





BREAKFAST

S.S. MONTEREY

Pacific Far East Line

Friday, October 19, 1973

FRUITS

Stewed Santa Clara Valley Prunes in Syrup	Baked Oregon Apple
Chilled Sliced California Oranges	Iced Half Island Papaya
Fresh Frosted Olallieberries	Sliced Hawaiian Pineapple
Chilled Fresh Grapefruit	Chilled California Cranshaw Melon
Iced Papaya Nectar, Orange, Prune, Pineapple or Tomato Juice	

HOT AND COLD CEREALS

Rolled Oats	Concentrate	Hominy Grits
Corn Flakes	Wheaties	Puffed Rice
Special K	Pep	Bran Flakes

FISH

Poached Salt Mackerel, Egg Sauce, Parsley Potatoes

EGGS

Fried Eggs with Ham or Bacon	Poached Eggs on Toast	Boiled Eggs
Scrambled Eggs with Chopped Ham, Green Peppers, Shrimp or Plain		
Shirred Eggs with Brown Caper Butter, Lamb Kidney Sauté or Plain		
Omelet with Chicken Livers, Cheese, Chives, Confiture or Plain		

MEATS

Grilled Breakfast Bacon	Grilled Canadian Bacon
Baked Little Pork Sausages	Broiled Center Cut Ham
Morning Glory Steak (Fresh Ground-Round Beef Patty)	
Sweetbreads on Toast with Mushrooms	

POTATOES

Hashed Brown	Boiled	Saratoga Chips
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COLD BUFFET

Cold Sirloin of Beef	Roast Spring Lamb, Mint Jelly
Assorted Fresh and Smoked Sliced California Sausage	
Italian Salami, Swiss Cheese, Potato Salad	

SWEET ROLLS---TOAST

Assorted Sweet Rolls	Whole Wheat or Raisin Toast
Butter Horns and Snails	Muffins Danish Coffee Cake
Buttered, Cinnamon, Milk, Dry or Melba Toast	
Pecan, Buckwheat or Plain Griddle Cakes, Waffles, Served with Melted or Whipped Butter, Honey, Maple or Boysenberry Syrup	

JAMS---JELLIES

Raspberry or Strawberry Preserve	Pineapple-Papaya Jam
Grape or Guava Jelly	Peach or Apricot Preserve

BEVERAGES

Ovaltine	Postum	Chocolate	Cocca
Coffee	Milk	Robur Tea	Green or Orange Pekoe Tea