# Kapión

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Kapiolani Community College

November 5, 1991

# KCC students win four Marketing Contest prizes

By Alex B. Coloma

On Oct. 26, Small Business Hawaii announced the winners of the marketing contest that they sponsored. KCC students dominated the college/university division taking the first, second, third, and honorable mention place prizes.

Winning the first place \$500 savings bond was Kareme Shimabukuro "Tot Shots," a unanimous decision among all the judges. Her display was made up of a yellow posterboard with children's photos, an oversized crayon, and a strobe light that flashed the name "Tot Shots." The display promoted a photo studio that places emphasis on fun children's photography.

Winning second place and a \$300 savings bond was Isreal Fransisco's "Something." Fransisco's thirty second commercial took over three days to complete. The commercial shows the viewers that the perfume named "Something" is an essential ingredi-

ent in the romantic love of today's society.

Taking home a \$200 savings bond third place prize, was Keinji Yamazaki. A native of Japan, Yamazaki designed a poster for "High Tech." The poster was a combination of Yamazaki's artistic drawing and photos. His poster advertised physical fitness equipment using the motto "Better Bodies Start with Us."

Delaine Moniz won honorable mention. Her brochure on "Five Star Limousine Service" was very informative and put together with a very classic and elegant style.

Irmagard Davis, a staff member of the Sales and Marketing program, deserves much credit for her moral support and encouragement towards all the sales and marketing students who entered the contest.

These students can now add another brick to their pyramid of success, and with their continuing efforts they will one day see the fruits of their labor ripen with sweetness.



Photo by Debbie Yamao

KCC's Halloween costume contest, and the winner is......first place winner, Oscar the Grouch (Ruth S. Morikawa), second place winner, Wicked Witch (Joy A. Kea), and third place winner, Pillow Head (Alex Coloma)

#### DIAMOND HEAD ARTS AND CRAFTS FAIR

Sunday, Nov. 10 from 9 a.m. - 3 p.m. at KCC
The fair will feature over eighty arts and crafts booths,
foods, and entertainment.

Event sponsored by Hawaii Recreation and Parks Association and KCC as an annual fund-raiser.

For more info call: 734-9567

Smoother path to higher education

By Cedric Chong

The University of Hawaii System currently makes transferring from Community Colleges to the Manoa Campus a difficult task. Ask students who have done it and the majority will tell you of the problems involved. Ask any faculty member from a community college about the allocation of resources and financing and they'll tell you how the Manoa campus receives preference more often than not. Finally, ask any UH Manoa student, or even someone outside of the University, for his or her opinion about it and there's an attitude that, "Well, the University of Hawaii is okay, but it's not that great."

In an effort to improve the above mentioned inadequacies, the University of Hawaii Master Plan includes a sub plan aimed at improving its organization, financing and image.

One of the mottos of the University of Hawaii in the 1920's was, "Making the Territory (of Hawaii) our Campus." This idea, that the state boundaries are those of the University as well, means that the campus extends beyond Manoa. Too often, Manoa receives more attention and money than the

community colleges. On the other hand Manoa may complain that political support for the other campuses detracts from its endeavor to be a world class research university. It is time for all to realize that the UH Manoa and all of its community colleges are one system and rather than trying to out do each other, should work more closely together, to share resources and to look out for one another. This is the only way that the University can grow and compete with universities on the mainland and abroad.

In the future you can expect to see community college courses from transferring students more easily accepted by Manoa. Transfers themselves might become the norm rather than the exception. Students in the community colleges could visit counselors who knew for sure whether or not certain courses would be accepted at Manoa because all advising would be linked between all colleges in the system and Manoa.

The system will still be governed by a single board of regents, but a conscious and concerted effort will be made to maximize the advantages of a unified system. However, if this is unsuccessful we may see either the establishment of a separate board

to administer the community colleges or a creation of a series of independent campuses. The latter two should be avoided; though, because under a single system, diversity can be planned and wasteful duplication eliminated. For example, funds from the state support many of the university's programs. If the state had to fund the same programs at independent campuses, we would be wasting our resources or some campuses may be neglected due to insufficient funds from the state.

According to a recent Master Plan report, "the University of Hawaii Foundation was established in 1955." Its goal was to seek financial support from private sources in the community. Now, over 35 years later, local sources, particularly the alumni are being sought after; however, a more aggressive campaign will be conducted on the mainland and over seas, especially in Asia. Since leading business institutions expand internationally, placing facilities and bases for their projects away from their home campuses, it only makes sense that the University of Hawaii as an educational institution should follow suit. Note the building of branch campuses of Japanese universities in Honolulu. This is an example of what UH

may be doing in the future in cities like, Hong Kong, Tokyo or even Bangkok.

Improving the image of the University will probably be one of the greatest tasks. You can expect to see a professional public relations department set up or improved upon - maybe even run by students from the marketing classes. This department will work closely with the mass media to promote a more positive image of UH.

Improving the public's image of UH though is not enough. Students and faculty at both the college level and high school level must be made aware of the varied programs at the University. In the future, expect to see more seminars offered on campus describing all of the different study programs available. Also expect to see these same seminars visiting public schools to speak with high school juniors and seniors, concerning not only the study programs available, but admission requirements and procedures as well.

If the University of Hawaii is to improve its image, it will require a concerted effort by all students, faculty, administration as well as the community. It can be done and will be according to the University of Hawaii Master Plan

# Opinion Poll Question and Photos by Cary Kiikuni

### What section of Kapio do you read first?



Art

"I turn directly to the comic section. Unfortunately, there isn't one. (Plug, plug)."



Kathryn Campbell Nursing

"I read all the headlines, then I read the calendar.'



John Cox **Food Services** 

"I read the front page, like a book from front to back.'



**Ronald Imai Food Services** 

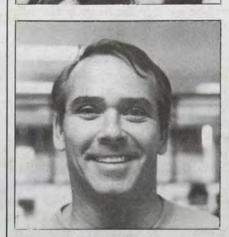
"I read the first page to see if something new is going on."

Kapio would like your opinion. Call us at 734-9120, drop a note in our mailbox at I'lima 203, or come to B-1. Please leave us your name and major.

The entire staff of Kapio would like to apoligize to the participants of the Oct. 29, 1991 Opinion Poll. Although the artistic additions to the photos have received a lot of praise, we did not have the permission of the participants to do such alterations and truly regret any inconvenience or anger caused by this. Below are the photos as they should have appeared.

> Cheri-ann Shiroma Editor-in-Chief







## Let your stomach do the talking

For many of us, there is little time given between classes. As a result, a good lunch is sometimes impossible to get. And so comes the importance of the vending machine. It's quick, convenient, and most of all, inexpensive. But is this life-saver really the best that

Looking at the choices offered in the machines around campus, the satisfaction felt in my stomach is counteracted by the distress that fills my health-conscious mind. Just seeing the selections in front of me causes my face to feel oily. The chocolate smothered candy, salted chips and sugar water which we call soda, all epitomize a

menu of unhealthiness.

Are there alternatives to what we have now?

According to the Business Administration Office, looking into alternatives depends on the students. A new vending contract will be coming up soon, and student suggestions will be taken into account during the selection process.

What about drinks? Most of the machines that are situated on campus carry your basic Coca-Cola (along with its "sidekicks," of course). I've noticed, however, that the juice mixes are very popular in the cafeteria. How does a tropical juice machine sound?

A few places around the island also carry sandwich machines. Wouldn't it be nice to pick up a nice ham and cheese on rye on the way to English class?

Leslie Tanaka, director of Administrative Services, is heading the contract negotiations with Hawaiian Isles. Suggestions as to what can be put in the vending machines can be sent to his office in Illima 211A.

Vending machines, while most of the time taken for granted, do play a big part in college life. After all, how can anyone concentrate on an empty stomach? The fate of it all lies in our hands.

-Jerry Javier

### Cryptogram:

O.K. boys and girls you've had it easy up till now, so figure this puzzle out if you can.

Solve cryptogram #1 and use the answer, and the alphabet to decipher #2.

#1 FHVGSRHHVGLUOV GGVIHGLWVXLWV #2 EI OTO IESORHT TSES TOT OTO SSTOFT SHTE TSH OUTET STUII.

### Kapi'o

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# Sun Yat Sen: An idealistic revolutionist

By Marcia Lee

Sun Yat Sen, the revolutionist who died in 1925, was resurrected in a portrayal of the man and his myth by Malcolm Chun and was interviewed by journalist Bob Jones.

Chun's portrayal of Sun Yat Sen showed the man to be more of a visionary than a revolutionist. As Jones put it, Westerners view revolutionaries as men living in their own country and not abroad. Sen informed Jones that living outside of his country was not his choice but that he was forced out by his country's government. Sen believed that living abroad was the chosen way of the Tao. He felt that this was the right way to gain an understanding of British and American ways viewed from a Chinese

Sen's greatest ambition in life was to raise funds for the revolution in China to overthrow the ruling dynasty of the Manchus. He believed that China needed a government that would be recognized by other world powersand to this end he accepted donations from any source whom he believed was against the imperialism in China and would recognize his Guomindang (Nationalist) Party.

As a revolutionist, Sen believed that

there were two ways to power: a wrong way of might and a kingly, right way. The right way was to have a bloodless revolution, as compared to western revolutions, where the transition would be done in peace and harmony.

He believed that it was the divine obligation of China to give leadership to the world. In order to do this China must go forward and not turn inward and backward. Sen saw the Chinese government as being superior in that all civil servants were required to pass an examination, and there was censorship of bad officials. But, he was also influenced by the balance of powers of the American Constitution and adopted these five legislative powers for his own constitution.

For Sen, the power of China was not just for a unified China but a Pan Asian unification to show the intellect and power of all Asians who were being perceived as "yellow peril" by western journalists.

When asked about his contemporaries, Mao Tse Tung and Chiang Kai Shek, Sen said that Mao would always be the liberationist to him and Chiang Kai was a bandit with no morals. He believed that Chiang Kai would declare himself emperor so there needed to be checks kept on him.

Sen's hope for China was that the people



Photo by Randall Ajimine

Malcalm Chun portrays Sun Yat Sen

would continue to revise and modify her constitution to make it work better for them. Through his travels he was exposed to differ-

ent governments and believed that there was bad and good in each and that China could adopt what was good from each.

### **Student Congress** meeting held

Disscussion on summer school tuition increase; math placement test

By Brock Pemberton

The Student Congress held its second meeting of the semester Saturday, October 26. In attendance were 19 students, adviser Ralph Ohara and Mike Tagawa of the Faculty Senate.

Tagawa spoke on the proposed \$5 per credit increase in summer session tuition. Tagawa said the Faculty Senate opposes the increase and he urges the students to voice their own opinions on the subject.

Tagawa also spoke on the proposed new math placement testing. He said the new module type testing would eliminate students being placed in the wrong level classes. Instead of the scores being combined together the test would be composed of six modules that would be taken in progression. The student would have to obtain a passing score on the lower level module to progress to the next higher level. Tagawa feels the new tests will be approved as soon as a few minor problems are worked out.

Committees were formed to look into the cost of using the copy machines and the current over-load policy. The recent incident involving a blind student being grazed by a construction vehicle was discussed, and it was decided to have the chairperson of the Safety Committee come to the next meeting to discuss ways to prevent similar incidents from happening.

The Student Congress president, Toni Nelson, said after the meeting, "I'm very pleased that we had such a good turnout and that there was so much interaction and discussion among the members."

# Sharing Hispanic food and culture

By Lyn Danninger

The Spanish tradition of the "Tertulia," or get together has arrived at KCC. The tertulia takes place in Iliahi 206 during the activity hour from 12:15 p.m. to 1:15 p.m. on Mon-

Food, drinks, music and conversation are a part of the tertulia, which has traditionally been an opportunity for friends in Spanish speaking countries to get together, usually in a cafe, and discuss the latest happenings and topics of interest.

At last Monday's tertulia, Gloria Diaz, a KCC student originally from Columbia, was the featured speaker. Diaz is one of a small group of native Spanish speaking students who act as tutor assistants in Spanish classes and the LAC, providing students with the chance to get first hand conversational prac-

Before Diaz began her presentation about Columbia, there was an opportunity for those who attended to sample typical food from different regions. Also, examples of artwork, ceramics, pottery and a Spanish shawl were on display.

Diaz was dressed in the Columbian national dress or "El vestido de la cumbia," a colorful short top and flared skirt. Columbian women wear this traditional outfit when dancing the "Cumbia Columbiana," or national dance.

Although she spoke about Columbia mostly en espanol, everyone had a chance to ask her questions in both Spanish and En-

Though Columbia is geographically close to the United States, most Americans picture either Juan Valdez coffee commercials, or the Medellin drug cartel and cocaine traffic when they think of Columbia.

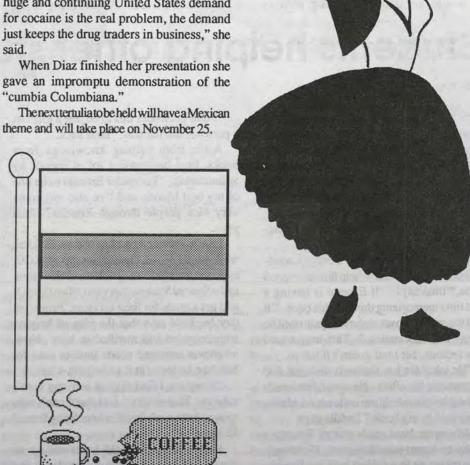
Diaz spoke about her country's geography, the varied life-style of its people and politics. While Columbia's major export is

coffee, she noted that the country also exports gold, copper, leather goods and 90 percent of the world's most valuable emeralds.

Conversation and questions eventually turned to Columbia's role in the drug trade. Diaz explained that most Columbians have no interest in the cocaine trade and don't benefit from it in any way. According to her the cocaine originates in the mountains of Bolivia and Peru and is sent to Columbia for processing and distribution by the cartels.

"From the Columbian point of view, the huge and continuing United States demand for cocaine is the real problem, the demand just keeps the drug traders in business," she

gave an impromptu demonstration of the "cumbia Columbiana."



### RT students lend helping hands to the community

ByTerry Seelig

For the students in the Respiratory Therapy Program, volunteer work is a familiar activity. From tutoring fellow students to working with community groups, Respiratory Therapy (RT) students get involved in a seemingly endless number of volunteer opportunities.

Among the community groups that benefit from RT volunteers are The American Lung Association of Hawaii (ALA), The Hawaii Society for Respiratory Care (HSRC) and the Young Buddhist Association's (YBA) asthma camp.

Stephen Wehrman, program director for Respiratory Therapy, is enthusiastic about the community work performed by RT students. Although RT students are very busy with classroom and clinic assignments as well as full work schedules, he believes that the hours invested in volunteer work benefit both the student and the community.

Wehrman points to the success of the YBA asthma camp held in February. The camp teaches young children how to manage their asthma, and at the same time allows them the chance to do the things other kids do at summer camp. Community volunteers, like the RT students, run the

camp and take care of the needs of the children.

Both Cindy Hucko and Dwane Lopes, second year RT students who participated in this year's camp, expressed satisfaction and gratitude at being involved with young children. Hucko remembers how fortunate she felt being able to work with these children.

"We usually work with older people in clinics, so it's a nice change to work with kids and help them enjoy a normal life," she said.

Lopes recalls how impressed he was with the children's spirits and desires to manage their asthma.

"We learned a lot about asthma by helping the kids," he said. "We teach them about their treatments, but they also teach us, especially if you're not doing something right."

Providing opportunities for volunteer participation is an important part of KCC's RT program. Usually there is an overwhelming response to these co-curricular activities. The recent Respiratory Care Week is a good example. The entire event was studentorganized from the set up of displays to the planting of the jacaranda tree.

According to Wehrman, many more opportunities for volunteers will be available



Volunteer Students in the Respiratory Thereapy Program

Photo by Randall Ajimine

in the future. There will be new programs with the ALA as well as some additional activities on campus. Not only does such activity make a person feel good, but getting involved in volunteer activities can increase the opportunity for scholarships, improve

employment chances and most importantly, make the volunteer a better professional.

Wehrman said, "Going out into the community recharges your batteries and helps prevent professional burn out in the long run."

## Giving back through volunteering

By Lyn Danninger

Carmela Sung is a student in the Medical Assistant program working as a volunteer at Kapiolani Medical Center Emergency Room in her spare time.

She began working at KMC two and a half years ago. Sung says she always planned to do more with her life and had vague ideas about doing volunteer work but never decided on anything definite because her time was taken up with home and family activities.

A personal battle with cancer left Sung with time to think about what she wanted in life and where her priorities were going to be in the future.

"It was actually a blessing in dis-

guise," she said. "It forced me to take stock of myself and think about what I really wanted to do."

Sung approached KMC and told them she wanted something more action-oriented than the usual type of volunteer work. She got her wish when she started work as a volunteer in the emergency room.

Sung says it's certainly not a nine to five job. "You deal with so many different types of personalities, from doctors and nurses to parents of injured children who need to be comforted while they are separated from a child undergoing treatment," she said.

Because of her own personal experience with a serious illness, Sung feels she can bring something extra to the job. She said she wanted to give something back and says she knows what it's like to be sitting around waiting to be treated, or waiting for answers from a doctor. Frequently, she finds herself acting as the intermediary between the medical staff and a family, keeping them updated as they wait for news about a family member.

When there is time, she likes to ask the medical staff questions about the various procedures they are performing.

"They like the fact that I'm interested, and once they know I'm not squeamish at the sight of blood they tell me to put on some gloves and help out

in some way," she said.

Because of her experience in the emergency room, Sung decided it was time to undergo some formal training. She started the Medical Assistant course this fall, a one year clinical program which will give her hands-on training working with patients.

Her career goals are indefinite at this point.; she plans to continue working at the emergency room until she graduates

"I'm the senior volunteer," she says with a laugh, "so now I get to train the new volunteers coming in."

"I would hate to loose that feeling of being able to give something back; it's a wonderful feeling," she said.

### Students helping other students to learn

By Brenda Valdez

At KCC, there are four students who volunteer their services to assist special students who are handicapped. Ronald Imai, Bill Daves, Kamaili Brozon and Guy Bachman serve as readers or note takers.

Ronald Imai is a reader for student Ernesto Padilla. This is his first semester as a reader. He says that he gets a great deal of satisfaction in helping those in need.

"I try to help Emesto get a better knowledge of his course, and to help him get a good grade," Imai says. "If Emesto is having a hard time memorizing things in his book, I'll read the material over and over again until he knows the information." This may sound very tedious, but Imai doesn't think so.

"He takes his job seriously and puts 100 percent into his effort. He simplifies words the best he can to help me understand what is being said in my book," Padilla says.

Whenever Imai reads one of Ernesto's books, he learns something new. His knowledge increases in a subject he's not familiar with.

"I don't consider this to be just a job, but a personal satisfaction," Imai says.

Aside from gaining knowledge from books, Imai has made a lot of friends by volunteering. "I consider Ernesto to be one of my best friends, and I've also met some very nice people through Ernesto," Imai says.

Imai's former teacher, Nancy Colden, who taught Hotel Operations 60 at KCC, required her students to volunteer their time to the Special Students Service Office (SSSO) and get a grade for their services. From that day on, Imai says that the idea of helping someone else was instilled in him. Now, whenever someone needs Imai to read for him/her, he looks at it as helping a friend.

"In return, I find myself learning a new subject. That is why I feel that I can't take money from a job that I'm benefiting from," he says.

Padilla says, "Ronald treats me as an equal. He looks beyond my handicap and accepts me for who I am."



Photo by Debbie Yamao

Ronald Imai reads to Ernesto Padilla

## Volunteering takes you a long way

By Ann Revelo

When Joy Rea began volunteering 21 years ago, she was a different person than she is now. Rea finds that by volunteering you help yourself as much as you help others.

Rea was introduced to the Girl Scouts by becoming an assistant leader in the Brownie troop she enrolled her daughters in. Unable to let the troop down, she found herself taking over when the leader left. Her abilities grew and soon she took on more challenging assignments. The next step was to train adult volunteers to lead troops as she had done successfully for several years. This eventually led to an associate chair position in the Girl Scout Council.

Now, Rea is the chairperson of the 1992 annual Girl Scout Parade.

This is a very special year for the Girl Scouts. It marks the 75th anniversary of Girl Scouts in Hawaii. Daisy Low, founder of the first troop in the United States, has created an environment in which girls don't have to compete against boys, where they can become independent and grow on their own. This year will honor Queen Liliuokalani, who sponsored the first troop in Hawaii. Today there are only 35 paid positions and over 9000 girl scouts nationally who depend on volunteers to help make things happen.

"Volunteers are a special breed of people," says Rea. "They are giving people and they know what needs to be done. It takes a lot of tact and perseverance."

She also says volunteers usually spend

only four hours a week or less on their troop. Being a leader will take only two to three hours per day on a regular work week. Of course, with the more responsibilities you have, it parallels with the time you need to commit.

There are many other advantages to volunteering, such as using it as a means to make a career decision.

"As a young person, volunteering will give you on-the-job training without having to spend extra money," Rea says. "May it be legal, social, health or business, there are many non-profit organizations that will give you the opportunity to decide whether the vocation is right for you."

Her daughters have taken advantage of this. Both girls have been volunteers for hospitals and are thinking of pursuing degrees in the health field.

Volunteering is a family affair. Rea was brought up on a farm and was active in the 4-H club and youth groups. Her parents were also volunteers for various needs. Rea's own daughters, after branching out from the girls scouts, committed time not only to hospitals, but community and drama clubs, Big Brothers/Big Sisters, and the SADD program.

Being a volunteer has had a tremendous impact on her business. Rea and her husband started a computer consulting and book-keeping service 10 to 12 years ago. With co-volunteers as her first customers, she was able to network a broader base of clients and thus a more lucrative business. Rea insists it wouldn't have been as successful without her interaction with the girl scouts.



Courtesy photo

Joy Rea with her Girl Scouts

Now in her seventh semester and seven more years to go to finish her liberal arts degree, Rea has no regrets. She returned to school after 25 years, feeling it important to keep learning to prove to herself that she can do it. College is much easier now than being straight out of high school. To Rea it's not just another year of school, but an enriching, fulfilling experience.

Rea can't stress enough the importance

that volunteering has had on her life. Today she is a more confident, independent, outgoing and secure person. She eludes the presence of someone who has command of her life, a far cry from the farmer's daughter who was supposed to cook, clean and raise a family. May it be one hour a month or 10-19 hours, the personal gratification is worth it.

As Rea leaves to donate blood, she adds, "Volunteering takes you a long way."

# A family's love reaches out to the streets

By Moriso Teroka

For the past four years, Ben and Momi Kama and sometimes their son, Ben III, have been caring for live-ins and homeless elders around the Waimanalo area.

It all started more than 15 years ago for the Kamas. As the health of Momi's father gradually deteriorated, Momi gave up her daytime job and stayed home to care for her father. Her husband cared for his father-inlaw while Momi went to work at night.

Caring for her father, a stroke victim, was a trying experience. She learned to cook appropriate foods, feed him, assist him with toileting and removing mucous from his throat. Momi prepared herself to deal with any respiratory emergencies and even learned to apply artificial respiration.

"I began to realize that there are other old folks like my father that needed home care help," Momi said.

The Kama's caring devotion to their father was not unnoticed. "Your family must be full of love, Momi," was the usual comment made by their friends and church members.

Compassionate service, a doctrine of her church, goes far beyond her church activities for Momi. Even while caring for her father, Momi took in handicapped children, cared for them, and gave the children's mothers some respite from the rigors of watching their children for a weekend or two. The Kamas simply love children in their home and never denied anybody who asked. In one case, the Kamas cared for a handicapped child for over a year.

Momi's father passed away four years ago. Momi returned to a day job, the last two years as a cafeteria worker here at KCC.

Joe, an 80-year-old man, lives with the Kamas now. Joe used to have a family of his own in Waimanalo, his wife and daughter. His daughter had her own life to live. His wife died and he was left to fend for himself. One day the Kamas found Joe lost and wandering about. When they took him home, they found his house unkept, and actually found maggots crawling over spoiled food. Ben and the son cleaned the house, washed his clothes, bathed and fed him that day. Joe was getting senile and eventually the Kamas agreed to take him into their family. Welfare benefits help the Kamas with expenses. Joe's happiest moments these days are Saturday mornings. This is a special day for Joe because he is taken to a restaurant for breakfast with Ben.

One day while driving home to Waimanalo, Ben and Momi saw a shirtless youth picking and eating guavas along the roadside. Ben realized that the youth must be hungry. He stopped at Jack-in-the-Box, bought hamburgers, fries and drinks and went back and fed the youth.

Other times Ben stops at the fast food restaurant in Waimanalo and buys something to eat for the beach people who always seem to hang around the restaurant. Ben sometimes even goes to the thrift shop to buy pairs of pants or a shirt to give to the needy.

One day, the Kamas stopped at the intersection of King and Punchbowl Streets. An elderly barefooted man began crossing the



Momi and her fextended amily

street with limping strides on the hot asphalt. Guessing that the man needed help, they parked the car and went back to see if he needed help. The man was hungry, so Momi and Ben took out the chili that they had just bought from Zippy's and fed him. A jogger passed by; he must have seen what was going on and wanted to help. The jogger came back with a pair of rubber slippers. Momi found out that the elderly man was trying to get back to his home but was

confused. Ben and Momi drove him back to the Institute of Human Services at Iwilei

I've known Momi almost two years as a gentle and friendly cafeteria worker at KCC. During the interview, I discovered Momi to be very modest and that she was embarrassed to be talking about herself and her family. The Kamas' spontaneous services to the community are and should be an inspiration to us all.

### Dean of Student Services coaches Cubs to success

By Donn S. Yonemitsu

Most KCC students know Ralph Ohara as Dean of Student Services, but to the Kalanianiole Athletic Club (KAC) "Cubs," he is better known as Coach Ralph.

Ohara first got involved when his sons started playing Kalanianiole Pony Baseball in 1980. He has remained active for the past 11 years. He has served on the Board of Directors as well as Commissioner of the league for a couple of years.

Ohara has loved the game of baseball ever since he played it in high school, now as a coach, he enjoys it just the same.

Although coaching is a diversion from his everyday job, it is time consuming. The season for his six to twelve year old youngsters runs from February to May or June. During the season, the Cubs practice two to three times a week and have a game every Saturday and/or Sunday.

Ohara feels that coaching is still education, because coaches teach and try to instill discipline in team members.

Ohara likes coaching because he gets to meet a lot of people and the Cubs have been rather successful. At one point, they were champions five years in a row.

He also enjoys reading about former players in the newspaper and he even recognizes some of them here at KCC.

Ohara feels that watching the kids and their parents enjoying themselves and the fellowship within the community, makes coaching that much more worthwhile.



Ralph Ohara and the winning baseball team.

# Student creates picture book for youths

By Debbie Yamao

Elika, a second year student at KCC is putting together a fourteen page book of photographs for Queen Liliuokalani Children's Center. The book is a documentary on the children of "Na Opio O Wai'anae," a summer tutoring session for children who have disciplinary problems or have been abused. The purpose of the book is to share with the family, the children's growing and learning experience with their families.

Although the Center gave Elika a budget to cover the cost, the project went overbudget and she generously paid for the continuing cost out of her own pocket.

As Elika traveled around Oahu with the children and photographed their activities, she learned through observation how mischievous they can be at the age of seven to thirteen.

"At times I felt very frustrated with the lack of cooperation from the children," Elika said, "But there were also times of spontane-

ous outbursts of joy that made it all worthwhile."

The purpose of the summer tutoring was to teach the children to appreciate Hawaiian Culture. Also by placing them in a group situation, the children learned how to get along with one another. They visited sites such as the Bishop Museum, Iolani Palace and different parks around the island.

Elika said, "I enjoyed photographing the many expressions on the children and documenting the wonderful places we visited."

Elika was introduced into the field of photography by taking courses at KCC. "The photo courses offered me great camera knowledge and dark-room technique," Elika said.

Elika has also gained a lot from this learning experience. "I found out that there's a lot that children can teach us," she said, "I also discovered that there is a world out there just waiting for me to photograph."



Photo by Elika

The children of "Na Opio O Wai'anae" play around the Queen Liliuokalani statue.

# The many benefits of volunteering

By Debbie Yamao

The Volunteer Referral Service deals with over three hundred agencies that need people to give a little of themselves. These agencies cover so many different fields that anyone interested can find a volunteer program pertaining to their interest such as design brochures/flyers for Academy of Arts, Boys & girls Club of Honolulu, Palama Settlement, Winners at Work, Waimano Home, and humane Society.

When a prospective volunteer calls in, the person will go through a telephone screening. This is a painless procedure of answering simple questions such as the person's availability, location, skills and interest. The referral service goes through this process because it wants the volunteers to enjoy their donated time, as well as meet the needs of the agency.

Volunteering can pay off in many ways besides just the satisfaction of helping another fellow human. Volunteers go through many experiences and learn new skills and techniques since many agencies offer training seminars. Being able to deal and work with the many different types of people you encounter is another plus. This will not only help volunteers become more people orientated, but also help to grow in a future career setting. Being able to get along with coworkers will aid in insuring a sucessful work environment.

Volunteers can find out through first hand experience if they want to pursue the field further before starting their education. Take for example the field of education. A person may want to find out if he has the patience and ability to work with children. Volunteering with an agency dealing with children such as the YMCA will give him the head start he may need. Working as a volunteer will not only help to gain the experience needed, but it may also lead to a job desired. It will certainly look good in a resume or a college application.

It is a good idea to keep records of the

volunteer work you do such as the position held, a description of the job, an agreement between the individual and the agency and the correct hours and dates. Also, volunteers should ask for a letter of recommendation from the supervisor or the person in charge. This reference will show that the volunteer was responsible, dependable and willing to go out of his way to help others. There is a lot to gain from volunteering and nothing to lose but a couple hours a week of one's time.

# YOU MAY HAVE HIV

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(and more information)

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# The A, B, C's of planning a career

By David R. Clarke

Life is not a bowl of cherries, unless you are a cherry farmer. In order to attain a career that will bring happiness and satisfaction, a person must be willing to take the time to follow the Planful Process of career development.

The Planful Process is the foundation of a four part series of career workshops presented during October by Connie Reimer, a KCC career counselor. The Planful Process uses seven steps to assist students in their selection of a career. Once a person has mastered the Planful Process of decision making, he may choose to apply its logic to numerous activities in his day-to-day life.

The first step is to identify the decision to be made. The decision here is to define a list of career possibilities that suit the personal preferences of the individual. The second step involves gathering information. Students who attended the first three workshops had an opportunity to take various personality and job skills interest inventories to assist them in pinpointing potential careers. The information presented at the final workshop emphasized external resources such as books and a computerized career information system called Career Kokua.

The third step is identifying alternatives, which is an extension of step number two. As more information is collected, a student will discover possibilities which may have eluded him or were stimulated by the process of information gathering.

The fourth step asks the student to weigh the evidence that was discovered through the process of information gathering and identifying alternatives. Some careers may offer an employee distinct advantages or disadvantages involving such things as personal satisfaction, salary, geographic location, coworkers, working conditions, required educational level and job characteristics.

The fifth step is choosing among alternatives. It takes the general list made in step four and refines it to a very specific list of possible choices.

Step number six is taking action. Once a career is chosen, a person must transform that decision into action. If a person carefully goes through the first five steps but does not translate his career plan into action the potential career will forever remain a non reality.

The final step is to consider the consequences and review the decision. There are two parts to this step. The first part is to consider the consequences of the career choice before it is implemented. The second part of step seven is to review the career

decision *after* it has become a reality or partial reality. There is a chance the wrong decision may have been made. By reviewing the decision after it has become a reality, one can decide whether they want to pursue that particular career or abandon their plan of action in favor of one of their alternative careers researched in steps two and three.

Much of the information presented at the four workshops was intended to help the students understand themselves; thereby, giving them the tools to better understand the world of work. The workshops also help decode some of the mysteries surrounding personal and business relationships. If you missed the series of workshops this time around, don't despair; all four workshops will be presented during the Spring 1992 semester. Students who are undecided about their major or career are encouraged to attend

# Burgess speaks on Hawaiian history

By Alan Takeda

"The first sneak attack on Pearl Harbor was by Americans, not the Japanese," said Hayden Burgess at the Pacific-Asian Studies Club meeting held on campus this past Monday. Burgess spoke at length on the legal points concerning Hawaiian sovereignty by giving the audience a history lesson about the illegal takeover by the Missionary Party in 1887.

One of the major points he covered was the fact that two-thirds of the Hawaiian people petitioned Queen Lilioukalani to throw out the Bayonet Constitution in 1893, which prompted the invasion of Hawaii by U.S. Marines off the U.S.S. Boston. The Marines were supposed to protect American lives but instead were used to force the Queen to surrender her authority to the Missionary Party. In this incident, the Queen surrendered to the United States with the condition that it be temporary. And as far as it being a bloodless coup, a Hawaiian policeman was shot and killed by a man transporting arms down King Street during that incident.

The other major legal point is the fact that the annexation of Hawaii as a territory was made in violation of the U.S. Constitution that requires two-thirds congressional majority approval for ratification. That was not done, but Hawaii was annexed anyway.

Burgess went even further by explaining that Hawaii was not the backward country that history makes it seem. He revealed the fact that Iolani Palace had telephone service and electricity even before the White House. At the time, Hawaii had over 100 diplomatic posts all over the world, proving that Hawaii was recognized internationally as a sovereign nation. He stated that Hawaii also had treaties with the major powers, including the U.S. guaranteeing Hawaiian sovereignty. He added that Hawaii had one of the highest literacy rates in the world, and that King Kalakaua had been elected to his post.

Burgess discussed Hawaiian philosophy which was very similar to that of the American Indians, who held the belief that everything in the would was created on the same plane and that one cannot own the air, water, or land but merely be caretakers of stewards of it.

Finally, he discussed the difference between sovereignty as Dan Inouye wants it and the way he would like to see it. He said that Inouye wants limited sovereignty much like the Indians have, which keeps them under the umbrella of the United States and is based on race. Burgess would like to see sovereignty based on a Hawaiian nation with people of all races whose main allegiance in is to Hawaii.



Photo by Debbie Yamao

Hayden Burgess speaks on the history of the Hawaiian sovereignty.

### Counselors' corner

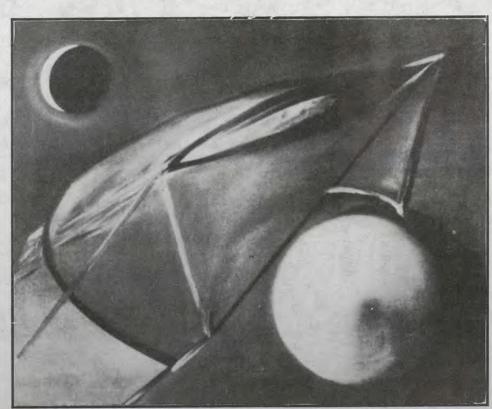
TOP TEN REASONS WHY YOU SHOULD STUDY:

- 10. Trendsetters say that the intelligent look is in.
- 9. Those expensive textbooks look better lined in yellow.
  - 8. Save money on Nytol.
- 7. The brain produces exciting endorphines (get a high).
- 6. You'll impress that sexy someone.
- 5. A study date is cheaper than a movie.
- 4. A 4.0 is a major ego-booster!3. The LAC and Library are air-conditioned.
- Your test will be duck soup.
   AND THE #1 REASON WHY YOU
   SHOULD STUDY IS,
- Success, Money, Happiness and KNOWLEDGE.

To become involved in study sessions, field trips, guest speaker sessions and other interesting activities join the

Economics Club.

For more information contact Ibrahim
Dik at Iliahi 212, 734-9323.



Feature exhibition at Koa Gallery: "Beneath The Skin" by Sanit Khewhok. November 5-November 27. Reception: Tuesday, Nobember 5, 5-7p.m.

### INFOLINE...INFOLINE...INFOLINE...INFO

### Tuesday, Nov. 5

\* Films- The Films of Yoko Ono continues with a triple feature that includes screenings of "Two Virgins" (1968), "Film No. 5" (1968), and "Apotheosis" (1970). 7:30 p.m.

† Investigate the principles of Homeopathy with Dr. Paul Kenton. Learn the basic ideas along with over the counter homeopathic remedies for colds, flu and sunburn. Tuesdays and Thursdays from 7 to 9 p.m. at Ilima 202A. Registration fee is \$25.

† Learn how to revitalize yourself with Taoist warm-up exercises and philosophy to increase your tolerance to stress in Tai Chi Chuan. Tuesdasys and Thursdays through Dec. 3 at thre Diamond Head Chapel. Registration fee is \$30.

† Creative metal and jewelry making will teach you to use wax and metals to create lasting pieces of jewelry. No experience necessary. Six sessions through Dec. 10 at Koa 200. Cost is \$40 plus approximate \$20 materials fee.

† Rabbi Richard Leibovitz will be sharing foods and ethnic celebrations of the Jewish people in **Jewish tradition.** 7 p.m. at the Diamond Head Chapel. Registratiob fee is \$6.

#### Wednesday, Nov. 6

\* Films- "Erection" documents the construction of a London hotel. In "Rape," a cameraman chased a frightened young woman through London for two days - a metaphor of exploitive media, but not much fun for the victim. 7:30 p.m.

† Delegation is the key to productivity, motivation and further advancement for you and your employees. Learn to manage, not do in Motivating/delegating. Nov. 6 and 13 from 6 to 8:15 p.m. at Ilima 105B. Registration fee is \$37.

#### Thursday, Nov. 7

\* Film- "Girl Crazy" is vintage Judy Garland and Mickey Rooney, based on the score from the Gershwin Brothers' 1930 stage hit of the same name. 1 and 7:30 p.m.

† Learn to master essential telephone and communication skill to provide customer satisfaction, project a positive company image and develop your professionalism with Telephone skills. From 6 to 9 p.m. at Ohia 112.

† Creative marketing techniques on a mini-budget will thoroughly discuss positioning as well as hard data on the What, When and How of building a powerful marketing plan. Nov. 7 and 14 from 6 to 8 p.m. at Kauila 205. Registration fee is \$47.

There will be an information session on dental assisting from 12:30 to 1:30 p.m. at Kauila 113.

†Reduce your tax burden, maximize your investment returns and plan for your financial security with Successful money management. Nov. 7, 14 and 21 from 6 to 9:30 p.m. at Ilima 202B. Cost is \$45/individual and \$65/couple.

#### Friday, Nov. 8

\*Film-"Baxter" is a satire that bares its teeth at pet ownership, suburban Europe and a world of increasingly dog-eared morals. Nov. 8 and 9 at 7:30 p.m. and Nov. 10 at 4 p.m.

There will be an information session on medical assisting from 11:30 a.m. to 1 p.m. at Kauila 109.

Islands' Excellence arts/fashion/crafts fair will be held Nov. 8 and 9 at Restaurant Row. Handcrafted items, woodwork, clothing and live entertainment will be featured. Admission is free. For more information, call 737-6488.

#### Saturday, Nov. 9

† A two day culinary tour of Kauai will take 20 participants to the Garden Isle. Price of \$325 includes round trip air fare, all ground and hotel accommodations, gratuities and taxes. Tour departs Saturday morning and returns on Sunday night after the final dinner/feast. Space is on a first come, first paid basis with a deposit of \$100.

† Learn new ideas about your traditional bird, the turkey, as well as chicken in a variety of recipes in Poultry for the holidays with Michael Jack. From 9 a.m. to noon at the Waioli Tea House. Cost is \$23.

Z-Rock presents hyperspeed thrash band Sacred Reich in concert at Pink's Garage. Joining them for this evening of metal mania are local favorites Broken Man and B.Y.K. Doors open at 7 p.m. and the show starts at 8 p.m. Tickets are \$15 in advance, \$17.50 at the door with a two drink minimum charged at the door.

#### Sunday, Nov. 10

Taste of Honolulu. Taste signature dishes from some of Honolulu's finest restaurants in this first annual fundraiser for the Easter Seals Society of Hawaii. Admission is free; scripts will be sold for purchasing food items. For more information, call 536-1015.

Friends of Jazz-Hawaii presents a fundraising musical gala benefitting the "Jazz in the Schools" program. The musical line-up will include: Paul Madison, Mike Lewis,, Steve Lowry, Gabe Baltazar, Bob Winn, and many more. The show runs from 5 to 10 p.m. in the Monarch Room of the Royal Hawaiian Hotel. Tickets are \$15 general admission, and can be purchased from Bose Home Entertainment Center, JR's Music, New Orlean's Bistro, The Landing, Jelly's, Hungry Ear and Rainbow Books and Records.

#### Monday, Nov. 11

\* Film- "Au Hasard, Balthazar" is a spiritually haunting film about a donkey who endures a succession of increasingly cruel masters, a parallel situation to that of the character Marie, who endures an authoritarian father and a brutish suitor. 7:30 p.m.

#### Tuesday, Nov. 12

\* Film- "Fist of the North Star" is an ultraviolent but beautifully executed animated action film based on the popular comic book and Nintendo science fiction hero. This film is suggested for adult audiences. Nov. 12 and 13 at 7:30 p.m.

† Learn about the A-Z's of the entire Estate Planning process and how to avoid the pitfalls of poor or no planning that thousands of individuals and their families face when they die. Learn about wills, porbate, revocable "living" and irrevocable trusts and much more. Nov. 12, 19 and 26 from 6 to 8:30 p.m. at Ilima 202B. Registration fee is \$42.

• - indicates a production or presentation of the Honolulu Academy of Arts. Films are shown in the Academy Theatre and tickets are \$4, \$3 for members. For more information, call 538-3693 ext. 247.

† - indicates a production or presentation sponsored by the Office of Community Services. For more information, call 734-9211.

### JOB PLACEMENT

For more information on these jobs and many others, contact the Job Placement Office at Ilima 103 or call 734-9514 for an appointment.

Delivery/helper: Cosmetic retailer is seeking someone able to carry at least 20 pounds who knows their way around and can do deliveries. Hours are noon to 4 p.m. or 1 to 5 p.m., Monday through Friday. Pay rate is \$6 per hour. Kapiolani area. Job #1390.

Administrative assistant: A home nursing support company is seeking an administrative assistant for part time (18-20 hours per week) flexible hours, to do filing, patient charts, typing, phones, bill payment for central checking account and computer entry. Willing to train. Hours are flexible on Mondays, Wednesdays and Fridays. Ala Moana area. Job #1388.

Payroll accountant: Hospital is seeking a part time person to do payroll functions, filing tax reports and processing time sheets. Prefer A.S. degree, knowledge of Lotus 1-2-3, 1 to 2 years payroll experience and 10-Key by touch. Hours are Monday through Friday, flexible. Temporary position. Salary is negotiable. King Street area. Job #1385.

S.E. Asian language consultant: An international language education organization is seeking persons to develop materials in S.E. languages for high school use. Work with community groups: Burmese, Cambodian, Mong, Ilokano, Japanese, Korean, Mandarin, Tagalog, Thai, Vietnamese, Laotian. Hours are flexible, may work independently. Salary is \$6.25 per hour. Waialae Ave. area. Job #1326

### **Upcoming classes**



### Fun and exciting Journalism classes

Have fun and learn at the same time by enrolling in one of the Journalism classes being offered in the Spring semester. Journalism 197, Desktop Publishing, will give you the basics of the computer. Journalism 225W, Feature Writing, will teach you how to hone your literary skills by writing feature articles for Kapio. This class is also a writing intensive course. Journalism 285V will put you in the middle of school happenings by being on the staff of Kapio. Learn how to put together a publication from start to finish. Enroll now!

The Catholic Campus Ministry at KCC presents

#### Na'Opio Catholic Students Weekend Retreat

Nov. 8 - 10
Friday evening - Sunday afternoon

To register or for more information stop by at Iliahi Bldg. room 204 or call Cleo at 988-6222 / 456-4266 or Rex at 988-6222 / 833-5677

