

Subject: This Week at UH West O'ahu - Week of Dec. 7, 2020
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A BULLETIN FOR UH WEST O'AHU FACULTY AND STAFF
This Week at UH West O'ahu

Week of Dec. 7, 2020

Bulletin No. 30 from Chancellor Maenette Benham

**E ala! E alu! E kuilima!
Awaken! Come together! Join hands!**

Update COVID-19

As our numbers increase due to growing holiday gathering and travel, we ask that you be vigilant and keep yourself and your 'ohana safe, healthy and joyful! Vaccines are just around the corner! Should you have any questions or concerns about UH West O'ahu procedures please go to westoahu.hawaii.edu/covid-19/. Please stay in-touch with the COVID Response Team should you be exposed, are awaiting test results, and/or are under the care of your PHP. Mahalo nui – UHWO COVID-19 Response Team.

Aloha mai kākou!

An important growth opportunity for UH West O'ahu is focused on enrollment. So, recruitment of freshman (traditional high school graduates, returning adults (folks that have stopped out or are non-traditional students), and transfer students. Knowing how we can better serve students is essential to our growth. So, a huge HŪLO!!! and Mahalo Nūnui!!! to our [UH West O'ahu Institutional Research Office](#) (John Stanley and Christi Palacat) for all they do to provide us with up-to-date data. Take a look at the newly refreshed '[Student Success Dashboard](#)'. The dashboard presents key student success measures, i.e., retention/graduation rates, WSCUC outcomes, etc. John Stanley states, "While there is always room for continuous improvement, this latest update shows comparatively strong outcome measures across the board. Also, most of the data on the UH West Oahu '[Factbook](#)' has been updated with Fall 2020 figures." Mahalo hou John and Christi!

I also include in this bulletin [the bullet points from my presentation to the Faculty Senate](#) made on Friday December 4, 2020.

E mālama pono!
Maenette Benham, Chancellor

Commencement Week



Graduation is a time for students to join with friends, family, faculty, staff, and administrators to celebrate their accomplishments. Given state and county restrictions, we are unable to hold a traditional in-person ceremony in December. We are recognizing our graduates with a pre-recorded [Virtual Commencement Ceremony](#) to honor all spring, summer, and fall 2020 graduates. Please enjoy the virtual commencement video, which will be hosted on the campus Commencement

webpage (westoahu.hawaii.edu/commencement/) on Saturday, December 12, 2020, at 9 a.m. Recordings of the ceremony will be available on the campus YouTube page.

University of Hawai'i COVID-19 resources

Remember to visit the [UH West O'ahu COVID-19 page](#) and [University of Hawai'i System COVID-19 site](#) for information and updates regarding the COVID-19 pandemic.

COPING THROUGH COVID

How are you maintaining your mental, physical, and emotional well-being while practicing social distancing? We'd like to hear about your coping mechanisms or personal stories of how you are managing as we navigate these challenging times. Have unique tips to share? Fun activities? Email uhwocomm@hawaii.edu to submit your survival strategies.

Here's a submission from Katrina Abes, Director of College Success Advising:

During the months of October through December, our family is big on celebrating birthdays and the holidays — most of us are born in November. Since COVID, we have had the opportunity to redesign the way we celebrate with each other. Drive thrus and virtual parties have sparked some creativity in how we engage with each other.

For instance, we threw my sister a virtual baby shower and a drive thru. For the virtual baby shower, we used the Zoom White Board to do Baby Pictionary and Kahoot to do baby trivia. We also played "Gimme Gimme" and everyone ran around their house to get the items and show it on camera. It was so much fun!

It has also sparked how to decorate for a drive thru and really create it into an experience. Pictured is how we created my sister's baby shower for her and her partner. Let's just say that I have become very versatile in balloon arches and dessert displays. LOL.



Photo courtesy of Katrina Abes

Monthly Mental Health Moment – Clinic honors resiliency and sacrifice of UH West O'ahu 'ohana

Clinical psychologists Dr. Steven Taketa and Dr. Analu Sing, with the [Mental Health Clinic at UH West O'ahu](#), offer [monthly mental health tips](#) to students, faculty, and staff to cope through COVID-19 and these trying times:

Over the past year, the University of Hawai'i–West O'ahu has partnered with more students and provided more hours of care than we ever have. As we endured the hardships of 2020, we have heard so many incredible stories.

Stories of tragedy, pain, resilience, compassion, love, and forgiveness. For this Mental Health Moment, we want to take this opportunity to honor the resiliency and sacrifice that has motivated us all to push forward.

We acknowledge the student who transitioned to online instruction almost overnight. The caregiver who absorbed worry and hardship to protect those vulnerable to the virus. Or, the professor who spent a little more time and effort to let you know that you are important. We also remember the people we have lost and hold close to our hearts the individuals in our lives who have inspired us to overcome. Our clinic would also like to give special thanks to all of you who have encouraged a friend or family member to reach out to us for help.

The Mental Health Clinic will remain open throughout the holiday season. All enrolled students may access free and confidential mental health services during and between semesters. Please email uhwotalk@hawaii.edu to make an appointment. We are interested in your journey and hope to be part of your story.

December 2020 anniversaries

The University of Hawai'i celebrates [December 2020 faculty and staff anniversaries](#), including UH West O'ahu's Vicky J. Del Prado, Instructional and Student Support, and Marnelli Ulep, Academic Support — both of whom are celebrating 10 years. Congratulations!

Survey on revenue-generating recommendations due today, Dec. 7

The UH West O'ahu Pueo Stewardship (Budget) Task Force requests your input on a set of recommendations for fiscal years 2022, 2023, and 2024. The Task Force asks that you assist in taking a short survey to rank revenue-generation recommendations. The survey deadline is 2 p.m. today, Dec. 7.

The set of revenue-generation recommendations can be found here: <http://go.hawaii.edu/tp3>. A cost-reduction recommendation can be found here: <http://go.hawaii.edu/Yp3>.

Please note that campus leadership may institute a list of their own cost efficiency and revenue-generating recommendations to ensure that UH West O'ahu is prepared for the upcoming system budget discussions.

Please submit your selections via the survey (<https://forms.gle/ATpHSrUukoVLQiVq6>). You must be signed in to the UH Google account to access the survey.

Yearlong webinar series celebrating stories of all UH campuses continues at UH West O'ahu, Dec. 9 and 23

He Ukana Aloha Kā Kīlauea is a special yearlong webinar series celebrating the stories of our islands and our campuses. The series features music, dance, and storytelling from the ten University of Hawai'i campuses. The next sessions Dec. 9 and 23 will feature song and storytelling from UH West O'ahu. All webinars are noon to 1 p.m. The webinar link is <https://hawaii.zoom.us/j/91499916950> (password: ukana). The He Ukana Aloha Kā Kīlauea series, which kicked off Sept. 23 and 30 from UH Maui College, is presented by the [Hawai'i Papa o Ke Ao Committee](#) at UH. Please see attached flyer for more information.

Wednesday, December 9, noon – 1 p.m.: Mele Honouliuli with Manulani Meyer

Come learn the UH West O'ahu mele to welcome all visiting guests, to start events, to begin a new semester. Come learn the wahi pana of Honouliuli in the Ewa Plains of West O'ahu. Come experience a mele 'uhane that came to Pu'u Zablan of the PIKO Project. Come learn the mo'olelo of Pu'uoloa and Pu'u O Kapolei from beloved Artist Kupihea. Come over to the 'āina wela o Kapolei.

Wednesday, December 23, noon – 1 p.m.: Christmas in the Islands with Aaron Salā, Jon Magnussen and special guests

Join us (virtually) at the University of Hawai'i-West O'ahu as we celebrate the successful close of an extraordinary semester with music! Featuring students, staff, and faculty from our campus, along with a few special guests, we invite you to come celebrate Christmastime with us.

‘COVID-19 Telework’ reminder

If you were approved for telework, please remember to complete your online leave with the new “COVID-19 Telework” code; please do so every month by the 10th. Note that you do not have to redo your telework forms every month. Also, if you are working a hybrid schedule, input only your telework days in the system. For paid sick and vacation leave, please request as usual. If you have any questions, email janice.sunouchi@hawaii.edu.

EAP December 2020 Newsletter

The [Employee Assistance Program \(EAP\)](#) December 2020 edition of the Hawai‘i Employee and Hawai‘i Supervisors newsletters are posted on the Worklife Hawai‘i website. Featured topics this month:

Hawai‘i Employee:

- Yes, That's Emotional Abuse
- Pandemic Pain and Young People
- Tips for Post-Election Holiday Gatherings
- National Impaired Driving Awareness Month
- Helping a Loved One Cope with Chronic Pain
- COVID-19 Prevention Tip: Mouthwash
- The EAP Can Help
- Alone, In a Relationship

Hawai‘i Supervisor:

- What is psilocybin and what are the signs and symptoms?
- What are the most effective ways to identify substance abuse?
- How does EAP use information provided by a supervisor regarding an employee?
- How do I document a bad attitude?
- What is the next step for supervisors after referring an employee to EAP?

Miles talks about food systems on podcast, at virtual conference

Hear Dr. Albie Miles, Assistant Professor of Sustainable Community Food Systems at the University of Hawai‘i–West O‘ahu, speak about food systems and more:

- [“Transforming Hawai‘i’s Food Systems by Empowering Native Hawaiian Youth,”](#) Dec. 1 podcast on [Heartland Stories](#), a weekly radio show presented by the Heartland Study, a Midwest based research program dedicated to supporting children’s health in the Heartland.
- [“Achieving Resilient and Equitable Food Systems in the Era of COVID-19,”](#) Nov. 9 panel discussion at [Innovations for the New Normal](#), a virtual conference hosted by UH in light of the current COVID-19 pandemic, highlighting our efforts in the areas of resilient food systems, health care, and digital infrastructure — vital areas for the state in its recovery and economic diversification efforts.

PIKO Outdoor Learning Space construction barricades

Multiple construction deliveries continue for the PIKO Outdoor Learning Space project. When there are deliveries, please expect temporary disruptions to pedestrian access at the roundabout and entry ramp. Also, the plywood fencing around the PIKO Outdoor project has been removed and replaced with more transparent fencing and/or caution tape. Regardless of barrier type, all persons in the vicinity of this project are advised to respect all construction barricades and all posted safety/detour signs. If you have any questions or need additional information, please contact the UH West O‘ahu project manager at 689-2546.

Honouliuli (Ho‘opili) Station Update

A view of Honouliuli (Ho‘opili) rail station. Image courtesy of Nan, Inc.:



Distance Learning Tip of the Week – YouTube Automatic Captioning

YouTube's automatic video captions are steadily improving, but with any speech recognition technology, errors occur. It is good practice to review automatic captions and edit any words that haven't been properly transcribed. Start at your YouTube channel. Click the Manage Videos button. Select Subtitles from the left-hand column. Click a video title to duplicate and edit the automatically published subtitles. Note that it can take 5 to 10 minutes for the auto-generated captions to appear for editing. Once you have your revised subtitles published by Creator, remove the automatic subtitles.

News from [Ka Puna O Kalo'i](#)



[New broadcast studios at UH West O'ahu motivate online students, faculty](#) - Joshua Bateman appreciates the in-person feel of his online class. "Without her instruction in the SOS, this class would be much more difficult," said Bateman, a Marketing major who spoke of [Katie Landgraf's](#) intermediate financial accounting course at the University of Hawai'i–West O'ahu. The "SOS" Bateman is referring to is UH West O'ahu's new Synchronous Online Studio, the result of an effort to provide positive learning experiences in the shift to online instruction because of the COVID-19 pandemic.

The deadline to include your item in the next This Week is Thursday night. Please submit your item using the Communication Department's [Communications Request Form](#).

WESTOAHU.HAWAII.EDU



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HE UKANA ALOHA KĀ KĪLAUEA

The Inter-island Steamer Kilauea is Freighted With Aloha



In the spirit of Kamehameha V,
we celebrate community through
song and storytelling from the
10 UH campuses. Please join us
for this webinar series.

ALL WEBINARS ARE 12PM TO 1PM

September 23 and 30 (UH Maui College)

October 14 and 28 (Hawai'i Community College)

November 4 and 25 (UH Mānoa)

December 9 and 23 (UH West O'ahu)

January 13 and 27 (Kaua'i Community College)

February 10 and 24 (UH Hilo)

March 10 and 24 (Honolulu Community College)

April 14 and 28 (Windward Community College)

May 12 and 26 (Kapi'olani Community College)

June 9 and 23 (Leeward Community College)

Webinar link:

<https://hawaii.zoom.us/j/91499916950>

Password: ukana



Presented by
University of Hawai'i
Hawai'i Papa o Ke Ao