



Tūtū's Magical Garden



Written and Illustrated by:



Logan Faria



Mālama Honua Digital Storybook Series
Gloria Y. Niles, Ph.D. (Editor) University of Hawai'i West O'ahu

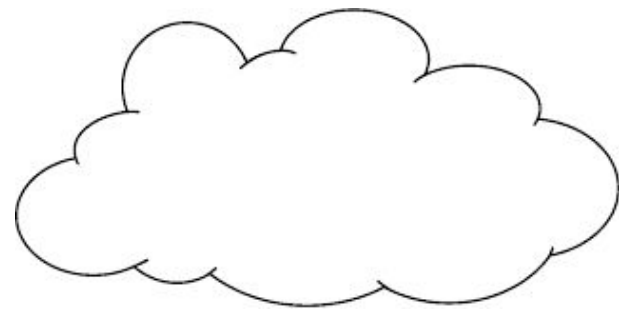
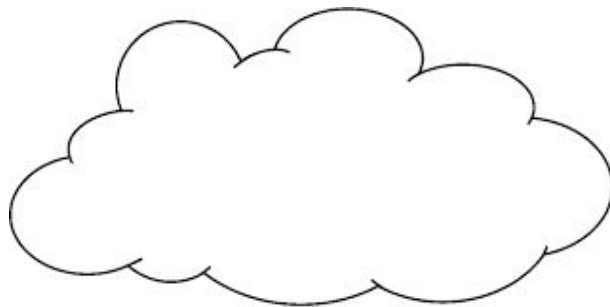
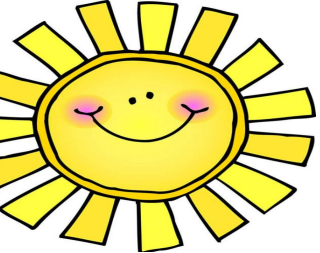


Mahina and Kekoa spend every summer with their Tūtū. Now that school was out and summer was in session it was time to travel to Mau'i, Hawai'i. Usually trips consists of eating, storytelling and playing music. But this trip was special, it was finally time for Mahina and Kekoa to visit Tūtū's magical garden. Follow along their journey while they learn about healthy eating, tradition and responsibility. Hope you enjoy reading!



When writing *Tūtū's Magical Garden* I wanted to make sure I included Hawaiian values that were taught to me. Growing up in Hawai'i and being a Native Hawaiian culture, tradition, learning/respecting from our kupuna's (grandparents) and lastly our responsibility to the 'Aina (land). All these are key factors when it comes to Nā Hopena A'o. It's important for all students to be exposed to different cultures and customs.

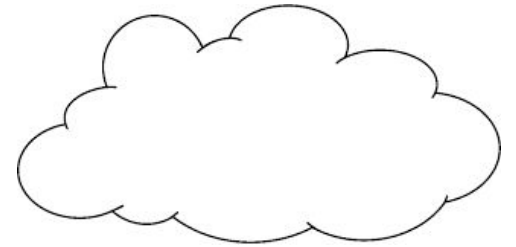
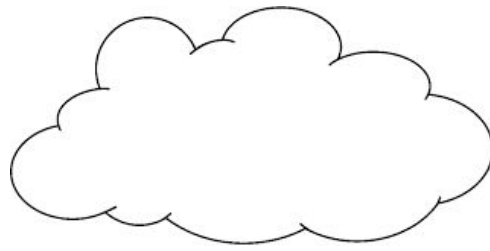




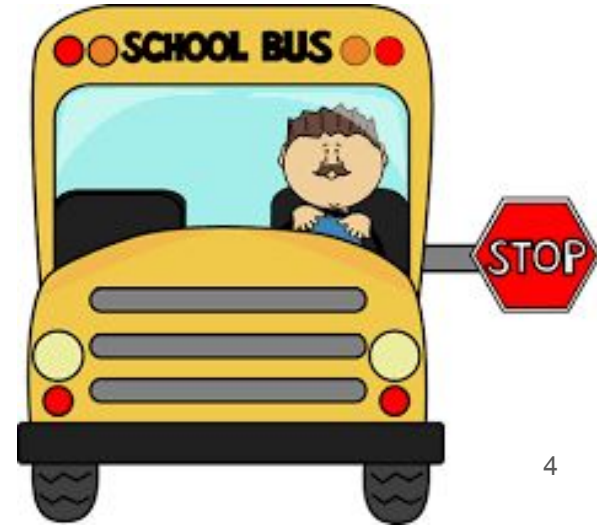
School's
Out!

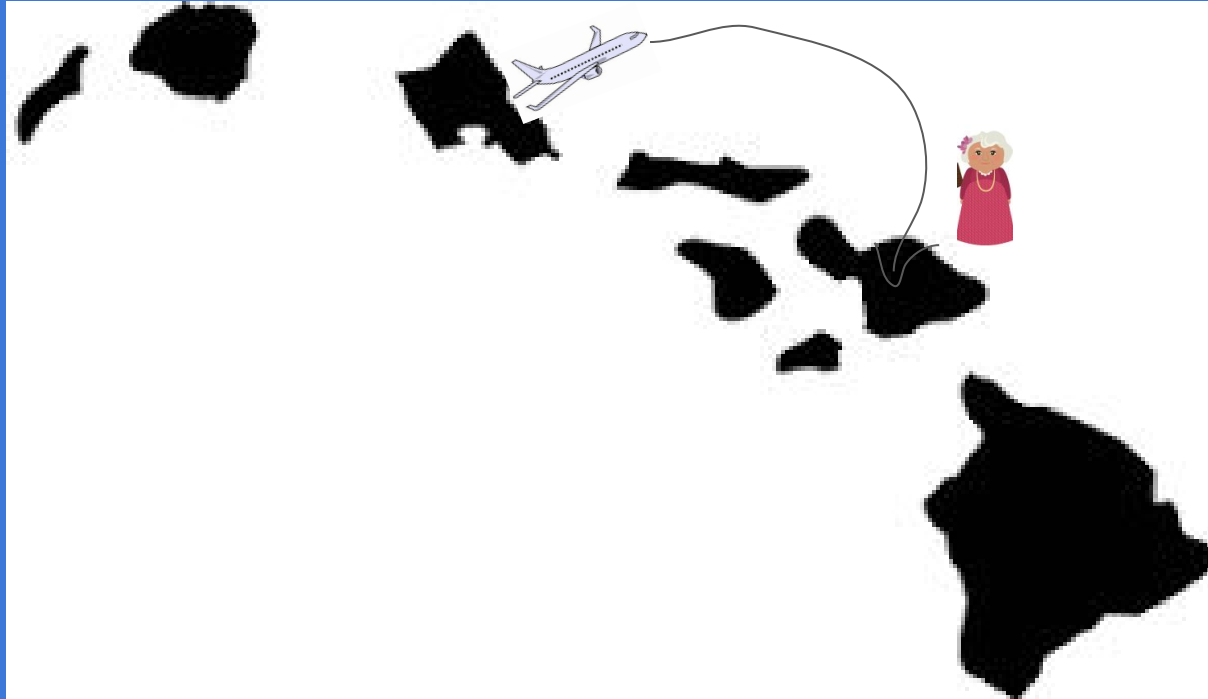
Kekoa and Mahina
were so excited,
School was finally
out!



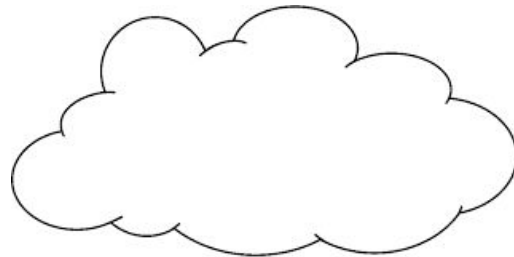
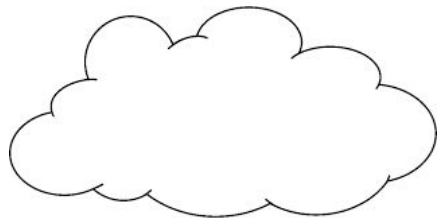
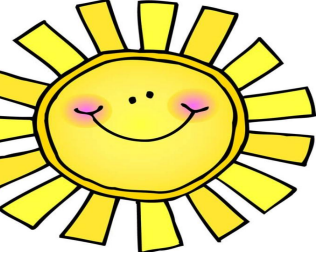


It was time for them to
enjoy their summer
vacation!



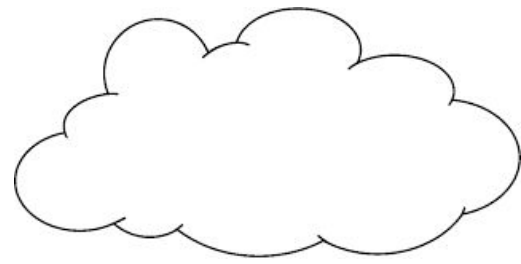
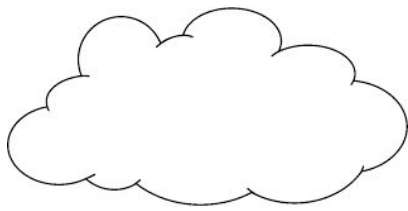
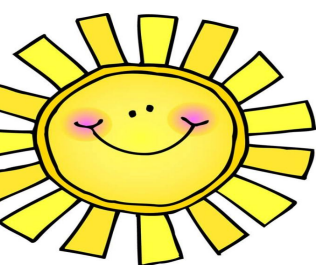


Mahina and Kekoa are spending summer break with their Tūtū on Maui.

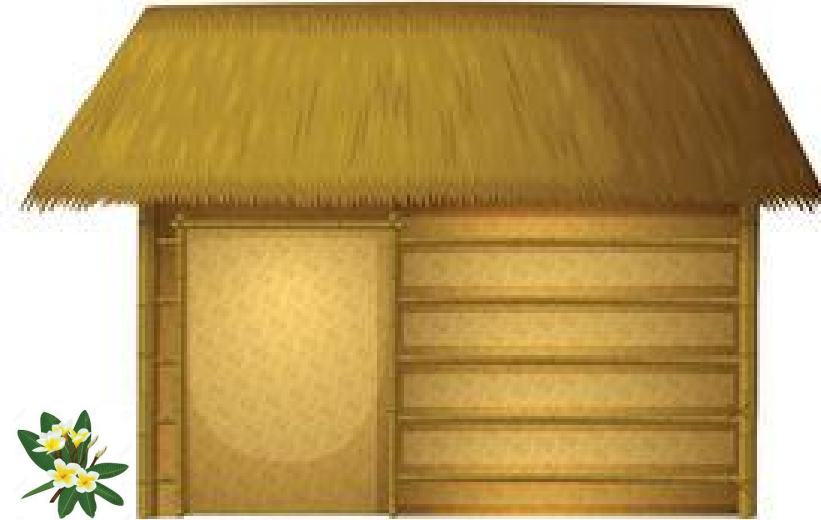


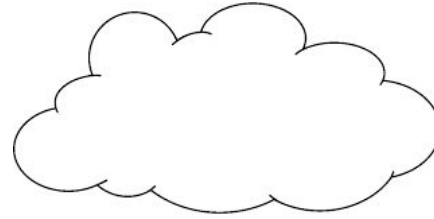
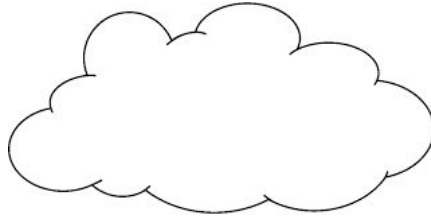
They love going to Tūtū's because she makes their favorite foods, sings songs and tells the best stories.



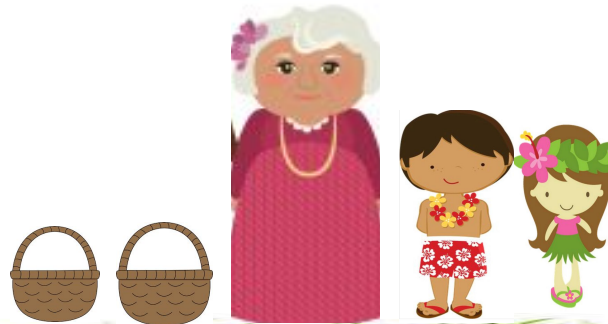
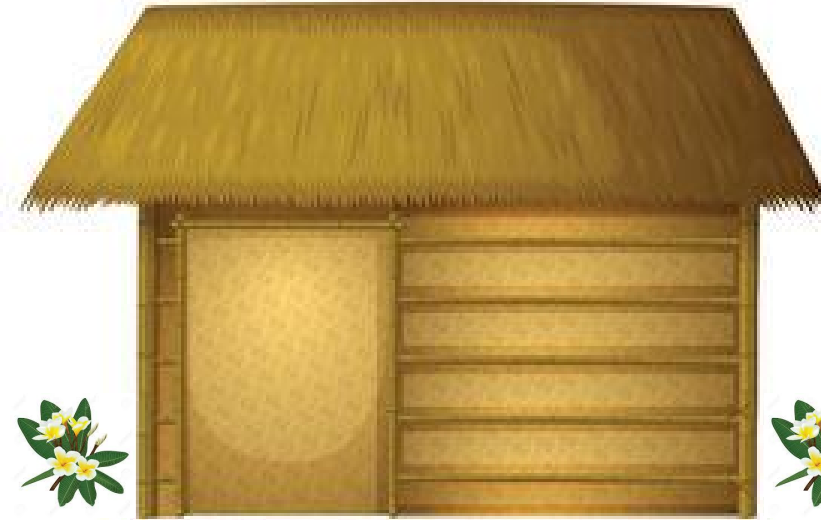


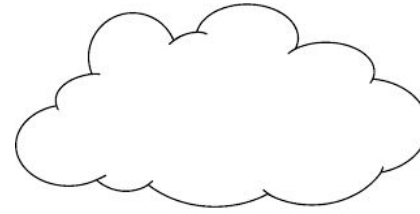
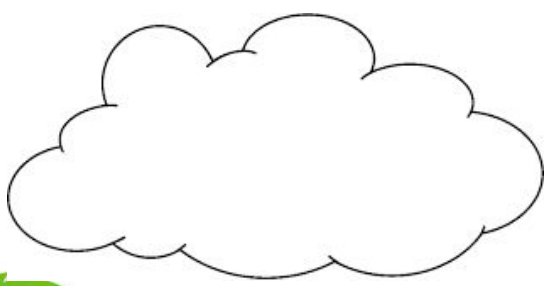
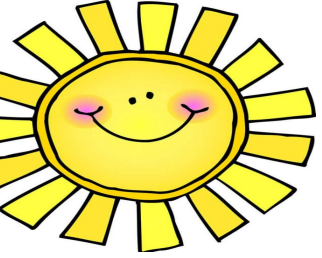
Their favorite story was the one about Tūtū's magical Hawaiian garden.



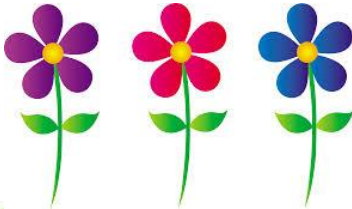


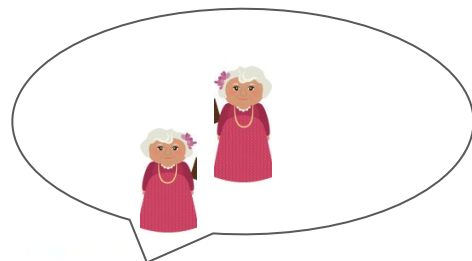
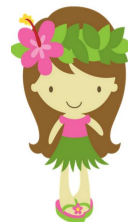
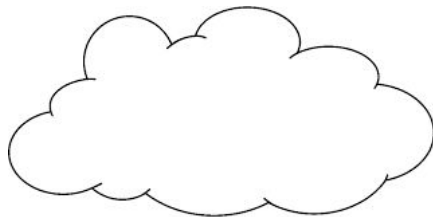
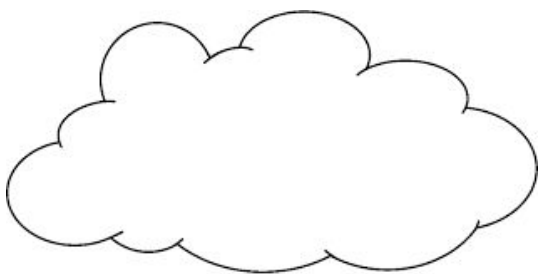
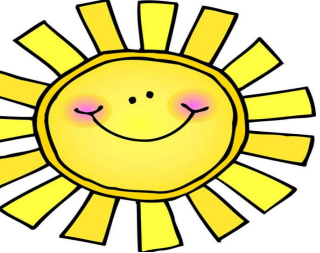
Mahina and Kekoa were
in for a huge surprise!



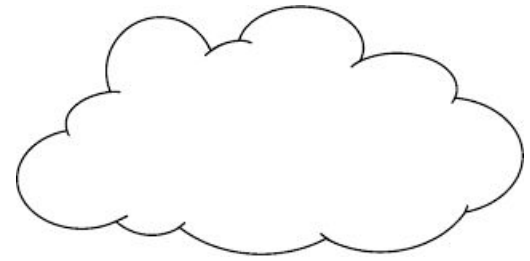
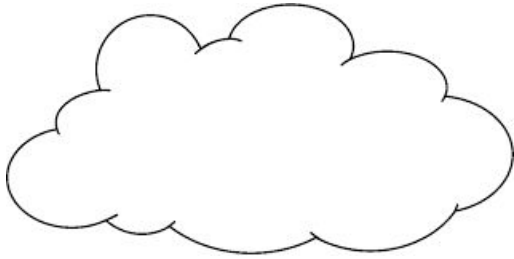
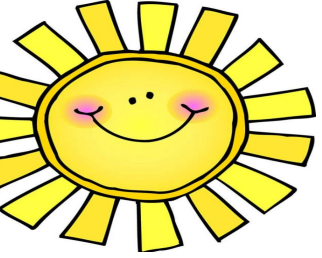


Tūtū told Mahina and Kekoa
they were finally old enough to
visit the garden.

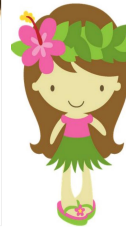


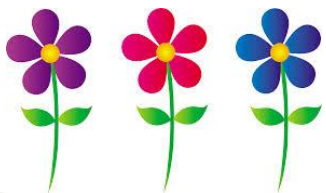
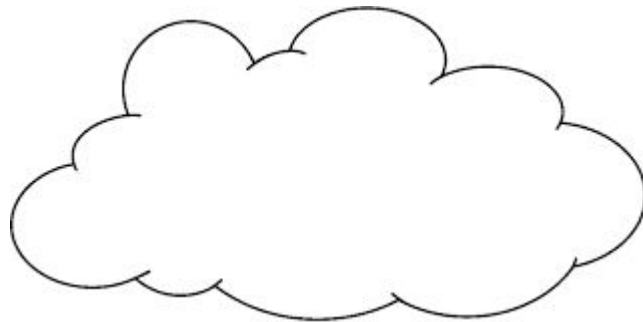
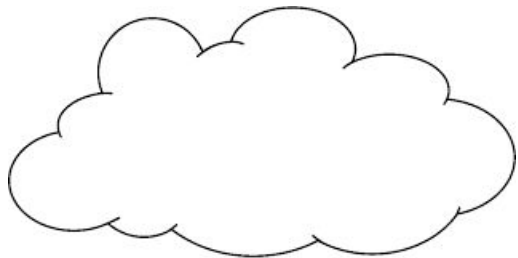
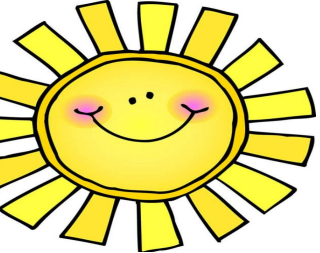


Tūtū told Mahina and Kekoa how special the garden was to their ohana.



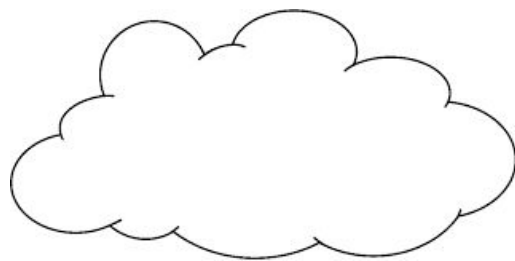
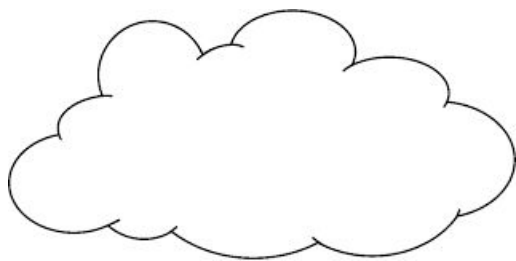
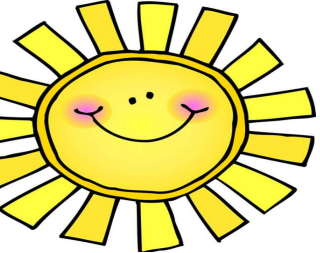
Taking care of the garden was a tradition and important.



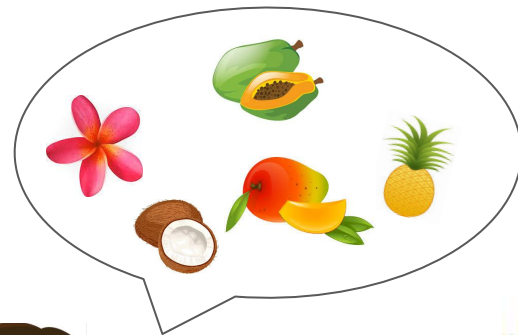
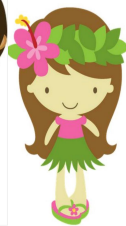


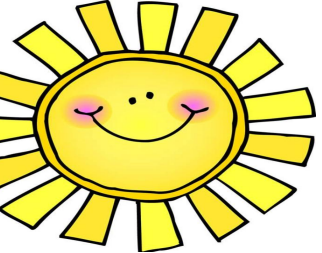
Tūtū gave Kekoa and Mahina their own little baskets.



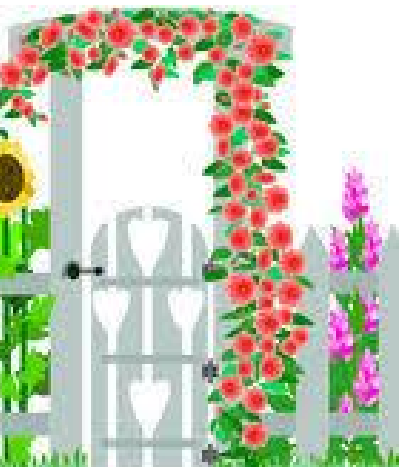


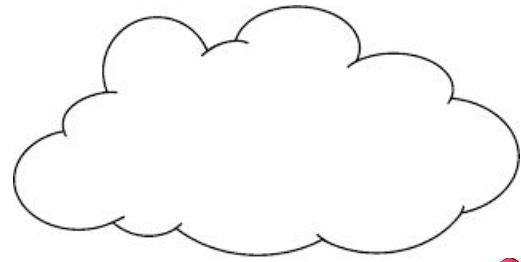
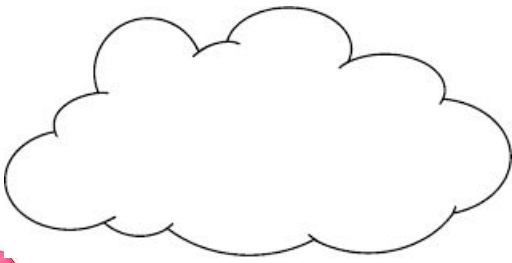
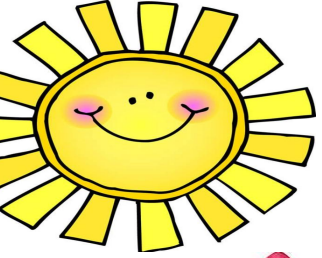
Mahina and Kekoa could
pick five items from the
garden





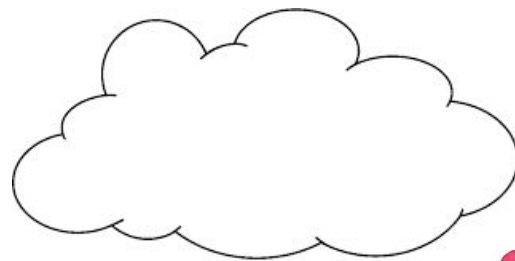
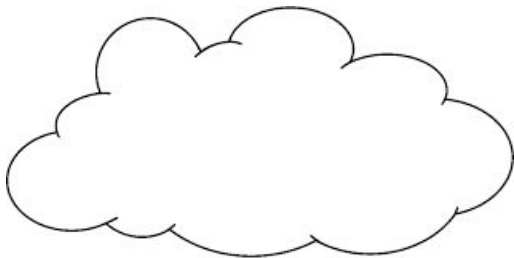
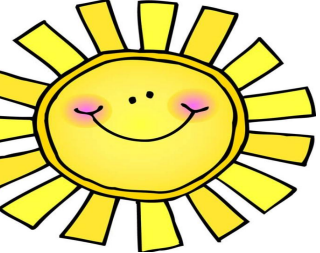
As they followed their Tūtū into the garden
it was exactly like she said in the stories.





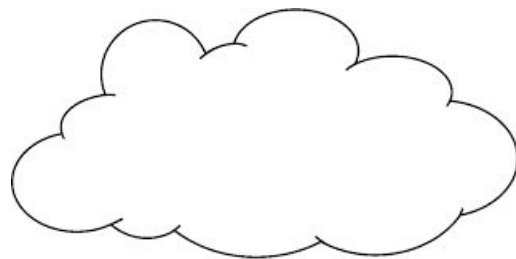
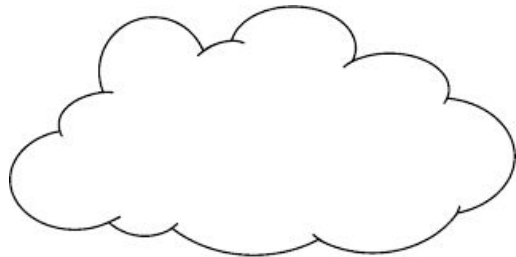
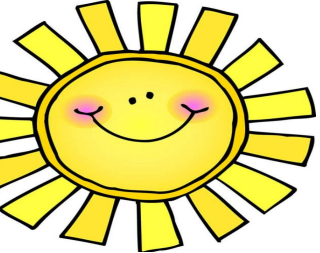
It was filled with different fruits,
vegetables, flowers and trees. It was
truly magical.





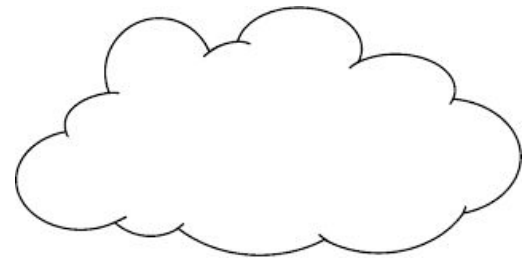
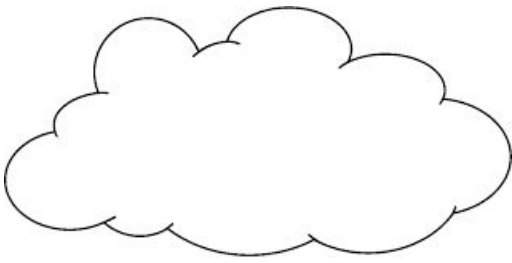
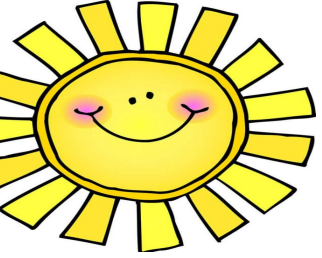
Tūtū told them not to waste and only
take what they could eat.





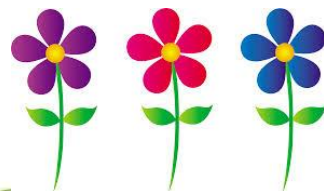
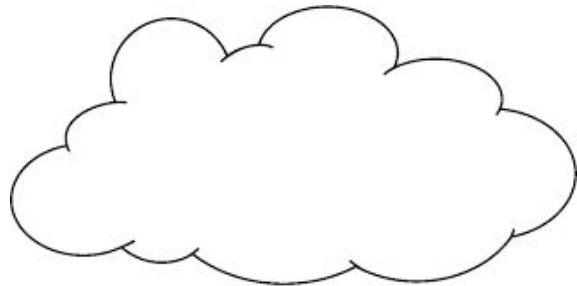
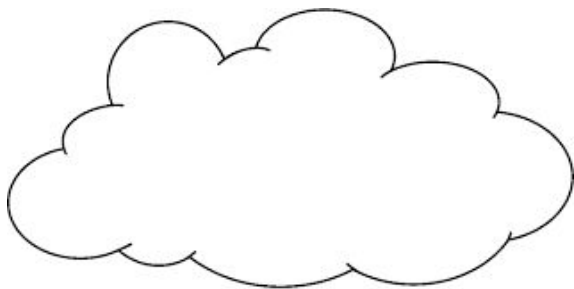
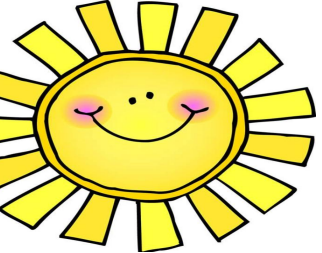
They both walked through the garden, picking all the yummy fruits.





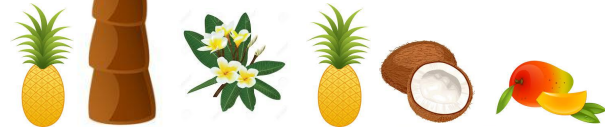
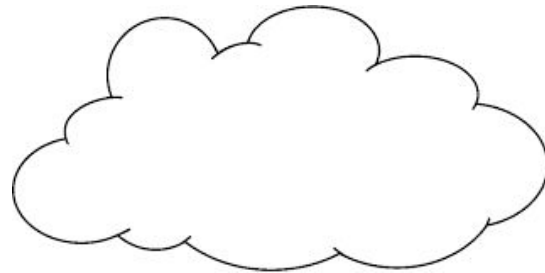
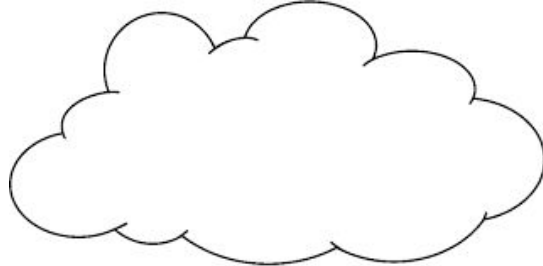
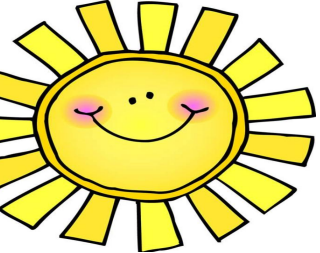
Mahina and Kekoa's baskets were full
to the top.





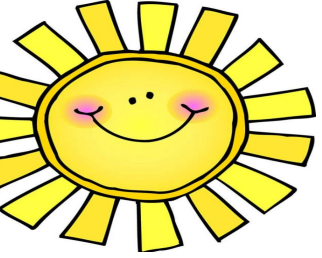
They couldn't wait to try them later!



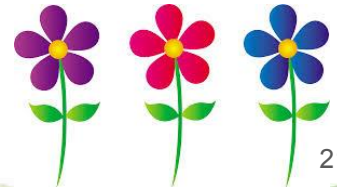
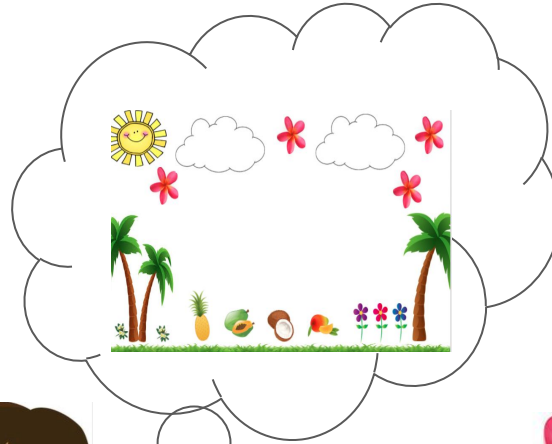


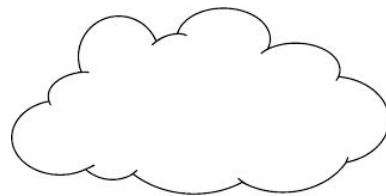
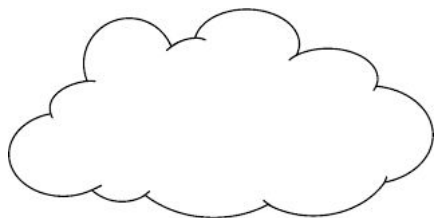
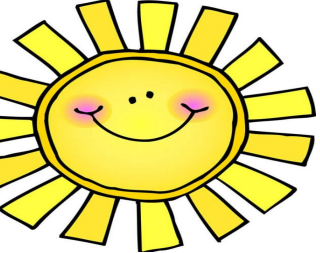
Tūtū told Mahina and Kekoa that it was time to go back home.





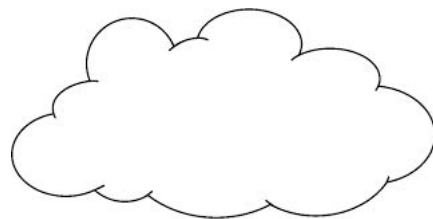
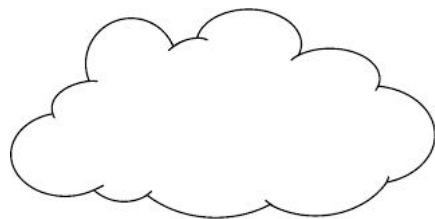
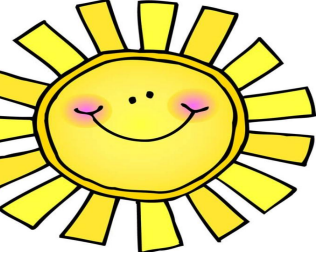
Mahina and Kekoa told Tūtū they
couldn't wait to visit the garden again.



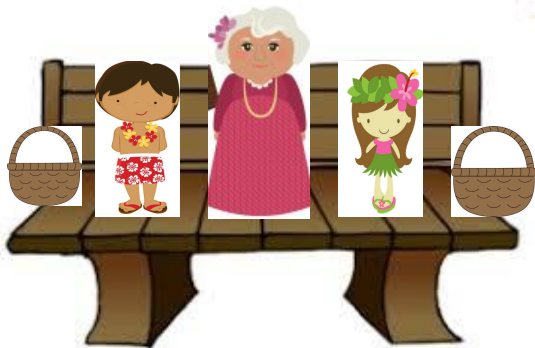


First, they wanted to eat their yummy
Hawaiian fruits!



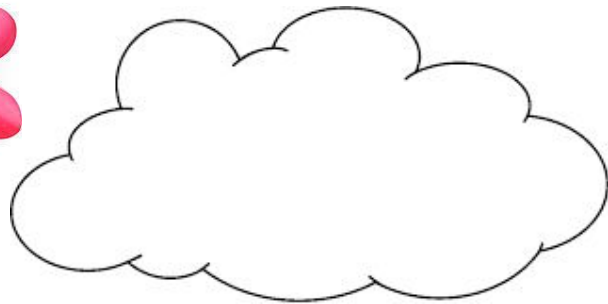
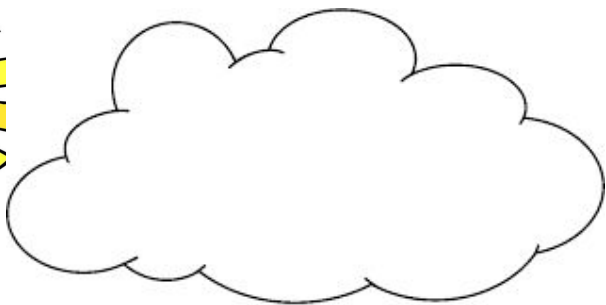
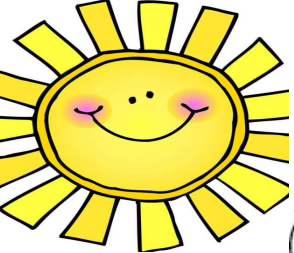


They decided to end the day sitting on
Tūtū's porch.

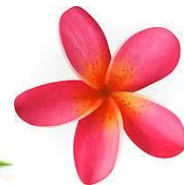




Eating all the yummy papaya's, mangos and coconuts while Tūtū told their favorite stories.



THE END!



HCPS III Health Standard and lesson activity suggestions



Standard #7: Advocate for personal, family and community health

-Personal health and wellness

-Healthy eating and physical activity

K-2.7.1



Activity #1

Get active and educate! Think about taking your children outside. Maybe to a community garden or park. In the story Tutu gave Mahina and Kekoa a little basket. Give them a bag, basket or wagon. Let them observe, explore and touch. Encourage your children to make healthier decisions for themselves because they want to be healthy

Activity #2

Think about creating a "magical garden" right in your backyard. It may seem like a lot of work at first, but it'll be worth it in the end. Having your own garden allows your children to make healthy choices, it's something that gets the whole family involved and who doesn't want access to fresh fruits and veggies?