

# **Ka Mana'o** The Thought

LEEWARD COMMUNITY COLLEGE

FALL 2011



CAMPUS RESOURCES GUIDE | FASHION | HOT SPOTS | SUBWAY

# Ka Mana'o

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## Ka Mana'o

We're looking for students who would like to join our staff. We'd also like submissions of your work, including creative writing, poetry and artwork, as well.

For more information contact:

[stanleyl@lcc.hawaii.edu](mailto:stanleyl@lcc.hawaii.edu) or visit room AD220







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— cover photo by Paul Topp

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# Excellence in teaching

## Award no surprise to Martel's colleagues

Writer: Suzette Farnum

Photographer: Paul Topp

Bobbie Martel, an instructor and coordinator of the Associates of Arts in Teaching program, was one of 15 recipients of the University of Hawai'i Regents' Medal for Excellence in Teaching.

This does not come as a surprise to any of her fellow professors or students at Leeward Community College. She engages and encourages every student in her classroom and in doing so, brings out the best in all of him or her. Even her colleagues are spurred on to greater heights.

"Ms. Bobbie Martel is arguably the most experienced and dedicated educator I have ever worked with," said AAT instructor Michael Cawdery. "Her contagious passion for the support of students can't help but make those around her stronger educators. The demonstrated positivity and care on a daily, if not hourly level creates the highest and brightest form of collegial atmosphere. I feel safe, warm and nurtured, and as a result I can produce my best work. I do not doubt that this is what it is like in all of Bobbie's classes."

Martel has been a teacher for over 37 years, the first 30 as a kindergarten teacher, the last seven as a mentor to future teachers.

"She's passionate about her work and makes you want to be a great teacher like she is," said Bernadette Mack, who completed the AAT program in May. "She's not only a mentor, but a role model for me to becoming a teacher."

Another fellow instructor in the AAT program, Jeffrey Judd, said Martel brings together theoretical and practical applications in fun and engaging ways.

"Bobbi is a master at weaving theoretical aspects of teaching with real practical applications," Judd said. "Her class is about doing and applying what is learned, and she presents those applications in a fun and engaging way. I am sure that many of her students don't know how much they are learning about the fundamentals of teaching because they are having too much fun doing it in class.

"The students never know what kind of 'wackiness' is going to happen, and that's part of the Bobbie's teaching experience. It is a real master teacher that has the skills and experience to pull that off every class period, but Bobbi finds a way to do it. She is definitely an inspiration to all teachers striving to improve their craft."



*Bobbie Martel, coordinator of the Associates of Arts in Teaching program, is recognized at Leeward's commencement ceremony.*

Mack once joked to Martel that she hoped to be like her when she grows up. Mack will attend Chaminade University this fall and major in elementary education.

"She was just an inspiration. She had 30 years plus working with elementary students and education students," Mack said. "She just really helped me understand that experiences play a part in your role as a teacher, personal experiences. She's a great motivator. She makes you feel you can achieve anything you put your mind to."





courtesy photos



# College Bash starts semester

Event features food, prizes, games

Writer: Valerie Mako

The College Bash is where the party will be.

Leeward Community College's Student Activities Board and student government will welcome students to the fall semester with the annual College Bash. College Bash will be held at Tuthill Courtyard on Aug. 31 from 11 a.m. to 3 p.m.

"The College Bash is really great," said Martinea Trippett, SAB co-chair. "It is one of the biggest activities we plan here at SAB. You do not want to miss it. It is an event planned by students for all students of Leeward to have fun and awaken school spirit. You do not want to miss it."

This event is for all students to enjoy and was organized over the summer by student members on the SAB. There is no admission for the College Bash and students will have the opportunity to meet new people, win prizes and learn more about what the college has to offer. The student government and student clubs on campus will be participating in the event and vendors such as T-Mobile and Honolulu Zoo will be giving away prizes.

"The College Bash is an event of higher quality and

a lot of students as well as faculty participate in the College Bash," said Jasmine Desamito, SAB co-chair. "It is so much fun and there are so many students and activities happening all at once that it is a bit of an adrenaline rush."

Some of the activities at College Bash will be arts and crafts, relay races, raffles, games and prizes. There will also be free food, entertainment and a photo booth.

"It is going to be awesome," said Ariana Lemisio, SAB marketing co-director. "I will be at the arts and crafts booth. Hope to see you there."

This fall, SAB's events will have a jungle theme. To find out more about SAB, visit room AD-223B or [www.facebook.com/leewardcc.sab](http://www.facebook.com/leewardcc.sab)

## College Bash vendors

- Honolulu Zoo (offering free annual pass)
- T-Mobile (giving away two free Bluetooths)
- Threading Lounge (free eyebrow threading)
- Costco (free samples)
- American Savings Bank (Apple gift card prize)
- Pepsi (free beverages) and more



# Subway brings options

More choices for sandwiches, campus eats

Writer: Valerie Mako

Photographer: Ethan Hubbard

From the famous Chicken Bacon Ranch to the Classic B.M.T to the new Pulled Pork BBQ and bacon & egg flatbread, the new Subway eatery has increased the food options on campus.

Located in the Uluwehi Cafe, the new Subway gives the campus more food choices and closes later than the cafeteria. Fall hours are 7:30 a.m. to 6 p.m. daily and Subway accepts debit and credit cards. The rest of the cafe, which carries plate lunches, drinks and burgers, closes at 2:30 p.m. Mondays through Thursdays and 1:30 p.m. on Fridays.

The new Subway, which opened on June 23, is managed by Kamal Gill and has a current staff of seven employees.

“I enjoy eating at Subway. I work on campus and it is convenient for me and it is a way for me to have more vegetables in my meal. I also love that I have more food options when I come to the Uluwehi Cafe,” said Romeo Gorospe, a Leeward student.

Subway offers a fresh array of vegetables, breads baked daily — toasted or non-toasted upon your request

— succulent choices for protein such as ham, turkey, bacon and more. All the ingredients are selected by the customer and one can top off a made-to-order sub sandwich with sauces like ranch or light mayo and just a dash of salt, pepper, oil and vinegar.

Subway even has vegetarian food options like the Veggie Delight or Garden Sub. There are also a variety of cookies to indulge in like double chocolate chip and peanut butter.

“The students really find the cookies to be delicious. That is one of our quick moving items.” said Reyn Afaga, Subway staff member and Leeward student.

**Subway has over 34,000 locations in 98 countries. In all, Subway uses:**

- Over 18,000 cases of tomatoes each day.
- More than 340,000 pounds of red onions each week.
- Over 3.4 million pounds of lettuce weekly

—From Subway.com





# Recognition for Wai‘anae

Campus nominated for Governor’s Award

Writer: Lono Willis

Photographer: S’meta

To some, the term “community” may be as simple as “people.” To Webster’s Dictionary, it means “a social group of any size whose members reside in a specific locality often having a common culture.”

For Laurie Lawrence, Coordinator of the Leeward Community College-Wai‘anae campus, a community is “a group of people with the same basic vision who work together for that vision to become reality.”

Community is important because there needs to be a sense of belonging for all students. The community role belonging to Wai‘anae’s Education Center Team is a “bridge” that leads to furthering education at another college, whether in or out of state.

Embracing that theme of community has the Wai‘anae campus up for the state Governor’s Award in the Team of the Year category. Wai‘anae is the nominee from the University of Hawai‘i system. The award honors the state employees who exemplify the highest caliber of public service and dedication to serving people of Hawai‘i. The nominees will be rec-

ognized at the Governor’s Awards Ceremony on Oct. 14 at the Hawai‘i State Capitol Auditorium.

Lawrence says that she is proud to represent the nomination and is honored. But, if the award is not presented to the Wai‘anae Education Center Team, they will be fine. All Lawrence wants is recognition for her faculty and staff and for all of their hard work.

S’meta, a Leeward-Wai‘anae student and area resident said, “We have a lot of help and support from staff members. They’re so hard working and go the extra mile for their students. I think this nomination is a great accomplishment, considering (Wai‘anae) has so little to work with compared to other UH campuses.”

Just like in any other profession, teamwork is very important. The staff and faculty at Wai‘anae works together to create an assuring and educational environment for students to take advantage of.

“All our success are in spite of challenges that the campus faces,” Lawrence said.

There are a few important resources that the Wai‘anae campus lacks. These challenges include,

but are not limited to: lack of space, tutorial help, and computers. The campus occupies the second floor of a modest office building adjacent to Wai‘anae Mall and overlooking a chop suey restaurant.

Hoku Kealoha, a Wai‘anae student said, “Another computer lab is needed because when finals come, there is never a computer open to help study.”

However, Lawrence assures that they are “working on it.”

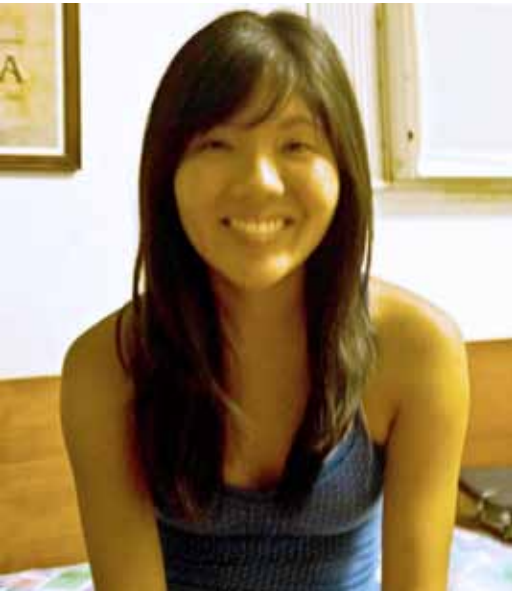
The staff and faculty have offered earlier morning classes and later evening classes. The college also does outreach programs and recruitment activities for high schools in Wai‘anae and Nānākuli.

But the work doesn’t just stop there. The Wai‘anae team also visits homeless shelters and housing organizations that are dedicated to helping individuals make life changes. They do these programs and activities because the college rate for the west side community is low due to a lack of awareness of post-secondary education opportunities.

*continues on page 50*

# CAMPUS *Voices*

“What was the highlight of your summer vacation?”



**JUSTINE YURUKI**

“Road tripping from Arizona to Colorado and just being able to experience something different from Hawai‘i.”

“The highlight of my summer was going to the mainland: California, Arizona and Colorado.” The journey was tiring but the destination was great.”

**DAVID SHINSATO**



**AARON GARCIA**

“Going to Ice Palace to avoid the heat.”



**JAY JUERU HIGA**

“Coming back to Hawai‘i from Japan and realizing how much I miss my friends.”



**JOHN MARK JACINTO**

“Attending events in town, staying up all night and going to the beach, and then starting summer school.”



**SABRINA JOHNSON**

“My highlight of the summer was passing the first two English classes of summer school.”

*Photos/text by Levi Vilorio*



# Leading the way

## New president here to listen to concerns, help students

Writer: Valerie Mako  
Photographer: Joel Gaspar

Tracy Imper joined the student government because she wanted to make a difference on campus and believed all students should enjoy their college experience.

Imper is Leeward's new student government president. She is currently enrolled at Leeward Community College and University of Hawai'i-West O'ahu and working towards degrees in anthropology and English.

"I am very excited for this upcoming year and would like to encourage students to come in to the office and talk with us," said Imper. "Whether it is a concern about a grade, a professor, improvements on campus or you just need someone to talk to. We are here to listen and to help."

Should a student be in a hurry, or pressed for time, the student government office located at the Campus Center has a new comment box posted outside for use. Comments can also be sent to [leewardsg-l@lists.hawaii.edu](mailto:leewardsg-l@lists.hawaii.edu). Students can stop by the office.

"Please take advantage of the opportunity to share your opinions with us," she said. "This year, students will be seeing the president and vice president around campus asking for your opinions and what students want to see happen on



*Tracy Imper speaks with Chelsea Campbell during a student government meeting.*

campus. We are currently working on designated smoking areas and the major importance of making sure every student feels safe on campus."

Other members of the student

government are Chelsea Campbell, John-Patrick Whitaker, Aviee-Ann Lee, Dennis Resurreccion, Reyn Afaga, Darien Washington and Joanna Dingle. Dingle represents the Wai'anae campus.

## Intramural sports start this semester

Leeward Community College students will be able to participate in intramural sports this fall. Students will be able to form their own teams with other students and challenge other student teams.

A volleyball league will be held on campus in the fall semester and it's also open to Leeward faculty as well as students from the University of

Hawai'i-West O'ahu.

Leeward students will also be able to participate in UH Mānoa's intramural sports league in flag football, indoor soccer and basketball. Leeward's Student Life office will pay for each team's registration fee at UH Mānoa. The basketball league starts Sept. 6.

Volleyball matches will be held in

the Tuthill Courtyard. A schedule will be finalized at a later date. Matches will mostly likely be held on a weekday afternoon.

Students must complete registration and waiver forms available at the Student Life office or online at [www.leeward.hawaii.edu/studentlife](http://www.leeward.hawaii.edu/studentlife).

—Ka Mana'o staff



*Joshua Auld practices the tissue act from "Oedipus Sex." Looking on are Tiani Sojot and director Reyn Afaga (far right).*

# Music, burlesque, comedy

"Oedipus Sex" to raise funds for theatre

*Writer: Leimaile Guerrero  
Photographer: Joel Gaspar*

"Oedipus Rex" is a tragic Greek myth.

"Oedipus Sex" is a Leeward Community College Theatre fundraiser.

Reyn Afaga and his Leeward classmates hope to raise enough money to put the original "Rex" version into production at the college's theatre. Over a three-day span from Sept. 1 to 3, this two-hour show entitled "Oedipus Sex" promises a variation of burlesque, comedic, and musical performances.

Audiences can also expect a drag number and aerial tissue acts. Tickets will be available for \$10 a piece. "Oedipus Sex" would command nothing short of a "mature" rating in theatres. The show starts at 8 p.m.

and there's also a 4 p.m. show on Sept. 3.

"We really want to bring the audience into the fun," said Afaga, the director. He added, "my inspiration came from the 50s and 60s musicals and the movie 'Lady of Burlesque.'"

Everyone's thoughts and ideas are combined to come up with an entertaining and engaging show. The first half of the affair shows off the various talents circulating around campus. Among some of the musical talents is a six-man jazz band and U.S.O style girl group.

Joshua Auld and Tiani Sojot will put on an aerial tissue act that will leave audiences in awe. The act involves doing acrobatics midair while intertwined with cloth strips attached to the ceiling. Audiences will also see a return of the popular

burlesque strip tease.

The second half of the show is composed of two original short story plays. Both acts take place in the "Bouncing Betty Bar" and are original short stories written by the students. Each play will reveal the different antics and events that take place in the bar. One can only imagine what's in store until they've seen it for themselves.

Funds from "Oedipus Sex" will help the Leeward Community College Theatre to cover the costs and secure the rights to put on future productions. A majority of the performers are Leeward students who have put in a lot of time and effort over the summer for the production.

Bring a friend or bring a date, but don't forget your boa!

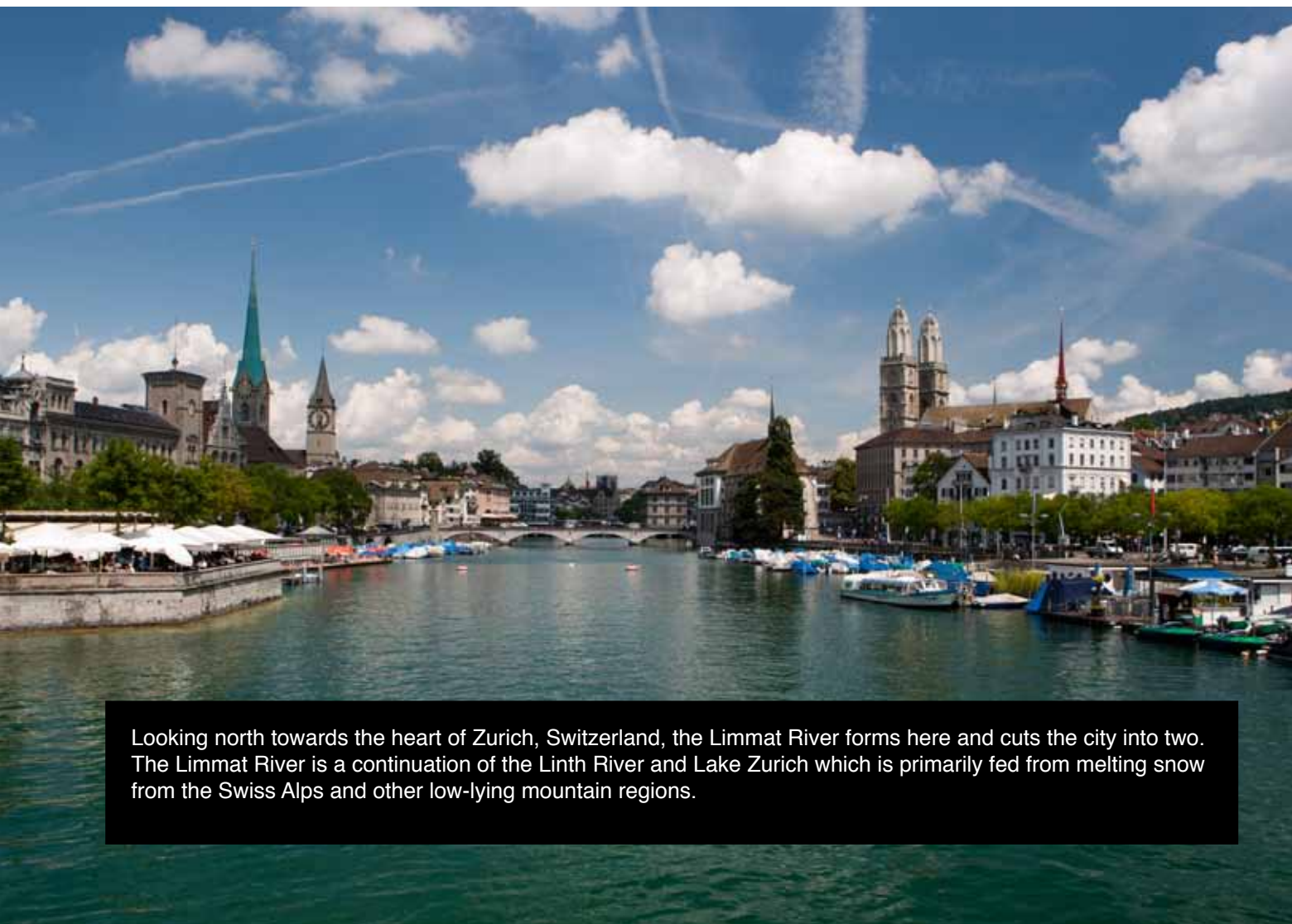








In Amsterdam, Netherlands, local residents and tourists alike walk along the canal of the famous Red Light District where prostitution has been legal and accepted since before the dark ages. In the Netherlands as well as the rest of Europe and Scandinavia, the public and elected officials tend to have a better understanding of human sexuality and sexual acceptance.



Looking north towards the heart of Zurich, Switzerland, the Limmat River forms here and cuts the city into two. The Limmat River is a continuation of the Linth River and Lake Zurich which is primarily fed from melting snow from the Swiss Alps and other low-lying mountain regions.





## European vacation

*Ka Mana'o photographer Brandon Hicks spent his summer traveling in Europe. Presented are his images and descriptions of the trip.*

(Top photo): In a beautiful park located on Lake Konstanz in Bregenz, Austria, a man contemplates his next move during a game of chess. Modern chess is thought to originate around Western Europe in 1200, with original roots stemming from

Persia around 600.

(Middle photo): Umbrellas are set up above the sidewalks in an art display near an art gallery in Zurich, Switzerland. Aside from being in tune with their natural surroundings, the Swiss are also very proactive in the arts and music.

(Bottom photo): Vines adorn the front of a multi-family apartment

house in Zurich. During the spring season, these vines and others like it are completely covered and draped in aromatic violet flowers which fill the air with wonderful scents. The Swiss take great pride when incorporating nature into and onto their dwellings. In Zurich and the surrounding communities, most houses and apartment buildings have small functional gardens and well manicured yards.









## Summer sessions

The North Shore provides a backdrop to surfing, beautiful beaches, shave ice and during the summer months — polo.

Polo matches are held every Sunday at the Hawaii Polo Club and School, featuring local, national and international teams. Think of it as soccer that is played on horseback. The season started in April and ends in September.

— Photos by Paul Topp



## Financial Aid

Need money for school? See Financial Aid office.

## Counseling

Counselors help with academic advising, career exploration and personal concerns.

## Admissions & Records

Head here for copies of transcripts and questions concerning registration.



# CAMPUS RESOURCES GUIDE

Leeward Community College has an abundance of campus resources available to all students. Take advantages of these amenities and maximize your college experience.

*Resource guide compiled by Leimaile Guerrero, Sazza Self, Valerie Mako, Elizabeth Daligidig and Anzinetti Rezents. Photos by Lono Willis, Levi Vilorio, and Joel Gaspar.*

## Math Lab

Mon.-Thur. 8:30 a.m. to 7:30 p.m.  
Fri. 8:30 a.m. to 3:30 p.m. Ph. 455-0400, Room MS-204.

Do you know what to do when a math problem just doesn't add up? Or do you have an important math exam and forgot your calculator? The Math Lab will help you find some answers.

The lab offers many student resources and tutoring assistance for all math needs. It has calculators that can be borrowed for upcoming exams, a wide range of math books, video and audio sets for visual aids and 25 computers. Tutoring is available as well as personal worksheets to help remind you of formulas you may need for a particular math class.

## Job Prep Services

Mon.-Fri. 8 a.m. to 4 p.m. Ph. 455-0240, Room AD-222

Job Prep Services provides help in searching for jobs on and off campus for students and alumni. The office has a job database and offers help in writing resumes, cover letters and interview preparation. The bulletin board outside its office has a sampling of job ads.

It hosts career workshops, open houses and job fairs. Next open house is Sept. 14 and 15 and job fair is Oct. 5. JPS will host a social media workshop on Oct. 18 and a holiday job workshop on Nov. 22. The West Coast Consortium of Law

Schools will be held Nov. 23.

On-campus jobs can be found at <https://sece.its.hawaii.edu/sece>.

## Kāko'o 'Ike

Mon.-Thur. 8:30 a.m. to 5 p.m. Fri. 8:30 a.m. to 3 p.m., Ph. 455-0421, Room L-208

The KI program provides support and services to students with documented disabilities. Services include preadmission counseling, alternative testing, taped text, note takers and sign language or oral interpreting. The KI program also offers computers with assistive technology such as alternative formats for printed material, assistive listening devices and training on adaptive equipment.

## Student Life

Mon.-Fri. 8 a.m. to 4:30 p.m. Ph. 455-0208, Room AD-223B

Student Life is the hub of all student activities, clubs, organizations and events on campus. Students who wish to create clubs, arrange events, or post flyers are required to receive a stamp of approval from the office. There are about a dozen diverse clubs operating on campus, reflecting interests in sports, music, ethnic backgrounds, hobbies and academics. A full list of clubs is online at [www.leeward.hawaii.edu/studentlife](http://www.leeward.hawaii.edu/studentlife). Students can also stop in to purchase discounted movie tickets to the Consolidated and Regal theatres.

## Hālau 'Ike o Pu'uloa

Ph. 455-0555, Room DA-106

The hālau provides academic and support services that aim to advance opportunities for Native Hawaiian students. Its Ho'ulu Project targets students in career and technical education programs. It offers a career resource center, library of books and multimedia, and laptops. The hālau hosts an array of events throughout the year such as its Distinguished Cultural Speaker Series.

## Sulong Aral

Ph. 455-0557, Room DA-204

Sulong Aral provides free and personalized academic support to students of Filipino ancestry and anyone interested in Filipino culture. The program offers college planning assistance, tutoring, cultural activities and workshops. There is also a study area and computer lab for students to use. Fall hours will be posted at <http://www.leeward.hawaii.edu/filipino>

## Theatre

Ph. 455-0385

The Leeward CC Theatre hosts performances created by students, local, national and international artists throughout the year. Show schedule for the upcoming season can be viewed online at <http://lcctheatre.hawaii.edu>.

# Library

Mon., Tues. 8 a.m. to 8 p.m. Wed., Thurs. 8 a.m. to 6 p.m.  
Fri. 8 a.m. to 3 p.m. Ph. 455-0209

There are many ways to contact the library for assistance — in person, over the telephone, e-mail ([lceref@hawaii.edu](mailto:lceref@hawaii.edu)) or chat online through the library's site at [www.leeward.hawaii.edu/library](http://www.leeward.hawaii.edu/library). Its online site has research tools, handouts and databases needed to locate resources. The circulation desk has laptops for students to check out and there are study rooms students can reserve to use.







## Leeward CC-Wai'anae

86-088 Farrington Hwy, Suite 201. Ph. 696-6378

Did you know that there's a Leeward campus on the west side of the island? It's right in the middle of Wai'anae, next to the Wai'anae Mall and behind the Tesoro gas station.

The Wai'anae campus offers many of the prerequisite courses such as math and English needed to complete a degree. There are daytime and evening classes available. The campus has counselors on hand to meet with students, Learning Resources Center (pictured), Testing Center and a lab with computers.

## Health Center

Mon.-Fri. 8:30 a.m. to 4:30 p.m. Ph. 455-0515, Room AD-122

For many students, attending college often results in sacrificing insurance benefits full-time jobs can offer. The Health Center helps ease the financial stress by providing students an array of services at affordable rates. The nursing staff is available daily from 8:30 a.m. to 3:30 p.m. Doctors are in Mondays from 9 a.m. to 11:30 a.m. and Wednesdays from 9 a.m. to 1 p.m. HMSA is the only insurance accepted at the center. However, students with no insurance are also welcome.

Students with no insurance can receive several different immunizations such as tuberculosis testing for \$12 and MMR shots for \$10 per shot. Tetanus and hepatitis shots are among the other immunizations offered on a regular basis. If you are insured by HMSA, no fees or co-pay is necessary. Other services for students include physical check-ups, pap smears and testing for sexually transmitted diseases.

Although drugs are not available at the center, doctors can issue prescriptions to be picked up at a pharmacy. Students can request

free blood pressure tests and free condoms are also available.

## Children's Center

Mon.-Fri. 7:45 a.m. to 3:15 p.m. Ph. 455-0488, Room CE-101

Finding a good daycare service is among one of the beastly show-downs a student-parent may have to face. Leeward Community College tries to ease the headache however with a daycare facility on campus. Although the facility is open to everyone, parents who are taking a minimum of six credits at Leeward do receive priority in the selection process. The center has a max capacity of 19 children, ages 3 and up.

Prices vary depending on how often a child attends. If your child is too young, other community colleges offer services for younger children. Kapi'olani Community College accepts children starting at age 2 while Honolulu Community College will accept three-month old babies. Beverly Chang from the Early Childhood Education Center at KCC recommends parents to log onto the Patch Referral Service or National Association for Young Children's Web sites to find a daycare center

that best suits the needs of parents and children.

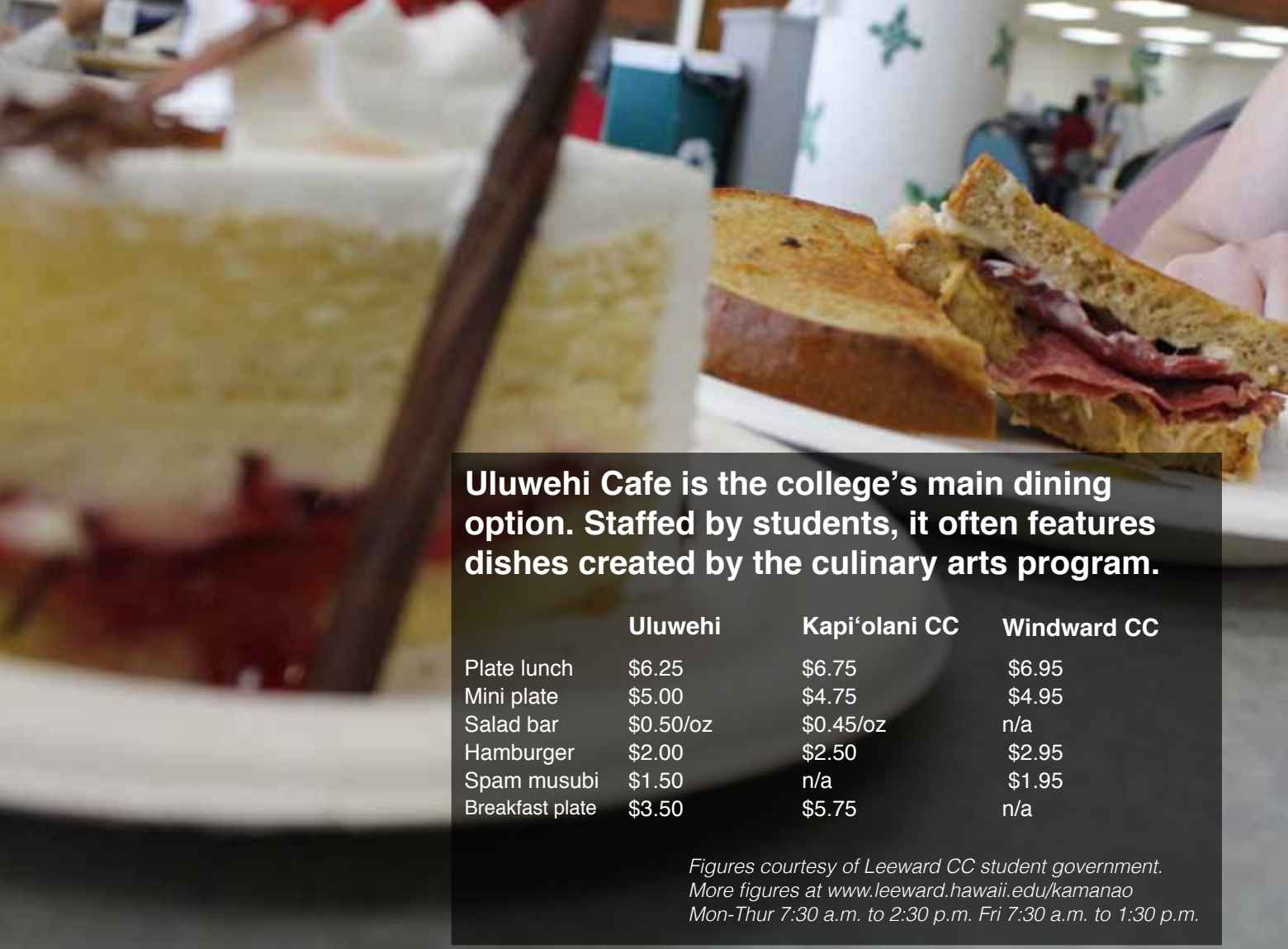
## Shade House

Located behind the cafeteria, the Shade House is home to plants used by the college's horticulture, agriculture, botany and plant bioscience classes. It has the University of Hawai'i system's largest collection of Native Hawaiian plants, many of which are endangered. For example, it has cultivated several alula plants. Only one is left in the wild.

## OCEWD

Ph. 455-0477

From 'ukulele to Okinawan dancing to forklift operation and nurse aide training, the Office of Continuing Education & Workforce Development offers personal enrichment and workforce development classes. It is perhaps best known for its motorcycle safety classes. Completion of the class, which costs \$200 and includes classroom and course instruction, leads to a state-licensing waiver. [www.ocewd.org](http://www.ocewd.org)



**Uluwehi Cafe is the college’s main dining option. Staffed by students, it often features dishes created by the culinary arts program.**

	<b>Uluwehi</b>	<b>Kapi’olani CC</b>	<b>Windward CC</b>
Plate lunch	\$6.25	\$6.75	\$6.95
Mini plate	\$5.00	\$4.75	\$4.95
Salad bar	\$0.50/oz	\$0.45/oz	n/a
Hamburger	\$2.00	\$2.50	\$2.95
Spam musubi	\$1.50	n/a	\$1.95
Breakfast plate	\$3.50	\$5.75	n/a

*Figures courtesy of Leeward CC student government.  
More figures at [www.leeward.hawaii.edu/kamanao](http://www.leeward.hawaii.edu/kamanao)  
Mon-Thur 7:30 a.m. to 2:30 p.m. Fri 7:30 a.m. to 1:30 p.m.*

## **Learning Resource Center**

Mon.-Thur. 8:30 a.m. to 4 p.m. Fri. 8:30 a.m. to 2 p.m.  
Ph. 455-0412, Room L-101

The Learning Resource Center is the best place to seek assistance in all areas of study. One of the center’s best services is the availability of free tutoring in almost any subject — from accounting to Japanese to literature to English as a second language. Tutoring is also available online for many subjects.

In addition, the LRC has computers and printers. Other services offered include multimedia such as CD-ROMs and DVDs that supplement foreign languages as well as pre-recorded study skills workshops that cover a wide range of topics. Some content tutors will be available by appointment on Tuesdays and Wednesdays from 4 p.m. to 6 p.m. Online help hours will be posted at <http://emedia.leeward.hawaii.edu/lrc>.

## **Writing Center**

Mon.-Thur. 8:30 a.m. to 4 p.m. Fri. 8:30 a.m. to 2 p.m.  
Ph. 455-0409, Room L-101

Connected to the LRC, the Writing Center provides assistance in all forms of writing — from class assignments to scholarship essays. The center’s writing consultants are students who work with students through the writing process.

Appointments with consultants can be made in person, over the phone or online at [www.leeward.hawaii.edu/writingcenter](http://www.leeward.hawaii.edu/writingcenter). Writing consultants will be available Tuesdays and Wednesdays from 4 p.m. to 6 p.m. in person, online and by phone; and from 7 p.m. to 9 p.m. for online appointments. For the fall semester, Sunday evening online appointments with writing consultants will also be available.





1



2



5



4



3

1- Free condoms are available at the Health Center. 2- The LRC offers tutoring in person and online. 3- The tennis courts behind Uluwehi Cafe. 4- Counselor Heather Aihara meets with Franalyn Galiza. 5- The Shade House is next to the tennis courts.

## Testing Center

Mon.-Fri. 8 a.m. to 4 p.m. Ph. 455-0273, Room BE-227

The testing center offers a quiet proctored testing environment. Proctored? It basically means a monitored environment to ensure there is no cheating. If you have been accepted into the Leeward or UH system, you can take the COMPASS English and Math placement tests as long as you have a student I.D. number and picture identification. Other tests administered at the testing center include online, written and make-up tests issued by instructors.

All students are required to bring a photo I.D. along with supplies such as Scantrons, pencils and paper. No food or drinks are allowed.

Students can also request a proc-

tored test to be issued at Leeward's testing center if they are taking an online course from another college within the UH system.

## Computer Labs

Mon.-Thur. 8 a.m. to 8 p.m. Fri. 8 a.m. to 4 p.m. Sat 9 a.m. to 1 p.m. Ph. 455-0623, Room BS-109 and BE-226

The labs provide students with computers to use for their academic needs. All computers have Internet access and Microsoft Office. Students are required to present a current student I.D. at sign in. All labs are equipped with printers that allow students to print up to 10 pages.

Although all the computers in the BS-109 location are PC based operating systems, there are Mac

computers in its labs around campus. Students can access the Mac computers when they are not in use by classes. Check at BS-109 for availability.

## Tennis Club

Experienced player or newbie, the club welcomes all interested players. The club practices on the tennis court located behind Uluwehi Cafe. Contact Tatiana Omokawa, [tatiana2@hawaii.edu](mailto:tatiana2@hawaii.edu)

## Soccer Club

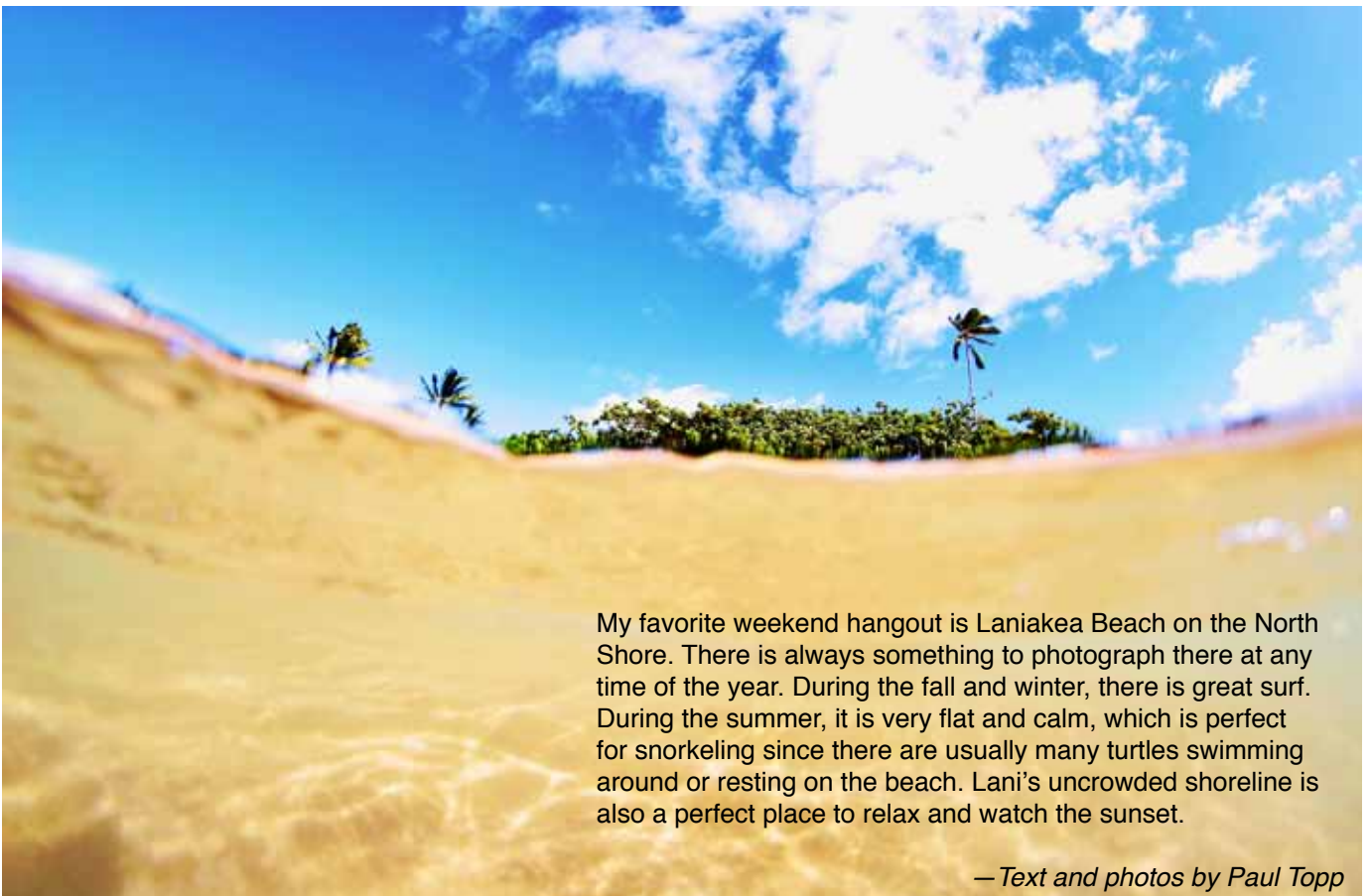
All interested players should contact Jeremiah Boydston, [boydstun@hawaii.edu](mailto:boydstun@hawaii.edu). The club practices in Tuthill Courtyard.

A sea turtle is shown swimming in the ocean, split between the surface and below. The top half of the image shows the turtle's head and shell above the water line against a clear blue sky. The bottom half shows the turtle's body and shell underwater against a greenish, slightly blurred background. The text 'STUDY BREAK' is overlaid on the left side of the image.

# STUDY BREAK

School is not always stress free.  
Here are some of Ka Mana‘o staff’s favorite spots around  
the island to get out and relax — from beaches to restau-  
rants to places that work your mind and body.  
The fun shouldn’t end with the end of summer.





My favorite weekend hangout is Laniakea Beach on the North Shore. There is always something to photograph there at any time of the year. During the fall and winter, there is great surf. During the summer, it is very flat and calm, which is perfect for snorkeling since there are usually many turtles swimming around or resting on the beach. Lani's uncrowded shoreline is also a perfect place to relax and watch the sunset.

— Text and photos by Paul Topp



# Central O‘ahu Regional Park

Looking for a wonderful place to workout at the end of a long stressful day at work and school? Yeah you can hit up the local gym, pay a possible fee and workout with sweaty people in a noisy environment, or you can walk, jog and play sports in a serene, lush and vibrant park where the view of sunsets peak beautifully behind the Wai‘anae

mountains.

Located in Waipi‘o, Patsy T. Mink Central O‘ahu Regional Park has been open for a decade. Named after the late Hawai‘i congresswoman, the 269-acre public park houses over 20 tennis courts, an aquatic center, baseball and softball diamonds as well as other large and vast multipurpose fields for football,

soccer, yoga, or even picnics. If you want to exercise surrounded by nature, walk and jog in solitude or with a friend over the rolling green hills, play games in its massive fields, or simply catch a sunset, drop by CORP. Parking is abundant.

— *Text and photo by Joel Gaspar*



## Mokulē‘ia

It may seem unoriginal to mention the beach, but we live on an island surrounded by the Pacific Ocean. Taking advantage of the simple things is a must when living an island life. If the feeling of exhaustion is overwhelming, going to the beach is a logical choice. And, going to Mokulē‘ia won’t disappoint.

Past Waialua High and Intermediate, the polo field and the Pacific Skydiving Center, a rural path leads to serene Mokulē‘ia. Although there is a lack of restrooms, the scenery, ocean, and other natural matters make up for it.

By the way, you may want to take a few companions with you. It’ll just make the experience that much better.

— *Text and photo by Lono Willis*



# Storto's

## Deli & Sandwich Shoppe

If you hang out on O'ahu's North Shore long enough, you are bound to get hungry. Aside from the icy cool treats served at the famous Matsumoto's, most of the eateries remain shrouded in a mysterious veil of the unknown. Ask a local, and they will tell you that Storto's is the best place to grab a delicious sandwich. Storto's has a 4.5 star rating on Yelp, and reviews such as "BEST sandwich spot on O'ahu," "DELISH," and "Puts Subway to shame." This shop is open everyday except Christmas from 8 a.m. to 6 p.m. The quaint shop is located right off of Kamehameha Highway in Hale'iwa town. Once inside, you know you've arrived on the North Shore. The walls are papered with surfing posters and stickers plaster the doors. Once you've ordered and received your sandwich, you can enjoy it on their front deck or take to the beach. The unmistakable sandwiches wrapped in pink paper will definitely score you a few competency points with the locals and soften up your kook status.

Storto's has been owned and operated by Pamela Jett since 1977. The deli's name came from her mother, an immigrant from Italy who carried the Storto family name. After graduating from Kalani High School and moving to the North Shore, Pam took her bread recipe and opened up the Hale'iwa Deli & Sandwich Shoppe. Her bread is light and fluffy with a hint of sweet, making any sandwich combination a winner. To add to the North Shore vibe, all her sandwiches are named after famous surf spots. Order up a Chuns, and you will get turkey, salami, and bologna. Or try a Rocky Point served with roast beef, ham and pastrami. All sandwiches come with your choice of vegetables, cheese and dressings. They are also customized and reasonably priced. Storto's should never be classified in the same category as any of the mainstream sandwich chains, ever.

—Text and photo by Leimaile Guerrero



*courtesy photo*

# Cinnamon's

Cinnamon's is my favorite restaurant, especially for breakfast. They have the best Portuguese sweet bread and delicious red velvet pancakes. It's located at 315 Uluniu Street in Kailua. That makes it a great place to hit before heading to Kailua Beach or to Bellows. Be sure to get there a little early because there is usually a line (there always is at the good places!) and don't forget change for the parking meters.

—Amanda Barr



Photos from top left: Hawaiian Brian's, 4play, Hare Krishna Temple. Ka Mana'o photos.

## Hawaiian Brian's

One of my favorite places to go during this past summer was Hawaiian Brian's Billiards near Ala Moana Shopping Center. Hawaiian Brian's is a fun place to just hang out with your friends. There are 40 available pool tables to play on. There's also an arcade with games like Streetfighter 4, air hockey, Dance Dance Revolution and more. There's also a showroom where gigs, raves, and performances are held in. I recommend this place for people who just like to chill and have fun with their friends.

— Elizabeth Daligdig

## 4play Nightclub

One of our favorite chill spots we have gone to during the summer has been 4play Nightclub. The reason why we enjoy going there is because it's nearby in 'Aiea and they always have local bands and DJs performing. There are all types of genres which range from reggae, hip hop to metal. We enjoy the music they play, especially when there's alternative, metal, or indie. Throughout

the summer we've been going there for Battle of the Bands. It's a good place to dance, and they also have a bar for those who are over age 21, along with a lounge area and pool tables.

Also, they have karaoke nights for all those singers. We'd recommend 4play to those who loves to jam to good music, dance, sing, and have a good time — and also to those who reside near the Leeward side of the island because it's not too far of a drive so you save on gas. They have gigs for the well-known local bands and upcoming local bands. We encourage more people to be a supporter of all local bands.

— Elizabeth Daligdig and S'meta

## Hot Yoga

The heat is really starting to get to me. My vision starts to blur and a dull buzzing is in my ears as I lower myself, trying hard not to collapse onto my beach towel, and reach for my water bottle. I take a swig of water and prepare to continue on. You might think I'm fighting my way through a barren desert,

enduring some kind of Bear Grylls style survival challenge. While that would be impressive, the real answer isn't any less adventurous.

I'm doing yoga.

Bikram yoga to be exact, and it is hot.

At the urging of my brother, I tried my first 90 minute class this summer where I perspired, persevered, and became positively HOOKED.

Hot Yoga, located at 1130 North Nimitz Highway, is home to the island's biggest yoga room which is heated to 105 degrees as is customary for the Bikram system of yoga. Showers and free locker service are available, and after 90 minutes of pure yoga, greatly appreciated. The class itself isn't as dramatic as I've previously described, but beginners may want to take it slow until they become acclimated to the temperature.

The heat is reminiscent of the cloudless days of summer, but the burn of a great workout and the incredible detox you'll experience is unique to Hot Yoga alone.

A full list of classes and instructors is available at the studio's website <http://lockyourknee.com>

— Missy Trippett



# Hare Krishna Temple

Some of the best places to visit are places that you may never think of going. The Hare Krishna Temple located at 51 Coelho Way in the Nu'uuanu Valley is one of the most serene places to visit in Honolulu and one of my favorite places to go.

I am Hindu. However, the reasons to visit the temple go way beyond religious purposes. In addition to being a very peaceful place, it is adorned with magnificent beauty that can only be found in such a place. The temple is a large mansion situated on approximately two acres of land. The property was a gift from Ambarisha Dasa, the great grandson of Henry Ford, the

founder of Ford Motor Company.

While one can enjoy the beauty, there are many services and programs scheduled daily for visitors to the temple. Programs start as early as 4:30 a.m. such as the Mangala arotik (worship ceremony with mantra chanting) to the evening arotik at 6:30 p.m. In addition to the programs, pooja (services) are offered in the morning at 4:30 and 7:30, noon and in the afternoon at 4:30 and 6:30.

Everyone is invited to the Sunday Love Feast that begins each Sunday at 5:30 p.m. All are encouraged to chant, dance, and feast. Bhagavad Gita (scripture) classes are offered

each weekday at 7 p.m.

Everyone should take the opportunity to visit this temple at least once for its serene beauty. Go to experience the sensation of Sadhana Bhakti yoga which is offered in different forms throughout the day. Before you leave the temple, be sure to enjoy a delicious vegetarian meal in a relaxing garden atmosphere from Govinda's from 11 a.m. to 2 p.m. and from 5 p.m. to 8 p.m. Try something new and take in the surroundings and the food of a different culture.

— Sazza Self



# Local Juice

think of the past two years you both shared together. Has these two years been joyous or has the relationship been on its way to this particular situation? (Not to say that a joyous relationship can't be led to this type of issue because it is possible). Two years is quite a long time span for two individuals to get accustomed to one another. Therefore, you shouldn't be afraid to ask a simple question that leads to a simpler answer of yes or no (unless the fear comes from a type of abuse, which is entirely another dilemma that many relationships face. If so, I suggest you exit the relationship ASAP.)

When asking your companion about your allegations, be sure to give yourself a check list.

- Watch your tone of voice
- Be careful with body language
- Observe surroundings
- Confirm that you are not trying to create drama
- Don't make the situation any more awkward and dramatic than it already is or needs to be.

But then of course, there are those who will deny their wrongs. This is when you should follow your intuition OR you could always do a little research (yes, I am referring to the old tactic of spy games), after all, everyone wants self assurance but please be careful.

Side note: Just remember that "trust" is the epitome of all relationships. If after two years "trust" is not present in the relationship then those two years have been ashamedly wasted, and now you don't have anything to show for.

Last question to ask yourself, if and only if, your assumptions turn out to be true:

Is this relationship worth salvaging?

If so, then get over this situation and leave the past behind.

*Have a question? Ask Lono by sending e-mail to [kamanaoleeward@gmail.com](mailto:kamanaoleeward@gmail.com). Responses will be posted at [www.leeward.hawaii.edu/kamana](http://www.leeward.hawaii.edu/kamana)*



*Dear Lono,*

*I think my boyfriend is cheating on me. We have been together for two years and I really like him. I'm too afraid to bring it up. What should I do?*

First of all, there are many ways to approach this situation. Some may cope by using avoidance, others might use a tactic of retaliation, and the rest may do harmful things to themselves and/or others, which of course is ¡No Bueno!

The first thing you may want to consider is to question yourself before your partner.

Question: What has your partner done or what evidence have you found that allows you to make such an accusation?

After answering this question,



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Ka Mana'o photos

# IMAX or Titan XC?

Which large screen will enhance the movie experience?

Writer: Andrew Outwater

Looking for a premium theatre experience? Hawai'i has two options for those who want more than the normal silver screen: Regal's Dole Cannery features the IMAX, a major name to movie theatres, well known for its large screens and incredible picture; and Consolidated's Ward Stadium 16 sports the Titan XC, boasting the largest screen on the island. But, which is better?

I love watching movies in theatres and take my theatrical experience quite seriously. So I decided to take a day to watch the same movie in both the IMAX and the Titan XC to acquire a clear comparison on the overall quality of both. The criteria will not just be the picture quality, but the theatre itself (seats, size, and comfort), sound, and ticket price.

First up is Regal Dole Cannery's IMAX.

## Theatre

I always imagined an IMAX screen to tower over me. From what many of my mainland friends who have been to an IMAX, they all said it was colossal. Dole's IMAX has a

large screen for the theatre that it's in, but the theatre itself is relatively small. If you've been to any other screen at Dole, the IMAX isn't any bigger in terms of the actual theatre. It did install a new, large screen, and also brought it closer to the front chairs to make it seem bigger.

Dole's IMAX has ordinary seats. Like the rest of the houses at Dole, the seats are nice and comfortable but, just your typical theatre seating. There are 14 rows of seats: the four rows in the very front and the 10 rows of stadium seats. Doesn't really matter where you sit, you get the same experience in the top 10 rows. In the front four rows you may get some neck aches from having to look up, especially with the screen closer than their other theatres)

Score: 29/40

## Presentation

The picture was great. Everything was nice and crisp. The picture was smooth and bright, and the 3D popped out quite a bit.

Another thing I should add is that the IMAX isn't using normal 70mm IMAX film. Instead, they're using dual Digital IMAX projectors. While

the overall quality of the picture isn't as great as it would be with standard 70mm film, the two projectors do have quite an impressive picture. Also, with two projectors, 3D films become smoother and brighter, which is important.

If there is one advantage to the theatre's small size it has got to be that the sound quality is much more enhanced. Think of it like taking a sound system that's meant for a living room and then putting it into a bedroom. It's loud, and you can feel a great deal of the movie. I sat a little up from the middle of the theatre, so I was in prime position. The big action set pieces were more exciting with a slight vibration with a large explosion. It's not overwhelming and not always noticeable, but it's nice when it does happen. Everything comes in clear, no speaker rattling with the loud volume either.

Score: 48/50

## 3D

Not every movie shown in IMAX is 3D (though most are). My only complaint is with the type of 3D Dole

*continues on page 48*



# NETFLIX PICKS

**M**Writer: Andrew Outwater

any of you may already know about Netflix's decision to separate their DVD/Blu-ray and their Instant Streaming into two separate deals. While some of you may not like the word "deal," I really am on Netflix's side here. I'm not saying I like what they're doing, I'm just saying that I understand and I respect them for how they decided to go about it.

1. They gave a warning in advance. It's not like they all of a sudden jumped up the price under anyone's nose just to make more money. They were respectful to their customers and gave everyone a heads-up months ahead.

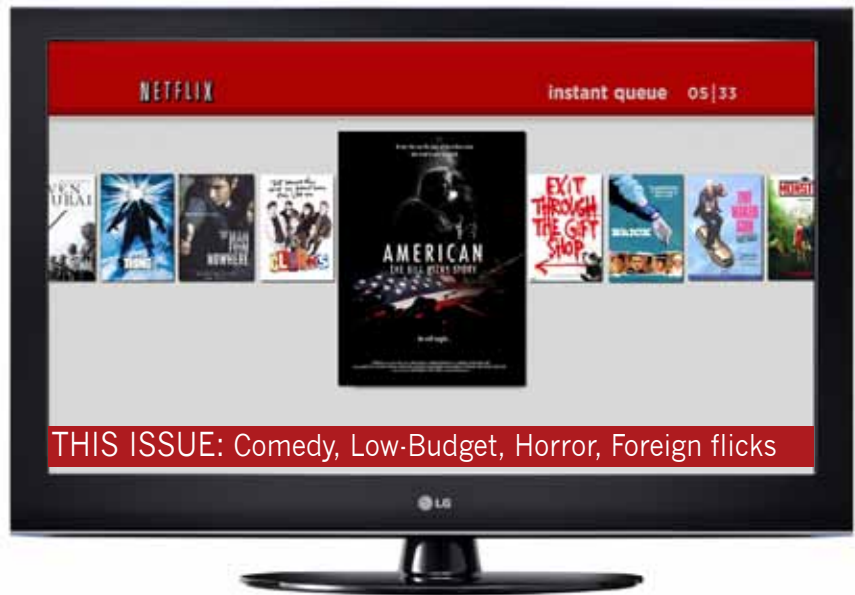
2. They aren't trying to cheat anyone. They are a business, and unfortunately, businesses have to up profits a bit.

3. You could possibly pay less now. I don't know about you, but I hardly ever used the actual DVD service. Most of the time the DVD/Blu-rays just ended up as coffee table decoration for a month or so before they'd actually got played. With the instant streaming, I'm on it several times a week. So you could just get rid of that DVD/Blu-ray service all together and end up paying less per month.

Now that I've addressed the elephant in the room, I've got a few more suggestions for you to check out.

## CLERKS

I'm sure some of you may have already seen it, but I have found a



surprisingly high number of people I've talked to who have never seen or heard of this movie. "Clerks" is Kevin Smith's first film and I still hold it as his greatest. Kevin Smith you may know from movies like, "Zack and Miri Make A Porno" or the horribly misguided "Cop Out." Before those, he actually made some great, low-budget films with a lot of heart: "Chasing Amy" (also available on instant streaming), "Mallrats," and "Dogma." "Clerks" was so low-budget that he used black and white film to save money, and shot it at the convenient store he used to work at. It's not a pretty film, and certainly a movie I prefer in standard definition rather than high definition—I own the DVD and will never buy the Blu-ray because there's no need to. I enjoyed it my first time watching it, but after I got a job at a movie theatre and had to deal with customer service, I found a whole new respect for the film watching it again. ANYONE, (and I really mean EVERYONE) who has ever worked in any sort of customer service before absolutely NEEDS to watch "Clerks."

## AMERICAN: THE BILL HICKS STORY

Bill Hicks is easily one of the greatest comics to ever live. He pushed boundaries and wasn't afraid to go where he felt like going. It's

incredibly unfortunate that he died at the young age of 31, because I think especially now, with everything going on in this country, Bill Hicks' and George Carlin's comedy, view points and messages that he had would have been perfect. "American: The Bill Hicks Story" is a wonderfully put together documentary of how Bill



grew up and became the success he was. It's almost all done with animated still frames of old pictures of him and everyone around him with some file footage of anything relating to what's being said, but it's incredibly entertaining and engaging throughout. It still saddens me that Bill Hicks is gone, but his legend will live on. Anyone who hasn't heard of Bill Hicks should definitely check him out, and anyone who is a fan needs to see this movie.

*continues on page 49*



"American: The Bill Hicks Story"

# Back To School

Take your paper and pens out and test yourselves on these styles that will have you acing exams all semester!

By Maisha Abbott

Clair: Nike Swoosh T-shirt, navy blue denim shorts, reggae print long board.

Sporty Went GLAM



Reggae colored longboard, \$189 at HIC in Pearlridge

Hip Hop Mama



Tashanna: White short top with lime green print, gray cut capris, black belt, Betsey Johnson handbag, black knit cap.



Morgan: Levi skinny jeans, striped top V-neck, gray cardigan, violet Vans shoes.

Punky Prep

## Get your Hip Hop Mama Look!!

Hip Hop Mamas are all about being bright, blinged out and bombastic. Check out these accessories to give you that look!



Kalia Novajosky Jewelry; Earrings, \$5 Necklace, \$7



Betty Boo Hi tops, K-Mart, \$14.99 PunkRose Hi-Tops, Ross, \$16 PunkRose Purple and Blues, Ross, \$15



Graphic mini lime green jacket, \$9



Right:

Lauren: Rich brown Apple Bottoms hoodie, tank, and capris. Cat-eye sunglasses

Below:

Kalia: Poncho made top, navy blue shorts, light brown leather boots.

Clair: Baby blue short dress with colorful designs in front, black waist belt, black flat sandals.

Missy: Lime green short dress with light brown waist belt, black flat sandals.

Char'nel: Tribal printed tube top, black and brown gladiator flat sandals, black feathered hair pin and olive green shorts

All girls wearing jewelry by Kalia Novajosky

### Sporty went GLAM



She created her top out of a BANDANA!



### World Travelers

Fashion Director :: Maisha Abbott

Assistant Director :: Jay

Hair & Make-Up Stylist :: Shaunte Kama

Hair Stylist :: Samuel Barr

Make-Up Stylist :: Mandy Quitog

Fashion Stylist :: Shea-lah Kama

Jewelry :: Kalia Novajosky Jewelry

Photographers :: Anson Popa

Kiane Aila

Models :: Anson Popa

Monica "Missy" Kupa

Tashanna Wright

Char'nel Colin

Clairmentina Kahookole

Morgan Wright

Ryan Dewater

Kalia Novajosky

Lauren Garcia

Dexter Moniz

Ruthanne Dewater

Location :: Leeward Community College-

Wai'anae

Ruthanne: Hot pink graphic tank, black jacket, black Nine West purse, black leggings, Nike high tops, Novajosky Jewelry

Ryan: Black graphic T-shirt, dark blue jeans, black high top shoes, black hat



### Punky Prep



*Sporty Went GLAM*

*Sporty*



*Punky Prep*



*Punky Prep*

## World Traveler Looks!

*Beige travel jacket, Jeans Warehouse, \$9.99*

*Wild print Sak Root hand bag, Ross, \$24.99*

*Novajosky Jewelry, Necklaces \$10 each*



*Dexter (top left): Black Protege tank top with red lining, black and white basketball pants with red lining, Red adidas duffel bag.*  
*Char'nel (middle): White Love Is Everything top, black under top, black adidas sweatpants, colorful PunkRose high top shoes, sunglasses*  
*Anson (above): Red and black plaid graphic top, black jeans, sneakers*



*So Sophisticated!*

*Morgan: Bullhead gray skinny jeans, Hollister striped shirt, black vest, red skinny tie*  
*Kalia: Salmon colored dress, white cardigan, tan pumps, pearl necklace by Novajosky Jewelry*



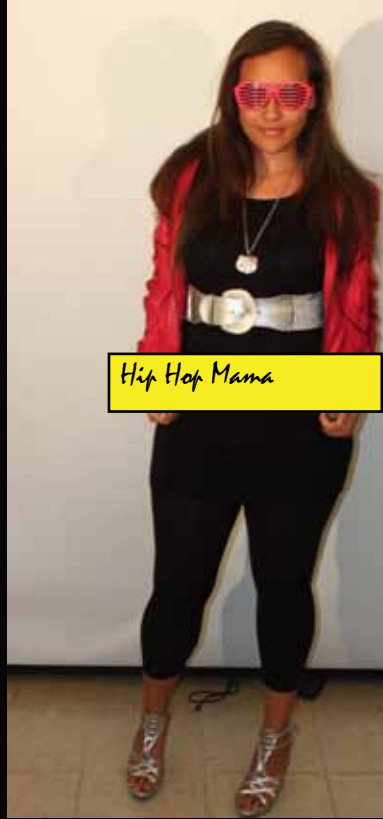
*World Travelers*



*Rockin Prep*



Missy (left): Hot pink Rocawear jacket, black dress, black leggings, silver stilettos, silver belt, Hello Kitty necklace, hot pink sunglasses  
 Morgan (below): Bullhead skinny jeans, Warp and Weft blue plaid, black vest, G-Shock™ watch



Hip Hop Mama



Punky Prep

## The Punky Prep Look

Whether its ripped jeans or plaid jackets, here's your chance to pull off the rocker look with a side of prep!

Baby blue Da Vinci ripped jeans, Wet Seal, \$21.99



Red and black plaid jacket, Ross, \$12.99

Black and white scarf, Jeans Warehouse, \$5.99



Dark brown boots, Jeans Warehouse, \$17.99



World Travelers

# Kalia Novajosky Jewelry

**By Maisha Abbott**

*Kalia Novajosky has mad skills when it comes to creating the perfect back-to-school look. When she first made jewelry, it was just a hobby to put into her collection. But now, she is selling her creations. Want to know more on what else she's selling? E-mail her at: [kalianovajosky@yahoo.com](mailto:kalianovajosky@yahoo.com) or check her posts on Facebook.*



*Turquoise stone earrings \$7  
Pearly swirl earrings \$7  
Lime green lace bead necklace \$10  
Olive green triple chain bracelet \$8*





*Beaded shell necklace, \$8  
Shell earrings, \$5  
Tahitian pearl hooped earrings, \$5*



*Peach colored bead necklace and earring set, \$16*

*Black beaded diamond earrings with golden ball \$7  
Dark color bead necklace \$12*



*Silver stone necklace \$10  
Sun tribal beaded necklace \$10  
Chandelier necklace \$10*

# I DON'T WANT TO GO

*Submitted by Melissa Fritz*

I could feel the force of the jet engines below me. Sitting at a stand still, the plane started to pick up speed. The force from the engines pushed my head against the back of the seat. Suddenly, I felt the bottom of the ground fall from below, and we were airborne. This was my first time on a plane, and it was taking me three thousand miles over the Pacific Ocean to Hawai'i. When I was a little girl, I remember thinking to myself, "I will never get to go anywhere like Hawai'i", but here I was, on my way with no return ticket.

The seat belt signal was prominent throughout the flight and made me jumpy. All I could see below me was blue. I tried not to think about crashing down twenty thousand feet into the vast ocean below, where we would never be found. Unfortunately, it was hard not to because it felt as if the whole plane was in a washing machine from the turbulence. The clock seemed to go very slowly. Finally, we started to see the different islands that made up the state of Hawai'i. The female flight attendant on the loud speaker pointed them out and said it was rare to see all islands when flying in.

As the plane descended down and turned for its final approach, I noticed several ships around the island. From my view it was a buzzing place full of commerce. Floating in the middle of the Pacific Ocean, this place had the appearance of being cut off from the rest of the world. From above the water it looked brown with patches of turquoise because of the coral reef that surrounds the Eastern shore of O'ahu. When we finally landed, and everyone waited with a smile as the plane unloaded.

As I walked off the plane at the Honolulu International Airport, I noticed the air carried a sweet smell of flowers throughout the open airport. The Hawaiian

music at the airport was relaxing and seemed to flow with the sweet winds. I had a feeling of being carefree and weightless. All I wanted to do was put on some slippers and something airy and light to wear. After leaving the airport, I did not expect to see so much land. The land was large, and mountains were surrounding me. I also noticed that this place was very populated, and everywhere I looked, high-rise buildings were in view with the skyline. I had never been to a major metropolitan city before. I was in a shell shock after leaving the airport.

Reggae music dominated the radio, and then a special announcement came on. The radio announcement said that the state of Hawai'i legalized the growing and distribution of medical marijuana. I started to feel like I was in a Rastafarian place. Heading to my destination, I descended down into Kipapa Gulch, just before Mililani. I noticed several military helicopters. I suddenly felt like I was in a scene from a Vietnam movie. The helicopters were flying in a pack of four or five just above the tropical trees. I could hear the chopping sound that the propellers made. I had never seen a military helicopter before other than on television.

I was on my way to stay with my sister and her husband. They'd married, and then he joined the military. Hawaii was their first duty station. My phone had rung one day, and my sister had asked me to come live with her. I could hear the sadness in her voice. She said she did not like it in Hawai'i and had no friends. I'd told her I could not afford to visit. She just wanted me to come and be her friend. I had never been to a military base before and never seen a soldier other than on television. I was on my way to their house on Schofield Barracks. Just before arriving we passed the town of Wahiawā. I could see the difference between night and day by the barbwire





fence that divided the poor town and the military base. When we did arrive, on base I noticed the old barracks building. You could tell they had been there from some time. You could still see bullet holes in the building from the Japanese attack on Pearl Harbor attack. This place had many stories to tell.

From the time I landed in Honolulu to the time I arrived at my destination, I experienced a plane ride across the ocean, a tropical vacation, a metropolitan city, a Rastafarian vibe, a Vietnam movie, the reality of rich and poor, and a military installation. This new place had culture and exposed me to a new appreciation for life. I was like an alien in a new place, eager to explore my surroundings.

As I was getting settled into my new place with my sister and her husband, I found it very odd the house did not have a heating system. My sister had to tell me several times that it simply just did not get cold enough to justify having one. The windows in the house were not real windows. They were like storm windows a mobile home would have in the summer. There were flying cockroaches that would dive right to our heads. The bugs freaked me out. I went to shut the door one night, and it would not shut. I kept pushing on it, but it would not close. I looked in the edge of the door and found that I had been squashing a toad in the door. My brother-in-law laughed at me and made me clean it up. However, none of the bugs scared me as much as the centipedes.

After being settled in, it was time to play tourist and explore the island. We drove for hours, and every area had its own uniqueness. Kāneʻohe and the east side had foliage with lush greenery and steep mountain slopes with waterfalls. Hawaiʻi Kai had the million dollar mansions on the hillside. The west side was dry and had a desert feeling. Central Oʻahu was like a little Los Angeles spread out and filled with townhouses. The North Shore had the big waves and was my favorite. I was not a surfer but I just felt the emotion and spirit in the air. Last but not least, Honolulu was the concrete jungle. It seemed like this small island had a little bit of everything on it.

Finally, we went to the beach, and I was extremely excited. My sister had kept telling me of a place called the lagoons. I had pictured in my mind of a natural tropical saltwater pool with foliage all around. She took me to Ko Olina where the lagoons were manmade with no foliage around. The water made me sneeze, the bright sun, that reflected off the water and sand, made my eyes hurt. I had trouble trying to keep my eyes open in the blinding reflections of the sun. I was disappointed and expected more of a tropical experience.

To read the remainder of this story, visit [www.leeward.hawaii.edu/kamanao](http://www.leeward.hawaii.edu/kamanao) or scan the code with your smartphone.



# My Last Church Jeepney Ride

*Submitted by Phoebe Mendoza*

One sultry afternoon, my mom and I eagerly awaited for the church-owned jeepney to pick us up. I can still remember being in my room, combing my hair as I smirked in front of the mirror thinking that it might have been better if I was going to be dropped at my cousin's place to hang out. Moments later, my mom told me to hurry up, and soon enough I could hear the jeep engine making noises outside of our house.

I was only 13 years old and the word "fun" did not include this church event. I dragged myself out of my room and reluctantly walked towards the jeep. It was the day that our church was bound for Laguna City, in the Philippines, to go camping. I didn't want to be there, but my dad, who was the pastor of our church, insisted that I come. I can still recall the lively exchange of banter between the youth church members that filled the jeep as I hopped on. I wasn't really close to any of the youth members since I didn't feel that we would get along like how my friends and I would, it was just different.

As soon as everybody was set, we drove off to the steep hill that led to the entrance gate of our subdivision. Everybody was having fun and laughing at each

other's jokes. I was seated way at the back of the jeepney in my own little world. My dad was seated on my left while my mom was on my right side. Once we reached the top of the hill, something unthinkable occurred. The brakes snapped, and no matter how hard the driver slammed on them, the vehicle wouldn't stop. The jeep was rolling downhill at a moderate speed and the driver was in a panic.

I looked at the driver's face, and he looked at us at the back seat and said, "Wala tayong break! The brakes aren't working!" Once the driver uttered these words, everybody trembled. The laughter everybody had only moments ago completely died down. Looking around at the faces around me, I knew as much as everybody else did: there was no guarantee we would all see each other laughing again once we reached the bottom of the hill.

To read the remainder of this story, visit [www.leeward.hawaii.edu/kamanao](http://www.leeward.hawaii.edu/kamanao) or scan the code with your smartphone.



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## Horiuchi's Fried Noodles

*Submitted by Letitia Lavoie*

I have yet to come across any place that comes close to the best-fried noodles I have ever tasted in my life. My parents and grandparents would often take my older sister, my brother, who was too young to remember, and me to a place on Depot Road in Waipahu located directly across what used to be the entrance of the O'ahu Sugar Mill Plantation.

This place was well known by the plantation workers as Horiuchi's or the H-Saimin Stand. It was a hole in the wall place with booths for people to sit and eat or they could sit up front on the fountain chairs up front. Despite what it looked like the tables were clean, the service was good, and the food was delicious. It was the best place to go and eat saimin, won ton mein, barbeque stick, or

fried noodles for a reasonable price.

It was a family business run by a nice couple. Mr. Horiuchi you would hardly ever see because he was usually always in the back cooking unless it was slow and he would pop in front to help out. The other half was Mrs. Horiuchi who would greet and take your order; no matter how busy she was she made sure she did not keep you waiting long at all. In the busy restaurant, water had been brought right away and the table had been set with utensils needed for our food after we placed our order. She was always so jolly, I remember her as the always-smiling Chinese lady at Horiuchi's.

The food was prepared in always-record speed. I could always smell the aroma of the grilled barbeque meat and taste the fried noodles as soon as we were in the vicinity of Horiuchi's Saimin Stand. They had

the best-fried noodles in town.

There is no place that I have come across since then that has that kind of taste. Unfortunately, Mr. and Mrs. Horiuchi were ready to retire the family business. This happened back in the early 70s. Since then, I have been chasing that taste of their delicious fried noodles ever since. I long to have their fried noodles once again but I have yet to find it. The only thing I could think was to cook my own fried noodles and that is what I did. It is not anything like Horiuchi's but I am satisfied with the outcome. Now I make it whenever I want and for my family too.

To showcase your creative work, contact [stanley1@hawaii.edu](mailto:stanley1@hawaii.edu)





*Title: President Barack Obama  
"I drew this in honor of him bringing  
change to the U.S. and being the first  
African-American president."*

*—Submitted by Vanessa Goze*

**Robert Pascua**

*Summertime on the North Shore can be torture for those who love waves, so when a very late swell comes through, you have to take advantage of it.*



**Robert Pascua**

*When there are no waves, there's not much to do or shoot on the North Shore. Waimea Bay is a good spot to shoot something a little different.*





Carlo Cayetano



Jesse Davis



Lono Willis

Jesse Davis

# In My Own World

*Submitted by Keren Habal*

I had a dream last night  
I dreamt the world was a better place  
And as I slept and slept  
And slept the night away  
Until the early morning  
I dreamt the world had beauty once more  
But when I woke up,  
It was still the same,  
People still died  
And the world was still broken.

I had a dream last night  
I dreamt the world was peaceful  
And as my eyes stayed closed  
In the blissful unaware  
I dreamt the world no longer hurt  
But when I woke up  
People still killed  
And the world was still at war.

And as I dreamed  
I hoped, I wished  
That I could change the world  
That I could lend a helping hand  
To one in need  
And that, that one act  
Would cause a ripple effect  
That could change the world  
And one day make it whole again.

But still I closed my eyes and slept  
It was just a dream  
A dream I couldn't wake up from  
Because I realized,  
It was life.  
It was reality.  
Is this you? Is this everyone?  
Are we apathetic in our dreamworld?  
Waiting for some one else  
To change the fate of the world  
To act on an impulse  
And heal what is broken?  
And so we give up  
And let it go, thinking,  
"I'll leave it to someone else."  
When maybe that someone was us.



## Haikus

Reflections stare back  
Mirrors and lights can deceive  
Beauty lays within you

Smile in the mirror  
Confidence is beautiful  
You know who you are.

*Submitted by Tiana Javier*

Time moving forward  
Perfect moments are captured  
Memories are made

Bin Laden is dead  
Our nation is roaring  
It's about damn time!

*Submitted by April Boyle*

*To showcase your creative work,  
contact stanley1@hawaii.edu*





Lono Willis

*The gorgeous Pa'u Princess of Maui leads her unit through Waikīkī.*



Jesse Davis

chose. Dole Cannery uses RealD 3D which I'm not a fan of. RealD uses polarized lenses that don't always work at certain angles. If you tilt your head to the side, the 3D effect dissipates. Also, if you sit in one of the side seats that angle in towards the screen, the 3D isn't as effective. The 3D is near perfect and though the glasses are very comfortable, they are the cheap, throwaway glasses that you might get at a theme park.

Score: 9/10

### **TICKET PRICE — \$17.00 / \$12.50**

Depending on when you go, tickets are pretty pricey. Tuesdays are "Customer Appreciation Day" where all tickets are discounted. A regular, adult ticket to an IMAX screening will cost you \$17.00 (\$12.50 on Tuesdays). There are no matinee prices for IMAX.

Overall: 86/100. Positives: Great picture, great sound, bright and smooth 3D, comfortable 3D glasses, Tuesdays are discounted. Negatives: Pricey, 3D doesn't work so well at an angle (seats on the far sides, average theatre size/comfort.

### **Now for Ward Stadium's Titan XC Theatre**

While the screens in Ward's large theatres were always big, they expanded the Titan XC screen as much as they could. It's massive and literally towers close to three stories tall. The entrance to the Titan XC theatre is on the second story. When you walk in the theatre, you have stadium seats both up and down from the main walkway. The exits at the bottom lead to the first floor and the exits at the top are on the third floor. It is the largest theatre on the island.

Ward wasn't satisfied with just putting in a new projector and screen. They actually closed out theatre house 8 (the house which the Titan calls home) for some nifty renovations. Ward always had pretty nice seating, but the Titan takes it two steps further.

First step, leather. Yes, you read

that correctly. The Titan XC has close to 500 leather seats. And they recline a bit more than your normal theatre seats do as well.

Second step, assigned seating. When you buy your ticket, you get to select which seat you want to have. It's really nice when you can pick which seat you sit in, but at the same time. This can come in handy on midnight premieres or busy movies. Instead of having to arrive at the theatre early to beat the line, you can buy your ticket early and arrive just in time for the show.

Score: 38/40

### **Presentation**

The picture in the Titan is near perfect. The image is crisp, clear, and always bright. The projector itself only allows a bulb to be used for so many hours before requiring a change, so there are never any flickering or dark spots.

I love to sit right in the middle rows of seats, right in the middle of the screen. From there, the screen is massive and every explosion or landscape shot is beautiful.

Titan XC has an amazing sound system running Dolby 7.1 surround on 32 speakers and eight subwoofers. The theatre rocks. The sharp sound comes in handy when watching movies with loud set pieces and explosions. The sheer amount of power and quantity of speakers more than compensates for the theatre's large size.

Score: 46/50

### **3D**

The Titan's 3D is a hit and miss. The 3D is my favorite type of 3D technology out there. In fact, it's the same concept of 3D that's used for most 3D televisions. The projector alternates the left image and right image on the screen while the glasses have shutters in them that close with in sync with the projector. Simply put, the left eye's shutter opens and the right eye's shutter closes when the left image is on the screen and then the left eye closes and the right eye opens when the right image is on the screen. It's my favorite because it loses the least

amount of light and color for the 3D presentation. The 3D looks great. While compared to the IMAX, the 3D doesn't pop out quite as much, the difference is negligible. The screen in the Titan is so much larger than the IMAX that it balances itself out.

The downside is the glasses themselves. They're big and bulky and can sometimes be a little difficult. I wore eye glasses and found myself occasionally adjusting the 3D glasses over my prescription glasses throughout the show. When I took my glasses off, the 3D glasses fit fine on my head with little problem, but I'm a fan of sharp images, so I struggled to find that comfortable spot. People without glasses should be fine, but those with glasses might find it a little difficult to get settled in.

Score: 6/10

### **TICKET PRICE — \$14.25 / \$16.25**

Similar to Dole's IMAX, there is no matinee price. But Titan XC has different prices for their 2D and 3D presentations. While the price difference for a regular 2D show and a 3D show at Ward is \$4, Titan only charges an extra \$2. A regular adult ticket at Ward runs at \$10.75 (\$14.75 for 3D), so the upgrade to Titan XC is \$3.50 (\$1.50 for 3D).

Overall: 90/100. Positives: Largest screen in Hawai'i, great picture, amazing sound, very comfortable seating, assigned seats with ticket purchase. Negative: 3D glasses may be uncomfortable and difficult to wear

So which is better? Ultimately, I'd say it depends on personal taste. While the Titan XC scored more points, it's still relative. I think the ability to pick your seat when you buy your ticket is a real nice perk with the Titan. It also eliminates having to wait in line to find a good seat if you buy your ticket far enough in advance. Both theatres are fantastic in their own right. I'd say the IMAX is overall a slightly better presentation, but the Titan XC is a whole class ahead in terms of theatrical comfort.



Netflix continued from page 33

### JOHN CARPENTER'S THE THING

This is not only one of the greatest horror films ever made, but it's one of my go-to-movies for supporting remakes. The original "The Thing" was made in black and white back in 1951 and was a solid movie. But John Carpenter ("Halloween," "Escape From New York," "Assault on Precinct 13") upped the ante and made a film that to this day holds up. It's a true, no BS horror film. One of the unique things is that there isn't a single woman in the film. While most horror movies throw in a girl for either a love interest or to be the vulnerable-yet-strong woman to ultimately save the day, "The Thing" doesn't distract you with such nonsense. Plus, given the film's setting in the Antarctic, it wouldn't make any sense. One thing you'll notice right away is there are almost no comput-

er-generated images. Everything's done with practical effects and puppets. It works because it allows the actors to physically see and react to the monsters allowing better performances.

### THE MAN FROM NOWHERE

I always have to throw in at least one foreign film. I love foreign films, and I prefer subtitles to dubs. While I focus on the subtitles the first watch, the second viewing I hardly notice them and it allows for me to catch the details I missed before. However, I saw "The Man From Nowhere" in theatres last year, and walking out I already knew I loved it. The trailer plays it off as an action film when it's really not. Yes, there are some fantastic action moments, and the final fight sequence made my top 10 set-pieces of 2010, but the movie is a slow-burn thriller not unlike "Tony Scott's Man on Fire." I would, in fact,

given the choice call it: The-Man-From-Nowhere-the-Korean-Man on Fire. It's about a man with a violent past who grows a bond with an adorable little girl (completely non-creepy and harmless, a father-daughter type relationship almost) who gets kidnapped. He then goes on an all out mission to find her and take down anyone who gets in his way. It is a slow-burn thriller, and it may be too slow for some. However, the film has a lot of heart and you, through the course of the film, start to love the characters and care for them enough to where you want to see what happens and how it plays out. And those who can make it to the end will be rewarded with an amazing physical and emotional climax.

*Photos credits—Variance Films, Netflix*



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*Wai'anae continued from page 9*

Lawrence and her team are hoping to change this statistic. The team's goal is to make a connection with prospective students, allowing the "bridge" to draw and be crossed by the students at their own pace.

Through these efforts, the Wai'anae team has been responsible for enrollment growth and increased class sections.

For the past three years, the Wai'anae staff has been working on expansion plans for the campus in hopes of comfort for students and enabling success to happen.

According to Lawrence, expansion equals optimism and when asked about her thoughts on the expansion, she replied, "It is going to happen."

*Leeward-Wai'anae was recently recognized for its work. Front row: Ron Umehira, Summer Miles and Jayson Corrales. Second row: Jean StavRue-Pe'ahi, Jennifer Wharton, Genai Keli'ikuli, Danielle Saito, Emi Kaneshiro, Walterbea Aldeguer, Gregg Longanecker, Darwin Bohnet and Mike Pecsock. Back row: Jim Goodman, Manny Cabral, Danny Wyatt (photo courtesy University of Hawai'i).*

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