time (35-40 hours/week)  
Location: Fitness Center, Bloch Arena and NCTAMS  
Duties: Screen for cardiovascular risk factors and recommends means for modifying risk factors,

body fat and improving nutritional habits. Incumbent will lead classes and conduct an ongoing variety of fitness classes and set up individual fitness programs. Provide a variety of programs and instructions to fitness lifestyles changes, basic muscular toning, circuit and aerobic conditions training, and proper bio-mechanic technique and cardiovascular exercise equipment. Enforces all rules and regulations and ensure the fitness facility operation is maintained. The candidate will also be responsible for upkeep of records and must always remember that the practice of customer service is the number one priority. Qualifications: Practical knowledge of exercise science, physical fitness or related field. Knowledge of basic cardiovascular risk factors, weight loss and nutritional habits, proper biomechanics techniques and fitness profile testing. Must have at least a high school diploma or equivalent. Must possess current CPR and

First Aid certification or be able to acquire it within 30 days. All applicants must address the Qualification requirements on your resume or application.

### Territorial Savings

A position is open for a full-time Systems Assistant. The starting salary range is \$1,550-\$1,750/mth. The position requires: a high school diploma or equivalent, good verbal and written communication skills, ability to operate a computer using Windows, Word Excel, and MS Access software knowledge preferred, one year office experience or similar business environment, financial institution experience preferred with the ability to type 35 wpm, ten-key ability by touch, and able to work under pressure.

Interested candidates may apply at any branch location or at the main office at 113 Bishop Street, Suite 2200, Honolulu. The Downtown office accepts applicants Monday through Friday from 8 a.m. to 4 p.m.