

KAPIOLANI TECHNICAL SCHOOL  
620 Pensacola Street  
Honolulu 14, Hawaii

PRACTICAL NURSING DEPARTMENT

2/59

Practical nursing is an important level of nursing which provides a means of extending nursing services in hospitals, homes, doctors' offices, and clinics. Practical nursing appeals especially to men and women interested in service to, and recognition from the community.

Upon completion of the one-year training program, students are eligible to take the examination for practical nurse licensure which is required for employment in the territory.

Classes are admitted three times yearly: September, January, and April.

Entrance requirements include:

Age: 18-50; high school graduation if 25 years of age or under, 10th grade education or its equivalent if over 25; a personal interview; references; and aptitude tests.

The new Practical Nursing building on the Kapiolani Technical School campus has been in use since June of 1957. Nursing laboratories are provided with modern hospital furniture and equipment. Visual aids such as films, charts, torso with removable organs and skeleton are used in teaching.

Good relationships with the community are maintained through the department advisory and admissions committees and by co-operation with local hospitals providing clinical experience for practical nursing students.

PRACTICAL NURSING CURRICULUM

Preclinical Instruction -- 16 Weeks

		<u>Hours</u>	<u>Credits</u>
PN 101	NURSING PRINCIPLES AND SKILLS (Lec. 60, Lab. 120) Basic nursing care including care of environment, bed making, personal hygiene, body alignment, medical and surgical asepsis, understanding total needs, admission, transfer, discharge of patient, care of the dying and the dead, treatment of infections, application of heat and cold, bandaging and binders.	180	8
PN 102	BODY STRUCTURE AND FUNCTIONS The most important fundamental information on anatomy and physiology by use of charts, torso with removable organs and skeleton. Usage of terms needed in practical nursing is emphasized.	32	2
PN 103	PERSONAL AND VOCATIONAL RELATIONS Develops an appreciation of the well-rounded practical nurse through the study of the historical development of nursing, nursing organizations, legal implications, and interpersonal relationships. Personality development and vocational growth are stressed.	32	2
PN 104	PERSONAL AND COMMUNITY HEALTH Prevention and control of disease through government and private agencies. Application of good health principles toward sound hygienic living.	30	2
PN 105	CONDITIONS OF ILLNESS (Lec. 60, Lab. 4) Introduction to diseases and disease conditions. Definition, classification, diagnostic procedures. Observation of symptoms, medical terms, and recording.	64	4
PN 106	NUTRITION AND DIET THERAPY (Lec. 40, Lab. 32) Study of basic nutritional principles and their application to the planning, preparing, and serving of patients' meals including special diets.	72	4
PN 107	OBSTETRICS AND THE NEWBORN (Lec. 28, Lab. 4) Lectures and demonstrations on pregnancy and prenatal care, delivery and the newborn, and postnatal and postpartum care. Visual aids such as films, charts, and skeleton are used.	32	2
PN 108	CHILDREN AND ADOLESCENTS Study of normal child's physical, mental, and emotional growth from infancy through adolescence. Use of films stimulates class discussion of behavior problems during the various age periods.	20	1

		<u>Hours</u>	<u>Credit</u>
PN 109	PHARMACOLOGY (Lec. 10, Lab. 14) Basic information on source, preparation and action of drugs, calculation of dosage and methods of administrations.	24	1
PN 110	FIRST AID AND CIVIL DEFENSE (Lec. 14, Lab. 8) Standard American Red Cross course covering fundamental principles of first aid techniques. Introduction to local civil defense program.	22	1
PN 111	(Lec. 16) GERIATRICS, REHABILITATION, AND HOME NURSING (Lab. 4) Geriatrics--Principles of nursing the aging and the aged. Conditions of illness associated with this age group. Rehabilitation--Understanding the nursing needs of rehabilitation patients. Home Nursing--Responsibilities and contributions of the practical nurse. Adaptation of methods and equipment.	20	1
	Study hours	<u>32</u>	<u>--</u>
	TOTALS	560	28

Clinical Instruction -- 32 weeks

Supervised experience: 40 hours per week including related classes in affiliating areas and home school. Queen's, St. Francis, Children's, Kuakini, Territorial, and Hilo Memorial Hospitals, Kindergarten and Children's Aid Association, and homes of patients provide areas for this experience.

		<u>Hours</u>	<u>weeks</u>	<u>Hours</u>	<u>Credits</u>
PN 120	Medical and Surgical Nursing	70	12	480	10
PN 121	Obstetrics and Newborn Nursing	31	6	240	5
PN 122	The Well Child	11	2	80	2
PN 123	Pediatric Nursing	50	4	160	4
PN 124	Psychiatric Nursing	68	6	240	5
PN 125	Home Nursing	<u>8</u>	<u>2</u>	<u>80</u>	<u>2</u>
	TOTALS	238	32	1,280	28

Review and Graduation -- 1 week

Review of course, licensing examination, and graduation

Vacation -- 3 weeks -- Terminal

Summary:

Preclinical	16 wks.	560 hrs.	28 credits
Clinical	32 "	1,280 "	28 "
Review and Graduation	1 "	24 "	--
Vacation	<u>3 "</u>	<u>--</u>	<u>--</u>
TOTALS	52 wks.	1,864 hrs.	56 credits