



**Jr. wins  
Angel Teves  
at Valentine's  
auction**

page 3



**Chef Diane  
introduces  
students to the  
joy of cooking**

page 4



**Carl Hefner's  
Burma exhibit  
in Lama library**

page 7

# KAPI'O

<http://www.kcc.hawaii.edu/news/kapio>

Kapi'olani Community College

Vol. 33 No. 19, February 22, 2000

## Opportunities

### Internships to China

Jiangsu Tianyi High School in Wuxi, The People's Republic of China, is looking for five students for peer internships. The students would lead English conversational classes and participate in student activities to help Chinese students develop English language skills.

Jiangsu Tianyi High School is a provincial key high school, in the northern suburbs of Wuxi. It is in lake country where lots of Chinese vacation, about half way between Shanghai and Nanjing in an ancient city with beautiful canals and lots of history.

The school has 58 classes, 3000 students and 400 teachers.

Interns will be provided with housing and board with an educational stipend to participate in activities and trips around China with Chinese students. The one-year term would begin in March 2000, preferably for a year, but may accept six or nine month-interns. A local supervisor who speaks English will always be available to interns in China.

Interns should present a specific paper and project. (Any discipline is acceptable.)

Qualities preferred:

- Be American-born, English-speaking

- Exhibit good behavior and ability to get along well with people in social events;
- Have medical insurance.

Interns do not need to be able to speak Chinese, but interest in learning to speak the language is preferred.

For more information, call Frank Hull, Business Education, 734-9118.

### Goto Hiroshima research grant

A study grant of \$5,000 for travel and research to Hiroshima is available through the Goto of Hiroshima Foundation for research regarding Hiroshima and Hawai'i or general Japanese culture, politics, economics, or language with the goal of fostering friendship and understanding between Japan and the United States.

Applicants for this study grant must currently reside in Hawaii and be between the ages of 18 and 40. Preference will be given to anyone from Honokaa region of the island of Hawaii.

Application deadline is May 5. Contact Susan Lee at 956-3859 or [susanlee@hawaii.edu](mailto:susanlee@hawaii.edu) for application forms and information.

*continued on page 8*

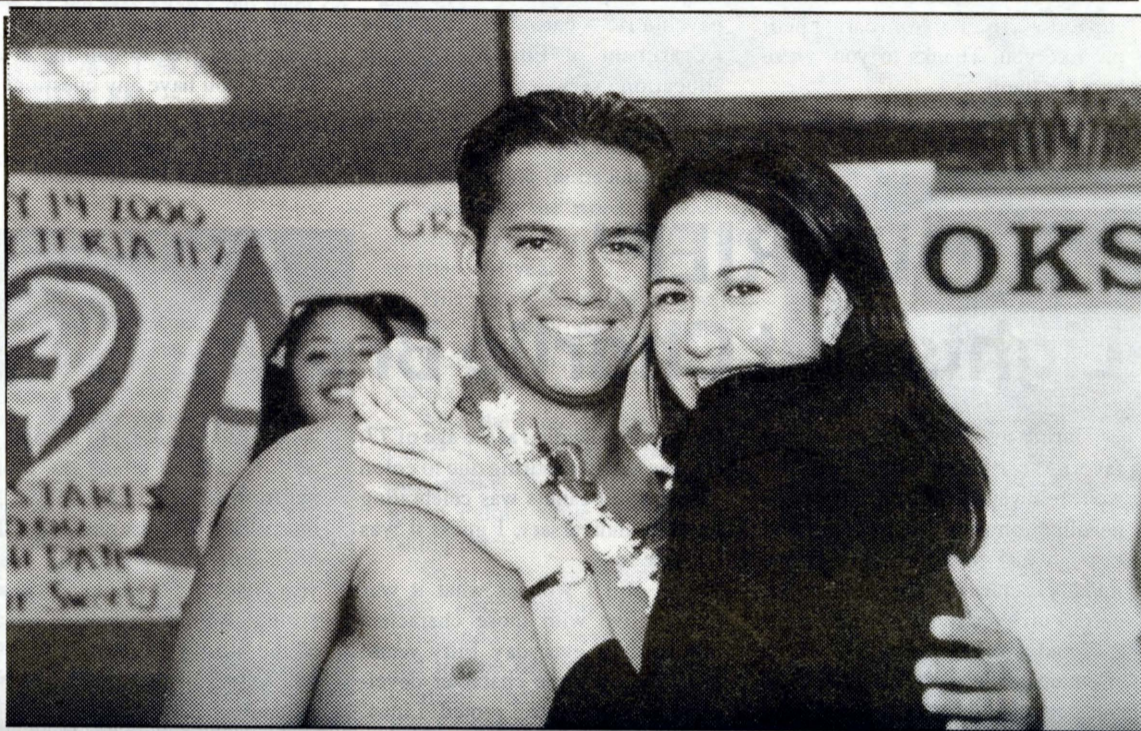


Photo by Moriso Teraoka

### Firefighters are HOT!

Mahealani Dzurik poses with her winning Valentine Joey, the Firefox. He got the highest bid by showing what firefighters are really made of. See page 3 for more on the Valentine's Day auction.

### At the Legislature

## Hawaii's future: fluff or fortune?

**Laura Meyer**  
Editor

Greg Bonnan, producer of "Baywatch Hawai'i," says that he needs \$2.5 million from the state of Hawai'i or "Baywatch" will not be back for a second season. Bonann is part of a contingent going before the legislature in support of Bill 2959 that would give \$5 million a year for the next three years and an additional \$2 million over the next two years to help support television shows that film or want to film in Hawai'i.

The goal of the bill is to have two full-season television shows taped in Hawai'i per year, which would help establish a base for Hawai'i's production industry. Among the stipulations for a series to be filmed in Hawai'i are: 65 percent of its crew must be Hawai'i residents; the series must showcase one local actor; it must develop internships for local students.

The bill's supporters believe that the exposure television brings to the islands will help Hawai'i's future. Of course, one can't help but wonder what kind of future we'd be promoting by giving the television industry millions of dollars, while ignoring the global trend that is the key to

Hawaii's future.

Today we are living in a global society that is united by the immense growth and prosperity of technology. Hawai'i has the ability to prosper in this high tech world, but supporting dying television shows and relying on the island's dead image of paradise is one sure way to miss out on this prosperity. There is no doubt the money that would go to the television industry would be far better spent on supporting Hawai'i businesses and improving education.

Although Bill 2959 would require television shows to hire 65 percent of their crew from the islands, one can't help but question the kind of future we are promoting by supporting a bill that gives millions of dollars to TV. Most of the jobs created by the television industry would be blue collar jobs that require little or no education. Also, let us not forget that the television industry is unpredictable and does not give Hawai'i's residents the sense of security they need to raise a family or plan a future.

With rapidly growing technology and the power of the web, it is becoming more feasible for Hawai'i's businesses to move beyond the constraints of the islands and bring much needed revenue to

the state and some respect to the Hawaiian economy. However, local businesses are finding it increasingly difficult to find qualified individuals and support from the state.

Adtech is a local company which designs testing equipment for telecommunication firms. With clients such as Sprint and GTE, the company is quickly rising to the top. However, despite its success, the company has found that hiring qualified engineers is like "looking for needles in a haystack." Faced with few choices, the company is looking outside of Hawai'i and is attempting to entice people with island ties to return.

Finding qualified people for high-tech jobs is a problem that many Hawaiian businesses are facing. It's not only difficult to find qualified people here on the island but it's also difficult to entice qualified people from the mainland. Hawai'i is an expensive place to live and anyone with a family is not only faced with Hawai'i's high cost of living but must also consider the high cost of education. Families coming to Hawai'i will undoubtedly have to pay for private schools which can be a financial strain on even the most prosperous of families.

*Continued on page 6*



Photo by Cherie Sapp

On Feb. 17 the KCC nursing students took a swing at the above condom shaped and filled pinata, to help fight the spread of HIV and STDs. From left to right: Front row, Rhea Raggio, Instructor Kathy Sullivan, Claudia Hernandez. 2nd row, Kathy Lyn Rocha, Janette Cabatic, Nina Stevens, Lisa Pang, Karl Hussey, Mark Avery. Back, Janet Sakuma, Tom Jezierny.

## An open letter of gratitude from IHS Mahalo! for your support

To the students at KCC:

On behalf of the homeless men, women, and children who use the services of IHS, thank you for your thoughtful donation of thirty (30) bags of clothing. I am continually encouraged by the support that we receive from our community.

Our ability to offer safe shelter, a hot meal, hygiene supplies and facilities, and most importantly, compassion to these families and individuals is made possible through the funding and in-kind support we receive from caring people like you. Thanks to you, we're here for them.

Our recent reports that track the success rate of IHS guests reflect that in recent months we have

assisted 30% of the single men and women and 74% of families reach their goals of finding permanent housing. We attribute this success rate to our comprehensive programs that address the causes of homelessness.

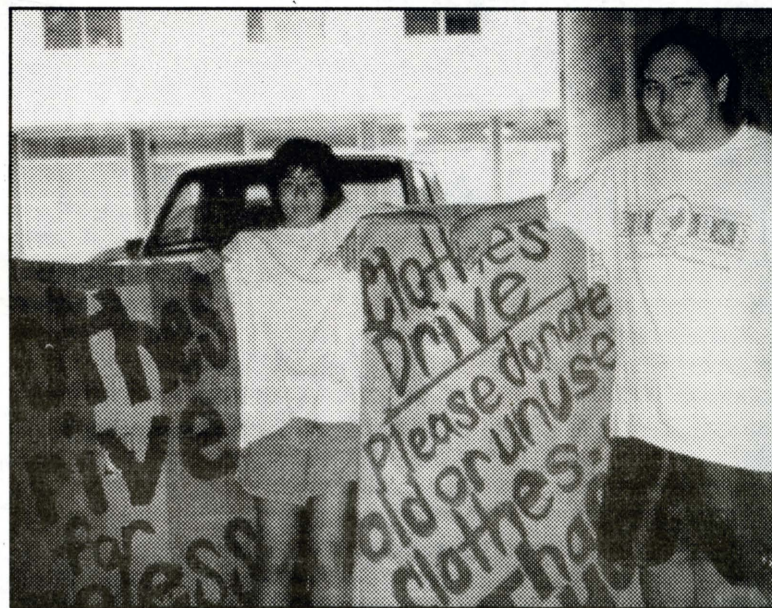
These on-site programs and services are provided through partnerships with agencies such as The Aloha Medical Mission Clinic, (free health and dental care). The Health Care for the Homeless Project's clinic (free medical and psychiatric care), The State Department of Education, (adult education services). The Aloha Center Project, (computer training classes), P.A.R.E.N.T.S., Inc., (parenting education) and most recent-

ly, Hina Mauka, (substance abuse education and treatment.)

Another way to support IHS is through your workplace giving campaign. Whether you give to Aloha United Way, (we receive donor designated funds only), or through the Combined Federal Campaign (1145 is listed as #3133), every dollar is carefully expended to help homeless men, women and children who need our help.

Please look for our next newsletter to update you on some of the happenings here at the shelter, and please feel free to call me at 845-7150 if you have any questions.

Mahalo & Aloha,  
Elizabeth Stevenson  
Director of Development



### Santa's Helpers

Roy Onomura and fellow volunteer deliver the two boxes of clothing donated by students in December for the Institute for Human Services. The clothing drive was conducted by the Board of Student Activities.

## "GOOD GRIEF" Lights Out Charlie Brown!

During my childhood one of my favorite cartoons was Peanuts. I would always discard any tragic headline on the front page, leaf through til I found one thing...the Sunday comics! That is a habit that carries on even today.

I had a Snoopy stuffed animal my mom gave me. I knew that she once cuddled up to it when she was little. ...And my favorite blanket...well Snoopy was on that too. That blanket was taken everywhere; it was comfortable to have it around. Peanuts have always been like that for me, a comfort, like a familiar giggle that would always be there.

But you can't giggle forever, I suppose. Death has taken a great cartoonist: Charles M. Schulz, the creator of the Peanuts Comic Strip. The story of a bald-headed boy with his pet dog who never did like it inside his doghouse...that just never did grow old.

But unfortunately its creator did. On Feb. 12, in Santa Rosa, California, one day before the last strip was to be printed on Feb. 13,

Charles Schulz died at the age of 77. He was already retiring due to colon cancer and Peanuts was celebrating its 50th anniversary, I guess it was his time to go.

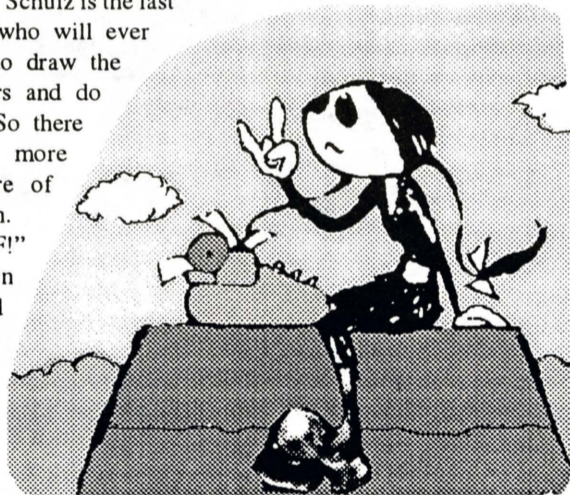
But still I wonder what it was like to live with those characters that he drew everyday. Fifty years! Now that is some character development! How deep-rooted Linus' insecurity must be! I could always relate well to Linus and his Security blanket. He'll never get over it now...because Mr. Schulz is the last and only person who will ever have legal right to draw the Peanuts' characters and do the comic strip. So there will not be any more making any more of you Charlie Brown.

"GOOD GRIEF!"

Charlie Brown couldn't have said it any better. Even though we all mourn the loss, there is a silver lining. In other words, don't fret

folks. Lucy will still always surprise Chuck by taking the football out from under him, but that doesn't mean he'll never make the field goal. The newspaper still has 50 years worth of Peanuts reruns to print so we can re-live the memory of the work of Charles M. Schulz with our Snoopy security blankets in hand..

Michelle Poppler



## Hawaii's future....

Continued from page 1

Digital Islands is one of Hawaii's most important success stories and proves that benefits beyond tourism and image exist for the state of Hawai'i. In 1995 the state developed a state fund that gave \$2 million to five new businesses, one of which was Digital Islands. The company started as a small network-based business that over-saw web sites. Today, they are a multi-national business. And, when Digital Island's stock went public the state of Hawaii received 315,000 shares that, today, are worth over \$27 million.

Both Digital Islands and Adtech believe that Hawai'i is the gateway to Asia, the South Pacific and the Mainland. However, we have to ask ourselves how we can use this gateway to open the door to our state's future. In order to take part in the prosperity we need to develop programs that support Hawai'i's businesses and educate our residents so they have the skills needed to fill the high-tech jobs. Unfortunately, our state seems adamant in supporting tourism and television, which keeps our residents uneducated and poor, rather than helping its people

prosper. Hawai'i spends little or no money on education and the intellectual ability of our children has become a national embarrassment: their only hope is to be a "Baywatch" flunkee.

So we should ask our legislature how many small business could we start, how many computers could we buy, how many children could we educate and in what ways could we improve our colleges and universities with seven million dollars a year for three years? It's time for our state officials to stop relying on Hawaii's "image of paradise" to support its residents. Hawai'i has a bright future but we have to nurture it and help qualify our people to take part in it or it will fall by the wayside, left to wallow alongside our "dead image of paradise."

### Kapi'o

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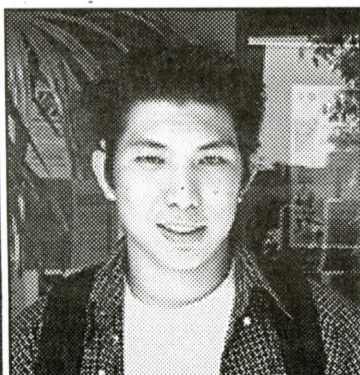
Wini Au

Kapi'o welcomes all submissions, but the editors reserve the right to edit for length and content. Publication is not guaranteed. Next deadline: Wednesday, Feb. 9

## Speak Out!

Questions & photos by Thomas Krown

### Who is your favorite Peanuts character? Why?



Chris Won  
New Media Arts

Snoopy, because he was so imaginative.



Kaimana Rogue  
Liberal Arts

Snoopy, he's a cool dog.



Shayna Youn  
Liberal Arts

Woodstock, cause he's cute and doesn't speak.



Merilee Awaya  
Liberal Arts

Linus, because he's a little cutey.

# Who says you can't buy Love? Valentine's Festivities

**Tuia'ana McBraun**

Editor

One of the most anticipated events on campus was the Valentine's Day auction, where singles got to put their money where their heart is.

This event gave students and faculty without a Valentine a chance to bid on and hopefully purchase one.

Successful bidders received a lunch with their date in the KCC Love Cafe and pictures of them in the Love Lounge.

Proceeds from this event will help the Hawaiian Club members with travel costs for their upcoming trip to New Zealand this Christmas.

Lanai and Augie from Island Rhythm 98.5 FM hosted the event and kept the crowd in the cafeteria laughing with their crazy antics and hilarious jokes. They served as auctioneers and proceeded to milk every ounce of cash from bidders.

For all the single guys it was clear sunny skies with the very

beautiful Kuualoha Taylor from KGMB and Angel Teves (model/singer/actress) to heat things up.

For all the single ladies, Greg Hammer, Tony Silva and Joey the Firefox attempted to brighten their day and fulfill their Valentine fantasies.

Sharoh Moore, Melinda Gaborno (both counselors) and Pierre Asselin (history instructor) were some of the faculty who put themselves in the hands of Cupid and up for bid.

The students who graciously donated themselves to the Valentine's gods were Mahealani Dzurik, Leimana Frank, Thad Song and Keahi Chun.

The Hawaiian Club created a

Valentine's atmosphere with the help of Auxiliary Services, Kahala Caterers and Chef Henry.

The tables were set with decorative centerpieces, white tablecloths and festive red and white balloons, all adding to the Valentine's theme.

The delicious buffet was prepared by Chef Fernandez and Momi and was served by the members of the Hawaiian Club who also provided table service for anyone lucky enough to be dining with a newly purchased Valentine.

To help promote the event members of the Hawaiian Club went on four different radio stations-Island Rhythm 98.5, I-94, KSSK AM/FM and KHVH AM.

They also promoted the event by posting flyers all around school and



photo by Moriso Teraoka

Donna Lynch with dates Pierre Asselin, Tony Silva, & Greg Hammer

by spreading the word as much as possible promising bigger and better than last year.

This year's Valentine's Auction was a smashing success with the Hawaiian Club raising approximately \$700.

After the auction everyone in the cafeteria was treated to the melodious sounds of the local Hawaiian group Palolo while the lunch was taking place.

So all you single people out there who were looking for love on Valentine's day, save your money and maybe next year you can buy yourself that someone special. Really, who said money can't buy you love anyway?



Photo by Moriso Teraoka

Lama Kihoi dances to the sounds of Palolo.

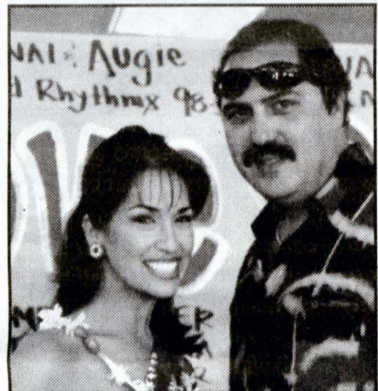


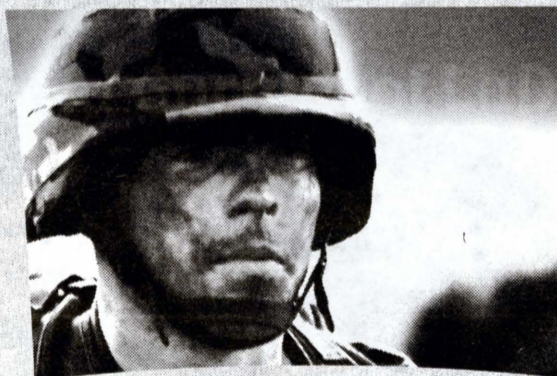
photo by Moriso Teraoka

Ku'ualoha Taylor and her date.



photo by Moriso Teraoka

Lanai and Augie from Island Rhythm 98.5 FM ham it up on stage.



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# Chef Diane, developing life-long skills

Mina Hemmy

Staff Writer

Diane Nazarro, Chef Instructor of the Employment Training Center) culinary program located at KCC is an extremely busy woman to say the least. Upon opening of the Bistro on Aug. 14, 1999 she has worked and still is working very hard with her students to give them an outstanding culinary experience.

The I.C.A. program allows students in high school who haven't met the required credits to take an 11-month program (17 weeks) of food service to make up for a total of 5 credits. This program is also offered to drop-outs, the unemployed, D.V.R. vocational rehabilitation, welfare to work, or people who are interested and willing to self pay. It is an intensive class starting from 7 a.m. to 3 p.m. Monday through Friday.

In 1978, Nazarro worked in the food industry because she had been uninterested in college at the time. She worked in food manufacturing, for the D.O.E., worked in catering, institutions, and for a number of restaurant chains.

In 1991 after years of experience in food service she decided to go back to school at KCC. She took



Chef Instructor Diane Nazarro

the Culinary Arts program and finished it in four years graduating in 1995. Not at all bad for a single parent who raised two daughters.

After graduating, she worked as storeroom clerk for the Culinary Arts Department, and then eventually applied for the Chef Instructor position with the Employment Training Center.

In addition to teaching the ETC class here, she also teaches a part-time class at LCC on Friday afternoons and Saturdays. On top of that she has a catering service, and caters whenever she gets the chance for a friend of hers who owns a small restaurant. She's definitely a busy woman!

With the help of Chef Instructor John Campbell and counselor Tom Doi, Nazarro stresses the impor-

tance of attitude to her students. Being able to try their hardest at what they do, no matter what their feelings are towards the program. Many students don't necessarily want to be there, so it requires more effort on Chef Diane's part at times.

She doesn't take any sort of excuse from the students and expects them to do what they are obligated to do, and that is to do their best.

The course mostly involves hands on work. Little if any writing is involved and there are no written tests. Nazarro just wants to give the students a chance to learn and make it in the industry if that's where their interests are. She says that the students work hard.

Until now, the Bistro has only served lunch Mondays through Thursdays.

The very first dinner held last week on Valentine's Day proved to be an example of the students' abilities. The event was sold out. Students served a total of 93 dinners (3 different seatings). The majority of the students had never waited on tables before. "I am very proud of my students for doing such a good job!" says Nazarro.

She also says that it was a beautiful four-course dining experience that brought about many positive



Photos by Moriso Teraoka

Preparing decorations for the Valentine's dinner are, from left, Aurora Beamer, Thomas Maeda, Alberto Guanio, Crystal Shimabukuro and Shariette Kuhia.

responses from the guests. One student thought of taking Polaroid pictures of the guests with the Valentine's theme on the photo covering and giving it to them for free. It proved to be a great idea.

Nazarro said, "I'm trying to change our curriculum and incorporate that aspect (dining room service) of the industry. A lot of students don't like to do kitchen work, so it turns them off to the industry. Having an event like the dinner gives them the chance to be exposed to waiting and hosting that can be considered more glamorous."

If the curriculum were changed it would be a 21 week program as opposed to 17 weeks.

The dinner was just one of Nazarro's many projects. Last semester she involved the students in the Food Network event and one of her students was chosen to appear on one of the broadcasts.

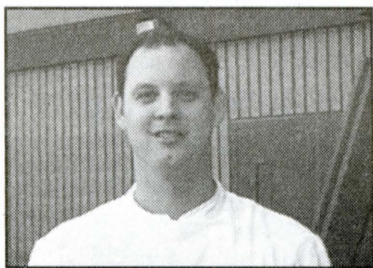
Nazarro hopes to make these changes and continue to teach the students some valuable lessons.

"It is beyond a skill that is being taught, it is a life long skill, and ATTITUDE is most important!"

## I'm going to DisneyWorld!

Darlene Barrogo  
Staff Writer

Roasting and grilling different types of meat is an unusual hobby, but for Andy Garrett it's a real specialty. Andy Garrett is a Culinary Arts major in KCC and a chef in the Shogun restaurant located in the Pacific Beach Hotel at Waikiki



Andy Garrett

Last summer he was invited to be an intern at Disney World in Florida. He describes his experience to be fun and exciting. He spent a good three months at Florida all expenses paid with the exception of his plane ticket.

Garrett also enjoys playing basketball. During his trip to Florida he stayed in the Vista Way, an apartment complex in Disney World. He lived with other college students from places like Africa, Asia, and Europe.

Garrett says "Disney World was a blast!" He had unlimited access to the rides and was given the opportunity to work in many different areas in the park. One of his favorite rides was the Rockin Roller Coaster.

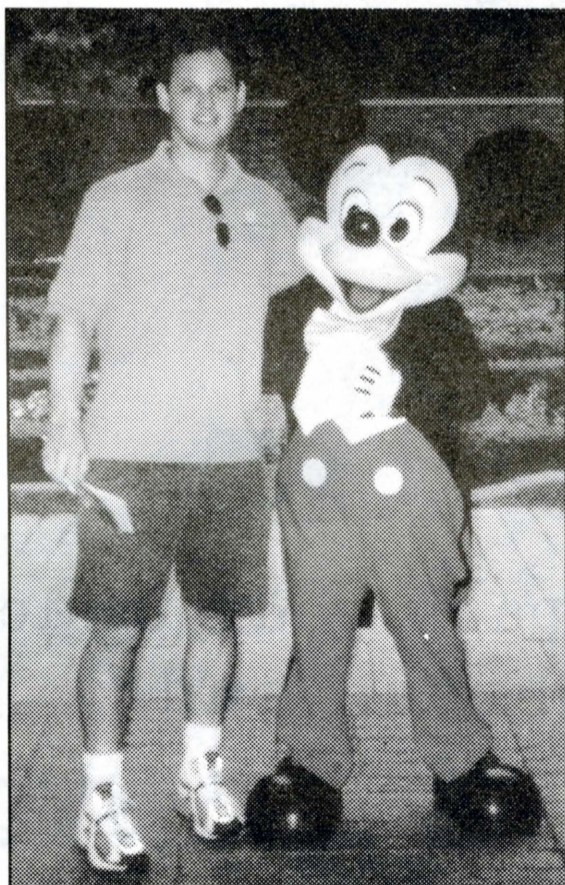
The interns had to participate in the earning, learning and living

program. This program gave them an overview of Disney success strategies. Garrett explains that one of the most important aspects of this internship was that he was able to work in many different restaurants at Disney, such as the Season's restaurant and the Ohana restaurant.

This way he was able to work with a variety of cuisines as well as learning to work in different environments. Disney Co. also gave Garrett the opportunity to work in the Kona Cafe, which he describes to be like Roy's restaurant in Hawai'i only not as classy.

The Kona Cafe served Pacific Rim cuisine and had a nice touch of the Hawaiian hospitality. One event that he enjoyed was the Luau, he says that "it was a real nice touch of home." There were hula dancers that greeted people with leis. He was surprised at how many local Hawaiians he's met there at Florida.

There will be a "Work Magic"



photos courtesy of Andy Garrett

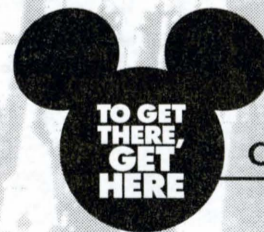
Garret and Mickey

workshop in March 6 in 'Ōhia 118, at noon. Garrett encourages many students to apply with they "Work Magic" internship program.

This program is not just for students going into the culinary arts. Disney offers internship programs for students' in any major. According to Garrett, by the end of the internship one will learn intense volume and organizational skills. He says that if you can learn that, you can do anything.

# WORK MAGIC.

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12:00 pm

Ohia 118 Auditorium

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# Yoga: developing a healthy mind and body

Cheryl  
demonstrating  
Setu  
Bandasana,  
bridge pose

Mike Ely  
Staff Writer

Yoga has gained increasing popularity over the last several years in Hawai'i. The nineties were a booming era for health and fitness and the craze is being carried into the millennium.

Yoga is not only a good way to increase flexibility and relieve stress, but it is now being recognized as an excellent tool in weight loss.

Toning and shaping are general goals nearly everyone sets when working out, but the problem is they can't seem to get anywhere. Yoga, now practiced at nearly every fitness facility on the island, is being viewed as the missing link in every man and woman's workout.

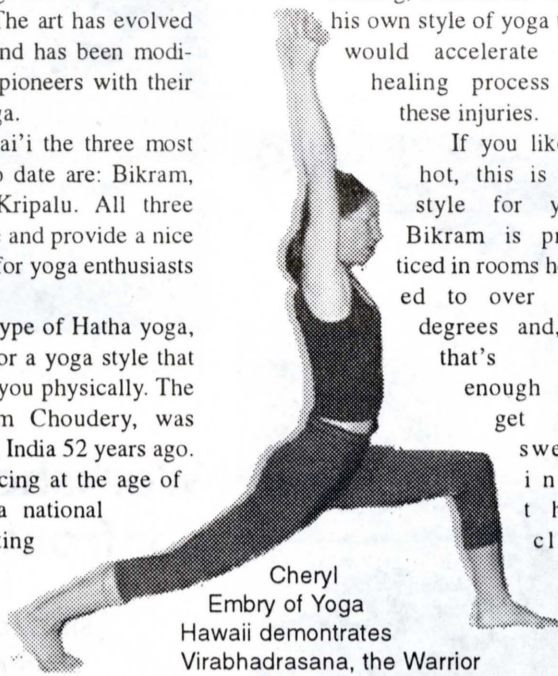
Originating thousands of years ago in India, yoga has been viewed as an art form. The art has evolved over the years and has been modified by various pioneers with their own style of Yoga.

Here in Hawai'i the three most popular styles to date are: Bikram, Iyengar and Kripalu. All three styles are unique and provide a nice sense of variety for yoga enthusiasts in Hawai'i.

Bikram is a type of Hatha yoga, a generic term for a yoga style that will really push you physically. The founder, Bikram Choudery, was born in Calcutta, India 52 years ago. He began practicing at the age of four and was a national weight lifting champion. Having sustained several

injuries during weight training, Bikram invented his own style of yoga that would accelerate the healing process of these injuries.

If you like it hot, this is the style for you. Bikram is practiced in rooms heated to over 100 degrees and, if that's not enough to get you sweating, the class



Cheryl  
Embry of Yoga  
Hawaii demonstrates  
Virabhadrasana, the Warrior

is virtually non-stop for 90 minutes!

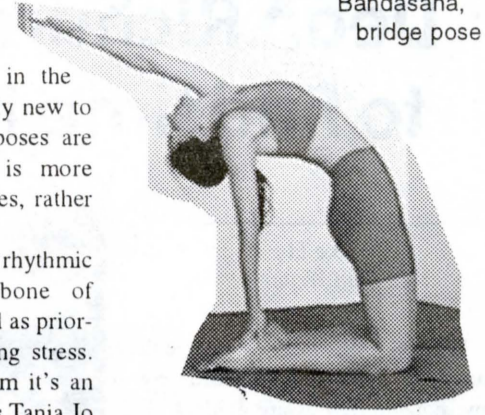
Kripalu was founded in the early seventies and is fairly new to Hawai'i. The asanas or poses are Hatha based but there is more emphasis on floor exercises, rather than balance.

Pranayama, a term for rhythmic breathing, is the backbone of Kripalu. Oxygen is viewed as priority number one in relieving stress. "Once you get in the room it's an instant stress relief!" states Tania Jo Ingrahm, certified Kripalu instructor and 11 year veteran of the art.

Unlike most yoga practiced in the US today, Kripalu does very little work with the mirror. "In time you really become dependent on the mirror," comments Ingrahm. If you're looking for a truly peaceful and calming experience, Kripalu is the style for you.

Iyengar yoga was founded by world famous yoga master BKS Iyengar. Now in his 70s, Iyengar still teaches and practices yoga today.

This style could be described as the in-between of Bikram and Kripalu. It's a very physical style



but, unlike Bikram yoga, you'll be able to walk fine the next day. Also, it's going to push you slightly more than Kripalu. Iyengar focuses on the use of chairs, blocks, straps and various other props that are designed to help stretching, balance and resistance.

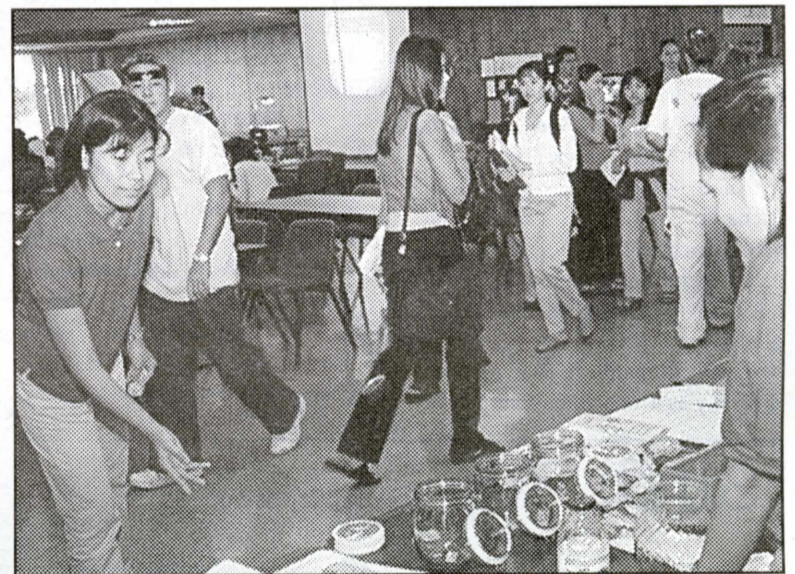
Bikram, Kripalu and Iyengar are just a few of the many different styles of yoga practiced in Hawai'i. Other styles to look out for include Ashtanga, Vinsaya, Kundalini, Sahaja, Sivananda and dozens of others. When attending the class it's a good idea to bring a fairly large towel, a bottle of water and a clear mind. Namaste.

## Health Fair draws a crowd

Nursing students lured the cafeteria crowd into learning more about HIV/AIDS and health issues Feb. 17.

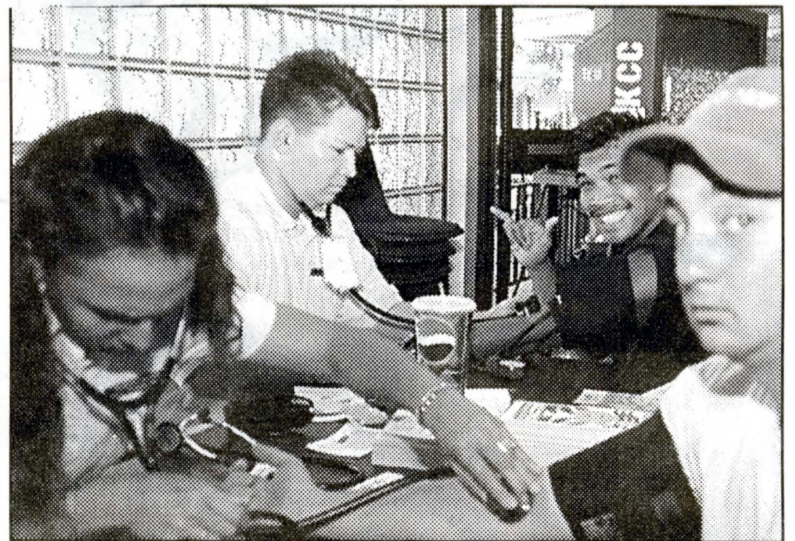
Information/game tables included a Health Heart booth; a Risk Reduction table on HIV prevention; information tables on men's and women's health; STD Jeopardy;

Put-On-Condom contests and a condom pinata were among the events. A food drive for the Food Basket and a chance to talk with people with HIV were also featured. Prizes included a dinner for two at an exclusive restaurant. Anne Safran's Nurs 256 and Kathy Sullivan's Nurs 253 classes organized the event.



Photos by Moriso Teraoka

Nursing 256 students operated a Condom Toss game that offered winners a chance to compete for even bigger prizes.



Sharon Oliver and Stanley La Pointe, N256, Senior level nursing course students take blood pressures in the Healthy Lifestyles booth.

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**Chaminade University**  
OF HONOLULU

## Student, world traveler, administrator

## Dean Richards manages to find time for it all

Mike Ely  
Staff Writer

While Hawaii's African American population is extremely low; notable figures are evident all over the island. Quite possibly one of the most accomplished African Americans on the island is working right here at KCC. Dr. Leon Richards, Dean of Arts and Sciences, has had fascinating experiences that nearly anyone would marvel at. Known for his positive outlook and strong work ethic, Dean Richards sets an example that all KCC students could benefit from.

Some students know Dean Richards more as a classmate rather than a Dean. He has struggled alongside students to learn Japanese, Chinese and Korean. Studying foreign languages is a passion of his. When asked how many languages he actually speaks, Dean Richards humbly replies, "I should really say zero." He continues, "Although English is my first language, it is merely what one would label as English."

His talent for linguistics has been put to use in his many travels in Asia. He has visited Malaysia, Singapore, Taiwan, Bangladesh, Sri Lanka, China, Japan and Vietnam. But he explained that he has barely touched the continent, and that it would take more than one lifetime for him to truly experience each culture. His most recent plans are to travel to China and Vietnam for a trade delegation conference.

An experienced traveler, Dean Richards commented, "When you visit someone; stay long enough to make them happy that you came, but don't stay too long that they're glad to see you leave."

Dean Richards views cultural diversity as a very important part of



Photo by Moriso Teraoka

Dean Richards shows one of his treasures collected from numerous trips in Asia. In the bottle is a snake in wine, used for medicinal purposes. His office is a gallery of Japanese dolls and other arts and crafts from different parts of the world.

campus life. He believes that racism is spawned from ignorance, and a lack of experience with other cultures.

"When racism becomes institutionalized, it becomes a serious problem," commented Richards. "When it is evident in schools and our government; it spreads."

He strives to make campus life as diverse as possible by working hard to encourage faculty and student participation in foreign exchange programs. He has worked hard to bring international students to KCC, and to help KCC students and faculty travel to other countries.

In the door at the crack of dawn with a full day scheduled, Dean Richards is one busy individual. He has been known to get off a plane

from Asia without a wink of sleep, and without a sign of jet lag as he heads directly for the campus.

In addition to his work at KCC he also puts in a great deal of time at the Office of Community Colleges at Mānoa, working to develop new exchange programs. Although his day is extremely busy and his schedule is completely booked, Dean Richards will always find time for students at KCC.



Photo by Annette Stocksted

Lokelani Kenolio, Lori Ideta and Chris Kirk-Kuwaye were the experienced NCBI trainers who led the Prejudice Reduction workshop.

## Workshop helps participants confront prejudice

Sherie Char  
Staff Writer

To close the gap on prejudice and discrimination, Phi Theta Kappa offered a one-day Prejudice Reduction Workshop led by the National Coalition Building Institute (NCBI) to KCC students, faculty and staff.

The all day event featured several interactive exercises that allowed participants to identify and work through the different kinds of stereotypes that affect everyone.

They guided the participants through a series of activities, demonstrated examples for each exercise and shared personal stories that everyone could relate to.

As people began to make a connection with others, new friendships were formed. Through the fun and games, participants were trained with the important skills needed to form partnerships with other groups as well as within their own. They

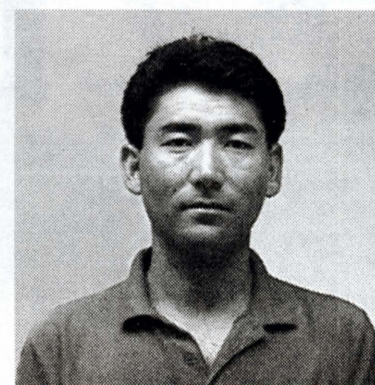
were provided with effective ways to deal with practical jokes, remarks and slurs. Reclaiming pride in one's own background was also incorporated in another exercise.

Near the end of the workshop during an exercise called Speak Out, participants were given chance to re-enact a situation which they experienced discrimination. The role playing allowed individuals to say what they had wanted to say to the person who treated them with disrespect, but didn't, the time of the incident. After releasing their anger and expressing mixed emotions, participants were encouraged to reenact it again, but this time using the effective responses that they learned.

The workshop was a great opportunity for people to learn valuable leadership skills that can be used on campus and in the community. It was also another education event sponsored by the KCC chapter of Phi Theta Kappa.

## Meet Skarma Gurmet of LaDakh, India

Jillian Stamps  
and  
Laura Meyer



Skarma Gurmet: from the Himalayans to Hawai'i

Skarma Gurmet, one of KCC's new international students, moved to Hawai'i 1998. He left LaDakh, India to be close to his wife who was enrolled at UH to work on her master's degree in education. Skarma met his wife, who is Japanese, while she was working in India on a master's project.

Skarma is from the region of LaDakh, which is located in northern India in the middle of the Himalayan Mountains. It is a region that is rocky and isolated but is culturally rich. It is the area where the Dalai Lama now has his headquarters.

The lifestyle of LaDakh is highly religious. There are many religious festivals. One main festival takes place during the Tibetan New Year in January or February, and encompasses many different regions of India. During this first month, one is expected to refrain from eating or killing animals and from telling lies.

Bitterly cold in winter when temperatures are often -20 to -40

livelihood employment program manager.

The Projects helps to better the lives of villagers in the fields of education, medicine, agriculture and training. It helps to find teachers and support them so that they will remain in that isolated region.

In the area of health, it has helped to introduce Western medicine. It provides AIDS information and has helped to train midwives, as well as to train native practitioners and provide them with supplies.

The project's programs in agriculture include seed exchanges, the introduction of new livestock to the region, and helping to provide villages with animals for the fields.

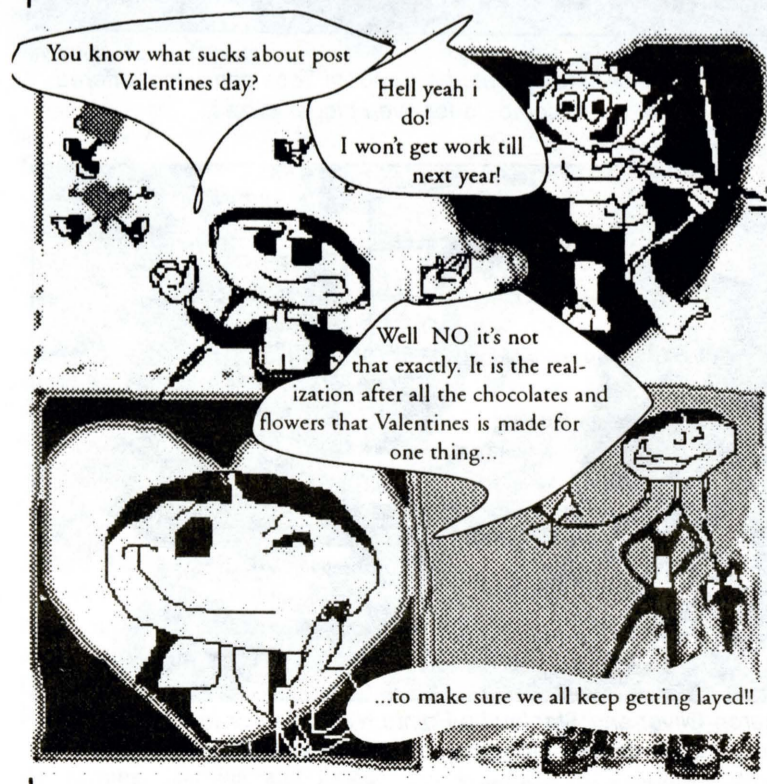
Training villagers in these areas is an important part of the project's mission, because it is difficult to get outsiders with expertise to stay in that isolated area.

Skarma plans to earn a liberal arts degree at UH in social work, and then he and his wife are planning to move back to LaDakh and continue the fight to improve the lives of the people in that region.

You can meet Skarma and even learn a little of the languages he speaks by stopping by the International Café in 'Iliahi 112.

## Sindi Is: Telling Truth

c.2000



## Noreen Naughton: 'Angels and Bottles' at Academy of Arts

Michelle Poppler  
Staff Writer

The paintings of Noreen Naughton, professor of art at KCC, will be displayed at the Honolulu Academy of Arts Linekona Center. This is her first exhibition since her 1997 showing at the Koa Gallery.



This is a great opportunity to see the works of one of our professors.

Naughton graduated in 1967 from the University of Hawai'i with a degree in studio art and continued by doing her graduate studies at Cranbrook Academy of art in Bloomfield, Michigan and the New York Studio School of Drawing, Painting and Sculpture in New York City. She received her Masters in Fine Arts degree at the University of Hawai'i.

Naughton has also been a profes-

sional cellist with the Honolulu Symphony Orchestra.

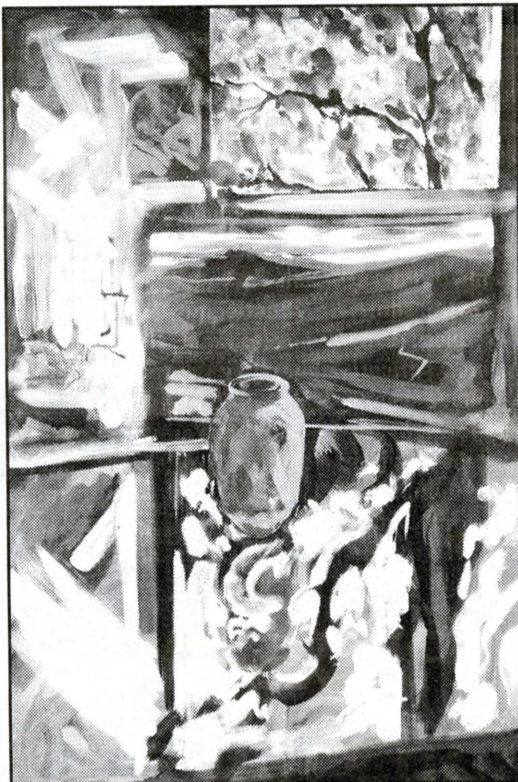
Since the summer of 1989 she has taught "Drawing in Italy" summer courses, taking groups of students to Italy every two years to see where the great renaissance artists drew.

In the summer of 2000 she will be teaching "Painting in Paris," where a group of students will be painting all around France in the places the great impressionists painted.

Naughton was awarded the UH Board of Regents' excellence in Teaching award in 1994. At present she is the secretary of the Board of Directors of the Hawai'i Consortium for the Arts.

Her show at the Academy is called

"Angels and Bottles" and is a body of work made up of still lifes and landscapes mixed with Italian Renaissance paintings in an abstract manner. She believes that using such subject matter evokes a sense of objects taking on



Todi, Italy  
Linen on canvas

different meanings than what they were to begin with.

The brush strokes in "Todi, Italy" almost create figures huddled around the bottle...giving the bottle the divinity of an angel. In "Annunciation," the Angel in the painting is gesturing towards the window as if pointing out that the trees outside are holier than itself. In "Bottle with Umbrian Fields," the bottle seems to have a sense of watchfulness of its surroundings.

So why the title, "Angels and Bottles?" It's a juxtaposition, which is one of Noreen's favorite words, because everything in life is like a juxtaposition.

"Bottles and Angels" is sure to be a great show and one not to be missed. The show opens Feb. 29 from 5-7 p.m. at the Academy Art Center at 1111 Victoria St. just off Beretania. The exhibition will be on view through March 19 every Tuesday-Saturday 10 a.m.-4:30 p.m.



The  
Annunciation

Linen on  
canvas  
1996

## 'Beautiful Myanmar' exhibit opens in Lama library

Exhibit on loan from East-West Center until Feb. 29

Photographs from Carl Hefner's exhibit, "Beautiful Myanmar" are on display in the Lama Library until the end of this month, when they will return to the East-West Center. The photographs were taken by Dr. Hefner during his yearly trip to Southeast Asia.

The exhibit, which has been at the East-West Center, was narrowed down to 15 large format prints. They consist of marketplaces, ancient temple sites and village life.

The photos were taken in Yangon, Mandalay and in the ancient capital of Burma, Bagan. Bagan is now designated as a special archeological site in Burma, because the landscape in this area is dotted with over 2,000



Carl Hefner

temples. Inside the temples are figures of the Buddha and many beautiful frescoes.



Typical  
Myanmar  
teenager with  
ground paste  
made from  
thannaka bark,  
worn daily to  
protect the skin.  
She is selling  
temple offerings.



Hefner climbed upon a 4 story high temple to wait for the sunset on the great plain of Bagan, where over 2,000 temples are recorded.



## Canadian artist, Frances Ferdinands' exhibit

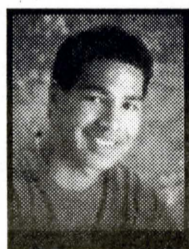
is on display in the Ka 'Ikena Dining Room. An artist's reception will be held Monday, Feb. 28 from 7 to 8:30 p.m. Ferdinands, who is a Canadian artist, visits Hawai'i often, drawing inspiration from the lush vegetation here. Dismayed by the "human imprint that both dominates and litters the landscape," she has translated that concern into paintings like "Corporate Jungle," which shows the DOLE logo stamped on a banana grove.

## HPU is the University... ...to earn scholarships!

HPU offers excellent scholarship possibilities for students transferring from a community college. Phi Theta Kappa Scholarship (Deadline: March 15, 2000) offers 50% tuition waiver scholarships to undergraduate, community college transfer students who are members of the Phi Theta Kappa Honor Society and have a cumulative GPA of 3.50.

To apply, call the HPU Office of Admissions at 544-0238.

Another great reason to attend HPU!



KEA-ALII DACANAY  
Scholarship Recipient

"I like meeting people from all over the world. At HPU, I have the opportunity to be with students from different cultures. It gives me a new perspective."



CORRIE KUULEI OTA  
Scholarship Recipient

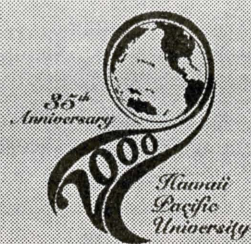
"What I like about HPU are the classes and instructors. There is a lot of interaction in class and the instructors make us feel that they are always there for us."

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## Spring 2000 Workshops

### Grammar Workshops

Here is the NEW Grammar Workshop Schedule. The Feb. 29 and March 1st sessions had to be changed.

#### 1st Sessions (Tuesdays)

3-4p.m. in 'Iliahi 228F

Feb. 22: Verbs Problems--Past and Present Perfect Tense.

\*cancelled\* Feb. 29: Misplaced and Dangling Modifiers.

#### 2nd Session (Wednesdays)

10:30-11:30a.m. in 'Iliahi 206

Feb. 23: Pronoun-Antecedent Agreement.

\*cancelled\* March 1: Pronoun References.

### SOS Workshops

Study skills that will help you to become a better student. Go to the spring 2000 Secrets of success FREE workshops held noon-1:15 pm in 'Iliahi 288F except for the Library Research Strategies workshop, which will be held in Lama

116. Bookmark schedules should be available the first week of instruction at the Holomua Center in 'Iliahi 228.

Wed., Feb. 23: **Essay Exam Tips** with Jimmy Shimabukuro.

Mon., Feb. 28: **Communication Skills** with Keith Kashiwada.

Wed., March 1: **Library Research Strategies**.

The SOS and Grammar workshops are FREE and open to all KCC students. For disability accommodations, call Gail Harada at 734-9342 at least 10 working days before the workshop you want to attend. Kapi'olani Community College is an Equal Opportunity/Affirmative Action Institution.

### Transfer Workshops

**Feb. 28: 'Ilima 202 B noon-1:15 pm Chaminade University:** Learn about Bachelor Degrees offered at Chaminade University, and the process for a transfer student. Brief emphasis on Interior Design and Forensic Science Programs. Judy Watanabe Chaminade University Admissions Counselor Marcia Bulosan Chaminade University Admissions Evacuator Martin Chong KCC Graduate Assistant

**Feb. 28: 'Ohelō 124 noon-1:15 pm HPU-Travel Industry Management Program:** Outline of HPU's Travel Industry Management Program and information on transferring. Deborah Nakashima HPU Advisor Sheryl Fuchino-Nishida KCC Pre-TIM Advisor

**Feb. 28: Kokio 209 noon-1:15 pm UH-Manoa College of Engineering:** Program requirements and opportunities in civil, electrical and mechanical engineering at UHM. Sheryl Nojima-UHM College of Engineering Asst. Dean. John Rand-KCC Pre-Engineering Advisor.

## Non-Credit Computer Workshops

Here is the current non-credit computer workshop schedule. Please check next weeks listings for the full March and April schedules.

001LLEM101 **Introduction To E-Mail Using Pine:** Fee\$10. Dates TBA

001LLEM201 **Intermediate E-Mail Using Pine:** Fee \$10. Sec.F Wed., Feb. 23, 2-3:30 pm, 'Iliahi 129.

001LLWR101 **Introduction To Word Using Windows:** Fee\$20. Sec. F, Wed., Feb. 23, 10 am-1 pm, 'Iliahi 129.

001LLBR101 **Introduction To The Internet:** Fee \$10. Dates TBA.

001LLWR201 **Intermediate Word For Windows:** Fee \$20. Sec. F, Wed., Feb. 23, 10 am-1 pm, 'Iliahi 129.

001LLKB101 **Computer Keyboarding:** Fee \$20. Sec. B, Fri., Feb. 25, 10-11:30 am, March 3 10-11 am, March 10 10-11 am, Kōpiko 202

Registration is in 'Ilima 105C. For questions regarding registration, call 734-9211. For questions and/or comments about the workshops, please contact Debbie Miller at 734-9116 or dmiller@hawaii.edu

## Opportunities

(continued from page 1)

### Human Rights Scholarships

Amnesty International USA is offering the Patrick Stewart Human Rights Scholarships for Summer 2000.

The scholarship provides opportunity for student activists to do applied human rights fieldwork. Recipients plan their own summer internship with a local or global human rights organization or develop a summer project lasting six weeks to four months to promote human rights awareness. Most projects combine development of activist skills with training and research. Scholarships are open to high school, college or graduate students.

Past recipients have used the scholarship to build their skills and knowledge to strengthen their capacity to be life-long human rights activists. They have worked on projects to monitor human rights violations, accompany human rights defenders, develop strategies to hold perpetrators accountable, and build the movement for human rights education.

Scholarship stipends range from \$300 to \$1800 to be used for travel expenses, materials, etc.

Application deadline is March 15. Brochure/application available from Amnesty's National FieldProgram in Washington DC. Amnesty International, 600 Pennsylvania Ave, SE, 5th FL, Washington DC 20003; Tel: (202) 544-0200; Email: nfp@aiusa.org

For more information, see their website at [www.amnestyusa.org](http://www.amnestyusa.org).

**Helen Freyer Scholarship** \$500 for Liberal Arts majors enrolled in at least 9 credits, with 3.0 minimum GPA, service to KCC and/or the community & some degree of financial need. deadline: March 10

## Job Line

For more information on these and additional jobs, go to the Job Placement Office at 'Ilima 103.

**Account Clerk:** Temporary position through Oct. in Law firm. Mon.-Fri. 8 am-4:30 pm with some flexibility.

**Administrative Manager:** FT \$6.50 per hr. Willing to work with student schedule. Duties: scanning, editing, and preparing surveys for processing. Qualifications: detail oriented, good english, business major preferred, and be able to work in team setting.

**Bartender:** Permanent position available. \$6.50 per hr. training, \$5.05 per hr. plus service charges and tips. 5-10 pm. Qualifications: Prior restaurant experience helpful.

**Cashier:** 2 permanent positions. \$7.50 per hr. training. \$8.00 per hr. Night shift 5-11 pm. Days flexible. restaurant experience helpful.

**Counter Help:** Looking for ice cream lovers able to work days, nights, and weekends.

**Data Entry:** PT \$8.00 per hour. Flexible day time hours. Duties: Key punch. Qualifications: 10 key by touch.

**Items Processing Specialist:** 3 FT and PT positions. \$7.14 per hour. Qualifications: High school diploma.

**IP Proof Operator:** 3 FT and PT positions available. \$7.14 per our plus incentive plan. Qualifications: High school diploma.

**Office Administrative:** 5-20 hours a week. \$8.50 per hour. Duties: Assist in planning seminars and workshops. Design flyers, press releases, calling for RSVP's, etc. Qualifications: Ability to communicate clearly, organize and manage multiple assignments.

**Office Work:** \$5.75 per hour.

Qualifications: Must be a full time student and Hawaii resident. Strong initiative, computer literate, eager and available Monday-Friday.

**Retail:** FT and PT with flexible hours. \$5.25 per hour to start plus 5% commission. Hours are flexible. Some Japanese required.

**Stay-in-School Clerk:** 20 hrs. per week. Flexible schedule. Duties: General clerical, typing and filing. Qualifications: 2.5 G.P.A., U.S. citizen and be 16 years or older. Must pass a background check.

**Student Helper:** PT during semester possible FT during breaks and summer. \$5.75 per hour. Monday-Friday, 7:45 am-4:30 pm. Duties: Run errands, xeroxing, filing, facsimile, phones, typing and other. Qualifications: FT student, knowledge of office practices and computer knowledge helpful.

**Tour Guide, Tour Operator:** \$7.50-\$8.50 per hour. Flexible schedule. Job location in L.A., S.F. and Las Vegas. Qualification: Japanese speaking. Will train tour guide.

**Waiter/Waitress:** 5 Permanent positions. \$6.50 per hr. training, \$5.05 per hr. plus service charges and tips. Night shift, days are flexible. Qualifications: Japanese speaking helpful.

**Wait Helper:** Call to schedule appointment. Experience helpful.

## Classifieds

Spacious studio apartment for rent near campus. Separate kitchen and dining area. \$795 inc. utilities. Jill Barry 732-6676.

## TELEMARKETING For Sprint Hawaii \$8.25 PER HOUR

Immediate FT/PT openings for people with min. 6 months exp. in sales process. Must have basic comp skills, and motivated attitude. Call Kelly Services for more details.

## KELLY SERVICES

536-9343

Never a fee/EEO

## Compass Placement Testing

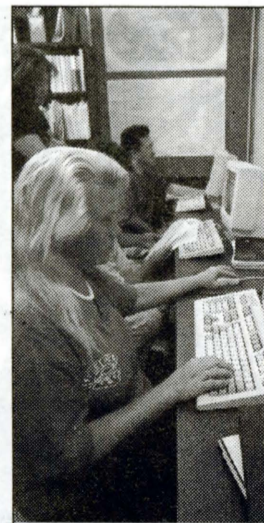
Compass Placement Testing Schedule 2000

**March 14-31:** Tues.-Thurs. 8 am-4 pm, Fri. 8 am-1 pm, Sat. 9-10 am.

**April 1-15:** Tues.-Thurs. 8 am-4 pm, Fri. 8 am-1 pm, Sat. 9-10 am.

**May 9-20:** Tues.-Thurs. 8 am-4

pm, Fri. 8 am-1 pm, Sat. 9-10 am. Hawaiian and foreign language tests, the CELSA, and the writing samples will be administered on Tues. noon-2 pm and Sat. 9-11 am during the weeks compass testing is being held.



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Sociology

