

Subject: This Week at UH West O'ahu - Week of Feb. 22, 2021
From: UHWO Communications Department <uhwocomm@hawaii.edu>
To: uhwo-all-l@lists.hawaii.edu
Date Sent: Monday, February 22, 2021 7:58:43 AM GMT-10:00
Date Received: Monday, February 22, 2021 7:58:54 AM GMT-10:00

A BULLETIN FOR UH WEST O'AHU FACULTY AND STAFF
This Week at UH West O'ahu
Week of Feb. 22, 2021

Bulletin No. 39 from Chancellor Maenette Benham

**E ala! E alu! E kuilima!
Awaken! Come together! Join hands!**

*Statement of Gratitude: "Piglet noticed that even though he had a Very Small Heart, it could hold a rather large amount of Gratitude." *A.A. Milne*

Update COVID-19

Although we are experiencing delays, due to inclement weather on the U.S. continent, we continue to prepare for second shots of our 1B-2s within the next 2-3 weeks (those employees and students whose job duties have required that they be on campus three or more days per week, and faculty who are teaching in-person classes). Additionally, we are confirming our list of all remaining UH West O'ahu, our 1B-3s who are faculty and staff who are teleworking but essential to university operations and resumption of in-person education after this semester.

There have been questions regarding **managing common side effects, which may be more prominent after dose 2** (this is expected). Some people may experience side effects that include pain and swelling at the injection site, headache, fever, muscle aches, and being very tired. These side effects may start within a few hours after you receive the shot and be mostly gone by about 36 hours after the shot. It is important to know that fever is not dangerous and actually helps your body's immune system react to something identified as foreign (in this case the vaccine). Many adults rarely experience fever, so it is common to become worried about something that doesn't happen often. We recommend using acetaminophen (Tylenol) or ibuprofen (Advil or Motrin) as needed to keep yourself more comfortable while waiting for the fever to pass. It is also a good idea to make sure you are drinking plenty of fluids because you may lose more body fluids while you are feverish.

If you would like more information about the vaccines:

- The New England Journal of Medicine has published an article regarding the safety and efficacy of the COVID-19 vaccine. It is available online [here](#).
- The CDC website also provides extensive information on the COVID-19 vaccine, including safety, efficacy, vaccine development, recommendations and more. Visit the CDC website [here](#).
- The Hawaii Department of Health has also made information available online about the vaccine and the state's distribution plans. Visit [HawaiiCOVID19.com/Vaccine](https://hawaiiCOVID19.com/Vaccine).
- The Moderna Fact Sheet is [here](#).

Update on our Campus Work Groups

Business Model Work Group: The Business Model Work Group is midway through its redefinition of the model by providing clarity on those criteria—Customer Value Proposition, Value Chain, Strategic Position, and Optimization Formula—used to examine current and new programs. This refinement process should enable our campus to be both cost-effective/efficient and look for opportunities that maximize revenue generation to enable UH West O'ahu to become more sustainable and solvent. They expect to produce this redesigned model by the close of this month and will forward it to the other workgroups and leadership for feedback and further development.

Student Learning Work Group: The Student Learning Work Group has been engaged in examining a pre-pandemic snapshot of our 6-year UH Academic Master Plan (2019), which was captured right before the pandemic, in relation to President Lassner's more recent paper titled "Post-Pandemic Hawai'i and the University of Hawai'i." This relook has provided a springboard for the group to re-evaluate our planned academic actions and to propose new initiatives and innovative changes, focused on student learning, in light of current and possible future conditions in our state. The group will continue to generate and develop a set of initiatives over the next several weeks.

Campus Efficiencies: The Campus Efficiencies Work Group split into 3 subgroups: Building Consolidation, Operating costs/Blended classes, and Academic Programs. The overarching objective of this work group is to review campus operational structures/processes to determine possible opportunities to better serve faculty/staff and students.

- Subgroup #1 Building Consolidation reviewed the recommendation of the Task Force and is discussing several recommendations that would result in more effective use of our facilities.
- Subgroup #2 Operating costs/Blended classes is focused on potential changes that may result in a reduction of operational costs to include increasing and improving blended class delivery.
- Subgroup #3 Academic Programs is similarly focused on streamlining operating processes to maximize online/hybrid delivery of courses. (Similar to Subgroup #2)

President's report: vaccination efforts, fall outlook, and more

UH President David Lassner updated a number of important topics on Feb. 18 in his monthly report to the Board of Regents, including COVID-19 vaccination efforts, the status of federal stimulus funds, and the current outlook for the fall 2021 semester. The president's report can be viewed [here](#).

University of Hawai'i COVID-19 resources and announcements

Remember to visit the [UH West O'ahu COVID-19 page](#) and [University of Hawai'i System COVID-19 site](#) for information and updates regarding the COVID-19 pandemic.

Important update: COVID-19 vaccinations for UH employees and students

This message was shared with the students, faculty, and staff of the 10-campus University of Hawai'i system on Feb. 17.

This is an important update of the [February 9 message from UH President David Lassner](#). The Hawai'i Dept. of Health (DOH) has final approval on who receives the vaccine and when. Based on the emerging knowledge about COVID-19 disease and the supply of the vaccine in the state, DOH determines priority groups to be vaccinated. The prioritization list in the message sent on February 9, 2021, is for internal use by the University of Hawaii. The UH System is committed to following the DOH vaccination prioritization order as it exists today or may change in the future.

At this time, given the limited supply of vaccines, UH student athletes and student residents on campus cannot be part of a group that is prioritized above frontline essential workers. The group formerly consisting of 1B-4 workers will now be categorized as 1B-3 workers. We will continue to work to vaccinate our student athletes and residents on campus, in a manner consistent with DOH priorities across the state.

Please also know that we receive a limited number of vaccination slots per week, for example, 800, and are assigning discrete groups in matching amounts (800 in the example) selected in a randomized fashion to be fair across groups. If you received an email notifying you that you are on the 1B-2 list, please be patient as you await a later email offering you an appointment time. Additionally, the vaccine allotment for UH is assigned by the DOH to different locations. If you show up without your name being on the discrete list, you will be turned away, and your identity will be retained. [UH employees are authorized to take up to 2 hours of administrative leave](#) if their vaccination is being provided at a non-UH campus location.

UH is committed to supporting the state's vaccination efforts during this ever-changing situation. Please note that due to the severe weather on the mainland, we have become aware of delays in vaccine shipments to Hawaii resulting in some unexpected schedule changes. Please continue to be patient with the process.

COPING THROUGH COVID

How are you maintaining your mental, physical, and emotional well-being while practicing social distancing? We'd like to hear about your coping mechanisms or personal stories of how you are managing as we navigate these challenging times. Have unique tips to share? Fun activities? Email uhwocomm@hawaii.edu to submit your survival strategies.

Aloha everyone! My name is Rian Barreras (sounds like REIN-carnation) and I am an Assistant Professor of Video Game Design and Development for the Academy for Creative Media. My partner, Krystle, and I have been "Coping Through COVID" by trying to be more mindful of the areas of our lives that we can control. Over the past year, we've made more of an effort to learn healthy recipes and safely be outdoors. We are both very grateful to have remained employed during this pandemic and realized we were spending most of our day in front of our computers on Zoom. So we try to take our pup, [Melo](#), for two walks a day. One of our favorite places to walk is Patsy T. Mink Park in Waipi'o. We've also taken up daily yoga and indoor cycling to help focus our intentions and relieve stress. It's not always fun, but I've noticed I feel better at the end of the day if I'm consistent. As a birthday treat, over the summer we took a mountain bike tour at Kualoa Ranch. It was a lot of fun to learn about the history of the place and see the beauty of it first-hand on bicycles. The ride was two hours long and I think we covered nearly eight miles. Our butts and our lungs were really grateful that we'd spent those initial quarantine months building up our cycling skills.



Photos courtesy of Rian Barreras

Welcome to the newest employee on our campus

Please extend a warm welcome to Jarlyza Mareko, Student Services Specialist, who joined our campus earlier this month!

Update: More than 200 valentines collected for kūpuna thanks to library project

The [James & Abigail Campbell Library](#) collected over 200 valentines for kūpuna as part of "Aloha i nā kūpuna," a Valentine's Day project done in partnership with ['Ilima at Leihano](#) senior living community in Kapolei. The special valentines came from the UH West O'ahu community; Leeward Community College, Pearl City High School, and Mililani Middle School also donated valentines to the project. The cards, drawings, and letters were given to the nearly 100 residents at

'Ilima at Leihano, and more than 120 extra valentines were donated to kūpuna at The Plaza in Pearl City. Mahalo to all who participated!



Photos courtesy of Ethel Caguiat, Wellness Director at 'Ilima at Leihano

Creative Media Facility fire alarm inspection and test, Feb. 22

The audible and visual alarms in the Creative Media Facility will be inspected and tested today, Feb. 22. The inspection and test will start at 8 a.m. and should be completed by noon.

During this testing, the audible alarms will sound very loudly and the visual alarms will strobe intermittently. The contractor, Johnson Control, service technicians will be wearing their company uniforms and will be escorted by UH West O'ahu's Environmental Health and Safety Office (EHSO) throughout the building. The testing should be completed within several hours; should there be any delays, an email update will be sent.

UH West O'ahu EHSO encourages you to review fire evacuation procedures during the testing. During this testing of the alarm system, if you should smell smoke or suspect that a real fire event is occurring, please call UH West O'ahu security immediately at 689-2911.

If you have any questions or concerns, please contact Beverly Orillo at bbasilio@hawaii.edu or 689-2529.

Caregiver Workshop series, Feb. 22 and 24, March 8 and 10

UH System Office of Human Resources announces its upcoming Caregiver Workshop series with Dr. Michael Cheang from UH Mānoa's Department of Family and Consumer Sciences (CTAHR). Please view the [Training Calendar](#) for upcoming session information and registration. Four Zoom presentations will be held to accommodate those interested in participating in either a lunch session or an after-work session:

- Resources in the Aging Network: 11:45 a.m.-1:15 p.m. Monday, Feb. 22, or 4:30-6 p.m. Wednesday, Feb. 24
- Caring for someone with Dementia/Alzheimer's Disease: 11:45 a.m.-1:15 p.m. Monday, March 8, or 4:30-6 p.m. Wednesday, March 10

If you have any questions regarding Dr. Cheang's Caregiver Workshop series, please contact Jill Chun at jillo@hawaii.edu or 956-8643.

UH System Common Scholarship Application now open

The University of Hawai'i System Common Scholarship Application is still available online for the 2021-2022 academic year. Students attending any University of Hawai'i campus are encouraged to apply in order to be considered for system and campus scholarships.*

Please encourage your students to apply by the March 1, 4 p.m. (HST) deadline.*

If you have been asked to serve as a reference, please remember that March 8, 4 p.m. is your deadline to complete the student's online recommendation.*

Students are also encouraged to complete their 2021-2022 Free Application for Federal Student Aid (FAFSA) by March 1 in order to be considered for the maximum amount of scholarships.

More information and application information can be found at: www.hawaii.edu/scholarships

Please email scholars@hawaii.edu with any questions, or call (808) 956-6203.

*Refer to the UH Mānoa New Warrior & Presidential website for details and deadlines:

<https://www.hawaii.edu/fas/info/nws.php>

All other UH Mānoa scholarships require separate applications. Refer to the UH Mānoa Scholarships page for more information: <https://www.hawaii.edu/fas/info/scholarships.php>

Hawaiian Telcom phone directory available through March 12

The official Hawaiian Telcom phone directory is available now through Friday, March 12 (while supplies last), for pickup at the loading dock of the James & Abigail Campbell Library.

Planning has begun for Professional Development Institute Week in May

The Office of Professional Development and Academic Support is planning for the 2021 Professional Development Institute Week during the week of May 10-14. Please use this [Request Form](#) to let OPDAS know about professional development topics you are interested in attending. OPDAS also wants to hear about topics you may be [interested in presenting](#) for UH West O'ahu faculty and/or staff. Please submit requests by March 1. If you have questions, please contact opdas@hawaii.edu.

Kualaka'i (East Kapolei) Station update

A view of Kualaka'i (East Kapolei) rail station. Image courtesy of Nan, Inc.:



Distance Learning Tip of the Week – Slides Presentation via Zoom

When limited to one device, how do you present slides without having the slide notes visible to your remote audience? Start a Zoom meeting. Click Share Screen > Advanced > Portion of screen. Size the rectangular outline to your title slide while remaining in PowerPoint's normal view or Google Slides' default view. This will allow you to see your slide notes throughout the presentation, while viewers will see slides only.

News from [Ka Puna O Kalo'i](#)



[Serving the community is topic of next Math + Science + X Seminar](#) - University of Hawai'i–West O'ahu students and faculty are welcome to learn how working with a community nonprofit and its network can enrich their work while serving the greater 'Ewa moku at an upcoming Math + Science + X Seminar, 10 to 11 a.m. Friday, Feb. 19, via Zoom.

[UH West O'ahu cyber teams finish 2020 ranked 12th in the nation](#) - University of Hawai'i–West O'ahu cyber students finished 2020 with a [power ranking of 12th](#) in the country, according to a ranking recently published by the National Cyber League.

The deadline to include your item in the next This Week is Thursday night. Please submit your item using the Communication Department's [Communications Request Form](#).

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