

The Kapi'o

Tuesday, April 17, 2007

THE KAPI'OLANI COMMUNITY COLLEGE NEWSWEEKLY

Volume # 42 Issue 12

Summer session: A worthwhile investment?

The summer session may bring more problems than credits for some students.

By Christopher Yee
NEWS EDITOR

For many students, attending summer school is the simplest and quickest way to earn credits. College students worldwide are well aware of the benefits and unique approach that summer school brings. However, according to KCC academic advisor Kristie Malterre, summer school is a process that depends on the individual attitudes and opinions of the student.

Malterre pointed out that for every reason that a student may choose to take summer school, there is another student that uses that same reason as a deterrent. "Some of the students I work with love summer session because it allows them to progress at a course faster," Malterre said. "Other students dread it because they prefer

the regular pace."

The accelerated courses are one of many reasons that students both like and dislike the summer session. UH Manoa student Stefanie Kobayashi said that she likes the pace that summer school creates. "Because the classes are every day, and the information is constantly being put into your head," Kobayashi said, "It is easier to remember information." Kobayashi pointed out that she found it easier to take tests because the material was fresh in her memory, and that exams were much closer together.

Another concern many students have is the cost of attending summer session. KCC student Thuy An Nguyen has not taken a summer session at KCC, but is curious at the opportunity. "I'm thinking about it," Nguyen said. "But I don't know if I can afford it. It's too expensive." For the 2007, summer session, resident tuition per credit hour is priced at \$147. This is significantly higher than the \$56 spent per credit hour for the current spring semester.

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Campus library re-opens its doors to the students

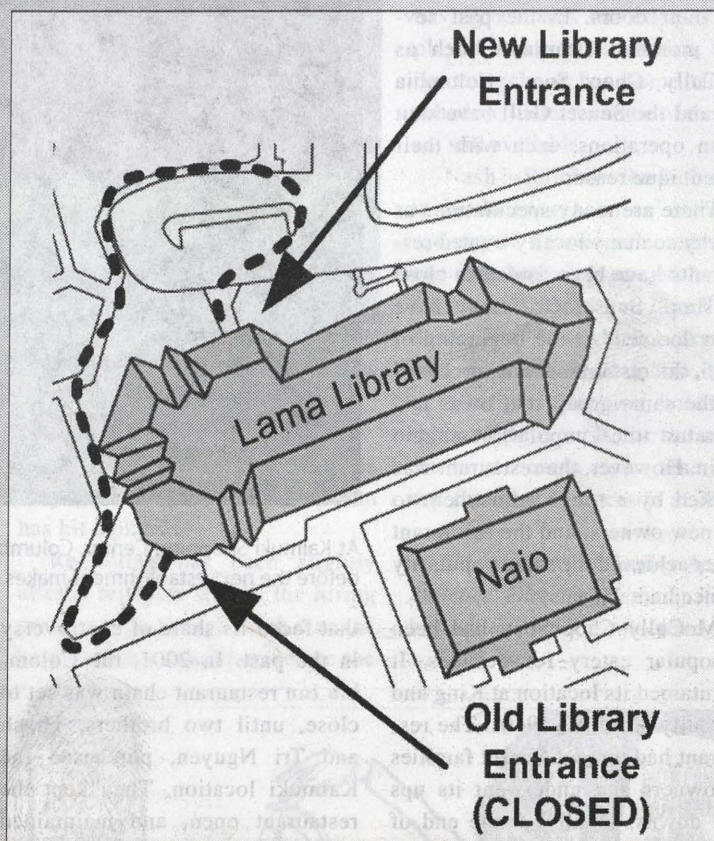
By Liana Hofschneider
STAFF WRITER

Over the past several months, the only Library on campus has gone through numerous changes, from building upgrade to change in Library access.

The greatest change has been the entry point to the Library. Students have had to gain access into the building from the rear. There are two huge red dumpsters in front of the Library entrance, sealing off access into the Library from the front, which has been closed since March 24.

KCC student Kavika Smith said, "Obviously I am here in the Ohia building next to the bathroom studying for my exam, because I could not find a conducive place to study." He added that he came to campus early in the morning, hoping to continue to study for his exam. He said it was not feasible to study in the Cafeteria because there was just so much noise, and it was simply too loud at Cybernesia to keep his focus.

During much of spring break, Library staff and movers were busy opening up 5,000 boxes, which



COURTESY OF SUSAN MURATA

contained 75,000 books, that they began placing back on the shelves. At the same time they also moved the current periodical collection, the Hawaiian collection, the Hawaiian reference materials, and

the read collections. All of these were moved to the second floor of the Library so students can access these resources.

BACKPAGE: Library, page 8

Feral cats ruling over the cactus kingdom at KCC



TARESSA ISHIMI/ THE KAPO

This tortoiseshell feline, new to KCC, is blind in it's left eye. The notch in it's right ear tells people that it is a spayed female.

Cats are viewed as Gods, bringers of good fortune, and they also reign at KCC.

By Karen Malone
STAFF WRITER

Davie, the cat, is the king of the jungle. Or, at least, he is the king of the KCC Cactus Garden, ruling over the other cats in his colony, Bob Choi said. Choi is among the individuals who stop by the Cactus Garden every day to feed the colony of cats.

One female cat and her offspring can potentially yield 420,000 kittens in seven years. In an effort to prevent

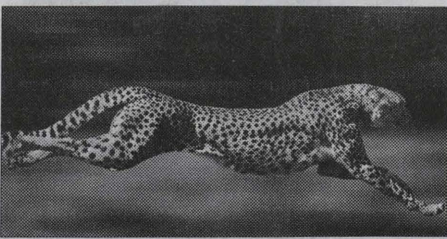
feral and homeless cats from reproducing, some volunteers begin managing a colony of cats. According to the humane society, a few of these caregiver's responsibilities include having the cats sterilized, providing the cats with food and water, and monitoring the cats' health. Monica Lewis, a caregiver, said she and several other volunteers tend to the colony members that live in the KCC Cactus Garden.

According to Alicia Muluafiti, community relations director at the Humane Society, it is unlikely that adult feral cats, which were born in the wild, can be domesticated. Lewis said, "There are some ferals that you don't see. You can't touch them." Lewis noted that four of

these skittish felines hide at the top of the Cactus Garden - only coming out at night to be fed. However, not all cats born in the wild are destined to live in the wild. "If you get a feral kitten early enough, they are adoptable," Lewis said.

Muluafiti said that abandoned or lost domesticated cats will become wild because of the absence of human touch. Every situation is unique, she said. Muluafiti added that some of the cats may become socialized enough to become adoptable while others react differently. For instance, many become friendly to their caregivers, but are skittish toward other people, she said. Lewis

FEATURE: Feral cats, page 6

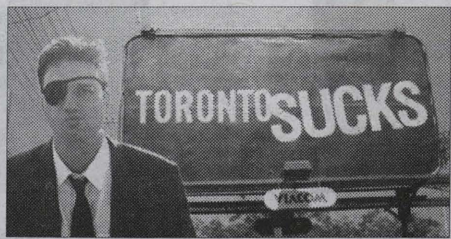


GOOGLE

Now that's fast!

A cheetah, can go from zero to 60 in three seconds, raced a man who can run 100 meters in 11 seconds to raise awareness for the endangered species.

Full Story @ www.cnn.com



MR TORONTO

Why can't we all just get along?

A documentary, titled "Let's All Hate Toronto," has been made about most of Canada's dislike of Toronto. The film follows Mr. Toronto.

Full Story @ www.cnn.com

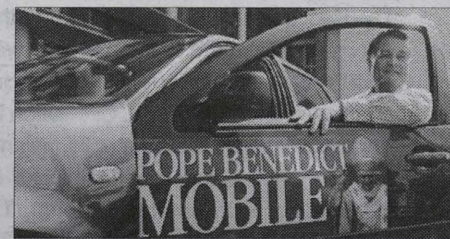


MSNBC

And the winner is...

If the U.S. wins the bid to host the 2016 Summer Olympics the host city will take place in Chicago, Illinois.

Full Story @ www.msnbc.com



MSNBC

Blessed is the journey!

Pope Benedict XVI's 1999 Volkswagen Golf was auctioned off on eBay, bids reached over \$204,000, some of which will go to Habitat for Humanity.

Full Story @ www.msnbc.com

THE VIEW WE TAKE

Local favorites, gone but not forgotten

Looking at the communities of Honolulu, from Kalihi to Kahala, there are subtle but noticeable changes happening. Popular restaurants, many of which have been long-standing and popular with local families, have been closing their doors. In the past several months, restaurants such as McCully Chop Suey, Columbia Inn and the Sunset Grill have shut down operations, each with their own unique reason.

There are many speculations as to why so many locally-owned restaurants have been forced to close up shop. Sunset Grill may have been doomed. At the beginning of 2006, the restaurant was purchased by the same group that owns and operates the popular Assaggio chain. However, the restaurant was marked by a rough adjustment to the new owners, and the restaurant never achieved the same popularity it once had.

McCully Chop Suey had been a popular eatery for decades. It maintained its location at King and McCully since the 1940s. The restaurant had three different families as owners and underwent its ups and downs. Finally, at the end of 2006, the restaurant closed.

The restaurant was facing the end of its current lease. Rather than renewing the lease, the owners decided to close the restaurant.

Columbia Inn was a restaurant



MATT AKIYAMA / THE KAPIO

At Kaimuki Shopping Center, Columbia Inn was closed and emptied of all that it contained. It is only a matter of time before the next establishment makes an attempt at succeeding in Kaimuki.

that faced its share of controversy in the past. In 2001, the Columbia Inn restaurant chain was set to close, until two brothers, Thanh and Tri Nguyen, purchased the Kaimuki location. They kept the restaurant open, and maintained the landmark name.

When the restaurant closed without any prior announcement on March 11, many customers arrived in the coming days to a darkened restaurant, greeted merely with an

apologetic explanation. The message cited a failure to renegotiate the restaurant's lease, as well as a failure to pass the restaurant on to new owners.

However, rumors quickly spread that the restaurant owners were not forced out of their lease, but had to close the restaurant for a number of other reasons. Some speculated

that because the restaurant still had about 14 years remaining on its lease, there were financial problems, and operations were unable to continue. Other speculations included tax-evasion theories once the restaurant's appliances and fixtures were auctioned off, shortly after the close.

Regardless of the reason, all

of these restaurants' closures are merely a sign of the changing times and tastes in Hawaii.

Look at all of the new restaurants and businesses that are springing up. IHOP, Ruby Tuesday and Romano's Macaroni Grill perpetuate the long string of mainland-based chain restaurants that have begun to spring up everywhere. This is a trend that has grown exponentially, since the recent success of places like Outback Steakhouse and The Cheesecake Factory. In Kahala Mall, the Star Market closure will be giving way to a Wallgreens drugstore.

That being said, mainland restaurants are not immune to the high cost of maintaining a business in Hawaii. In the past two months, Stuart Anderson's Cattle Company closed its location at Ward Warehouse, and Palomino closed its only Hawaii restaurant. Perhaps it is the strength of the local restaurants like L&L Drive Inn, Zippy's or Teddy's Bigger Burgers.

We will always miss the curiosity of KC Drive Inn's waffle hot-dog, the ridiculous portions at Masa's Massive Plate Lunch or the ridiculously high prices and allure of potentially eating at Kyo-ya. We just hope local eating does not become extinct.

The Kapi'ō

Lama 118
4303 Diamond Head Rd.
Honolulu, Hawai'i 96816
Tel: (808) 734-9120 | Fax: (808) 734-9287
kapio@hawaii.edu

Thomas Duarte **Editor**
Christopher Yee **News Editor**
Cynthia Thurlow **Copy Editor**

Taressa Ishimi **Layout Editor**
Matt Akiyama **Photo Editor**
Zhi Situ **Illustrator**

Additional Layout
Matt Akiyama

Additional Staff
Jenna Goldberg, Michael Hewitt, Liana Hofschneider, Neil Holifield,
Paige Jinbo, Karen Malone, Kimberly Moa, Kristi Zazueta

Remar Ibañez **Advertising and Administration**
Dustin McDunn **Adviser**

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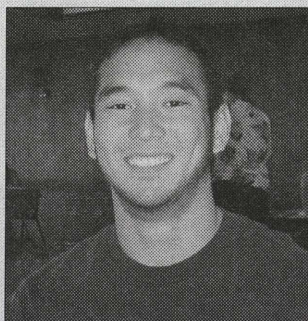
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For all advertising queries, send contact information to kapioads@hawaii.edu.

SPEAKOUT BY ZHI SITU

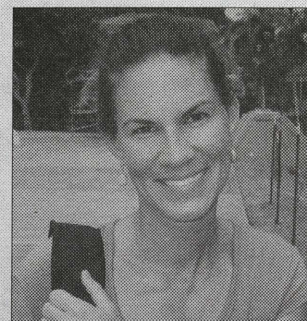
What local restaurant do you miss the most?



Kolin Oshiro: I miss Palamino's in downtown because it had a great atmosphere, good food, and overall good service.



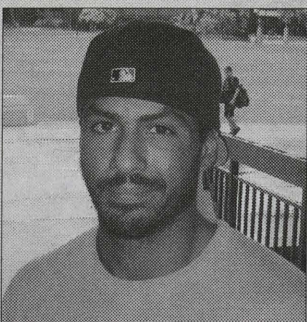
Melissa Fernandez: Slush floats + yummy fries = Kenny's Burger house in Kalihi.



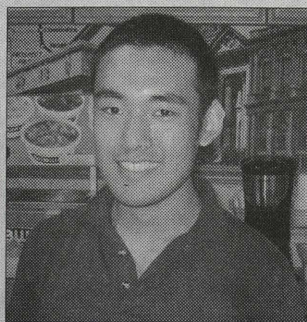
Paige Wilmeth: I miss Il Fresco because they had the best ceasar salads, and that's where I worked to put myself through college.



Nina Beatty: Seaview Inn in Haleiwa it was the only sit in restaurant that had a local feel to it during that time.



Jose Chavez: J.J. Diner's in Kapahulu because they had good chicken adobo's and good size portions for affordable price.



Thomas Teraoka: I miss Mos Burger because their burgers were sloppy joey awesome.

Nash hired as Rainbow men's basketball coach

CELLAR DOOR

by Thomas Duarte



Amidst the negative press surrounding Herman Frazier and the unfinished football schedule, he manages to do something to appease the community. That something was selecting Bob Nash to succeed Riley Wallace as the 18th Rainbow men's basketball coach.

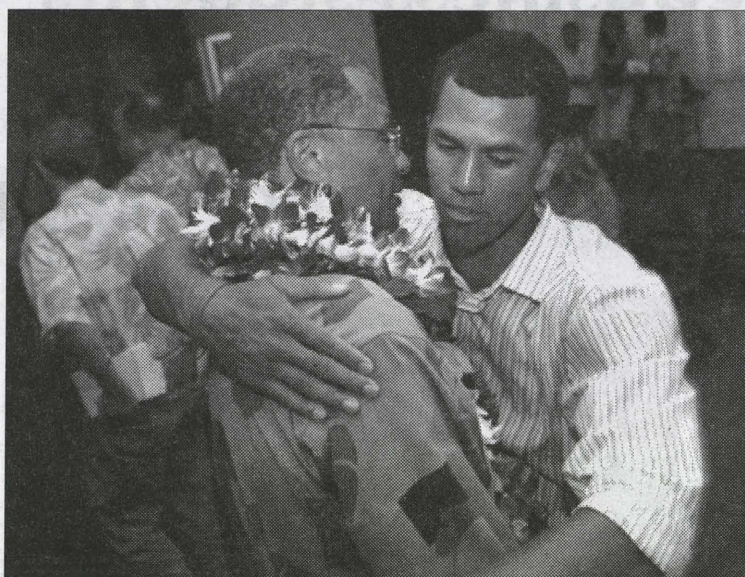
After the announcement of Wallace's retirement and end of his career as the head basketball coach there was much hope that Nash would be hired. However, Frazier made it apparent that Nash would not be put into a pool with other candidates from across the nation.

I believe Frazier intended to hire someone from outside of the program, judging by his attempt to increase the pay scale for the head coaching position. He also claimed early on that he had received numer-

ous messages from coaches across the country showing interest in the job. I also think Frazier never quite got along well with Wallace and wanted to sever ties with associations to him. Apparently Nash was just too good of an interview to pass on or the other candidates were not as qualified as he hoped.

During his press conference Nash spoke about making changes to the team on and off the court. On the court he hopes to have a more up-tempo brand of basketball with more pressing and allow the players more "freedom." Off the court he wants the team grade point average to increase and for the players to be more visible in the community.

The country has gone in the direction of speed and athleticism and the Rainbows need to play that way to stay competitive. I believe Nash can teach this style to the players, but he also needs to go out and recruit players that have the ability. For Nash recruiting should build on what UH already does and then improve and look to get players



HONOLULUADVERTISER.COM

Bob Nash Sr. becomes the 18th men's basketball coach in University of Hawaii history. His son Bobby Nash Jr. hugged him after the press conference.

who are more athletic. This task is a lot harder than it seems, the Rainbow's have recruited many good athletes, but they have never been able to make the final turn. That final turn is being a top mid-major similar to that of what Nevada is

right now. There was a time when they were on the rise, but the team has hit a plateau.

Recruiting has been slightly altered this year due to the hiring process even though Nash was the best available candidate before the

search for a new head coach began. If Frazier would have realized that and hired him earlier the school may have been able to attain one of its top recruits. Gary Wilkinson a power forward from Salt Lake Community College opted for Utah State instead of UH, not having a coach named may have played a role in his choice. Luckily the school has some time to schedule visits for some of the players still available.

Nash is Rainbow Basketball and it would have been an extremely sad day if Frazier selected someone else. Nash was one of the leaders on the famed "Fab Five," team during the '70s, which is arguably one of the best Rainbow teams of all time. He also holds two rebounding records for the school the most boards in a game at 30 and the most in a season at 361.

Side note: As of Sunday April 15 Athletics Director Herman Frazier has not announced a finalized Football Schedule.

What I learned from Al Sharpton about the media

Pundits will battle, but advertising dollars will be the heavy weight champion.

By Dustin McDunn
KAPIO ADVISER



AL SHARPTON

Don Imus and Al Sharpton have certainly provided news reporters with plenty of subject matter over the past two weeks. They have provided the news analysts with even more subject matter.

When one well-known pundit makes racially charged statements and another well-known pundit calls for the first pundit's firing, there will always be a lot of media coverage. But the question remains, does firing Don Imus teach anyone anything? The answer is yes, but not for the reasons much of the media analysts have been talking about. This controversy has done very little to change racial stereotypes. This controversy has done very little to change gender stereotypes. This controversy has done very much to show how the media really operates in this country.

While this controversy started with a boneheaded and very inappropriate comment, and ended with a number of apologies and the firing of a radio icon, a lesson that should be taken away from this controversy has nothing to do with race or with whether Don Imus should be allowed to remain on the radio. The lesson we should all learn from this controversy is that the owners of the media in this

country will do whatever allows them to make the largest profit.

Let's review.

Imus made his comments. Sharpton criticized Imus and called for his firing. CBS (the network that controls the Imus radio program and its syndication rights) and MSNBC (the network that broadcasts the Imus radio program on television) did nothing.

Imus apologized to Sharpton, and Sharpton again called for Imus to be fired. Getting no response, Sharpton rallied a group to protest CBS and MSNBC. CBS and MSNBC suspended Imus for two weeks.

Still not happy with the result, Sharpton and his group of activists focused their efforts on the advertisers of the Imus program, both on radio and television. The advertisers then pulled their advertising. Finally, Imus was fired from both CBS and MSNBC.

The underlying point is this. The inappropriate comments had very little to do with the decision to fire Imus. He was allowed to remain on the radio and television after making racially insensitive statements. As the controversy continued, the networks suspended him in hopes that the controversy would die down and the advertising dollars would keep coming in. It wasn't until

those advertising dollars dried up that the networks fired Imus. The comments Don Imus made may have started the controversy, but advertising dollars ended it.

As a journalism instructor I constantly hear complaints and questions about the quality of the media today. My answer has always been, and will continue to be, "If you don't think it should be on the air, you must change the channel or turn of your TV or radio." I am going to have to add to that now. If you really think a program, be it "Imus in the Morning," or your evening news should be taken off the air, target the advertisers not the network. The networks will do whatever makes them the most money. They make no money if they have no advertisers.

It is no longer enough to complain about the quality, accuracy or judgment of the media. If you have a complaint, take a page out of Al Sharpton's book and do something about it. I realize very few of us have the connections to make as large an impact as Sharpton, but starting small is how we get to the big fish. I don't expect anyone who reads this to get a nationally syndicated radio host fired, but everyone who reads this has the ability to affect change on this island.

If you feel a local media organization is acting inappropriately, you must boycott that organization. Then you must boycott that organization's advertisers. In addition, you must tell the media organization and its advertisers why you are boycotting them. Actions speak far louder than words, just ask Al Sharpton.



MSNBC.COM

SPECTRUM

is now accepting submissions...

Do you write:

Personal Narratives?

Poetry?

Essays

Short Stories?

Interviews?

Are you:

An Artist?

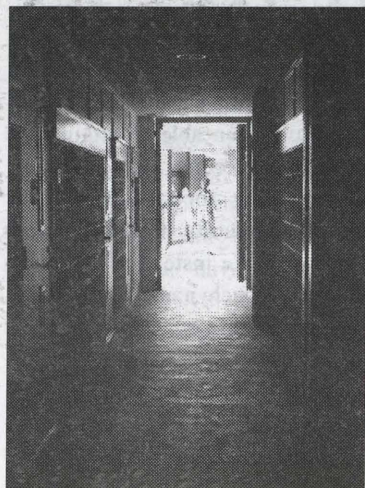
Graphic Artist?

Photographer?

Why not showcase your talents? Spectrum, a journal of original work by KCC students, is accepting submissions through May 2 for publication next Fall. Drop off your submission in the student journal drop box in Kalia 101, or to Michael Tsai in Kalia 228.

Please include a cover sheet marked "Spectrum submission," and include your name and contact information.

* Submissions may be edited to meet publication requirements. Every effort will be made to include the creator in the editing process.

**CAMPUS &
COMMUNITY BRIEFS**

TARESSA ISHIMI / THE KAPIO

The power outage on April 12 left many classes in the dark and even caused a few classes to be shortened or cancelled.

HPD career day

The Honolulu Police Department will have representatives on campus on Thursday, April 19, from 10 a.m. to 2 p.m. on the Great Lawn. HPD will be available to discuss careers with the police department. The SWAT team, bomb squad, K-9 and mounted units will be on hand to provide demonstrations and answer questions.

Classical string quartet to perform

The Galliard String Quartet will be performing at the Grille inside Ohia on Monday, April 23, from 12 to 1 p.m. The Galliard String Quartet is comprised of members from the Honolulu Symphony Orchestra, who will be performing classical chamber music.

Toy Drive at KCC

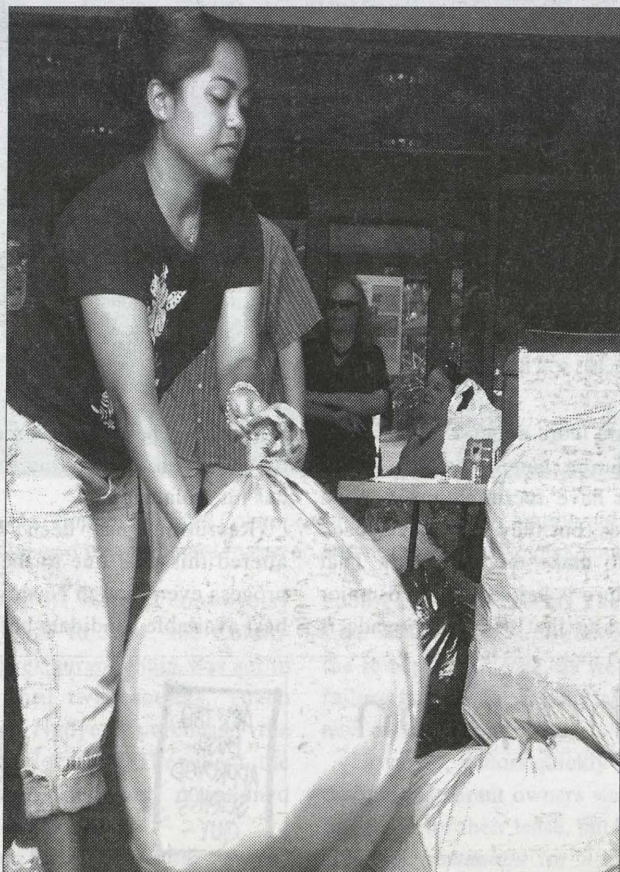
KCC is taking part in an effort to collect donated toys for the community group Kids Group, from the Palolo Housing Community. Kids Group caters to ages 3 through 5, and is looking for stimulating toys such as puzzles, blocks and crayons. Donations can be dropped off at the service learning office at Naio 214.

Hawaii Convention Center hosts College Fair

There will be a national college fair held at the Hawaii Convention Center on Thursday, April 26, from 8:30 to 11:30 a.m., and 5 to 8 p.m. The fair, organized by the National Administration for College Admission Counseling, will feature over 125 exhibitors from universities across the nation.

Evita to begin performance run

KCC students in the Musical Theatre and Stagecraft courses will be presenting the musical Evita from April 26 through 29, at the Maile Performing Arts Theatre. All shows begin at 7:30 p.m. The cost to attend is \$7. For more information, contact Lina Doo at 734-9748.

eBusiness students fight power outage to collect recyclables

MATT AKIYAMA / THE KAPIO

By Christopher Yee
NEWS EDITOR

The KCC eBusiness class took the opportunity to raise awareness about recycling and the Aloha United Way (AUW), despite a power outage. KCC was a shell of its typical self, with fewer students on campus due to the loss of power in the morning. Fighting the odds, Susan Dik's eBus 220 class set up a table outside the Ohia Cafeteria, in hopes of collecting a solid number of recyclable cans and bottles.

The drive, organized primarily by Dik's students, looked to collect the recyclables and donate the proceeds to AUW. After nearly two hours of collecting from passing students, the class collected at least 10 garbage bags filled with cans and bottles. "This is pretty good for not having electricity," Dik said.

Having organized the drive in part with AUW, the eBus students also looked to raise awareness for the organization. AUW first started as a fundraiser in 1919, and has

since has become one of Hawaii's largest non-profit organizations.

Aside from getting the opportunity to raise awareness for recycling and donating to AUW, organizing the project as a group was important to the students of the eBus 220 class. Dik described the experience of working together similar to that of working on a team in the professional world. "Working as a team is important," Dik said.

The collaboration between Dik's class and AUW did not end with the

recycling drive. The class will host a focus group for a small group of people. It will include a representative from AUW.

The eBusiness program at KCC is an associate in science degree program. The program utilizes projects like the AUW recycling drive to promote and develop teamwork, management and presentation skills, that can be applied to businesses after graduation.

For more information about AUW, visit the organization's Web site at www.auw.org



MATT AKIYAMA / THE KAPIO

The eBusiness students continued to work hard despite the lack of power throughout campus. They gathered and separated bags of H15 recyclables.

A little darkness is not enough to stop a KCC student from helping the environment.

Summer opportunities in conservation

There are a few environmentally helpful ways to spend your summer vacation.

By Kimberly Moa
STAFF WRITER

Summer's almost here! With the semester almost over, it's time to start thinking about what you will be doing for the next few months. There is the beach, of course, maybe some travel. Many of you will want to work, or if you're feeling generous, volunteer for some worthy cause.

There is a way to do it all – to make a difference in our islands while taking advantage of the great outdoors and a little change of scenery; and in a few cases get paid for it.

If any of this sounds interesting to you, here are a few examples of conservation opportunities available this summer that offer travel, experience, and in some cases pay.

Volunteer opportunities:**• The Ko'olau Mountains Watershed Partnership (KMWP)**

The KMWP is seeking experienced volunteers to assist with invasive plant surveys along the entire summit of the Ko'olau Mountain Range on Oahu.

Volunteers will participate in landscape-level plant surveys of native and exotic plants along the Ko'olau summit. Trips involve 2-3 day advanced hiking excursions and extreme camping along the summit. For more information visit www.malamahawaii.org/get_involved/

contact KMWP at (808) 453 - 6111 or email Scott Lyn at scottlyn@hawaii.edu or Micah Ryder at mryder@hawaii.edu.

• Friends of Haleakala National Park

Friends of Haleakala National Park are seeking volunteers for overnight service trips in the Haleakala Crater on Maui. Participants will assist in weeding and control of invasive plant species during hiking trips into and out of the Crater. Overnight trips will include working 4 hours per day and 2-3 nights of tent/cabin camping.

Upcoming service trips are scheduled for April 21 - 23, June 15 - 18, and Aug. 17-20.

Service learning trips are also scheduled for May 26 - 28, July 7 - 10, and Sept. 1-3 in which park staff will accompany volunteers to provide interpretation and education. There is a \$15 charge for service learning trip.

For information visit <http://www.fhnp.org/service.html> or for reservations call Service Trip Program Leader Farley Jacob at (808) 248 - 7660.

• Hawai'i Volcanoes National Park Hawksbill Turtle Monitoring Program

Hawai'i Volcanoes National Park is seeking volunteers to monitor and protect nesting endangered hawksbill turtles and basking green sea turtles.

SUMMER: Backpage, page 8

Career fair highlights and job opportunities in elder care

By Mike Hewitt
STAFF WRITER

Organizations from across Oahu gathered on Wednesday, April 11 at KCC to explore why we should care about careers working with an increasing elderly population. Activities included information booths in Ohia Cafeteria, presentations in the Ohia auditorium and questionnaires designed to illustrate common misconceptions about aging.

The UH Manoa (UHM) chapter of the national academic honor and professional society Sigma Phi Omega (SPO) hosted the event with KCC. SPO focuses on gerontology, works to distinguish and support the accomplishments of students of gerontology/aging, as well as the accomplishments and outstanding service by various professionals or organizations promoting the interests of older individuals.

UHM Public health sciences student and SPO member Lauren Gentry, emphasized that jobs focusing on aging are available in "medicine, finance, business, law, social support, leisure activity, travel, education, and almost any other field you can think of." The elderly function at many different levels, with some living completely independently, needing nothing more than social support and friendship. Gentry hopes to work as an activities coordinator for a retirement community.

Numerous other jobs are available for working with active senior citizens. Advances in technology have opened doors for the elderly to learn computer and Internet skills to access personally helpful information, Gentry said.

Gentry's grandfather inspired her to work with the elderly, after she spent time with him during the week before he passed away. He could make sounds, but nothing understandable to others. Many family members found it difficult to visit him once they saw his impaired condition.

As one of the nations' top left-handed golfers, he wanted to pass something along to his grand daughter. Without using any words, he sat with her on the side of his hospital bed, and showed her how to swing a golf club. "Our golf clubs were made out of a handful of the bed sheet, and he communicated with me through grunts and body language. I treasure this memory and feel like this moment reaffirmed that working with the elderly is my life calling," Gentry said. "Elder issues affect us all."

It is exciting for her when her

grandmothers, both in their 80s, benefit from information that improves the quality of their lives.

As life expectancy increases the need for workers specializing in elderly issues is also increasing. According to Dr. Kathryn Braun from the John A. Burns School of Medicine program of public health, Hawaii has the greatest life expectancy of any state. Among people of Chinese and Japanese ancestry, the average is closer to 90 years old.

From 1970 to 2000, the percentage of people over 65 in the U.S. doubled. Three times the percentage of people lived past 85.

Advanced practitioner registered nurse Jake Moore, of Arcadia Retirement Center, said he went into nursing from a successful career in international marketing, because he wanted a career that was more hands on. He was partly inspired to go into elder care because of his love for his grandmother.

Another inspiration was the elderly patients he treated in his nursing career, and the stories they told. He found these stories were personally rewarding, and showed him how strong in character and knowledgeable many elderly people were. A 100-year-old patient insisted that he never bother her before 11:00 a.m. She had been a New York City jazz club dancer with Josephine Baker in the 1920s and 1930s, where she developed a habit of being a night owl.

Moore discussed another client who was a retired minister, who recounted memories of conversations he had with his friend Martin Luther King, Jr. There was also a patient who told of being on the beach watching Duke Kahanamoku and his friends riding waves from Castle break, near Outrigger Canoe Club all the way to the Royal Hawaiian Hotel in Waikiki. "The most horrible day I've had when working with the elderly, still leaves me with a strong feeling of personal benefit," Moore said.

With advances in medical care and improved quality of life, the increase in the elderly population is expected to continue even after the baby boomer generation – born between 1945 and 1965 – is gone. People born in 1965 will reach 65 in 2030, and they are likely to live longer than people do today. Those who have skills in working with the elderly will be more employable than those who don't, Moore said.

See the next issue of Kapi for specific information on career opportunities working with people who are aging.

Local legend, Don Ho, passes away



PHOTOS FROM GOOGLE

Local singer Don Ho passed away on Saturday, April 14, 2007 after suffering heart failure at the age of 76. He had undergone numerous surgeries in the past to address his ongoing heart problems. Don Ho was most widely known for singing the tune "Tiny Bubbles."

RECENT SNAPSHOTS OF EVENTS AROUND THE GLOBE

Truce in Uganda extended

The Ugandan government and Lord Resistance Army (LRA) rebels have renewed their truce by extending it for another two months. They have also agreed to resume their peace talks on April 26. The LRA is known for taking part in a conflict that killed tens of thousands of people, as well as, causing the uprooting of around two million people.

Car bombs in Iraq

A car bomb in Karbala, Iraq went off in a busy shopping area on April 14, killing at least 43 people and wounding 55 others. Not long after the bomb went off in Karbala another car bomb went off on the Jadriya bridge. This bomb killed ten people and wounded 15 people. This was the second bridge bomb in three days, they have caused the partial collapse of two bridges, which allow travelers routes over the Tigris river into Baghdad.

KCC students perform "Evita"

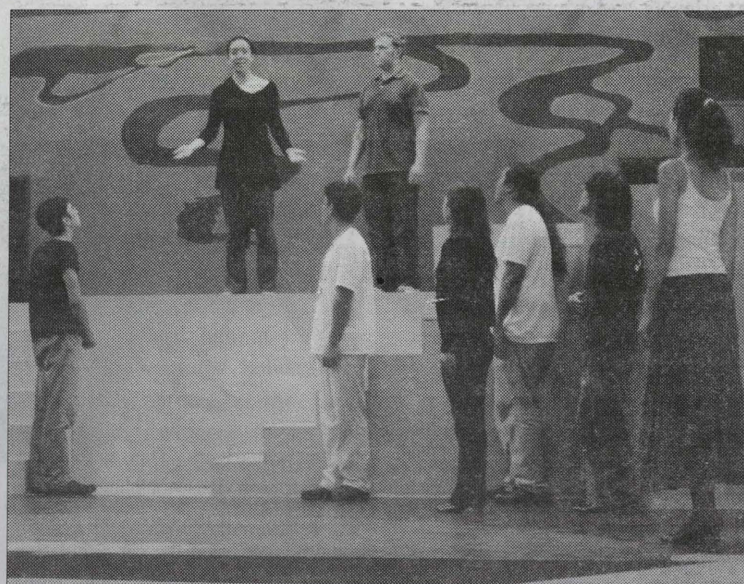
By Karen Malone
STAFF WRITER

The KCC musical theatre class will present the Andrew Lloyd Webber – Tim Rice musical "Evita," at the Maile building, April 26 – 29, at 7:30 p.m.

"Great music! How can you go wrong with a Lloyd Webber?" said Lina Doo, the musical theater instructor. The students began rehearsing for the upcoming show over three months ago.

KCC student Viet Vo portrays Che, the narrator and driving force of the story. "This is the most intense and biggest role I've ever received," he said.

Vo appeared in the Diamond Head Theatre productions of "Cinderella," as The Herald, and in "Thoroughly Modern Millie," as an ensemble member. According to Vo, "Evita" is a dramatic, poignant story, which focuses on Eva Peron, a former first lady of Argentina.



KAREN MALONE / THE KAPIO

The musical theatre class, also known as, the cast of "Evita" rehearse and prepare to perform for four straight nights on the KCC campus at the end of April.

Doors open at 7 p.m. General admission is \$7 for children and adults. Sorry, credit cards can not be accepted.

Tickets can be purchased at the door, or in advance. Contact Lina Doo at 734-9748.

Catching an energy "buzz"

Energy drinks have been used with alcohol or as caffeine while studying.

By Kristi ZaZuetta
STAFF WRITER

Many students at KCC consider energy drinks, "the coffee" of their generation. Energy drinks are the new stay-awake stimulant after a long night of studying or partying; an energy boost while working out, or just to wake up after a long day of just slouching around. But many question whether they are healthy for you.

Currently, there is not enough information known about the effects energy drinks may have on health, because they were just introduced a few years ago. However, the makers of energy drinks have made many claims that their products may, "increase physical endurance, improve reaction time, boost mental alertness and concentration, increase overall well-being, stimulate metabolism and improve stamina."

KCC student Cassie Moore said, "Red Bull is my drug. I usually have at least one Red Bull a day, sometimes more. I just love the stuff."

Well-known energy drinks are Red Bull, Monster, Rock Star, Full Throttle, etc. They usually have large amounts of high fructose corn syrup, artificial colors, artificial flavors and preservatives. In addition to caffeine, they also contain high doses of taurine and glucuronolactone, amino acids that occur naturally in the body. Some doctors are concerned about the extra dose of amino acids in these drinks. Energy drinks with caffeine have also been known to cause dehydration.



MATT AKIYAMA / THE KAPO

Some students use energy drinks in order to remain alert during classes or to stay awake during a late night of studying.

Some energy drinks are designed for elite athletes, but today, most energy drinks are produced and marketed for the general community. When they were first introduced, the advertisements of energy drinks were aimed at young-men. After word got around about the new drinks, many men, women, teens, athletes and children began to drink the new sensations.

Unlike energy drinks, sport drinks or electrolyte drinks are designed to replenish fluids, minerals, salts and water that are lost due to physical activity, exercise or heat. If you were to replace a sport drink with an energy drink, you may feel the effects of dehydration.

"Mmm ... energy drinks, they slightly taste like beer and make you hyper as hell, ha-ha good times," said KCC student Reynna Chun.

While energy drinks are banned in a few foreign countries, some individuals

in countries where they are not banned, mix them with alcoholic beverages. Popular drinks include, "Vodka Bulls," "Jaegar Bombs" or "Sparks." Several European countries have banned the import of energy drinks to their citizens, because there have been cases of young people dying, possibly due to the result of a caffeine/alcohol mix.

"They claim to give you bursts of energy, but the only thing it gives you is a burst of calories and sodium," said KCC student Angela Richards. Do you really need an energy drink to get you hyped? I don't think so."

There are many unknown effects of energy drinks. It is up to you to decide if you want to drink them or not. Manufacturers' labels include language that says, do not exceed more than two to five cans a day. The labels also recommend that alcohol not be mixed with energy drinks.

Feral cats:

Continued from page 1

believes that most of the cats in the Cactus Garden previously belonged to someone. One of the homeless cats is Zorba. According to Lewis, Zorba is very friendly, and many KCC instructors and students enjoy petting him. Lewis recalled that several people have tried to adopt Zorba, but he made a big fuss. This prompted his quick return to the colony. She also said that Zorba lived in the wild so long, that he cannot be domesticated. Recently, however, four of the homeless cats were successfully adopted. "We miss them, but we are glad that they have a happy home," Lewis said.

The administration is unaware of any problems associated with the feral or homeless cats on the KCC campus. In addition, all 10 students polled, said they did not feel that the cats posed a problem. Most said they rarely see the cats - if at all. Currently, there is not an official policy regarding the cats



TARESSA ISHIMI / THE KAPO

or their caregivers. The administration does not plan to create one; however, if the cats were to pose a health issue, or if the cat population becomes unmanageable, then some type of intervention may be necessary.

Lewis said, the cats living in the cactus garden do not pose these problems. She noted that they are well cared for, and that all the adult cats have been spayed or neutered.

Lewis also noted that the volunteers provide the cats with food and water, monitor the cats' health and pick up litter. In addition, the caregivers also keep the cats' shots up-to-date, and give the cats Advantage treatments to control the fleas.

Weekend "jam" at KCC



TARESSA ISHIMI / THE KAPO

Danny Couch and band perform on the Great Lawn, along with artist Sonya Martinez. The Opihi Pickers rounded off the night under the stars at the Outdoor Concert sponsored by the KCC Office of Student Activities.

HELP NEEDED Healthy Women Aged 19 to 30

Do you enjoy helping others and making a difference in someone's life?
Would you like to make someone's dream come true?

Be an egg donor and help a couple become a family.

- Genuine desire to help
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Women of all ethnic backgrounds are needed.

\$5,000.00 compensation for this special gift.

For more information, please call 536-8801.

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Fertility Services INC

Surf's up – not just any board will do

Find the right surfboard to fit your needs.

By Jenna Goldberg
STAFF WRITER

The summer is coming upon us quickly. Sell your books, relax, and charge some waves! For those on the south shore of Oahu, the summer means swells that are closer, rather than a commute to the north shore to catch good rides.

Being in Hawaii, with so many choices and so much information on what board to buy, it may be hard to find the perfect quiver or surfboard for the months ahead. Whether you are waxing up your favorite stick or heading to the board shop for your first quiver, take some advice from Cippy Cabato, owner of Classic Surfboards Hawaii on Kapahulu Avenue. Cabato, has 15 years of surf shop knowledge under his belt.

Cabato recommends surfers ask for assistance from a surf shop worker when buying a board. The biggest mistake you can make is to "listen to your friends," Cabato warns, with a chuckle.

Focus on guidelines when buying a surfboard. Do not be overwhelmed



BOARDER.IT

Surfing is a sport that can be found on many parts of the world and in differing bodies of water.

by the dozens of surfboards that line the walls, or those that levitate and sail overhead (like those at T&C surf shop in Ala Moana Shopping Center). Do not just pick your favorite color, or drop a couple of hundred dollars on a surfboard your friend swears will make you rip like

Kelly Slater.

Weight, height, and experience all play a factor in choosing the best board for you. Overall, longer surfboards are easier and sturdier to stand up on. This is a good choice for a beginner. The more comfortable you become on a surfboard,

the more you can explore the different shapes, widths, thicknesses, and fins offered by the retail surf industry today.

Cabato recommends beginners first purchase a used board, before buying something top of the line. It is better to learn on a used

board for a year or two, because it is likely you will bang it up a bit. Also, as you become more familiar with the board, you may decide another style or size is better for you. Keep in mind that the value of the board will go down as you use it. You will not receive the same amount of money you paid for it if you decide to sell it later. However, it is most likely, "You'll want a better board down the line," Cabato explains.

Once you have your board, charge it! Diamond Head, Waikiki and Ala Moana provide great surf to enjoy the coming south shore swells. Cabato recommends beginners first paddle out at Waikiki, and then move on to Ala Moana or Diamond Head as they progress.

Cabato also advises that novices, "Learn the fundamentals. Go with friends, so they can watch over you [as you learn]. Don't paddle to the middle of the pack. You might get hurt yourself or hurt someone else."

With these words of advice in mind, visit your local surf shop or take a lesson, and enjoy the surf this summer. For additional information about Classic Surfboards Hawaii, visit the store at 451 Kapahulu Avenue, or call them at 735-3594.

THE 4-1-1 ON 4:20

Kristi ZaZuetta
STAFF WRITER

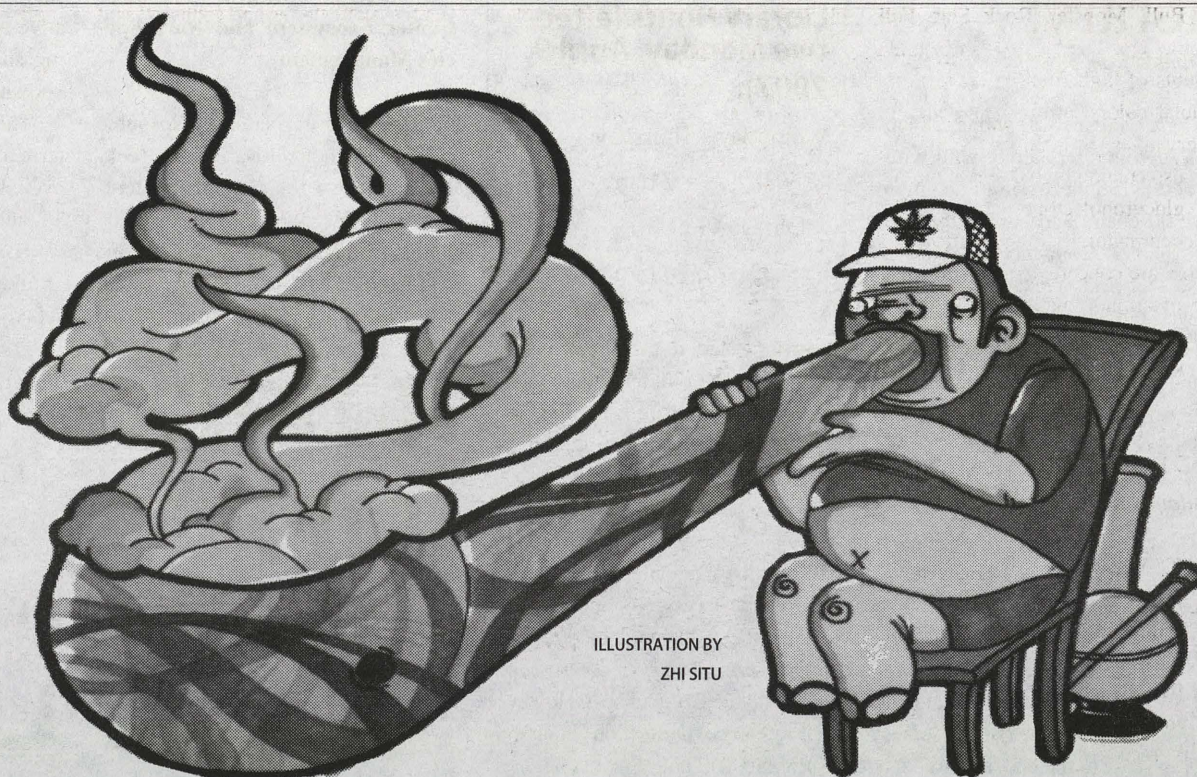


ILLUSTRATION BY
ZHI SITU

In today's society, Marijuana is the most often used illegal drug in this country, and in Hawaii, especially each year on April 20. Marijuana has many code names and terms; the most commonly known are buds, Mary Jane, dope, hemp, weed, pakalolo, reefer, kief, hash, crimp, chronic and 420. Guessing that many people have heard these terms before, do they know the significance of 420 (pronounced four – twenty, not four hundred and twenty)?

There are various theories about how the term 420 and marijuana came together. Here are a few of those speculations.

The origin of 420 was said to have been in the early 1970s, by a

group of stoners from San Rafael, California, who called themselves the Waldos. The Waldos chose 420 as a code to use during high school for anything pot-related when they could not talk about it in public, at school or around parents. The term 420 was also shorthand for the time of day the group would meet (4:20), at the campus statue of Louis Pasteur, to smoke marijuana.

After they graduated, the Waldos started a Web site for stoners called, waldo420.com. On this Web site, Waldo Steve said, "We have proof, we were the first. I mean, it's not like we wrote a book or invented anything. We just came up with a phrase. But it's kind of an honor that this

emanated from San Rafael."

KCC student Amanda Woodworth said, "420 is April 20, the day to smoke your best bud, or national pot smoking day. It all started with a bunch of teenagers called the Waldos."

The term 420 could also have come about in Ontario, Canada. In the 1960s, marijuana grew freely on one of the highways in Ontario. In 1972, the highway was renamed Highway 420.

In California, it has been widely heard that 420 is the Police code for marijuana smoking in progress, but the sites 420.com and phish.net have said that this is not true, and it is not a code for anything, anywhere.

Notable events that happened on April 20 are the birthday of Adolf

Hitler on April 20, 1889, and the Columbine Shooting that occurred on April 20, 1999; neither of which have anything to do with the stoner term 420 or with the pot culture.

"I think April 20th, at 4:20 p.m., is the 'pot-smokers' holiday," also variously described as the 'hippie New Year,' 'national smoke time' and 'national pot-smoking day,' said Keola Brown, a KCC student.

The main active chemical in marijuana, also present in other forms of cannabis, is THC (delta-9-tetrahydrocannabinol). In marijuana, there are many psychoactive chemicals. Of the roughly 420 chemicals that could alternately be found in the cannabis plant, THC affects the brain the most. Factors

that affect the number of chemicals found in the plant, can include how the weed is grown (indoors or outdoors), and in what type of an environment it is grown. The number of chemicals can go up or down depending on what you are smoking.

According to KCC student Bryant-Eli Correa, the term 420 is, "Stoners' mental math 4+20 = 420 ... let's go smoke up."

Smoking marijuana at 4:20 or on April 20 has special meaning to some, and this upcoming Friday is April 20. So, if you notice an unusual number of absences, you might want to check your calendar, because there is a possibility that April 20 is the stoner holiday.

The Kapi'o BACKPAGE

Session:

Continued from page 1

Nguyen was also concerned about the availability of courses during the summer session. She pointed out that the course she was interested in taking was only scheduled at one time during the whole summer session and was at an inconvenient time for her. Due to the summer break and the change of focus to accelerated six week long courses, there are less courses and instructors available. But, even with fewer courses, it is still possible to take too large a course load. Regarding scheduling during the summer, Malterre recommended that students only take

a maximum of two classes in each six week session. She pointed out that the four courses taken over the 12 week long summer period would be comparable to a full 16 week semester.

When it comes down to who should consider summer session, Malterre stressed that it would be a change of pace for many students. "Students have to have the time to do it, the motivation and focus, because it does take commitment, and the money, because it is an extra cost."

Summer session has its first session from May 21 until June 29 and its second session from July 2 until August 10. Registration for all UH CC summer session is ongoing from April 9.

Career fair:

Continued from page 5

his friends riding waves from Castle break near Outrigger Canoe Club at Diamond Head all the way to the Royal Hawaiian Hotel in Waikiki. "The most horrible day I've had when working with the elderly still leaves me with a strong feeling of personal benefit," Moore said.

With advances in medical care and improved quality of life the

increase in elderly population is expected to continue even after the baby boom generation born between 1945 and 1965 is gone. People born in 1965 will reach 65 in 2030 and are likely to live longer than people do today. Those who have skills in working with the elderly will be more employable than those who don't, Moore said.

See the next issue of Kapi'o for specific information on career opportunities working with people who are aging.

Library:

Continued from page 1

There were also 30 phone, 28 laptops, 70 computers along with wireless access, 35 pieces of art and more than 300 chairs and carrels that had to be moved from the first floor to the second floor. A staggered schedule was put into place for the staff to manage the move, while the contracted book movers and air conditioning crew were hustled to meet the demand of the time schedule.

"It is a madhouse," said Susan Murata, KCC head librarian.

This move needed to be done before the first floor was ready to be turned over to the contractor on April 2 for the second phase of the renovation.

"They should have planned to provide for a study area before closing the library, especially that the semester is so close to the end, and students have exams and papers that they need to prepare for," Smith said.

Murata said they moved some of the computers from the library to the Cybernesia site, behind Subway, in order to accommodate and handle the overflow of students.

Murata added that students were crammed at Cybernesia. Every computer was occupied and still a number of students sat at the study tables and at Subway waiting for a computer to become available. There were students everywhere. Some were studying, others were waiting, while others were eating.

KCC student June Lee said, "I don't think I've ever seen this building filled with so many people. It's hot and it's crazy."

The library reopened on April 9;

Library Hours (effective Monday, April 9, 2007):

» Monday – Thursday:

7:30 a.m. – 7 p.m.

» Friday:

7:30 a.m. – 4 p.m.

however, access to the library is from the back of the building, which leads to the second floor of the library. Signs are posted to guide those entering.

There are a limited number of computers and printers available to students on the second floor. Laptops will also be available to be checked out. Remote access to online databases will also be available, including electronic resources such as ebrary online books and the EBSCO host. However, the reference collection including microfilms will not be available.

"Students should ask a librarian for assistance if they need help with fast facts," Murata said.

The study carrels, photocopiers, ID card services, and reserve materials are some of the services that will continue to be available to students.

Television access is not be available because the cable lines are not readily available on the second floor. The Char study room will remain closed throughout the second phase of the renovation.

The planned extension on the first floor to house the administration offices, has not received any definite update at this time.

"I am still awaiting a rough cost estimate from one of the UH planners, before I can move forward with this addition," Murata said.

Summer:

Continued from page 4

The volunteer program includes nightly watches at remote backcountry beaches to monitor nesting activities, record field data and protect turtle eggs as well as hatchlings from predators.

Monitoring trips will include camping at nesting sites for 4-6 nights per week, hiking 7-12 miles in hot weather conditions with a 20 to 30 pounds and occasional beach clean-up. Dorm style housing and a meal reimbursement is available.

Sixteen volunteers are needed from June through December. A minimum commitment of 8 to 12 weeks is preferred.

To apply for the Hawksbill Turtle Monitoring Program call (808) 985-6090 for an application or email at havo_turtle_project@nps.gov

Hawai'i National Park is also seeking a number of volunteers for other on-going positions including a Cultural Resource Management Volunteer, a Restoration Ecology Intern and an Ornithological Assistant.

For more information on these and other opportunities at HAVO visit their Web site at www.volunteer.gov/gov/resultsZcfm?states=HI.

Paid positions:

• Army Natural Resource Center Ecosystem and Rare Species Management

The Army Natural Resource Center at Schofield Barracks is seeking applicants for a summer internship on Oahu. Work sites will include military lands in the Northern Waianae and Ko'olau Mountains. Interns will assist with the implementation of field

FOR MORE CONSERVATION JOB OPPORTUNITIES

» Hawaii Conservation Alliance www.hawaiiconservation.org/career-opportunities.asp.

» Malama Hawai'i - www.malamahawaii.org/get_involved.html

» Hawaiian Ecosystems at Risk project (HEAR) - www.hear.org/announcements/

» Volunteer Hawaii - www.volunteerhawaii.org type in "conservation" or "environment"

» National Park Service - www.nps.gov/gettinginvolved/index.htm

management tasks including, but not limited to, rare species monitoring and control of invasive species

The position is full-time and limited to three months. The closing date is April 27.

For full job description visit www.hear.org/announcements/pdfs/2006armyintern.pdf or to apply contact Jane Beachy or Matt Keir at (808) 656-8341.

• The Kauai Endangered Seabird Recovery Project

The Hawaii Division of Forestry and Wildlife is seeking two full-time field assistants to work on Kauai with the Endangered Seabird Recovery Project.

Interns will assist with research and management activities for the recovery of Kauai's threatened and endangered seabirds. This will include assisting researchers with surveys to identify and document relative abundance and monitor breeding success of avian populations at known colony sites.

The positions are for a limited term of 20 weeks. The start dates available are April 16, April 30, May 14, and May 28 2007.

For more information and application procedures visit <http://wfscnet.tamu.edu/jobboard/index>.

htm (job number 11074), or contact Nick Holmes at kauai.seabird.jobs@gmail.com

• The Nature Conservancy's Palmyra Island Program

The Nature Conservancy is seeking applicants Camp Maintenance Manager and Assistant Cook/Housekeeper for the Palmyra Island Program.

The Camp Maintenance Manager will assist with preserve operations, maintenance, and general management and is responsible for upkeep and repair of all camp facilities including vehicles, buildings, roads, plumbing and electrical systems. This is a full-time position.

The Assistant Cook/Housekeeper will be responsible for meal planning and preparation of meals for island guests, staff, volunteers and visiting vessels. Duties will include stocking and rotation of all kitchen inventory and general galley clean-up.

Both positions are 3-4 months in duration with the opportunity for future employment based on performance.

For more information contact Jan Eber at jeber@tnc.org, include the job title of the position in the subject heading.

HPD ON KCC CAMPUS



Thursday, April 19, 2007
between 10 a.m. and 2 p.m.
on the Great Lawn

Watch demonstrations,
ask questions, and
discuss your career path.

Talk with and enjoy:

-HPD

-Swat team

-Bomb squad

-K-9

-Mounted units

