

Read how KCC was given 100 books that was added to its Japan collection.

a Kapino



Learn about Hawai'i Music Award winner Wayne Takamine, who is joining KCC's faculty this summer.

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Volume 48 • Issue 10

Earth Day celebrates and educates

By Joie Nishimoto

ASSISTANT COPY EDITOR

Earth Day will be commemorating its 40th anniversary on the KCC campus on Thursday, April 22.

Carl Jennings, chair of the Sustainability Committee, said that there would be various events held on campus. One of the major events will be a discussion hosted by Jim Dator, director of University of Hawai'i's Future Studies program. Dator spoke at the first Earth Day event in Maui 40 years ago.

A Sustainability 101 workshop is also being scheduled as an introduction to the principles of sustainability. English professor Krista Hiser, who is on the Sustainability Committee, said it is a two-hour long workshop that will be free for anyone to attend.

"The workshop discusses the seven core concepts of sustainability," said Hiser. "They are the Triple Bottom Line, closed loop cycle,

ecological waste, zero waste, zero energy, ahupua'a and carrying capacity."

In addition, there will be other events hosted by students. According to Jennings, there are a variety of ways that students are helping out for Earth Day.

"There's a lot of student participation this year," said Jennings. "Some classes and clubs will be helping out and there will also be student writing featured."

For Hiser, she is in charge of displaying student projects.

"There will be some student projects in the library and some presentations in the cafeteria or outside," said Hiser.

Wendy Kuntz, an ecology profesor at KCC, and her ecology club are planning to help out as well. Last year, Kuntz co-hosted the Sustainability 101 workshop and if asked again, she will attend.

Jennings mentioned that the Slow Foods

Club will have some cooking demonstrations. The STEM program and Service Learning is also expected to be involved with Earth Day.

Aside from students helping to plan the event, Jennings has noticed that more students are becoming interested in sustainability.

"There's certainly a lot more student momentum as well," said Jennings.

Earth Day was designated to help spread public awareness on sustainability. According to Hiser, Earth Day was purposely scheduled on Thursdays to attract college students.

"It was designed to schedule on Thursdays on purpose, as it is usually considered a peak day for students. Earth Day is just one day to collectively pay attention to environmental issues," said Hiser.

Earth Day also encourages students and faculty to ask questions about sustainability and tips on becoming more eco-friendly.

"Our goal is to raise awareness and pro-

vide a place for students where they can ask questions, whether it's about organic foods or even what to do with your light bulbs," said Jennings.

Kuntz, who incorporates sustainability concepts into her science classes, said that Earth Day is a great opportunity for students to get a grasp of what can be done to live a sustainable lifestyle.

"From my perspective, Earth Day is a great chance for people to see what students and faculty do to promote sustainability and ecology. It's great to showcase student work," said Kuntz.

Jennings hopes that student interest in sustainable concepts will continue to improve.

"I encourage students to come out and see what's out there," Jennings said.

For more information, visit www. kccsustainability.com.

Rally for the historic white chapel

By Remington Taum

STAFF WRITER

Along Diamond Head Road, KCC's white chapel is considered a historic landmark in Hawai'i.

The chapel is a historical remnant of Fort Ruger District, also known as the Kapahulu tunnel.

To save the chapel from age and termite damage, a request of \$575,000 was made to state lawmakers to restore it. The plan is to use the money from the state legislature to make immediate repairs on the aging facility, while asking students and the community to pitch in, too.

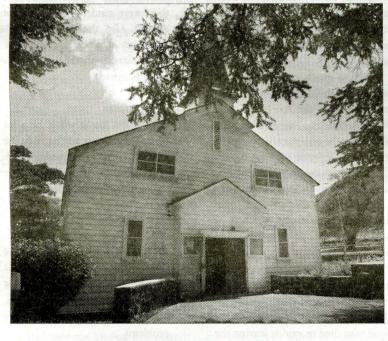
The cost was worked into HB 2200 HD1 and is going to be placed before the senate. It is scheduled to adjourn with a decision around the end of April. Supporters are hoping that the KCC chapel renovation will be kept in the bill once it is adjourned.

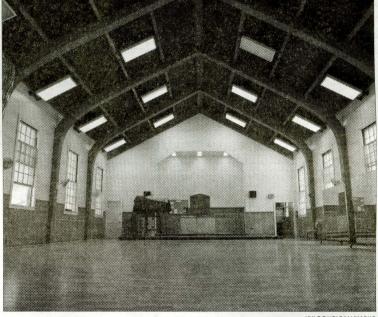
"(It) really needs support from the community," said Rep. Barbara Marumoto.

There is some significance to the historical background of the KCC chapel.

Being located on Diamond Head Road, it is widely visible to visitors in Hawai'i. According Marumoto, a half million people visit Diamond Head every year.

Carol Hoshiko, dean of community relations and continuing education, wrote that the supporters of the chapel have recognized the historical significance and value. The chapel was built in the 1920s and is the only structure that resides on campus originally part of Fort Ruger.





White Chapel, built in the 1920's, is considered a historic landmark in Hawai'i. A request for resoriative funds has been placed with hopes of repairing its waneing exterier. Home to both educational classes and community gatherings, the white chapel is considered to be a bridge between the community and the campus.

An article printed in the Hono- gatherings," wrote Hoshiko. Iulu Magazine in 2009 stated that the chapel held church services for the military community. Established in 1909, Fort Ruger became one of the earliest U.S. Army coastal defense fortifications on O'ahu.

The help strengthen the proposed fund for the renovations, help and support is encouraged from the students and community.

The chapel is available to the community now and can often be seen being used by Kenny Endo's Taiko Center of the Pacific.

"...The chapel serves primarily as an educational facility, housing continuing education classes, some credit classes and community service

KCC only has a limited amount of larger meeting rooms as well; the chapel offers another place to go.

Hoshiko went on to mention that since the chapel is located at the main entrance of KCC, it serves as a bridge between the community and the campus.

Marumoto explained that the money that is being proposed is used for Capital improvement projects (CIP) and is paid back over a span of 20 to 30 years. The money is usually used toward things that will last a long time.

"(We're) hoping it'll last more than 30 years," she said.

Previously, KCC has invested

money on keeping the chapel's main- activities, but I also like the historitenance, but throughout the years, the climate and usage of the chapel has clearly worn it down. At one point the campus received \$125,000 for interior work and \$150,000 for paint stripping, repair and painting.

Hoshiko goes on to explain that currently the building is structurally sound, but the exterior needs some repairs.

The chapel is part of the approximate 34 projects on campus that need to be maintained or repaired. It's always known throughout the community that the University has budget pressures, and community support is appreciated.

"I guess I tend to favor cultural

cal significance behind it," said Aaron Cornelison, 27, liberal arts major and intern for Representative Barbara Marumoto.

The college is currently in the process of updating the long-range development plan (LRDP.) This project is there to help set a plan and vision for future development of the campus.

These informational sessions included members from the community and helped achieve the outcome of making the chapel one of KCC's most cherished places.

"The chapel needs repair and we appreciate the increasing support from the community and the newly forming friends of the chapel," wrote Hoshiko.

THE VIEW WE TAKE

Death camps must be saved for future



Traffic going into Auschwitz and Birkenau has never been higher. Since its liberation in 1945, thousands have traveled to Eastern Europe to visit the death camp. However, the camp needs much restoration and the Polish can't afford it.

Arbeit macht frei. Work will set you free.

This was the lie that was iterated to millions of men, women and children who entered Auschwitz 65 years

Suspended above the wrought iron gates to Auschwitz, visitors still have the opportunity to see the sign: Arbeit macht frei. This site is the biggest and most notorious death camp where the Third Reich committed the largest mass murder in history.

Since the liberation of the camp in 1945, the Polish government has maintained the grounds as a museum and memorial.

However, continuing to conserve the site has come into question. The Polish government can't afford to pay the \$8.5 million a year to keep the museum operating.

The debate is whether the Polish should continue to restore it as a museum and historic site or should nature just take its course and allow it to crumble.

Archeologists and cultural historians from all over the world have said that closing it down is the best way to pay tribute to victims and survivors of the Holocaust. It's not just Auschwitz that's on the table of discussion, but Birkenau as well.

Birkenau, a satellite concentration set up about two miles away from Auschwitz, sprawls over more than 400 acres with 30 low-slung brick barracks and 20 wooden structures, railroad tracks and the remains of four gas chambers and crematoria.

In the Smithsonian, Robert Jan van Pelt, a cultural historian at the University of Waterloo in Ontario, Canada, said that Birkenau is the ultimate nihilistic place.

"A million people literally disappeared," van Pelt said. "Shouldn't we confront people with the nothingness of the place? Seal it up. Don't give people a sense that they can imitate the experience and walk in the steps of the people who were there."

Letting either camp disintegrate would prove to be a disservice to the world. The existence of these camps is proof that atrocious and inhumane crimes were committed against the human race. The camps are a reminder that innocent people were once subjected to heinous acts by vile and hateful monsters.

Survivors of the Holocaust are slowly decreasing. Soon all that will remain are historical texts and memoirs. These documents aren't enough to keep the memory alive. Auschwitz and Birkenau are physical reminders that six million Jews were killed under the orders of Adolf Hitler.

People don't visit the camps to imitate the experience of those who were there like van Pelt stated. It is with quiet desolation that many trek to Eastern Europe to pay tribute to those who were exterminated.

While memoirs from Primo Levi to Elie Wiesel offer incredible insight into the grotesque events that unfolded during the Holocaust, the overwhelming emotions of standing at a historical landmark is priceless.

Auschwitz spans 50 acres and comprises of 46 buildings, including a two story red brick barracks, a kitchen, a crematorium and several brick and concrete administration buildings.

With so much to take in, it's the hair piled behind the glass that visitors remember the most. The hair, shoes, clothes and luggage that were taken from the prisoners of Auschwitz are kept in separate viewing rooms. All these items are heartbreaking evidence that so many lives were taken.

This type of emotion that Auschwitz and Birkenau illicit is needed to make sure that we - and generations to follow - never forget what occurred. Letting Auschwitz and Birkenau become non-existent is erasing evidence of the death camps. That's not acceptable. Forgetting those who died in vain is leaving the opportunity for such an act to happen again. The existence of Auschwitz and Birkenau assures that those who died will never be forgotten.

The view we take is written by the editors of the Kapi'o. We welcome all responses to this subject. E-mail "Letter to the Editor" at kapio@hawaii.edu.

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KAPIO



Chillest Pokemon of all time

By Alika Pfaltzgraff

STAFF PHOTOGRAPHER

I've been burdened with the unenviable task of writing this week's top ten, on a pre-chosen topic. I was somehow excluded from the conversation, so here I am, begrudgingly, counting down the top 10 Pokemon of all time.

To be fair, I was not impervious to this game's allure as a minor, and eschewed most of my sixth grade assignments in order to carry that geeky Ash Ketchum throughout the dense forests and dojo's in search of the Mewtwo's and Mewone's that inhabited this mystical world.

But after the initial hoopla, my interest began to wane. I think they got a little carried away with the countless iterations and incarnations of basically the same game. Granted, Pokemon Snap was pretty dope, but don't even try to pretend that Pokemon Stadium was a good game.

Whilst researching their attributes, I stumbled upon a Web site known as Bulbapedia - a Wiki for Pokemon. It was there that I discovered that there were gender specific Pokemon - all this time I thought they were asexual. Also, there's apparently 500 Pokemon now, which seems a bit

Anyway, here's the top ten Pokemon I would want to roll with, if they actually existed.

10. Lapras
I feel like it would be a lot better to get drunk and party on the back of a Lapras as opposed to a boat. He could sing to us and could easily rescue me when I belligerently stumble overboard.

Psyduck

The sadist in me enjoys watching this yellow figure bumbling around in a constant miasma of confusion and disorientation. Makes me feel better about my problems.

8. Ninetales
I declare that there isn't a more noble looking Pokemon. And according to his profile, nine saints were united and reincarnated into this Pokemon when it was born. So...there's that.

Farfetch'd.

I hate it's name and everything about it. To relieve stress, I would throw rocks at it all day.

Hypno

Hypno wears a shrewd countenance and I feel like I could tell him all of my problems. Plus I have insomnia and I'm sick of taking Ambien.

Charizard

In lieu of a lighter, this is my go-to guy. Plus, he's an obvious choice for a pyromaniac like myself. (I am not a pyromaniac, but I thought it make this seem more interesting. I'm writing an article about Pokemon in 2010. Come on.)

Dragonite

4. Ooooh look. A dragon!

Hitmonchan

3. Hitmoncuan
I'm strapped for cash and would likely enter this guy in some boxing tournaments. I just hope that they don't drug test him. I'm pretty sure Brock found steroids in

Gloom

I appreciate his glazed over LSD look, and would like to hear his ruminations on space and time in the Pokemon universe.

Snorlax

Though he may be indolent and intolerable, he's also corpulent and cuddly. He's like that one stoner friend you have, only less productive.

Next weeks Top 10 will be the top 10 reality shows.

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COMMENTARY

Please don't serve the server

By Kyle Durigan STAFF PHOTOGRAPHER

When you think of waiting tables, what do you think about?

Most of us in the business think about the late nights, the spiels and all the stupid tables.

For those of you who don't wait on tables, many of you probably think about the movie, "Waiting" staring Ryan Reynolds that was released back in 2005. Either way, it is a job that never fails to have an "interesting" side to it.

Working at Red Lobster, I see an interesting market. Working for such a large chain does have its advan-

We get paid pretty decent. We make a decent buck at the end of the night from a combination of tips (at times) and minimum wage. We are one of the few places that actually offer a regular minimum wage. Usually, at most other restaurants, especially on the mainland, hourly wage clocks in at about \$4.50/hour plus tips. We are lucky enough to snag a solid \$7.25/hour plus tips.

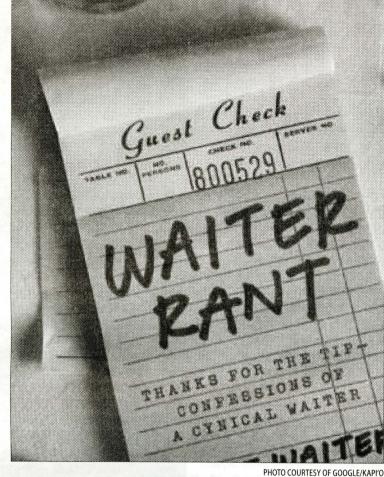
Now, before continuing, I want to clarify something. We don't see most of the money we make per hour. That is the "back up" pay to make sure we make a grand total of minimum wage for every hour we work. Not all tips are "sufficient," so if you have a slow shift, at least you can rest knowing you made your hourly rate. We also don't have to wait for two weeks for a paycheck; nope, we walk with our tips at the end.

Another wonderful part about serving is that you can meet some really cool people. I have had plenty of tables that will have me sit down with them as we reminisce through funny stories or whatnot. I have also had workmates recruited by employers, just because they did a great job at waiting on the table.

So for you who are reading this thinking that waiting on tables sounds great because of the possible connections or pay; there is a flip side

First off, you work with the general public. This means that we get all types of people. At Red Lobster, we get a couple of types of customers. We get the locals, the Asian tourists, the Mainland Tourists and just a sprinkle of Europeans.

The locals, obviously, are the most laid back. They know what's up and love to talk. The Asian tourists are pretty good as well. They may not speak much English, but they are probably the least demanding group of them all and if they know about tipping standards, they can be the best tippers. Then there are the Europeans. Once you get past the silly accents, they have very interesting views on many things. They aren't very needy either, however, they may be stuck at your table for a couple hours. In many parts of Europe, lunch breaks may be an hour or more, so that you



So many of students these days go out to eat without knowing what their waiter/waitress have to deal with on a daily basis. Like any job, there are pros and cons of the job, but serving is not for everyone.

have enough time to savor your chow and still socialize with everyone.

I totally agree with the idea ... when I am not trying to make money off turning tables. Then there are all the folks from the mainland who are here for vacation or whatever.

This is where all the trouble comes

Different parts of the country have different standards and the customers bring those expected standards in with them. This is the hardest part about serving in Hawai'i. There are the rich, stuck-up crowd, the overly demanding type, the silent type and then every once in a while a nice

Imagine this: You get sat a table, you walk up and begin to introduce yourself when one of your customers interrupts you to tell you to get them the complimentary biscuits or a drink. You have to abide by the request, so you seek off. As soon as you get into the kitchen one of your fellow workmates comes back and tells you that your table waived them down to ask "where their server is at with their drinks and bread." Upon returning with both things, they stare at you because you only brought one basket of bread instead of the two.

This gets the blood boiling.

We are not psychics and cannot tell exactly what each person is feeling or needs.

So at this point you grab their order (probably with an attitude) and go grab more bread, but not before asking if they need anything else. They respond with a simple "No." You get back, and they need another drink. You go refill it, once you return, and their friend needs a drink. Wow. Finally the food comes out, and no matter how perfect it is, there will always be something wrong with it. "The food is cold", "It doesn't taste good", "this isn't right", "No, I wanted something else" ... it never fails.

If you end up keeping yourself from taking a chair to the side of their face and actually drop off the check, it never fails... you get a ridiculous tip. For all of you who don't know the tip

Ten percent for bad service: Anything lower you are risking your life and you will be talked about in the kitchen by the waiting staff. Your face will be tied with the tip.

Fifteen percent for decent service: This is if your server was there to grab drinks every so often, brings out food on time but didn't talk to you much more than that.

Twenty percent and above: This is for the server that you want to go out and party with. They are there every time you think of something you want. You tell each other secrets and you giggle often. If you get a cool server and ask for them next time you're in that restaurant. It will cut your wait down, and it will allow them to get sat a table faster.

So next time you are in a restaurant, you hopefully will understand a little more of what we have to deal with on a daily basis.

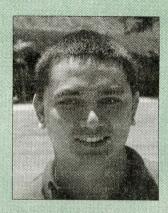
If you are super needy, then just make dinner at home to your liking.

If you are too cheap to tip after you ring up the bill, then just stay in and grab some McDonalds. The tips we make allow us to eat, drink and

Don't jip us. We are people too ... just in uniform.

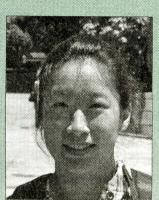
CAMPUSVOICES

If you could drive anything, what would it be?



"Hovercraft because it floats I guess."

Ephraim Stevens, 19, liberal



"Mercedes Benz V8 because I like the style."

Mei Ying Jin, 20, hotel and restaurant operations



"Airplanes because I love traveling."

Satomi Shibutani, 23, travel and tourism



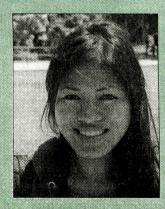
"My car now, 1996 Toyota Corolla; I crash it, I don't care?

Christian Armagmac, 21, civil engineering



"A jet or helicopter. I always thought it'd be cool to fly one (a plane), I've jumped out of

Dominic Ippolito, 24, prebusiness



"An SUV, an Armada because of its space."

Rochelle Tomaszek, 26, nursing

CAMPUS AND COMMUNITY BRIEFS

of events around KCC

STEM fair to honor students' projects

KCC student researchers will showcase their projects from a variety of STEM disciplines at the first STEM Undergraduate Research Fair.

In addition, 13 KCC STEM students will be recognized. Their projects were accepted for the National Conference on Undergraduate Research (NCUR) in Montana later this month. The fair will be held on Thursday, April 8 from 10 a.m. to 2 p.m.

For more information, contact Nari Okui at nari@hawaii.edu or call 734-9425.

Honor society seeking new members

Students are encouraged to apply and join Phi Theta Kappa, an international scholastic honor society for community college students. By joining this honor society, students can learn leadership skills, networking and how to build their résumés. To be eligible, students need to have a 3.5 cumulative GPA and have completed 12 or more credits that are 100 level or above.

Students who are interested in joining can download application at http://old.kcc.hawaii.edu/~ptk/membership.htm and drop it off at the Phi Theta Kappa Office in Ohiʻa 103.

Deadline for spring 2010 induction is Friday, April 9. For more information, contact Colette Higgins at 734-9174 or chiggins@hawaii.edu or Laure Burke at 734-9793 or lsburke@hawaii.edu.

Get your egg hunting on, win some prizes

UH Mānoa will host an egg hunt to celebrate Easter. The egg hunt will be held in the UHM bookstore on Monday, April 5 from 8 a.m. to 4 p.m. Prizes will be distributed, such as iPods, a replica football helmet and discounts up to 30 percent off. No purchase is necessary to participate.

For more information, contact Jill Honda at 956-0384 or visit the bookstore Web site at: http://www.bookstore.hawaii.edu/manoa.

Enjoy some free ice cream and socialize

Dig in and enjoy some free ice cream at this month's Ice Cream Social. The event will be held in the Ohi'a cafeteria on Thursday, April 8 at noon. A variety of ice cream flavors will be donated by Meadow Gold. The ice cream social is a monthly event that offers samples of ice cream for students and faculty to savor.

Law degree obtainable by day

By Ashley Chapman

COPY EDITOR

The Legal Education department at KCC has recently decided to offer daytime courses for its legal programs.

The legal program was established in 1975 and in 1978 received the American Bar Association (ABA) certification. Only about 1/3 of legal programs in the U.S. are ABA approved, and KCC is one of the them.

The Legal Education department offers two programs, the paralegal program and the legal secretary program. The program offers a 60 credit, 2 year AS degree.

Although the program has been around for almost 35 years, it has never offered a daytime course for students until now.

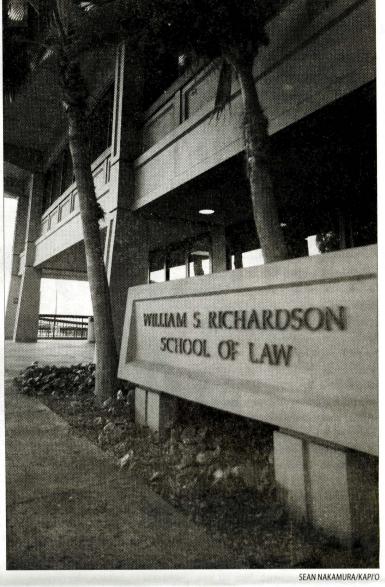
Last fall was the first semester that the legal education department decided to offer two law classes. Both Law 101 (The Hawai'i Legal system) and Law 111 (Litigation) were available for enrollment in 2009.

Susan Jaworowski, assistant professor and program director of the legal education department, teaches several courses offered in the department.

"One of the main reasons why classes were never offered during the daytime was because the majority of the instructors were real-life attorneys who were practicing downtown," explains Jaworowski. "So it's hard to ask them to take time off of work to come teach a class."

Despite the fact that this was the first time daytime courses were being offered, there was a large number of enrollment this past fall.

The availability of the courses being offered will differ from semester to semester.



In order for KCC to offer law courses, it must have access to American Bar Association regulated law library. For many years, KCC has had a partnership with UH to hold its law classes at its William S. Richardson School of Law.

"The goal is to always offer Law 101 because it is a really good intro course," said Jaworowski. "The spring course may vary, we may offer Law 140 (Family Law) and possibly Law 105 (Law Office Management) depending on the instructor. So we

are still feeling it out."

Even if you are not a law major, you still have the option of taking one of the lower level law classes.

"This is not an admission only pro-

LAW: See page 12

Portal to Japan through '100 Books'

By Nix Kinney

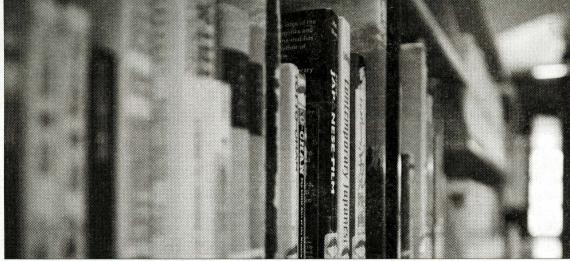
STAFF WRITER

"Loving the Machine: The Art and Science of Japanese Robots," "Manga: Sixty Years of Japanese Comics" and "Bushido: The Soul of Japan," are just three of the 100 books donated to the KCC Library last year by the Nippon Foundation.

The entirety of the collection consists of books that range in topic from politics and international relations to literature and art, all of which contribute toward a more proficient introduction into Japanese society.

"The books are a reliable source of information if you're studying Japanese culture, history or business," said Asian Pacific librarian Sachiyo Kawaiaea, "though many students come to look through the anime and manga books that are also a part of the set."

Though most of the books within this collection were published within recent years, older classics like "The Wild Goose" and "Kokoro" are also included to help provide insight on Japan's historical background.



SEAN NAKAMURA/KAPI

100 Japanese books donated by the Nippon Foundation wait in earnest to be read. The entire collection is part of the "100 Books for Understanding Contemporary Japan" project that aims to provide a well-rounded view on Japan.

According to the library's Technical Services Department, about 30 books from the set have circulated at least once, "which isn't that bad considering that the books have only been a part of the library for a year." Though with titles like, "Erotic Grotesque Nonsense: The Mass Culture of

Japanese Modern Times," we seem to be doing these books an injustice by staying away.

The Nippon Foundation has been donating books to certain libraries and institutions across North America through the "100 Books for Understanding Contemporary Japan" project. This was an undertaking made in hopes of providing a reliable insight into Japan, a country that has disputably one of the most complex societies in the world.

To obtain a well-rounded collection, the organization assembled a selection of committee members with a wide variety of backgrounds to portray Japan and Japanese culture from as many angles as possible. The Nippon Foundation consulted 10 experts for the task of compiling a list of 100 books to serve as subsidiary guides for those interested in learning about the country.

Kawaiaea and associate professor and cataloger Michelle Sturges applied for the book donation last year, hoping to enhance the library's Japan Collection.

"From a librarian's point of view, it's not so difficult to find resources about Japan in Hawaii, but hunting down the truly reliable sources on Japan for college students is not that easy," wrote Kawaiaea, who said the library is fortunate to have been awarded such an authoritative donation.

The donated books are easily distinguishable by their obvious newness as well as a small plaque placed in the inside front cover, denoting

BOOKS: See page 12

Appreciate food and ecology

By Remington Taum STAFF WRITER

The Slow Food Club, supported by the culinary department, is one of the only culinary programs in the United States with a campus chapter, said San Shoppell, CIP student.

"(The) mission is to educate students about good, fair and clean food," wrote Shoppell.

The Slow Food Web site states that the food produced should taste good and be assembled in a clean way and not harmful to the environment, welfare of the animals or our health. Those who produce the food should acquire appropriate compensation for the work they do.

The Slow Food organization is non-profit and eco-gastronomic member-supported. Shoppell also wrote that there are more than 100,000 members in 132 countries.

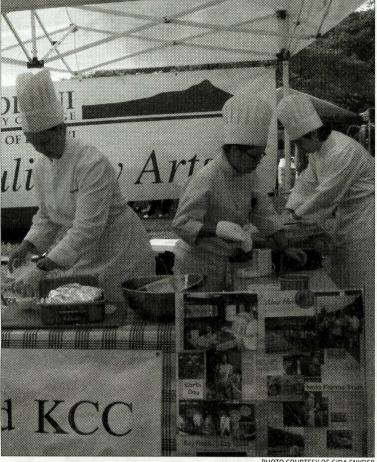
Some countries also have a national branch, which coordinate events and projects. The national branches have more knowledge of the members' needs and for their own countries, the Slow Foods Web

The Slow Foods Club has been able to use some opportunities, such as participating in the local farmers market to share information about the projected mission Slow Food has.

Shoppell mentioned that the importance of Slow Foods and the process is to be able to acknowledge there were many people who put together the food and to enjoy the company and food.

"Also protecting heritage seeds and food crops from the quickly growing GMO establishment," Shoppell added.

The club has participated in healthy cooking demonstrations at the farmers market. In these presentations, the viewers get a chance to see how locally grown foods can be



The Slow Food Club participates in Healthy Cooking Demonstrations at the KCC Farmers Market. Members of the club are able to learn to how to create recipes, plan menus and to network with farmers and culinary professionals.

used in new ways. It also has a USDA grant that allows them to conduct the demonstrations

One of the goals they try to reach when planning menus is to use a minimum of 70 percent of foods grown locally. By taking advantage of these cooking demonstration opportunities, gives a chance to promote locally grown products and promote the sustainability movement.

Slow Foods also holds workshops, aims to eat locally, goes on farm tours and sponsors education discussions. The club has had the chance to island hop and expand their experiences.

"Last year we went on a three-day

Big Island tours of farms and agriculture ventures," wrote Shoppell in an e-mail response.

The club often gets involved in off-campus activities as well. Recently over spring break, the members took part in the community poi pounding gathering that occurs every Thursday on the windward side. The club also reached out to help Hawai'i Food Bank by donating \$800 and 50 pounds of food. With the approaching Earth Day in April, you can see the club participating in KCC's cel-

FOOD: See page 12

RECENT SNAPSHOTS

of national and world events



A participant in the Tea Party rally holds a sign in Omaha, Neb., on Thursday, April 1, 2010. Thousands of people have turned out for a stop in Omaha by the Tea Party Express. The bus tour began in Nevada last weekend and stopped Thursday evening in Nebraska. The tour will continue and will soon makes its way to Washington to oppose government expansion and bailouts. (AP Photo/Nati Harnik)

Russia eliminates two time zones

Russia's president eliminated two of its 11 time zones. Chukotka, Russia's easternmost area is now nine hours ahead of Russia's westernmost area, Kaliningrad.

President Dmitry Medvedev ordered that the two regions in central Russia, Samara and Udmurtia be on the same time as Moscow. Medvedev said that the change in time zones would help with creating more efficient communication between some far away regions and the more central authorities.

Russian rocket takes flight

A Russian rocket took off on Friday, April 2, in southern Kazakhstan, taking a NASA astronaut and two Russian cosmonauts to the International Space Station.

The rocket entered orbit around 10 minutes into the flight and will dock on Sunday. It will be orbiting 200 miles above earth.

The mission will wrap in September before the last-ever shuttle flight from the Kennedy Space Center.

New England takes lead in swine flu vaccines

According to U.S. health officials, New England is in the lead in swine flu vaccinations and the south has the lowest rates.

The Center for Disease Control and Prevention (CDC) reported that a number of health care workers got seasonal flu vaccines this past summer or fall. The outcome of swine flu shots was much lower.

The demand for the vaccinations has gone down significantly because the flu cases have dropped, leaving unused doses of the vaccination.

Have fun learning by competing

By Joie Nishimoto

ASSISTANT COPY EDITOR

Students taking history classes across the UH community colleges will be putting their knowledge to the test as they compete at the World-Quest competition on Friday, April

According to Julie Rancilio, a history professor at KCC, the World-Quest competition is an annual team-based game that challenges the knowledge that students have in various subjects relating to world his-

Rancilio said that students obtain several skills by participating.

"From WorldQuest, the students develop a support system with their classmates, and they eventually make friends," she said. "Sometimes you can have friends, but they're not taking the same classes or they may have different majors. WorldQuest teaches you how to work with col-



PHOTO COURTESY OF JULIE RANCILIO

KCC's Fighting Mongooses placed second in the WorldQuest competition last spring. The students used a variety of tactics to study for the game. They met outside of campus and refreshed their memories by reading their textbooks.

The one-day competition amongst the four schools will be held at Windward Community College.

The game is divided into six rounds, and each round is composed

of 10 questions relating to a certain subject. The topics covered this year are Asia-Pacific Economic Cooperation (APEC), current events, food production and consumption, people in the news, world geography, and

world religion.

There are typically four members per team, and each school can have more than one team participating. At press time, Rancilio did not yet know who this year's teams are because registration was still open.

Last year, two teams represented KCC at WorldQuest; the Fighting Mongooses won second place, and Elite Force tied for third place with Leeward Community College. After losing the tiebreaker, Elite Force came in fourth place.

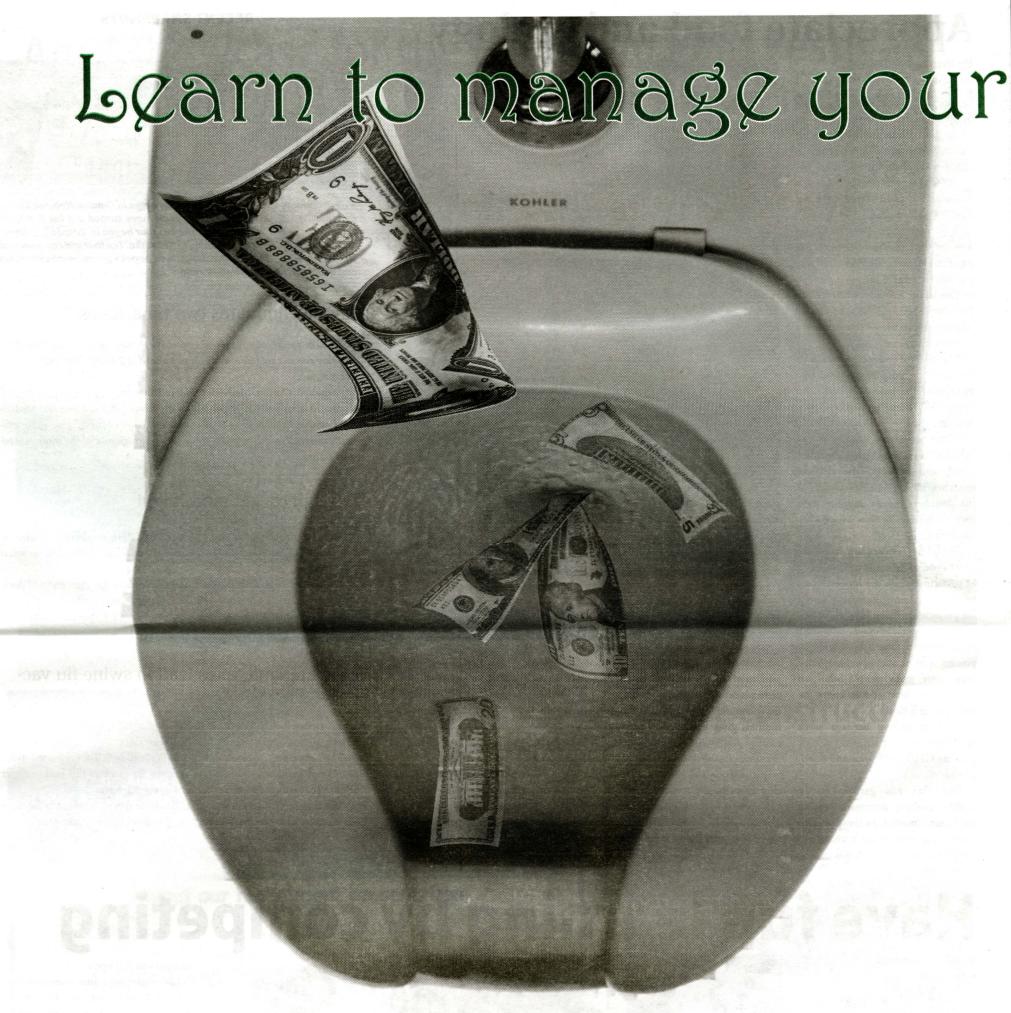
Liberal arts major Felicia Velasquez participated in World-Quest last year.

"(WorldQuest was) good fun," she said. "I was pleasantly surprised with how festive the atmosphere was. (It was) not the least bit dry, which frankly was what I was expecting."

The competition first started out as a high-school competition, but four years ago it moved up to the collegiate level.

The location of the competition changes every year. When it first started in 2006, Honolulu Commu-

QUEST: See page 12



By Ashley Chapman

COPY EDITOR

As a college student, we worry about tedious homework assignments, papers and finals. So when it comes to the weekend, we just want to relax and let loose.

And that usually means indulging in activities such as dining out, going to the movies and hitting the clubs - all of which cost money.

We don't realize that eating out or buying alcohol a few times a week can add up. And if you're not careful, this spending can result in a substantial loss of money that could have been put toward something more valuable. Like your college education.

Ronaele Whittington, assistant professor of family and consumer science at University of Hawaii-Manoa, teaches a course called "Intimacy, Marriages and Families," where students participate in a MoneyEd program that allows the students to calculate what they spend on a monthly basis.

As part of the MoneyEd program, students fill out worksheets that show what their budget is in terms of housing, food and other expenditures — and what they actually end up spending. The program is designed to help students realize what they are spending their money on and how they can better manage their

Many students lack the management of their money, not understanding how to effectively control how much money they spend.

So who is to blame for young adults and students not being able to manage their money?

"I think it's the parental influence and the emphasis on being responsible," said Whittington. "We have some generations in the United States in which the young people can stay young longer."

For some students, their parents have a huge influence on how much money goes into their accounts, preventing students from having a hands-on experience with regulating how much they spend.

But for those students who do have jobs, budgeting

what they spend is something that comes naturally. Jerelle Chun, 23, fashion major at UH, said she can

spend anywhere from \$100 to \$150 a month on alcohol

"I live at home so I don't have to worry about rent," Chun said. "But now that I have been unemployed for about a month, I have to pay close attention to how much I spend. I know that what comes out won't be put

It's important for students to really think about what their buying, whether it be a new top or a coffee at Star-

And more importantly, Whittington said, students should learn how to manage their finances sooner rather than later.

"Some parents protect their children from knowing the realities, like the reality of a mortage payment or the reality of fees related to buying a house," she said.

Connor Little, 19, communications major at UH, said that he spends most of his money on food, movies and going out to clubs.

Learn how to manage small purchases - because it is important to know that everything adds up - and learn-

ing how to regulate your spendir later on in life.

There are some alternatives yo seem small but will add up over to at home instead of going to 7-El the morning. Drinks at bars and and that doesn't include the cov pay just to get in. Instead, organiz at your place and play your own ja

Knowing how much money y and taking care of the essentials n gas is important to do first. Afte necessities, you can splurge on the

Saving is imporant for young It's a skill that will only benefit you

Whittington encourages all stu ing their money seriously.

"My saying is, 'Manage your life.' That's what's going to help you forward," she said. "You have to lo It's pretty basic."

money, be responsible

Daily expenses of a college student

By Kyle Durigan

STAFF PHOTOGRAPHER

As we all know, living on our own isn't cheap by any means.

There is always some sort of expense hiding around the corner.

As 21-year-old male living with a girlfriend in Waikiki, I have put together a rough set of numbers for the recurrent weekly expenses that drain my wallet.

To the right is a list of what I spend per week on everything from rent and food to hobbies. Some months I have higher expenses and other months are lower. This is the breakdown of the numbers.

Rent is the killer expense here. I pay \$315 a week to have a place to sleep. It sucks but it's necessary.

My grocery expense per week is pretty high, but that saves me money in the long run. I figure I can make myself a \$15 to \$20 restaurant equivalent meal for about half the price. I am saving money by just spending the time (and money) on raw ingredients and doing it myself. I can prep, cook and clean in about an hour, which is about the same amount of time you would spend in a regular restaurant. If I were to go out and eat each day for both lunch and dinner, I would be screwed on money by the end of the month. Keep this in mind next time you're in the grocery store. Plus, your boyfriend/girlfriend will be impressed with you when you make a home-cooked meal.

I spend a couple bucks a week going out with friends, some personal entertainment by subscribing to Netflix or going to the theater every so often. But for the most part, I am pretty good about spending money only on the essentials. It really helps living with a roommate or two, just to cut that big "rent" expense.

Oh, and two jobs, too.

Category	Price	Occurrence per week	Weekly Total
Rent	\$1,260.00	0.25	\$315.00
Groceries	100	1.00	\$100.00
Dining	20	1.00	\$20.00
Energy Drinks/ Coffee	3	5.00	\$15.00
Going To The Bar	25	2.00	\$50.00
Internet	35	0.25	\$8.75
Insurance	300	0.02	\$5.77
Entertain- ment	20	0.25	\$5.00
Washer/ Dryer	8	1.00	\$8.00
Bathroom supplies	20	0.50	\$10.00
Hobby	50	1.00	\$50.00
Total			\$587.52

Cheap alternatives to common expenses



now will help you

can make that may 2. Try making coffee en or Starbucks in lubs can get pricey charge you have to small get togethers is.

a have each month ds such as food and you've paid for the tems that you want. dults and students. n the future.

ents to take manag-

oney, manage your and keep you going k at your resources.

www.kapio.net

April showcase for the Honolulu Film Festival

By Ashley Chapman

COPY EDITOR

It's that time of year again for the Honolulu Film Festival.

The 2010 Honolulu Film Festival will be held April 24-25 at the Hilton Hawaiian Village Beach Resort and Spa in Waikiki. The festival strives to showcase the best of independent cinema around the world.

This year the festival will be showing Feature Films, Documentaries, Short Films, Foreign Films, Hawaiian Films, Action Sports Films, Music Videos, Experimental Films, Television Pilots, Environmental Films and more.

Saturday, April 24, will be the Opening night Filmmakers Reception, and Sunday, April 25, will be the Film screenings.

The film screenings go from 10 a.m. until 9:15 p.m. including two short film blocks and one animated film block

SHORT FILM BLOCK 1

10:00 a.m.

Concerto (student 15 min, U.S.)

Danzak (20 min, Peru, USA)

A History of Aviation (17 min, France, Hungary)

Soul Walking (10 min, Italy)

MORE INFO

To view a complete list of films, visit: www.honolulufilmfestival.com/festival/filmschedule/tabid/334/ default.aspx.



SHORT FILM BLOCK 2

5:55 p.m.

The Chefs Letter (14 min, United Kingdom) Steel homes (10 min, United Kingdom) The Work Of Louie Gong (14 min, USA) Crossing Midnight (29 min, USA)

ANIMATED FILM BLOCK

11:00 a.m.

Sebatian's Voodoo (4 min, USA) Without Arms (3 min, USA) The Snow Princess (7 min, USA) Leonard (10 min, USA)

A FEW PREVIEWS

Sea Change - 11:45 a.m. (Documentary, 83 Minutes, Norway, USA)



Damien Making a Difference, God Making a Saint - 1:15 (Hawaii Films, 46 Minutes, USA)



Lose Yourself in Me - 7:05 p.m. (Music Video, 6 Minutes, USA)





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More construction



Outside the courtyard of 'the Ilima building a cement truck pours a slab of cement down to create a base for the transformer. The base will house the transformer for the new air conditioning units.





Music award winner joins KCC

By Remington Taum

STAFF WRITER

At a table outside the administration building on campus, Wayne Takamine, music instructor and entertainer, arrives phone in hand and eager to begin. Takamine will be joining the KCC's faculty during the summer session under the Continuing Education program.

Before arriving to KCC as an instructor, Takamine spent five years at the University of Hawai'i at Mānoa studying for his bachelor's in music, with guitar as his instrument. After a break of 15 years, he went back for two years to receive his Master of Business Administration (MBA) from UHM.

He envisioned himself performing and teaching young age and knew that he wanted to stay in Hawai'i. At one point in Takamine's life, he worked on inter-island cruise ships as an entertainer. Not only did he get to live part of his dream by performing, he also got the chance to travel. The GST Infinity cruise ship, part of the Celebrity Cruises, went from Ensenada, Mexico, and docked in Hilo, Hawai'i.

"It's like an endless party," he said about working on a cruise

Performing classical guitar to classical Hawaiian music, he landed a headline in some of the different venues around the ship and joined other entertainers on the cruise ships for several years.

His experience in performing and music led him to record several CDs. Takamine recorded his first CD in 1996 named "Hawaiian Nights and Summer Dreams," then in 1998 he came out with another CD, "Touch," and was a Hawai'i Music Award Winner. Following, in 2002, his CD entitled, "Two Ti Leaf" was a finalist for the Na Hoku Hanohano Award.

"It's been a goal to record and to have people appreciate your music. ... It'll stay with me throughout my life," Takamine said.

He added that it was a challenge to produce the CDs and to get exposure.

When Takamine would perform, artists would approach him and tell him that they were interested in recording.

One of his biggest shocks in performing was when people

from Japan would approach him and tell him they bought his CD. He has never performed in Japan, but one day would like to make his way there.

Before reaching his position at KCC, Takamine also worked at UHM teaching classical guitar but decided to move on and got a job as a loan officer. After working for UHM and as a bank loan officer, teaching again became a goal.

Last year, Takamine took on the job of teaching a private student. By assisting the student, he realized that he should start teaching again. It felt like the right time to get back into teaching. He then made the move to call KCC and ask if there were any open positions.

He was referred to the Continuing Education program offered here at KCC.

Because of scheduling situations in registration, his classes have been moved to the summer sessions. His classes will be available to sign up for in the summer catalog.

His classes will be targeted towards a variety of different talent levels in students. Though continuing education classes do not grade, he will be requiring attendance. The class is more of an experience for the students. It's about understanding the guitar, concentrating on learning how to play, focusing on more than

give students the opportunity to suggest a song, and he'll teach it to them on guitar. Possibly for a final, the

will pick a song to perform with a group or as an individual.

"People will come in at different levels, talent and experience," he said. "(I want to) push them forward and help to improve."

Takamine mentioned that the more songs that the students learn, the better. They'll learn the physical challenges and how much time it takes to learn.

He has a vision of looking at the students in the class as a group and then moving onto individual focuses. He'll give the opportunity to perform as a group or individually, whichever they prefer.

He wants the students to leave the class with a better knowledge and experience with the

Keith Kashiwada, coordinator of student engagement, shared that Takamine takes to be an entertainer.



Hometown: Manoa

Siblings: 2 sisters

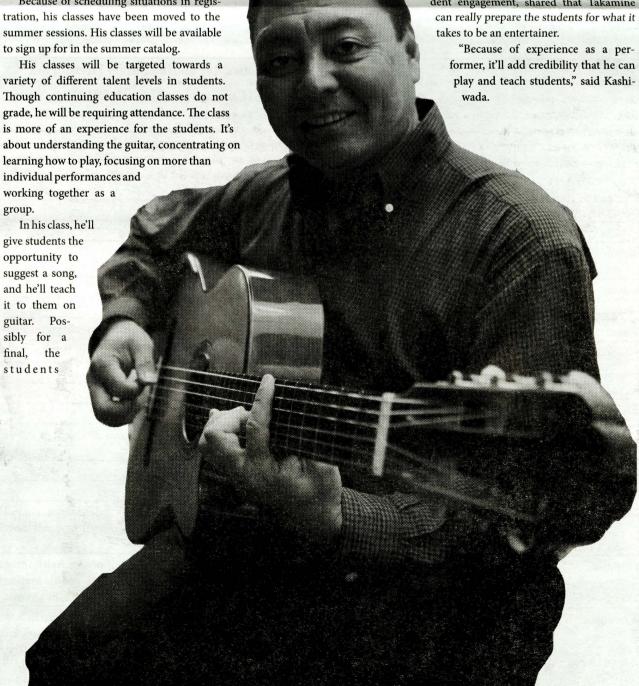
Favorite way to spend his spare time: Bodysurfing at Point Panics and 'Ehukai

Education: UH Manoa with Bachelor's degree in music; Master's degree in business administration

Awards: 2002 Na Hoku Hanohano award finalist for "Two Ti Leaf"

1998 Hawaii Music award winner for "Touch" 1996 CD released "Hawaiian Nights and Summer Dreams"





www.kapio.net

Herbal sagacity

By Alika Pfaltzgraff

STAFF PHOTOGRAPHER

Salvia is the not-so-well kept secret that's been making the rounds in the headlines recently.

The surplus of Internet coverage has driven parents into a frenzy. But is their concern merited?

The plant has earned equal parts scrutiny and acclaim for its mysterious chemical makeup. Some scientists believe that it could be utilized as a tool for fighting Alzheimer's and other cognitive maladies.

At the same time, more and more adolescents are discovering and abusing the herb, as made evident by the countless YouTube videos of kids experimenting with the plant.

While its effects seem to vary largely, the consensus seems to be that it's a powerful hallucinogen that's not to be taken lightly.

Salvia divinorum was given it's name due to it's ancient use is divination and healing. The name directly translates as "diviner's sage" or "seer's sage." Mazatec shamans used it for sacred rituals and would often crush the leaves to extract leaf juices. The juices were then mixed with water to produce a distinct type of tea. These were willfully imbibed in hopes of inducing visions in ritual healing ceremonies. -- The Salvia divinorum research and infor-

mation center

Nowadays, smoking is a much more common method of choice. Many advocate the necessity of a torch lighter and water bong. Also, a positive environment is crucial.

"I've done this many, many times, with much success," said one University of Hawaii-Manoa student who asked to remain anonymous. "The key is to be in a really good state of mind. I've known many friends who were scared and had confusing ... trips. You just have to understand that five seconds after you take it, all bets are off. You could forget who you are, what you are, you could forget that you're on drugs. You could be transported somewhere else entirely. Don't do it alone."

It is banned in 13 states, including Delaware, Florida, Illinois, Kansas, Mississippi, Missouri, Nebraska, North Dakota, Ohio, Oklahoma, South Dakota, Virginia, and most recently, Hawai'i. It was officially made illegal here in December, and stores have since ceased its distribution.

One employee of Holy Smokes, a smoke shop that used to carry the substance, said that when they used to sell it, people would come to purchase it without fully understanding its purpose.

Now, many have taken to the Internet as a means of obtaining this elusive drug. In states where it's legal, it is sold in vari-

ous potencies (5x, 10x, etc.) The higher the dose, the stronger the effect. The duration of the trip varies but usually doesn't exceed 10 minutes

Of course, when it's used without proper care, the results can be less than desirable. Ken Chan, a UH-Manoa student, knows this first hand.

"It was horrible," he said. "I was completely disoriented and confused. I remember trying to get up, but being unable to for fear of breaking my leg. My friends said I was drooling and mumbling inaudibly. Yea, I don't need to try that again."

Contrary to popular belief, its psychoactive properties are not like those of LSD, and Salvia divinorum is not generally understood to be either addictive or toxic.

As with all drugs, effects will vary. Use with discretion, if ever.

"It's definitely worth trying if you're interested in probing the mysteries of the universe," said former Manoa student Travis Tokuyama. "It's this indescribable, overwhelming transportation into another space and time. You're basically taking a look behind the scenes. Everything is imbued with a vague familiarity. When you're there, you get a sense of total deja vu. You suddenly remember things about reality that seem obvious in salvia space, but you can't even articulate them once you come down."

Legal Status

No Federal statutes control or regulate distribution of Salvia. So far, at least 17 states have felt the need to act, passing laws ranging from banning possession or sale for minors to outright bans. Some states have classified Salvia as a Schedule 1 substance, modeled after the federal Controlled Substances Act, where Schedule 1 substances are considered to have ea high potential for dependency and no accepted medical use.

	State Laws Regulating Salvia Divinorum
	(Current as of March 2010)
	Control of the second s
California	Every person who sells, dispenses, distributes, furnishes, administers, gives or offers to sell, dispense, distribute, furnish, administer, or give Salvia divinorum or Salvinorin A, or any substance or any material containing Salvia divinorium or Salvinorin A, to any person who is less than 18 years of age, is guilty of misdemeanor punishable by imprisonment in a county jail not exceeding one thousand dollars (\$1000), or by both that fine and imprisonment.
Delaware	Lists Salvia as a Schedule I controlled substance.
Florida	Lists Salvia as a Schedule I controlled substance.
Illinois	Lists Salvia as a Schedule I controlled substance.
Kansas	Lists Salvia as a Schedule I controlled substance.
Louisiana	Lists Salvia as a Schedule I controlled substance.
Maine	A person may not transfer Salvia divinorum to a minor. A minor may not purchase, possess or use Salvia divinorum.
Mississippi	Lists Salvia as a Schedule I controlled substance.
Missouri	Lists Salvia as a Schedule I controlled substance.
North Dakota	Lists Salvia as a Schedule I controlled substance.
Nebraska	Lists Salvia as a Schedule I controlled substance.
North Carolina	It shall be unlawful for any person to knowingly or intentionally manufacture, sell, or deliver or possess with intent to manufacture, sell or deliver Salvia divinorum or Salvinorin A.
Ohio	Lists Salvia as a Schedule I controlled substance.
Oklahoma	Lists Salvia as a Schedule I controlled substance.
South Dakota	Possession of Salvia divinorum or slavinorin A prohibited—Felony or misdemeanor. No person may knowingly possess Salvia divinorum or salviori A. It is a class 1 misdemeanor to possess two ounces or less of Salvia divinorum or salvinorin A. It is a Class 6 felony to possess more than two ounce of Salvia divinorum or salvinorin A.
Tennessee	It is an offense to knowingly produce, manufacture, distribute, possess or possess with intent to produce, manufacture, or distribute the active chemical ingredient in the hallucinogenic plant Salvia divinorum A. The provisions of this section shall not apply to the possession of planting, cultivation growing, or harvesting the hallucinogenic plant strictly for aesthetic, landscaping or decorative purposes.
Wisconsin	Except as provided in sub (3), whoever manufactures, distributes, or delivers salvinorin A with intent that it be consumed by an individual may be fined not more than \$10,000. (3) Subsection (2) does not apply to the manufacture or any dosage form of salvinorin A that may be obtained from a retail establishment without a prescription and that is recognized by the U.S. Food and Drug Administration as a homeopathic drug. Subsection (2) does not apply to the distribution or delivery to an individual who is 18 years of age or older of any dosage form of salvinorin A that may be obtained from a retail establishment without a prescription and that is recognized by the U.S. Food and Drug Administration as a homeopathic drug.

Future bright for KCC's International Festival



By Paige L. Jinbo

EDITOR-IN-CHIEF

For the 22nd year, the International Festival has wrapped up another successful weeklong event.

Herds of students turned out for this year's festivities. From Khanate of the Golden Horde to Be-Staff Beauty College of Japan, members of the KCC community were nothing less than stoked to participate.

Carl Hefner, International Festival coordinator, and his band of volunteers adorned the 'Ohi'a Cafeteria with ethnic decorations to commemorate this year's theme: pride.

"We themed this year's pride to resonate with being proud of who you are, where you come from, and what you aspire to become in this world," Hefner said.

It's more than safe to say that from March 15 to 18 the campus eluded pride.

What started off as a vision to mold KCC into a model for International Education has evolved into a yearly festival.

The initial stages of the Festival spanned over the three days. However, this notion of incorporating international education into the curriculum rapidly gained momentum. After a few years, the festival expanded to a week.

For the entire week, each day is jam packed with events that will broaden minds on international affairs. Each year, the number of events increase significantly.

According to Hefner, events and performances are selected based on educational content. Hefner receives an abundance of suggestions from faculty members.

"These suggestions are usually excellent, because they have guest speakers or performers that align with student learning outcomes, or that will provide content for their assignments of studies," Hefner said.

Although the 22nd International Festival has just come to a close, Hefner is already looking toward the future.

"The future of the International Festival is bright, as we realize that there is so much to learn about the cultures and cultural expressions in the world," he added.

If you weren't able to attend the events, don't fret. The Festival will continue to be a yearly occurrence for many years to come.

"As long as I am teaching, I will be pleased to organize and direct the KCC International Festival," Hefner said. "Can you imagine the 30th International Festival at KCC? That would mean we have affected generations of students at this college."





ALIKA PFALTZGRAFF, KYLE DURIGAN, SEAN NAKAMURA/KAPI'O

(1.) The International Parade of Cultures was the event that kicked off the 22nd International Festival. Many came out donned in their native garb to show off their pride. (2.) Khanate of the Golden Horde showcased the skills of Mongolian warriors. (3.) Students from the Be-Staff Beauty College of Japan showed members of the KCC community a few Japanese beauty tips. (4.) International Festival Coordinator Carl Hefner feeds one of the lions some money for good luck. (5.) Students also had the opportunity to receive complimentary traditional Henna tattoos in the 'Ohi'a Cafeteria. (6.) Guest musician Darin Miyashiro showcased classic and traditional music on the Japanese koto.

Law:

Continued from page 4

gram, anybody can take the classes. In fact, I many times get students in my class that are liberal arts majors who want to know what the law is all about," explains Jaworowski.

The legal program has a website that you can check out if you're interested in the courses they offer. The website, legal.kcc.hawaii.edu, offers an indepth list of courses offered, descriptions and a video of the professors briefly explaining the courses they teach.

Jaworowski enourgages all students, regardless of major, to take a law course.

"I think everyone should learn about our government and how it works. The goal in Law 101 is to realize as an individual what rights the government owes you."

Books:

Continued from page 4

from whom the collection was sent. They can also be found by doing a basic keyword search of "NFNZ" on Hawai'i Voyager. This will bring up the listing of all 100 books as they were catalogued last year. The search results will also tell you both the location and availability of the books to be borrowed.

All books from the collection have been printed in English and are also available to non-UH community

This collection is just the first phase of books being donated by the Nippon Foundation. The second phase will be more ambitious, translating many of the best Japanese books into English for the first time. The organization is also trying to

Food:

Continued from page 5

Keith Kashiwada, student engagement coordinator, said that the Slow Foods Club is student-driven.

"It's nice to see when students drive the activity," he said.

Monthly meetings are held at 12:30 p.m. usually occurring on Mondays, but more information can be found on posted signs and on the KCC Web site. The events are open to anyone. Those interested in becoming a member, must be part of the UH system and pay a \$15 annual fee. The non-student membership fee is \$60.

As mentioned earlier, the Slow Food club sticks to the mission of aiming to use locally produced products. By using locally grown products, it reduces the carbon footprint and supports those locally who are making a living here. A carbon footprint measures the impact of our activities on the environment and in specific climate change, stated the Carbon Footprint Website.

"The carbon footprint is a measurement of all greenhouse gases we individually produce and has units of tonnes (or kg) of carbon dioxide equivalent," the Web site explained.

Not only does the club participate in a variety of activities off and campus, but the menu provides a myriad of selections. Some items they offer in their selection are: Borlotti Beans and Wilted Kale, Misoyaki Eggplant, Grilled Opah with Citrus Salsa, Hearts of Palm Salad, Coconut Tapioca.

Members are able to learn about

different ingredients, how to use them, traditional preparation, how foods are grown, where they come from, history and the cultural significance of some foods and ingredients. With this in mind, they walk away with a memorable experience.

"...Connecting first hand with the farmers and chefs of Hawai'i to promote locally produced foods is incredibly valuable both now and for my future in the food service industry," wrote culinary student and Slow Food KCC club president Gida Snyder.

Quest:

Continued from page 5

nity College hosted WorldQuest. At the time, there were only about 50 participants.

Rancilio noticed that student participation has increased every year.

"When it first started at HCC, we had about 50 people. In its second year, it went up to about 88 and last

year there were 130," said Rancilio. "We're starting to feel really constrained (having WorldQuest) at the community colleges."

Instructor Patricia Alvarez has been involved in the WorldQuest competition for several years. When she was in college in the 1960s, she helped organize a College Bowl con-

"This type of competition is a long time interest of mine," wrote Alvarez in an e-mail.

To prepare for WorldQuest, Alvarez recommends to her students that they divide the subjects and prepare as they see fit. Rancilio's students find time to study outside of school together. For Velasquez, she read her textbooks and refreshed her memory.

"I think there is no formal way to prepare. Basically browse, refresh your memory, stop at anything that catches your eye or appears new," said Velasquez.

Alvarez said that students challenge themselves while having a good

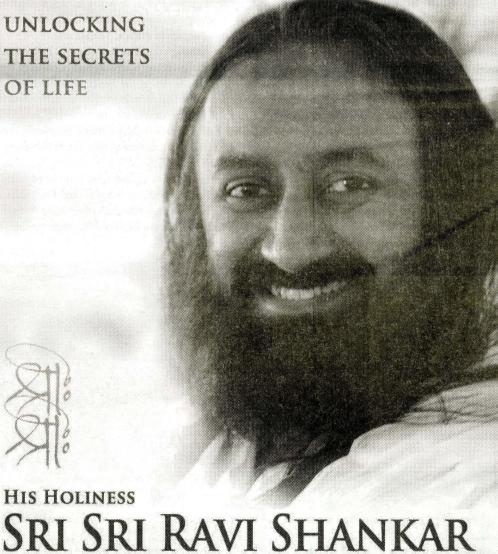
"They learn what fun it can be to challenge themselves with mental gymnastics and what a joy it can be to participate in games with likeminded individuals," said Alvarez. "The main message, I believe, is that learning can be fun."

compile a list of books that are no longer in print, asking publishers to reprint certain titles.

Kawaiaea is waiting for this list to be completed, intending once again to apply, and add to, KCC's Japan Collection, established in 1992.

"I believe (and hope) that those books will promote better understanding between the two countries," Kawaiaea said, "just like the other books in KCC's Japan Collection."

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APRIL 7PM-9:30PM

HIS HOLINESS

THE JAPANESE CULTURAL CENTER OF HAWAII 2454 SOUTH BERETANIA ST, HONOLULU, HI, 96826

An evening of WISDOM & MEDITATION

TICKETS: HTTP://EVENTS.ARTOFLIVING.ORG HAWAII@US.ARTOFLIVING.ORG 808-256-4530 | SRISRI.ORG | ARTOFLIVING.ORG