

**Subject:** This Week at UHWO News Bulletin - Week of November 2

**From:** UH West Oahu News <uhwonews@hawaii.edu>

**To:** uhwo-all-l@lists.hawaii.edu

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## THIS WEEK AT UHWO

*a bulletin for UH West O'ahu faculty and staff*



### Week of November 2

#### November West Winds monthly message from the Chancellor

Visit the Chancellor's Office page of the [UH West O'ahu website](#) to view Chancellor Rockne Freitas' [November message](#).

Read about:

- Student Affairs' successful 15-to-Finish initiatives
- UH West O'ahu's Aloha United Way campaign
- the Hawai'i State Legislative Internship Program
- This week's Emergency Preparedness Training Sessions

#### Welcome, new UHWO faculty and staff!

Welcome and congratulations to the newest member of the UH West O'ahu 'ohana Gary Nakamura, institutional support (fiscal specialist) in the Business Office.

#### Attend an active threat emergency preparedness training session, Nov. 3-6

All UH West O'ahu faculty, staff and students are highly encouraged to attend one Emergency Preparedness Training Session addressing an active threat on campus. The sessions will be offered on

- Tuesday, Nov. 3, 2-3 p.m., Campus Center Multipurpose Room, C208
- Wednesday, Nov. 4, 3-4 p.m., 'Ulu'ulu Archive Exhibition Space, UHWO Library first floor
- Thursday, Nov. 5, 8-9 a.m., 'Ulu'ulu Archive Exhibition Space, UHWO Library first floor
- Friday, Nov. 6, 8-9 a.m., 'Ulu'ulu Archive Exhibition Space, UHWO Library first floor

The one hour session will briefly cover behavior intervention and options for consideration during a campus active threat followed by a question and answer session. **The University will conduct an emergency preparedness exercise active threat drill on Friday, Nov. 13.** All UHWO affiliates are encouraged to [sign up for the UH Alert text messaging system](#) to receive emergency communication related to campus health and safety. For more information, view the attached active threat plan and visit the [UHWO emergency web page](#).

#### Attend the UHWO Comprehensive Internationalization Plan open forum, Nov. 6

An open forum will be held to discuss UH West O'ahu's [Comprehensive Internationalization Plan](#) on Friday, Nov. 6, from 1-2 p.m in C225. Faculty, staff and students are encouraged to participate in the discussion of the proposed Comprehensive Internationalization Plan, a companion document to UH West O'ahu's five-year [Strategic Plan, Na Kākou E Ho'omālamalama](#). Students, faculty and staff may also [submit online feedback](#) and comments.

#### Distance Education Tip of the Week - View your course as the student sees it

While planning your Laulima site, you may find it helpful to view certain tools the way your students view the page. To do so, click on the "View Site As" tab at the top right section of your screen. The default view is "Instructor" but after clicking

the tab, you can change it to "Student" view. This enables you to see the site as your students do. To exit, click "Exit Student View." For more educational tech tips, visit the UHWO Distance Education Laulima site or email [uhwode@hawaii.edu](mailto:uhwode@hawaii.edu).

## Visit the UHWO Planning and Campus Operations website

UHWO Planning and Campus Operations would like to thank faculty, staff and students for visiting and using the [Planning and Campus Operations website](#). In less than two months, the site has received 500 hits. UHWO Planning and Campus Operations continues to add more information and update existing forms and policies. The site also houses important notices and updates regarding Planning and Campus Operations. Visit <http://www.uhwo.hawaii.edu/campusoperations> for more information.

## UHWO in the news

An interview with UH West O'ahu CLEAR Professor Lawrence Boyd was featured in the Oct. 29 Hawaii News Now story ["Priced Out of Paradise: What drives Hawaii's high cost of living?"](#)

Distinguished Visiting Scholar Kent Keith's recent presentation at UHWO was featured in the Oct. 21 MidWeek West O'ahu Voice article ["Learn servant leadership skills at UHWO."](#)

UH West O'ahu's recent ACLU pop-up forum was featured in the Oct. 28 MidWeek West O'ahu Voice article ["Offer ACLU feedback at UHWO gathering."](#)

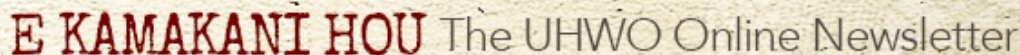
The following UH West O'ahu photos were featured as part of MidWeek's #WOVoice Instagram feature:

- Oct. 14 issue - [Splash Bash](#)
- Oct. 21 issue - [Malama Kou Kino Cultural Fair](#)
- Oct. 28 issue - [Pandesal and Kape](#)

## Familiar faces

View [photos](#) from the Oct. 15 [Summer Rolls Garden-to-Table workshop](#), Oct. 16 [Tales from the Crypt: How Anthropologists Read Lives Through Bones Math+Science+x Seminar](#), Oct. 23 [Lā Mānaleo Native Speaker Day](#) event, Oct. 27 [Distinguished Visiting Scholar Kent Keith servant leadership presentation](#), and Oct. 28 [Sports Fair](#) at UH West O'ahu.

## New in *E Kamakani Hou*



**E KAMAKANI HOU** The UHWO Online Newsletter

**WEST O'AHU HAPPENINGS**

OF HAWAII  
WEST O'AHU

Presented by UHWO Campus Planning and Operations

**EMERGENCY PREPAREDNESS  
TRAINING SESSION  
ACTIVE THREAT**

Learn what to do in the event of an active threat on campus. All UHWO students, faculty and staff are highly encouraged to attend one session on:

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2-3 PM, Campus Center Multipurpose Room, C208

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**Friday Nov. 6**  
8-9 AM, 'Ulu'ulu Archive Exhibition Space, UHWO Library first floor

For more information, visit the UHWO emergency web page.

**ATTEND AN ACTIVE THREAT  
EMERGENCY  
PREPAREDNESS TRAINING  
SESSION, NOV. 3-6**

All UH West O'ahu students,  
faculty and staff are highly  
encouraged to attend one...

**'Ulu'ulu Archive TV series to air on 'Ōlelo beginning Nov. 1** Starting Nov. 1, 'Ōlelo Community Media will air an 'Ulu'ulu Archive produced television series featuring moving image footage from the archive's collection. [\[Read more\]](#)

**No'eau Center presents West and Welaxation, Nov. 3-5** Is the last half of your semester stressing you out? Come to the [No'eau Center](#) for West and Welaxation to reset and regroup...[\[Read more\]](#)

**Fire and Water – Volcanoes in the Sea, Nov. 6** Sarah Glancy will discuss underwater volcano exploration and the studies of the submarine Mata Volcanoes during this interesting...[\[Read more\]](#)

**Learn about the connection between agriculture and climate, Nov. 18** Learn about agriculture's role in climate change adaptation and mitigation at "The Agriculture Climate Connection" webinar with Albie Miles...[\[Read more\]](#)

**Play in the UHWO Intramural Sports and LeeSports soccer league** League play begins on Tuesday, Nov. 3, from 6-9 p.m. at Moanalua District Park. [\[Read more\]](#)

## Events this week

Encourage your students to come to the **Library Coffee Hour** today, Nov. 2 and every Monday through Nov. 30 from 12:30-2 p.m. for free coffee and light refreshments at the UHWO Library. See [E Kamakani Hou article](#) for more information.

The UHWO Library presents the **Hawaii Pacific Research workshop** where students will learn about resources available in the UHWO Library collection and ['Ulu'ulu Archive](#) for doing research on Hawaiian and Pacific topics. Happening today, Nov. 2 at 2 p.m. in the UHWO Library Computer Lab. See [E Kamakani Hou article](#) for information on all upcoming library workshops.

The **No'eau Center presents West and Welaxation** Nov. 3-5 from 10 a.m.-2 p.m. at the No'eau Center in the UHWO Library. See [E Kamakani article](#) for more information.

All UH West O'ahu students, faculty and staff are highly encouraged to attend one active threat emergency preparedness training session happening Nov. 3-6. See [E Kamakani Hou article](#), attached flyer, and active shooter plan for more information.

Encourage your students to join the **UHWO IM Sports and LeeSports soccer league** that begins league play on Tuesday, Nov. 3. See [E Kamakani Hou article](#) for more information.

Join fellow faculty and staff for [Mala Harvest Day](#) on Tuesday, Nov. 3 to harvest fruits and vegetables from our mala

(UHWO Student Organic Garden) from 3-5 p.m. Wear comfortable clothing and shoes for harvesting in the sun. Participants may take home harvested fruits and vegetables. Mala Harvest Day happens every Tuesday throughout the semester.

Intramural Sports presents a **free Zumba class** on Tuesday, Nov. 3 from 4:30-5:30 p.m. at the Campus Center loft (second floor) for all UHWO students, faculty, staff and Hawaii Tokai International College students. See [E Kamakani Hou article](#) for more information.

**Intramural Sports** soccer and volleyball free play happening Wednesday, Nov. 4 from 2-6 p.m. on the Great Lawn. For more information, email [imwest@hawaii.edu](mailto:imwest@hawaii.edu) or call 689-2673.

Encourage your students to attend the **International Coffee Hour** where UHWO students have coffee with students from Hawaii Tokai International College (HTIC) on Wednesday, Nov. 4 from 2:30-4:30 p.m. at the Campus Center Loft. See [E Kamakani Hou article](#) for more information.

The UHWO Student Activity Fee Board presents **The West Sesh: Good Vibes open mic night** on Wednesday, Nov. 4 from 5:30-9 p.m. in the Campus Center C225. See attached flyer for more information.

PBS Hawaii will air an **encore presentation of** The UH West O'ahu Center for Labor Education Research produced documentary "**Canefield Songs: Holehole Bushi**" on Thursday, Nov. 5 at 9 p.m. See [E Kamakani Hou article](#) for more information about "Canefield Songs."

Learn about submarine volcanoes at the **Math+Science+x Seminar: Fire and Water - Volcanoes in the Sea** with Sarah Glancy on Friday, Nov. 6 from 10:30-11:30 a.m. in E243. See [E Kamakani Hou article](#) for more information.

An **open forum** will be held to discuss UH West O'ahu's [Comprehensive Internationalization Plan](#) on Friday, Nov. 6, from 1-2 p.m. in C225. See [E Kamakani Hou article](#) for more information.

**For the latest UH West O'ahu event information, view and submit listings to the UHWO [website calendar](#).**

**Want to include your story in the This Week at UHWO News Bulletin or [E Kamakani Hou](#)?** Submit a [Communications Request Form](#) to the UH West O'ahu Communications Department.



University of Hawai'i - West O'ahu  
91-1001 Farrington Highway, Kapolei, Hawai'i 96707  
ph: 689-2800 | [www.uhwo.hawaii.edu](http://www.uhwo.hawaii.edu)

# West and Relaxation

November 3-5 10-2 PM | Noéau Center

November 3  
Fruit Smoothies!

November 4  
Teas and Lemonade!

The last half of the semester stressing you out?  
Learn how to manage it with our activities! Enjoy refreshing beverages to keep you energized throughout the day.

Stress Relief with Lomi (November 3-4)  
10:30 AM-11:00 AM | 1:30 PM-2:00 PM

Fight or Flight with Stress (November 5)  
11:30 AM-12:30 PM



[facebook.com/noeauwc/](https://facebook.com/noeauwc/)



@noeaucenter



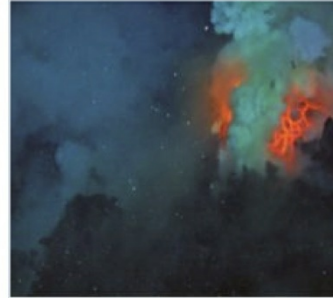
# Math+Science+ $\alpha$ Seminar

Ms. Sarah Glancy presents:

## *Fire and Water – Volcanoes in the Sea*

More than 90% of volcanic activity on Earth below the ocean's surface. These volcanoes are very difficult to study and therefore are not as well understood as volcanoes that erupt on land.

Ms. Glancy will talk about the exploration of where these volcanoes are found and how we can study them, and conclude with a discussion of studies of the submarine Mata Volcanoes.



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**Friday, November 6, 2015**

**Laboratory Building E-243**

**10:30 AM – 11:30 AM**

# THE AGRICULTURE CLIMATE CONNECTION

how diversified farming practices can mitigate climate change

**-ONLINE WEBINAR-**



HAWAII  
CENTER FOR  
FOOD SAFETY

**WED, NOV 18TH 11 AM – 12:15 PM**

**HOSTED BY: PROFESSOR ALBIE MILES, UHWO  
SUSTAINABLE COMMUNITY FOOD SYSTEMS**

**REGISTER: [www.bit.ly/1PnIVv3](http://www.bit.ly/1PnIVv3)**

[www.hawaii.cfs.org](http://www.hawaii.cfs.org)

# Good Vibes

Feel good songs that are uplifting and encouraging and sharing words of inspiration.

**Wednesday, Nov. 4, 2015**  
**5:30 - 9:00PM**  
**Room C-225**

(Next to Student Lounge in Campus Center 2nd floor)

Next Open Mic Night:

Give Thanks To Music  
November 18



# THE WEST SESH

Sponsored by Student Activity Fee Board



## ACTIVE SHOOTER PREPAREDNESS AND RESPONSE PLAN

An active shooter is an individual actively engaged in killing or attempting to kill people in a confined and populated area; in most cases, active shooters use firearms and there is no pattern or method to their selection of victims.

Active shooter situations are often over within 10-15 minutes. Immediate deployment of the Honolulu Police Department is required to stop the shooting and mitigate harm to victims. Before the police arrive, you must be prepared both mentally and physically to respond to an active shooter situation.

### Preparedness & Prevention

#### ***BE INFORMED AND PREPLAN***

All faculty, staff and students are highly encouraged to study building evacuation maps posted throughout the campus and walk the exit routes to familiarize yourselves with the routes. You can also preplan for the areas you regularly spend time in, such as your classroom, your office, the cafeteria, the library. Think about what you would do to protect yourself in these areas.

#### ***STUDY THE RESPONSE GUIDANCE AND ATTEND TRAININGS WHEN OFFERED***

Knowing what to do in an emergency situation and practicing what to do (in drills) will help to prepare you mentally and physically to respond to in an emergency. Emergency plans are posted on the UHWO emergency webpage and email announcements of plan updates, training opportunities, and drills will be sent out periodically.

#### ***IF YOU SEE SOMETHING, SAY SOMETHING***

**Be aware of indicators of potentially violent behavior and report it to Campus Security.** Each and every one of us can make a difference in prevention. UHWO is currently formalizing a process, based on national best practices, to receive reports of UHWO affiliated individuals who display indicators of potentially violent behavior, to manage and access the information in a professional way, and to determine if an individual is on a trajectory towards violent behavior. Reporting can be done anonymously or confidentially.

Individuals typically do not just “snap,” but display indicators of potentially violent behavior over time. If these behaviors are recognized, they can often be managed and treated. Indicators of potentially violent behavior may include one or more of the following (this list is not comprehensive, nor is it intended as a mechanism for diagnosing):

- Increased use of alcohol and/or illegal drugs
- Unexplained increase in absenteeism
- Vague physical complaints
- Noticeable decrease in attention to appearance and hygiene
- Depression / withdrawal
- Resistance and overreaction to changes in policy and procedures
- Repeated violations of policies
- Increase severe mood swings
- Noticeably unstable, emotional responses
- Explosive outbursts of anger or rage without provocation



- Suicidal; comments about “putting things in order”
- Behavior which is suspect of paranoia, (“everybody is against me”)
- Increasingly talks of problems at home
- Escalation of domestic problems into the schools environment or workplace; talk of severe financial problems
- Talk of previous incidents of violence
- Empathy with individuals committing violence
- Increase in unsolicited comments about firearms, other dangerous weapons and violent crimes

**Responding to an Active Shooter – Options for Consideration** *based on the Department of Homeland Security guidance.*

***THERE ISN'T A ONE SIZE FITS ALL RESPONSE PLAN FOR AN ACTIVE SHOOTER***

You must quickly determine the most reasonable way to protect your own life. Faculty and Staff, remember that students and the public are likely to follow your lead during an active shooter situation. The following options are provided by the Department of Homeland Security.

**Good practices for preparing for an active shooter situation in any area:**

- Be aware of your environment and any possible dangers
- Know the locations of the two nearest exits in any facility you visit
- If you are in an office, stay there and secure the door
- If you are in a hallway, get into a room and secure the door
- As a last resort, attempt to take the shooter down. When the shooter is at close range and you cannot flee, your chance of survival is much greater if you try to incapacitate him/her.
- Call 911 when it is safe to do so (see below for information to provide when you call 911)

**1. RUN**

*If there is an accessible escape path, attempt to evacuate the premises. Be sure to:*

- Have an escape route and plan in mind
- Leave your belongings behind
- Help others escape, if possible
- Evacuate regardless of whether others agree to follow
- Prevent individuals from entering an area where an active shooter may be
- Keep your hands visible
- Follow the instructions from police
- Do not attempt to move wounded people
- Call 911 when you are safe (see below for information to provide when you call 911)

**2. HIDE (“Lockdown” means take any measures to prevent someone from entering your hiding place)**

- If evacuation is not possible, find a place to hide where the active shooter is less likely to find you.

***Your hiding place should:***



- Be out of the active shooter's view
- Provide protection if shots are fired in your direction (a room with a closed and locked door)
- Not trap you or restrict your options for movement

***To prevent an active shooter from entering your hiding place:***

- Lock the door, if possible. Faculty and staff are encouraged to know how a door to their office or classroom can be locked, if possible, and to have keys at the ready.
- Blockade the door or entrance with heavy furniture. Know if your doors open inward or outward and have a plan in mind for preventing someone from accessing your space.

***If the active shooter is nearby:***

- Lock the door, if possible.
- Close any blinds or curtains. Faculty and staff are encouraged to learn how to close any blinds/shades/curtains in their area.
- Turn off the lights and keep still so as not to activate the lights by motion
- Silence your cell phones.
- Turn off any sources of noise.
- Hide behind large items (desks, cabinets).
- Remain quiet.
- Remember that the shooter may try to lure you out of your hiding place. Do not leave your hiding place or unlock/open the door until Campus Security and/or HPD announce themselves and manually key the door open.
- Call 911 if you're unsure about it being safe to leave your hiding place.

***If evacuation and hiding out are not possible:***

- Remain calm
- Call 911, if possible, to alert police to the active shooter's location (see below for information to provide when you call 911)
- If you cannot speak, leave the line open and allow the dispatcher to listen

### **3. FIGHT**

*As a last resort, and only when your life is in imminent danger, attempt to disrupt and/or incapacitate the active shooter by:*

- Acting as aggressively as possible against him/her
- Throwing items and improvising weapons
- Yelling
- Committing to your actions

### **When Honolulu Police Department (HPD) Officers Arrive**



HPD officers will initially focus on stopping the active shooter as soon as possible. Officers will proceed directly to the area where shots were last heard.

- Officers will usually arrive in teams of four (4)
- Officers may wear a regular patrol uniform or external bullet proof vests, Kevlar helmets, and other tactical equipment
- Officers may be armed with rifles, shotguns, handguns
- Officers may use pepper spray and tear gas to control the situation
- Officers may shout commands and may push individuals to the ground for their safety

***How to react when law enforcement arrives:***

- Remain calm and follow police instructions
- Put down any items in your hands (bags, jackets)
- Immediately raise hands and spread fingers
- Keep hands visible at all times
- Avoid making quick movements towards the police such as holding on to them for safety
- Avoid pointing, screaming/yelling
- Do not stop to ask police for help or direction when evacuating, just proceed in the direction from which the police are coming

Remember, the first officers to arrive will not stop to help injured persons. Their job is to immediately incapacitate the shooter. Rescue teams comprised of additional police and emergency medical responders will follow the initial officers. The rescue teams will treat and remove any injured persons. They may call upon able bodied individuals to assist with removing the wounded from the premises.

Once you reach a safe location or assembly area, you will likely be instructed to stay in that area until HPD has the situation under control. An accounting of all individuals at the assembly areas must be done to determine if anyone is missing or potentially injured. Witnesses will be identified and questioned. Do not leave until law enforcement authorities have instructed you to do so.

**Information to provide when you call 911**

- State there is a shooter and ask for police (the police will coordinate emergency medical services).
- Location of the active shooter
- Number of shooters, if more than one
- Physical description of shooter(s)
- Number and type of weapons held by the shooter(s)
- Number of potential victims at the location
- If you don't know, say you do not know. Only tell what you know.

**Resources**



### **Options for Consideration Active Shooter Preparedness Video**

The Department of Homeland Security's Options for Consideration demonstrates possible actions to take if confronted with an active shooter scenario. The video also shows how to assist authorities once law enforcement enters the scene.

<http://www.dhs.gov/video/options-consideration-active-shooter-preparedness-video>

OR

<https://www.youtube.com/watch?v=ol5EoWBRYmo&feature=youtu.be>

### **Run. Hide. Fight. Surviving an Active Shooter Event. Video**

This video, produced by the Houston Mayor's Office of Public Safety and Homeland Security, dramatizes an active shooter incident in the workplace. Its purpose is to educate the public on how to respond during such an incident. Warning: The initial sequence in this video may be disturbing.

<https://www.fbi.gov/about-us/cirg/active-shooter-and-mass-casualty-incidents/run-hide-fight-video>

### **Los Angeles County Sheriff's Department - Surviving an Active Shooter**

This video dramatizes active shooter incidents in a University setting, a public food court setting, and a private workplace setting. This video contains graphic content of a violent nature. Viewer discretion is advised.

<http://www.activeshooter.lasd.org/>

Department of Homeland Security – Active Shooter Preparedness

<http://www.dhs.gov/active-shooter-preparedness>



UNIVERSITY  
of HAWAII®  
WEST O'AHU

Presented by UHWO Campus Planning and Operations

# EMERGENCY PREPAREDNESS TRAINING SESSION ACTIVE THREAT

Learn what to do in the event of an active threat on campus. All UHWO students, faculty and staff are highly encouraged to attend one session on:

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