



# BREAKFAST

S.S. MONTEREY

Pacific Far East Line

Saturday, October 20, 1973

## FRUITS

Stewed Santa Clara Valley Prunes	Chilled Fresh Papaya
Sliced Fresh California Oranges	Iced Half Pink Grapefruit
Frosted Fresh Boysenberries	Chilled California Casaba Melon
Fresh Hawaiian Pineapple	Baked Oregon Apple with Sugar
Iced Guava Nectar, Orange, Tomato, Pineapple or Grapefruit Juice	

## HOT AND COLD CEREALS

Rolled Oats	Concentrate	Roman Meal
Corn Flakes	40% Bran	Puffed Rice
Special K	Pep	Bran Flakes

## FISH

Poached Bloaters, Drawn Butter, Boiled Potatoes

## EGGS

Fried Eggs with Ham or Bacon	Poached Eggs on Toast	Boiled Eggs
Shirred Eggs with Brown Caper Butter, Canadian Bacon or Plain		
Omelet with Mushrooms, Spanish Sauce, Guava Jelly or Plain		
Scrambled Eggs with Shrimp, Stewed Tomatoes or Plain		

## MEATS

Grilled Breakfast Bacon	Grilled Canadian Bacon
Baked Pork Sausage Cakes	Broiled Center Cut Ham
Morning Glory Steak (Fresh Ground-Round Beef Patty)	
Diced Creamed Ham en Casserole on Toast	

## POTATOES

Sauté	Saratoga Chips	Boiled
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## COLD BUFFET

Cold Sirloin of Beef	Roast Spring Lamb, Mint Jelly
Assorted Fresh and Smoked Sliced California Sausage	
Assorted Breast of Turkey, Cranberry Sauce	

## SWEET ROLLS---TOAST

Assorted Sweet Rolls	Whole Wheat or Raisin Toast	
Butter Horns and Snails	Muffins	Danish Coffee Cake
Buttered, Cinnamon, Milk, Dry or Melba Toast		
Macadamia Nut or Buckwheat Griddle Cakes, Waffles, Served with Melted or Whipped Butter, Honey, Maple or Boysenberry Syrup		

## JAMS---JELLIES

Peach Jam	Grape Jam	Pineapple-Papaya Jam	Guava Jelly
Raspberry or Strawberry Preserve		Orange Marmalade	

## BEVERAGES

Ovaltine	Postum	Chocolate	Cocoa
Coffee	Milk	Robur Tea	Green or Orange Pekoe Tea