





BREAKFAST

S.S. MONTEREY

Pacific Far East Line

Sunday, October 21, 1973

FRUITS

Stewed Santa Clara Prunes in Syrup Fresh Hawaiian Papaya
 Sliced Fresh Hawaiian Pineapple Sliced Fresh California Oranges
 Frosted Fresh Raspberries Chilled California Honey Dew Melon
 Chilled Half Grapefruit Baked Oregon Apple with Cinnamon Sugar
 Iced Guava Nectar, Orange, Tomato, Prune or Apple Juice

HOT AND COLD CEREALS

Rolled Oats Concentrate Farina
 Rice Krispies Corn Flakes Puffed Wheat
 Special K Shredded Wheat

FISH

Poached Alaska Kippered Cod, Melted Butter, Parsley Potatoes

EGGS

Fried Eggs with Ham or Bacon Poached Eggs on Toast Boiled Eggs
 Omelet with Fried Onions, Spanish Sauce, Blackberry Jelly or Plain
 Scrambled Eggs with Chipped Beef, Stewed Tomatoes or Plain
 Shirred Eggs with Pork Sausages, Canadian Bacon or Plain

MEATS

Grilled Breakfast Bacon Grilled Canadian Bacon
 Baked Little Pork Sausages Broiled Center Cut Ham
 Morning Glory Steak (Fresh Ground-Round Beef Patty)
 Kidneys Sauté en Casserole

POTATOES

Lyonnaise Saratoga Parsley

COLD BUFFET

Cold Sirloin of Beef Roast Spring Lamb, Mint Jelly
 Assorted Fresh and Smoked Sliced California Sausage
 Baked Ham with Pickled Pineapple

SWEET ROLLS---TOAST

Assorted Sweet Rolls Whole Wheat or Raisin Toast
 Butter Horns and Snails Hot Muffins Danish Coffee Cake
 Buttered, Cinnamon, Milk, Dry or Melba Toast
 Pineapple or Plain Griddle Cakes, Waffles, Served with Melted or
 Whipped Butter, Honey, Maple or Boysenberry Syrup

JAMS---JELLIES

Peach or Plum Jam Poha Jam Grape Jelly Orange Marmalade
 Strawberry or Apricot Preserve

BEVERAGES

Ovaltine Postum Chocolate Cocoa
 Coffee Milk Robur Tea Green or Orange Pekoe Tea